Contents

List of contributors vii
Foreword ix
Preface xi

Part 1: Disorders of intellectual development: concept and epidemiology
1 Disorders of intellectual development: historical, conceptual, epidemiological and nosological overview 3
   Anthony Holland
2 Behavioural phenotypes 22
   Jeremy Turk

Part 2: Disorders of intellectual development: comorbidity and complications
3 Psychiatric illness and disorders of intellectual development: a dual diagnosis 41
   Marc Woodbury-Smith and Sheila Hollins
4 Anxiety disorders 58
   Sherva Elizabeth Cooray, Alina Bakala and Anusha Wijeratne
5 Behaviour problems 72
   Elspeth Bradley and Marika Korossy
6 Epilepsy 113
   Marc Woodbury-Smith and Howard Ring
7 The use of psychotropic medications to manage problem behaviours in adults 130
   Shoumitro Deb

Part 3: Autism spectrum disorder
8 Overview of autism spectrum disorder 147
   Stelios Georgiades, Terry Bennett and Peter Szatmari
## CONTENTS

9 Autism spectrum disorder and Asperger syndrome  
   *Tom Berney*  
   159

10 Pharmacological management of core and comorbid symptoms  
   in autism spectrum disorder  
   *Rachel Elvins and Jonathan Green*  
   178

11 Psychological treatment of autism spectrum disorder  
   *Jo-Ann Reitzel, Jane Summers and Irene Drmic*  
   201

### Part 4: Service provision

12 Improving the general health of people with disorders of  
   intellectual development  
   *Mike Kerr and Penny Blake*  
   239

13 Bridging the gap: linking primary and secondary care for people  
   with disorders of intellectual development  
   *Neill J. Simpson and Neil Arnott*  
   249

14 Ageing in people with disorders of intellectual development  
   *Gregory O’Brien and Paul White*  
   264

15 Services for children with disorders of intellectual development  
   and mental health needs  
   *Asif Zia and Anagha Sardesai*  
   277

16 Forensic psychiatry for people with disorders of intellectual development: a personal reflection  
   *Simon Martin Halstead*  
   291

Index  
   305