

Index

- abdominal circumference, 211
- Aboriginal and Torres Strait Islander communities, 68
- Aboriginal and Torres Strait Islander peoples
 - and asthma, 176
 - and cancer, 82–3
 - and chronic kidney disease (CKD), 245
 - and diabetes mellitus, 160
 - and resilience, 72
 - and transportation injuries, 117
 - communication, 58
 - culturally sensitive services, 129
 - influenza vaccination, 187
 - rurality, 65, 68, 82
- Absolute Cardiovascular Disease Risk, 101
- acanthosis nigricans, 163
- access, 261, 262
- access creation, 248
- ACE inhibitor (ACEI), 248
- acquired brain injury (ABI), 117, 118–19
- activities of daily living (ADL), 182, 230, 293
- acute care, 218–19
- adaptability, 10
- advance care directives, 281
- advanced care planning, 188, 281–2
- advanced nursing practice
 - and arthritis, 204
 - and asthma, 188
 - and brain injury, 121
 - and cancer, 89–90
 - and cardiovascular disease (CVD), 107
 - and chronic kidney disease (CKD), 252–3
 - and chronic obstructive pulmonary disease (COPD), 188
 - and dementia, 234
 - and diabetes mellitus, 169
 - and mental illness, 152–3
 - and multiple sclerosis (MS), 297
 - and obesity, 219
 - and Parkinson's disease, 296–7
 - defined, 59
- affect, 169
- agnosia, 227
- alcohol, 119, 131
- alexia, 227
- allergic (atopic) asthma, 179
- alveoli, 180
- Alzheimer's disease, 228
- analgesics, 276, 277, 282
- angiotensin receptor blocker (ARB), 248
- ankylosing spondylitis, 195
- anxiety disorders, 128, 131, 132, 279
- apomorphine, 297
- apraxia, 227
- arteriovenous fistulae (AVF), 246
- arteriovenous grafts (AVG), 246
- arthritis, 195
 - and education, 204
 - forms of, 195
 - health promotion, 202–3
 - nurse's role in management of, 203–4
- Arthritis Australia, 202
- articular cartilage (AC), 196, 197
- assault, 120
- assessment tools, 101, 137
- asthma, 178–9
 - assessment, 183–4
 - health promotion, 186–7
 - living with, 182–3
 - nurse's role in management of, 187–8
 - pathophysiology, 178
 - prevalence, 176
 - risk factors, 182
 - signs and symptoms, 177, 187
 - treatment options, 184–6
- asthma–COPD overlap syndrome (ACOS), 177
- atherosclerosis, 97
- atopy, 182
- Australian Commission on Safety and Quality in Health Care, 27
- Australian Council on Healthcare Standards International, 27
- Australian Dietary Guidelines, 216
- Australian National Professional Development Framework for Cancer Nursing, 87
- autoimmune disease, 294
- basal metabolic rate (BMR), 213
- behaviour changes, 86–7
- best practice guidelines, 13, 22
- bicycle riders, 116, 117
- Binswanger's disease, 229
- biomedical model of health care, 263
- bipolar disorder, 144
- blood level analysis, 163
- blood pressure, 248, 253
- body mass index (BMI), 164, 211, 216
- Braak hypothesis, 291
- bradykinesia, 292
- brain injuries, 117–19
- breathing exercises, 185
- bronchi, 180
- bronchioles, 180
- bronchitis
 - chronic, 180
- bullectomy, 185
- burden of disease, 128
 - arthritis, 195
 - cancer, 80
 - chronic conditions, 4
 - chronic kidney disease (CKD), 241
 - chronic obstructive pulmonary disease (COPD), 176
 - dementia, 227
 - mental illness, 145
 - multiple sclerosis (MS), 294
 - obesity, 211
 - Parkinson's disease, 291
- Canadian Task Force on Preventive Health Care, 215
- cancer, 80
 - and behaviour change, 86–7
 - and self care management, 86–7
 - detection and management, 83–4
 - distress levels, 84
 - grades of, 82
 - impact of, 81–3
 - predictable needs, 84
 - prevention, 86
 - stages of, 82
 - survival and prevalence, 80
- cancer control, 87
- cancer patients
 - Indigenous peoples, 82–3
 - needs after diagnosis, 82
 - nurse's role, 87–8
- cannabis, 132
- carcinogenesis, 87
- cardiac rehabilitation (CR), 102

- cardiomyopathies, 99
- cardiovascular disease (CVD), 97
 - and chronic kidney disease (CKD), 244
 - and diabetes mellitus, 160, 165
 - and self care management, 104, 106
 - health promotion, 100–3
 - living with, 100
 - management of risk factors, 102
 - nurse's role in management of, 105–7
 - pathophysiology, 97
 - patient-centred care, 104–5
 - primary prevention, 101
 - risk factors, 99
 - secondary prevention, 102
- Cardiovascular Disease Risk Assessment (CVDRA), 101
- care coordination, 8, 37, 104–5, 293
- care plans, 55, 104, 230
 - advanced, 188, 281–2
 - holistic, 218
 - individualised, 218, 233, 234
 - palliative, 280
- carer pensions, 27
- carers
 - and dementia patients, 227, 231–2
 - and palliative care, 283
 - and people with disabilities, 266–7
 - identifying, 267
 - support for, 231, 267, 283
 - therapeutic relationships, 105
- case management roles, 7
- case management services, 296
- cerebral vascular accident (CVA), 98
- children, 245, 282
- choice, 263
- chondrocytes, 197
- Chronic Care Model (CCM), 5–8
- chronic conditions
 - burden of, 4
 - defined, 4
 - fatal burden, 274
 - nurse's role in care of people with, 58–9
 - predictable progressions, 35
 - risk factors for, 53, 58
- chronic kidney disease (CKD), 241
 - and cardiovascular disease (CVD), 244
 - burden of, 241
 - delaying progression, 248
 - health promotion, 248
 - living with, 249–50
 - management plans, 251
 - nurse's role in working with patients with, 251–3
 - pathophysiology, 242
 - quality of life issues, 250
 - risk factors, 245
 - stages of, 244–5
 - supportive or palliative treatment, 248
 - treatment options, 246–8
- chronic obesity. *See* obesity
- chronic obstructive pulmonary disease (COPD), 180–1
 - assessment, 183–4
 - burden of, 176
 - health promotion, 186–7
 - living with, 182–3, 185
 - nurse's role in management of, 187–8
 - risk factors, 182
 - severity of, 181
 - signs and symptoms, 177, 187
 - stigmatisation, 43
 - treatment options, 184–6
- chronic pain, 120–1, 202
- client interaction. *See* patient-centred care
- client partnerships, 52–3
- clinical nurse specialist (CNS), 203
- clinical practice guidelines, 11, 253
- Cochrane Collaboration
 - best practice guidelines, 13, 22
- cognitive behaviour therapy, 134
- cognitive changes, 118
- cogwheel rigidity, 292
- communication, 52
 - and mental illness, 134–6
 - cultural factors, 58
 - therapeutic, 267–8
 - with people with disabilities, 268
- community assessments, 42
- community resources, 8, 35, 36, 42
- community violence, 119
- competency standards, 4, 21, 34, 50, 65, 81, 97, 114, 129, 145, 160, 176, 195, 211, 227, 241, 260, 274, 290
- concordance, 250
- conservative treatment, 279
- constipation, 277
- continuing professional development (CPD), 28
- coping strategies, 296
- corticosteroids, 184
- Creutzfeldt-Jakob disease, 228
- cultural competence, 58
- cultural factors, 57–8, 280
- death, 280–1
- decision making
 - evidence-based, 9
 - shared, 166
- decision support, 7
- Declaration of Alma-Ata, 38, 40
- deep brain stimulation, 297
- delirium, 234
- delivery system design, 7
- delusions, 144
- dementia, 227
 - living with, 230–1
 - pathophysiology, 228–9
 - risk factors, 229
 - types of, 228–9
- dementia patients
 - and carers, 227, 231–2
 - and pain, 234
- challenging behaviours, 232
 - legal aspects, 233
 - nurse's role in caring for, 233–4
 - wellbeing, 232
- demyelination, 295
- depressants, 131
- depression, 130–1
 - and diabetes mellitus, 169
 - and kidney replacement therapies (KRT), 250
 - and palliative care, 279
 - impact of, 132
- determinants of health, 69, 86
 - See also* social determinants of health
- diabetes mellitus
 - and education, 167–8
 - and end stage kidney disease (ESKD), 242
 - and self care management, 167–8
 - assessment, 164–5, 167, 168
 - described, 160
 - diagnostic criteria, 163
 - nurse's role in management of, 168–9
 - pathophysiology, 161
 - patient-centred care, 166, 168
 - prevalence, 160
 - risk factors, 163
 - See also* type 1 diabetes, type 2 diabetes
- diabetes nurse educators, 169
- diabetic ketoacidosis (DKA), 161
- diabetic kidney disease (DKD), 242
- dietary thermogenesis, 213
- diets, 296
- differential diagnosis, 295
- diffusion, 246
- disability
 - defined, 259
 - living with, 264
 - social model of, 261
 - See also* people with disabilities
- disability adjusted life years (DALY), 4, 128, 176
- discrimination, 25
 - See also* stigmatisation
- disorganised thinking (speech), 144
- district health boards (DHBs), 67
- domestic violence, 119
- dopamine neurons, 291
- drug use, 119, 131–2
- Duke University Medical Center, 13
- dyslipidaemia, 160
- dyspnoea, 180
- education
 - and arthritis, 204
 - and asthma, 187
 - and chronic obstructive pulmonary disease (COPD), 187
 - and decision support, 7
 - and diabetes mellitus, 167
 - and falls, 116
 - and mental health, 137

- and obesity, 220
- and osteoporosis, 204
- and transportation injuries, 117
- See also* information provision
- elder abuse, 120
- emergencies
 - end of life care, 278–9
- emotional lability, 118
- emphysema, 180
- empowerment, 53–4, 263
- end of life care, 274
- emergencies, 278–9
 - See also* palliative care
- end stage kidney disease (ESKD), 241, 244
 - and diabetes mellitus, 242
- equity, 261
- euthanasia, 282–3
- evidence utilisation, 12
- evidence-based decision making, 9
- evidence-based practice (EBP), 11–13
- existential issues, 275
- extracellular matrix (ECM), 197
- falls, 14, 114, 115–16, 203
 - See also* injury prevention
- families, 105, 134, 231, 266–7, 283
- fatal burden, 274
- fatigue, 278
- financial incentives, 7, 21, 26
- flexibility, 10
- follow up, 53
- fractures, 203
- frontotemporal lobar degeneration, 229
- Garmez, Norman, 72
- gastrointestinal hormones, 212
- gender differences
 - and carers, 231
 - mental illness, 128, 144, 146
- general practitioners (GPs), 55, 282
 - financial incentives, 7, 26
- genetic factors, 146, 229
- ghrelin, 212
- Gillick competency test, 282
- Glasgow Coma Scale (GCS), 118
- Global Action Plan for the Prevention and Control of Noncommunicable Diseases 2013–2020*, 22
- glomerular filtration rates (GFR), 241
- gout, 195
- habitation, 265–6
- haemodialysis (HD), 241, 246–7
- hallucinations, 144
- hallucinogens, 131
- He Korowai Oranga, 68
- health care
 - and obesity, 219
 - integrated, 166
 - psychosocial aspects of, 55–8, 279
 - standardisation, 11
 - supportive environments, 36–8
- health care systems, 6–7, 65
 - Australia, 65–7
 - integrated, 10
 - New Zealand, 67
- health care teams
 - and nurse practitioners (NPs), 188
- care coordination, 104–5
- collaborative, 55, 233
- communication with, 166
- community-based, 187
- interdisciplinary, 54
- monitoring systems, 27
- multidisciplinary, 37, 104
- nurse's role in, 105, 116, 118, 152, 168
- organising, 37–8
- productive interactions, 7
- rehabilitation, 102
- HealthCERT, New Zealand, 27
- health determinants, 70–1
- health directives, 281
- health information, 37, 52
- health insurance, 66
- health literacy, 41, 52
- health policy documents, 23
- health professionals
 - collaboration, 37, 166, 233
 - cross-discipline collaboration, 26
 - professional accountability, 12–13
 - stigmatisation by, 43, 133
 - See also* general practitioners (GPs)
- health promotion, 38–9
 - acquired brain injury (ABI), 118–19
 - arthritis, 202–3
 - asthma, 186–7
 - cardiovascular, 100–3
 - chronic kidney disease (CKD), 248
 - chronic obstructive pulmonary disease (COPD), 186–7
 - diabetes mellitus, 166
 - falls, 116, 203
 - mental health, 137
 - multiple sclerosis (MS), 295–6
 - obesity, 215
 - Parkinson's disease, 292
 - psychotic illnesses, 150–1
 - role of nurses, 40–1
- health promotion programs, 41–2, 114
- Health Quality and Safety Commission New Zealand, 27
- health service leaders, 6
- health services
 - accessing, 128
 - coordination of, 36
 - culturally sensitive, 129
 - mental health, 152
- health workforce allocation, 26
- heart failure, 99
- holistic nursing care, 56, 121
- home setting, 218
- hope, 57
- hormonal control, 212–13
- Hospice New Zealand, 274
- human rights, 262
- Huntington's disease, 228
- hypercapnia, 180
- hyperglycaemia, 160, 242
- hypertension, 99
 - and chronic kidney disease (CKD), 244, 248, 252
- hypoglycaemia, 161
- hypoxemia, 184
- impaired fasting glucose (IFG), 163
- impaired glucose tolerance (IGT), 163
- impairment, 259
- incentives
 - case management roles, 7
 - financial, 21, 26
- influenza vaccination programs, 41, 186
- information provision, 37, 52, 116
- information systems, 8, 37
- injury prevention, 114
 - nurse's role in, 121
- Innovative Care for Chronic Conditions Framework (ICCCF)
 - guiding principles, 8–11
 - levels of, 8, 100
 - macro level, 21, 21–3, 27
 - meso level, 34, 35–6, 37
 - micro level, 50, 51
- instrumental activities of daily living, 230
- insulin, 213
- insulin replacement, 162
- integumentary system, 165
- International Council of Nurses (ICN), 4, 59
- interpersonal violence, 119–20
- Joanna Briggs Institute, 11
 - best practice guidelines, 13, 22
- joint physiology
 - normal, 196
- ketoacidosis, 161
- key performance indicators, 27
- kidney, 242
 - transplantation, 247, 250
 - See also* chronic kidney disease (CKD)
- kidney replacement therapies (KRT), 241, 246–8, 250
- knowledge transfer, 12
- Korsakoff syndrome, 228
- learning, 28
- legal aspects, 233
- legislation, 25, 43, 261
- leptin, 213
- levodopa/carbidopa intestinal gel, 297
- Lewy body disease, 229
- lifestyle changes, 7, 9, 116
 - acquired brain injury (ABI), 118
 - and cancer, 80, 86
 - and mental illness, 134
 - and obesity, 215
 - diabetes mellitus, 168

- lifestyle factors, 57–8
- lipolysis, 161
- local context, 13
- lung transplantation, 185
- lung volume reduction surgery (LVRS), 185
- Māori communities, 68
- Māori peoples
 - and asthma, 176
 - and cancer, 82, 87
 - and mental illness, 145
 - and resilience, 72
 - culturally sensitive services, 129
 - influenza vaccination, 187
 - rurality, 65, 68
- Maslow's hierarchy of needs, 38
- Medicare, 26, 66
- Meeting the Needs of People with Chronic Conditions*, 23, 24
- mental health, 128
- Mental Health Nurse Incentive Programme (MHNIP), 153
- mental health nurses, 152
- mental health services, 152
- mental illness
 - and palliative care, 279
 - and therapeutic relationships, 134–6
 - assessment, 136–7
 - gender differences, 144
 - health promotion, 137
 - nurse's role, 152
 - prevalence, 128–9
 - public health approach, 151
 - recovering from, 133–4
 - stigmatisation, 43, 133
 - systems approach, 151
 - terminology, 133
 - trauma informed care and practice (TICP), 147–8
 - whole-of-government approach, 151
- See also* psychotic illnesses
- metabolic control, 213
- metabolic syndrome, 245
- meter dose inhalers (MDI), 184
- mindfulness, 137
- mobile phone applications, 167
- models of care, 4–5
- mood disorders, 128
- motivation, 52
- motor behaviour
 - abnormal, 144
- motorcyclists, 116
- mu receptors, 277
- multi-infarct dementia, 228, 229
- multiple sclerosis (MS), 290
 - diagnosis, 295
 - health promotion, 295–6
 - nurse's role, 296–7
 - pathophysiology, 294–5
 - relapsing-remitting, 295
 - risk factors, 295
 - self care management, 295–6
 - symptoms, 295
- muscular rigidity, 292
- musculoskeletal conditions, 195
 - and diabetes mellitus, 165
 - nurse's role in management of, 203–4
 - self care management, 204
- National Chronic Disease Strategy*, 4, 23, 24
- National Disability Agreement*, 23, 24
- National Disability Insurance Agency (NDIA), 264
- National Disability Insurance Scheme (NDIS), 264–5, 295
- National Health and Medical Research Council (NHMRC), 216
- national health policy, 23
- national health priorities, 65, 69–70, 114, 128, 202, 227
- national health reform, 26, 36–7
- National Health Reform Agreement*, 23, 24, 26, 36
- National Primary Health Care Strategic Framework*, 23, 24
- National Standards for Disability Services, 262
- nausea, 278
- negative symptoms, 144
- neglect, 120
- nephropathy, 160
- nephrotoxic medication, 248
- neurodegenerative disease, 291
- neurological conditions, 165
- neuropathy, 160
- New Zealand Knowledge and Skills Framework for Cancer Nursing, 87
- New Zealand Ministry of Health, 67, 70
- nicotine replacement therapy (NRT), 186
- normalisation, 262–3
- NOURISHING framework, 215
- nurse practitioners (NPs), 89, 153, 188
- nurses
 - bias, 220
 - community, 188
 - continuing education for, 28
 - mental health, 152
 - Plunket, 72
 - reflective practice, 138
 - self-awareness of, 136
 - support for, 274
 - See also* advanced nursing practice, competency standards
- nursing regulatory authorities, 28
- nutritional status, 185
- obesity
 - and education, 220
 - and patient-centred care, 217
 - and prediabetes, 163
 - burden of disease, 211
- common causes of chronic, 213
- development, 212
- health promotion, 215
- health promotion programs, 41–2
- hormonal control, 212–13
- living with, 214–15
- managing in primary care setting, 217–18
- measurements, 211
- metabolic control, 213
- nurse's role in management of, 217–18
- prevention strategies, 215–17
- opioids, 276, 277–8
- osteoarthritis (OA), 195, 196
 - clinical manifestations, 197
 - pathophysiology, 196–7
 - risk factors, 198
- osteoporosis, 201
 - and education, 204
 - clinical manifestations, 202
 - health promotion, 203
 - pathophysiology, 201
 - risk factors, 202
- Ottawa Charter for Health Promotion, 39–40
- outcomes, 27
- oxygen therapy, 184
- Pacific Island peoples, 176, 187
- pain, 120–1, 234, 275–6
- pain management, 276–8
- palliative care, 274
 - and chronic kidney disease (CKD), 248
 - and mental illness, 279
 - and patient-centred care, 279
 - cultural factors, 280
 - direct patient care, 283
 - emergencies, 278–9
 - indirect patient care, 283
 - nurse's role in, 283
 - support for nurses, 274
- Palliative Care Australia, 274
- Parkinson's dementia, 229
- Parkinson's disease, 290
 - and medications, 292
 - diagnosis, 291
 - health promotion, 292
 - living with, 292, 293–4
 - nurse's role, 293, 297
 - pathophysiology, 291
 - risk factors, 291
 - symptoms, 292
- partners, 57
- paternalism, 263
- patient-centred care, 52–4
 - and injury prevention, 121
 - and mental illness, 135, 148
 - and obesity, 217
 - and palliative care, 279
 - and therapeutic communication, 268
- cardiovascular disease (CVD), 104–5
- diabetes mellitus, 166, 168

- patients
 activated, 6
 PDSA (plan, do, study, act), 27
 pedestrians, 116
 peer support, 167
 people with disabilities
 and carers, 266–7
 communication with, 268
 peripheral vascular disease, 99
 peritoneal dialysis (PD), 246
 personality disorder, 144
 Picks' disease, 228
 plaques, 97
 Plunket nurses, 72
 pneumococcal vaccination, 186
 policies, 21
 policy environment, 21
 polypharmacy, 54, 116
 population health approach, 9
 post-traumatic amnesia (PTA), 118
 prandial hormones, 212
 prediabetes, 163
 presenile, 229
 preventative health care, 40, 41–2
 prevention, 10, 58, 86, 101–2
 See also injury prevention
 prevention strategies, 114, 215–17
 primary care setting, 217–18
 primary health care (PHC), 26, 39–40
Primary Health Care Strategy, 23, 24, 37
 primary health organisations
 (PHOs), 67
 primary prevention, 86, 100, 101, 204
 private health care system, 66
 professional accountability, 12–13
 professional development, 28
 psychoactive substances, 131
 psychosocial aspects of care, 55–8, 279
 psychosocial health, 55
 psychosocial needs assessment, 84–5
 psychosomatic conditions, 43
 psychotherapy, 147
 psychotic disorders
 brief, 144
 psychotic illnesses
 and coexisting problems, 146–7
 defined, 144–5
 factors for developing, 146
 health promotion, 150–1
 living with, 149–50
 pathophysiology, 146
 prevalence, 128, 145
 social determinants, 146
 trauma informed care and practice
 (TICP), 147–8
 public health approach, 151
 public health care system, 66
 pulmonary rehabilitation (PR), 187

 quality, 21
 quality improvement, 10, 27

 radiation therapy, 277
 recovery principles, 148–9
 reflective nursing practice, 138

 rehabilitation, 102, 187, 265–6
 remyelination, 295
 renal system, 165
 renal transplantation, 247, 251
 resilience, 72, 138
 respiratory assessment, 183–4
 respiratory diseases. *See* chronic
 obstructive pulmonary disease
 (COPD), asthma
 resting tremor, 292
 retinopathy, 160, 165
 rheumatoid arthritis (RA), 196,
 198–200
 risk factors, 53, 58, 198
 rurality, 11, 37, 65, 67–8

 schizoaffective disorder, 144
 schizophrenia, 144
 schizophreniform disorder, 144
 schizotypal (personality) disorder, 144
 scleroderma, 195
 screening programs, 83, 137
 secondary fracture prevention services
 (SFPS), 203
 secondary prevention, 86, 100, 102
 self care management, 7, 12, 54–5
 advocating, 106–7
 and cancer, 86–7
 and cardiovascular disease (CVD),
 104, 106
 and diabetes mellitus, 167–8
 and multiple sclerosis (MS), 295–6
 and musculoskeletal conditions, 204
 self-assessment tools, 137
 self-awareness, 136
 self-care, 54–5
 self-determination, 263
 self-harm, 114, 120
 self-management, 6, 55
 self-monitoring of blood glucose
 (SMBG), 165
 senile, 229
 sexuality, 57
 sickle cell disease (SCD), 43
 Skills in Practice
 access and equity, 261
 acquired brain injury (ABI), 119
 anxiety disorders, 135
 cardiovascular disease (CVD), 100
 chronic kidney disease (CKD),
 249–50
 chronic obstructive pulmonary
 disease (COPD), 185
 coordinating chronic care, 38
 dementia, 230–1
 depression, 135
 disability, 264
 empowerment, 54
 falls risk, 14
 legislation, 25
 mental illness, 135, 149–50
 obesity, 214–15
 osteoarthritis (OA), 200
 psychosocial needs assessment,
 84–5

 psychotic illnesses, 149–50
 rheumatoid arthritis (RA), 200
 terminal conditions, 281
 type 2 diabetes, 54, 167
 vulnerability, 72
 SMART goals, 182
 smoking, 84, 132, 182
 smoking cessation, 186
 social capital, 146
 social determinants of health, 35, 69,
 71, 146
 social model of disability, 261
 spirituality, 56, 280
 spirometry, 182, 183
 standards, 261–2
 stigmatisation, 43, 133, 280–1
 stimulants, 131
 strategic guidelines, 23
 stroke, 98, 102, 229
 substance misuse and abuse, 128,
 131–2
 suffering, 56
 supportive care approach, 87, 247
 survivorship, 87
 systemic lupus erythematosus, 195
 systems approach, 151

 teach-back process, 53
 therapeutic communication, 267–8
 therapeutic relationships
 and carers, 105
 and empowerment, 54
 and families, 105
 and mental illness, 134–6
 cardiovascular disease (CVD), 105
 clear boundaries, 136
 safe supportive environments, 136
 thrombus, 97
Time to Move Strategy, 202, 203
 titration, 277
 transference, 149
 transplantation
 kidney, 247, 250
 lung, 185
 transportation injuries, 116–17
 trauma, 147
 traumatic brain injury (TBI), 117, 118
 Treaty of Waitangi, 65
 type 1 diabetes, 160, 161
 pathophysiology, 161–2
 risk factors, 163
 type 2 diabetes, 160, 161
 assessment, 164–5, 167
 living with, 54
 pathophysiology, 162
 risk factors, 163

 ultrafiltration, 246

 vaccinations
 influenza, 41, 186
 pneumococcal, 186
 values and beliefs, 13, 43, 104, 149
 vascular dementia, 229
 violence. *See* interpersonal violence

vomiting, 278	work	Declaration of Alma-Ata, 38, 40
vulnerability, 71–2	returning to, 87	health for all, 38, 39, 65, 69, 70
	World Economic Forum, 80	Innovative Care for Chronic
weight management, 217	World Health Organization (WHO)	Conditions Framework
weight prejudice, 220	analgesic ladder, 277	(ICCCF), 8
wellness approach, 86	and chronic conditions, 22, 58	traumatic brain injury (TBI), 117
whole-of-government approach, 151	and dementia care, 233	
women	and rehabilitation, 265	years lived with disability (YLD), 128
and Alzheimer’s disease, 229	and vulnerability, 71	years of life lost due to premature
and violence, 120	cardiovascular disease (CVD), 100	death (YLL), 128, 274