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Menopause for the MRCOG and Beyond

Second Edition

Margaret Rees MA DPhil FRCOG

Reader in Reproductive Medicine, Honorary Consultant in Medical
Gynaecology, John Radcliffe Hospital, Oxford and Visiting Professor,
Faculty of Medicine, University of Glasgow

Series Editor: Jenny Higham MD, FRCOG, FFFP, ILTM

Professor and Consultant Gynaecologist and
Head of Undergraduate Medicine, Faculty of Medicine,
Imperial College London



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Shaftesbury Road, Cambridge CB2 8EA, United Kingdom
 One Liberty Plaza, 20th Floor, New York, NY 10006, USA
 477 Williamstown Road, Port Melbourne, VIC 3207, Australia
 314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre, New Delhi – 110025, India
 103 Penang Road, #05–06/07, Visioncrest Commercial, Singapore 238467

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Cover illustration: Coloured scanning electron micrograph of the postmenopausal
 oviduct (fallopian tube) lining of a 63 year old woman. Seen here are ciliated cells,
 whose fine cilia (yellow) beat rhythmically to help propel ova from the ovaries to the
 uterus, and secretory cells (blue), which maintain a moist environment and provide
 nutrients for the ova. Magnification: x 2000 at 6 x 7 cm size. © 2008 Prof. P. Motta,
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Preface

The menopause remains a time of transition for women and brings many issues of interest to the gynaecologist. Although recent years have seen a substantial change in the attitude to prescribing hormone replacement therapy, there is a need for all those involved with women of the age group to be well informed. This is an authoritative guide, written by an author, Margaret Rees, who has a tremendous national and international reputation in the field. This volume covers the controversies in the field and, importantly, all aspects that a woman is likely to enquire about during a consultation. The gynaecologist is expected to be knowledgeable about the options, both medical and alternative – both are comprehensively reviewed here. The final chapter deals with women who have more complex problems and their management. All in all, a hugely useful read, both for examination preparation and to update the practitioner.

Jenny Higham
Series Editor

Abbreviations

aPL	antiphospholipid
BEPS	benign edematous polysynovitis syndrome
BMD	bone mineral density
CaD	calcium and vitamin D
CHD	coronary heart disease
CI	confidence interval
DCIS	ductal carcinoma <i>in situ</i>
DHEA	dehydroepiandrosterone
DMPA	depot medroxyprogesterone acetate
DXA	dual energy X-ray absorptiometry
EPT	estrogen and progestogen therapy
GnRH	gonadotrophin-releasing hormone
FSH	follicle-stimulating hormone
HDL-C	high-density lipoprotein C
HERS	Heart and Estrogen/progestin Replacement Study
HR	hazard ratio
HRT	hormone replacement therapy
IVF	<i>in vitro</i> fertilisation
LDL-C	low-density lipoprotein C
LH	luteinising hormone
MWS	Million Women Study
NHANES	National Health and Nutrition Examination Survey
NHSBSP	National Health Service Breast Screening Programme
OR	odds ratio
PEPI	Progestin Estrogen–Progestin Intervention
RANKL	receptor activator of nuclear factor kappa B ligand
RCT	randomised clinical trial
RR	relative risk
SD	standard deviation
SERM	selective estrogen-receptor modulator
SHBG	steroid hormone-binding globulin
SLE	systemic lupus erythematosus
TSH	thyroid-stimulating hormone
VTE	venous thromboembolism
WHI	Women's Health Initiative