

# Index

## Complied by Caroline Sheard

```
ABC diaries 298
academic departments 2
accommodation provision 97
acquired aphasia with epilepsy 127
action plan orders 99
acute stress reaction 166
ADHD see attention-deficit hyperactivity
  disorders
ADI-R 136-7
adjustment disorders 168, 322, 324
Adult Attachment Interview 159
age, and prevalence of disorders 77-81, 240
agoraphobia 163, 165
alcohol use 206
  see also substance misuse
alpha-2-adrenergic agonists 286-7
alternative therapies 288
amphetamine 282-3
anorexia nervosa
  aetiology 218-20
  biological factors 234
  cultural influences 214-15
  diagnosis 215-16
  differential diagnosis 217-18
  epidemiology 71, 72, 85, 214–15 investigations 217
  management 220-2
  prevention 223
prognosis 222
antipsychotics 198-9, 285-6
antisocial behaviour, risk factors for
  development in adult life 48-9
anxiety disorders 162-8
  adult outcomes 49-50
  biological factors 234-5
  epidemiology 70, 72, 168 interventions 170, 314
  treatment issues 169
anxiolytics 287
applied behaviour analysis 298
art therapy 308
ASDs see autistic spectrum disorders
```

```
Asperger syndrome 133-4, 192
case study 135-6
assessment 102-23, 297-8
  background information 108-9
  brief neurodevelopmental 117-18
  cognitive ability 118
  developmental disorders 136-7
  formulation 119-22
  and functioning in other settings 109
  history-taking 106-7
  in in-patient units 359
  individual interview 109-16
  introduction and engagement 105-6
  physical examination 116
  preparation for 103-4
  psychometric 118–19
  tasks 103
  use of interpreters or translators 104-5
attachment 22-5, 158-9
  in adult life 159, 161-2
  and social development 31-2
  assessment of disorders 158-62
  case studies 160
attendance centre orders 99
attention-deficit hyperactivity disorder
(ADHD)
  adult outcomes 52-3
  assessment 121-2
  biological factors 227-8
  epidemiology 70, 71–2
management 282–3
Audit Commission, Children in Mind 318
autism 132-3
  assessment 136-7
  atypical 134, 192
  biological factors 226-7
  case study 135
                 73 - 4
  epidemiology
  and learning disability 130
  management 137-8
Autism Diagnostic Interview - Revised
  136 - 7
```



### INDEX

autistic spectrum disorders (ASDs) 129–30 assessment 136–7	CAMHS see child and adolescent mental health services
biological factors 226-7	cannabis
comorbidity 138	and depression 208
differential diagnosis 192	and schizophrenia 195, 208
management 137–8	capacity 91–3
presentation 130–2	carbamazepine 199, 285
therapies 138	care orders 94–5
autobiographical memory 159	care programme approach 357
behavioural therapy 297–301	CBT see cognitive-behavioural therapy CGAS 69, 120-1
anxiety disorders 169	child abuse
assessment and formulation 297–8	and attachment 158–9
clinical applications and effectiveness	categories 255
300-1	and confidentiality 272
planning and implementation 298-9	definitions 254–5
techniques 299–300	emotional 259–60
benzodiazepines 287	epidemiology 255
binge eating disorder 71	long-term effects 260-3
biological factors 225-6	physical 255–7
affective disorders 231–2	and post-traumatic stress disorders 168
anxiety disorders 234–5	psychiatrist's role 265–6
attention-deficit hyperactivity disorder	sexual 257–8, 314
227-8	child and adolescent mental health services
autism 226–7	(CAMHS)
conduct disorders 230–1 eating disorders 234	commissioning 270–1 development of 4–5
obsessive–compulsive disorder 230	inter-agency working 270
reading disorders 228–9	liaison with other services 317–37
tic disorders 229–30	multidisciplinary teams 270
Tourette syndrome 229–30	social workers in 330–1
bipolar disorder 176	tiered delivery 269-70, 327-8
aetiology 194–5	child advocacy 254
biological factors 231–2	child assessment orders 95-6
differential diagnosis 193-4	child guidance clinics 1-2
epidemiology 70	child protection 263-5
management 284–5	childhood disintegrative disorders 134
bladder control 11, 36-7	Children Act 1989 90, 92, 93, 94, 264, 339
body mass index (BMI) 215	Children and Young Persons Act 1963 90
and obesity 217	Children's Global Assessment Scale 69,
'Bolitho' criteria 91	120-1
borderline personality disorder 194	children's homes 244–6, 296, 329–30, 331
bowel control 11, 36–7	Children's National Service Framework 5
brief neurodevelopmental assessment 117–18	chronic fatigue 70 classical conditioning 297
brief psychotherapy 307	classification 59–69
British Ability Scales 120	categorical versus dimensional systems 60–1
bulimia nervosa	multiaxial 61–2
aetiology 218–20	claustrophobia 163
biological factors 234	clinics, joint 325–6
diagnosis 216	clumsy child syndrome 129, 135-6
differential diagnosis 217-18	cognitive ability, assessment 118
epidemiology 71, 214	cognitive-behavioural therapy (CBT) 301-5
investigations 217	anxiety disorders 169, 170
management 221-2, 305	assessment of suitability for 302-3
prevention 223	clinical effectiveness 304-5
prognosis 222–3	depression 179, 304
bullying 249, 297	obsessive-compulsive disorder 166, 304
buspirone 287	programme components 303–4



INDEX

cognitive development 17–18, 29–31 cognitive distortions 242, 301	somatic/non-somatic 176 treatment 178–80, 304, 305, 314
collaborative empiricism 302	detention orders 99
communication	development
in autistic spectrum disorders 130-1	influences on 28–39
pre-verbal 14	milestones 8
principles of 113, 114–15	normal 7–9
specific developmental disorders 125–8	theories of 15–21
comorbidity	developmental coordination disorder 129,
and DSM-IV 63	135–6
and ICD-10 65	developmental delay 118
compulsions 166, 300	developmental disorders 124–44
conduct disorder 145–7	assessment 136–7
adult outcomes 53–5	classification 68, 125
aetiology 147–9	differential diagnosis 192 epidemiology 73–4
biological factors 230–1 comorbidity 149–50	management 137–8
depressive 177	diagnosis 59–60
diagnostic criteria 145–6	Diagnostic and Statistical Manual of Mental
epidemiology 71	Disorders see DSM-IV
life-course persistent 150, 151	Diagnostic Interview for Speech and
management 151-4, 313	Communication Disorders 137
confidentiality 93, 272	Diagnostic Interview Schedule for Children
and individual interviews 110-11	104
consent 91-3, 97, 271-2, 360	dinosaur school curriculum 313
consultation see liaison	DISC 104
coordination, assessment 117	DISCO 137
core beliefs 302	dissociative disorders 322
cortisol and depression 231-2	doctors, duty of care 90–1
countertransference 306	dopamine
CPA 357	and attention-deficit hyperactivity
creative therapies 308	disorder 227–8
Crime and Disorder Act 1998 339, 340 criminal law 98–9	and Tourette syndrome 229 dreams 10
Critical Incident Debriefing 170	drug misuse see substance misuse
cultural influences in anorexia nervosa	drug testing and treatment orders 99
214–15, 220	DSM-IV 60–1, 62–4, 120
curfew 99	comparison with ICD-10 62, 65-9, 278
	conduct disorder 145-6
defence mechanisms 242	depression 175, 176
delusions 193	eating disorders 213
depression 174	multi-axial assessment in 61-2
acute 176	oppositional defiant disorder 150
adult outcomes 50–1	post-traumatic stress disorders 166
aetiology 177–8, 231–2	schizophrenia 193
assessment 178	substance misuse 205
biological factors 231–2	duration of untreated psychosis (DUP) 188
and cannabis 208 chronic 176	189
cognitive theory of 301	duty of care 90–1 dysfunctional core beliefs 301–2
and conduct disorder 150	dyslexia see reading disorders
childhood antecedents of adult 46–8	dyspraxia 129, 135–6
classification 176–7	dysthymia/dysthymic disorder 70, 72, 176
comorbidity 176, 177	ajonijima, ajonijime anoraer 70, 72, 170
diagnosis and clinical features 175	eating disorders see specific disorders
epidemiology 70, 72, 84, 174	ECT see electroconvulsive therapy
maternal 247	education, and social development 33-4
monoamine hypothesis 177-8	educational management 296–7
prognosis 180–1	elective mutism 163-4



### INDEX

electroconvulsive therapy (ECT) 288 depression 180	schools of 309–11 social constructionist 311
manic disorder 199	strategic 310
electronic curfew 99	structural 309–10
emergency protection orders 96, 264	substance misuse 210
encopresis 36, 37, 301	feeding
enuresis 36–7, 300–1	disorders of childhood 213–14
environmental factors 248–51	in infancy 9
in development 29	fines 99
environmental manipulation 299	Fog testing 117
epidemiology 69–85	food avoidance emotional disorder 214
anorexia nervosa 71, 72, 85, 214–15	forensic services 338–46
anxiety disorders 70, 72, 168	definitions 338–9
bulimia nervosa 71, 214	interventions 342–3
child abuse 255	mental health perspective 343-4
common child psychiatric disorders 70–3	problem profiles 341–2
depression 70, 72, 84, 174	service development 344–5
developmental disorders 73-4	formulation 119–22
risk factors 74–6	foster care 244-6, 295-6, 329-30
epilepsy 74, 75, 76	fragile-X anomaly and autism 133
and autism 133	Freud, Anna 307
ERP see event-related potential	functional analysis 298
ethnicity see race	
European Convention on Human Rights	GAF scale 69
99-100	gender
event-related potential	and depression 174
attention-deficit hyperactivity disorder	as factor in psychiatric disorders 240
228	gender identity 12
schizophrenia 233	gender identity disorder 71, 73
evidence-based medicine 273-4	gender role 13
exposure and response prevention 300	generalised anxiety disorder 70, 72, 165
expressed emotion 148	genetic influences on development 29
expressive language disorder 126	genogram 309
extinction 299–300	'Gillick' competence 91–3
	Global Assessment of Functioning scale 69
factitious disorder by proxy 262-3	Goodenough Draw a Man Test 112
factitious disorders 322	graded exposure 300
family 242–8	Griffiths Mental Development Scales 120
characteristics in physical child abuse 256	group therapy 311–14
of child with chronic physical illness 320-1	depression and anxiety 314
disruption 244	with parents 313
extended 248	problems with 314
factors in eating disorders 219	psychodynamic 312
income 250	social skills-based 313-14
ordinal position of child 243	with young offenders 314
reconstituted 244	
size 243	hallucinations 193
and social development 33	health education 275
type 242–3	health promotion 274-5
family assistance orders 96	Heller's syndrome 134
family therapy 308-11	Help Starts Here project 333
anxiety disorders 169	historical trends in prevalence of disorders
brief solution-focused 310–11	84–5
current practice 309	history of child and adolescent psychiatry
depression 179	1-6
indications 309	history-taking 106–7
Milan systemic 310	in psychosis 190–1
narrative approach 311	HoNOSCA 121
outcome studies 311	hospital managers, duty of care 91



INDEX

Human Rights Act 1998 99–100, 349 hyperactivity and conduct disorder 150 hyperkinetic disorder 282, 283	Landau–Kleffner syndrome 127 language delay in autistic spectrum disorders 130
ICD-10 60, 64–5, 107, 119–21 comparison with DSM-IV 62, 65–9, 278	development 13–15 impairment and conduct disorder 149 problems 31
conduct disorder 145–6 depression 175	specific developmental disorders 125–8,
development disorders 124, 125, 126	law 90–101
eating disorders 213, 215, 216	learning disability
multi-axial assessment in 61–2	and autism 130
psychosomatic disorders 322, 324	and cognitive development 30–1
schizophrenia 192–3	liaison 317
stress-related disorders 164	current provision 318
substance misuse 205	paediatric 319–27
illness	process 317–18
chronic physical 320-1	with schools 333–5
influence on development 35–6	with services for young offenders 335
secondary to psychiatric disorder 321–2	with social services 329–33
individual educational plans 137–8	life events
in-patient units 347–62	and eating disorders 219
admission 350-1	negative 41, 43, 165, 177, 249-50
assessment in 359	lisping 127
care programme approach 357	lithium 180, 199, 284-5
categorisation 348	'looked after' children 244-6, 295-6, 329-30
choice of unit 351–3	
discharge 360–1	masturbation 13
generic/specialised 353	melatonin 287–8
staffing 353–6	menarche 12
treatment in 359–60	Mental Health Act 1983 92
treatment packages 356-7	mental retardation see learning disability
treatment principles 347, 349–50	mental state examination in psychosis 191
ward accommodation 357–9	methylphenidate 282–3
incidence 69	MMR vaccination and autism 133
individual educational plans 137–8	monoamine hypothesis of depression 177–8
infant feeding 9 innovative treatments, legal aspects 97–8	moral development 18, 21 motivational interviewing in substance
intellectual functioning, classification	misuse 209–10
categories 68	motor development 7, 8
intelligence and cognitive development 29–31	MST 152, 295, 342
interests, in autistic spectrum disorders 131	multi-dimensional family therapy 152
interim care orders 96	multi-systemic therapy 152, 295, 342
interim supervision orders 96	Munchausen syndrome by proxy 262-3
International Classification of Mental and	mutism 163–4
Behavioural Disorders see ICD-10	
interpersonal therapy 179, 305	naltrexone 287
interpreters 104–5	narcolepsy 71
interviews 109–16	National Society for the Prevention of
adolescents 115–16	Cruelty to Children 254
and confidentiality 110-11	negative automatic thoughts 301
pre-adolescent children 112-13, 115	neglect 258–9
pre-school/early-school age children	see also child abuse
111-12	neurasthenia 322
IPT 179, 305	neurodegenerative disorders 194
IQ 29–30	neurodevelopmental assessment, brief 117–18
Kiddie Schedule for Affective Disorders and	night terrors 10, 71
Schizophrenia (K-SADS) 104, 191	night terrors 10, 71
Klein, Melanie 307	NOFTT 262



### INDEX

non-accidental injury see child abuse,	classes of medication 282-8
physical	considerations 281
non-organic failure to thrive 262	decision to prescribe 280
novel therapies 288	depression 179–80
NSPCC 254	dosage 280–1
1 1 017	effectiveness and safety 277–9
obesity 217	obsessive–compulsive disorder 166
management 222	psychosis 197–9, 285–6
obsessions 166	phobias, epidemiology 70, 72
obsessive–compulsive disorder (OCD) 166	phobic anxiety disorders 163, 165
adult outcomes 51–2	physical development 35–7
biological factors 230	physical examination 116
epidemiology 70, 72 management 166, 300, 304	in psychosis 191 Pierce Suicide Intent Score 183
Office for National Statistics, survey of child and adolescent mental health 78–81	play 15 play therapy 307
operant conditioning 297	pointing 14
oppositional defiant disorder 150–1, 313	police final warning 98
outcome diversity 238–9	police reprimands 98
overanxious disorder 70, 72, 165	positive reinforcement 299
70, 72, 100	post-natal depression 247
paediatric autoimmune neuropsychiatric	post-traumatic stress disorder (PTSD)
disorder associated with streptococcal	166-8, 349
infection 229–30	interventions 170
paediatric services, liaison with CAMHS	poverty 250
319–27	prevalence 69
PANDAS 229–30	prevention 274–7
panic disorder 70, 72, 165	principle of equipoise 98
parenting	protowords 14
assessment 264–5	pseudo-psychotic experiences 188
styles 243	psychiatrist, role in child protection 265-6
parenting orders 99	psychoanalysis 307
parents	psychoanalytic theory 306
bound over 99	psychodynamic therapies 306-8
criminal behaviour 247	anxiety disorders 169
group therapy 313	group interventions 312
mental illness 246–7	psychometric assessment 118–19
rights and responsibilities 271–2	psychopathology
training programmes 313	epidemiology 76–7
peers	nature of risk for 40–5
influence on social development 34–5	psychopharmacology see pharmacotherapy
relationships with 248–9	psychosis 188–9
persistent offenders 339	aetiology 194–6 assessment 190–2, 197
personality 21–2	differential diagnosis of disorders 192–4
and eating disorders 219	management 196–202, 285–6
pervasive developmental disorders 124,	organic 194
125, 129–36	outcomes 201–2
assessment 136–7	presentation/first episode 189–90
comorbidity 138	relapse prevention 200–1
management 137–8	service provision 202
therapies 138	untreated 188, 189
pervasive food refusal 214	in young offenders 190
pharmacokinetics 280–1	psychosocial development 15–17
pharmacotherapy 277–88	psychosocial factors 238–53
anorexia nervosa 221	psychosocial short stature 262
anxiety disorders 169	psychosocial stressors, classification 68–9
attention-deficit hyperactivity disorder	psychosomatic disorders 322–3
282–3	psychotherapy 293–316



INDEX

psychotic symptoms and risk of	schools, liaison with 333-5
schizophrenia 46	SDDs 124–9
PTSD see post-traumatic stress disorders	secure care orders 95
puberty 12, 36	selective eating 214
punishment 299	selective mutism 163–4
1 1 61 1 01 2 241	selective serotonin reuptake inhibitors
race, and prevalence of disorders 81–3, 241	(SSRIs) 179–80, 283–4
randomised controlled trials 97–8, 273–4,	self-efficacy 242
278	self-harm 174
reactive attachment disorder 164	assessment 122
reading disorders 128	epidemiology 181
biological factors 228–9	involvement of paediatric services 321
epidemiology 73, 74	management 183–4
receptive language disorder 127	meaning of 183
referral orders 99	methods 181–2
reparation orders 99	patient characteristics 182
repetitive movements in autistic spectrum	prognosis 184–5
disorders 131–2	separation anxiety disorder 160, 163
research, legal aspects 97–8	epidemiology 70, 72
residential care 244–6, 296, 329–30, 331	serotonin
resilience 165	and autism 133, 227
Rett syndrome 134	and depression 231
revolving-door patients 321	and obsessive-compulsive disorder 230
rewards 299	sexual abuse see child abuse, sexual
rheumatic fever 230	sexual development 11–13
rights of children 99–100	sexual orientation 13
risk factors	sexualised behaviour, age-inappropriate
for adult deviant behaviour 48–9	258, 261
for adult major depression 46–8	siblings 247–8
biological 225–37	sickness, models of 323-4
for eating disorders 218–20	significant harm 264
epidemiology 74–6	sleep 9–10
psychosocial 238–53	sleep disorders
for schizophrenia 45–6	epidemiology 71, 73
in psychopathology 40–5	see also specific disorders
	sleepwalking 71
sanctions 299	SMD 73, 74
savantism 130	smoking
schizoaffective disorder 193	and attention-deficit hyperactivity
schizoid disorder 192	disorder 227
schizophrenia	in in-patient units 359
aetiology 194–6, 232–3	maternal 227
assessment 197	prevalence 206
and cannabis 195, 208	social class 250
diagnosis 192–3	social cognition deficits with conduct
epidemiology 71, 73	disorder 149
management 196–202, 285–6	social development, influences on 31–5
outcomes 201–2	social interaction in autistic spectrum
relapse prevention 200–1	disorders 131
risk factors 45–6	social learning theory 297
service provision 202	social management 295-6
schizotypal disorder 192	social phobia 70
school	social services, liaison with 329–33
influence of 249	social skills training 313–14
liaison with 296–7	in depression 179
phobia 163	social workers 330–1
psychological treatment within 297	societal influences 251
residential 245	sodium valproate 199, 285
visits 118	somatisation disorder 322, 323



### INDEX

somatoform disorders 322	training 3–4
specific developmental disorder of motor	liaison with paediatric services 326-7
function 129, 135-6	training orders 99
specific developmental disorders 124-9	transference 306
specific developmental disorders of	transitional objects 10
scholastic skills 128–9	translators 104–5
specific disorder of arithmetical skill 129	transsexualism 12
specific maths difficulty 73, 74	treatment
specific reading disorder/difficulty see	alternative therapies 288
reading disorders	context 271
specific speech articulation disorder 126	effective 273–4
specific spelling disorder 128	ending 273
speech, specific developmental disorders	novel therapies 288
125-8	planning 293-5
stammering 128	psychological 293–316
stature, psychosocial short 262	unsuccessful 273
stimulants 282–3	tricyclic antidepressants 179, 284
stimulus change 299	tuberous sclerosis and autism 133
strange situation procedure 23–5	tuberous sererous and dation 100
Strengths and Difficulties Questionnaire 104	United Nations Convention on the Rights of
stress 164–5	the Child 349
stress-related disorders 164–8	urban living, and prevalence of disorders
stuttering 128	83–4, 250
substance misuse 72, 74, 84–5, 205–6, 250–1	03 1, 230
interventions 209–10	valproate see sodium valproate
involvement of paediatric services 322	velo-cardio-facial syndrome (VCFS) 233
and offending 339	velo cardio faciai syndronie (vero) 255
parental 246	ward rounds, joint 325
physical problems associated 208	Webster-Stratton groups 331
predisposing factors 207	Wechsler Intelligence Scale for Children
prevalence 206	120
protective factors 207	Wechsler Objective Numerical Dimensions
psychiatric comorbidity 207–8, 210	120
service provision 210–11	Wechsler Objective Reading Dimensions
withdrawal syndrome 210	120
suicidal behaviour 181–5	welfare
	checklist 94
epidemiology 76, 85	
and offending 340 supervision orders 94–5	legal governance 94–7 WISC-IV 120
Sure Start 331	WOND 120
Sydenham's chorea 230	WORD 120
systematic desensitisation 300	WORD 120
systematic descrisitisation 500	VOTa 00 100 225
tomporoment 21 2 241	YOTs 98, 190, 335
temperament 21–2, 241	young offenders 339–40
and social development 32–3	categories 341–2
therapeutic relationship 302	definitions 338–9
therapy, development of 2–3	group therapy 314
tic disorders 52, 229–30	interventions 342–3
time out from positive reinforcement 300	mental health perspective 343–4
Tourette syndrome	psychosis 190
biological factors 229–30	services for 335
epidemiology 71	youth offending teams 98, 190, 335