

Index

AACAP Guidelines for Use of ECT with Adolescents, 67, abdominal aortic aneurysm, 249 Aberrant Behaviour Checklist, ablative neurosurgery, 10, 144 - 46depression, 145-46 outcome studies, 145 technical aspects, 145 accreditation. See Scottish ECT Accreditation Network (SEAN), See ECT Accreditation Service (ECTAS) acetylcholinesterase inhibitors, 225, 228 adolescence. See also paediatric ECT consent and, 70, 260 guidelines for use of ECT, 67, intellectual disability and, 55 Adults with Incapacity (Scotland) Act 2000, 260-62 advance statements, 263 adverse effects of ECT cardiovascular, 206 cognitive. See cognitive side effects of ECT memory. See memory impairment musculo-skeletal, 206 non-cognitive, 121-26 schizophrenia, 80 affective network, 14 agitation, 207 alfentanil, 204 alpha-methyl-para-tyrosine (AMPT), 18 Alzheimer's disease, 46 amino acid neurotransmitters, 14 amnesia. See memory impairment anaesthesia, 202-7 commonly used drugs, 219 dental issues, 214

induction agents. See induction agents investigations, 203 issues, 187 lead anaesthetist role in, 202 monitoring, 203 patient evaluation, 202 practice guidelines, 202 pregnancy and, 64 aneurysm, 249 anterograde amnesia, 109, 111 anticholinergics, 206, 219 anticoagulation, 248 anticonvulsants, 98, 195 interactions with ECT, 223, 2.2.7 antidepressants, 3, See also ketamine effectiveness vs. ECT, 15 epilepsy and, 99 functional imaging studies, inflammation and, 17 interactions with ECT, 221, 226 mechanism of action, 151-52 older adults, safety issues, 45 post-ECT relapse and, 27 serotonin/noradrenaline effect, 18 anti-inflammatories, 15 anti-NMDAR encephalitis, 102 antipsychotics, 75, See also clozapine interactions with ECT, 223, 2.2.6 resistance to, 68 anxiety, 155 anxiolytics, 224, 228 APR position statement, ketamine, 156 assessment autobiographical amnesia, 114 - 15before ECT, 121 capacity, 256-57 cognitive, 3, 113-15, 117, 186 atracurium, 205 audit, 6, 8, 268

autism, 53–55
autobiographical amnesia, 13,
41, 109, 112–13
assessment, 114–15
Autobiographical Memory
Interview, 115
autoimmune disorders, 102
automatic implanted
cardioverter defibrillator
(AICD), 248

benzodiazepines, 16 catatonia, 86, 90-92, 100 interactions with ECT, 228 older adults, 46 best interests, 257 beta-blockers, 206 BFCRS score, 89 bifrontal ECT, 34, 189-90 catatonia, 89 electrode placement, 78 bilateral ECT, 188 catatonia, 89 electrode placement, 78 emergency treatment, 28 mania, 34 vs. unilateral, 190 vs. unilateral in depression, 2, 15, 25 bipolar disorder, 4, 32, See also mixed affective episodes, See also mania catatonia with, 87 pregnancy and, 5 bipolar disorder depression, 4, 38 - 41cognitive side effects of ECT, efficacy of ECT, 38-40 general treatment principles, recommendations, 41 relapse rates, 41 switch to mania, treatment and, 40, 124 timing of ECT usage, 39 bite-guards, 204, 213, 215 bitemporal ECT, 34, 188 catatonia, 89



Index

275

efficacy in older adults, 44 current usage of ECT, 86 prevention, 115-16 duration of ECT treatment, electrode placement, 78 subacute and longer term, bladder effects, ketamine, 154 111 - 13efficacy and effectiveness of blood glucose levels, 187 types of, 109 bradycardia, 64, 193, 205, 247 ECT, 87-89 compulsory treatment order, electrode placement, 89, 92 259, 262-63 networks within, 13 frequency of ECT, 89 consent before ECT, 121 tumours, 249 history of, 86 brain derived neurotrophic intellectual disability and, dental risks and, 212-13 factor (BDNF), 14-15 53-55 informal patients, 260 brain imaging, 13-16, See also NICE guidelines, 5, 86 informed, 2, 260 NMS and, 101 intellectual disability and, 58 magnetic resonance paediatric ECT, 69 imaging (MRI) paediatric ECT, 70, 260 functional, 16 recommendations for ECT, 92 rTMS, 6 structural, 15-16 types of, 53 seeking, 254-56 breastfeeding, 65 written, 255 Catatonia Rating Scales, 53 brief pulse (BP) ECT, 26, 191 cellular pathology, 14 continuation ECT, 27, 197 bupropion, 18, 226 cerebral aneurysm, 249 catatonia, 91 cerebral tumours, 249 schizophrenia, 79-81 caffeine, 194 cerebrovascular disease, 249 cortex, 13 challenging behaviour, 55-56 camphor, 74 cortical connectivity, 16 capacity, 254 checklist for ECT treatment, Court of Protection, 257, 259 assessing, 256-57 178, 187 C-Reactive Protein (CRP), 15 definition, 256 chemically induced seizures, 74 cuff technique, 234, 236, 251 paediatric ECT, 70 childhood. See also paediatric schizophrenia patients, 80 deep brain stimulation (DBS), capacity legislation, 257-65 intellectual disability and, 55 10, 140, 143-44 default mode network, 13, 16 England and Wales, 257-60 chlorpromazine, 75, 77 Northern Ireland, 264-65 mania treatment, 32-33 delirium, 102-3, 111 delta activity, 239 Republic of Ireland, 265-66 cholinesterase inhibitors, 46 Scotland, 260-64 cingulotomy, 10, 145 delusions, 27 capnography, 183 Clinical Global Impression dementia, 102-3 behavioural disturbance capsulotomy, 10, 145 (CGI) scores, 102 with, 102 carbamazepine, 227 clinical governance, 6, 181 cardiac arrhythmia, 64, 206 clozapine, 68 depression with, 103 cardiac failure, 249 adverse effects, 80 ECT challenges, 46 catatonia, 101 cardiac pacemakers, 248 psychosis with, 103 dental issues, 211-16 cardiovascular disease, 45-46, ECT augmentation, 77 123-24, 218, 248-49 psychosis in Parkinson's bite-guards, 204, 213, 215 cardiovascular response, 236 disease, 97 bridges, 214 cardiovascular side effects, 154, treatment resistance to, 81 crowns, 214 206 cochlear implants, 250 dentures, 216 for anaesthetists, 214 carers coercion, 255, 268 education/information cognitive assessment, 113-15, implants, 215 provision, 173-74 117, 186 intraosseous dental supports, experience of ECT, 270 in depression, 3 information for, 58 cognitive control network, 14 risk management strategy, cognitive impairment, 2 212 - 14support from nurses, 176 views on paediatric ECT, 71 dementia with ECT, 103 veneers, 214 catatonia, 85-93, 100-1 depression, 24-29, See also ketamine, 153 classification and diagnosis, cognitive side effects of ECT, bipolar disorder 85-86 109-17, 207 depression, See also co-administration of bilateral vs. unilateral, 25 antidepressants benzodiazepines, 90-91 bipolar disorder depression, ablative neurosurgery, 145-46 continuation/maintenance bipolar disorder, 4, 38-41 treatment, 91 immediate, 110-11 capacity and, 256



276

Index

depression (cont.) DBS, 144 dementia, 103 different populations, 28 efficacy of ECT treatment, emergency treatment with ECT, 28 epilepsy and, 99 ketamine treatment, 7-8 memory impairment and, 114 NICE guidelines on ECT usage, 2-3 NMD treatment, 9 older adults, 44 Parkinson's disease and, 97 pathophysiology of, 13-15 predictors of response to ECT, 27 pregnancy, 5, 63-64 RCP position statement, 3 relapse, post-ECT, 27-28 rTMS, 6, 130 single neurotransmitter theories of, 13 tDCS treatment, 8-9 treatment-resistant, 28, 131, types that respond to ECT, 27 unilateral vs. bilateral ECT, 2, 15, 25 VNS, 143 vs. schizophrenia ECT usage, detained patients, 70, 261, 264 - 65diabetes, 250 diazepam, 194 disorientation, 110 dopamine antagonists, 99 dose of electrical stimulus, 25 Down syndrome, 57 drug abuse/dependence, 153 drug interactions with ECT, 218 - 29by drug class, 221 types of evidence used, 220 eating disorders, 155 ECT Accreditation Service (ECTAS), 67, 75, 161-63, 171, 202, 268 Standards, 161, 168, 178 ECT clinics

managing, 179-80 nurse-administered ECT, service delivery, 168-69 service standards, 171 ECT treatment suite, 183-85 capacity assessment, 256 equipment, 183-84 nursing care in the, 177-78 rationalisation and closure, 184 - 85treatment room, 183 waiting area, 183 EEG monitoring, 237-45 artefacts, 244 electrode placement, 237 establishing a baseline EEG, ictal and postictal phases, 239 - 44electrical current, dosage of, 15 electrically induced seizures, 75 electrocardiography (ECG), 203, 244 electrode artefact, 244 electrode placement, 188-90, 237 bilateral vs. unilateral, 78 catatonia, 89, 92 mania, 34 electrodecremental phase, 239 electromyography (EMG), 235 emergency treatment, 28, 259 encephalitis, 102, 249 epilepsy, 74-75, 98-99, 141 esketamine, 150-51 esmolol, 206 ethics, 9, 57 etomidate, 195, 205 falls, 125 families. See carers fentanyl, 204 first-line treatment depression with ECT, 29 ECT as, 3 flumazenil, 90 flupentixol, 79 frequency of ECT, 26, 69, 78, 89, 92, 186 functional MRI (fMRI), 13, 16, gamma-aminobutyric acid

(GABA), 14, 16–17, 85

glaucoma, 206, 251

grimacing, 193, 211 Hamilton cuff technique, 234, 236, 251 Hamilton Depression Rating Scale (HDRS), 24, 196 herpes simplex virus, 102 hippocampus, 15-16, 19 Huntington's disease, 100 hypertension, 248 hyperventilation, 46, 194, 204 hypnotics, 224, 228 ictal EEG phases, 239-44 impaired executive function, 109, 112 impedance, measuring, 191 implanted pulse generator (IPG), 140-41 incident mania, 34 induction agents, 90, 204, 219 inflammation, 15 ECT and, 17 informal patients, 254-56, 260 information different formats, 173 different sources of, 255 for carers, 58 nurses as a resource for, 173 sharing with the patient, 254-55 informed consent, 2, 260 intellectual disability, 50-59 autism and catatonia, 53-55 case series/reports, 51, 53, 55-56 challenging behaviour and, 55-56 diagnostic issues, 50 mood disorders and, 51-53 observations on the use of ECT, 56-57 prevalence of psychiatric disorders, 51 recommendations, 58 self-injurious behaviour, 68 syndromes associated with, 56 interleukin-6 (IL-6), 15, 17 intracranial foreign objects, 250 Irish Mental Health Act 2001, 265

glutamate, 14, 16-17, 85, 151

glycopyrrolate, 206

inspection, 161-62

ketamine, 7-8, 17, 149-57, 205

clinical effects, 149-50



Index

277

clinics and guidance, 155 ECT and, 152 formulations and licensing, 154-55 glutamate and, 14 registries and monitoring, 156 side effects, 7, 152-54 Lasting Power of Attorney, 257 - 58lead consultant, 168-69, 185 lesion neurosurgery. See ablative neurosurgery Lewy Body Dementia, 46 lipopolysaccharide (LPS), 17 lithium, 3 cognitive side effects, 110 interactions with ECT, 223, vs. ECT in mania treatment, 32 - 33lorazepam, 53, 55, 86, 91 MADRS (Montgomery-Asberg Depression Rating Scale), magnetic resonance imaging (MRI), 13-14, 16, 130 maintenance ECT, 28, 197 catatonia, 91 schizophrenia, 80 malignant catatonia, 86, 88-89, 92, 101 malignant hyperthermia, 204 mania, 4 ECT and concomitant medication, 34 efficacy of ECT treatment, 32 - 33electrode placement and stimulation parameters, 34 incident to ECT treatment, 34 recommendations for ECT, side effect of ECT, 124 switch to bipolar depression, treatment and, 40 mechanism of action of ECT, 13 - 19memory impairment adolescents, 69 anterograde amnesia, 109, 111 autobiographical, 13, 41, 109, 112 - 15patients' experience of, 268

Mental Capacity Act (Northern Ireland) 2016, 70, 264 Mental Capacity Act 2005, 58, 257 - 65Mental Health (Care and Treatment) (Scotland) Act 2003, 260, 262 Mental Health (Northern Ireland) Order (1986), 264 Mental Health Act 1983, 258-59 mental capacity, 80 paediatric ECT, 70 methohexital, 195, 205 mirtazapine, 24, 194, 226 mivacurium, 205 mixed affective episodes ECT and concomitant medication, 34 efficacy of ECT, 33 recommendations for ECT, 35 monitoring anaesthesia, 203 ECT, 186 EEG, 237-45 ketamine, 156 post-ECT, 195-97 seizures, 234-45 monoamine oxidase inhibitors (MAOIs), 222, 226 monoamines, 18-19 Montgomery-Åsberg Depression Rating Scale (MADRS), 38 mood disorders, 68 intellectual disability, 51-53 Mood, Interest and Pleasure Questionnaire (MIPQ), 50 mortality rate, 121-23 movement artefact, 244 movement disorder, 96-97, 103 multiple sclerosis, 101 muscle artefact, 244 muscle relaxants, 192, 204, 234 musculo-skeletal side effects, 206 myocardial infarction, 248 neuroleptic malignant syndrome (NMS), 69, 86, neuromodulation, 140 neuropsychiatric disorders, 96-104 neurosurgery for mental disorder (NMD), 9-11,

140 - 46

neurotransmitters, 14 neurotrophic hypothesis, depression, 14 NICE guidelines antenatal and postnatal mental health, 5 bipolar disorder, 4 challenging behaviour and learning disability, 56 cognitive assessment, 186 ECT, 161 ECT in catatonia, 5, 86 ECT in depression, 2-3 ECT in pregnancy, 63 ECT in schizophrenia, 75 rTMS, 6, 130, 135 schizophrenia, 4 tDCS for depression, 8 VNS, 11, 143 NICE Technology Appraisal 2003, 4, 267 NMD (neurosurgery for mental disorder), 9-11, 140-46 N-methyl-D-aspartate (NMDA) receptor, 14, 151 NMS (neuroleptic malignant syndrome), 69, 86, 101 non-cognitive side effects of ECT, 121-26 assessment before, 121 cardio-pulmonary, 123-24 mania, 124 mortality rate, 121-23 prevalence of, 125 prolonged seizures, 124 suicide, 124 non-memory cognitive side effects, 111-12 noradrenaline, 18 nortriptyline, 24 number of ECT treatments, 26, 196-97 nursing, 173-81 administered ECT, 180 clinical governance, 181 ECT lead nurse, 163 ECT nurse specialist, 179-80 ECT treatment suite, 177-78, education/information role, 173 - 74inpatients and day patients, 173-74 preparing patient for ECT, 177 recovery care, 178



278

Index

nursing (cont.) selection for rTMS, 131-32 relapse supportive role, 176 support from nurses, 176 bipolar disorder depression, theatre environment, 179 views on paediatric ECT, post-ECT, 27-28, 197 training and development, pentylenetetrazol, 74 remifentanil, 204, 219 pharmacotherapy. See also remission rates, 27, 196 obsessions, 98 individual drug groups, See repetitive TMS (rTMS), 6, 129obsessive-compulsive disorder also drug interactions with (OCD) **ECT** administration, 132-33, 135 DBS treatment, 143 anaesthetics commonly used, administration, training for, ketamine, 155 219 134 - 36contraindications, 131 NMD treatment, 9 relapse post-ECT and, 27 oesophageal reflux, 250 vs. ECT in bipolar efficacy in depression, 130 older adults, 44-47 depression, 38-39 guidance and approvals, 130 efficacy of ECT, 44-45 vs. ECT treatment, 33 patient selection, 131-32 practical considerations, 46 physiological effects of ECT, patients' experience of, 134 recommendations for ECT, safety, 133 polyspike activity, 239 vs. ECT, 132 rTMS in, 134 Positive Behaviour Support, vs. ECT in depression, 25 safety issues, 45-46 resting motor threshold optical motor sensor (OMS), positron emission tomography (RMT), 133 236 (PET), 15 resting state fMRI, 13 organic catatonia, 100 post-ictal delirium, 102, 111 resting state network osteoporosis, 251 post-ictal suppression, 243 connectivity, 16 postnatal period, 63 retrograde amnesia. See paediatric ECT, 67-71 ECT in the, 64-65 autobiographical amnesia key points, 65 catatonia, 69 risk-benefit analysis, 251 consent, capacity and legal post-traumatic stress disorder risperidone, 87 considerations, 70-71, 260 (PTSD), 155 rocuronium, 206 epidemiology, 67 predictors of response to ECT, indications for use, 67-68 safety mood disorders, 68 prefrontal cortex, 14 guidance pre-surgery, 178 NMS, 69 pregnancy, 63-64 older adults and, 45-46 patients, carers and clinicians ECT during, 5, 63-64 rTMS, 133, 136 views, 71 key points, 65 schizophrenia, 74–82 prognosis, 70 rTMS in, 134 adverse effects and risks of psychotic disorders, 68 prescribing ECT, 186 ECT, 80 continuation ECT, 79-81 side effects, 69-70 propofol, 69, 90, 205, 207 Parkinson's disease, 18, 96-98, puerperal psychosis, 64 current ECT usage, 75 143, 249 pulmonary disease, 123-24, 248 duration of acute treatment, patients pulse width, 26, 191 78 - 79anaesthetic evaluation, 202 ECT recommendations, 81 detained, 70, 261, 264-65 quinolinic acid, 17 efficacy and effectiveness of experience of rTMS, 134 ECT, 75-77 incapable of informed RCP Best Practice Guide to electrode placement, 78 consent, 260 ECT Training, 168-70 frequency of treatment, 78 informal, 254-56, 260 RCP Diagnostic Criteria for history of treatment, 74-75 information/education Psychiatric Disorders for intellectual disability and, provision, 173-74 Use with Adults with inpatient and day patient Learning Disabilities, 50 legal considerations of ECT, care, 174-76 RCP position statement 80 maintenance ECT, 80 patient-centred services, 165 ECT in depression, 3, 29 perspectives of ECT, 267-70 NICE guidelines, 4 ketamine, 7, 156

NMD, 9, 144-45

tDCS treatment, 9

recruiting rhythm, 239

preparation for ECT, 177 recovery care and discharge,

178

speed of response to ECT,

treatment-resistant, 4, 76, 81



Index

279

Scottish ECT Accreditation Network (SEAN), 161, 164-67, 170-71 patient-centred, 165 Standards, 165 second opinion doctors, 70, 80, 258 second-line treatment depression with ECT, 29 ECT as, 3 seizure monitoring, 234-45, See also EEG monitoring adequacy of seizure, 245-46 cardiovascular response, 236 - 46motor activity, 234-36 seizure threshold, 190 definition, 192 establishing, 192-94 measurement, 192 too high, 194 seizures, 98, See also epilepsy adequacy of, 195 adolescents, 69 chemically induced, 74 ECT effectiveness and, 15, 191-92 ECT in depression, 16 electrically induced, 75 older adults, 45-46 prolonged, 124, 195 termination, 241 too short, 195 selective serotonin reuptake inhibitors (SSRIs), 221, self-injurious behaviour, 55, 68, serotonin (5-HT), 18 serotonin and noradrenergic reuptake inhibitors (SNRIs), 221, 226 service delivery, 168-69 service standards, 171 Service User Research Enterprise (SURE), 267 - 68

sevoflurane, 204 short-term detention certificate (STDC), 262-63 sine wave ECT, 26 smoking, 45 staffing, 185-86, See also nursing, See also lead consultant standardised Mini Mental State Exam (sMMSE), 113 status epilepticus, 99 stigma, ECT, 173 stimulation parameters, 34 stimulus dosing, 191-95 protocol, 193 stimulus titration, 192 stroke, 100, 249 Subjective Memory Assessment, 113 subjective memory difficulty, 109, 113 suicide, 124 ECT efficacy, 27 ketamine effect on, 150 schizophrenia, 81 sulpiride, 77 suxamethonium, 204, 206 systemic lupus erythematosus (SLE), 100 tardive dyskinesia, 103, 250 theophylline, 194, 229 theta activity, 239 thiopental, 205 tonic-clonic seizure, 191 training course, rTMS, 134-35 administration, 135 efficacy and safety, 136 setting up the machine, 135 training, nursing, 180 training, psychiatrists, 168-71 service delivery, 168-69

service standards, 171

transcranial direct current

stimulation (tDCS), 8-9

supervision, 170

transcranial magnetic stimulation (TMS). See repetitive TMS (rTMS) traumatic brain injury (TBI), 104 trazodone, 226 treatment-resistant depression, 28, 131 ketamine effect on, 149 treatment-resistant schizophrenia, 76, 81 augmentation strategy, 4 tricyclic antidepressants (TCAs), 221, 226 tryptophan depletion, 18 UK, ECT usage, 1 ultrabrief pulse (UBP) ECT, 26, unilateral ECT, 190 catatonia, 92 cognitive side effects, 115 depression, 29 electrode placement, 78 mania, 34 right vs. left, 190 vs. bilateral, 190 vs. bilateral in depression, 3, 15, 25 vagus nerve stimulation (VNS), 11, 140-43 depression, 143 outcome studies, 142-43 technical aspects, 141-42 valproate, 17, 35 valvular heart disease, 249 venlafaxine, 24, 44, 194, 226 warfarin, 248 WHO checklist for ECT

treatment, 178, 187 written consent, 255

xanthines, 194

Young Mania Rating Scale (YMRS) scores, 34