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**CAMBRIDGE ENGLISH**  
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# Cambridge English

# EMPOWER

## STUDENT'S BOOK

# B1

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Contents

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
Unit 1 Communicating				
Getting started Talk about sharing things on your phone				
1A	Ask and answer personal questions	Question forms	Common adjectives	Syllables and word stress Sentence stress
1B	Talk about how people communicate	Present simple and present continuous	Adverbs	Long and short vowels
1C	Greet people and end conversations		Sentence stress	Greeting people; Ending a conversation
1D	Write a personal email			
Review and extension More practice		WORDPOWER like		
Unit 2 Travel and Tourism				
Getting started Talk about holiday activities				
2A	Talk about past holidays	Past simple	Tourism	-ed endings
2B	Describe difficult journeys	Past continuous	Travel collocations	Sentence stress: vowel sounds
2C	Ask for information in a public place		Joining words	Asking for information in a public place
2D	Write a travel blog			
Review and extension More practice		WORDPOWER off		
Unit 3 Money				
Getting started Talk about shopping				
3A	Talk about experiences of generosity	Present perfect or past simple	make / do / give collocations	
3B	Talk about spending and saving money	Present perfect with just, already and yet	Money	Sound and spelling: /dʒ/ and /j/
3C	Talk to people in shops		Sentence stress	Talking to people in shops; Paying at the till
3D	Write an update email			
Review and extension More practice		WORDPOWER just		
Unit 4 Social Life				
Getting started Talk about weddings				
4A	Talk about your plans for celebrations	Present continuous and going to	Clothes and appearance	Sound and spelling: going to
4B	Plan a day out in a city	will / won't / shall	Adjectives: places	Sound and spelling: want and won't
4C	Make social arrangements		Sentence stress	Making arrangements
4D	Write and reply to invitations			
Review and extension More practice		WORDPOWER look		
Unit 5 Work				
Getting started Talk about people at work				
5A	Talk about what people do at work	must / have to / can	Work	Word stress
5B	Talk about your future career	will and might for predictions	Jobs	Sound and spelling: /ʃ/
5C	Make offers and suggestions		Sentence stress: vowel sounds	Offers and suggestions
5D	Write a job application			
Review and extension More practice		WORDPOWER job and work		
Unit 6 Problems and Advice				
Getting started Talk about being afraid				
6A	Give advice on common problems	should / shouldn't; imperatives	Verbs with dependent prepositions	Sound and spelling: /u:/ and /ʊ/
6B	Describe extreme experiences	Uses of to + infinitive	-ed / -ing adjectives	-ed endings Word stress
6C	Ask for and give advice		Main stress	Asking for and giving advice
6D	Write an email giving advice			
Review and extension More practice		WORDPOWER verb + to		

Listening and Video	Reading	Speaking	Writing
Three conversations at a party	Article: <i>Small Talk</i>	Getting to know each other	Personal questions
Four monologues about technology and communication Meeting an old friend	Article: <i>The Fast and the Furious</i>	Ways of communicating  Meeting people and ending conversations; Showing interest	Sentences about communicating  <div>Unit Progress Test</div>
Conversation: keeping in touch	Three personal emails	Keeping in touch	Personal email Correcting mistakes
Audio diary: <i>Yes Man changed my life</i>	Diary article: <i>Yes Man changed my life</i>	Types of holiday; A holiday you enjoyed	
Monologue: a bad flight	Two news stories about problems on journeys	Retelling a news story; Problems on journeys	
At the train station		Asking for information in a public place; Asking for more information	<div>Unit Progress Test</div>
Conversation: travelling to Indonesia	Travel blog	Writing blogs and diaries	Travel blog Linking words
Radio biography: Philip Wollen	Web forum: <i>Generosity Day</i>	Experiences of generosity	
Three monologues: spending habits	Quiz: <i>What kind of spender are you?</i>	Spending and saving money	Sentences about spending
Shopping for a present		Talking to people in shops; Changing your mind	<div>Unit Progress Test</div>
Four monologues: raising money for charity	Email: update on raising money for charity	Charities	Update email Paraphrasing
Interview: May Ball; Audio blog: Indian wedding Conversation: Mike and Harry in Tokyo	Article: <i>Life in numbers</i>	Future plans; Preparations for special occasions Tokyo highlights; Planning a day out in a city	Notes on a city you know well
Arranging to meet; birthday dinner		Making arrangements; Making time to think	<div>Unit Progress Test</div>
Three monologues: socialising	Two emails: invitations		Invitations and replies
Three monologues: work	Infographic: <i>The happiest jobs</i>	What makes people happy at work; Job qualities and requirements	Workplace rules
Three interviews: future careers	Article: <i>Planning a safe future career</i>	Your future career; The future world of work	Predictions: finding a job / world of work
Leaving work early		Offers and suggestions; Reassurance	<div>Unit Progress Test</div>
Conversation: a summer job	Email: Job application	Summer jobs	Job application Organising an email
	Article: <i>How to deal with life's little problems</i>	Common problems and possible solutions; Advice for people who are always late	Advice on a common problem
Two interviews: <i>Sharks saved my life</i> (Part 2) / Skydiving accident Advising a friend	Article: <i>Sharks saved my life</i> (Part 1)	Emotional experiences; Stories about dramatic events Asking for and giving advice; Showing sympathy	Notes about a dramatic event  <div>Unit Progress Test</div>
Three monologues: problems	Wiki: Advice for learners of English	Advice	Message giving advice; Linking: ordering ideas and giving examples

Lesson and objective		Grammar	Vocabulary	Pronunciation	Everyday English
Unit 7 Changes					
Getting started Talk about different generations					
7A	Talk about life-changing events	Comparatives and superlatives	Life events with <i>get</i>		
7B	Describe changes in lifestyle	<i>used to / didn't use to</i>	Health and fitness collocations	Sound and spelling: <i>used to / didn't use to</i>	
7C	Talk to the doctor		Health problems and treatments	Tones for asking questions	Describing symptoms; Doctors' questions
7D	Write a blog about an achievement				
Review and extension More practice			WORDPOWER <i>change</i>		
Unit 8 Culture					
Getting started Talk about a painting					
8A	Talk about art, music and literature	The passive: present and past simple	Art and music; Common verbs in the passive		
8B	Talk about sports and activities	Present perfect with <i>for</i> and <i>since</i>	Sports and activities	Word stress	
8C	Apologise, make and accept excuses			Tones for continuing or finishing	Apologies and excuses
8D	Write a book review				
Review and extension More practice			WORDPOWER <i>by</i>		
Unit 9 Achievements					
Getting started Talk about an unusual student					
9A	Talk about future possibilities	First conditional	Degree subjects; Education collocations	Word groups	
9B	Describe actions and feelings	Verb patterns	Verbs followed by <i>to</i> + infinitive / verb + <i>-ing</i>		
9C	Make telephone calls			Main stress: contrastive	Telephoning people you don't know; Telephoning people you know
9D	Write a personal profile				
Review and extension More practice			WORDPOWER Multi-word verbs with <i>put</i>		
Unit 10 Values					
Getting started Talk about seeing a crime					
10A	Talk about moral dilemmas	Second conditional	Multi-word verbs	Sentence stress: vowel sounds	
10B	Describe problems with goods and services	Quantifiers; <i>too / not enough</i>	Noun formation	Word stress Sound and spelling: verbs and nouns	
10C	Return goods and make complaints			Sentence stress	Returning goods and making complaints
10D	Write an apology email				
Review and extension More practice			WORDPOWER Multi-word verbs with <i>on</i>		
Unit 11 Discovery and Invention					
Getting started Talk about robots					
11A	Explain what technology does	Defining relative clauses	Compound nouns	Word stress: compound nouns	
11B	Describe discoveries	Articles	Adverbials: luck and chance		
11C	Ask for and give directions			Sound and spelling: /ɔ:/ and /ɜ:/	Asking for and giving directions in a building
11D	Write a post expressing an opinion				
Review and extension More practice			WORDPOWER preposition + noun		
Unit 12 Characters					
Getting started Talk about taking care of an animal					
12A	Tell a story	Past perfect	Animals	Sound and spelling: /ʌ/, /ɜ:/ and /əʊ/	
12B	Talk about family relationships	Reported speech	Personality adjectives	Sentence stress: <i>that</i> Word stress	
12C	Agree and disagree in discussions			Main stress: contrastive	Agreeing and disagreeing
12D	Write a short story				
Review and extension More practice			WORDPOWER <i>age</i>		
Communication Plus p.127		Grammar Focus p.142		Vocabulary Focus p.133	

Listening and Video	Reading	Speaking	Writing
Two radio monologues: <i>One minute inspiration, Rivaldo; Sylvester Stallone</i>	Quotes: life changes Article: <i>1950s and today</i>	Comparing yourself in the past and now; Life-changing events Changes in lifestyle and health	Vocabulary definitions Sentences about changes in health
At the doctor's		Talking to the doctor: describing symptoms; responding to questions	Unit Progress Test
Three monologues: making a change	Blog: <i>Living to change</i>	Making positive changes	Blog: changes / achievements Linking: ordering events
	Article: <i>Six of the best, biggest and most popular</i>	Art, music and media	Sentences about art and music
Radio show: <i>I can't believe it!</i>		Record breakers; Sports and activities	Sentences about yourself; Notes about sports and activities
Accepting an apology		Apologising; making and accepting excuses	Unit Progress Test
Three monologues: book reviews	Four book reviews	Books and reading	Book review Positive and negative comments; Linking: <i>although, however</i>
Five monologues: study habits	Article: <i>Unusual degrees</i>	Degree subjects; Future possibilities	Real possibilities; Future plans
Radio interview: shyness	Article: <i>The not-so-easy lives of celebrities</i>	Shyness; Celebrity problems; Actions and feelings	
Telephoning		Telephoning; Dealing with problems on the phone	Unit Progress Test
Conversation: Online courses	Two student profiles	Advantages and disadvantages of online learning	Personal profile Avoiding repetition
Radio news: illegal downloading		Dishonest behaviour; Honesty quiz	Unreal situations
Radio news: <i>Complaints around the world</i>	Article: <i>The biggest complainers in Europe</i>	When would you complain?	
Returning goods to a shop		Returning goods and making complaints; Sounding polite	Unit Progress Test
Three monologues: rudeness	Three emails: apologies	Rude behaviour	Apology emails Formal and informal language
Radio report: inventions	Article: <i>Science fiction: They thought of it first!</i> Article: <i>Lucky discoveries</i>	Definitions; Describing inventions Discoveries and inventions	Unexpected events
Lost in a building		Asking for and giving directions in a building; Checking information	Unit Progress Test
Radio phone in: inventions of the future	Four opinion web posts: important inventions	Useful inventions / important inventions	A web post Giving opinions; Expressing results and reasons
Radio news: <i>Willie the Parrot</i>	Article: <i>Jambo's story</i>	Experiences with animals; Animal life-savers	Animals causing problems
Three monologues: sibling rivalry	Article: <i>Brothers and Sisters – The Facts</i>	Memorable things people say; Family personalities; Sibling relationships	Things people have said to you
Discussion at the gym		Agreeing and disagreeing in discussions	Unit Progress Test
Monologue: story	Story: unexplained events	Fact or fiction?	Narrative Linkers: past time
Audioscripts p.196		Phonemic symbols and Irregular verbs p.206	

# English for Spanish Speakers Contents

Speaking Plus	Listening	Useful Language	Pronunciation
1E Long time no see!	Old friends meeting	Greet people; Ending a conversation	Consonant sounds: /d/ and /t/
2E How can I help you?	At the bus station	Asking for information; Asking if people need help	Intonation: questions
3E I'm just looking	Buying a present in a shop	Shopping; Helping people	Consonant sounds: /s/ and /ʃ/
4E Would you like to come?	An invitation to a party	Making invitations; Responding to invitations	Word stress: two-syllable words
5E Why don't I drive you?	A lift to the station; Party arrangements	Making offers; Making suggestions	Vowel sounds: /ʊ/ and /u:/
6E I wouldn't buy a new one straight away	An argument; A lost phone	Asking for advice; Giving advice	Word stress and intonation in exclamations
7E Can you move your foot?	Neck pain; A bad toe	Asking about health problems; Describing health problems	Vowel sounds: /ɒ/ and /əʊ/
8E I didn't mean to make you worry	Home late; Forgotten birthday; A good excuse	Apologising; Making excuses; Accepting excuses	Consonant sounds: /s/ and /z/ and the letter s
9E Can I leave a message?	Phoning a friend; A call from the garage; Test results	Making a phone call; Receiving a phone call	Sentence stress: questions
10E Have you got the receipt?	Returning a jacket; An unhappy customer	Returning something to a shop; Complaining	Vowel sounds: /ʊ/ and /i:/
11E Go round the corner	Business conference; Finding the toilets; Arriving for a meeting	Giving directions in a building	Word stress: three-syllable words
12E That can't be true!	Changing TV channels; Misunderstanding an email; A parking ticket	Agree and disagree in discussions	Intonation: sounding lively and interested

Get it right!	Grammar	Vocabulary	Spelling
1–4 Talk about free time	Adverbs	Collocations	Commonly confused words
5–8 Talk about communication	Infinitive of purpose; Verb patterns	Verbs + prepositions; Nouns and verbs; Verbs + objects	Vowels
9–12 Talk about going to places		Singular and plural nouns; Compound nouns; Fixed pairs	Irregular plural nouns