

Gynaecological Oncology for the MRCOG





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—Imran, Omar & Mohsin Shafi; Toby and Cosmo Slack; Aryaman Gajjar





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Preface

Women with gynaecological cancers are managed by multidisciplinary teams, with many professionals from different backgrounds contributing to patients' health care. As outcomes for patients continue to improve, there has been a shift towards understanding survivorship issues and tailoring treatments to achieve the best possible outcomes while minimising the impact of treatment on quality of life. This book addresses all aspects of caring for women with gynaecological malignancy, covering general topics as well as specific issues faced by patients.

This book is aimed at trainees in gynaecology and oncology and at consultants with a special interest in gynaecological cancers. Although this book covers the syllabus for the MRCOG examination, it is also written to provide a comprehensive foundation for all healthcare professionals caring for women with gynaecological cancers, beyond the basics. Allied medical staff, palliative care professionals and nurse specialists

will also find this book a useful resource for up-to-date information on the whole range of gynaecological cancers

Chapters 1–9 and 16–18 cover the broad issues in gynaecological oncology whereas Chapters 10–15 cover site-specific tumours. The chapters are intended to be clinically focused and are based upon published facts. Wherever possible, the reader is directed to national guidelines and standards. Boxed information, key facts and tips are highlighted to assist the reader. Each chapter lists further reading recommendations to guide the interested reader to seek further information about the topics covered in the chapter.

We have had the pleasure of working with experts who have kindly contributed to this book. This is always one of the nicest aspects of writing a book in that there is collaboration with colleagues and friends whom we admire and respect for their expertise.





Abbreviations

ADC	Apparent diffusion coefficient	EORTC	European Organisation for Research in
AFP	Alpha-fetoprotein		Treatment of Cancer
AIN	Anal intraepithelial neoplasia	EPD	Extra-mammary Paget's disease
AS	Age standardised	ESGO	European Society of Gynaecological
ASCUS	Atypical squamous cells of undeter-		Oncology
	mined significance	ETT	Epithelioid trophoblasic tumour
ASR	Age-standardised incidence	EUA	Examination under anaesthesia
	(or mortality) rate	FDG	2-[18F]-fluoro-2-deoxy-D-glucose
ASTEC	A Study in the Treatment of	FIGO	International Federation of
	Endometrial Cancer		Gynaecology and Obstetrics
BCC	Basal cell carcinoma	FNA	Fine needle aspiration
BEP	Bleomycin, etoposide, cisplatin	FSH	Follicle stimulating hormone
BMI	Body mass index	GCT	Granulosa cell tumour
BOT	Borderline ovarian tumour	GOG	Gynaecologic Oncology Group
BRCA	Breast cancer-associated antigen	GTD	Gestational trophoblastic disease
BSO	Bilateral salpingo-oophorectomy	GTN	Gestational trophoblastic neoplasia
BT	Brachytherapy	GTT	Gestational trophoblastic tumour
CA125	Cancer-associated antigen 125	hCG	Human chorionic gonadotrophin
CA19.9	Cancer-associated antigen 19.9	β-hCG	Beta human chorionic gonadotrophin
CEA	Carcinoembryonic antigen	HDR	High dose rate
CGIN	Cervical glandular intraepithelial	HES	Hospital Episode Statistics
	neoplasia	HGSOC	High-grade serous ovarian carcinoma
CHM	Complete hydatidiform mole	HIPEC	Hyperthermic intraperitoneal
CIN	Cervical intraepithelial neoplasia		chemotherapy
CNS	Clinical nurse specialist	HIV	Human immunodeficiency virus
CO	Cyclophosphamide and vincristine	HNA	Holistic needs assessment
CRS	Cytoreductive surgery	HNPCC	Hereditary non-polyposis colorectal
CSCI	Continuous subcutaneous infusion		cancer
CT	Computed tomography	HPV	Human papillomavirus
CTC	Common toxicity criteria	HRT	Hormone replacement therapy
DALY	Disability-adjusted life-years	ICCR	International Collaboration on Cancer
DCE	Dynamic contrast enhanced		Reporting
DES	Diethylstilboestrol	ICD	International Classification of Disease
DVT	Deep vein thrombosis	ICD-O	International Classification of Diseases
DWI	Diffusion-weighted images		for Oncology
EBRT	External beam radiotherapy	ICG	Indocyanine green
EEC	Endometrioid endometrial cancer	IHC	Immunohistochemistry
EMA	Etoposide, methotrexate and actino-	IMRT	Intensity-modulated radiotherapy
	mycin D	IOTA	International Ovarian Tumour
EOC	Epithelial ovarian cancer		Analysis
	•		•

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List of Abbreviations

IUS	Intra-uterine system	PVP	Predictive value positive
LGSOC	Low-grade serous ovarian carcinoma	QALY	Quality-adjusted life-years
LH	Luteinising hormone	QOL	Quality of life
LINAC	Linear accelerator	RMI	Risk of malignancy index
LLETZ	Large loop excision of the transforma-	RRESDO	Risk reducing early salpingectomy and
	tion zone		delayed oophorectomy
LND	Lymph node dissection	RRS	Risk reducing surgery
LNG	Levonorgestrel	RRSO	Risk reducing salpingo-oophorectomy
LS	Lynch syndrome or lichen sclerosis	SABR	Stereotactic ablative radiotherapy
LVSI	Lymphovascular space invasion	SBRT	Stereotactic body radiotherapy
MAS	Minimal access surgery	SCC	Squamous cell cancer
MDT	Multidisciplinary team	SEE-FIM	Sectioning and extensively examining
MDTM	Multidisciplinary team meeting		the fimbrial end
MMR	Mismatch repair	sEIC	Serous endometrial intraepithelial
MR(I)	Magnetic resonance (imaging)		carcinoma
MSI	Microsatellite instability	SIGN	Scottish Intercollegiate Guidelines
NACT	Neoadjuvant chemotherapy		Network
NCAT	National Cancer Action Team	SIL	Squamous intraepithelial lesion
NCDR	National Cancer Data Repository	SLN	Sentinel lymph node
NCI	National Cancer Institute	SLND	Sentinel lymph node dissection
NCIN	National Cancer Intelligence Network	SMILE	Stratified mucinous intraepithelial
NEOT	Non-epithelial ovarian tumour		lesion
NGO	Non-governmental organisations	SNP	Single nucleotide polymorphisms
NHSCSP	National Health Service Cervical	STD	Sexually transmitted disease
	Screening Programme	STIC	Serous tubal intraepithelial carcinoma
NICE	National Institute for Health and Care	STUMP	Smooth muscle tumour of uncertain
	Excellence		malignant potential
NSAID	Non-steroidal anti-inflammatory drug	TAH	Total abdominal hysterectomy
OC	Ovarian cancer	TAUS	Transabdominal ultrasound scan
OGCT	Ovarian germ cell tumours	TCGA	The Cancer Genome Atlas
PA	Para-aortic	TLH	Total laparoscopic hysterectomy
PARP	Poly-ADP ribose polymerase	TNM	Tumour, node, metastases (staging
PBO	Partial bowel obstruction		system)
PCB	Post-coital bleeding	TSH	Thyroid-stimulating hormone
PCOS	Polycystic ovarian syndrome	TVUS	Transvaginal ultrasound scan
PET	Positron emission tomography	T1WI	T1-weighted images
PET/CT	Positron emission tomography/	T2WI	T2-weighted images
	computerised tomography	UKCTOCS	UK Collaborative Trial on Ovarian
PHM	Partial hydatidiform mole		Cancer Screening
PLCO	Prostate, lung, colorectal and ovarian	US	Ultrasound scan
	cancer screening trial	VaIN	Vaginal intraepithelial neoplasia
PMB	Postmenopausal bleeding	VIN	Vulval intraepithelial neoplasia
PND	Pelvic node dissection	VTE	Venous thromboembolism
PROMS	Patient reported outcome measures	WHO	World Health Organisation
PSTT	Placental site trophoblastic tumour	WI	Weighted images
PVN	Predictive value negative	WLE	Wide local excision

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