CAMBRIDGE

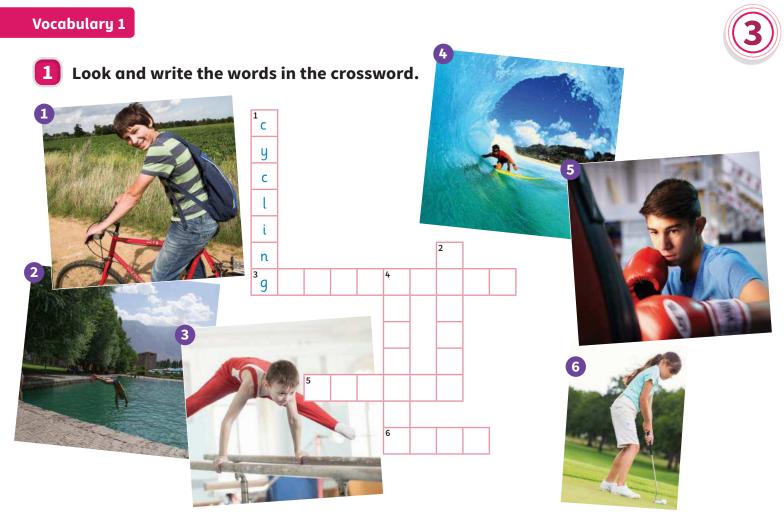
Cambridge University Press 978-8-490-36354-6 — Life Adventures Level 5 Activity Book with Home Booklet and Online Activities Melanie Starren , With Caroline Nixon , Michael Tomlinson Excerpt

More Information





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- Complete the sentences with the sports words.
- 1 My favourite sport is c_____t. It's a traditional sport in England and it's also popular in India and Australia.
- 2 Samuel plays r_ _ _ y at school. It's a very fast game with an unusual ball.
- 3 Do you like running, jumping or throwing? Then you should try a_____s
- 4 I went w_ _ r s_ _ _ g when I was in Spain last year. The sea was very cold!
- **5** I_e h____y is a dangerous sport. It's very popular in the USA and Canada.
- In pairs, talk about popular sports in your country.



Cycling is a very popular sport here. I know lots of people who cycle. My sister cycled 20 kilometres at the weekend.



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Language presentation 1

1 Read the interview. Which animal does James talk about?

Talk to Tim

Ooooh, that's an awesome photo, James. Where were you?

I was in the south of France, but I wasn't on holiday. I was preparing for a competition.

You're wearing diving equipment here. I didn't know there were diving competitions.

Well, there are, but I was taking part in something much more exciting. Underwater cycling!

But that's impossible! You can't cycle underwater.

Oh yes you can. It isn't a very well-known sport, but you can do it in many places around the world – the USA, Spain, England.

What equipment do you need?

As you can see in the photo, I've got a tank on my back. This has my air to breathe. Then you need a wetsuit and mask for your eyes and face. And a bike of course. In my 'Talk to Tim' column this week, I'm talking to James in Year 8 who has a very interesting hobby.

Is it a normal bike? One you can ride to school?

Oh no. It's heavy, very, very heavy. You have to cycle nearly a kilometre underwater and you can't put your feet on the ground.

How many people take part?

There are usually around ten people, and for every cyclist, there are two divers watching. If there's a problem, the divers get help.

So, it isn't a dangerous sport.

Not really. If you do it in the sea, the only real danger is the jellyfish! I think water skiing and diving are more dangerous.

And how did you do, James? Did you win?

Not this time, no. But I came fourth! My friends were very sad but it was my first competition, so I'm very happy!



- 2 Look at the photo again and label the equipment.
- Read the interview again and choose the correct answer.
 - Underwater cycling is a sport that is
 - A popular in the USA.
 - **B** only done in France.
 - **C** practised in many countries.
- **2** To do underwater cycling, you don't need
 - A a digital camera.
 - **B** a special bike.
 - **c** something to cover your face.

- 3 The divers
 - A take part in the competition.
 - **B** watch the cyclists' feet.
 - **c** help if something goes wrong.
- 4 What does James say about the competition?
 - A He was sad that he lost.
 - **B** He didn't come first this time.
 - C He had more fun at other competitions.





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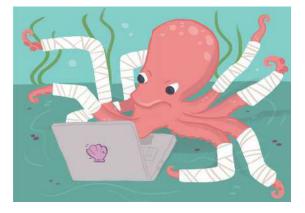
Language practice 1

3

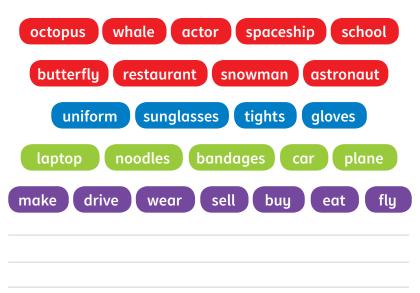
- Grammar: the passive (present simple)
 - Complete the sentences with the correct form of the words in brackets.
 Diving <u>is watched</u> by millions of people
 - during the Olympic Games. (watch)

 2 A small white ball in
 - golf. (use)

 Rugby _____ at my school.
 (play)
- by anyone at your school? (practise)
- Gymnastics and athletics
 _____ in British schools.
 (teach)
- 6 Many sports _____ on television. (show)
- 2 Order the words to make sentences.
 - 1 every year in / 3 million / are / bikes / sold / More than / the U.K.
 - 2 served / is / rice. / Chinese / with / food
 - 3 Japanese / in your school? / Is / by / spoken / many people
 - 4 isn't / in a / Ice hockey / played / swimming pool.
 - 5 used / Tablets / aren't / in tests. / and phones
- Read the example and write silly sentences. Use the words to help you.



Oliver the Octopus had an accident. His arms are covered in bandages and he can't use his laptop!





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Vocabulary 2

Look and complete the conversations.

Clara: That's an awesome

photo. Who is it?

Laura: It's Misael

Rodríguez. He won a bronze medal in the 2016 Olympics.

Clara: Great, but why isn't he wearing

a helmet?

Laura: Boxers don't wear them. I

don't know why – it's a very

dangerous sport!

2 Pedro: That's Alberto

Contador, isn't it?

Diego: Yes, this is him.

Pedro: He's my favourite

Chen: Wow – great

photo!

Jasmine: Thanks! I took it

when I went to

London.

Chen: What is it?

Jasmine: It's an athletics

It's the highest in London.

4 Matt: This is Alison Teal near

the river Seine in Paris.

Helen: What's she doing?Matt: She thinks our rivers

and seas are too dirty.

Helen: So she surfs in dirty water?

Matt: Yes. She always wears pink and has

a pink ______. Then when photos of her are in newspapers ...

Helen: People learn more about the problem.

Emma: Everybody knows who

they are. Ronaldo and

...

Joanna: Ramos. The best

players in the best team

in the world. Real Madrid.

Emma: No, it's Barcelona for me.

Remember Messi in 2012? He

scored the most

6 Leila: Where's that?

Mira: Nanjing in China. It's

a school for young

gymnasts.

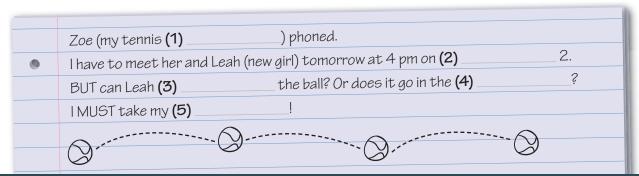
Leila: They're very young.

Mira: Yes, and they

every day.

Write two questions about Activity 1. Ask and answer in pairs.

Listen and complete Emma's diary with one word in each gap.





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Language practice 2



Grammar: modal verbs

- 1 Choose the correct answer.
 - 1 I might can get 100,000 views for my gymnastics vlog, but I'm not sure.
 - 2 James *may not / shall* have been cycling today his bike broke last night.
 - 3 We will / could go to the Indian restaurant tonight if you like. It's your choice.
 - 4 Might / Shall we meet at Lisa's house after school? Her house is near the park.
 - 5 Might not / Can we watch the game later? Messi's going to play and he's my favourite footballer!
 - 6 We will / might not win the match we're the best players and we've scored 10 goals!
- 2 Complete the sentences with the words in the box.

will can shall might

- **1** Nadal has won more games than Murray. I'm sure Nadal _____ win the match.
- 2 Emily knows how to skate and hit a ball at the same time! She _____ like ice skating.
- 3 I like eating paella. _____ we go to Manuel's at the weekend?
- 4 We _____ see Iker Casillas play tomorrow, but we have to wait until the coach decides.

Speaking

A2 Key for Schools



Watch Pablo and Ezgi doing Part 2 of a speaking test.



Watch again. Complete the sentences with the words in the box.

for example Because also like

Examiner: Now, do you prefer playing team sports

or individual sports, Pablo?

Pablo: Um, team sports, I think.

Examiner: Why?

Pablo: (1) _____ it's more fun!

Pablo: I play football and I'm (2) _____ in my

town's basketball team.

Ezgi: I prefer individual sports, **(3)** _____athletics.

5

Now plan your answers to the questions. Use the words in Activity 4. **SPEAKING TIP!** Answer the questions fully. Think of reasons, examples and extra things to say.

PRONUNCIATION TIP!

Use contractions when you speak, because they are less formal.

Grammar: modal verbs



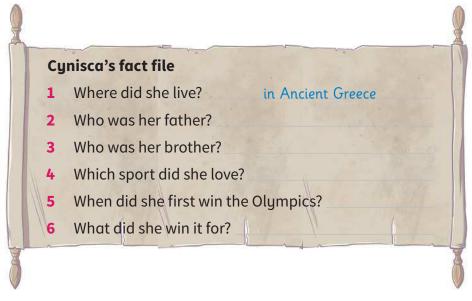
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Literature

Read the story again. Connect the pictures in the correct order and number the pictures.



2 Read and answer the questions.



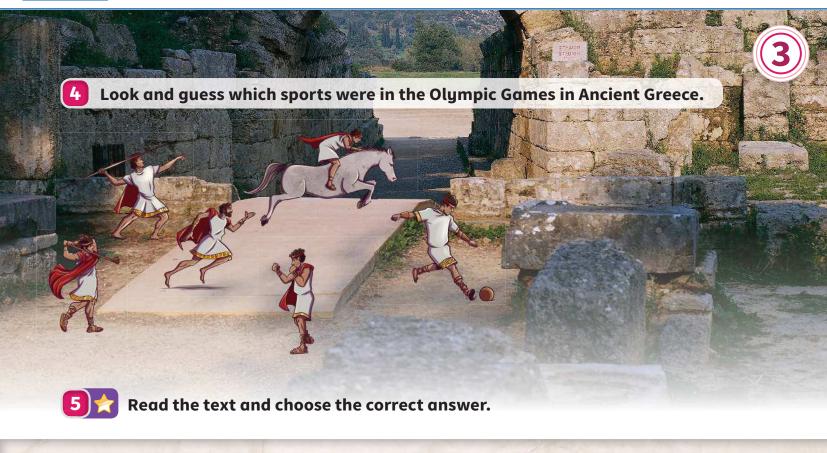


Read the example. Then write about something you worked hard to achieve.

I wanted a higher mark in my maths test. I practised with my friend who is good at maths and I studied ten minutes extra every day.



More Information



In 776 B.C.E. about three thousand years ago, the first Olympic Games took place in Olympia, Greece. It was a festival for Zeus, a Greek god and they celebrated it every four years. Only men and boys could go to see the games. Girls and women could not go into the stadium. The athletes had to be free men, not slaves, and they had to speak Greek.

Up to 50,000 people could sit in the stadium. It was hot and there wasn't much water but lots of people still went to watch. There were all kinds of acrobats and fun things to see. The Games ended with a giant barbecue.

There were many popular events at the ancient Olympics such as running, throwing, the long jump, horse racing and chariot races. However, the Pankration was the nastiest one. It was a lot like boxing and men did anything to win. They hit the other players or threw sand in their eyes. However, breaking the rules was very bad.

The Olympics were so important to the Greeks that all enemies stopped fighting battles with each other for a month before the games started. During this time, athletes trained for the events and they could travel to the games safely.

The Ancient Olympic Games stopped in 393 CE. The Modern Olympic Games that we know today didn't start again until 1896, almost 1500 years later.

- 1 What is the best title for the article?
 - A The Ancient Olympic Games
 - **B** The Pankration
 - C Ancient Olympic Stadiums
- 2 Who couldn't go to the games?
 - A men
 - **B** young boys and girls
 - **c** girls and women

- 3 Athletes in the Ancient Olympic Games
 - A were slaves.
 - **B** wore special clothes.
 - C had to speak Greek.
- 4 The Olympic stadium
 - A was very big.
 - **B** had a river nearby.
 - c didn't have space for lots of people.





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Cross-curricular

1 Read the quiz and choose the best answers for you.

How healthy are you?



- 1 How much exercise do you do a day?
 - **A** 0 30 minutes
 - **B** 30 60 minutes
 - C 60 minutes or more



- 3 How often do you go swimming?
 - A never
 - **B** only in the summer
 - **C** once a week



- 2 How often do you walk / ride to school?
 - **A** never
 - **B** one or two times a week
 - **C** more than two times a week



- 4 How much time do you spend watching TV or playing computer games?
 - **A** more than two hours
 - **B** one to two hours
 - **C** no more than one hour

play football with your friends?

You should try to get some more exercise. It's good to do 30 minutes of exercise a few times a week. Could you walk to school or go to the park and

:sA yltsoM

school more often and watching a bit less TV.

Mostly Bs:

You are doing well but perhaps you could think about riding your bike to

Mostly Cs: Excellent! You have an active life

In pairs, think of ways to be more active.

I want to watch less television and swim once a week.



More Information

A2 Key for Schools





 $oxed{1}_{3.13}^{\Omega}$ For each question, write the correct answer in each gap. Write one word or a number or a date or a time. You will hear a woman talking about a new sports centre.

NEW SPORTS CENTRE

Name of Sports Village: Murray

(1) _____ Road **Address:**

(2) 6th _____ Opened on:

Football field: in the **(3)** _____

Team sports: volleyball and (4)_

For more information, phone:



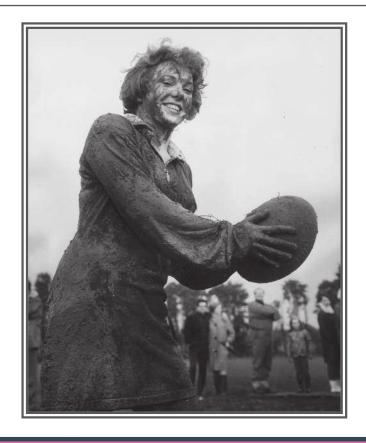


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A2 Key for Schools

1 For these questions, write the correct answer in each gap.
Write ONE word for each gap.

From: Neil		To: Jess			
Hi!					
(1)	_ the sport. My	coach said th	esterday we stu at people played ar in the 20th cer	l rugby in	· ·
(3)	you know that the first UK women's rugby team started in 1962? Another				
surprise was the	•		en 410 and 460 gr		
(4)	longest game ever was more than 26 hours long. Just think how tired the				
players were!					
I've got (5)	new b	oots to show	you but they're ((6)	very
comfortable!					
See you soon,					
Neil					





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Review

- 1 Complete the sentences with the correct form of the verbs in brackets.
- 1 Surfboards <u>are made</u> of wood. (make)
- 2 A ball ______ in ice hockey. (not / use)
- 3 Football and basketball ______ in many countries. (play)
- 4 Helmets by cyclists. (wear)
- **5** Surfing _____ in towns by the sea. (do)
- 6 Cricket ______ in schools in England. (teach)
- 2 Complete the sentences with the verbs in the box.

could	can	will	Shall	might
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- **1** Sophie _____ buy a new racket today, but she isn't sure.
- we go surfing today? The weather's good.
- 3 James _____ play golf very well. He can hit the ball a long way.
- 4 We _____ watch Madrid play Barcelona later, if you like.
- **5** I ______ see you on court 3 at 2 pm, I promise.
- 3 Write two sentences with modal verbs that are true for you.

(I can play	basketball	very	well.
--------------	------------	------	-------

I might visit my grandparents today.

- Complete the sentences with the sports words.
 - You have to have a s_____ to go s_____
- 2 My a ____ c __ is very nice. She teaches me to run fast.
- 3 It's important to wear a h____ if you do b_____.
- 4 You hit the puck into the g____ in i___h____.
- 5 Don't forget your r____ if you want to play tennis today.
- 5 In pairs, answer the questions.
- 1 What's your favourite sport now? And your least favourite? Why?
- 2 Which sport might you try in the future? Why?

Well, my least favourite sport is swimming because I HATE cold water!





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Review •

Match the sentence halves.

- 1 The film
- 2 If you're late, the bus
- 3 If you don't do your homework, I
- 4 The DVD
- 5 He always does his homework

a will leave without you!

Units 1–3

- **b** wasn't as interesting as the book.
- c starts at 13:22 today.
- d as quickly as possible.
- e 'll not be happy.



2 Complete the sentences with the correct word.

- 1 My trainers aren't as old as my shoes. My shoes are _____.
- 2 The computer shop _____ at 9:00 tomorrow morning. It's open from 9:00 to 12:00 on Saturdays.
- **3** If you try on the jumper, I know you love it!
- 4 If you _____ the photos, everyone in your family can see them.
- 5 Helmets _____ usually worn by cyclists at the Olympic Games.

Underline the incorrect word. Then write the sentence correctly.

When Sam wears smart clothes to my party, <u>I am</u> surprised.

If Sam wears smart clothes to my party,
I'll be surprised.

- 2 If you will click on the video link, you'll see Ronaldo score an amazing goal!
- 3 A point scored when the player shoots the basketball in the net.
- 4 Felipe is teach by his coach, Roberto.
- 5 May he play tennis well?
- 6 It can rain tonight, so remember to bring your raincoat.

4 Complete the words in the sentences.

- Feng does a thletics every Wednesday. He wears a red t____ with his club's name.
- 2 I can't d_____ the video on to my m____ p___ at the moment, because I haven't got wifi.
- 3 My brother has to wear a shirt with a c____ and bright blue t__ to school. It's his school uniform.
- 4 Oh no! The s____ on my l____ is broken. I can't do my homework.
- 5 Ignacio! You haven't got your r____, and you're on the wrong tennis c____!





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Writing

Eliza's pen pal, Abigail, is coming for a week in the summer holidays.

Read Eliza's email.

(1) Hi Abigail!

(2) How are you? (3) Shall we go cycling together when you're here in July? If we cycle in the forest near my house, we'll get very dirty, so you need to bring old clothes. Have you got a helmet? Your plane arrives at 14:20 and my dad can collect you from the airport in his car.



(4) See you soon!

Eliza

- 2 Read Eliza's email again. Has Eliza ...
- asked Abigail to go cycling?
- said what clothes she needs to take?
- said how Abigail can contact her?
- given details of where they'll meet?
- **Look at the green expressions in Eliza's email.** Here are some other expressions she could use. Circle the two best expressions in each line.

Dear Miss Green Hey Abigail! Hello Abigail!How's things? I hope you are well. How's tricks?

3 Do you fancy going ...? I would like to invite you to go ... How about going ...?

4 From, Eliza Bye for now, Eliza Best wishes, Eliza

Your English pen pal, Jane, is coming to your house for a week in the summer holidays.

Write an email to Jane.

In the email:

- ask Jane to go swimming with you
- say what clothes she needs to bring
- say **what time** you'll go to the airport

Write **25 words** or more.

_	
_	
_	