

Wiseman

Frontmatter

[More Information](#)

Camberwell Assessment of Need for Mothers (CAN–M)

Cambridge University Press

978-1-904-67154-1 — CAN-M: Camberwell Assessment of Need for Mothers

Louise Howard , Katherine Hunt , Mike Slade , Veronica O'Keane , Trudi Seneviratne , Morven Leese , Graham Thornicroft , Malcolm

Wiseman

Frontmatter

[More Information](#)

Wiseman

Frontmatter

[More Information](#)

Camberwell Assessment of Need for Mothers (CAN–M)

**A needs-based assessment for pregnant women and mothers
with severe mental illness**

Louise Howard

Katherine Hunt

Mike Slade

Veronica O'Keane

Trudi Seneviratne

Morven Leese

Graham Thornicroft

Malcolm Wiseman

Wiseman

Frontmatter

[More Information](#)

© The Royal College of Psychiatrists 2008

RCPsych Publications is an imprint of the Royal College of Psychiatrists,
17 Belgrave Square, London SW1X 8PG
<http://www.rcpsych.ac.uk>

All rights reserved. No part of this book may be reprinted or reproduced or utilised in any form or by any electronic, mechanical, or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

British Library Cataloguing-in-Publication Data.
A catalogue record for this book is available from the British Library.

ISBN 978 1 904671 54 1

Distributed in North America by Balogh International Inc.

The views presented in this book do not necessarily reflect those of the Royal College of Psychiatrists, and the publishers are not responsible for any error of omission or fact.

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369).

Printed in the UK by Cromwell Press Ltd, Trowbridge, Wiltshire.

[Wiseman](#)[Frontmatter](#)[More Information](#)

Contents

Acknowledgements		vi
Contributors		vii
Abbreviations		viii
Introduction		1
1	Needs assessment <i>Mike Slade</i>	2
2	The needs of women with mental health problems during pregnancy and the postnatal period <i>Louise Howard and Veronica O'Keane</i>	8
3	The needs of severely mentally ill mothers with children <i>Louise Howard and Katherine Hunt</i>	13
4	The impact of maternal mental illness on the developing child <i>Malcolm Wiseman</i>	19
5	The development of the CAN–M <i>Katherine Hunt and Louise Howard</i>	28
6	Guidance on rating <i>Katherine Hunt and Louise Howard</i>	41
7	Scoring the CAN–M <i>Katherine Hunt and Louise Howard</i>	47
8	Training for use of the CAN–M <i>Katherine Hunt and Louise Howard</i>	55
References		65
Index		74
Appendix 1	Coversheet for all versions of the the Camberwell Assessment of Need for Mothers (CAN–M)	CAN–M/1
Appendix 2	Camberwell Assessment of Need for Mothers (Clinical version) – CAN–M (C)	CAN–M (C)/1
Appendix 3	Camberwell Assessment of Need for Mothers (Research version) – CAN–M (R)	CAN–M (R)/1
Appendix 4	Camberwell Assessment of Need for Mothers (Short Appraisal Schedule version) – CAN–M (S)	CAN–M (S)/1
Appendix 5	CAN–M (C) Assessment summary score sheets	CAN–M (C) score sheets/1
Appendix 6	CAN–M (R) Assessment summary score sheet	CAN–M (R) score sheet/1
Appendix 7	Training overheads	CAN–M overheads/1
Appendix 8	Training vignettes	CAN–M vignettes/1

Wiseman

Frontmatter

[More Information](#)

Acknowledgements

We would like to thank members of the advisory group (Jane Sayer, Jenny Shaieb, Alan Rushton, Carol Valinejad and Malcolm Wiseman) for their advice, the independent raters (Sophie Bellringer, John Boorman, Helen Gilbert, Deborah Featherstone and Manuela Jarrett) for their time, and all the service users and staff who participated in this project. This project was funded by the Guys and St Thomas' Charitable Foundation, South London and Maudsley Trustees and the Institute of Social Psychiatry.

Wiseman

Frontmatter

[More Information](#)

Contributors

Louise Howard	Clinical Senior Lecturer in Women's Mental Health, Section of Community Mental Health, Health Service and Population Research Department, Institute of Psychiatry, King's College London
Katherine Hunt	Research Worker, Section of Community Mental Health, Health Service and Population Research Department, Institute of Psychiatry, King's College London
Morven Leese	Reader and Statistician, Section of Community Mental Health, Health Service and Population Research Department, Institute of Psychiatry, King's College London
Veronica O'Keane	Clinical Senior Lecturer and Head of Section of Perinatal Psychiatry, Department of Psychiatry, Institute of Psychiatry, King's College London & Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust
Trudi Seneviratne	Consultant Perinatal Psychiatrist, South London and Maudsley NHS Foundation Trust
Mike Slade	Reader in Health Services Research, Section of Community Mental Health, Health Service and Population Research Department, Institute of Psychiatry, King's College London & Clinical Psychologist, South London and Maudsley NHS Foundation Trust
Graham Thornicroft	Professor of Community Psychiatry, Section of Community Mental Health, Health Service and Population Research Department, Institute of Psychiatry, King's College London & Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust
Malcolm Wiseman	Consultant Child and Adolescent Psychiatrist, South London and Maudsley NHS Foundation Trust.

Wiseman

Frontmatter

[More Information](#)

Abbreviations

CAN	Camberwell Assessment of Need: a family of assessment schedules, including CAN–M (S), CAN–M (R) and CAN–M (C)
CAN–M	Camberwell Assessment of Need for Mothers
CAN–M (C)	Camberwell Assessment of Need for Mothers – Clinical version
CAN–M (R)	Camberwell Assessment of Need for Mothers – Research version
CAN–M (S)	Camberwell Assessment of Need for Mothers – Short Appraisal Schedule version
SMI	Severe mental illness

Introduction

The Camberwell Assessment of Need for Mothers (CAN–M) is a needs-based assessment specifically designed for use with pregnant women and mothers with severe mental illness (SMI). The CAN–M was developed at the Institute of Psychiatry and Kings College London, and is a modified version of the Camberwell Assessment of Need (CAN) (Slade *et al*, 1999a), the most widely used needs assessment instrument in the UK and Europe. The CAN–M is the fourth variant of the CAN. Other variants have been designed to assess the needs of populations with developmental and learning disabilities (CANDID; Xenitidis *et al*, 2003), individuals with mental illness in contact with forensic services (CANFOR; Thomas *et al*, 2003), and the elderly (CANE; Orrell & Hancock, 2004).

The CAN–M comes in three versions: a long version for research, CAN–M (R); a long version for clinical purposes, CAN–M (C); and a short version to fulfil both research and clinical purposes, CAN–M (S). The fundamental properties of the CAN–M (S), CAN–M (C) and CAN–M (R) remain the same, that is, all instruments have been designed to identify the presence of health and social care needs in pregnant women and mothers with SMI. The CAN–M (S) is a brief tool that aims to establish for each need domain: (a) whether a need is present; and (b) where a need exists, whether it is currently met or unmet. If an unmet need is identified, then further investigations may be required by an appropriate individual or team using more specialised assessment techniques. If, for example, an unmet need is identified in the *Emotional demands of childcare* domain, a full assessment by a developmental psychologist may be required. The CAN–M (C) also addresses how much help is received from informal and formal supports, and includes the service user's view of services required and action(s) needed to address the service user's needs. In contrast, the CAN–M (R) further addresses the issues of help received for each need from formal and informal supports, how much help is needed by local services to meet needs, and whether the user is receiving the right type and level of help to meet her needs.

The CAN–M incorporates 26 domains of health and social care needs relevant to pregnant women and mothers with SMI. It records the views of both the service user and their keyworker. An evaluation of the instrument has established excellent interrater reliability, test–retest reliability, content validity and concurrent validity. The CAN–M can therefore be used to identify (a) individual needs in clinical settings, such as the development of Care Programme Approach care plans and local authority parenting assessments, in addition to providing (b) a research assessment of the local service provision for pregnant women with SMI and mothers at the population-based level of need.

This manual provides an introduction to the topic of needs assessment for pregnant women and mothers with SMI (Chapter 1), a review of the needs of women with SMI during pregnancy and the postnatal period (Chapter 2) and with older children (Chapter 3), a review of the impact of maternal mental illness on the developing child (Chapter 4), a description of the development of the CAN–M (Chapter 5), a guide on how to use the CAN–M (Chapters 6 and 7), and a training package for the CAN–M (Chapter 8).