

Chronic Care Nursing

A framework for practice

Chronic Care Nursing: A framework for practice provides a comprehensive and accessible overview of the role of the nurse in dealing with chronic conditions across a variety of health care settings in Australia and New Zealand.

The first part of the book provides a road map for the implementation of chronic care, by outlining how two essential approaches to chronic care management – the Chronic Care Model and the World Health Organization's Innovative Care for Chronic Conditions Framework – can help to improve patient outcomes at both national and international levels. The second part devotes separate chapters to key conditions within chronic care nursing – including dementia, disability, palliative care and mental health – and highlights the pressing contemporary considerations of each condition.

Written by an expert author team of clinicians and academics, this book is full of helpful educational tools such as learning objectives, chapter summaries, national competencies, case studies and reflective questions. *Chronic Care Nursing* is an indispensable resource which enables students and registered nurses to acquire the knowledge and skills essential to work in chronic care settings.

Additional resources, including multiple-choice and short-answer questions and links to video content, are available online at www.cambridge.edu.au/academic/chronic

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Edited by

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The editors would like to dedicate this text
to nurses of the future

Linda Deravin-Malone and Judith Anderson

Contents

<i>Preface</i>	xv
<i>Contributors</i>	xvii
<i>Acknowledgements</i>	xxi
Part 1: Frameworks for Chronic Care Management	1
1 Frameworks for chronic care management	3
<i>Judith Anderson, Linda Deravin-Malone and Karen Francis</i>	
Introduction	4
Competency	4
Models of care	4
The Chronic Care Model	5
Evolution of the Innovative Care for Chronic Conditions Framework	8
Evidence-based practice	11
Summary	15
Review questions	16
Research topic	16
Further reading	16
References	16
2 Implementing the macro level of the ICCCF	20
<i>Linda Deravin-Malone, Karen Francis and Judith Anderson</i>	
Introduction	21
Competency	21
Describing the macro level	21
National health policy and strategic initiatives	23
Legislation	25
Financial incentives and support	26
Human resource allocation	26
Quality and monitoring systems	27
Continuing education for nurses	28
Summary	29

Review questions	29
Research topic	30
Further reading	30
References	30
3 Implementing the meso level of the ICCCF	33
<i>Karen Francis, Judith Anderson and Linda Deravin-Malone</i>	
Introduction	34
Competency	34
Describing the meso level	35
Supportive health care environments	36
Health promotion and education	38
Community resources	42
Stigmatisation	43
Summary	44
Review questions	45
Research topic	45
Further reading	45
References	45
4 Implementing the micro level of the ICCCF	49
<i>Judith Anderson, Linda Deravin-Malone and Kathryn Anderson</i>	
Introduction	50
Competency	50
Describing the micro level	51
Collaborative client interaction	52
Psychosocial aspects of care	55
The nurse’s role in caring for people with chronic conditions	58
Summary	60
Review questions	60
Research topic	61
Further reading	61
References	61
5 The Australian and New Zealand health care systems	64
<i>Maureen Miles, Heather Latham and Jessica Biles</i>	
Introduction	65
Competency	65
The Australian and New Zealand health care systems	65
Rurality	67
National health priorities	69
Health determinants	70
Vulnerable populations	71
Summary	73

Review questions	74
Research topic	74
Further reading	74
References	74

Part 2: Nursing Care of Clients with Chronic Conditions

77

6 Cancer control

79

Kylie Ash, Kate Cameron, Tracey Doherty, Marion Eckert and Amy Vaccaro

Introduction	80
Competency	81
The impact of cancer: one disease, many types	81
Population health and cancer prevention	86
Promoting behaviour change	86
The nurse’s role in the care of people with cancer	87
Summary	91
Review questions	91
Research topic	92
Further reading	92
References	92

7 Chronic cardiovascular conditions

96

Amali Hohol, Michelle Baird and Melissa Johnston

Introduction	97
Competency	97
Differentiating the pathophysiology of cardiovascular conditions	97
Cardiovascular health promotion	100
Patient centredness	104
The nurse’s role in the management of chronic cardiovascular conditions	105
Summary	108
Review questions	109
Research topic	109
Further reading	109
References	109

8 Injury prevention

113

Simone Brown, Linda Deravin-Malone, Sally-Anne Wherry and Judith Anderson

Introduction	114
Competency	114
Falls	115
Transportation injuries	116
Acquired brain injury	117

Interpersonal violence	119
Chronic pain	120
The nurse’s role in injury prevention and care	121
Summary	122
Review questions	123
Research topic	123
Further reading	123
References	123
9 Depression, anxiety, and substance misuse and abuse	127
<i>Maureen Miles and Rhonda Brown</i>	
Introduction	128
Competency	129
Understanding depression, anxiety, and substance misuse and abuse	130
Impact of depression, anxiety, and substance misuse and abuse	132
Engaging with the individual and their family	134
Reflective nursing practice	138
Summary	139
Review questions	139
Research topic	140
Further reading	140
References	140
10 Mental health issues of a psychotic nature	143
<i>Denise McGarry and Kathryn Kent</i>	
Introduction	144
Competency	145
Factors for developing mental health issues of a psychotic nature	146
Trauma informed care and practice (TICP)	147
Recovery principles	148
Health promotion	150
The nurse’s role in the mental health setting	152
Summary	154
Review questions	155
Research topic	155
Further reading	155
References	156
11 Diabetes mellitus	159
<i>Julia Gilbert and Sharon Hooge</i>	
Introduction	160
Competency	160
Pathophysiology, risk factors and assessment	161
Individualised patient health promotion	166
The nurse’s role in the management of diabetes mellitus	168

Summary	170
Review questions	170
Research topic	171
Further reading	171
References	171

12 Chronic respiratory conditions (asthma and COPD) 175

Michelle Baird, Elizabeth Forbes, Jody Hook and Heather Latham

Introduction	176
Competency	176
Asthma and COPD	177
Health promotion	186
The nurse’s role in the management of asthma and COPD	187
Summary	189
Review questions	189
Research topic	190
Further reading	190
References	190

13 Arthritis and musculoskeletal conditions 194

Amanda Stott and Louise Wells

Introduction	195
Competency	195
Osteoarthritis, rheumatoid arthritis and osteoporosis	195
Health promotion	202
The nurse’s role in managing arthritis and musculoskeletal conditions	203
Summary	205
Review questions	206
Research topic	206
Further reading	206
References	207

14 Chronic obesity 210

Amali Hohol, Julia Gilbert and Melissa Johnston

Introduction	211
Competency	211
The development of obesity	212
Health promotion in the management of chronic obesity	215
The nurse’s role in the management of obesity	217
Summary	221
Review questions	222
Research topic	222
Further reading	222
References	222

15 Dementia care	226
<i>Julia Gilbert, Lyn Croxon and Bronwen Ashcroft</i>	
Introduction	227
Competency	227
Pathophysiology of dementia	228
Living with dementia	230
The nurse’s role in caring for dementia patients	233
Summary	235
Review questions	235
Research topic	236
Further reading	236
References	236
 16 Chronic kidney disease (CKD)	 240
<i>Melissa Chamney, Maryanne Podham and Judith Anderson</i>	
Introduction	241
Competency	241
Underlying pathophysiology and risk factors for CKD	242
Treatment options	246
Health promotion requirements for people with CKD	248
Issues affecting quality of life related to treatment of CKD	250
The nurse’s role in working with patients with CKD	251
Summary	254
Review questions	255
Research topic	255
Further reading	255
References	255
 17 Disability	 258
<i>Catherine Hungerford and Donna Hodgson</i>	
Introduction	259
Competency	260
The social model of disability	261
Rehabilitation and habilitation	265
Role of families or carers	266
Therapeutic communication	267
Summary	269
Review questions	270
Research topic	270
Further reading	270
References	271

18	End of life care	273
	<i>Linda Deravin-Malone, Lyn Croxon, Mooreen Macleay and Judith Anderson</i>	
	Introduction	274
	Competency	274
	Pain management and symptom control	275
	End of life care emergencies	278
	Psychosocial aspects of caring	279
	Advanced care planning	281
	The nurse’s role in palliative care	283
	Summary	284
	Review questions	285
	Research topic	285
	Further reading	285
	References	285
19	Parkinson’s disease and multiple sclerosis	289
	<i>Sally-Anne Wherry</i>	
	Introduction	290
	Competency	290
	Parkinson’s disease – risk factors, pathophysiology and diagnosis	291
	Multiple sclerosis – risk factors, pathophysiology and diagnosis	294
	Advanced nursing practice	296
	Summary	299
	Review questions	299
	Research topic	300
	Further reading	300
	References	300
	<i>Index</i>	303

Preface

Impact of chronic conditions in Australia and New Zealand, and worldwide

This is the first edition of *Chronic Care Nursing: A framework for practice*, which we believe will be a useful resource for this area of clinical nursing practice. This book has been developed for undergraduate nurses and registered nurses who wish to develop their knowledge about the care of people living with chronic conditions in our communities.

The structure of the book is based on the Innovative Care for Chronic Conditions Framework (ICCCF), which is an internationally recognised framework for the delivery of chronic care. The ICCCF extends the Chronic Care Model (CCM) that was developed by Wagner (Wagner, Davis, Schaefer, Von Korff & Austin, 1999). The CCM is well recognised as providing a systematic approach to chronic care management. It incorporates six components: health system (organisation of health care); self-management support; decision support; delivery system design; clinical information systems; and community resources and policies (Stellefson, Dipnarine & Stopka, 2013). The model provides a multidimensional solution to the complex problem of the provision of chronic care (Bodenheimer, Wagner & Grumbach, 2002).

The Chronic Care Model has been expanded and internationalised by the World Health Organization (WHO) to be developed into the ICCCF. Nurses need to lead the redesign of the health care system in order to improve health outcomes through the implementation of the CCM. The ICCCF extends this model by adding micro, meso and macro levels to it, and incorporates six guiding principles: evidence-based decision making; population focus; prevention focus; quality focus; integration; and flexibility and adaptability (WHO, 2002). These levels extend the involvement of community, and describe policies and financing as the drivers at the macro level (Bengoa, Epping-Jordan, Pruitt & Wagner, 2004). An important aspect of the implementation of this model and framework is how well it is integrated into undergraduate nursing education so that an informed and well-prepared nursing workforce is established in Australia and New Zealand.

The first section of this textbook focuses on the ICCCF to support the learning of undergraduate student nurses about the complexity of chronic conditions and how the framework is best implemented in order to improve patient outcomes at both a national and international level. The second section of the textbook supports the ICCCF and includes a chapter on each of the Australian National Health Priority Areas of asthma; cancer; diabetes; cardiovascular health, injury prevention and control; arthritis and musculoskeletal conditions; mental health; dementia and obesity. These are examined within the Australian and New Zealand contexts. We have also included other significant chronic conditions and related topics to ensure all the needs of undergraduate nurses in relation to chronic care are met.

Linda Deravin-Malone and Judith Anderson

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