

Seminars in Consultation– Liaison Psychiatry



College Seminars Series

For details of available and forthcoming books in the College Seminars Series please visit: www.cambridge.org/series/college-seminars-series



Seminars in Consultation-Liaison Psychiatry

Third Edition

Edited by

Rachel Thomasson

Manchester Centre for Clinical Neurosciences

Elspeth Guthrie

Leeds Institute of Health Sciences

Allan House

Leeds Institute of Health Sciences





More Information



Shaftesbury Road, Cambridge CB2 8EA, United Kingdom

One Liberty Plaza, 20th Floor, New York, NY 10006, USA

477 Williamstown Road, Port Melbourne, VIC 3207, Australia

314-321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre, New Delhi - 110025, India

103 Penang Road, #05-06/07, Visioncrest Commercial, Singapore 238467

Cambridge University Press is part of Cambridge University Press & Assessment, a department of the University of Cambridge.

We share the University's mission to contribute to society through the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org

Information on this title: www.cambridge.org/9781911623540

DOI: 10.1017/9781911623533

© The Royal College of Psychiatrists 1996, 2012, 2024

This publication is in copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press & Assessment.

First published 1996 Second edition 2012 Third edition 2024

A catalogue record for this publication is available from the British Library

Library of Congress Cataloging-in-Publication Data

Names: Thomasson, Rachel, editor. | Guthrie, Elspeth, editor. | House, Allan, editor.

Title: Seminars in consultation-liaison psychiatry / edited by Rachel Thomasson, Manchester Centre for Clinical Neurosciences, Elspeth Guthrie, Leeds Institute of Health Sciences, Allan House, Leeds Institute of Health Sciences. Other titles: Seminars in liaison psychiatry.

Description: Third edition. | Cambridge, United Kingdom; New York, NY: Cambridge University Press, 2023. | Series: CGSS College seminars series | Revised editon of: Seminars in liaison psychiatry / edited by Elspeth Guthrie, Sanjay Rao. 2nd edition. 2012. | Includes bibliographical references and index.

Identifiers: LCCN 2023027790 (print) | LCCN 2023027791 (ebook) | ISBN 9781911623540 (paperback) | ISBN 9781911623533 (ebook)

Subjects: LCSH: Consultation-liaison psychiatry.

Classification: LCC RC455.2.C65 S46 2023 (print) | LCC RC455.2.C65 (ebook) | DDC 616.89–dc23/eng/20230912 LC record available at https://lccn.loc.gov/2023027790

LC ebook record available at https://lccn.loc.gov/2023027791

ISBN 978-1-911-62354-0 Paperback

Cambridge University Press & Assessment has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

Every effort has been made in preparing this book to provide accurate and up-to-date information that is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors, and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors, and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to information provided by the manufacturer of any drugs or equipment that they plan to use.



Contents

List of Contributors vii

- 1 The Assessment Process in Consultation-Liaison Psychiatry Caroline Buck
- Notes on Training Pathways in Consultation-Liaison
 Psychiatry 19
 Faye Stanage and Gregory Carter
- Nursing in Consultation-LiaisonSettings 32Kate Chartres and Sarah Eales
- 4 Psychological Reaction to Physical Illness 48
 Elspeth Guthrie and Marc Mandell
- 5 Self-Harm and Suicidal Thoughts 61Allan House
- Depression in Medical Settings 78Elspeth Guthrie
- Functional Somatic
 Symptoms 97
 Constanze Hausteiner-Wiehle
 and Peter Henningsen
- 8 Alcohol Misuse 117 Rachel Thomasson and Ashokkumar Shishodia
- 9 Substance Misuse 134 Matthew Kelleher
- Psychosis in General Hospital
 Settings 158
 Seri Abraham, Daniel Kaitiff, Samira
 Malik, Annalie Clark and Rachel
 Thomasson

- 11 Acute Behavioural Disturbance in the General Hospital 172 Ankush Singhal, Sridevi Sira Mahalingappa, Deepa Bagepalli Krishnan and Rachel Thomasson
- 12 The Neurology–Psychiatry Interface 189 Annalie Clark and Rachel Thomasson
- 13 **Perinatal Psychiatry** 210 Sarah Jones, Aaron McMeekin, Ipshita Mukherjee and Laura Murphy
- Paediatric Consultation-Liaison
 Psychiatry 232
 Rachel Elvins, Louisa Draper, Neelo
 Aslam and Ruth Marshall
- 15 **Psychological Treatment** 250 Elspeth Guthrie
- Legal and Ethical Issues in
 Consultation-Liaison Psychiatry 271
 Elena Baker-Glenn and Annabel Price
- 17 Social Aspects of Consultation-Liaison Psychiatry 288Max Henderson
- 18 Education for Acute HospitalStaff 301Mathew Harrison and Max Henderson
- Considerations in the Planning and Delivery of Consultation-Liaison Psychiatry Services 318
 Allan House
- Outcome Measurement in
 Consultation-Liaison Psychiatry 328
 Allan House

V



vi Contents

21 The Evidence Base for Consultation-Liaison Psychiatry 345

Elspeth Guthrie

- 22 Primary Care Consultation-LiaisonServices 356Chris Schofield and Philippa Bolton
- 23 Emergency DepartmentPsychiatry 373Alex Thomson and Rikke Albert
- 24 Setting Standards for Consultation-Liaison Psychiatry Services 389Jim Bolton

- Policy to Practice: Developing
 Consultation-Liaison Psychiatry
 Services 401
 Peter Aitken and William Lee
- Consultation-Liaison Psychiatry:
 Four International
 Perspectives 413
 Gregory Carter, Wolfgang Söllner,
 James Levenson and Kathleen
 Sheehan

Index 448



Contributors

Seri Abraham, Consultant Liaison Psychiatrist, Pennine Care NHS Foundation Trust, Ashton-under-Lyne, UK.

Peter Aitken, Consultant Liaison Psychiatrist, Devon Partnership NHS Trust, UK; Honorary Associate Professor, University of Exeter College of Medicine and Health, Exeter, UK.

Rikke Albert, Consultant Nurse, Mental Health Liaison Team, East London NHS Foundation Trust, London, UK.

Neelo Aslam, Consultant Child and Adolescent Psychiatrist, Royal Manchester Children's Hospital, Manchester University NHS Foundation Trust, Manchester, UK.

Elena Baker-Glenn, Consultant Psychiatrist and Clinical Director for Crisis Pathway, East London NHS Foundation Trust, London, UK.

Jim Bolton, Consultant Liaison Psychiatrist, Department of Liaison Psychiatry, St Helier Hospital, South West London and St George's Mental Health NHS Trust, London, UK.

Philippa Bolton, Consultant Liaison Psychiatrist, Tees, Esk and Wear Valleys NHS Foundation Trust, York, UK.

Caroline Buck, Specialist Trainee in General Adult and Later Life Psychiatry, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK.

Gregory Carter, Professor of Psychiatry, Faculty of Health Sciences, University of Newcastle, Callaghan, Australia; Senior Staff Specialist and Acting Director of

Consultation-Liaison Psychiatry, Calvary Mater Newcastle Hospital, Waratah, Australia.

Kate Chartres, Nurse Consultant, Sunderland Liaison Mental Health Service, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, Durham, UK.

Annalie Clark, Specialist Trainee in Adult Psychiatry, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK.

Louisa Draper, Consultant Child and Adolescent Psychiatrist (Paediatric Liaison), Clinical Health Psychology Services, Alder Hey Children's NHS Foundation Trust, Liverpool, UK.

Sarah Eales, Lead Matron in Mental Health, University Hospital Southampton NHS Foundation Trust, Southampton, UK.

Rachel Elvins, Consultant Child and Adolescent Psychiatrist, Royal Manchester Children's Hospital, Manchester University NHS Foundation Trust, Manchester, UK; Training Programme Director, Core Psychiatry HEE(NW), Greater Manchester Mental Health Trust, Manchester, UK.

Elspeth Guthrie, Professor of Psychological Medicine, Leeds Institute of Health Sciences, School of Medicine, University of Leeds, Leeds, UK.

Mathew Harrison, Medical Psychotherapist and Consultant Liaison Psychiatrist, Lead Clinician for the Liaison Psychiatry Outpatients Service, Leeds and

vii



viii

List of Contributors

York Partnership NHS Foundation Trust, Leeds, UK.

Constanze Hausteiner-Wiehle, Professor of Psychosomatic Medicine, Department of Psychosomatic Medicine and Psychotherapy, Technical University of Munich, Munich, Germany; Psychosomatic Consultation-Liaison Service, BG Trauma Center, Murnau, Germany.

Max Henderson, Associate Professor and Consultant Liaison Psychiatrist, Leeds Institute of Health Sciences, University of Leeds, Leeds, UK.

Peter Henningsen, Professor of Psychosomatic Medicine, Department of Psychosomatic Medicine and Psychotherapy, Technical University of Munich, Munich, Germany.

Allan House, Emeritus Professor of Liaison Psychiatry, Leeds Institute of Health Sciences, School of Medicine, University of Leeds, Leeds, UK.

Sarah Jones, Consultant Perinatal Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK.

Daniel Kaitiff, Consultant Adult Psychiatrist, Pennine Care NHS Foundation Trust, Ashton-under-Lyne, UK.

Matthew Kelleher, Consultant Psychiatrist, Strategic Command, HQ Defence Medical Services, Whittington, UK; The ADHD Centre, London, UK.

Deepa Bagepalli Krishnan, Consultant Perinatal Psychiatrist, Nottinghamshire Perinatal Mental Health Service, Nottinghamshire Healthcare NHS Foundation Trust, Nottingham, UK. **William Lee**, Consultant Liaison Psychiatrist, Cornwall Partnership NHS Foundation Trust, Bodmin, UK.

James Levenson, Rhona Arenstein Professor of Psychiatry and Professor of Medicine and Surgery, Virginia Commonwealth University School of Medicine, Richmond, VA, USA.

Sridevi Sira Mahalingappa, Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust, London, UK; Honorary (Consultant) Assistant Professor, University of Nottingham, Nottingham, UK.

Samira Malik, Specialist Trainee in General Adult Psychiatry, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK.

Marc Mandell, Consultant Older Adult Psychiatrist (retired); Member of the Executive Committee of the Faculty of Liaison Psychiatry, Royal College of Psychiatrists, London, UK.

Ruth Marshall, Consultant Child and Adolescent Psychiatrist, Galaxy House, Royal Manchester Children's Hospital, Manchester University NHS Foundation Trust, Manchester, UK.

Aaron McMeekin, Consultant Perinatal Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK; Honorary Senior Clinical Teacher, Academic Unit of Medical Education, Western Bank, University of Sheffield, Sheffield, UK.

Ipshita Mukherjee, Consultant Perinatal Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK.



List of Contributors

ix

Laura Murphy, Consultant Perinatal Psychiatrist, Greater Manchester Mental Health NHS Foundation Trust, Manchester, UK.

Annabel Price, Consultant in Liaison Psychiatry for Older Adults, Addenbrooke's Hospital, Cambridge, UK; Associate Specialist Director for Palliative Care, Cambridge Institute of Public Health, Cambridge, UK; Chair, Faculty of Liaison Psychiatry, Royal College of Psychiatrists, London, UK.

Chris Schofield, Consultant Liaison Psychiatrist, Nottinghamshire Healthcare NHS Foundation Trust, Nottingham, UK.

Kathleen Sheehan, Clinician Investigator, Centre for Mental Health, University Health Network, Toronto, Canada; Assistant Professor, Department of Psychiatry, University of Toronto, Toronto, Canada.

Ashokkumar Shishodia, Consultant Psychiatrist Department of Psychiatry Abu Dhabi, UAE. Ankush Singhal, Consultant Liaison Psychiatrist, Oldham Psychological Medicine Service and Mental Health Liaison Team, Pennine Care NHS Foundation Trust, Ashton-under-Lyne, UK.

Wolfgang Söllner, Professor Emeritus of Psychosomatic Medicine and Psychotherapy, Paracelsus Medical University, Nuremberg, Germany.

Faye Stanage, Consultant Liaison Psychiatrist, St George's Hospital, South West London and St George's NHS Trust, London, UK.

Rachel Thomasson, Consultant Neuropsychiatrist, Department of Neurology, Manchester Centre for Clinical Neurosciences, Manchester, UK.

Alex Thomson, Consultant Liaison Psychiatrist, Northwick Park Hospital, Central and North West London NHS Foundation Trust, London, UK.