

Index

Compiled by Linda English

- Abrahamic traditions 236, 237–40
Acute In-Patient Mental Health Service Review 194–5
 addictions *see* substance misuse
 ageing 273–94
 depression and dementia 275–7
 end-of-life issues 283–7
 health outcomes and spirituality/religion 277–9
 loss and bereavement 281–2
 patients, caregivers and spirituality 282–3
 physical pathologies 274
 prayer 281
 psychological pathologies 274
 resurgence of spiritual interest 277
 social pathologies 274–5
 spiritual care 287–8
 spirituality, meaning and health outcomes 279–80
 Alcoholics Anonymous (AA) 33–4, 141–2
 alcohol misuse 140–2
 anxiety 33, 172, 179, 280
 Aquinas, Thomas 67
 Assagioli, Robert 112, 214, 227–9
 assessment of spiritual needs 16–38, 194
 by whom? 27–9
 contribution to patient welfare 32–4
 formulation 31–4
 initial (brief) assessment 22–3
 in intellectual disability 127–8, 132
 involving chaplaincy services 34–5
 more complex models 26–7
 more detailed spiritual history 24–6
 more specialist assessment required 29
 potential drawbacks 29–30
 psychiatric assessment 20–1
 quantitative and qualitative methods 21–2
 taking spiritual history 22–7
 when? 30–1
 why assess them? 16–18
 Augustine of Hippo 66–7
 Aurobindo, Sri 112–3
 Bahaism 239–40, 242
 BELIEF mnemonic 92
 bereavement 73, 75–6, 90, 114–6, 129–30, 281–2
 Bethlehem Hospital 2
 biopsychosocial formulation 32
 bio-psychosocio-spiritual formulation 32–4
 brainwashing 260–1
 British psychiatry, history 3–4
 Broadmoor and Shakespeare 51
 Buddhism 236, 240–1, 283–4
 on disability 126
 on substance misuse 139, 142, 146–7, 148–9
 on suicide 68–9
 burnout, professional 9–10
 caregivers 129, 192–3, 282–3
 care system 89–90
Caring for the Spirit 194
 caudate nucleus 177
 central self 112
 chakras 221–2, 229
 chaplains 27, 236
 assessing spiritual needs 34–5
 in NHS spiritual care 192, 198, 201–5, 246
 and substance misuse 147
 and suicide 71
 charismatic groups 258

INDEX

- Charles, Prince 3
- child and adolescent psychiatry 81–99
- care system 89–90
 - child–psychiatrist relationship 92–6
 - educational context 88–9
 - family 91–2
 - health service 90–1
 - journey of life 81–7
 - social context 88
 - therapist's role in spiritual development 87–92
- childhood 81–99, 116, 243, 262, 268
- Christianity 236, 237–8
- and intellectual disability 123, 126
 - miracles 184
 - in psychiatry 3, 6–7
 - and substance misuse 139, 142, 146, 147, 149
 - and suicide 66–7, 74
- cingulate gyrus 175
- Clare, John 105–9, 111
- coercive persuasion 260, 261
- cognitive–behavioural approaches 103, 109, 111
- College of Healthcare Chaplains 205
- communion 26
- conjunctive faith 84
- conscience 26
- consciousness 170–1, 177, 180, 221–3, 224
- see also* non-ordinary states of consciousness
- conversion 260
- cortisol 172, 173, 176
- creativity 51, 106–7
- cult pseudo-identity 267–8, 269
- cults 256, 257, 259–69
- ‘dark’ and ‘light’ in human psyche 69–70
- ‘dark night of the soul’ 228
- Darwin, Charles 3
- degeneration 3
- delusional mood 43
- delusions 33, 41–6, 49
- dementia 275–7, 279, 283, 285, 286
- dependence syndrome 139, 140
- depression 33, 44
- and cortisol 172
 - and intellectual disability 130
 - and old age 275–7, 278, 280
 - and perinatal matrices 219
 - and suicide 64, 70, 71, 75
- depressive position 70
- destructive cults (doomsday cults) 257
- devils 46–7, 123
- diagnosis and discernment 47–8
- diagnostic formulation 32
- dopamine levels 178
- DSM–IV (*Diagnostic and Statistical Manual*) 4, 47, 48, 139, 216, 268
- Durkheim, Émile 61–2
- Eastern traditions 68–9, 236–7, 240–1
- EEG (electroencephalogram) 177–8, 180
- Einstein, Albert 102–3, 118
- entheogens 113, 217, 226
- epiphany experiences 215
- Equality Act 2006 193
- ethical concerns 30, 90–1, 106–7, 191
- evil 46–7, 123
- exorcism 35, 46, 123
- faith communities 61–4, 129, 135, 197, 247–50, 278
- families 91–2, 129
- Fetzer Institute instrument 21
- FICA mnemonic 25
- Fitchett's model 27
- folk religion 242
- forgiveness 174–5
- formulation 20, 31–4
- Frankl, Viktor 55–6, 66, 110, 111
- French psychiatry, history 2
- Freud, Sigmund 3, 45, 70, 81–2, 108, 109, 212
- funerals 75–6
- genre of language 7–8
- Gentle Teaching 132
- German psychiatry, history 2
- gestalt perception, breakdown of 42
- grace 146
- ‘great issues of life’ 17
- grief 73, 75–6, 129–30, 280
- Grof, Stanislav 113, 212, 216–20
- Group Psychological Abuse Scale 259–60
- guru 256
- Hinduism 69, 126, 235–6, 240
- historical background 1–4, 65, 140–2
- holotropic breathwork 216–7, 219–20, 226
- hope-inspiring relationships 54–5
- HOPE mnemonic 25
- hospice movement 75
- Hospitals Chaplaincy Council 205
- human spirit ‘an integrative unity’ 26

- ICD-10 (*International Classification of Diseases*)
 47, 48, 107, 139
- immune system 104–5, 172–4, 278
- individuative–reflective faith 84
- information disease 254–5
- initial narrative framework 26
- Inspiring Hope: Recognising the Importance of Spirituality in a Whole Person Approach to Mental Health* 197
- integration v. despair stage 274, 284, 288
- intellectual disability 122–38
 assessing spiritual needs 127–8
 beliefs across cultures and ages 122–5
 and bereavement and grief 129–30
 coping with disability 129
 and culture 125–6
 deeper spiritual life? 124–5
 distinction from mental illness 124
 patient spiritual care 133–4
 psychiatry of 130–3
 and religion 126–7
 and social model 125
 and staff spirituality 133
 treatment approaches 132–3
- interleukin-6 173
- interpretative anthropological framework 26
- intuition 26
- intuitive–protective faith 84
- Iscariot, Judas 65
- Islam 63, 67–8, 126, 142, 236, 239
- Jainism 241
- James, William 5, 109–10, 141, 212
- Judaism 65–6, 236, 237
- Jung, Carl 103–4, 108–9, 212–4
- kundalini 227, 229
- Laing, R.D. 215–6
- language of spirituality 29–30
- L'Arche International Faith Community
 132, 134
- learning disability *see* intellectual disability
- Locke, John 124
- locus of control, and religion 8–9
- loss 33, 111, 114–6, 130, 280, 281–2
- Lukoff, David 48, 215–6
- lysergic acid diethylamide (LSD) 113, 217
- malevolent spirits 46–7
- Maori culture, spirituality and health in 40
- meaning of life 73–4, 284
- Measures of Religiosity 21
- medical model 39, 101, 127
- meditation 64, 125, 175–81, 227
- migrants 42
- mind 104–5, 171, 175
- mind control techniques 261
- mindfulness therapy 50–1, 64, 200
- miracles 1, 184–5
- moral approach 2, 53
- multidisciplinary teamwork 28, 29, 30
- Multi-Faith Group for Healthcare Chaplaincy 205
- mystery 40–1
- mysticism 226
 four 'marks' of experience 5
 and psychosis 48, 49–50
 states as introvertive/extrovertive 5
- mythic–literal faith 84
- mythos* 35
- narrative therapy 51
- National Service Framework for Mental Health*
 193–4
- natural selection 3
- neuroscience of spirit 169–89
 need for wider scientific paradigm 185
 spiritual medicine 169–70, 171–85
 Western science 170–1
- New Age movement 48, 64, 214
- new religious movements 257
- NHS Chaplaincy: Meeting the Religious and Spiritual Needs of Patients and Staff* 194
- non-ordinary states of consciousness 212, 216–7, 219–20, 221, 224–5, 227
- nurses 28, 63, 196, 199
- nursing model using 'five dimensions of spiritual care' 28
- offensive spirituality 256
- old age psychiatry *see* ageing
- Omega Point 112
- optimism 174
- paranormal phenomena 113–4, 223–4
- parish nursing movement 63
- pathological spirituality 47, 254–72
 charismatic groups 258
 cults 256, 257, 259–69
 diagnosis 268–9
 false spiritual teacher or guru 256
 harmful groups 256–8

- harmful v. healthy groups 258–60
- new religious movements 257
- offensive spirituality 256
- post-cult psychopathology 267–8
- psychiatric intervention 262
- sects 257
- spiritual defences 255–6
- treatment 269
- v. healthy 255–6
- who joins or is recruited? 262
- patient journey 31
- patients
 - how to talk about spiritual matters with 17–18
 - religious or spiritual identity 23
 - spiritual experiences 24
 - spirituality of 6–9
 - spiritual practices 23, 24
 - treated as experts 26
- perinatal domain 217–18
- perinatal matrices 217–18
- physician-assisted suicide 74–5
- physics 223–4
- positive thinking 173, 174
- prayer 182–4, 281
- pre-psychotic panic 43
- pre/trans fallacy 215
- primal faith 84
- prodromal stage 42
- protective factors,
 - religion/spirituality 8, 10, 19, 86, 104–5, 143, 172–3, 182–5, 233, 236, 277–80
- psilocybin 227
- psychiatric treatment
 - in intellectual disabilities 132–3
 - in pathological spirituality 269
 - in psychosis 50–1
 - spirituality in 10–11, 50–1
- psychiatrists
 - attitudes to suicide 76–8
 - awareness of and responsiveness to 13
 - burnout in 9–10
 - child–psychiatrist relationship 92–6
 - knowledge of 13
 - reaction to psychosis 55–6
 - religious beliefs 6–7, 234
 - skills in 13–14
 - spirituality of 6, 9–10
- psychiatry
 - historical background 1–4
 - spirituality in 1–15
 - training 12–14, 28, 30, 56, 134
 - values in 9, 13
- psychoanalysis 3, 212–4
- psychokinesis 224
- psychoneuroses 33
- psychosis 39–60
 - Clare's 106, 108, 109
 - creation of extreme certainty and purpose 43–5
 - diagnosis and discernment 47–8
 - discomforts of madness 47
 - distinction from spiritual emergence 32–3, 113, 213
 - and evil 46–7
 - experience of 41–2
 - madness as spiritual journey 49–50
 - making sense of spirituality and 40–2
 - models of disease 39–40
 - practical spirituality 51–3
 - and sense of coherence 42–3
 - spiritual elements in therapeutic approaches 50–1
 - spirituality as experienced by professional 55–6
 - spiritual support for journeys in recovery 54–6
 - and transpersonal psychology 213, 214, 215, 216, 220–3
 - understanding religious/spiritual delusion 45–7
- psychotherapy 2, 101–121, 200, 259
 - and child–psychiatrist relationship 94–6
 - and intellectual disability 132
 - and religion 246
 - and soul 104–5, 107–111, 114–7
 - and suicide 69–70
 - and transpersonal psychology 112–4
- recovery 39–40, 44–5, 47, 51–2, 53
- reductionism 2, 3
- religion 233–53
 - attuning to need 244–6
 - defined 4–5
 - faith communities 61–4, 129, 135, 197, 247–50, 278
 - folk religion 242
 - Freud on 45, 108
 - historically provided psychiatric care 1–2
 - individual guidance 246
 - and intellectual disability 122–3, 126–7, 128, 135
 - intrinsic/extrinsic religiosity 233
 - and locus of control 8–9
 - negative effects 8, 46–7, 83, 233, 243
 - prayer 182–4, 281
 - as protective factor 8, 10, 19, 104–5, 143, 173, 182–5, 233, 236, 277–9

- psychiatrists' beliefs 6–7, 234
 and psychosis 42, 45–7, 48, 49, 243
 religious experience 48, 109–10, 242–4
 separation from spirituality 4–5, 41, 83
 social and communal focus 247–50
 and spiritual care in NHS 193, 195, 197
 and substance misuse 139, 141, 142, 145–7
 and suicide 61–69, 71, 76
 support groups 246–7
 syncretism 242
see also chaplains and individual religions
 religious delusions 33, 42–4, 45–7, 49
 religious history *see* spiritual/religious history
 religious/spiritual identity 23
 'religious or spiritual problem' 48, 216
 religious tunes, hearing 279
 resilience 87, 88
 Retreat at York 2, 53
 Royal Free Interview for Religious and Spiritual Beliefs 21
- St Thomas of Hereford 184
sati 69
 Saul, King 65, 66
 schizophrenia 42, 44, 49
 Scientific and Medical Network 3
 Scottish Choose Life Strategy 63
 secondary qualities 170–1
 sects 257
 shamanism 181–2, 224–5
 Shintoism 236–7
 Sikhism 241
 Sisyphus 73–4
 snapping 262
 Socrates 65
 somatology 3
 soul 104–5, 107–11, 114–7
 spirit, as unifying principle 102–3
 SPIRIT mnemonic 25–6
 Spiritual Assessment Inventory 27
 spiritual autobiography 27
 spiritual awakening 228
 spiritual care 50
 elements and benefits of 18
 for people with intellectual disabilities 133–4
 in NHS 190–211
 accountability for chaplain 205
 change in professional approaches 196
 context of society, beliefs and values 191–2
 defined 190–1
 identity and diversity of ethnicity and beliefs 195
 legislation and policies 193–5
 Mental Health Foundation report 196
 NIMHE spirituality 197
 putting it into practice 197–9
 role of chaplain 201–4
 service users'/carers' views 192–3
 where are we going? 205–6
 whose responsibility? 199–205
 working with chaplain 204–5
 in old age 287–8
 Spiritual Competency and Resource Centre 24
 spiritual defences 255–6
 spiritual development
 in childhood 81–99
 in old age 286
 spiritual ecomaps 26–7
 spiritual emergence/emergency 20, 32–3, 113, 213, 227–9
 spiritual experience 24, 48
 spiritual genograms 26–27, 92
 spiritual healing 171–2, 181–5
 Spiritual Involvement and Beliefs Scale 21
 spirituality
 defined 4–5, 41, 102, 147–8
 furthering it in mental healthcare in UK 11–12
 how did it enter psychiatry? 1–4
 nature of 17
 of patients 6–9
 as protective factor 10, 19–20, 86, 104–5, 129, 143, 277–8, 279–80
 in psychiatric treatment 10–11, 50–1
 of psychiatrists 6, 9–10
 resources for in UK mental health services 210–1
 separation from religion 4–5, 41, 83
 training in 12–14, 28, 30, 56, 134
Spirituality and Mental Health leaflet 25
 Spirituality and Psychiatry Special Interest Group xv–xviii, 4, 6, 10, 11–12, 118, 196
 spiritual lifemaps 26
 spiritual medicine 169–70, 171–85
 spiritual needs assessment *see* assessment of spiritual needs
 spiritual object relations 116
 spiritual practices
 effect on suicide 61–4
 of patients 23, 24
 spiritual/religious history 12–13, 18, 19–20, 22–7, 52
 staff decision-making, spiritual elements 20
 stages of faith 27, 84–5, 93

- substance misuse 33–4, 139–68
 - historical perspective 140–2
 - spirituality as protective factor 143
 - spirituality in treatment programmes 143–9
 - treatment outcome research 149–50
 - treatment process research 150–2
- suicide 61–80
 - in ancient world 65
 - attitudes in religious traditions 64–9
 - effect of membership of faith communities 61–4
 - effect of spiritual practices 61–4
 - impact on survivors 75–6
 - in literature 70–1
 - mental anguish, spirituality and psychotherapy 69–70
 - mental health professionals' attitudes 76–8
 - in old age 275, 276
 - physician-assisted 74–5
 - question of meaning of life 73–4
 - spiritual issues in clinical management 71–3
 - in terminal illness 74–5
 - survival of fittest 3
 - synchronicity 214
 - syncretism 242
 - synthetic–conventional faith 84
 - systems theory 88
- Taoism 237, 242, 283–4
- Teilhard de Chardin, Pierre 112
- terminal illness 74–75, 226, 284
- therapeutic alliance 105
- thought reform 260–1
- Tolstoy, Leo 73, 74
- training
 - in spirituality and psychiatry 12–14, 28, 30, 56, 134
 - of staff 134, 200–1
- transpersonal perspective 212–32
- transpersonal psychology 104, 112–4, 214–5
- transpersonal self 112
- Tuke, William 2, 53
- 12-step programmes 33–4, 142, 144–5, 148, 149–50, 151–2
- universalising faith 84
- Values in Healthcare: a Spiritual Approach* 201
- values in psychiatry 9, 13
- Vives, Juan Luis 2
- Wellness and Recovery Action Plan – WRAP* 199–200
- Wilber, Ken 214–5, 218, 224
- withhold/withdraw treatment, of child 90–1
- Wittgenstein, Ludwig 41