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NATURAL SCIENCE 1



Content

Meet our scientists Page 4	• Introduction to the course characters	
1 Move your body! Parts of the body Page 6	<ul style="list-style-type: none">• Bones, joints and muscles• Parts of the body• Sections of the body	<ul style="list-style-type: none">• Parts of the face• Senses
2 Stay strong, live long! Healthy habits Page 18	<ul style="list-style-type: none">• Food groups• Five a day	<ul style="list-style-type: none">• Sport• Healthy habits
3 Animal planet Animals Page 30	<ul style="list-style-type: none">• Vertebrates and invertebrates• How animals move• Animal groups	<ul style="list-style-type: none">• Wild and domestic animals• Habitats
4 Flower power! Plants Page 42	<ul style="list-style-type: none">• Parts of a plant• Trees, bushes and grasses	<ul style="list-style-type: none">• Wild and cultivated plants• What plants make
5 I'm alive! Living and non-living things Page 54	<ul style="list-style-type: none">• The circle of life: plants, animals and people are living things	<ul style="list-style-type: none">• What living things need• Non-living things
6 Feelings lab Identity, feelings and working together Page 66	<ul style="list-style-type: none">• Good and bad choices• Behaviour at school and at home	<ul style="list-style-type: none">• Helping at home

Let's review ...  **Page 78**



Projects and experiments		Mindful time	Documentary
	<ul style="list-style-type: none">• Build a skeleton.• Make a Body mini book.• Make a potion.	<ul style="list-style-type: none">• Belly breathing	<ul style="list-style-type: none">• Incredible bodies
	<ul style="list-style-type: none">• Keep a food diary.• Find out why we need to brush our teeth.	<ul style="list-style-type: none">• Contract and relax your body parts	<ul style="list-style-type: none">• In the supermarket
	<ul style="list-style-type: none">• Make an animal habitat.• Find out what birds eat.	<ul style="list-style-type: none">• Sounds of nature	<ul style="list-style-type: none">• Animal trip
	<ul style="list-style-type: none">• Find out what plants need to live.	<ul style="list-style-type: none">• Breathe like a tree	<ul style="list-style-type: none">• All about plants
	<ul style="list-style-type: none">• Make a crazy garden.• Make an animal poster.• The time of my life!	<ul style="list-style-type: none">• Sensations	<ul style="list-style-type: none">• Living and non-living things
	<ul style="list-style-type: none">• Make a postbox for positive messages.• Do a survey to find out what chores your classmates do.	<ul style="list-style-type: none">• Mirrors	<ul style="list-style-type: none">• Good choices

