

Index

Compiled by Linda English

- access 30–32
 - for ethnic minorities 125
 - to healthcare 157–160, 176
 - to services in rural areas 116
 - and transport 144
- addictions 95–96, 360
 - access to treatment 157
 - in ethnic minorities 128–129
 - children affected by 150, 176–177
 - and debt 140
 - in deprived areas 142
 - and employment 145–146
 - government guidelines 95–96
 - in perinatal period 174
 - policies 62–63
 - in prisoners 160, 196
 - role of psychiatrist 95–96
- advance directives 94–95, 313
- age discrimination 93
- age integration 30
- age segregation 30
- alcohol and drugs policies 62–63
- Alcohol Harm Reduction Strategy for England 63
- assertive outreach 76, 350
- asylums 346–347
- asylum seekers and refugees 184–189
 - homeless 198–199, 200
 - and post-migration problems 186–187
 - ‘seven Ds’ adversities 187–188
- biopsychosocial model 298, 303, 305–306
- bipolar disorder 174, 259–264, 299
- Black and minority ethnic groups 4–5, 175, 178–184
 - among prisoners 196
 - and crime 128
- duration of in-patient stay 179
- and education 126–127
- and employment 127–128
- fundamental social causes for health disparities 183
- and health and well-being 128–129
- increasing social inclusion in mental health services 181–182
- inequalities in illness rates and service use 178–180
- and involuntary admission 179–180
- lone parents 150
- and migrant status 129, 345
- older people 60, 110–111, 139–140
- and pathways to care 179, 284
- and racism 129–130, 181–182, 183
- and resources 125–126
- and seclusion rates 179
- service development for 183–184
- and social exclusion 123–130
- and social support 128, 180–181
- British Household Panel Survey (BHPS) 114–116
- campaigns 7, 32–33, 75, 317
- care plans 299, 308, 318, 320
- care programme approach (CPA) 349–350, 354–355
- carers 6, 29, 151
 - and benefits of socially inclusive working 80–81
- involvement in training 340–342
- perspective of social inclusion 259–276
- and social inclusion in individual practice 308–309
- young 178

INDEX

- 'chaotic lives and multiple needs' 161–162, 201
- child and adolescent mental health services (CAMHS) 61, 92–93, 157–158
- child and adolescent psychiatry 92–93
 - contextual approach 92–93
 - role of psychiatrist 93
 - and socially inclusive practice 307
- children and young people
 - addiction in parents 150, 176–177
 - in care 150, 158
 - as carers 178
 - child poverty 51, 62, 104–109, 111, 118–120, 139, 216
 - and families 27, 62, 76, 93, 108–109, 150–151
 - and life course approach 28
 - and mentally ill parents 151, 176–178
 - and policy 51, 52, 61–62, 63
 - and prisons 196
 - and social interaction 148–149, 150, 151
 - and well-being 119–120
- choice 30–32, 56–57, 72
- citizenship 14–16, 32, 35
- civic republican tradition 14–15
- clubhouse model 353
- cohort studies 28–29, 120
- common mental health problems 162
 - and education 145
 - and employment 148
 - in ethnic minorities 180, 181
 - in homeless 200
 - and housing 142
 - and income and finance 135, 136–137, 138, 140
 - and positive mental health 213, 214
 - and social interaction 149–150, 152
- community
 - characteristics and social exclusion 223
 - development 324–325
 - efficacy 36, 79
- community mental health 5
 - and district general hospitals 350
 - earlier residential exclusion in asylums 346–348
 - facilitating inclusion 351–355
 - and inclusion–exclusion see-saw 345–358
 - long-term residential care still needed 348
 - 'new long-stay' patients 349
 - organisation of care 349–350
- conduct disorder 76, 78–79, 157, 282–284
- consumption 25, 136–144
- Convention on Rights of Persons with Disabilities 48
- co-production concept 362
- corrective justice 18
- cycle of low expectations 318
- day centres 235, 236, 238, 317, 318, 325–326
- debt 140–141, 143
- Delivering Race Equality 183
- dementia 94–95, 151, 155, 158
- depression 152, 155, 158, 180, 233–239, 244–252
- deprivation
 - area 76–77, 109
 - cycles of 27, 63, 78, 139, 307
 - multiple 50, 76
 - neighbourhood 141–142
- diagnoses
 - condition-related characteristics
 - influence social exclusion 223
 - effects of 236
 - people with multiple 160–164
- diagnostic overshadowing 159
- direct payments 299
- disability
 - and citizenship 35
 - Convention on Rights of Persons with Disabilities 48
 - movement 5
 - multiple factors 23
 - policy 48, 49–50, 57–58
 - rights 17, 27, 31, 49–50
 - social model of 26
- Disability Discrimination Act 1995 (amended 2001, 2005) 49–50, 159, 316–317, 331
- Disability Equality Duty 50
- Disability Equality within Healthcare: The Role of Healthcare Professionals 90
- disadvantage 5, 12–13
 - cumulative 223
 - cycles of 27, 62, 120–121, 224
 - double 173
 - extent of in UK 101–134
 - future outcomes and generations 119–121
 - multiple 4, 76, 224
 - and poverty and health 74–75

INDEX

- discharge planning 260
 discrimination 223, 363
 age 93
 and asylum seekers 187
 at work 55
 by healthcare professionals 91
 component of stigma 32–33, 317
 distributive justice 17
 divorce 29, 149
 domestic violence/abuse 175–176
 drugs policies 62–63

 economic benefits of socially inclusive
 practice 78–79
 economies, three 361–362
 education
 and ethnic minorities 126–127
 and low attainment 119, 144–145
 and prisoners 89
 and production 144–145
 Emotional Logic 273–274
 employment 29
 and asylum seekers 188
 and ethnic minorities 127–128
 carer's experiences 261, 266
 and common mental health problems
 148
 and community care 351–355
 and distributive justice 17
 and drug users 96
 economic benefits of 78
 evidence on work for those with severe
 mental problems 285–287
 and long-term mental health problems
 147–148
 from patient to mental health worker
 353–354
 policy 50, 51, 54–55, 59
 and production 145–148
 and psychoses 146–147
 and rehabilitation and social
 psychiatry 87
 return to work 17, 54, 55, 353
 service user's experiences 233–234
 and social integrationist discourse 11
 and social model of disability 26–27
 supported 352–353
 unpaid work 11
 value of 82–83
 and women 117
 see also unemployment
 Employment Support Allowance 54

 equality 33–35
 capability approach 33–35
 and human rights 33–35, 46–49
 policy 46–50
 Equality Act 2010: 49, 50
 Equality and Human Rights Commission
 (EHRC) 33, 48–49
 ethnic minorities *see* Black and minority
 ethnic groups
 European Convention on Human Rights
 (ECHR) 46–48
 European policy 57–58
 European Social Charter 19
 Everybody's Business 60–61, 94
 Every Child Matters: Change for Children
 programme 61
 Expert Patient, The 56
 expert patient initiatives 334

 Fair Deal for Mental Health campaign 7
 faith groups 191–193, 263
 families 29, 119–121
 and children 27, 62, 76, 93, 108–109,
 150–151
 family psychoeducation 319
 inter-generational aspects of exclusion
 27, 76, 119–121
 and social interaction 149–152
 and women 173–175
 see also carers
 forensic psychiatry 88–90, 163, 194–196
 corrective justice 18
 ethnic minorities 179, 180, 196
 juvenile mentally disordered offenders
 89, 196
 mental healthcare in prison 194–195
 and socially inclusive practice 90,
 306–307
 and therapeutic use of security 90, 306
 women mentally disordered offenders
 89, 195–196

 General Medical Council guidelines
 (2006) 305, 319
 Gini coefficient 102, 135–136

 healing, professional role of 5–8
 health 103–104
 and health service engagement 25,
 157–160
 health and social care policy 55–57

INDEX

- inequalities 56, 75, 121–123, 158–160,
182, 183, 354–355
physical illness 74–75, 117–118,
158–160, 220
Hidden Harm 63, 150
homelessness 197–201, 349
changes in population 201
and mental health problems 200–201
and street homeless 199–200
in UK 197–199
Homelessness etc. (Scotland) Act 2003:
197
home treatment services 76
homosexuality 190–191
housing 87, 96, 118, 119, 141, 142–144
human rights 18–19, 72
and equality 33–35, 46–49
and liberal political tradition 16
policy 46–49
Human Rights Act 1998: 46–48, 49
- ignorance 32–33, 317
incapacity benefit 54, 78
income
inequality 102–103, 122, 135–136, 138,
214, 220–221
and poverty and finance 136–140
Independent Living Strategy 57
individual placement and support (IPS)
model 286–287
inequalities 4, 50, 75
challenging inequality 301
health 56, 75, 121–123, 158–160, 182,
183, 354–355
income 102–103, 122, 135–136, 138,
214, 220–221
life expectancy 122
in-patient wards 175, 317
insecurity problem 119
institutional racism 126, 181–182
insurance and financial services 17, 140
International Covenant on Economic,
Social and Cultural Rights 18–19
interpretation and translation services
179, 187, 334
- jury service 155–157
justice 16–18
juvenile mentally disordered offenders
89
- learning disability
and access to health services 157
‘challenging behaviour’ 151–152
and choice 31
and health inequalities 160
mild 136
policy 63–64
psychiatric subspecialty 96–97, 307
and role of psychiatrist 96–97
severe 136
and Social Exclusion Unit 52
and socially inclusive practice 307
use of term 4
and voting 155
in women prisoners 196
leisure 29, 152–154
les exclus 10
liaison psychiatry 90–91
liberal citizenship tradition 15–16
life course and longitudinal perspective
27–30
life expectancy 122
life plans 16
LinkAge Plus pilots 60
local authorities 52–54
lone parents 108, 110, 116, 117, 150,
174–175
- Mental Health Act 1983
and parliamentary members 157
reform of 11, 58
mental health policy 58–59
mental health problems
fluctuating conditions 27, 54–55, 75
use of term 4
mental health services
for ethnic minorities 181–184
experiences of service users 232–257
low expectations of staff 318
and sexual orientation 190–191
socially inclusive 311–330
bridge builders to local community
321–322
community development 324–325
financial challenges 372–373
future 369–372
how to achieve organisational
change 325
multidisciplinary approaches and
New Ways of Working 320–321
obstacles to change 325–327

INDEX

- partnership working between agencies 314–315
 - promoting social inclusion and combating stigma 315–317
 - transformation of workforce 322–324
 - what are benefits of 327–328
- and society 4–5
- mental health and well-being 210–213
 - eudemonic element 211
 - and extraversion 213, 215
 - hedonic element 211
 - and income inequality and mental health problems 220–221
 - influences on positive mental health 213–215
 - and mental health spectrum 212–213
 - and neuroticism 213, 215
 - and physical health and mental health problems 220
 - positive mental health defined 210
 - and recovery 221
 - and relationship with mental ill health 211
- META organisation 324
- methadone maintenance treatment 95
- middle age 29–30
- minimum wage 51, 104
- moral underclass discourse (MUD) 11
- multiagency approach 76, 95, 314–315
- multidisciplinary teams 320–321
- multisystemic therapy 283–284
- Muslims 192–193
- National Action Plan on Social Inclusion 51
- National Dementia Strategy 61
- National Service Framework for Mental Health 5, 58, 317–318
- National Service Framework for Older People 60
- National Social Inclusion Programme 51–52, 58
 - capabilities for socially inclusive practice 299–303
 - Reference Group 232, 243, 259
- neighbourhoods 141–142
- New Horizons 55, 58–59
- New Ways of Working 320–321
- NHS Plan, The 56
- occupational therapy services 321
- older people
 - carers of 272–274
 - and community resources 93–94
 - and dementia 94–95, 155, 158
 - ethnic minorities 60, 110–111, 139–140
 - health inequalities 158, 160
 - life course perspective 29–30
 - old age psychiatry 93–95, 307–308
 - and policy 52–54, 55–56, 57, 59–61
 - and poverty 103, 104, 110–111, 139–140
 - social interaction 154–155
 - socially inclusive practice 307
- Opportunity Age 59
- Opportunity for All 12, 50–51, 59, 64
- Orthodox Jews 192
- Our Choices in Mental Health 31
- Our Health, Our Care, Our Say 56–57
- ‘out of area’ placements 88, 163
- overcrowding 126
- parents 150–151, 176–178, 196, 283–284
- participation 56, 112, 114
 - and definitions of social exclusion 12, 13, 19, 23
 - dimensions 23–25, 135
- Partnership for Older People Projects 60
- peer support workers 323–324, 370
- pension entitlements 17
- perinatal period 174–175
- personal development plans 303, 342
- personality disorders 161–162, 163
 - access to mental health services 157
 - and health inequality 159–160
 - and homelessness 201
 - in parents 174, 176, 177
 - and psychotherapy 91
- personal safety 154
- policy 46–70
 - on alcohol and drugs 62–63
 - on children and young people 61–62
 - and discourses on social exclusion 11
 - on equality and rights 46–50
 - European 57–58
 - on health and social care 55–57
 - for inclusion of people with mental health problems 362–369
 - on learning disability 63–64
 - on mental health 58–59
 - for social change 361–362
 - on social exclusion 50–55
 - and training 331
- political engagement 25, 72, 155–157
- post-traditional life course 29

- poverty 4, 12–13, 23
 absolute and relative 360
 causes and consequences of social
 exclusion 215–217
 child 51, 62, 104–109, 111, 139,
 216
 extent of in UK 101–134
 growth of 112
 income 25, 136–140
 links between poverty, exclusion and
 mental health 224–226
 longitudinal views 110–114
 long-term 112
 and policy 50, 51, 54, 64
 social exclusion as term for 10
 stigma of 219
 subjective 110
 Poverty and Social Exclusion Survey
 110–114, 137–138, 140, 141, 143,
 155
 power differential 13, 184, 301
 prejudice 32–33, 317, 333
 pre-school parenting programmes 283
 prisons 18, 88–90, 193–196
 and children and young people 89, 196
 and drug treatment 62–63
 and ethnic minorities 196
 mental healthcare in 194–195
 women in 89, 195–196
 production 25, 144–148
 professionals 3
 and civic professionalism 8
 concept of ‘on tap’ 80
 and healing role 5–8
 and professionalism role 5–8
 Progress2work 96
 psychiatry
 professional roles of 3, 5–8
 relevance of social exclusion to 71–85
 area deprivation 76–77
 benefits of working in socially
 inclusive way 78–81
 dynamic nature of exclusion 75
 inter-generational aspects 76
 multiple deprivation 76
 relativity 76
 social disadvantage, poverty and
 health 74–75
 social quality 77
 subjective dimensions 77
 transactional nature of exclusion
 75
 socially inclusive practice
 in 21st century 359–375
 capabilities for 299–303
 and carers 308–309
 extra-work concern 303
 implications for individual
 practice 295–310
 moving to 305–306
 perceived obstacles to 303–304
 professional roles devalued concern
 303–304
 recovery-oriented practice 296–298,
 303, 305, 307
 risks may be increased concern 304
 self-care support 298–299
 training for 331–344
 and working in subspecialties
 86–98, 306–308, 332
 psychosis 123, 135
 and carers 269–270, 271–272
 and community care 349
 and education 145, 146–147
 in homeless 200
 interventions for young people 284–285
 and leisure 152–154
 and marital status 149
 and neighbourhoods 142
 in parents 176
 in perinatal period 174
 and poverty 136–137, 215–216
 in prisoners 193–194, 195
 service user’s experience 242–243
 and social networks 79
 and value of work 82
 psychotherapy 91–92, 158, 192
 public safety 80, 89, 349
 Public Service Agreements 52–54
 Race Relations Amendment Act 2000:
 126
 racism 126, 129–130, 181–182
 Raising Expectations and Increasing
 Support: Reforming Welfare for
 Future 54
 recovery 37–41, 345–346
 and agency 38
 and hope 38, 346
 markers of 41, 86–87, 312
 misunderstanding of meaning 303
 and opportunity 38
 and policy 56, 59

INDEX

- and positive mental health 211
- promotion 301–302
- and psychotherapy 92
- recovery education unit 324, 341
- recovery-oriented practice 6, 39–41
 - with detained patients 90
 - and healing role of professionals 8
 - and social exclusion's relevance to psychiatry 71, 76, 77, 80, 81
 - and social inclusion in individual practice 296–298, 303, 305, 307
 - and socially inclusive mental health services 312–313, 327, 370, 371, 372
- and service users' experiences 237, 238, 239, 241–242, 252–253
- and well-being 221
- Recovery Star 313
- redistributive discourse (RED) 11
- refugees *see* asylum seekers and refugees
- rehabilitation and social psychiatry 86–88
 - how not to disempower through care 87
 - markers of recovery 86–87
 - social dislocation and psychiatrist's role 88
- Releasing Time to Care 238
- research and evidence-based practice on
 - social inclusion 279–294
 - alternative research designs 289–290
 - biographical/narrative interviews 290
 - ethical issues 290–291
 - focus groups 290
 - indicators 280–281
 - and interventions 281–287
 - children and young people 282–284
 - employment 285–287
 - primary prevention 281–282
 - young people with psychosis 284–285
 - measurement 279–281
 - methodological difficulties 288–290
 - participatory action research 290
 - problems in conduct of 287–291
 - sampling and recruitment 288–289
- resilience 211–212
- retirement 29, 30
- risk taking, positive 302–303
- Roles and Responsibilities of Consultant in General Adult Psychiatry 319–320
- Royal College of Psychiatrists 6, 7, 33, 40, 189, 191, 319–320, 342
- rural communities 116–117
- salutogenesis 212
- schizophrenia
 - and fertility rate in women 173–174
 - role of doctors' expectations 297
 - service user's experience 242–243
 - and social exclusion 137, 146–147, 152–154, 158, 159, 162–163
- See Me campaign 317
- self-care 56, 298, 334
- self-directed care 299, 354–355
- self-exclusion 12, 13, 18, 31–32
- self-management 298–299, 334
- self-stigmatisation 218, 262
- service exclusion 112, 113
- service users
 - benefits of socially inclusive practice 80–81
 - choice by 30–32, 56–57
 - experiences of 232–257
 - as experts 5–6, 56, 241
 - involved in service planning and delivery 311–312
 - involved in training 340–342
 - organisations 79
 - partnership with 6, 81, 90, 305
 - as peer support workers 323–324
 - and providing service user-centred care 302
 - self-stigmatisation 218
- severe mental health problems 31
 - and carers 259
 - and community care 349, 350
 - and employment 78, 82, 286–287
 - and housing 142, 143–144
 - and poverty 136–137, 215–216
 - and pregnancy 174
 - and social interaction 148, 152, 154
- sexual orientation 190–191
- sheltered workshops 351–352
- smoking 128–129, 174
- social benefits
 - of socially inclusive practice 79–80
 - and strategic surplus 218
- social capital 35–36, 79, 117, 217–218
- social care policy 55–57
- social cohesion 36
- social environment 226
- 'social evils' 359–360
- social exclusion
 - agency and process 13, 14, 25–27
 - causality 27–30, 215–219, 223–224
 - choice and access 30–32

INDEX

- concepts and applications 10–21, 22–41
- consequences of 215–219
- contextual factors 221–223
- cycles of 224
- definitions 10, 12–14
- descriptive model 223–226
- discourses 11
- dynamics 13–14, 27, 75, 224
- relativity 13, 14, 76
- relevance to psychiatry 71–85
- risk factors 118, 219–221, 224
- and social changes 359–361
- stratified 73
- subjective dimensions 77
- transactional nature 75
- triggers 221
- Social Exclusion Task Force 52, 62, 107, 118, 119, 161
- Social Exclusion Unit 12, 50, 51–52, 58, 60, 155, 363
- social identity groups 22, 33, 173–209
- social integrationist discourse (SID) 11
- social interaction 25, 148–155
- social justice 72, 73, 123, 361–362
- socially inclusive practice 6, 71
 - benefits to service users and carers 80–81
 - capabilities for 299–303, 314
 - economic and social benefits 78–80
 - in mental health services 311–330, 369–372
 - in psychiatric subspecialties 86–98, 306–308, 332
 - and psychiatry in 21st century 359–375
 - training for 331–344
- social networks 152, 274
 - and dementia 95
 - and poverty 108, 114
 - and social capital 36, 79, 217
 - and women mentally disordered offenders 89
- social quality 36, 77
- social solidarity 72–73
- social support 128, 180–181
- stigma 32–33, 73, 91, 218–219, 315–317
- substantive freedom 34, 72, 222
- suicide
 - in ethnic minorities 180
 - and homelessness 201
 - in prisoners 194, 195–196
 - and sexual orientation 190
 - and social capital 217
 - in young people with psychosis 284
- support, time and recovery (STaR) workers 322
- supported employment approach 352–353
- Supporting People 62, 96
- Sure Start to Later Life 60, 155
- tax credits 51
- Ten Essential Shared Capabilities 300–303, 316
 - challenging inequality 301
 - and distributive justice 17
 - identifying needs and strengths of individual 302
 - making difference 302
 - personal development and learning 303
 - practising ethically 301
 - promoting recovery 301–302
 - promoting safety and positive risk-taking 302–303
 - providing service user-centred care 302
 - respecting diversity 301
 - working in partnership 300–301
- terminology used 4
- therapeutic hope 297, 318–319
- Think Family: Improving the Life Chances of Families at Risk 62
- Time to Change campaign 317
- Tomorrow's Doctors 332
- training for socially inclusive practice 331–344
 - competences psychiatrists need 334–339
 - attitudes 336–337
 - knowledge 335
 - skills and practices 337–338
 - continuing professional development 341–342
 - move to 342–343
 - policy drivers 331
 - postgraduate medical training 331–332, 334
 - service user and carer involvement 340–341
 - undergraduate medical training 332–334
- trajectories 28–29
- transitions 28–29, 30
- transport 144

INDEX

- 'underclass' 10, 11
- unemployment
 - and economic benefits of socially inclusive practice 78
 - in ethnic minorities 127
 - and ill health 82
 - and policy 55
 - and poverty 102, 108, 116, 216
 - and substance misuse 63, 145–146
 - and well-being 214–215
- United Kingdom
 - extent of disadvantage, poverty and social exclusion 101–134
 - homelessness in 197–201
 - recent changes in 101–103
- Universal Declaration of Human Rights 18
- values-based practice 336–337
- Valuing People 31, 63–64, 96, 97
- victims of crime 18, 129, 142, 154
- violent offenders 18
- voting 155
- Vulnerable Patients, Safe Doctors 299
- weathering 129
- welfare benefits 54–55, 137, 140, 351, 353
- welfare state 11, 16, 222, 362
- well-being
 - of children in UK 118
 - development of in population 363–369
 - and income inequality 220–221
 - mental health and 210–215, 220–221
 - and recovery 221
- Wellness Recovery Action Plan 266, 267, 313
- wheat avoidance 242
- women
 - and access to physical healthcare 176
 - and domestic violence/abuse 175–176
 - exclusion of 116–117
 - and family activity 173–175
 - homeless 201
 - prisoners 89, 195–196
- Work, Recovery and Inclusion 55
- Working Our Way to Better Mental Health 55