

## Primary Care Mental Health

Second edition





# Primary Care Mental Health

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#### **Contents**

List of Contributors vii Preface xi

## Section 1 — Conceptual Basis and Overarching Themes

What Is Primary Care Mental
 Health? 1
 Linda Gask, Tony Kendrick, Robert
 Peveler and Carolyn A. Chew-Graham

- The Epidemiology of Mental Illness 12Laura Thomas and Glyn Lewis
- A Sociological View of Mental Health and Illness 24
   Anne Rogers and David Pilgrim
- The Patient and Service User
   Perspective 39
   Sue Collinson and Linda Gask
- 5 Primary Mental Health Care in Lowand Middle-Income Countries 54 Mohan Isaac, Oye Gureje and Athula Sumathipala
- Diagnosis and Classification of Mental Illness: A View from Primary Care 70
   Linda Gask, Christopher Dowrick, Michael Klinkman and Oye Gureje

#### Section 2 — Clinical Issues

7 **Depression** 87
 Tony Kendrick, Jane Gunn and Andre Tylee

- Suicide Prevention: Identification,
   Intervention and Mitigation of
   Risk 103
   Alys Cole-King and Siobhan O'Neill
- 9 **Anxiety** 125 Bruce Arroll and Tony Kendrick
- Medically Unexplained
   Symptoms 138
   Christopher Dowrick and Marianne
   Rosendal
- Mental Health Problems in OlderPeople 153Eugene Tang, Carolyn A. Chew-Graham and Louise Robinson
- Mental Health and Long-Term Physical Conditions 175
   Peter A. Coventry and Stewart W. Mercer
- 13 Perinatal Mental Health 185Debbie Sharp
- 14 Common Child and Adolescent Mental Health Problems 200
   Roz Shafran, Anna Coughtrey and Isobel Heyman
- 15 **Psychosis** 213Helen Lester and Irwin Nazareth
- 16 **Emergencies in Primary Care** 226 Tony Kendrick and Helen Lester

V



vi Contents

- 17 **Drug Use Disorders** 236 Martyn Hull and Ed Day
- 18 Management of AlcoholProblems 251Fiona Hamilton and Helen Lester
- 19 Eating Disorders 267Katie Lang and Ulrike Schmidt
- 20 Physical Health of People with Mental Illness 277 Richard Holt, David Shiers and Robert Peyeler
- 21 **Ethnic Minorities** 300 Waquas Waheed and Carolyn A. Chew-Graham
- Asylum Seekers and Refugees 311Angela Burnett
- 23 **Sexual Problems 327** Michael King
- Mental Health in Offenders and
   Prison Populations 343
   Richard Byng and Andrew Forrester

#### Section 3 — Policy and Practice

- 25 **Public Mental Health** 353 Jonathan Campion
- The Role of the Primary CareTeam 373Mark Haddad
- 27 Improving Access to Care 386 Simon Gilbody, Tony Kendrick and Linda Gask

- 28 Collaborative Care and Stepped
  Care: Effective Strategies for
  Managing Common Mental
  Disorders 401
  David A Richards, Jacqueline J. Hill,
  Simon Gilbody, Peter A. Coventry and
  Linda Gask
- 29 **Psychological Therapies** 420 Frances Cole, Karina Lovell, David Ekers and Linda Gask

#### Section 4 – Reflective Practice

- 30 **Teaching and Learning about Mental Health** 439
  Linda Gask, Barry Lewis and David Goldberg
- 31 Undertaking Mental Health
  Research in Primary Care 459
  Tony Kendrick, Robert Peveler,
  Carolyn A. Chew-Graham, Linda Gask
  and Michael Moore
- 32 Individual Treatment Decisions: Guidelines and Clinical Judgement 473 Tony Kendrick
- 33 General Practitioners and Mental Health 480Henry Allberry and Clare Gerada

Index 488



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vii



viii

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ix

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#### **Preface**

We were delighted to be invited by the Royal College of Psychiatrists to produce a second edition of this book, which has proved to be an important resource for clinicians, commissioners and policy makers in the emerging field of primary care mental health. However, we were also very sad that our original collaborator, the late Professor Helen Lester, who played such a large part in the success of the first edition, is no longer with us. Helen was passionate about the importance of treating people with severe mental illness in primary care and worked phenomenally hard to further the cause of better mental and physical health care for people with long-term mental health problems. She is much missed by her friends and colleagues and we remember the enormous energy she devoted to getting this book into print. For the second edition we are very pleased to welcome onto the editorial team Professor Carolyn A. Chew-Graham, an outstanding primary care mental health researcher, clinician and professional leader. Carolyn was a contributing author to the first edition of this book. We have retained the same overall structure consisting of four main sections: conceptual basis of primary care mental health and overarching themes, clinical issues, policy and practice and, to conclude, reflective practice. Most of the chapters have been substantially revised and we have included new topics, which have grown in importance since the previous edition, such as the mental health of people with long-term conditions and the provision of primary mental health care in prisons. There are also many new authors who have been involved in either revising or completely rewriting chapters. We hope that this new edition will continue to be of help to those of us who may be perceived by our colleagues to work on the 'edge' of primary care or psychiatry, but have actually been at the epicentre of innovations that will improve the lives of the great majority of people with mental health problems, who are cared for in primary care.

Linda Gask, Tony Kendrick, Robert Peveler and Carolyn A. Chew-Graham

