Cambridge University Press & Assessment 978-1-316-51717-8 — Understanding Cancer Robin Hesketh Table of Contents <u>More Information</u>

Contents

	Foreword	page xvii
	Preface	xix
	Acknowledgements	xxi
	Gene Names	xxiii
1	Painting a Clear Picture	1
	What is Cancer?	2
	What Causes Cancer?	3
	Are All Cancers Equally Bad?	6
	Malignant versus Benign	6
	Warts and All	8
	Why Do Some Children Get Cancer?	9
	How Many Different Cancers Are There?	10
	Is There A Difference Between Men and Women?	11
	Can You Catch Cancer from Someone Else?	11
	Do Metastases Metastasize?	12
	How Does Cancer Kill?	13
	Can Plants Get Cancer?	13
	Can We Cure Cancer?	14
	Can Cancer be Modelled?	14
	Admiring the Picture	16
2	Ancient History	19
	The Greeks Had a Word for It	20
	Chinese Science	22
	The Coming of Science	23

Cambridge University Press & Assessment 978-1-316-51717-8 — Understanding Cancer Robin Hesketh Table of Contents <u>More Information</u>

xii CONTENTS

	Scientific Observation and the Practice of Medicine	24
	The Advance of Surgery	26
	The Coming of Cell Biology	29
3	Counting Cancer	35
	The Big Picture	35
	The Global Picture	36
	The UK	39
	What's the Cause?	40
	The USA	41
	Counting the Cost of Cancer	42
	Have We Made Any Progress?	45
	Not a Pretty Picture	47
4	From DNA to Protein	48
	Atoms and Molecules	49
	Our Genetic Material	49
	The Double Helix	50
	Deciphering the Code	52
	The Central Dogma	53
	Coding Power	54
	Shape Is All	55
	Controlling RNA Expression	55
	The Road to Sequencing DNA	56
	Genetic Maps	57
	Assembling the Toolkit	58
	The Sequencing of DNA	60
5	What is a Cell?	64
	Talking to Cells	66
	Steroid Hormones	69
	Je Pense, Donc Je Suis un Blancmange	70
	Perturbing Cellular Balance	70
	The Cycle That Makes Two Cells from One	71
	Major Kinase Targets in the Cell Cycle Clock	72

Cambridge University Press & Assessment 978-1-316-51717-8 — Understanding Cancer Robin Hesketh Table of Contents <u>More Information</u>

CONTENTS	xiii

6	Mutations	76
	The First Experiment	78
	The Age of Oncogenes	80
	The First Human Oncogene	80
	Making Mutant Proteins	81
	A Single Base Change: Minimal Mutations in Molecular	
	Switches – RAS	82
	Missing Bits: Deaf to the World – EGFR	84
	Patching Proteins: Chromosome Translocations Make Novel	
	Proteins	86
	Revelations from Leukaemia	86
	Replacing the Controller	88
	Multiplying Genes	88
	Genes Go Missing: RB1	90
	Tumour Protein 53	92
	The Double Life of p53	93
	Exploding DNA	93
	Micro RNAs	95
	Genetic Variations	96
	Viruses	97
	DNA Viruses	97
	RNA Viruses	98
	The Pan-Cancer Project	98
	Playing Games	99
	The Genomic Cancer Message	101
7	Causes of Cancer That Can be Controlled	103
	And Another Thing	103
	Controversial or What ?	105
	Alcohol and Cancer	105
	Diet	107
	Obesity	118
	Tea (and Coffee)	128
	Tobacco	129

Cambridge University Press & Assessment 978-1-316-51717-8 — Understanding Cancer Robin Hesketh Table of Contents <u>More Information</u>

xiv CONTENTS

8	Causes of Cancer That Are Difficult to Control, Accidents	
	and Other Things	134
	Infection	134
	Radiation	135
	Abnormal Exposures	137
	Ultraviolet Radiation	141
	Low-Frequency Magnetic Fields	142
	High-Frequency Magnetic Fields: Mobile Phones	143
	Radon	144
	Stress	144
	Where Do We Stand and What Can We Do?	145
9	Treating Cancer by Chemotherapy	147
	Sound Familiar?	148
	Screening	148
	Mammography	149
	Diagnosis, Staging, Grading and Monitoring	151
	Imaging	151
	Chemotherapy for Cancer	154
	A New Era	155
	Inhibiting Proliferation	156
	Selective Oestrogen Receptor Modulators	158
	Oncoproteins: Growth Factors, Receptors, Signal Pathways	160
	Kinase Inhibitors	161
	Metabolism	163
	Apoptosis	164
	Angiogenesis	165
	Metastasis	166
	Controlling Metastatic Take-Off	168
	Breaking the Barrier	168
	Shooting the Messenger	169
	Infection by Oncogenic Viruses	170
	Therapeutic Vaccines	171
	Tumour Agnostic Drugs	171
	The Tumour Microenvironment	172
	A Serious Case of Corruption	172

Cambridge University Press & Assessment 978-1-316-51717-8 — Understanding Cancer Robin Hesketh Table of Contents <u>More Information</u>

10	The Road to Utopia?	174
	Cancer Therapy: Immunotherapy	174
	Checkpoint Inhibitors	175
	Gene Therapy	177
	What Is CRISPR-Cas9?	178
	Liquid Biopsy	181
	Breath Biopsy	182
	Sponge on a String	182
	Epigenetics	184
	The Dutch Famine	185
	Finding Cancer by Epigenetics	185
	Epigenetic Drugs	186
	Nano-oncology	187
	Roboclot	187
	3D Tumour Printing	190
	Targeted Alpha-Particle Therapy	190
	Synthetic Lethality	190
	Personal versus Impersonal Medicine	192
	The Next Genomic Era	193
	Cancer Mosaics	195
	Breast Cancer Mutational Signatures	196
	The Breast Tumour Microenvironment	197
	Contemplating the Portrait	197
	Concluding Remarks	200
Sun	nmary of Common Misunderstandings	202
Ref	erences	204
Fig	ure Credits	215
Ind		217
Cole	our plates can be found between pages 200 and 201.	

CONTENTS

xv