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Health Psychology in Australia

In today’s diverse society, health professionals require a complete understanding of how physiological, social and psychological factors impact physical wellbeing. Health psychology is an increasingly important focus of modern healthcare practice. *Health Psychology in Australia* provides a contemporary, relevant perspective on the unique climate in which health psychology is practised. Drawing on the diverse expertise of the author team, this book gives students the skills to identify and evaluate health risk factors and to intervene in and manage health behaviour.

Each chapter includes learning objectives, case studies with accompanying critical thinking questions and a detailed summary to consolidate learning. The comprehensive glossary and links to online resources help solidify understanding of key concepts and ideas and encourage wider reading. An online instructor’s resource manual to enhance teaching practices is available at www.cambridge.edu.au/academic/healthpsychology.

Written with a focus on respectful advocacy of health promotion, *Health Psychology in Australia* provides psychology and allied health students with a comprehensive understanding of the role of the health psychologist as clinician, researcher, educator and client.

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HEALTH PSYCHOLOGY IN AUSTRALIA

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