

International perspectives on mental health

Edited by Hamid Ghodse

RCPsych Publications

Cambridge University Press
978-1-908-02000-0 — International Perspectives on Mental Health
Edited by Hamid Ghodse
Frontmatter
[More Information](#)

© The Royal College of Psychiatrists 2011

RCPsych Publications is an imprint of the Royal College of Psychiatrists,
17 Belgrave Square, London SW1X 8PG
<http://www.rcpsych.ac.uk>

All rights reserved. No part of this book may be reprinted or reproduced or utilised in any form or by any electronic, mechanical, or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

British Library Cataloguing-in-Publication Data.
A catalogue record for this book is available from the British Library.
ISBN 978-1-908020-00-0

Distributed in North America by Publishers Storage and Shipping Company.

The views presented in this book do not necessarily reflect those of the Royal College of Psychiatrists, and the publishers are not responsible for any error of omission or fact.

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369).

Printed in the UK by Bell & Bain Limited, Glasgow.

Contents

List of contributors	vi
Preface	xvii
Africa	
Democratic Republic of Congo	3
Egypt	8
Ethiopia	12
Ghana	17
Kenya	21
Malawi	26
Mauritius	31
Republic of Niger	37
Nigeria	41
Uganda	46
Zambia	52
Zimbabwe	56
Asia	
Afghanistan	63
Armenia	68
Azerbaijan	73
Bahrain	78
Bangladesh	83
Brunei Darussalam	88
Cambodia	92
Hong Kong	96
India	101
Iran	106
Iraq	111

 INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

Israel	117
Japan	125
Jordan	130
Kuwait	135
Laos	140
Lebanon	144
Malaysia	149
Mongolia	154
Nepal	161
Sultanate of Oman	167
Pakistan	173
The Philippines	178
Qatar	184
Singapore	188
South Korea	192
Sri Lanka	197
Syrian Arab Republic	202
Tajikistan	207
Thailand	213
Timor-Leste	219
Turkey	224
United Arab Emirates	231
Yemen	236
Australasia	
Australia	245
New Zealand	251
Papua New Guinea	257
Europe	
Albania	265
Austria	269
Republic of Belarus	273
Belgium	278
Bosnia and Herzegovina	283
Croatia	288
Czech Republic	294
Estonia	299
Finland	304
France	308
Germany	313

CONTENTS

Greece	319
Hungary	326
Ireland	332
Italy	337
Lithuania	343
Malta	348
The Netherlands	353
Norway	358
Poland	363
Portugal	369
Romania	374
Russian Federation	381
Serbia	386
Slovak Republic	391
Slovenia	396
Spain	400
Sweden	405
Switzerland	412
Ukraine	418
United Kingdom	423
North America	
Bermuda	431
Canada	434
Jamaica	441
Mexico	446
United States of America	451
South America	
Brazil	459
Chile	463
Ecuador	466
Peru	471
Trinidad and Tobago	476
Venezuela	481
Index	487

Contributors

- Samir Al-Adawi** Lecturer, Department of Behavioural Medicine, College of Medicine and Health Sciences, Sultan Qaboos University, Muscat, Oman, email adawi@squ.edu.om
- Tsuyoshi Akiyama** Director of the Department of Psychiatry, Kanto Medical Center, Clinical Professor of Psychiatry, Tokyo University, Japan, email akiyama@sa2.so-net.ne.jp; and member of the International Committee, Japanese Society of Psychiatry and Neurology
- Atalay Alem** Assistant Professor of Psychiatry, Addis Ababa University, Ethiopia, email atalayalem@yahoo.com
- Akleema Ali** PhD Student, Faculty of Social Sciences, Department of Behavioural Sciences, University of the West Indies, St Augustine, Trinidad, West Indies
- Mazen Alkhalil MD** General Adult Psychiatrist, Al-Basheer Hospital, Harasta, Damascus, Syria, email mazenalkhalil@yahoo.com
- Dimitris Anagnostopoulos MD** Assistant Professor of Child and Adolescent Psychiatry, First Psychiatric Department of Athens University, Athens, Greece
- Daniel Okitundu Luwa E. Andjafono** Psychiatry Department, School of Medicine, University of Kinshasa, Democratic Republic of Congo
- F. Antun MD PhD FRCP FRCPsych DPM** Professor of Psychiatry, Adviser and WHO National Focal Point for Mental Health, Ministry of Health, Beirut, Lebanon, email antun@cyberia.net.lb
- J. B. Asare MD FRCPsych FWACP FGCP&S** Retired Chief Psychiatrist, Ghana, email jbasarek@yahoo.co.uk
- Iyas Assalman MD** FTSTA3 in Psychiatry, West Midlands Deanery, UK, email iyasassalman@hotmail.com
- Sherif Atallah** Consultant Psychiatrist and Medical Director, Behman Hospital, Cairo, Egypt
- Esmina Avdibegovic** Department of Psychiatry, University of Tuzla, Bosnia and Herzegovina
- Sayed Azimi** Mental Health Adviser, World Health Organization, Kabul, Afghanistan

CONTRIBUTORS

- Charles Baddoura** Professor of Psychiatry, Saint Joseph University, Beirut, Hospital of the Cross, Lebanon
- Benjamin J. Baig** Clinical Lecturer in Psychiatry, Division of Psychiatry, University of Edinburgh, Royal Edinburgh Hospital, Edinburgh EH10 5HF, UK, email bbaig@staffmail.ed.ac.uk
- Vicky Banks** MB BS MRCPsych FRCPsych Consultant in Older Persons' Mental Health and Deputy Medical Director, Hampshire Partnership Foundation Trust, and Associate Dean, Royal College of Psychiatrists, email Vicky.Banks@hantspt-sw.nhs.uk
- Mariano Bassi** Direttore Dipartimento Salute Mentale, Azienda USL Città di Bologna, Italy; Vice President of the Italian Society of Psychiatry (Società Italiana di Psichiatria – SIP)
- Julian Beezhold** Consultant Psychiatrist, Norfolk and Waveney Mental Health Foundation Trust, UK
- Edgard Belfort** Professor of Psychiatry, Venezuela Central University; Chairman, Child and Adolescent Psychiatric Service, Caracas Psychiatric Hospital; Administrative Secretary, Latin American Psychiatric Association (APAL), Av. Libertador. Edif. Majestic No. 148, Caracas 1050, Venezuela, email secretariaapal@cantv.net, belfort.ed@excite.com; Zonal Representative (Northern South America), World Psychiatric Association
- Shoshana Berenzon** Researcher, National Institute of Psychiatry 'Ramon de la Fuente Muñíz', Mexico City, Mexico
- Carol A. Bernstein** MD President, American Psychiatric Association, Associate Professor of Psychiatry, New York University School of Medicine, USA, email carol.bernstein@nyumc.org
- Alexey Bobrov** Deputy Director for Education, Moscow Research Institute of Psychiatry, Moscow, Russia
- Jacek Bomba** Chair of Psychiatry, Jagiellonian University Collegium Medicum, Kopernika 21 A, 31 501 Kraków, Poland, email jacek.bomba@uj.edu.pl
- Michel Botbol** MD Psychiatrist, World Psychiatric Association Zonal Representative for Western Europe (Zone 6); Chair of the Therapeutic Section of the Child and Adolescent College of the French Federation of Psychiatry, 116 Rue du Moulin des Pres, 75013 Paris, France, email mbotbol@wanadoo.fr
- Pauv Bunthooun** Deputy Director of the National Programme for Mental Health, Ministry of Health, Cambodia
- S. Byambasuren** MD PhD Policy and Coordination Department, Ministry of Health, Government Building 8, Olympic Street 2, Ulaanbaatar, Mongolia, email tsetsegdary@yahoo.co.uk
- Elisaldo A. Carlini** Professor Titular do Departamento de Psicobiologia da Universidade Federal de São Paulo – UNIFESP, São Paulo, Brazil
- Ismet Cerić** Department of Psychiatry, Clinical Hospital Centre Sarajevo, Medical Faculty, University of Sarajevo, 71000 Sarajevo, Bosnia and Herzegovina

 INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

- Eric F. C. Cheung** Consultant Psychiatrist, Castle Peak Hospital, Hong Kong Special Administrative Region, China
- Dixon Chibanda** MMed Psychiatry MPH Consultant Psychiatrist, Harare Hospital, Zimbabwe
- Siow-Ann Chong** Senior Consultant Psychiatrist, Vice Chairman, Medical Board (Research) of the Institute of Mental Health, Buangkok Green Medical Park, 10 Buangkok View, Singapore 539747, email siow_ann_chong@imh.com.sg
- Chantharavady Choulamany** Psychiatrist, Mental Health Unit, Mahosot Hospital, Vientiane, Lao PDR, email chantharavady_c@hotmail.com
- George Christodoulou** MD FRCPsych Emeritus Professor of Psychiatry, Honorary President, Hellenic Psychiatric Association, Greece, email gchristodoulou@ath.forthnet.gr
- Nikos Christodoulou** MBBS MSc MRCPsych University College London Hospital, London, UK
- Deborah C. Cohen** MBA Senior Writer, American Psychiatric Association, USA
- Bulent Coskun** Professor of Psychiatry, Kocaeli University Medical School; Director of Community Mental Health, Research and Training Centre, Kocaeli University, Kocaeli, Turkey, email bcoskun@isbank.net.tr
- Ken Courtenay** Consultant Psychiatrist, Barnet, Enfield and Haringey Mental Health NHS Trust, Unit 5, St George's Estate, London N22 5QL, UK, email Ken.Courtenay@beh-mht.nhs.uk
- Marcelo E. Cruz** MD Global Network for Research in Mental and Neurological Health, USA; Panandean Corporation for Research and Development, Ecuador, and Ecuadorean Academy of Neurosciences
- Martin Curtice** MB ChB MRCPsych LLM Consultant in Old Age Psychiatry, Queen Elizabeth Psychiatric Hospital, Edgbaston, Birmingham B15 2QZ, UK, email Martin.Curtice@bsmht.nhs.uk
- Ramy Daoud** Resident in Psychiatry, Behman Hospital, Cairo, Egypt
- Harutyun Davtyan** Head of the Men's Department, Avan Mental Hospital, Yerevan, Armenia
- Veronique Delvenne** Vice-Présidente, Société Belge Francophone de Psychiatrie et des Disciplines Associées de l'Enfance et de l'Adolescence, Professor of Child and Adolescent Psychiatry, Free University of Brussels, Espace Thérapeutique Enfants-Adolescents-Parents, 24 Rue Ketels, 1020 Brussels, Belgium, email v.delvenne@skynet.be
- M. Parameshvara Deva** FRCPsych Honorary Professor of Psychiatry, UPNG; Head of Department of Psychiatry, SSB Hospital, Kuala Belait, Brunei, email devaparameshvara@yahoo.com
- R. J. A. ten Doesschate** Psychiatrist, Adhesie, Deventer, The Netherlands, email r.tendoesschate@adhesie.nl
- Jozef Dragašek** MD PhD 1st Department of Psychiatry, Faculty of Medicine, University of P. J. Safarik, Košice, Slovak Republic, email jozef.dragasek@upjs.sk

- Valsamma Eapen** PhD FRCPsych Chair of Child Psychiatry, University of New South Wales, Sydney, Australia, email valsa_eapen@hotmail.com
- Julian Eaton** Mental Health Adviser, CBM International, PO Box 8451, Wuse, Abuja, Nigeria, email julian_eaton@cbm-westafrica.org
- Roman Evsegneev** Head, Department of Psychiatry, Belarusian Medical Academy for Postgraduate Training, Minsk, Belarus
- Hafizullah Faiz** Project Coordinator Mental Health, HealthNet TPO, Jalalabad, Afghanistan
- Marcos Pacheco de Toledo Ferraz** Professor Titular do Departamento de Psiquiatria da Universidade Federal de São Paulo – UNIFESP, São Paulo, Brazil
- Angelo Fioritti** Direttore Programma Salute Mentale e Dipendenze Patologiche, Azienda USL Rimini, via Coriano 38, 47900 Rimini, Italy, email afioritti@auslrn.net; Elected President of the Italian Society for Addiction Psychiatry (Società Italiana Psichiatria delle Dipendenze – SIPD)
- W. Wolfgang Fleischhacker** Department of Biological Psychiatry, Medical University Innsbruck, Austria, email wolfgang.fleischhacker@uibk.ac.at
- Elisabete Fradique MD** Psychiatrist, Portugal, email elisabete.fradique@gmail.com
- Wolfgang Gaebel** Department of Psychiatry and Psychotherapy, Heinrich-Heine-Universität, Rhineland State Clinics, Bergische Landstrasse 2, D-40629, Düsseldorf, Germany, email wolfgang.gaebel@uni-duesseldorf.de
- Saveta Draganic Gajic** School of Medicine, University of Belgrade, Institute of Mental Health, Belgrade, Serbia
- Susanna Galea** Clinical Lecturer and Specialist Registrar in Addictive Behaviour, Department of Mental Health, St George's Hospital Medical School, London, UK, email sgalea@sghms.ac.uk; Member of the Royal College of Psychiatrists; Member of the Association of Maltese Specialists in Psychiatry
- Khachatur Gasparyan** Yerevan State Medical University, Yerevan, Armenia
- Dan Georgescu** Department of Old Age Psychiatry, Königsfelden Hospital, Brugg, Switzerland, email dan.georgescu@pdag.ch
- Suhaila Ghuloum** Consultant Psychiatrist, Psychiatry Department, Hamad Medical Corporation, PO Box 3050, Doha, Qatar, email sghuloum@hmc.org.qa
- Ayana Gibbs** Wellcome Clinical Research Fellow, Section of Cognitive Neuropsychiatry, Division of Psychological Medicine, Institute of Psychiatry, King's College London, UK
- Giovanni de Girolamo** Dipartimento Salute Mentale, Azienda USL Città di Bologna; formerly responsible for the National Mental Health Project, National Institute of Health (Progetto Nazionale Salute Mentale, Istituto Superiore di Sanità), Rome, Italy
- Semyon Gluzman** Executive Secretary, Ukrainian Psychiatric Association, Kiev, Ukraine, email upa2@i.com.ua

 INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

- Natallia Golubeva** Forensic Psychiatrist, Department of Forensic Psychiatry, State Medical Forensic Service, Minsk, Belarus, email doctor_golubeva@mail.ru
- Javier González** Coordinator, Latin American Fellows' Programme; Latin American Psychiatric Association (APAL), Venezuela
- Alexander Grinshpoon** Director, Mental Health Services, Ministry of Health, Jerusalem, Israel
- Nady el-Guebaly** Professor, Department of Psychiatry, University of Calgary, Canada, email nady.el-guebaly@calgaryhealthregion.ca; Past President, Canadian Psychiatric Association; President, International Society of Addiction Medicine
- Oye Gureje** Professor of Psychiatry, University of Ibadan, Nigeria, email gureje.o@skannet.com.ng
- Isaak Gurovich** Deputy Director, and Head of Department of Organisation of Mental Healthcare, Moscow Research Institute of Psychiatry, Moscow, Russia
- M. K. Al-Haddad** Professor of Psychiatry, Arabian Gulf University, Bahrain
- Arega Hakobyan** Head of the Outpatient Department, Avan Mental Hospital, Yerevan, Armenia
- Mevludin Hasanovic** Department of Psychiatry, University of Tuzla, Bosnia and Herzegovina
- Zoe Hawkins** BM BCh MA Advisor to the Ministry of Health for Mental Health, Epilepsy and Health Research, Democratic Republic of Timor-Leste, email zoe.hawkins@doctors.org.uk
- Bruce Hershfield** MD Assistant Professor, Johns Hopkins University School of Medicine, Baltimore, MA, USA
- Frederick W. Hickling** DM MRCPsych(UK) DFAPA, Professor of Psychiatry, Department of Community Health and Psychiatry, University of the West Indies, Mona, Kingston 7, Jamaica email frederick.hickling@uwimona.edu.jm
- P. P. G. Hodiament** Psychiatrist, Tilburg University, The Netherlands, email p.p.g.hodiament@uvt.nl
- Siarhei Holubeu** Forensic Psychiatrist, Department of Forensic Psychiatry, State Medical Forensic Service, Minsk, Belarus
- Se-fong Hung** Hospital Chief Executive, Kwai Chung Hospital, Hong Kong Special Administrative Region, China, email hungsf@ha.org.hk
- Mohammed A. Ibrahim** Chairman, Psychiatry Department, Hamad Medical Corporation, Doha, Qatar, email psychiatry@hmc.org.qa
- Fuad Ismayilov** Head of the 4th Department, Baku City Psychiatric Hospital No. 2, Baku, Azerbaijan, email fouad@azerin.com
- Sladjana Strkalj Ivezic** Day Hospital and Community Rehabilitation Centre, Psychiatric Hospital Vrapce, Bolnicka cesta 32, 10090 Zagreb, Croatia, email sladjana.ivezic@bolnica-vrapce
- Abdul-Monaf Al-Jadiry** Professor of Psychiatry, Baghdad Medical School, Baghdad, Iraq; currently Professor of Psychiatry, Faculty of Medicine,

CONTRIBUTORS

- The Jordanian University; c/o Kent and Medway NHS and Social Care Partnership Trust, Rochester Health Centre, Delce Road, Rochester, Kent ME1 2EL, UK
- Rachel Jenkins** MBBChir MD (Cantab) FRCPsych FFOHM FRSPH Director and Professor of Psychiatry, WHO Collaborating Center and Section for Mental Health Policy, Institute of Psychiatry, London, UK
- Arun Jha** MPhil MRCPsych Consultant Psychiatrist and Chairman, Psychiatry Section, Nepalese Doctors' Association; Logandene, Ashley Close, Hemel Hempstead, Hertfordshire HP3 8BL, UK, email arun.jha@HPT.nhs.uk
- Jan Olav Johannessen** Chief Psychiatrist, Division of Psychiatry, University Hospital of Stavanger, Post Box 1163 Hillevaag, 4095 Stavanger, Norway, email jojo@sir.no
- M. Rezaul Karim** FCPS Professor of Psychiatry and Principal, Sylhet MAG Osmani Medical College, Sylhet, Bangladesh, email psykarim@yahoo.com
- Felix Kauye** Chief Government Psychiatrist, Ministry of Health, Zomba Mental Hospital, Zomba, Malawi, email felixkauye@yahoo.com
- Mounir Khani** MD American Board of Psychiatry and Neurology, Clinical Associate Professor of Psychiatry, American University of Beirut Medical Center, Beirut, Lebanon
- Marietta Khurshudyan** Expert, National Assembly, Standing Committee on Health Issues, Yerevan, Armenia
- Pius A. Kigamwa** Department of Psychiatry, University of Nairobi, Kenya
- Fred Kigozi** Medical Director/Senior Consultant Psychiatrist, Butabika National Referral Teaching Hospital, Uganda, email buthosp@infocom.co.ug
- Anne Kleinberg** Secretary General, Estonian Psychiatric Association, Tallinn, Estonia, email anne.kleinberg@lastehaigla.ee
- Stanislav Kostyuchenko** Lecturer, Psychiatry Department, Kiev Medical Academy of Postgraduate Training, Ukraine
- Valery Krasnov** Director, and Head of Department of Affective Spectrum Disorders, Moscow Research Institute of Psychiatry, Russia, email krasnov@mtu-net.ru
- Ajmal-Khan Kudlebbai** Staff Grade Forensic Psychiatrist, Three Bridges Regional Secure Unit, West London Mental Health NHS Trust, London, UK
- Tamás Kurimay** MD PhD President, Hungarian Psychiatric Association, Director of Psychiatry, Department Chair, Saint John Hospital and North-Buda Integrated Hospitals, Budapest, Hungary, email tamas.kurimay@janoskorhaz.hu
- Martina Rojnic Kuzman** Department of Psychiatry, Zagreb University Hospital Centre and Zagreb School of Medicine, Croatia
- Eero Lahtinen** MD PhD Senior Medical Officer, Health Department, Health Promotion Group, Sjö tullsgatan 8, Helsingfors, Finland, email eero.lahtinen@stm.fi

 INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

- Linda C. W. Lam** Professor, Department of Psychiatry, The Chinese University of Hong Kong, Hong Kong Special Administrative Region, China
- Zahid Latif** Department of Community Rehabilitation Psychiatry Services, Cavan/Monaghan Mental Health Services, St Davnet's Hospital, Monaghan, Ireland
- Alisher Latypov** MA MHS Country Manager in Tajikistan, Global Initiative on Psychiatry; Sub-regional Drug Epidemiology Expert, United Nations Development Programme, email alisher_latypov@fulbrightweb.org
- Ledia Lazëri** National Professional Officer at the WHO Country Office, Albania, and Coordinator of the Albanian Development Centre for Mental Health, email ledial@who-albania.org
- Itzhak Levav** Adviser, Mental Health Services, Ministry of Health, Jerusalem, Israel, email Itzhak.Levav@moh.health.gov.il
- Slobodan Loga** Department of Psychiatry, University of Sarajevo, Bosnia and Herzegovina
- Juan J. López-Ibor** Professor and Chairman, Director, Institute of Psychiatry and Mental Health, San Carlos Complutense University, Madrid, Spain, email jli@lopez-ibor.com
- Nasser Loza** Consultant Psychiatrist and Director, Behman Hospital, 32 Marsad Street, Cairo 11421, Egypt, email nloza@behman.com
- Chitsanzo Mafuta** Registrar Psychiatric Clinical Officer, Ministry of Health, Zomba Mental Hospital, Zomba, Malawi, email chitsanzomafuta@yahoo.co.uk
- Vladimir Magkoev** MD Narcology Specialist, Drug Demand Reduction Programme, Tajikistan
- Hari D. Maharajh** Senior Lecturer, Faculty of Medical Sciences, Department of Psychiatry, University of the West Indies, Mt Hope, Trinidad, West Indies, email drharim@carib-link.net
- Djibo Douma Maiga** Head of National Mental Health Programme, Ministry of Health, Niamey, Republic of Niger
- Ahmed Mohamed Makki** MD Reporter, Health Committee, Shura Council, Past Deputy Minister of Health, Yemen
- Walter Mangezi** MMed Psychiatry Lecturer, Department of Psychiatry, Faculty of Health Sciences, University of Zimbabwe, email wmangezi@yahoo.co.uk
- João Marques-Teixeira** MD PhD Psychiatrist and Psychotherapist, Portugal, email marquesteixeira@netcabo.pt
- James MacCabe** MRC Training Fellow in Health of the Public Research, Department of Psychiatry, PO 63, Institute of Psychiatry, London SE5 8AF, UK, email james.maccabe@iop.kcl.ac.uk
- A. P. McGeorge** QSO FRANZCP Oceania Vice-President, World Federation for Mental Health, New Zealand, email peter.mcgeorge@gmail.com
- Elena Medina-Mora** General Director, National Institute of Psychiatry 'Ramon de la Fuente Muñiz', Mexico City, Mexico, email medinam@imp.edu.mx

- Nalaka Mendis** Professor of Psychiatry, University of Colombo, Sri Lanka, email nalaka@sri.lanka.net
- Samuel Mampunza Ma Miezi** Psychiatry Department, School of Medicine, University of Kinshasa, Democratic Republic of Congo
- John Mifsud** Consultant Psychiatrist, Our Lady of Mount Carmel Psychiatric Hospital, Malta; Honorary Senior Lecturer, Department of Psychiatry, University of Malta, email psy@shadow.net.mt; Member of the Association of Maltese Specialists in Psychiatry
- Milica Pejovic Milovancevic** School of Medicine, University of Belgrade, Institute of Mental Health, Belgrade, Serbia
- Gholamreza Mirsepassi MD FRCPsych DPM** Vice President, Iranian Psychiatric Association, Tehran, Iran
- Malik Hussain Mubbashar** Sheikh Sayed Hospital, Lahore, Pakistan
- Florence Muga** Consultant Psychiatrist, National Department of Health, Papua New Guinea, email florencemugawebster@yahoo.co.uk
- Ulrich Müller** Department of Psychiatry and Psychotherapy, Heinrich-Heine-Universität, Düsseldorf, Germany
- Ildephonse Muteba Mushidi** Psychiatry Department, School of Medicine, University of Kinshasa, Democratic Republic of Congo
- Mridula S. Naga** Consultant Psychiatrist, Brown Sequad Mental Health Care Centre, BeauBassin, Mauritius, email manish@intnet.mu
- Livia Nano** Psychologist at the Albanian Development Centre for Mental Health, Tirana, Albania
- Ruhullah Nassery** National Coordinator for Mental Health in Primary Health Care, Ministry of Public Health, Kabul, Afghanistan
- Kris Naudts** Deputy Director, Forensic Psychiatry Teaching Unit, Department of Forensic Mental Health Science, Institute of Psychiatry, King's College London, UK
- Alexander Nawka MD** Department of Psychiatry, 1st Faculty of Medicine, Charles University, Prague, Czech Republic
- Jedrin Ngungu** Specialist Registrar, Norfolk and Waveney Mental Health Foundation Trust, email ngunguj@yahoo.com (former Acting Medical Director for a year at Chainama Hills Hospital, Zambia)
- Zulfia Nisanbaeva MD** Lecturer, Department of Psychiatry, Tajik State Medical University (Avicena); Chair, In-patient Forensic Psychiatry Commission, Tajikistans
- Frank G. Njenga** Chiromo Lane Medical Centre, University of Nairobi, Kenya, email fnjenga@africaonline.co.ke
- Adel Al-Offi** Consultant Psychiatrist, Ministry of Health, Bahrain
- Michel Okitapoy On'okoko** Social and Transcultural Psychiatry, McGill University, Montreal, Canada, email michel.okitapoy@mail.mcgill.ca; Psychiatry Department, School of Medicine, University of Kinshasa, Democratic Republic of Congo
- Izet Pajevic** Department of Psychiatry, University of Tuzla, Bosnia and Herzegovina

 INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

- Soumana Pate** Director of PRAHN, Niamey, Niger
- Vikram Patel** Senior Lecturer, London School of Hygiene and Tropical Medicine, and the Sangath Society, Goa, India
- Siddhartha Paul** MPhil (Psychiatry) Student, Sylhet MAG Osmani Medical College, Sylhet, Bangladesh
- Alfredo Pemjean** Ministerio de Salud, Unidad de Salud Mental, MacIver 541, Santiago, Chile, email apemjean@rdc.cl
- Blanka Kores Plesnicar** Associate Professor, Department of Psychiatry, University Clinical Centre Maribor, Slovenia, email blanka.kores@sb-mb.si
- Dimitris Ploumpidis** MD Associate Professor of Psychiatry, First Psychiatric Department of Athens University, Athens, Greece
- David Price** Consultant Adult Psychiatrist at St Brendan's Hospital, Bermuda, email David.Price@bermudahospitals.bm
- Dainius Puras** Department of Psychiatry, Vilnius University, Vilnius, Lithuania, email dainius.puras@mf.vu.lt
- Jirí Raboch** MD Director, Psychiatric Department, 1st Medical School, Charles University, 120 00 Prague 2, Ke Karlovu 11, Czech Republic, email raboch@mbox.cesnet.cz
- Maja Silobrcic Radic** Croatian National Institute of Public Health, Croatia
- Blanca Reneses** Deputy Director, Institute of Psychiatry and Mental Health, San Carlos Complutense University, Madrid, Spain
- Marta B. Rondon** Assistant Professor, Department of Psychiatry and Mental Health, Universidad Peruana Cayetano Heredia and Attending Psychiatrist, Hospital E Rebagliati, Essalud, Lima, Peru
- Alan Rosen** Director of Clinical Services and Senior Psychiatrist, Royal North Shore Hospital and Community Mental Health Services, Sydney; Associate Professor, School of Public Health, University of Wollongong; Clinical Associate Professor, Department of Psychological Medicine, University of Sydney, New South Wales, Australia, email arosen@nscchs.health.nsw.gov.au
- Omer El-Rufaie** FRCPsych Professor of Psychiatry, Faculty of Medicine and Health Sciences, United Arab Emirates University, Al Ain, UAE
- Reehan Sabri** Consultant Psychiatrist, Mental Health Unit, RIPAS Hospital, Bandar Seri Begawan, Brunei Darussalam BA 1710, email reehansabri@hotmail.com
- Majid Sadeghi** MD Associate Professor of Psychiatry, Tehran University of Medical Sciences, School of Medicine, Department of Psychiatry, Roozbeh Hospital, Tehran, Iran, email sadeghmj@sina.tums.ac.ir
- Sabah Sadik** National Advisor for Mental Health, Iraq
- Maan A. Bari Qasem Saleh** PhD Associate Professor, Faculty of Medicine, Aden University, Yemen, email maanymha@yahoo.com
- Shekhar Saxena** Coordinator, Mental Health: Evidence and Research, Department of Mental Health and Substance Abuse, WHO, Geneva, Switzerland

CONTRIBUTORS

- Geoff Searle** MB BS BSc FRCPsych Crisis Team Consultant, Dorset Healthcare Foundation Trust, Core and Quality Training Programme Director, Wessex Deanery
- Héctor Senties** Education Director, National Institute of Psychiatry ‘Ramon de la Fuente Muñiz’, Mexico City, Mexico
- Fakhruzzaman Shaheed** MD Assistant Registrar, Psychiatry, Sylhet MAG Osmani Medical College and Hospital
- Pramod M. Shyangwa** MD Associate Professor, Department of Psychiatry, BPK Institute of Health Sciences, Dharan, Nepal, email pshyangwa@yahoo.com
- Donald Silberberg** MD Global Network for Research in Mental and Neurological Health, USA; University of Pennsylvania, Philadelphia, USA
- Helena Silfverhielm** National Board of Health and Welfare (Socialstyrelsen), S-106 30 Stockholm, Sweden, email Helena.Silfverhielm@socialstyrelsen.se
- Osman Sinanovic** Department of Neurology, University of Tuzla, Bosnia and Herzegovina
- Hamed Al-Sinawi** Senior Registrar, Department of Behavioural Medicine, Sultan Qaboos University Hospital, Muscat, Oman, email senawi@squ.edu.om
- Jan Skandsen** Medical Director, Department of Child and Adolescent Psychiatry, Division of Psychiatry, University Hospital of Stavanger; President of the Norwegian Association for Child and Adolescent Psychiatry, Stavanger, Norway
- Armen Soghoyan** Yerevan State Medical University, Yerevan, Armenia, email soghoyan@yahoo.com;
- Claes Göran Stefansson** National Board of Health and Welfare (Socialstyrelsen), Stockholm, Sweden
- Bjarte Stubhaug** Medical Director, Division of Psychiatry, University Hospital of Bergen, Norway; President of the Norwegian Psychiatric Association
- Guk-Hee Suh** Associate Professor of Psychiatry, Hallym University College of Medicine, Seoul, Republic of Korea; Visiting Lecturer, Imperial College School of Medicine, London, UK, email suhgh@chol.com
- Anastas Suli** Head of the Psychiatric Department of the University Hospital Centre, ‘Mother Teresa’, Tirana, and Chairman of the National Steering Committee for Mental Health, Albania
- Ka Sunbaunat** Director of the National Programme for Mental Health, Ministry of Health, No. 151-153, Kampuchea Krom Blvd, Phnom Penh, Cambodia
- Alija Sutovic** Department of Psychiatry, University Clinical Centre Tuzla, Medical Faculty, University of Tuzla, 75000 Tuzla, Bosnia and Herzegovina
- Adnan Takriti** Editor-in-Chief, Arab Journal of Psychiatry, Consultant Psychiatrist, PO Box 5370, Amman 11183, Jordan, email takriti@nets.com.jo

 INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

- Nicoleta Tataru** Senior Consultant Psychiatrist, Oradea, Romania, email nicoleta_tataru@hotmail.com; President of the Romanian Association of Geriatric Psychiatry, Member of the Honorary Board of the Romanian Association of Psychiatry, and Member of the Board of the International Psychogeriatric Association and of the Association of European Psychiatrists
- Udardo Juan L. Tolentino Jr** Executive Assistant, National Program for Mental Health and Substance Abuse, Department of Health, Philippines, email edtoldmd@pacific.net.ph
- Dusica Lecic Tosevski** Professor of Psychiatry, School of Medicine, University of Belgrade, Serbia, email dusica.lecictosevski@eunet.rs
- Clare Townsend MD** University of Queensland, Australia
- G. Tsetsegdary MD PhD** Policy and Coordination Department, Ministry of Health, Ulaanbaatar, Mongolia
- Pichet Udomratn MD** Department of Psychiatry, Faculty of Medicine, Prince of Songkla University, Hat Yai, Songkhla, 90110, Thailand, email upichet@medicine.psu.ac.th
- Peter Ventevogel** Technical Adviser Mental Health, HealthNet TPO, Kabul, Afghanistan, email peterventevogel@yahoo.co.uk
- Mutabara Vohidova MD** National Project Officer, United Nations Office on Drugs and Crime Sub-Office in Tajikistan
- Johannes Wancata** Department of Social Psychiatry, Medical University Vienna, Austria
- M. A. Zahid** Department of Psychiatry, Faculty of Medicine, Kuwait University, PO Box 24923 Safat 13110, Kuwait, email zahid@hsc.edu.kw
- Adel Al-Zayed** Assistant Professor, Department of Psychiatry, Faculty of Medicine, Kuwait University, Kuwait
- Jürgen Zielasek** Department of Psychiatry and Psychotherapy, Heinrich-Heine-Universität, Düsseldorf, Germany
- Slavko Zihlerl** Professor, University Psychiatric Hospital, Studenec 48, 1260 Ljubljana, Slovenia, email zihlerls@siol.net

Preface

The publication of specially commissioned country profiles has been one of the main features of *International Psychiatry*, a journal with a focus on mental health policy, administration, the audit and management of mental health services and training in psychiatry around the world. These profiles are original articles which have gone through the journal's normal peer-review process. The authors were asked to restrict their profile to about 1500 words, and not more than 12 references and 2 tables, graphs or figures. Each profile includes a section on the demography of the country so that information on service provision and training can be seen in context.

Country profiles are also expected to cover the following areas: mental health policy and legislation; mental health service delivery; psychiatric training (both undergraduate and postgraduate), including the number and type of residence programmes, examinations and the type of qualification bestowed; psychiatric subspecialties and allied professions (e.g. child psychiatry, psychotherapy, psychiatric nursing); main areas of research; workforce issues, including the number of psychiatrists in the country; psychiatric associations (if any) and frequency of meetings; human rights issues (if any); and any other issues likely to be of interest to international colleagues and in particular to Members and Fellows of the Royal College of Psychiatrists in the UK and abroad. Within this structure individual profiles differ in both style and content, reflecting varying levels of the general development of the country as well as sociocultural differences and different attitudes to the practice of psychiatry.

Each issue of *International Psychiatry* includes new country profiles, effectively building up a data bank about mental health and psychiatric practice in many parts of the world. The series has generated considerable interest and highlighted the fact that many people, for a variety of reasons, want to find out about the state of mental health services in other countries. However, such information has not previously been easily available and the College has received a number of enquiries relating to this, namely from psychiatrists planning to visit other countries, often for teaching purposes or to provide services, as well as other doctors, nurses and social workers

INTERNATIONAL PERSPECTIVES ON MENTAL HEALTH

interested in finding out about mental health services elsewhere, sometimes because a patient may be returning to their native land. Journalists are another source of enquiry, often because there has been a major incident that has brought mental health needs and psychiatry in a particular country into focus. Students wishing to do their electives in another country also seek information. It is worth noting that enquiries about mental health and psychiatry are not limited to individuals from the UK but have been received from all continents.

Given this level of interest it was decided to assemble all of the country profiles published in *International Psychiatry* in one volume. This will facilitate access to the published information and highlight the similarities and differences between countries. It is a unique collection of authoritative papers from 91 countries around the world, each one written by an experienced senior practitioner familiar with all aspects of psychiatry in their country.

In the globalised world of today, with significant movement of populations across the world and constant dialogue between professionals in different countries, it is important that we all have a better understanding of practice in different countries. The individual country profiles, as published in *International Psychiatry* and collected together in this volume, make a huge contribution to increasing that shared understanding. Until now there has been no worldwide view of psychiatry and mental health. This book fills that gap and, more importantly, encourages the reader to think about different approaches to mental health and psychiatric practice, education and training rather than blindly accepting that local practice is the only way. It will undoubtedly be recommended for supplementary reading on courses on global mental health and will be a 'must have' for university libraries in medicine, psychiatry and behavioural medicine.

Hamid Ghodse