

Index

ABCD assessment framework, 297-308 abdominal pain, 273-4 Aboriginal Community Controlled Health Service (ACCHS), 75 Aboriginal Human Research Ethics Committee, 102 Aboriginal and Torres Strait Islander children care for, 74 case studies, 72 health status, 68-72 removal of, 67 Aboriginal and Torres Strait Islander communities, 72, 74 - 5Aboriginal and Torres Strait Islander health workers, 74 Aboriginal and Torres Strait Islander infants, 13 Aboriginal and Torres Strait Islander peoples and Country, 66 cultural factors, 68 described, 56 and healthcare professionals, 74-5 historical factors, 67-8 numbers, 8 research ethics, 102 terminology, 54 wholistic health, 67 abuse, 43-8, 279 case studies, 46-8 and disability, 228 disclosures, 178 history of, 46, 247 and mental health, 207-8 acceptance in families, 242 activities sharing, 242 acupressure, 122 acupuncture, 122 acustimulation, 122 acute illnesses adolescents, 256-7 children, 256-7 common, 267-75 See also specific illnesses, e.g.

acute respiratory illnesses, 268-71 adolescents advanced care planning, 360-2 age-of-majority, 5, 41-3 cardiopulmonary resuscitation, case studies, 40, 43, 201, 213, 273, 276, 281, 310-11, 341 definition, 5 development, 256 health and wellbeing, 19-23 identity, 208-9, 231-2 injuries, 15 overweight and obesity, 20 parent-rated health concerns, 139 partnering with, 24-5 physical activity, 154 psychosocial development, 231-2 screen use, 156 sleep recommendations, 19, 151 transition to adult care, 232-3, 340 - 3adrenaline, 269, 312 adult care and consent, 42 considerations, 232-3, 340-2 healthcare professionals, 343 successful transition, 342-3 See also transition to adult care adulthood age-of-majority, 5, 41-3 progress into, 206 psychosocial development, 233 advanced care planning, 360-2 advocacy, 176 affection, 242 age-of-majority, 41-3agitation, 354 airborne precautions, 312 airways ABCD assessment framework, 297, 299-300 obstruction, 268-9, 299, 312 signs of compromise, 299-300 See also respiratory support alcohol, 21 and pregnancy, 117 alcohol intoxication, 281-3

acute otitis media (AOM), 271-3

allergy-related disorders, 16 amniocentesis, 332 amphetamine medications, 196 anaesthesia emergence delirium (ED), 284 parental presence, 283-4 anaesthetics, 261, 267 analgesic ladder, 351 analgesics, 266, 272, 274, 278 ankles, 123 Anorexia Nervosa (AN), 209 antenatal care case studies, 121 maternal wellbeing, 117-18 from midwives, 12 monitoring, 119-21 pregnancy discomforts, 121-3 recommendations, 117 antenatal education, 119 antibiotics, 271, 273 anticipatory grief, 335 antiemetics, 122 anti-epileptic medications, 268 antihistamine, 122 anti-pyretic medications, 258, 268 anxiety, 223-4, 226-7, 359-60 anxiety disorders, 19, 21, 198-9 anxiolytics, 358 Apgar score, 126 appearance, 296, 358 appendicitis, 274–5 appetite, 359 apps, 211 art therapy, 361 Asperger's Disorder, 196 aspiration, 335 aspirin, 258 assaults, 180 assent, 94 assessment ABCD assessment framework, 297-308 AVPU tool, 278, 308-11 case studies, 298, 307, 310-11 early warning signs, 294-6, 311 frameworks, 296 Glasgow Coma Scale (GCS), 276, 278, 308 Paediatric Assessment Triangle, 296 - 7

fever

374 Index

bag ventilation, 317 assessment (cont.) Bulimia Nervosa (BN), 209 Primary Assessment Framework, bedtime routines, 152 bullying, 14, 180, 182 behaviour, 197-8, 247, 308 296-308 burden of care, 334 See also specific illnesses, e.g. fever support healthy, 156 burden of disease, 9, 183 Association for the Wellbeing of behaviour management, 196, 352, burns, 269 Children in Healthcare 357 (AWCH), 36 approaches, 147-8 cachexia, 358 asthma, 6, 16, 180, 257, 270-1 principles, 148-50 caesarean sections, 12 and technology, 15 behavioural difficulties, 145-7, 153 cancer, 6 attachment, 223-4 behavioural responses, 220 cannabis use, 281 beliefs, 209 fostering, 129 cannulas, 262, 315 cannulation, 261-2, 315 attachment theory, 222 Belmont Report, 91 Attention Deficit Hyperactivity benchmarking, 84-5 capillary refill, 305-6 Disorder (ADHD), 19, 21, 195-6 beneficence in research, 97-9 cardiac conditions, 16 audits, 84-5 benefits, 99 cardiopulmonary arrest, 294 bereavement support, 366 cardiopulmonary resuscitation, Aunty Dee (online tool), 211 Australia's Children report, 8-9 317 - 19best interests, 39, 98 Australian Bureau of Statistics (ABS), birth defects parents present during, 319-20 chromosomal, 328 cardiovascular system Australian Code for the Responsible congenital, 13-14, 16, 328 signs of compromise, 294 Conduct of Research (NHMRC), birth weight, 12, 118, 126 care in home birthing preparedness, 337 Australian College of Children and choices, 119 preparing for, 333 Young People's Nurses Birthing on Country, 66 caregivers, 308 (ACCYPN), 36 births, 12 responsive, 143 Australian Congenital Anomalies after age 30, 12, 116 See also parent-child relationships Monitoring System (ACAMS), bleeding, 358 catecholamines, 302 blood glucose levels, 308 census, 4, 11 Australian Curriculum: Health and blood pressure, 302-4 central venous access device Physical Education (HPE), 176 maternal, 120 (CVAD), 339 Australian Early Development Index blood pressure cuffs, 304 Centre for Parent and Child Support, (AEDI) data, 180 blood samples, 315 234 Australian Family Strengths Nursing cerebral palsy (CP), 329-30 blood vessels, 302 Assessment guide, 240, 243 body image, 17, 209-10 champions, 106 Australian Health Practitioner body language, 339, 362 Charter on the Rights of Children and Regulation Agency (AHPRA), 55 body mass index (BMI), 16, 185 Young People in Healthcare Australian Indigenous Doctors' body mass index (BMI) screening, Services in Australia, 36 Association, 55 185 Check-in app, 211 Australian Institute of Health and body surface area (BSA), 262 chest recession or retractions, 300 Welfare (AIHW), 4, 8, 194 bolus, 315 child development bonding, 129 Australian and New Zealand behavioural, 145-6, 148 Committee on Resuscitation bottle feeding, 131-2 determinants of healthy, 10-11 (ANZCOR), 311 bradycardia, 303 early years, 181, 256 Australian Paediatric Research Ethics brain injuries health indices relevant to, 138-9 and Governance Network and cerebral palsy (CP), 329 optimising, 143-4 (APREGN), 96 breastfeeding, 12, 129-31, 260 partnering families, 144-5 Australian Research Alliance for breastmilk, 131-2 and ready for school, 180 Children & Youth (ARACY), breathing social ecological model, 140-1 204, 206 ABCD assessment framework, 297, support healthy, 179 Australian Research Council (ARC), 300 - 2See also health and wellbeing 91 chest recession or retractions, 300 child protection, 35, 43-8 Australian Student Wellbeing and croup, 268-70 child-protection services, 44, 46, and dyspnoea, 356-8 Framework, 173 authoritarian parenting, 142 oxygen saturation, 301-2 child rights authoritative parenting, 142 Paediatric Assessment Triangle, 297 definition, 35 international legislation, 34–5 Autism Spectrum Disorder (ASD), respiratory rate parameters, 301 195 - 7sounds, 300 legislation, 35-7 Autistic Disorders, 196 stridor, 269 practice implications, 37-43 See also asthma autonomy, 91, 93-4, 224-5 priorities, 43-8 AVPU tool, 278, 308-11 Bristol Stool Form Scale, 358 Child and Youth Epidemiology bronchiolitis, 270, 321-2 Service, NZ (Te Ratonga Matai bronchodilators, 271 Babinski reflex, 127 Tahumaero Taitamariki o Baby-Friendly Health Initiative, Bronfenbrenner's social ecological Aotearoa), 9

model, 140-1

budenoside, 269

130 - 1

bacterial gastroenteritis, 259

Child and Youth Health Practice

Manual, 210



Index

375

child and youth mental health services. See mental health Child and Youth Wellbeing Strategy, NZ, 60-2, 206, 209 children cardiopulmonary resuscitation, case studies, 38, 46-8, 105, 145, 150, 245, 270, 307, 329, 331, 359 definition, 5, 9 distant from home, 279 distressed, 227 health and wellbeing, 14-18 mortality, 6, 14, 350 numbers, 7-8 parent-rated health concerns, 139 partnering with, 24-5 physical activity, 154 psychosocial development, 230 - 1reacting to hospitalisation, 224, 229 screen use, 156 sleep recommendations, 151 See also Aboriginal and Torres Strait Islander children; adolescents; early childhood; Māori tamariki (children) Children, Young Persons and Their Families Act 1989 (NZ), 35 Children's Headline Indicators (CHI), 18 Children's Hospitals Australasia (CHA), 36 chorionic villi sampling, 332 chronic conditions transition to adult care, 340-3 chronic health conditions and complex medical needs, 327 - 33chronic illnesses adjustment to, 228 common, 9, 16 definition, 9, 220 described, 9-10 and obesity, 183 and parent-child relationships, 231 - 2prevalence, 180 and psychosocial development, and relationships, 232 THRIVE framework, 228 transition to adult care, 232-3 and vulnerability, 228 See also complex medical needs chronic otitis media, 273 circulation ABCD assessment framework, 297, 302-7 blood pressure, 303-4 capillary refill, 305-6 case studies, 307

heart rate and rhythm, 302-3 newborn infants, 14, 125 Paediatric Assessment Triangle and skin, 305 urine output, 306-7 circulatory support, 314-16 clinical audits, 84-5 Clinical Dehydration Scale (CDS), 259 clinical signs early warning, 294-6, 311 recognising deterioration, 299-308 cognitive techniques, 352 coma, 308 COMFORT behaviour scale, 265 commitment, 242 Common Approach® framework, 204 - 5communicable diseases, 257 communication challenges, 227 with children, 339-40 clinical, 311 deficits in social, 197 and dying child, 360-2 effective, 174-5and families, 362-3 family, 242 written, 175 See also healthcare decisions community services, 64 community support, 244 comorbidities, 14, 195 complex medical needs care issues, 335-40 case studies, 329, 331, 341 chronic health conditions, 327 - 33definition, 327 and families, 333-5 transition to adult care, 340-3 compression, 317 Conduct Disorder (CD), 198 congenital anomalies, 13-14, 16, 328 consciousness AVPU tool, 278, 308-11 decrease in, 307, 313 consent intravenous therapy, 261 to medical treatment, 41-3 pre-operative, 283 in research, 90, 94-7 standing parental, 97 constipation, 352, 358 Consumer and Community Involvement in Health and Medical Research, 104 consumer representation, 104 Consumers Health Forum of Australia Inc (CHF), 104 coping strategies, 243-5, 359 THRIVE framework, 228

corticosteroids, 269, 271 cortisol influences, 125 coughing, 357 COVID-19 and mental health, 208 crawl, 127 Crimes Amendment Act 1985, 45 croup (laryngotracheo-bronchitis), 268-70, 299 cultural determinants of health, 72 - 3cultural identity, 209 cultural safety, 248 and Aboriginal and Torres Strait Islander peoples, 73 definition, 55, 363 described, 55 and palliative care, 363 culture, 208-9 cyanosis, 301 cystic fibrosis (CF), 328 case studies, 99, 341 cytomegalovirus, 120 daily activities timing, 152 data personal, 90 death rates. See mortality decerbrate, 307 decision-making, 248 clinical, 311 participation, 208 transition to adult care, 232 See also healthcare decisions Declaration of Helsinki, 1964, 91 decorticate, 307 dehydration, 306 assessment, 259-60 common causes, 259 hydration and diet, 260-1 demandingness, 142 dental conditions, 257 dental health, 180, 182 dental issues, 118 dependence, 232 See also independence depression, 199 and mothers, 199 deterioration recognising, 294-6, 299-308 warning signs, 294 development stages. See psychosocial development dexamethasone, 269 diabetes (type 1), 6, 38 Diagnostic and Statistical Manual of Mental Disorders (DSM-5), 195 - 6diarrhoea, 260, 306 diet and gastroenteritis, 260 during pregnancy, 117, 122 digestive system illnesses, 256



376 Index

disability	emergency equipment, 311	size, 11
ABCD assessment framework, 297,	emotion mapping, 238	strengths, 240-2
307-8	emotional abuse, 46	stressors, 243
and abuse, 228	emotional regulation, 225	structure, 237–8
definition, 16	emotional responses, 220	support for, 64, 182, 319
health indicators, 6	emotion-focused coping, 243	support in, 242
prevalence, 16, 180	end-of-life care, 350, 360	supporting, 181
and vulnerability, 228	See also palliative care	THRIVE framework, 228
discipline strategies, 149-50	environmental factors, 146, 221	vulnerable, 39
discomfort, 98	epigenetics, 141	working together, 157
dissemination, 85	epiglottitis, 269	family assessment
distractions	Erikson's theory of psychosocial	case studies, 245–6
use of, 261	development, 221-33	conducting, 245–8
distress	Escherichia coli, 257	cultural safety, 248
articulating, 227	ethics. See research ethics	elements, 236-7
District Health Alliances, 60	ethics committees. See human	family-centred care, 38, 235-6
District Health Boards (DHBs), 59	research ethics committees	family environments, 141-3
domestic violence, 123, 180, 247	(HRECs)	Family Law Act 1975, 35
doubt, 224-5	ethnicity, 248	Family Matters building blocks,
Down syndrome, 226	evidence	69
case studies, 331	described, 86–7	Family Partnership Model, 234-5
characteristics, 332-3	five 'As' of, 88	family therapy, 210
described, 328, 332	and research, 83	family violence, 123
Dreaming, 68, 75	understanding of, 86	fans, 258, 357
drowning, 15	evidence-based practice, 87-8	fatigue, 355–6
drug dependence, 247	framework, 87	Fatigue Scale, 356
Duchenne muscular dystrophy,	evidence implementation, 88-9,	febrile seizures, 268
331	105–6	feeding with bottle, 131–2
Dunedin Multidisciplinary Health	expectations, 148–50	feet, 127
and Development Study, 203	externalising disorders, 198	fertility, 116–17
dying children	extravasation, 262	fever, 257–8
and communication, 360–2	eyes, 308	First Nations people
and families, 360, 362–5		terminology, 54
and parent–child relationships,	Face Legs Arms Cry Consolability	fluid intake, 259
359, 362–4	(FLACC) scales, 265	fluid resuscitation, 260, 262, 316
dyspnoea, 356–8	face masks, 317	foetal development, 116, 121
dystonia, 354	fairness, 100–1	folic acid, 14, 118
: (.: 70 071 0	falls, 15, 180	fontanel, 308
ear infections, 73, 271–3	families	food allergies, 9
early childhood	access to, 38–9	food poisoning, 259
cardiopulmonary resuscitation,	being loved and safe, 207–8	fractures, 279–81
317	and children with chronic	freedom of expression, 35
case studies, 17, 153, 226, 267	condition, 228	friends, 244
definition, 5	and children with complex medical	fruit, 153, 155, 180
development, 181	needs, 333–5	funeral services, 366
physical activity, 154	and communication, 362–3	~~~ 197
psychosocial development, 225–30 screen use, 156	contemporary, 234	gag, 127 gastroenteritis, 257, 259–61
sleep recommendations, 151	coping strategies, 243–5 definition, 11	gastrointestinal (GI) disturbances,
early learning, 143	development, 238–9	358–9
early warning signs, 294–6, 311	and dying child, 360, 364–5	gastrostomy, 338
eating, 338	and dying children, 362–3	gender differences
eating disorders, 209–10	Family Partnership Model, 234–5	burden of disease, 10
ecological systems, 141	health and wellbeing, 11–12	coping strategies, 244
ecomaps, 237	and hospitalisation, 256	mental health disorders, 16, 22,
Edinburgh Postnatal Depression	importance of, 11	139, 194, 196
Scale (EPDS), 123	life-cycle stages, 238–9	self-harm, 20, 23, 275
education. See health education	and mental health, 203	gender diversity, 41
e-health apps, 211	numbers, 11–12	gendered violence, 22
Elders, 66, 69	partnering, 144–5	gene defects, 328
emergence delirium (ED), 284	poor functioning, 180	general practice, 64
emergency care, 311	present during cannulation, 261–2	genetic conditions, 16
emergency departments	present during resuscitation,	genocide, 68
presentations, 256–7, 271	319–20	genograms, 237
visiting, 256	roles and functions, 240	Gillick principle, 42–3



Index

377

Gillick v West Norfolk Area Health ibuprofen, 258, 266, 272, 351 children, 14-18 Authority (UK, 1986), 42 concerns, 180-3 identity, 208-9, 231-2 ginger products, 122 immunisation, 12, 64, 120, 180, 182, definition, 138 gingivitis, 118 determinants of, 10-11, 139 Glasgow Coma Scale (GCS), 276, families, 11–12 implementation science, 89 278, 308 and family environment, inconvenience, 98 glucose, 262 141 - 3independence, 225, 227 goal setting, 157 infants, 13-14 indicated prevention, 167 Gorelick Scales, 259 longitudinal cohort studies, indicators. See health indicators grandparents, 365 8-9 industry, 230-1 grasps, 127 maternal, 117-18 infant formula, 131-2 grief, 335, 363, 366 monitoring, 4-5 infants Group B streptococcus, 120 parental, 12-13 assessment of newborn, 125-9 grunting, 301 snapshot, 138-9 and attachment, 129 guilt, 225-30 social and emotional wellbeing, autonomy versus shame and gynaecological conditions, 274 18-19, 21 doubt, 224-5 and benefits of breastfeeding, 130 social determinant of, 68, 166 Haemophilus influenzae type young people, 19-23 breastfeeding, 129-31 B (HIB), 271 healthcare decisions, 39, 227 cardiopulmonary resuscitation, haemoptysis, 358 healthcare professionals, 23 317 harm, 98-9 and Aboriginal and Torres Strait case studies, 128, 223-4, 272, He Korowai Oranga (Māori Health Islander peoples, 74-5 298, 331 Strategy), 59 in adult care sector, 343 definition, 5 head injuries, 276-9 healthcare services, 39, 75 feeding with bottle, 131-2 head positions, 312, 317 heart disease, 14, 16 fluid resuscitation, 262 headline indicators, 6 heart rate, 302-3 head positions, 312 health and wellbeing, 13-14 HEADSS psychosocial screening high-flow nasal cannulae (HFNC) tool, 282 therapy, 321-2 intrauterine environment, 116 health history taking mortality, 6, 13, 350 injuries, 46, 279 cultural determinants of, 72-3 parent-rated health concerns, 139 holding children, 261, 263 definition, 72 physical activity, 154 social determinants of, 68, 166 homelessness, 40, 180 postnatal care, 125-9 Health Alliances, 60 hormones, 302 psychosocial development, Health and Disability Ethics hospital separation rate, 9 221 - 4Committees (HDECs), 92 hospitalisation sleep recommendations, 151 health education, 172 as adult, 232-3, 340-3 trust versus mistrust, 221-2 adult-focused, 176 common causes, 275 infection control, 280 classroom-based, 176-7 distant from home, 279 infections, 256-7 and communication, 174-5 and families, 256 infectious diseases described, 173 injuries, 15 during pregnancy, 120 differentiated instruction, 178 mechanisms to avoid, 58 inferiority, 230-1 inclusive environments, 178and parents, 229-30 inflammatory bowel diseases, 274 pedagogical approaches, 177-8 and psychosocial development, information provision, 283 student participation, 178-9 220 and health literacy, 175 health indicators reactions to, 223-4, 229 oxygen therapy, 336 described, 4 and social skills, 229 respiratory support, 337 examples, 6 households, 11 See also communication measurement, 5-6 Hudson masks, 313 initiative, 225-30 sources, 8-9 Human Papilloma Virus (HPV), injuries health literacy, 173-4, 185 20 acceleration-deceleration, 46 human research, 90-2 health priority areas, 9 common causes, 15, 275 Health Promoting Schools (HPS) See also research head, 276-9 committee, 171 human research ethics committees health indicators, 6 Health Promoting Schools (HPS) (HRECs), 92, 100-2 musculoskeletal, 279-81 Framework, 170-2 human rights, 34 non-accidental, 279 hydration, 338-9, 358 prevalence, 19-20, 180, 275-6 health promotion and schools, 170-1, 184-6 hygiene needs, 337 injury prevention, 7 settings-based approach, 172 hypertension, 120 integrity, 92-3 See also health education interests, 197 hypoglycaemia, 308 hypospadias, 14, 328 health records, 129 internalising disorders, 198-9 Health Research Council (HRC) of hypotension, 259 interpreter services, 41 New Zealand HRC Research interventions. See specific illnesses, hypotonia, 307 Ethics Guidelines, 101 hypovolaemia, 305-6, e.g. fever health and wellbeing 314 - 15intimacy, 233 adolescents, 19-23 hypoxia, 270, 336 intraosseous needles, 315

378 Index

ilitravellous therapy	numbers, o	gender differences, 16, 22, 139,
consent, 261	research ethics, 102	194, 196
families present for, 261–2	terminology, 54	numbers, 180
fluid types and volumes, 262	Māori <i>rangatahi</i> (young people), 55	prevalence, 21, 194, 196
monitoring, 262	and health and community	See also specific disorders, e.g.
need for, 261	services, 64	Autism Spectrum Disorder
site for, 261	health status, 56–8	(ASD)
iodine deficiency, 118	wellbeing, 61	mental health promotion, 200
isolation, 233	Māori <i>tamariki</i> (children), 55	being loved and safe, 207-8
	case studies, 38, 65	Common Approach®, 204–5
judgemental behaviours, 247	and families, 11-12	frameworks, 204
Juiced TV, 230	and health and community	identity, 208-9
justice, 100–1	services, 64	participation, 208
,	health status, 56–8	resilience, 206–7
Kawasaki disease, 258	mental health disorders, 194	strategies, 206, 211–13
		mental health services, 23, 195
kidneys, 302, 306	presenting at emergency	
Kids Health NZ, 37, 65	departments, 257	merit, 92–3
kinship, 38	wellbeing, 61	mesenteric adenitis, 274
kinship care, 41	Māori <i>whānau</i> (family), 55, 63–4	metabolic conditions, 331
knowledge transfer, 85	marginalised groups, 39	methylphenidate, 196
knowledge translation, 85-6	masks, 313, 317	milk, 260
	massage, 353	minimal risk, 100
language, 55	maternal mortality, 12	Ministry of Children, NZ, 44, 62
laparoscopy, 274	maturity, 95	mistrust, 221–2
laryngotracheo-bronchitis, 268–70,	McMaster Family Assessment	mobility, 337–8
299		models of care, 333
	Device, 246	
learning	meaning-focused coping, 243	morbidity, 6
approaches, 177	medical decisions. See healthcare	morning sickness, 121–3
environments, 178	decisions	morphine, 266, 357
learning difficulties, 195	Medical Emergency Team (MET)	mortality
legislation	response, 311	children, 14, 350
age-of-majority, 41–3	medical practitioners, 42	definition, 6
child protection, 43–8	medically frail. See complex medical	infant, 13, 350
child rights, 35–7	needs	maternal, 12
and consent in research, 96	medications	neonatal, 12–13
international, 34–5	acute otitis media (AOM), 273	perinatal, 12
mandatory reporting, 43–8	administering oral, 262–4	mother–child relationships, 247
life-cycle stages, 238–9	anti-pyretic, 258	being loved and safe, 207-8
life support, 317–19	asthma, 271	and children with complex medical
lifespan, 116	attention deficit hyperactivity	needs, 334
lifestyles	disorder (ADHD), 196	early postnatal, 129
healthy, 153	croup, 269	skin to skin care, 126
support healthy, 156–8	and febrile seizures, 268	mothers
listening, 75	pain management, 266-7, 351-2	antenatal period, 119–21
literacy, 175	parents assisting, 263	anxiety levels, 226–7
health, 173–4	and pregnancy, 118	benefits of breastfeeding, 130
	See also intravenous therapy	
liver damage, 258	- ·	and breastfeeding, 131
lochia, 124	menstruation, 274	and depression, 199
Longer, Healthier Lives report, 9	mental health	empowering, 247
love and safety, 207–8	case studies, 201, 213	health and wellbeing, 12-13
lung diseases, 335	as continuum, 202	judging, 247–8
	and COVID-19, 208	malnutrition, 117
malformations, 13	definition, 14, 194, 201	mental health, 144
malnutrition, 117	determinants of, 202	postnatal care, 124–5
maltreatment, 45–8	during pregnancy, 123–4	See also parent-child
mandatory reporting, 43–8, 228	mothers, 144	relationships
Māori Development Act 1991, 63	promotion, 182	motivational interviewing, 168
Māori Health Strategy, 59	and protective factors, 199	motor impairment, 337
Māori Inquiry into Oranga Tamariki,	and risk factors, 199	motor skills, 229
65	and social deprivation, 208	muscle tone, 307
Māori people	and technology, 210-11	muscular dystrophies, 330-1, 337
described, 55	and wellbeing, 203	musculoskeletal injuries, 279-81
health trends, 58-9	mental health disorders	musculoskeletal system illnesses, 256
historical factors, 58	definition, 194, 201	music therapy, 359
holistic wellbeing, 55	diagnosis, 194–5	myoclonus, 352
		,



Index

379

nappies, 306 nasal prongs, 314, 357 nasogastric feeding, 260, 338-9 nasopharyngeal (NP) suctioning, National Aboriginal Health Strategy (NAHS), 72 National Action Plan for the Health of Children and Young People, 181 - 3National Ethical Standards for Health and Disability Research and Quality Improvement, 91, 96, 101-2 National Ethics Advisory Council (NEAC), 91 National Health and Medical Research Council (NHMRC), 91, 104 National Health Priority Areas for Australia, 9 National School Nursing Standards for Practice: Registered Nurse, 168 National Statement on Ethical Conduct in Human Research, 91, 95, 101-2 National Youth Health Nursing Knowledge and Skills Framework, 168 nausea, 121-3, 352, 358 neglect, 43-8 neglectful parenting, 142 neonatal deaths, 12-13 neonatal intensive-care units (NICUs), 13 Nest action agenda, 204, 206 neural tube defects, 14, 328 neurofibromatosis, 328 neurological assessment, 278-9, 308 - 11neurological symptoms, 354 neurovascular assessment musculoskeletal injuries, 280 neutropenia, 316 New Zealand Ministry of Health (Manatu Hauora), 4 New Zealand Ministry of Youth Development (NZMYD), 104 New Zealand Nurses Organisation (NZNO), 168 newborn screening programs, 331 non-accidental injuries, 279 non-maleficence, 98 non-steroidal anti-inflammatory drugs (NSAIDs), 351 non-stimulant drugs, 196 nuchal translucency scan, 332 Nuremberg Code of 1947, 91 nurse-child interaction challenging, 246 and child-protection services, 44 and mental health, 202-3, 206-7, 211 - 13nurse-mother relationships, 247-8

nurses case studies, 46-8 and dying children, 361 and evidence-based practice, 88 See also school nurses Nursing Council of New Zealand, 55 nutrition, 130, 139, 144, 153-4, 156, 184, 338-9, 358 nutritional supplements, 118 obesity. See overweight and obesity oedema, 123 opioids, 266, 278, 357 doses, 352 side-effects, 352 Oppositional Defiant Disorder (ODD), 198 oral health, 118 oral medications, 262-4 oral rehydration therapy (ORT), 260 Oranga Tamariki (the Ministry for Children), 44, 62 Organization for Economic Cooperation and Development (OECD), 5, 13 oropharyngeal airway, 313 oropharyngeal suction, 312 otitis media, 271-3 Ottawa Charter for Health Promotion (WHO), 170 outcome measures, 84-5 out-of-home care, 69 over-hydration, 259 overweight and obesity and body image, 17 and chronic illnesses, 183 determinants of, 183 as health indicator, 6 intervention programs, 184-6 prevalence, 12, 16, 20, 139, 180 oxygen saturation, 301-2 oxygen therapy, 313-14, 336 Paediatric Assessment Triangle, paediatric early warning tools, 294 paediatric nurses. See nurses paediatric research. See research Paediatric Society of New Zealand (PSNZ), 36 pain abdominal, 273-4 assessment, 264, 339, 351 assessment tools, 265, 284 during pregnancy, 122 post-operative, 267, 284 self-reporting tools, 265 pain management abdominal pain, 273-4acute otitis media (AOM), 273 determining, 265 head injuries, 278

medications, 266-7, 351 musculoskeletal injuries, 280 non-pharmacological, 266, 352-4 opioid doses, 352 post-operative, 284 side-effects, 267, 352 palliative care case studies, 359 common care issues, 351-60 and communication, 360-2 and cultural safety, 363 definition, 350 described, 350-1 and self-care, 365-6 paracetamol, 258, 266, 272, 278, 351 parasitic diseases, 256-7 parent-child relationships and anaesthesia, 283-4 anxiety levels, 226-7 attachment, 223-4 being loved and safe, 207-8 and children with complex medical needs, 333-5 and chronic illnesses, 231-2 and conduct disorder (CD), 198 and dying child, 359-60, 362 and dying children, 362-3 early postnatal, 129 and mental health, 199, 203 poor, 143 positive, 148 separation anxiety, 223-4 supportive, 143 transition to adult care, 232-3 parenting preparation for, 118-19 parenting skills, 182 parenting support programs, 147-8parents and child development, 144-5 and child health concerns, 139 and child-protection services, 247 and child's behaviour, 308 and consent in research, 96 and consent to medical treatment, 42 drug-dependent, 247 as experts on child, 145, 339 and health education, 176 and healthcare decisions, 39, 227 health and wellbeing, 12-13 impacts on, 144 informing, 283 medication administration, 263 parenting practices, 141-3 parenting styles, 141-3, 229-30 present during resuscitation, 319-20 support for, 145, 149 THRIVE framework, 228 working with, 227 See also families participation, 208 participatory research methods, 104

380 Index

partnering Primary Assessment Framework, with young people, 89-90 with children, 24-5 296-308 See also evidence implementation in evidence implementation, primary prevention, 167, 184-5 research diffusion, 85 105-6 Principles Guiding Provision Of research ethics families, 144-5 Health & Disability Services conduct, 91 in research, 103-6 (Kids Health), 37 described, 89-92 principles, 92-101 with young people, 24-5 probiotics, 260 partnerships, 172 problem-focused coping, 243 See also human research ethics patient-controlled analgesia (PCA), professional boundaries, 365-6 committees (HRECs) Promoting Action on Research research governance, 92 research methodology, 84 pedagogical approaches, 177-8 Implementation in Health Services (PARIHS) framework, 85 pelvic inflammatory disease, 274 research methods, 84 perinatal deaths, 12 protective factors, 199 research questions, 84 peripheral vasoconstriction, 305 pruritis, 352 research translation, 85-6, 89 permissive parenting, 142 psychosocial development resilience, 206-7, 242 adolescents, 231-2 personal data, 90 respect, 93-4 respiration adulthood, 233 personal protective equipment (PPE), 312 case studies, 223-4, 226 newborn infants, 125 pervasive developmental disorder not children, 230-1 respiratory depression, 352 otherwise specified (PDD-NOS), and chronic illnesses, 220-1, 228 respiratory illnesses definition, 221 acute, 268-71 phenylketonuria (PKU), 331 early childhood, 225-30 common, 257 phobias, 199 infancy, 221-4 presenting at emergency physical activity, 16, 154-5, 180, 184 stages, 221 departments, 256 physical effects of disease, 221 psychosocial screening tools, 282 respiratory rate parameters, 301 physical therapy, 337 psychostimulants, 196 respiratory support, 321 physiotherapy, 358 airway and breathing, 311-13 pulses, 304-5, 317 PICO questions, 84 pupil size, 308 and children with complex medical play therapy, 361 pyridoxine (vitamin B6), 122 needs, 335-7 oxygenation, 313-14 Plunket, 64 Respiratory Syncytial Virus (RSV), pneumococcal conjugate vaccines, rare diseases, 327 271 257, 270 rates, 5 reflexes respiratory system pneumonia, 271 populations, 7-8 newborn, 127 distress, 298 growth rates, 12 relationships, 182, 232 signs of compromise, 294, 300 See also parent-child relationships respiratory tract infections, 268, 271 positive parenting approaches, 148-9, 153 remote regions respite care, 334 postnatal care, 12 and injuries, 275 responsiveness, 142 case studies, 128 resuscitation reporting mandatory, 43-8, 228 described, 124 cardiopulmonary, 317-19 infants, 125-9 research parents present during, 319-20 mothers, 124-5 and autonomy, 93-4 Reyes syndrome, 258 post-operative care, 267, 284 beneficence in, 97-9 right to life, 34 posturing and best interests, 98 rights abnormal, 307 co-design, 104 types, 36 preconception care consent in, 90, 94-7 risk factors definition, 116-17 definition, 83 and behavioural problems, recommendations, 117-18 design, 84, 104 pre-eclampsia, 120 and evidence, 83 and mental health, 199-200 pregnancy, 274 human, 90-2 risks, 99-100 antenatal period, 117-21 and inconvenience, 98 and benefits of breastfeeding, case studies, 121 justice in, 100-1 discomforts, 121-3 merit and integrity, 92-3 rooting, 127 maternal wellbeing, 117-18 opting in/out, 97 routines, 152 mental health during, 123-4 over-researching, 104 rubella, 120 preparation for parenting, 118-19 participation, 92, 103-6 rural and remote areas, 13, 41, 72 pregnancy tests, 274 partnering in, 103-6 process steps, 84, 87 premature birth, 331 safety, 207-8 school nurses, 171 prenatal screening, 332 refusal to participate, 97, 105 and respect, 93-4 case studies, 171, 177, 179-80 pre-operative care, 283 prevalence, 18 and risk, 99-100 and communication, 174-5 understanding of, 86 expertise, 169 prevention approaches, 167-8, 184-6 and vulnerability, 93 and health education, 176-8 programs, 179 with children, 89-90, 92, 94-7, prevention programs, 179 and school nursing, 167 104, 106 roles, 166–7



Index

381

school nursing Australian Student Wellbeing Framework, 173 described, 166 frameworks, 167 Health Promoting Schools (HPS) Framework, 170-2 National Action Plan for the Health of Children and Young People, 181-3 professionalism, 168-9 schools and health promotion, 170-1, and obesity, 184 ready for, 180 screen use, 155-6, 180 screening tools and pregnancy, 117, 124 secondary prevention, 168, 185 sedation, 278 seizures, 268, 308, 354 selective prevention, 167 self-assessment tools, 246 self-care, 227 and palliative care, 365-6 self-determination, 75 self-harm, 16, 20, 23, 275 self-regulation, 229 sensory sensitivities, 197 separation anxiety, 199, 223-4 sepsis, 259, 316-17 sepsis flow charts, 317 sexual health, 20, 43 sexual health education, 177 sexual history taking, 274 sexually transmitted diseases, 120 Shaken Baby Syndrome, 46 shame, 224-5 shock, 258 siblings, 364-5 support for, 319 See also families skin, 305 skin conditions, 257 skin injuries, 256 skin to skin care, 126 sleep in childhood, 17, 150-1 healthy, 150 managing, 151-2 principles for healthy, 152 - 3recommendations, 19, 151 sleep assessment, 151 sleep environment, 152 sleep patterns, 150, 152 sleep problems, 151 SmartStart (online tool), 64 smoking, 21, 139 and pregnancy, 117 social and emotional wellbeing, 18-19, 21

social deprivation and mental health, 208 social determinant of health and wellbeing, 68, 166 social ecological model child development, 140-1 social media, 22, 180 social model of health, 167 social skills, 229 social supports, 244 socioeconomic factors, 12-13 sodium chloride, 262 sodium retention, 302 somatic complaints, 199 spasticity, 354 Spinal Muscular Atrophy (SMA), 105 spiritual wellbeing, 242 sponging tepid, 258 Standards for the care of children and adolescents in health services (RACP), 36 Standards of practice for children and young people's nurses (ACCYPN), 36-7 standing parental consent, 97 Staphylococcus aureas, 257 Starlight Foundation, 230 startles, 127 Stats NZ (Tatauranga Aotearoa), 4, 11 steam inhalations, 269 stepping, 127 stillbirths, 12-13 Strengths and Difficulties Questionnaire (SDQ), 18, 194 Strengths Assessment Guide, 240 streptococcus, 120 stress and behavioural problems, 146 reactions to, 225 traumatic, 225 stressors families, 243 stridor, 269 students, 178-9 substance use, 20, 281 sucking, 127 suctioning, 321, 358 Sudden Infant Death Syndrome (SIDS), 6, 13 Sudden Unexpected Death in Infancy (SUDI), 6, 13 suffocation, 15 suicides, 15, 19, 69, 180, 182 supportive care interventions, 353 supportive environments, 172, 184 swallow, 127 System Level Measures, 60 Te Ara Tika: Guidelines for Māori Research Ethics, 102

Te Puni Kōkiri, 63

Te Reo Māori, 55

Te Tiriti o Waitangi, 58, 93 technology and asthma, 15 and mental health, 210-11 screen use, 155-6 use of, 210 temperature, 257-8, 305 terminology, 54 tertiary prevention, 168, 186 thermoregulation, 126 thinking, 229 THRIVE framework, 228 time-out strategy, 149 toes, 127 togetherness, 242 tongue extrusion, 127 tonic neck, 127 Torres Strait Islander people terminology, 54 tracheostomy, 336-7 tracheostomy tubes, 313 transition to adult care children with chronic condition, 232 - 3children with complex medical needs, 340-3 and consent, 42 considerations, 340-2 successful transition, 342-3 transport accidents, 14 trauma, 65 treatment Gillick competence, 43 rights of the child, 35 Treaty of Waitangi, 58, 93 Triple P - Positive Parenting Program, 148 tripod position, 301 Trisomy 21, 328 trust, 221-2 Turner syndrome, 328 type 1 diabetes, 6, 38 United Nations (UN) Committee on the Rights of the Child, 34 Convention on the Rights of the Child, 34-5, 92 Declaration on the Rights of Indigenous Peoples, 73 International Covenant on Economic, Social and Cultural Rights, 34 Universal Declaration of Human Rights, 34 universal prevention, 167 Universities Australia, 91 urinary retention, 352 urinary tract infections, 257 urine output, 306-7 vaginal births, 12 varicella, 258 VARK model, 176 vascular access, 314-15



382 Index

vasoconstriction, 305, 314 vegetables, 153, 155, 180 ventilation support, 317, 336-7, 357 violence and Aboriginal and Torres Strait Islander peoples, 68 domestic, 123, 180, 247 gendered, 22 viral gastroenteritis, 259 vitamin E, 99 vitamin K, 127 Voicing my Choices[™], 360 vomiting, 121-3, 260, 352, 358 and dental health, 118 vulnerability, 93, 228 vulnerable groups, 39-40

water retention, 302
weight
birth, 12, 118, 126
and body image, 17
and eating disorders, 209
loss, 358
and pregnancy, 117, 120
See also overweight and obesity
Well Child Tamariki Ora health
book, 64

Well Child Tamariki Ora Programme, 64 wellbeing and mental health, 203 See also health and wellbeing; mental health Wellbeing Wheel, 204-5 whānau (family), 55, 63-4 whānau-centred care, 38 whānau ora approach, 38 Whānau Ora Commissioning Agency, 63-4 whānau stories, 65 wheezing, 270, 301 wholistic health, 67 windshield surveys, 171 World Health Organization (WHO), 350 analgesic ladder, 351 dehydration scale, 259 Health Promoting Schools (HPS) Framework, 170-1 World Medical Assembly (WMA) Declaration of Ottawa on Child Health, 92 wounds, 280 written communication, 175

young people advanced care planning, 360-2 consumer representation, 104 definition, 5 health and wellbeing, 19-23 identity, 208-9, 231-2 interaction with healthcare professionals, 23 musculoskeletal injuries, 279-81 numbers, 19 overweight and obesity, 20 participation, 208 partnering with, 24-5 progress into adulthood, 206 psychosocial development, 233 reliance on parents/carers, and research, 89-90, 92, 94-7, 104, 106 and technology, 210-11 transition to adult care, 232-3, 340 - 3vulnerable, 39 See also adolescents Youth Advisory Council, 105