

# 1 A BUSY LIFE

## VOCABULARY

**1** Complete the sentences with the verbs in the box. You need to use one verb more than once.

get dressed   get on   get up   have  
 put on   stay   take off   wake up



Every weekday, I <sup>1</sup> ..... at 7.30 and then I <sup>2</sup> ..... in bed for about 15 minutes. At 7.45, I am ready to <sup>3</sup> ..... I <sup>4</sup> ..... a shower and then I <sup>5</sup> ..... in a T-shirt and shorts. I <sup>6</sup> ..... a quick breakfast, then I <sup>7</sup> ..... my bike and cycle to college. There, I <sup>8</sup> ..... my T-shirt and shorts and I <sup>9</sup> ..... a shirt and jeans.

**2** Read the text in Exercise 1 again. Complete the sentences with *after* or *before*.

- 1 He gets up ..... he wakes up.
- 2 He stays in bed for 15 minutes ..... he gets up.
- 3 He has a shower ..... he gets dressed.
- 4 He has breakfast ..... he puts on his T-shirt and shorts.
- 5 He rides to work ..... he has breakfast.
- 6 He takes off his shorts and T-shirt ..... he puts on his shirt and jeans.

**3** Write the times. Use *quarter*, *half* or *o'clock*.

- 1 **04:45** .....
- 2 **18:15** .....
- 3 **11:00** .....
- 4 **13:30** .....

**4** Match the information about the people's work (1–6) with the jobs (a–f).

|  |   |
|--|---|
| <b>1</b> I go to work at an airport and then fly planes. | <b>4</b> I work in an office. I write things in computer language.  |
| <b>2</b> I use a camera every day at work.               | <b>5</b> I help people find things they want to buy.  |
| <b>3</b> I repair cars, lorries and motorbikes.          | <b>6</b> I spend some time in an office and some time in the street. I help people with problems and try to keep them safe. |

- a a police officer .....
- b a mechanic .....
- c a photographer .....
- d a computer programmer .....
- e a pilot .....
- f a shop assistant .....

## GRAMMAR

**1** Complete the text with the correct form of the verbs in brackets. Use the negative form if necessary.

My name is Natalie and my sister's name is Mischa. We <sup>1</sup> ..... (be) very different. Mischa <sup>2</sup> ..... (work) in a restaurant and I <sup>3</sup> ..... (be) a mechanic. We both <sup>4</sup> ..... (start) work at half past eight, but we <sup>5</sup> ..... (not get up) at the same time. I always <sup>6</sup> ..... (get up) at seven o'clock, but Mischa <sup>7</sup> ..... (not like) early mornings – she always stays in bed until eight o'clock. I <sup>8</sup> ..... (have) tea and cereal for breakfast, but Mischa <sup>9</sup> ..... (not eat) or drink anything at home. She <sup>10</sup> ..... (have) breakfast later in the morning at work.

**2 Read Exercise 1 again. Write yes/no questions about Mischa and Natalie.**

- 0 *Do the sisters start* ..... work at the same time?  
 Yes, they do.
- 1 ..... in a restaurant?  
 No, she doesn't.
- 2 ..... at the same time?  
 No, they don't.
- 3 ..... early mornings?  
 No, she doesn't.
- 4 ..... in bed until eight o'clock?  
 Yes, she does.
- 5 ..... breakfast together?  
 No, they don't.
- 6 ..... tea and cereal for breakfast?  
 Yes, she does.

**3 Read the table. Then choose the correct answers to complete the sentences about Fran.**



| HOW OFTEN DO YOU ...          | FRAN                                      |
|-------------------------------|---|
| go clothes shopping?          | one Friday each month                     |
| go to the countryside?        | every Saturday                            |
| spend some time alone?        | every evening                             |
| play basketball?              | every Monday and Thursday                 |
| go to a fast-food restaurant? | 0 times a year                            |
| watch TV?                     | every Friday, Saturday and Sunday evening |

- 1 On Fridays, Fran ..... goes clothes shopping.  
**A** usually **B** always **C** sometimes
- 2 Fran goes to the countryside ..... a week.  
**A** once **B** twice **C** seven times
- 3 In the evening, Fran ..... spends some time alone.  
**A** never **B** often **C** always
- 4 Fran plays basketball ..... a week.  
**A** once **B** twice **C** three times
- 5 Fran ..... goes to a fast food restaurant.  
**A** never **B** usually **C** always
- 6 Fran watches TV ..... a week.  
**A** once **B** twice **C** three times

**4 Complete the questions and answers with the correct form of want and the verb in brackets.**

- 1 **A:** What ..... you ..... after college? (do)  
**B:** I ..... to university. (go)
- 2 **A:** Why ..... Leona ..... a pilot? (be)  
**B:** Because she ..... around the world. (travel)
- 3 **A:** What kind of work ..... Billy ..... ? (do)  
**B:** He ..... a job! He ..... lots of money instead! (not/get, win)
- 4 **A:** Where ..... Paul and Sophia ..... in Italy? (work)  
**B:** They ..... on an olive farm. (work)

**5 Write sentences about what the people like (👍), love (😊), don't like (👎) or hate (😡).**

- 0 Jane / meet friends for coffee on Saturdays / 😊  
 Jane loves meeting friends for coffee on Saturdays.
- 1 Stefi / go out dancing on Friday evenings / 👍
- 2 Louis / stay in bed after he wakes up / 👎
- 3 Leo and Tom / play computer games together / 👍
- 4 My mum and I / swim in the sea / 😊
- 5 Johnnie / go shopping at the supermarket / 😡
- 6 My English teacher / work in hot weather / 👎

**LISTENING**

**1** 🎧 05 Listen to two fashion journalists describing their day working at home, and number the sentences 1–6 in the order they do them.



|  | KENNY | ZADIE |
|--|-------|-------|
| <b>A</b> I start work.                   |       |       |
| <b>B</b> I have a hot drink.             |       |       |
| <b>C</b> I get up.                       | 1     |       |
| <b>D</b> I go for a walk.                |       |       |
| <b>E</b> I spend time talking to people. |       |       |
| <b>F</b> I go swimming.                  |       |       |

**2** 🎧 05 Which person are these sentences true for? Can you remember? Circle your answers, then listen again to check.



- 0 Kenny/Zadie walks on the beach every morning.
- 1 Kenny/Zadie swims in a pool.
- 2 Kenny/Zadie is married.
- 3 Kenny/Zadie has a dog.
- 4 Kenny/Zadie likes drinking green tea.
- 5 Kenny/Zadie talks to his/her family every day.

## READING PART 2

Read the texts, then for each question choose the correct answer.

|   | HEIDI | EVAN | LUCY |
|---|-------|------|------|
| 1 Which person does some exercise after work?                     | A     | B    | C    |
| 2 Which person finishes work in the afternoon?                    | A     | B    | C    |
| 3 Which person takes things to eat to work?                       | A     | B    | C    |
| 4 Which person travels to and from the airport in different ways? | A     | B    | C    |
| 5 Which person goes to the airport by car?                        | A     | B    | C    |
| 6 Which person finishes work in the morning?                      | A     | B    | C    |
| 7 Which person doesn't go home after work every day?              | A     | B    | C    |

# BEING A PILOT



Three pilots tell us about a day at work.



### A Heidi

My first flight is at one o'clock in the afternoon, so I don't get up until 8.30 a.m. I go for a run if I have time, have a shower and put on my uniform. I put all the food and water I need for the day in my flight bag and I leave the house on my bike. Sometimes I have a long flight, and I can't come home for two or three days, but I usually fly to Germany, Poland, the UK and France.



### B Evan

I work for five days and then I don't work for four days after that. On work mornings, my alarm clock wakes me up at quarter to four. I drink a cup of tea in bed, have a shower and drive to the airport. I meet my team for the day, and then we fly two or sometimes three flights. I drive home at about three o'clock and I always feel really tired so I never stay up late in the evening after work.

### C Lucy

I leave home in the afternoon, about three hours before my 4.00 p.m. flight. I take the bus to the airport. Before I get on the plane, I meet my flight team, and we eat sandwiches while we talk. We fly all night, but I can sleep for about three hours on the plane. We arrive back here at 7.00 a.m. and I get home by taxi an hour later. I have breakfast, go to the gym, and then sleep before work.



## PUSH YOURSELF B1

Read the job advert, then tick the correct sentences and cross the wrong sentences.



### Shop Assistant Hartog's Books

We need a new shop assistant to join the small team of four employees at our book store in New Street

**£23,000–25,000 a year**

No experience needed

Email your CV to

[hartogbks@network1.com](mailto:hartogbks@network1.com)

Interviews with shop manager 3rd May



- The text does not give any information about the shop assistant's salary.
- You can only do the job if you have been a shop assistant before.
- You have to send your CV.
- The shop manager wants to see all new shop assistants on 3rd May.
- Four other people work at the shop.

**SPEAKING**

Read the information about Ismail. Write five questions to ask him and then write his answers.

 **Ismail**

**Job:** photographer  
**Place of work:** newspaper office  
**Goes to work by:** bus  
**Time he gets to work:** 8.00 am  
**Likes his job because:** meets interesting people  
**Lives with:** three friends

- 0 **Q:** What (job) do you do?  
**A:** I'm a photographer.
- 1 **Q:** Where ..... ?  
**A:** .....
- 2 **Q:** How ..... ?  
**A:** .....
- 3 **Q:** When ..... ?  
**A:** .....
- 4 **Q:** Why ..... ?  
**A:** .....
- 5 **Q:** Who ..... ?  
**A:** .....

**WRITING**

Write the beginnings and endings of emails in the correct places in the emails.

Dear    Hi    Love from    the best    wishes

To: Mr Thomas    Reply   Forward   

From: Billy Harmer

1 ..... Mr Thomas,  
 I was ill yesterday and so I did not come to the English lesson. Could you tell me what the homework is for this week?  
 Best 2 .....  
 Billy Harmer

To: Grandma    Reply   Forward   

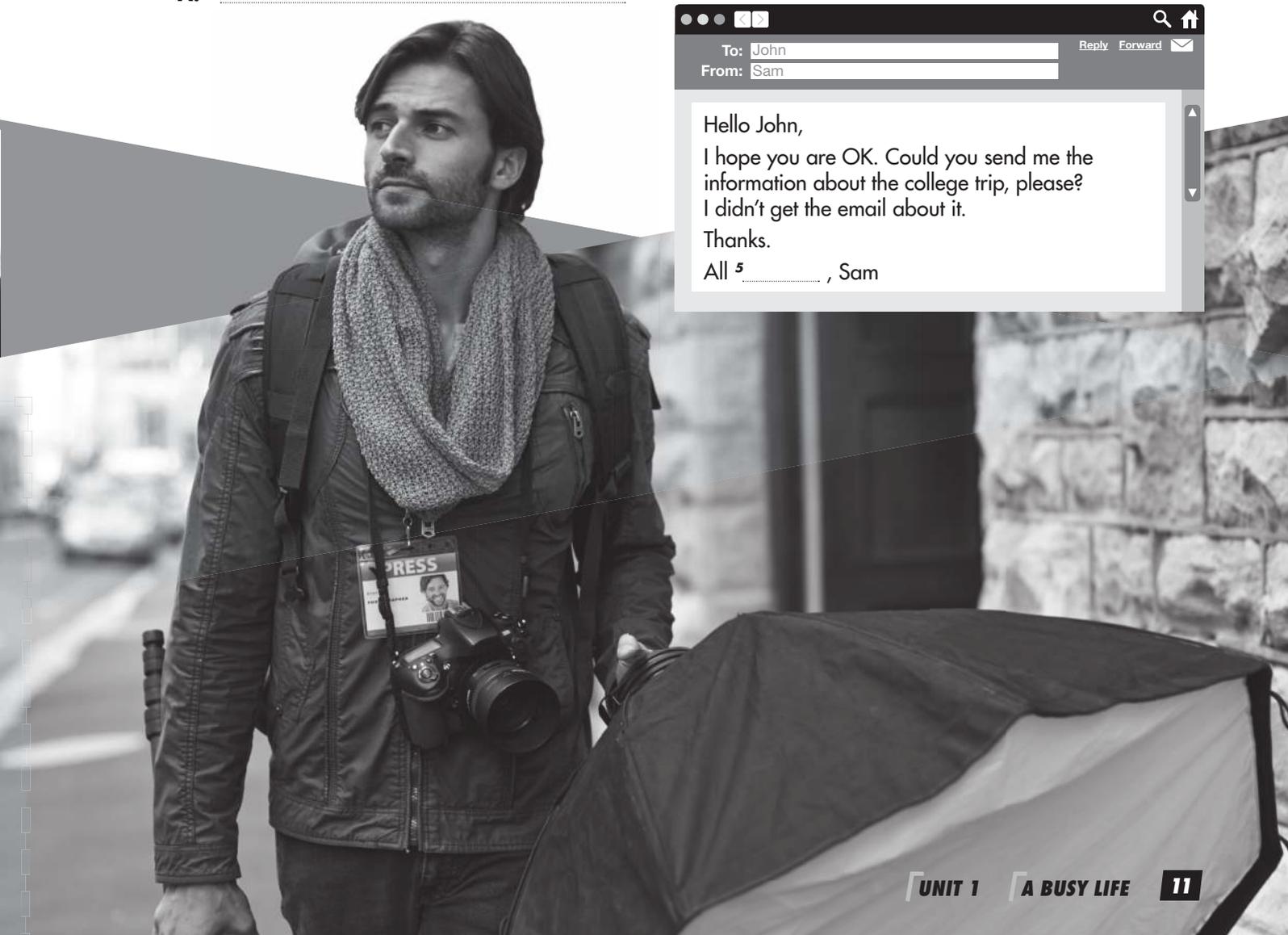
From: Celine

3 ..... Grandma,  
 Can I visit you tomorrow at about 3 pm? I'd like to come after work – we finish early tomorrow.  
 4 ..... , Celine

To: John    Reply   Forward   

From: Sam

Hello John,  
 I hope you are OK. Could you send me the information about the college trip, please? I didn't get the email about it.  
 Thanks.  
 All 5 ..... , Sam



# 2 CHANGING WORLD

## VOCABULARY

### 1 Complete the sentences with the name of the month.

- 1 ..... is the first month of the year.
- 2 August is the month before .....
- 3 ..... is the seventh month of the year.
- 4 ..... is between February and April.
- 5 The month after May is .....
- 6 ..... is between September and November.
- 7 The last month of the year is .....

### 2 Write the seasons for Melbourne, Australia.

Melbourne's seasons are the opposite of the UK's.

|                      | THE UK | MELBOURNE |
|----------------------|--------|-----------|
| December – February  | winter | 1 .....   |
| March – May          | spring | 2 .....   |
| June – August        | summer | 3 .....   |
| September – November | autumn | 4 .....   |

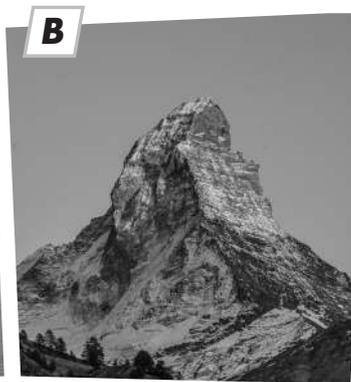
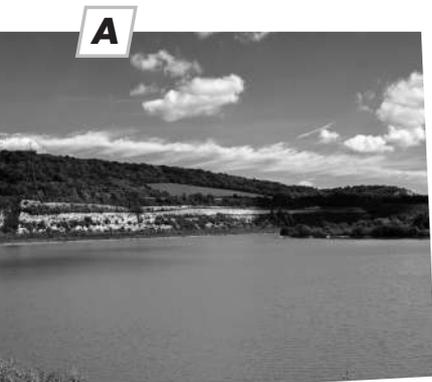
### 3 Complete the sentences with the words in the box. You need to change some words into adjectives.

|       |       |     |             |      |
|-------|-------|-----|-------------|------|
| cloud | fog   | ice | lightning   | rain |
| snow  | storm | sun | temperature |      |

- 1 In very cold winters, you can walk on the ..... on the lake.
- 2 It will be a ..... night tonight, with thunder and .....
- 3 The ..... in summer is usually between 20 and 28 °C.
- 4 It's hot but there's a large grey ..... in the sky, so we'll have some ..... later, I think.
- 5 On ..... days in the summer, we don't go outside because it's too hot.
- 6 It's warm today but it was ..... this morning, so it was difficult to see across the street.
- 7 People like ..... weather because the white trees and countryside look beautiful.

### 4 Label the photos with the words in the box.

|         |            |          |             |
|---------|------------|----------|-------------|
| a coast | a desert   | a forest | an island   |
| a lake  | a mountain | a valley | a waterfall |



**GRAMMAR**

**1 Complete the text with the present continuous form of the verbs in brackets. Make the verb negative if necessary.**

Today it's really cold so I <sup>1</sup> ..... (wear) lots of warm clothes. It's icy outside and it <sup>2</sup> ..... (snow), too. I'm sitting in the library at college with some friends, but we <sup>3</sup> ..... (study) – we <sup>4</sup> ..... (talk) about going home early in case the buses stop because of the snow! My friends Freddie and Lena live in the hills so they <sup>5</sup> ..... (leave) now, but Karin and Graham <sup>6</sup> ..... (go) home now because they live very near and can easily walk home in the snow.

**2 Write the questions and answers to make a conversation.**

|                  |  |
|------------------|--|
| <b>Mike:</b>     | Hi Laurence, I can't come to tennis practice tonight – I'm not at home. I'm in Birmingham. |
| <b>Laurence:</b> | What / do / there?<br><sup>1</sup> .....   |
| <b>Mike:</b>     | I'm here with my team. We / work here / this week. <sup>2</sup> .....                      |
| <b>Laurence:</b> | Stay / in a hotel? <sup>3</sup> .....  |
| <b>Mike:</b>     | Yes, a really nice one. I / have / a great week!<br><sup>4</sup> .....<br>How about you?   |
| <b>Laurence:</b> | I'm on holiday this week. So I / not work.<br><sup>5</sup> .....                           |
| <b>Mike:</b>     | Great! Where / stay?<br><sup>6</sup> .....   |
| <b>Laurence:</b> | At home. Some friends / visit us / at the moment.<br><sup>7</sup> .....                    |
| <b>Mike:</b>     | That's nice. Have a good week.   |

**3 Complete the sentences with the present continuous or present simple form of the verbs in brackets.**

- It is 7.30 am, and I ..... breakfast. I usually ..... it at 7.00, but I'm late today. (have)
- Cathy always ..... family parties, so she ..... her grandmother's birthday meal this afternoon very much. (enjoy)
- Usually, Harry ..... only with his parents, but at the moment his cousin ..... with them because she has a summer job in their town. (live)
- Ali and his friends ..... football in the park this morning. They ..... there three or four times a week. (play)
- Gregorio is a taxi driver. He ..... a taxi in London. But this week he ..... across France because he is on holiday. (drive)
- In the summer it ..... a lot in my country, and it's very hot. It ..... today. (rain)

**READING**

**1 Read the text and choose the best title for it.**

- A** Why I will never leave Ascension Island
- B** Living and working on Ascension Island
- C** Remembering my time on Ascension Island

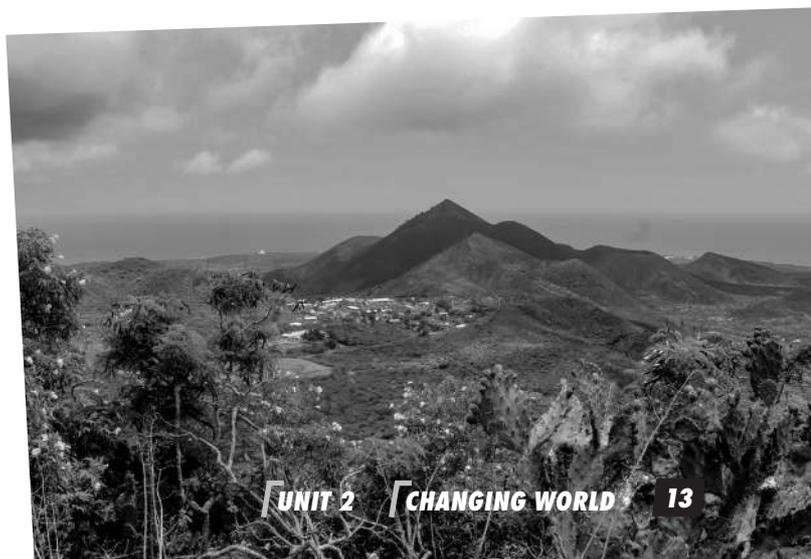
I'm Marcus Higgs and I'm a conservation officer. This means I work in the countryside, and I look after the animals and plants that live there. I was born in Devon, in the south of England, but at the moment I am living and working on Ascension Island. Ascension Island is in the middle of the ocean between Africa and South America. I am here for two years.

I work in a beautiful place called the Green Mountain National Park. In the park, there is a mountain and some hills, and there are some smaller islands in the water around the coast, and lots of beaches of course. I work on projects to make these places better for plants and animals. There are lots of interesting sea animals and birds here, and the conservation team are working hard to keep them safe. I also give information to visitors to the island and tell them about our projects.

This week, we are putting some new trees around our visitor centre. I love my job here, but living on Ascension Island is not always easy. Only 800 people live here, and there is only one restaurant! But I am enjoying the weather – the temperature is 25–34 °C all year – and I have lots of new American friends.

**2 Complete the sentences with one or two words from the text.**

- What is Marcus's job? – He's a .....
- Which part of England does Marcus come from? – He's from the ..... of the country.
- Which continents is Marcus living nearest? – He is living nearest to ..... and .....
- What can you see near the coast of Green Mountain National Park? – There are some .....
- Who does Marcus help at work? He helps .....
- What does Marcus like about Ascension Island? He likes his new friends, his job and .....



# PUSH YOURSELF B1

Choose the correct adjectives to complete the sentences.

- 1 We had *strong/heavy* snow yesterday morning, and the children had lots of fun playing in it in the afternoon.
- 2 The winds are really *strong/hard* this morning so our plane can't leave.
- 3 When the fog is *thick/heavy* on the coast, the fishing boats do not go out to sea.
- 4 We had a great walk up the mountain in *high/bright* sunshine all the way to the top. There were *clear/empty* skies all day.
- 5 We have a lot of *hard/strong* frosts in winter in the north of the country.

## LISTENING PART 1



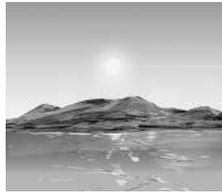
06 For each question, choose the correct answer.

1 What weather does Maria's island usually have in March?

**A**



**B**

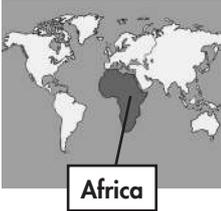


**C**



2 Where is the man's uncle travelling now?

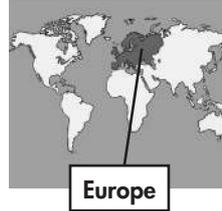
**A**



**B**



**C**



3 What is Jessica's friend, Lucy, doing in the forest?

**A**



**B**



**C**



4 Where is Richard working this week?

**A**



**B**



**C**



5 In which month does Monica stay with her grandparents?

**A**



**B**



**C**





**SPEAKING**

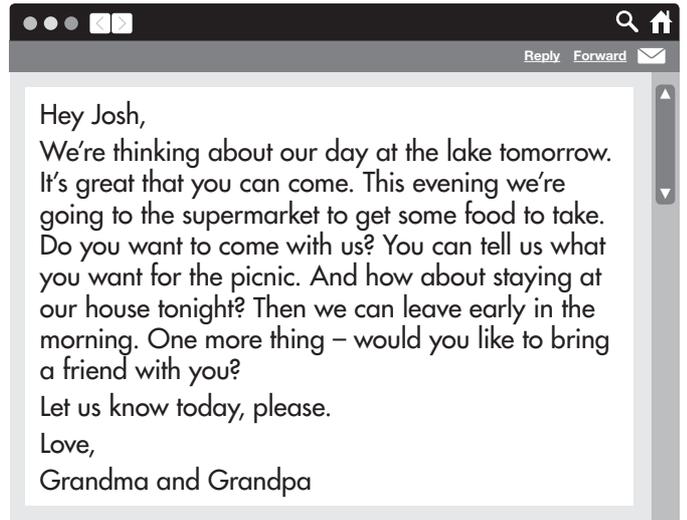
- 1 Look at the photo and choose the correct options.**
- 1 In the photo, *there's/it's* a family on a snowy mountain.
  - 2 *Maybe/Actually* they are on holiday.
  - 3 The parents are *sitting/walking* at the top of the mountain and the children are playing.
  - 4 Two children are *on the right/in the middle* of the photo.
  - 5 There's a lot of snow on the mountain, but at the moment *there's/it's* sunny.
  - 6 I think they *are enjoying/enjoy* their day on the mountain.
  - 7 The children and the parents *don't wear/aren't wearing* helmets. That would be a good idea.
  - 8 I can *see/seeing* some clouds in the sky.
  - 9 There is a lake *below/above* the mountains.

**2 Write the number of the sentence in the correct box. For some boxes two numbers are possible.**

|  |   |
|--|---|
| <p><b>What is there in the photo?</b><br/>Sentence number:<br/>.....</p>     | <p><b>Describing details</b><br/>Sentence number:<br/>.....</p>       |
| <p><b>What is happening in the photo?</b><br/>Sentence number:<br/>.....</p> | <p><b>The weather in the photo</b><br/>Sentence number:<br/>.....</p> |
| <p><b>Where are things in the photo?</b><br/>Sentence number:<br/>.....</p>  | <p><b>What do you think?</b><br/>Sentence number:<br/>.....</p>       |

**WRITING**

**1 Read the email and underline the three ways of inviting someone to do something.**



- 2 Put the words in order to make Josh's possible answers to the invitation.**
- 1 I've got / from 4 pm-6.30 pm. / but I'm afraid / I'd / football practice / love to come  
.....
  - 2 be / That / wonderful. / would  
.....
  - 3 are / but / for asking / busy / Thanks / tomorrow. / friends / my / all  
.....