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Cambridge Textbook of Effective Treatments in Psychiatry

Edited by Peter Tyrer
Imperial College, London

and Kenneth R. Silk
University of Michigan, Ann Arbor

This is a book of psychiatry at its most practical level. It aims to answer the sorts of questions psychiatrists ask on a daily basis about treatment options, the selection of a treatment for a particular patient, its expected effectiveness and what to do if it doesn't work.

- Provides practical, clinical guidance on treating psychiatric disorders
- Covers the widest range of treatment modalities and diagnostic categories

Contents: Section A. Introduction: 1. Classification of psychiatric disorders and their principal treatments; 2. The history of psychiatric therapies; Section B. Summary of Treatment Modalities in Psychiatric Disorders: 3. A critical assessment of methods and processes used to develop psychiatric drug treatments; 4. Part I The efficacy and safety of electroconvulsive therapy Dan 4. Part II; Focal Brain Stimulation Approaches to Psychiatric Treatment; 5. The effectiveness of psychological treatments in psychiatry; 6. Educational Interventions; 7. Complementary and alternative medicine; 8. Complex interventions; Section C. Specific Treatments: Organic Disorders: 9. Delirium; 10. Management of behavioural and psychological symptoms of dementia and acquired brain injury; 11. Pharmacological and non-pharmacological treatments for deficits in dementia; 12. Pharmacological treatment of psychosis and depression in neurological disease in older adults; Alcohol: 13. Psychological treatments of alcohol use disorders; 14. Pharmacotherapy of alcohol misuse, dependence and withdrawal; 15. Educational interventions for alcohol use disorders; 16. Complex interventions for alcohol use disorders; 17. Complementary and alternative medicine for alcohol misuse; Drug misuse; 18. Empirically-validated psychological therapies for drug dependence; 19. Treatment of stimulant dependence; 20. Treatment of opioid dependence; 21. Treatment of sedative-hypnotic dependence; 22. Treatment of cannabis dependence; 23. Treatment of nicotine dependence; 24. Treatment of co-occurring psychiatric and substance use disorders; Schizophrenia; 25. Pharmacological treatments for schizophrenia; 26. Psychological treatments for schizophrenia Peter; Mood disorders: 27. Psychopharmacology of mood disorders; 28. Efficacy of brain stimulation and neurosurgical procedures for treatment of mood disorders; 29. Psychotherapy for depression: current empirical status and future directions Scott; 30. Alternative treatments for mood disorders; Anxiety and neurotic disorders; 31. Treatment of generalized anxiety and somatoform disorders; 32. Panic disorder; 33. Specific Phobias and Agoraphobia; 34. Social phobia; 35. Obsessive-compulsive disorder; 36. Post-traumatic stress and adjustment disorders; Eating disorders: 37. Psychopharmacology of eating disorders; 38. Other somatic physical treatments and complex interventions for eating disorders; 39. Psychological treatments for eating disorders; 40. Educational interventions for eating disorders; 41. Alternative treatments for eating disorders; 42. Complex treatments for eating disorders; Personality Disorders: 43. Personality Disorder; 44. Other treatments for persistent disturbances of behaviour; Sexual and gender identity disorders: 45. Effectiveness of treatments of sexual disorders; 46. Disorders of gender identity; Child psychiatry: 47. Psychological treatments for children and adolescents; 48. Drugs and other physical treatments; 49. Educational interventions and alternative treatments; 50. Attachment insecurity and attachment disorder; 51. Feeding and sleeping disorders in infancy and early childhood; 52. Evaluating interventions for children with autism and intellectual disabilities; 53. ADHD and hyperkinetic disorder; 54. Oppositional defiant disorder and conduct disorder; 55. Treatment of depressive disorders in children and adolescents; 56. Treatment of psychoses in children and adolescents; 57. Anxiety disorders; 58. Treatment of eating disorders in children and adolescents; List of drug treatments and licences indications; Appendix I.; Appendix II. Key to effectiveness tables.

2008 276 x 219 mm 922pp 2 line diagrams 86 tables
978-0-521-84228-0 HB £110.00

Textbook of Cultural Psychiatry

Edited by Dinesh Bhugra
Institute of Psychiatry, London

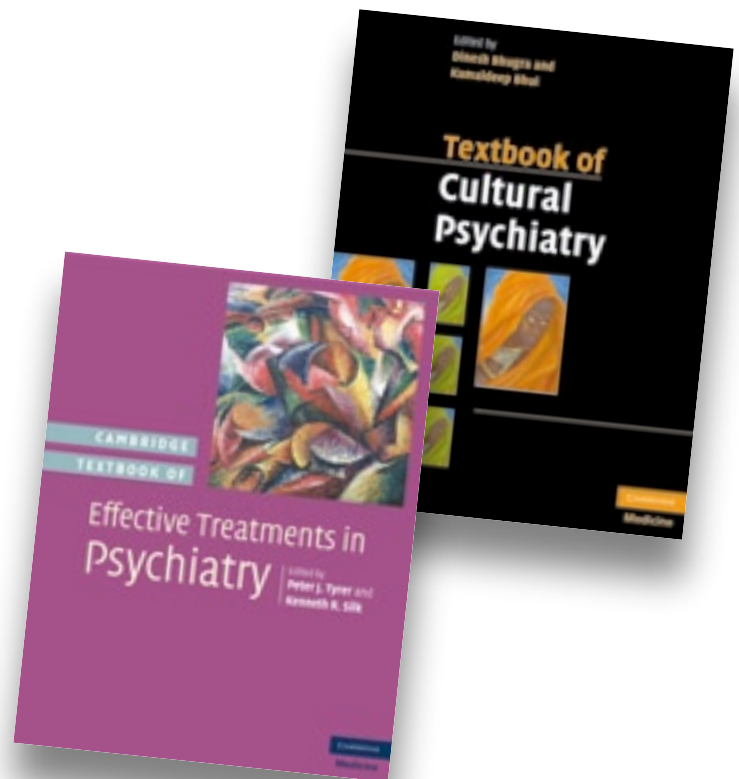
and Kamaldeep Bhui
Barts & The London, Queen Mary School of Medicine and Dentistry

Cultural psychiatry is concerned with understanding the impact of social and cultural differences and similarities on mental illness and its treatments. This book integrates both theoretical and practical knowledge, and describes a framework for the provision of mental healthcare in a multi-cultural/multi-racial society and global economy.

- Describes cultural psychiatry in diverse societies
- Includes practical examples and case studies
- Considers the theoretical, technical and clinical dilemmas facing practitioners and service users

Contents: Part I. Theoretical Background; Part II. Culture and Mental Health; Part III. Culture and Mental Disorders; Part IV. Theoretical Aspects of Management; Part V. Management with Special Groups; Part VI. Cultural Research and Training.

2007 246 x 189 mm 612pp 13 line diagrams 5 half-tones
978-0-521-85653-9 HB £75.00



Severe Personality Disorders

Edited by Bert van Luyn
Symfora Group, The Netherlands

Salman Akhtar
Thomas Jefferson University, Philadelphia

and W. John Livesley
University of British Columbia, Vancouver

This book is about understanding and managing patients with severe personality disorders. It covers biological, psychoanalytic and cognitive-behavioural approaches and provides a pragmatic guide to best practice, based on the published evidence, where this is available.

- *An up-to-date overview of topics that are relevant to clinical practice*
- *Provides practical tools for the management of both common and difficult clinical cases*

Contents: 1. Treatability in severe personality disorders: how far do the science and art of psychotherapy carry us?; 2. The treatment of choice: what method fits whom?; 3. Countertransference: recent developments and technical implications for the treatment of patients with severe personality disorders; 4. Beyond management to cure: enhancing the positive dimensions of personality; 5. Personality disorders from the perspective of child and adolescent psychiatry; 6. Disruptions in the course of psychotherapy and psychoanalysis; 7. Managing suicidal crises in patients with severe personality disorders; 8. Borderline personality disorder, day hospitals, and mentalization; 9. Pharmacotherapy of severe personality disorders: a critical review; 10. Severe cases: management of the refractory borderline patient; 11. Dangerous cases: when treatment is not an option; 12. Stalking of therapists; 13. Common elements of effective treatments.

2007 247 x 174 mm 264pp 3 line diagrams 8 tables
978-0-521-85651-5 HB £50.00

Textbook of Disaster Psychiatry

Edited by Robert J. Ursano
Uniformed Services University of the Health Sciences, Maryland

Carol S. Fullerton
Uniformed Services University of the Health Sciences, Maryland

Lars Weisaeth
Universitetet i Oslo

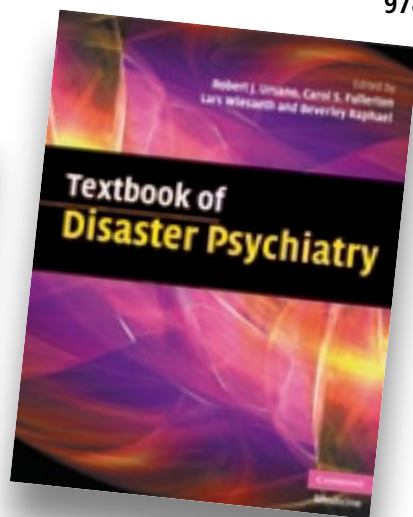
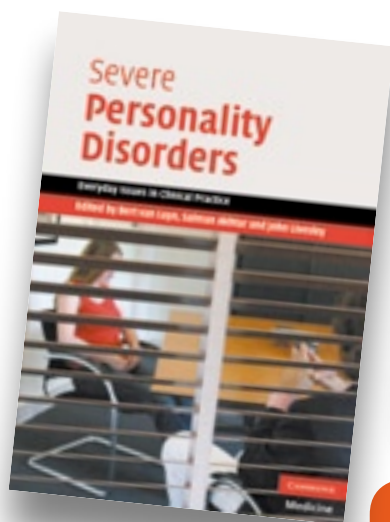
and Beverley Raphael
University of Western Sydney

Presenting an overview of the psychological, biological and social responses to disaster, describing evidence-based clinical and service-led interventions to meet mental health needs and foster resilience and recovery. Chapters address the epidemiology of disaster response, the neurobiology of disaster exposure, socio-cultural issues, early intervention and consultation-liaison care, the role of non-governmental organizations, workplace policies, and implications for public health planning at the level of the individual and the community.

Contents: Part I. Introduction; Part II. Foundations of Disaster Psychiatry; Part III. Clinical Care and Interventions; Part IV. Special Topics; Part V. Public health and disaster psychiatry.

- *The first textbook to focus on disaster psychiatry*
- *Gives evidence-based clinical and public-health interventions*

2007 246 x 189 mm 354pp 19 line diagrams 4 half-tones
27 tables
978-0-521-85235-7 HB £55.00



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Physical Illness and Schizophrenia

A Review of the Evidence

Stefan Leucht

Technische Universität München

Tonja Burkard

Technische Universität München

John H. Henderson

St George's Hospital Medical School (Emeritus)

Mario Maj

Università di Napoli

and Norman Sartorius

Université de Genève

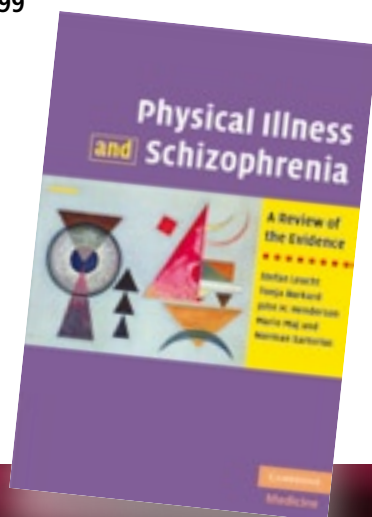
A systematic review of current research evidence on the prevalence of physical diseases in people with schizophrenia, a disorder afflicting approximately 1% of the global population, and a group with mortality rates twice as high as the general population.

- *Promotes recognition of physical illness in people with severe mental illness*
- *Proposes an appropriate integration between mental health and physical health care*
- *Provides a summary of the epidemiological evidence on comorbid physical conditions in schizophrenia*

Contents: 1. Introduction; 2. Method; 3. Results; 3.1 Bacterial infections and mycoses; 3.2 Virus diseases; 3.3 Parasitic Diseases; 3.4 Neoplasms; 3.5 Musculoskeletal diseases; 3.6 Digestive system diseases; 3.7 Stomatognathic diseases; 3.8 Respiratory tract diseases; 3.9 Otorhinolaryngologic diseases; 3.10 Diseases of the nervous system; 3.11 Eye diseases; 3.12 Urologic and male genital diseases; 3.13 Female genital diseases and pregnancy complications; 3.14 Cardiovascular diseases; 3.15 Hemic and lymphatic diseases 3.16 Congenital, hereditary, and neonatal diseases and abnormalities; 3.17 Skin and connective tissue diseases; 3.18 Nutritional and metabolic diseases; 3.19 Endocrine diseases; 3.20 Immune system diseases; 3.21 Disorders of the environmental origin; 3.22 Animal diseases; 3.23 Pathologic conditions, signs and symptoms; 4. Discussion 5. Summary.

2007 228 x 152 mm 228pp 4 line diagrams 42 tables

978-0-521-88264-4 PB £29.99



Bipolar II Disorder

Modelling, Measuring and Managing

Edited by Gordon Parker

University of New South Wales, Sydney

Bipolar depression is now known to exist as a spectrum of disorders rather than a single disease entity. Bipolar II Disorder exists on this spectrum as a condition where the depressive episodes are as severe as in Bipolar I Disorder, but where the mood elevation states are not as extreme. This book reviews our knowledge of this debilitating disorder, covering its history, classification and neurobiology. It debates management strategies, building to some consensus, and resulting in treatment guidelines where no such advice currently exists.

- *The first book on this under-diagnosed but severe and prevalent form of depression*
- *Provides management guidelines where no such advice currently exists*
- *Written as a unique collaboration of international experts building towards a consensus understanding*

Contents: 1. Bipolar disorder in historical perspective; 2. The bipolar spectrum; 3. Defining and measuring Bipolar II Disorder; 4. Bipolar II Disorder in context: epidemiology, disability and economic burden; 5. Is Bipolar II Disorder increasing in prevalence?; 6. The neurobiology of Bipolar II Disorder; 7. The role of antidepressants in managing Bipolar II Disorder; 8. SSRIs as mood stabilizers for Bipolar II Disorder?; 9. Mood stabilizers in the treatment of Bipolar II Disorder; 10. The use of atypical antipsychotic drugs in Bipolar II Disorder; 11. The role of fish oil in managing Bipolar II Disorder; 12. The role of psychological interventions in managing Bipolar II Disorder; 13. The role of wellbeing plans in managing Bipolar II Disorder; 14. Survival strategies for managing and prospering with Bipolar II Disorder; 15. A clinical model for managing Bipolar II Disorder; 16. Management commentary; 17. Management commentary; 18. Management commentary; 19. Management commentary; 20. Management commentary; 21. Management commentary; 22. Management commentary; 23. Management commentary; 24. Management commentary; 25. Management commentary; 26. Management commentary; 27. Management commentary; 28. Rounding up and tying down; Appendix 1. Self-test for Bipolar Disorder.

Feb 2008 247 x 174 mm 324pp 8 line diagrams 9 half-tones 14 tables

978-0-521-87314-7 HB £60.00

Handbook of Liaison Psychiatry

Edited by Geoffrey Lloyd
Priory Hospital, London
and Elspeth Guthrie
University of Manchester

Liaison psychiatry, the recognition and management of psychiatric problems in the general medical setting, is an essential component of many doctors' work. Here a team of experts cover the full range of issues, from establishing a service and outlining the commonest problems encountered in general hospitals and primary care, to assessment and treatment guidelines, working with specific units within the hospital setting, disaster planning and legal-ethical considerations.

- *Comprehensive reference book for a rapidly growing subspecialty*
- *Broad-ranging, from practical guidelines for setting up services and managing the most common problems to disaster preparedness*

2007 247 x 174 mm 944pp 9 line diagrams 137 tables
978-0-521-82637-2 HB £75.00

Autism and Pervasive Developmental Disorders

2nd edition

Edited by Fred R. Volkmar
Yale University, Connecticut

This new edition reflects the most recent progress in the understanding of autism and related conditions. Chapters cover current approaches to definition, diagnosis, prevalence, neurobiology and treatment and there is a new chapter covering communication.

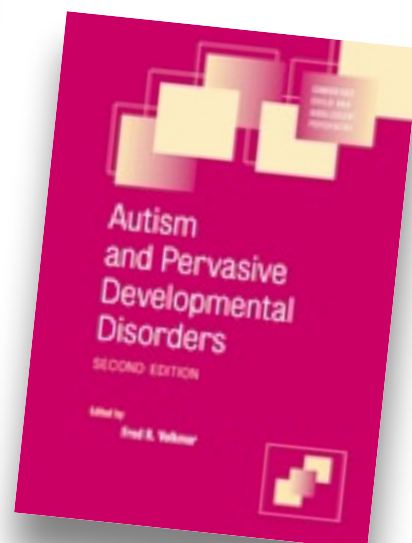
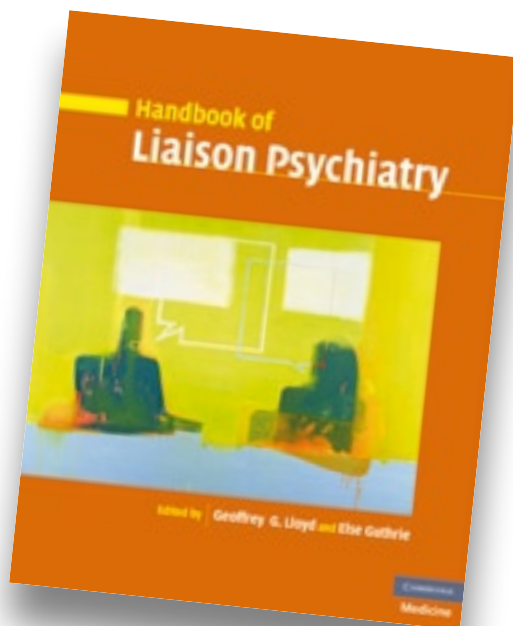
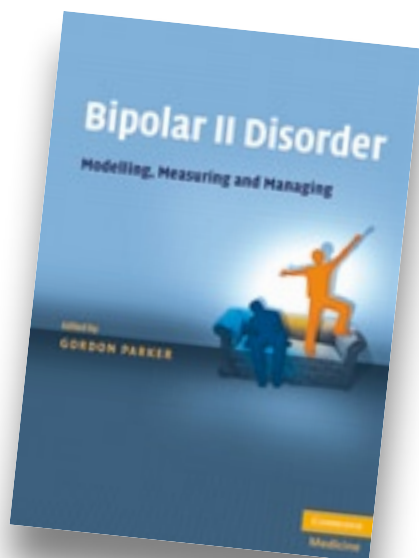
'... the reader is likely to find a wealth of information, comprehensive reviews of specific areas with the field of autism research and analysis of the current issues. It provides resource to which the reader can refer again and again.'

THE CANADIAN CHILD PSYCHIATRY REVIEW

Cambridge Child and Adolescent Psychiatry

2007 247 x 174 mm 356pp 4 line diagrams 2 half-tones
11 tables

978-0-521-54957-8 PB £45.00



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Psychiatric and Behavioural Disorders in Intellectual and Developmental Disabilities

2nd edition

Edited by Nick Bouras
and Geraldine Holt
Both from King's College London

The problems faced by those individuals with developmental disability are all too often heightened by psychiatric or behavioural disorder. These quality of life issues have come to increasing attention over recent years of improved community and social integration. In tune with this mood of concern, Dr Bouras has gathered together a comprehensive dossier of essential facts and concepts for all those involved with the care of the dually diagnosed.

'The multidisciplinary approach is central to work in this field. This book confirms that it is enjoyable and exciting. ... Each of the 26 chapters is a gem ... I strongly recommend this as a book that should be browsed through by anyone involved in this work.'

JOURNAL OF CHILD PSYCHOLOGY AND PSYCHIATRY AND
ALLIED DISCIPLINES

2007 247 x 174 mm 438pp 9 line diagrams 12 tables
978-0-521-60825-1 Paperback £48.00



Insight in Psychiatry

Ivana Marková
University of Hull

Questions concerning the nature of insight in patients with mental illness have long interested clinicians. To what extent can patients understand their disorder? Can insight predict problems? Is impaired insight determined by the illness alone? This book examines the problems and presents a new model for understanding insight.

'... this book succeeds in making the reader aware of the complex nature of insight, and the conceptual and methodological problems that are associated with trying to assess it, while providing a framework that aims to resolve the causes of the inconsistencies in empirical findings.'

BRITISH JOURNAL OF PSYCHIATRY

2005 247 x 174 mm 344pp 7 line diagrams 19 tables
978-0-521-82518-4 HB £59.00

The Spectrum of Psychotic Disorders

Neurobiology, Etiology & Pathogenesis

Edited by Daryl Fujii
and Iqbal Ahmed
Both from University of Hawaii, Manoa

A one-stop, review of the spectrum of psychotic disorders, giving quick comparisons for diagnostic decision-making, evidence for each etiology, and examining the data describing a unitary neurobiological model of psychosis along with the hypothesis that psychosis is a neurobiological syndrome similar to aphasia or apraxia.

- Summarizes disparate literature on psychotic disorders with different etiologies, focusing on data supporting a unitary neurobiological model of psychosis
- Each chapter has a uniform organization consisting of nine sections that can facilitate a comparison of disorders
- Evidence for each disorder is graded according to the Centre for Evidence-based Medicine Levels of Evidence and Grades of Recommendation systems

2007 247 x 174 mm 588pp 4 line diagrams 1 half-tone
32 tables
978-0-521-85056-8 HB £80.00

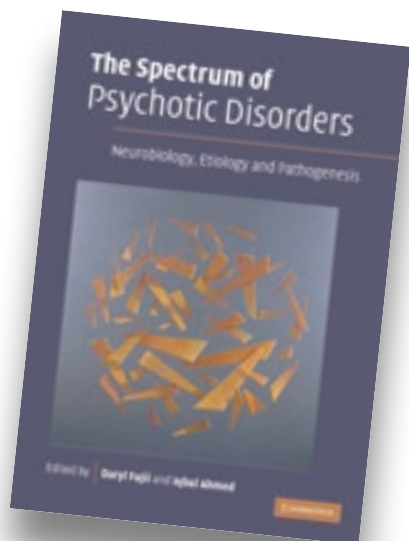
Psychotic Depression

Conrad M. Swartz
Southern Illinois University School of Medicine, Springfield
and Edward Shorter
University of Toronto

Psychotic Depression is a distinct and acute clinical condition along the spectrum of depressive disorders. It can manifest itself in many ways and often induces very violent and suicidal behavior. This book will help clinical practitioners and trainees describe their observations of psychotic depression, formulate treatment, and express expectations of recovery from illness. It focuses on all facets of the disorder, from clinical history to coverage of the current state-of-the-art diagnostic and treatment protocols.

- *Broader in scope and depth than other books in this area, provides necessary information for patient-centered approach to treatment*
- *Discusses diagnosis and treatment of the more acute and dangerous type of psychotic depression*
- *Appendices covering the use of specific psychopharmacologic drug regimens, as well as indications for the use of electro-convulsive therapy*

2007 228 x 152 mm 344pp
978-0-521-87822-7 HB £55.00



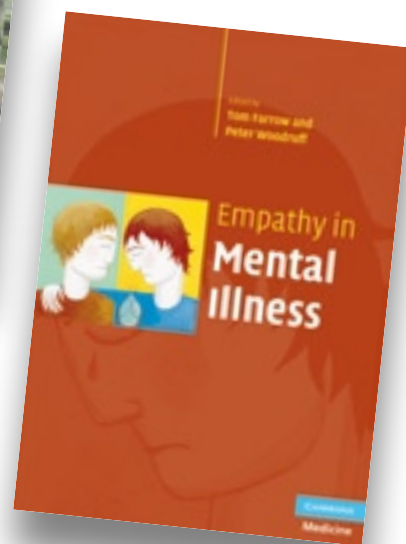
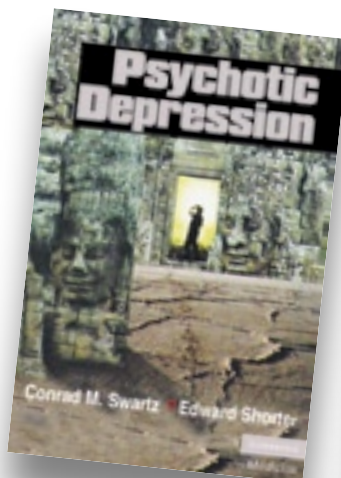
Empathy in Mental Illness

Edited by Tom F. D. Farrow
and Peter W. R. Woodruff
Both from the University of Sheffield

The lack of ability to empathise is central to many psychiatric conditions, but it can be measured and improved. This book specifically focuses on the role of empathy in mental illness.

- *Clinical and theoretical chapters comprehensively cover the field from all perspectives*
- *Covers the new approaches to empathy research including empathogenic agents, brain imaging, genetics and 'teaching' empathy to medical students*

2007 247 x 174 mm 532pp 24 line diagrams 5 half-tones
978-0-521-84734-6 HB £55.00



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The Clinical Neuropsychiatry of Multiple Sclerosis

2nd edition

Anthony Feinstein
University of Toronto

Multiple sclerosis is the most common cause of neurological disability in young and middle-aged adults. This fully revised new edition provides a detailed account of the many neuropsychiatric disorders associated with MS and is relevant to both the research and the clinical setting. Using the latest brain imaging findings and results from treatment trials, the symptoms, assessment, diagnosis, and treatment of depression in MS are covered, as are psychosocial factors and the link between depression and MRI abnormalities.

'This readable book is both a comprehensive overview, to be read cover-to-cover, and a reference volume, to be consulted as appropriate ... Feinstein deserves particular commendation for his strong pragmatic and clinical bias ... All in all, I recommend this book to complement any MS library.'

THE INTERNATIONAL MS JOURNAL

2007 247 x 174 mm 274pp 6 line diagrams 16 half-tones
13 tables 27 figures
978-0-521-85234-0 HB £55.00

Brain Norepinephrine

Neurobiology and Therapeutics

Edited by Gregory A. Ordway
East Tennessee State University

Michael A. Schwartz
University of Hawai'i, Manoa

and Alan Frazer
University of Texas Health Science Center, San Antonio

Norepinephrine is a chemical neurotransmitter. Noradrenergic drugs have been proven effective for depression and ADHD, and drugs that directly manipulate central nervous system norepinephrine are being developed for new disease indications. Recent discoveries about norepinephrine's contribution to disease and therapy make this synthesis of evidence, practice and research very timely.

- Up-to-the-minute review of the biology of central nervous system norepinephrine
- Gives practical guidance about the use of norepinephrine drugs in a variety of neurologic and psychiatric disorders
- Combines the basic biology of norepinephrine with the therapeutics of norepinephrine-acting drugs

2007 216 x 138 mm 658pp 25 tables 80 figures
978-0-521-83491-9 HB £95.00



Cognitive Behavioral Therapy for Eating Disorders

A Comprehensive Treatment Guide

Glenn Waller

Central and North West London Mental Health NHS Trust and Institute of Psychiatry

Helen Cordery

Kingston Hospital NHS Trust

Emma Corstorphine

South West London and St. George's Mental Health NHS Trust and Institute of Psychiatry

Hendrik Hinrichsen

South West London and St. George's Mental Health NHS Trust and Institute of Psychiatry

Rachel Lawson

South Island Eating Disorders Service and Institute of Psychiatry

and Victoria Mountford

South West London and St. George's Mental Health NHS Trust and Institute of Psychiatry

This book describes the application of cognitive behavioral principles to patients with a wide range of eating disorders. Case studies and sample dialogues are employed throughout the text to demonstrate the principles in action and concludes with a set of useful patient-handouts and other tools.

- *Applies cognitive behavioural principles to the full range of eating disorders*
- *Takes a pragmatic and flexible approach to care*
- *Describes case studies, uses sample dialogs and includes patient handouts*

2007 247 x 174 mm 466pp 22 line diagrams 1 half-tone 16 tables

978-0-521-67248-1 PB £35.00

The Mental Health Needs of Young Offenders

Forging Paths toward Reintegration and Rehabilitation

Edited by Carol L. Kessler

Columbia University, New York

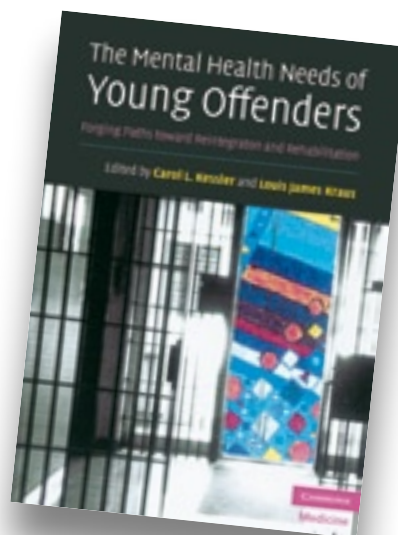
and Louis James Kraus

Rush University, Chicago

The majority of young people in the American juvenile justice system have diagnosable mental illnesses, but these often remain undetected and untreated. This book examines epidemiology, screening, diagnosis and treatment, covering innovative alternatives to detention; ethical dilemmas; preventive strategies; and integrated cross-disciplinary approaches.

- *Comprehensive coverage includes epidemiologic, diagnostic, ethical, therapeutic, legal and systems issues*
- *Takes a cross-disciplinary approach to appeal to all professionals dealing with young offenders with mental health problems*
- *Covers prevention and innovative alternatives to detention*

2007 247 x 174 mm 464pp 6 line diagrams 11 tables
978-0-521-61290-6 PB £35.00



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Cambridge Handbook of Psychology, Health and Medicine

2nd edition

Edited by Susan Ayers
University of Sussex

Andrew Baum
University of Pittsburgh

Chris McManus
St Mary's Hospital Medical School

Stanton Newman
University College and Middlesex School of Medicine

Kenneth Wallston
Vanderbilt University School of Nursing

John Weinman
United Medical and Dental Schools of Guy's and St Thomas's

and Robert West
St George's Hospital Medical School, University of London

Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, one-stop resource. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression and anxiety disorders.

'The new Cambridge Handbook is simply indispensable ... The book will find a wide market. No clinical psychologist is going to want to be without it. Perhaps more importantly, many doctors will continue to dip into it from time to time, since one of the book's virtues is to be written in a generally jargon free manner, accessible to all health professionals. Journalists from the better papers will use it frequently, since it gives a quick synopsis of the current state of play on a vast range of topics which are rarely absent from the health pages. Finally, journal editors will find it a valuable address book when they need referees for the ever increasing flow of research papers in this fascinating field.'

PSYCHOLOGICAL MEDICINE

Contents: Part I. Psychology and Health and Illness; Part II. Medical Topics.

2007 219 x 276 mm 968pp 31 line diagrams 49 tables
978-0-521-87997-2 HB £120.00
978-0-521-60510-6 PB £65.00

Pediatric Neuropsychological Intervention

Edited by Scott J. Hunter
University of Chicago

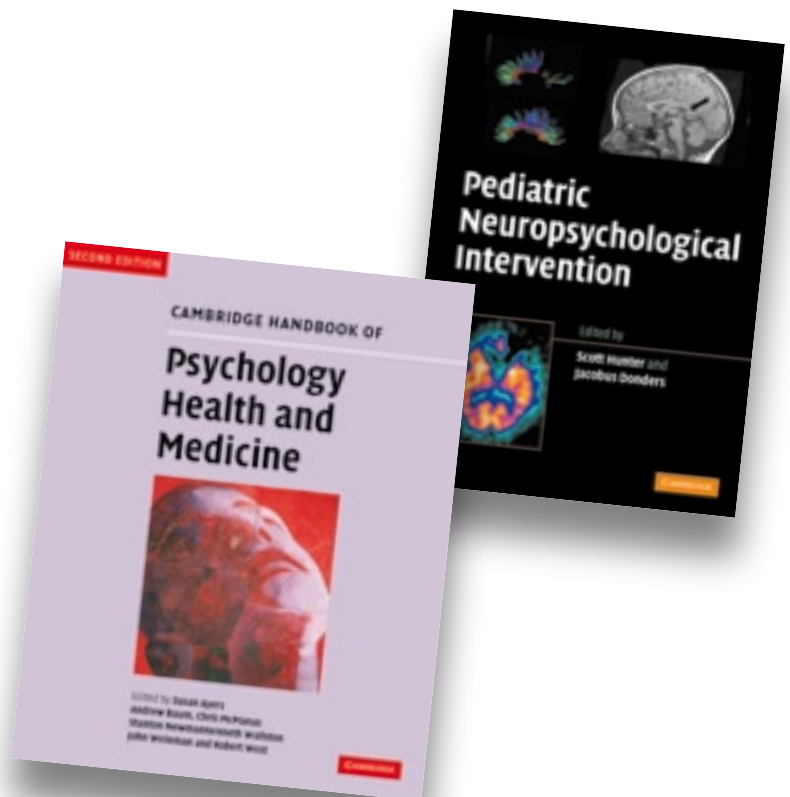
and Jacobus Donders
Mary Free Bed Rehabilitation Hospital, Grand Rapids

Pediatric neuropsychology is the practice of understanding and elucidating brain-behavior relationships as applied to children and adolescents. This volume examines current trends in the assessment and treatment of common disorders including traumatic brain injuries, brain tumors, epilepsy and autistic spectrum disorders.

- Covers the assessment and treatment of neurodevelopmental disorders
- Emphasises evidence-based interventions
- Bridges the knowledge gaps between the professionals responsible for providing care

2007 247 x 174 mm 508pp 3 line diagrams 3 half-tones
14 tables

978-0-521-87550-9 HB £60.00



Stahl's Essential Psychopharmacology

Neuroscientific Basis and Practical Applications

3rd edition

Stephen M. Stahl

Illustrated by Nancy Muntner

This revised and expanded edition illustrates the neurobiological concepts underlying the drug treatment of psychiatric disorders. For the student it provides an easily readable and highly illustrated introduction to the subject. For the physician or scientist it offers a quick review of psychopharmacology and the drug treatment of mental illness.

'If there is one basic psychopharmacology text for a practitioner or teacher of psychiatric medicine to own, this is it ... Cleverly illustrated with simple cartoons, this book presents complex information in an easily accessible manner ... Essential Psychopharmacology is a first rate book. It is both a ready reference and an internally consistent teaching text ... It will become an essential source for the information that informs the teaching and practice of psychiatric medicine over the next decade.'

THE LANCET

- Extended coverage of bipolar disorders, sleep disorders, attention deficit disorder, Alzheimer's, drug abuse, new drug combinations
- Heavily illustrated throughout with excellent, eye-catching, clear color diagrams

Contents: Preface; 1. Structure and function of neurons; 2. Synaptic neurotransmission and the anatomically addressed nervous system; 3. Signal transduction and the chemically addressed nervous system; 4. Transporters and g-protein linked receptors as targets of psychopharmacological drug action; 5. Ion channels and enzymes as targets of psychopharmacological drug action; 6. Psychiatric genetics; 7. Circuits in psychopharmacology; 8. From circuits to symptoms in psychopharmacology; 9. Psychosis and schizophrenia; 10. Antipsychotic agents; 11. Mood disorders; 12. Antidepressants; 13. Mood stabilizers; 14. Anxiety and anxiolytics; 15. Chronic pain, functional somatic syndromes, and their treatment; 16. Disorders of sleep and wakefulness and their treatment; 17. Disorders of cognition and their treatment; 18. Psychopharmacology of reward: drugs of abuse, obesity, and disorders of impulse control.

April 2008 253 x 177 mm 206pp 16 tables

978-0-521-85702-4 HB c. £90.00

978-0-521-67376-1 PB c. £45.00

Antipsychotics and Mood Stabilizers

Stahl's Essential Psychopharmacology, 3rd edition

Stephen M. Stahl

In response to the rapid developments in psychopharmacology, this is a spin-off from Stephen Stahl's new completely revised and updated edition of his much acclaimed *Stahl's Essential Psychopharmacology*. More than one-third longer than the previous edition, this is essential and concise reading for everyone from students to professionals.

2008 253 x 177 mm 206pp 16 tables

978-0-521-71413-6 PB c. £25.00

Depression and Bipolar Disorder

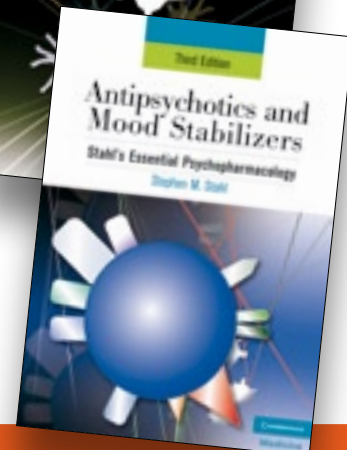
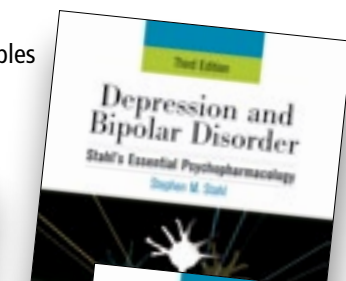
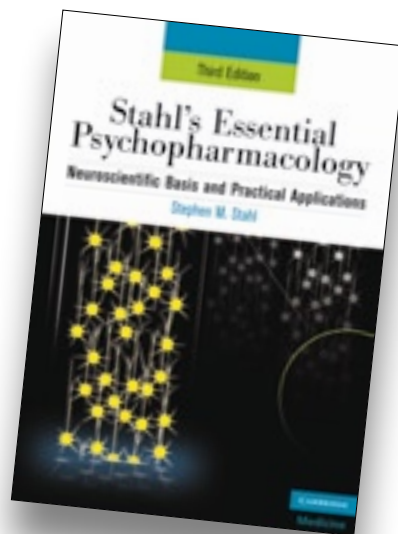
Stahl's Essential Psychopharmacology, 3rd edition

Stephen M. Stahl

Relying upon the best-selling third edition of *Stahl's Essential Psychopharmacology*, Dr Stephen M. Stahl has revised and significantly expanded chapters covering depression and bipolar disorder for this edition. Essential for professionals treating depression and students needing a straight forward illustrated guide to drug mechanism and current research.

April 2008 253 x 177 mm 228pp 25 tables

978-0-521-71412-9 PB c. £25.00



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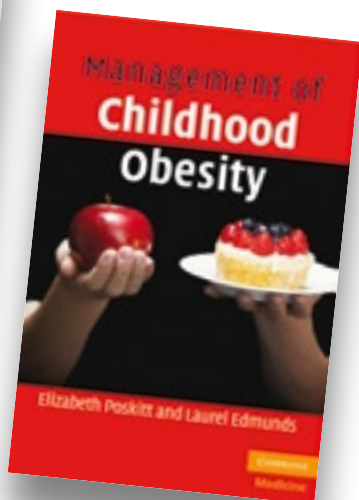
Clinical Skills in Psychiatric Treatment

Rob Poole
North East Wales NHS Trust
and Robert Higgo
MerseyCare NHS Trust

Developing strong interpersonal, intellectual and organisational abilities can make the difference between a knowledgeable and an effective and capable clinician. This text is dedicated to teaching skills and new ways of working that are increasingly assessed in training, continuing professional development programmes, postgraduate examinations and reaccreditation appraisals. It is concerned with balancing the demands of the patient's life circumstances with lessons from science and clinical experience.

- Will help to develop important clinical skills that are of practical use and are also tested in exams and appraisals
- Set in the context of new ways of working that will help practitioners develop their practice
- Covers strategic treatment planning and recovery extensively

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Management of Childhood Obesity

Elizabeth Poskitt
London School of Hygiene and Tropical Medicine
and Laurel Edmunds
University of Bristol

A guide to all healthcare professionals on helping overweight children and their families; with practical advice on sensitive approaches to children in very accessible form. Deals not only with changes to diet and activity but also with the whole spectrum of eating within the family and community.

- Written in a concise, accessible format for all healthcare practitioners
- Key management points are provided in short bullet lists
- Practical recommendations listed at the end of each chapter

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Integrated Management of Depression in the Elderly

Carolyn A. Chew-Graham
University of Manchester
Robert Baldwin
Manchester Mental Health and Social Care NHS Trust
and Alistair Burns
University of Manchester

Appealing to health and social care professionals and students, this book discusses the epidemiology, presentation and diagnosis of depression in older people. Taking the reader through a series of case studies of increasing complexity, each case has commentaries from a primary care clinician and a health or social care professional.

- Illustrates practical management of elderly people with depression
- Provides practical advice and resources to assist health and social care professionals in their day-to-day work

April 2008 228 x 152 mm 200pp 2 line diagrams 14 tables
2 figures
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Liberatory Psychiatry

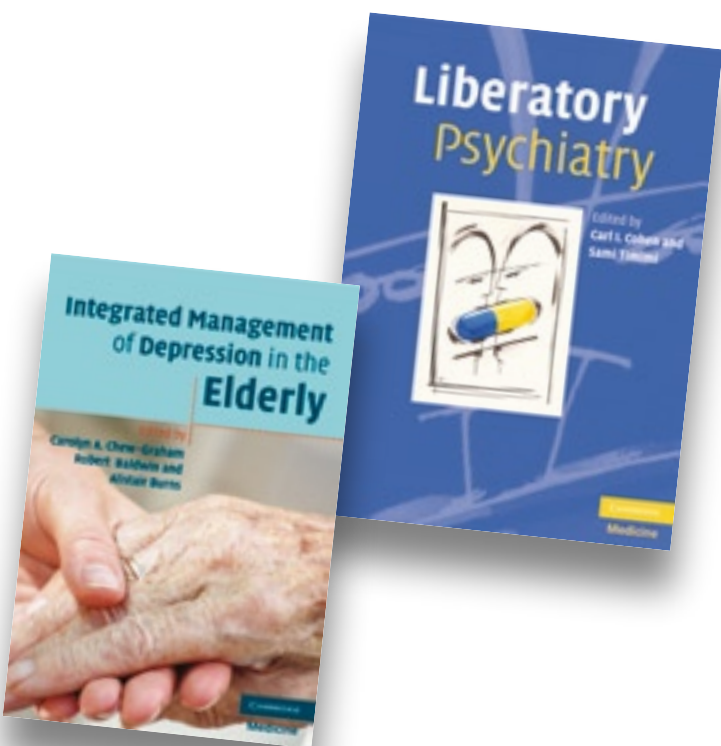
Philosophy, Politics and Mental Health

Edited by Carl I. Cohen
SUNY Downstate Medical Center
and Sami Timimi
Lincolnshire Partnership NHS Trust

In recent years, dramatic transformations in social and political structures worldwide have increased the problems of domination, alienation, consumerism, class, gender, religion, race and ethnicity. This book confronts the psychological impact of these changes, and explores new ideas to help develop the liberatory potential of psychiatry.

- *Defines a new role for psychiatry*
- *Sets an agenda embracing social and political factors*
- *International in outlook and holistic in coverage*

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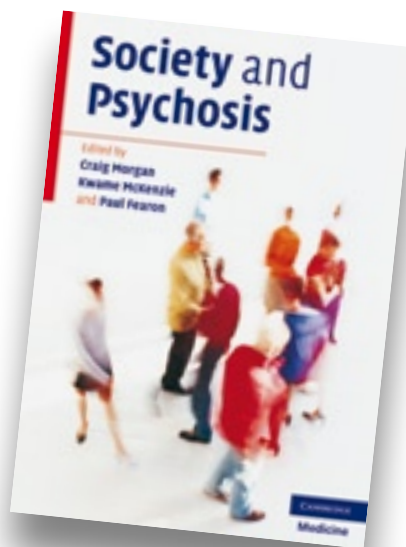
Society and Psychosis

Edited by Craig Morgan
Institute of Psychiatry, King's College London
Kwame McKenzie
Centre for Addictions and Mental Health, Toronto
and Paul Fearon
Institute of Psychiatry, King's College London

Psychiatry is in the process of rediscovering its roots. It seemed as if the long history of interest in the impact of society on the rates and course of serious mental illness had been forgotten, overtaken by the advances of neuroscience and genetics. However, as our knowledge of physiological and genetic processes improves it becomes increasingly clear that social conditions and experiences over the life course are crucial to achieving a full understanding. This book reviews these issues from an international perspective, laying the foundations for a new understanding of the psychotic disorders, with profound implications for health policy and clinical practice.

- *Includes detailed models linking social, biological and psychological factors*
- *Describes the implications for both policy and practice*

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Psychiatric Intensive Care

2nd edition

M. Dominic Beer
Oxleas NHS Foundation Trust

Stephen Pereira
Goodmayes Hospital, Essex

and Carol Paton
Oxleas NHS Foundation Trust

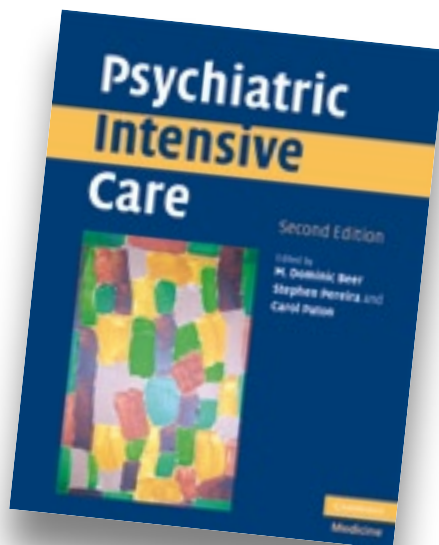
Provides practical and evidence-based advice on the management of disturbed and severely ill psychiatric patients in secure hospital settings. New chapters have been added covering multidisciplinary team working, and emphasising the interface of psychiatric intensive care with other mental health specialities.

'The book's strengths include a very readable style, a multi-disciplinary authorship and chapters that cover the many diverse aspects of psychiatric intensive care. When reading it you get the firm impression that most of the chapters are written by people with real 'hands on' practical experience in their fields.'

**BULLETIN OF THE NATIONAL ASSOCIATION OF
PSYCHIATRIC INTENSIVE CARE UNITS**

April 2008 247 x 174 mm 363pp 22 line diagrams
1 half-tone 26 tables

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Ethno-psychopharmacology

Advances in Current Practice

Edited by Chee H. Ng
University of Melbourne

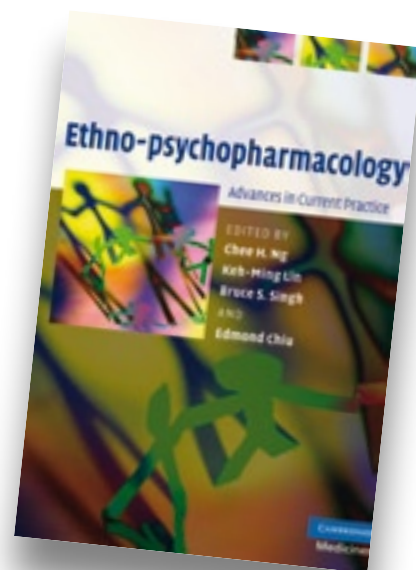
Keh-Ming Lin
National Health Research Institutes, Taiwan

Bruce S. Singh
and Edmond Chiu
Both from University of Melbourne

No one reacts or responds to a drug in exactly the same way, just as no two persons are exactly alike. This book covers all the important factors that explain how and why drug treatments used in psychiatry affect individuals and ethnic groups differently.

- Describes cultural influences on diagnosis and treatment
- Considers biological, social, cultural and environmental factors
- Includes cross-ethnic comparisons

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978-0-521-87363-5 HB £55.00



Sleep Medicine

Edited by Harold R. Smith
University of California, Irvine
Cynthia L. Comella
Rush University Medical Center, Chicago
and Birgit Högl
Innsbruck Medical University

Covering disorders from insomnia to narcolepsy, and specialty areas from pediatric to geriatric, this wide ranging and accessible guide allows non-sleep specialists to approach and understand important information that is clinically relevant in everyday practice for neurologists, psychiatrists, psychologists, pulmonologists and internists.

- ▶ *Clear, accessible summaries of normal sleep and sleep disorders*
- ▶ *Further reading lists in each chapter to guide the reader to more detailed study*
- ▶ *Summary tables, figures and treatment algorithms throughout*

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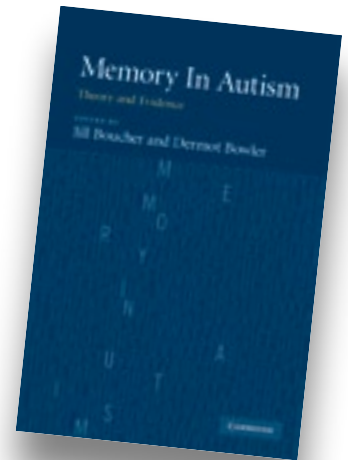
Theory and Evidence

Edited by Jill Boucher
University of Warwick

and Dermot Bowler
City University, London

Many people with autism are remarkably good at remembering how things look and sound but have poor ability to recall personal experiences. Why is this? What difference does this make to their lives? This thorough account assembles new research on memory in autism to find out the answers.


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Printed in the United Kingdom on elemental-chlorine-free paper from sustainable forests. January 2008.



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