

Cambridge University Press 978-1-909-72654-3 — Core Skills for the CASC James Woollard , Josie Jenkinson Index More Information

## Index

## Compiled by Linda English

AIMS (Abnormal and Involuntary Movements Scale) 32
Alzheimer's Society 63
anorexia nervosa 58–59
anti-pacing 9
anxiety
in candidate 40–42
in patient 8–9, 26, 49–50
ataxia 62
attention-deficit hyperactivity disorder (ADHD) 22
autism spectrum disorder 59–60

biopsychosocial framework 28 blood pressure machine 31 body language 5–6, 9, 10 body movements 7 breathing 7

calibration: communication skill 6 case discussion: with consultant 28 cerebellar pathology 62 child and adolescent psychiatry 22, 59-60, 63 chunking and checking: information to patients/carers 29 circular questions 26 closed/closing questions 13, 14 clozapine 28-29, 61 clustering: verbal communication technique 14-15 cognitive-analytic therapy (CAT) 23 cognitive assessment 20, 33-34, 44, 61 - 62Cognitive Assessment for Clinicians 33

cognitive-behavioural therapy (CBT) 23-24,57colleagues 39, 41-42, 43-44 communication skills 3-18, 24-26 adaptation for difficult dynamics with patients 8-9 aspects of communication 3-4 calibration 6 core 3-11 developing awareness of another person's communication style 5-8 leading 9-10 matching 7-8 non-verbal 9, 10, 16, 17, 18, 66-67 (Appendix) pacing 6-7 question types 12-14 rapport breaking 10 techniques 5 verbal 10, 12-18, 53-56, 66-67 (Appendix) vocal warm-ups 4-5 competence, unconscious 3 coping questions 25 cranial nerves 32

diagnostic criteria: ICD-10 21–23, 37, 63 diagrams 23–24, 30 drug misuse 32 drugs see medication DVLA (Driver and Vehicle Licensing Agency) 63

ECG Made Easy, The 33 electrocardiogram (ECG) interpretation 32–33, 61

69



Cambridge University Press 978-1-909-72654-3 — Core Skills for the CASC James Woollard , Josie Jenkinson Index More Information

## **INDEX**

medication 37 exam clozapine 28-29, 61 afterwards 46 day of 45-46 history 21 etiquette 45-46 Maudsley Prescribing Guidelines 64 exception-seeking questions 25 side-effects 32 Mental Health Act 1983 51 Code of Practice 64 Section 5(2) 50 facial expression 5-6 Section 136 53 family therapy 26 feedback 31, 39, 43-44, 66-68 mental imagery rehearsal 41 (Appendix) meta-anxiety 40 frontal lobe testing 20, 33 MIND 64 mindfulness 40-41 fundoscope 31 minimal cues 6 Mini Mental State Examination (MMSE) 33 group preparation 43-44 miracle question 25 mirroring 7, 66 (Appendix) mnemonic approach 27 hallucinations 13, 14–15, 53–54 mock rehearsal 41-42 hand movements 5–6, 7, 8, 62 mock stations 19, 47-62 heel-shin test 62 finding your voice 49-52 helicoptering: verbal communication structured stations 61-62 technique 16 taking control 57-60 heroin addiction 32 talking techniques 53-56 history taking 15, 20–21, 22, 27 modelling therapy 23-24 'hot cross bun' model 23 motivational interviewing 24 ICD-10 diagnostic criteria 21-23, 37, 63 neurolinguistic programming (NLP) 5 individual preparation 39-42 NICE (National Institute for Health information and Care Excellence) 64 gathering 12-18 non-verbal communication 5-6, 8 leaflets 64 skills 9, 10, 16, 17, 18, 66-67 to patients/carers 29, 30, 64 (Appendix) instructions 20 normalising experiences: verbal introducing yourself 20, 46 communication technique 17 investigations 32-33 note making 20 NOTEPAD mnemonic 27 jaw tension 5 open/opening questions 12-14 OSCEs (Observed Structured Clinical knowledge development 37-38 Examination) 30 leading: communication skill 9–10, 66 (Appendix) pacing: communication skill 6-7, 66 (Appendix) parietal lobe testing 33 McCleod's Clinical Examination 32 patients mania 10, 14, 17, 20 anxiety 8-9, 26, 49-50 matching: communication skill 7-8, 66 closed questions 14 (Appendix) communication skills and 5-10 feedback 31 Maudsley Prescribing Guidelines 64



Cambridge University Press 978-1-909-72654-3 — Core Skills for the CASC James Woollard , Josie Jenkinson Index More Information

INDEX

resources 63-64 information for 29, 30, 64 name of 20 Rethink 64 risk assessment 50, 51, 54-56 thanking 21 person-centred approach vii risk history 21 Royal College of Psychiatrists 39, 46, 64 phraseology 7–8 physical examination 30-32 predisposing/precipitating/ perpetuating factors framework 28 sadness 8 preparation planning 37-46 SBAR mnemonic 27 exam day 45-46 scaling questions 25 group 43-44 schizophrenia individual 39-42 clozapine 28-29, 61 knowledge development 37–38 treatment-resistance 28-29 problem-free talk 25-26 scripts, learning viii psychiatric disorders: knowledge self-harm 50-52 development 37 sensory modality: words 8 psychiatric history 20-21 sexually inappropriate behaviour 10, psychodynamic therapy 24 61 - 62psychological preparation 40-42 signposting: verbal communication psychosis 7 technique 15 psychotherapy 5, 16–17, 23–26, 28, 57 siren-ing: vocal warm-up 4-5 psychotropic drugs see medication social history 21 pumpkin face/raisin face: vocal Socratic questioning 24 warm-up 4 solution-focused therapy 25–26 stations closing 21 keep it going 20–21 mock 19, 47–62 questions 20, 67 (Appendix) circular question 26 paired 19 closed/closing questions 13, 14 starting well 20 clustering 14 structured 27-29, 39, 61-62, 68 coping questions 25 (Appendix) exception-seeking questions 25 stress 40-42 family therapy 26 structured presentations 27-29, 39, from patient 16, 29 61-62, 68 (Appendix) history-taking 15, 21 subspecialties 39, 43 ICD-10 criteria 22 summarising: verbal communication miracle question 25 technique 15-16, 21, 22 moving up/down question tree 13-14 open/opening questions 12–14 question words 14 taking control 19-26, 57-60 scaling questions 25 temporal lobe testing 33 types 12-14 therapy modelling 23–24 'third umpire' viii, 4 thought disorder 14 time management 19-26, 68 (Appendix) rapport 5–10, 14, 15, 51, 52 travel arrangements 45 recordings 6, 14, 31, 39 treatment-resistant schizophrenia: re-feeding syndrome 37 clozapine 28-29 reflecting: verbal communication tremor, intention 62 technique 16–17 rehearsal mental imagery 41 mock 41-42 using and bouncing: verbal

communication technique 17-18

relaxation techniques 50



Cambridge University Press 978-1-909-72654-3 — Core Skills for the CASC James Woollard , Josie Jenkinson Index <u>More Information</u>

## **INDEX**

verbal communication skills 10, 12–18 feedback form 66–67 (Appendix) question types 12–14 techniques 14–18, 53–56 videoing 31, 39, 43 visualisation: mental rehearsal 41 voice 14, 66 (Appendix) consultation voice 4 mock session 1 49–52

vocal matching 8 vocal warm-ups 4–5 see also hallucinations vowel punching: vocal warm-up 4

wakening, early morning 22 words 7–8, 13