

PAEDIATRIC NURSING IN AUSTRALIA AND NEW ZEALAND

Third edition

The health of babies, children and young people is fundamentally different from that of adults, so their healthcare must reflect their unique needs and respectfully engage their parents, family members and communities. *Paediatric Nursing in Australia and New Zealand* introduces nursing students to the care of infants, young children, children, young people and their families in a range of clinical and community settings across Australasia.

This third edition has been expanded to include content on paediatric nursing in New Zealand and includes an increased focus on families. New chapters in this edition cover the health services available for Aboriginal, Torres Strait Islander and Māori children, the transition to parenthood for new families, children's sleep patterns and behaviours, and paediatric health in school settings. Case studies and reflective questions throughout the book introduce students to scenarios they will encounter throughout their careers and encourage them to develop their critical thinking and problem-solving skills.

Written by an expert team of nurses and nursing academics, *Paediatric Nursing in Australia and New Zealand* is an essential resource that equips future nurses with the knowledge and skills to provide evidence-based care to babies, children and their families.

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Third edition

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Contents

<i>List of contributors</i>	page x
<i>Preface</i>	xiii
<i>Acknowledgements</i>	xiv
<i>Acronyms and abbreviations</i>	xv

Part A Contexts of nursing care

1 Children and young people of Australia and New Zealand	3
<i>Donna Waters and Tara Flemington</i>	
Introduction	4
Monitoring health and wellbeing	4
Our children and young people	7
Healthy development	10
Partnering with children and young people	24
Summary	25
Learning activities	26
Further reading	26
References	26
2 Child rights in Australia and New Zealand	32
<i>Jennifer Fraser and Helen Stasa</i>	
Introduction	33
International convention	34
Australian and New Zealand legislation, charters and standards	35
Practice implications	37
Priorities in relation to children’s rights and child-protection legislation	43
Summary	48
Learning activities	48
Further reading	49
References	49
3 Health services for New Zealand Māori and Aboriginal and Torres Strait Islander Australian children and young people	53
<i>Melissa Carey, Liesa Clague, Fleur Magick Dennis and Laurance Magick Dennis</i>	
A note on terminology	54
Introduction	54
The health status of Māori <i>tamariki</i> and <i>rangatahi</i>	56

Aboriginal and Torres Strait Islander children and young people	66
Summary	76
Learning activities	76
Acknowledgements	77
Further reading	77
References	78
4 Research with children and youth	82
<i>Donna Waters</i>	
Introduction	83
Research and evidence	83
Human research and ethics	90
Meaningful research participation	103
Summary	106
Learning activities	107
Further reading	108
References	109

Part B Nursing infants, young children and their families

5 Working with new families throughout the transition to parenthood	115
<i>Nicola Brown</i>	
Introduction	116
Preconception and antenatal care	116
Postnatal care	124
Summary	133
Learning activities	133
Further reading	134
References	134
6 Supporting families to manage child behaviour and sleep patterns, and promote optimal child development	137
<i>Amy E Mitchell</i>	
Introduction	138
Current issues in child health and development	138
Determinants of children’s health and development	139
Optimising child development	143
Managing behaviour	145
Sleep	150
Healthy lifestyle	153
Summary	158
Learning activity	158
Further reading	159
References	159

Part C Nursing children and young people

7 School health, health promotion and health education	165
<i>Lisa Hutchinson</i>	
Introduction	166
School nursing	166
Health promotion in the school setting	170
Fundamentals of health education	173
Healthy growth and development	179
Tackling childhood obesity	183
Summary	187
Learning activities	187
Further reading	187
References	188
 8 Mental healthcare for children and adolescents	 193
<i>Jennifer Fraser, Lindsay Smith and Julia Taylor</i>	
Introduction	194
Mental health problems and mental disorders	194
Risk and protective factors	199
Promoting mental health in children and young people	200
Managing disordered eating and eating disorders experienced by children and young people	209
Mental health and technology: Nursing children and young people in the technological age	210
Twelve practical strategies for promoting mental health in children and young people	211
Summary	214
Learning activity	214
Further reading	214
References	215
 9 Child and family: Psychosocial considerations and response to illness	 219
<i>Elizabeth Forster, Ibi Patane and Robyn Rosina</i>	
Introduction	220
The psychosocial development of children and young people experiencing disruptions to health	220
Erikson’s theory of psychosocial development	221
Family considerations	234
The Family Partnership Model	234
Family-centred care	235
Family assessment	236
Summary	248
Learning activities	249

Further reading	249
References	249
10 The acutely ill or injured child and adolescent: Nursing assessment and interventions	255
<i>Elizabeth Forster and Lee O'Malley</i>	
Introduction	256
Key nursing considerations for the acutely unwell child and adolescent	256
Common acute illnesses in childhood and adolescence	267
Injuries in children and adolescents	275
Paediatric perioperative care	283
Summary	284
Learning activities	285
Further reading	285
References	286
11 Recognising and responding to the sick child	293
<i>Elizabeth Forster and Loretta Scaini-Clarke</i>	
Introduction	294
Paediatric characteristics that increase the risk of illness and deterioration	294
Structured assessment of the paediatric patient	296
Paediatric neurological assessment tools	308
Responding to the sick child	311
Paediatric basic and advanced life support	317
Summary	320
Learning activity	321
Further reading	322
References	322
12 Evidence-based care of children with complex medical needs	326
<i>Nicola Brown</i>	
Introduction	327
Chronic health conditions associated with complex medical needs	327
Families and children with complex medical needs	333
Nursing assessment and interventions	335
Transition to adult care	340
Summary	344
Learning activity	344
Further reading	345
References	345
13 End-of-life and palliative care in paediatric care settings	349
<i>Elizabeth Forster</i>	
Introduction	350
Pain	351

Neurological symptoms	354
Fatigue	355
Dyspnoea	356
Gastrointestinal disturbances	358
Anxiety	359
Communication with children and adolescents	360
Communication and the family in paediatric end-of-life care	362
Self-care and professional boundaries	365
Summary	366
Learning activities	367
Further reading	367
References	368
<i>Index</i>	373

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Preface

This third edition of *Paediatric Nursing in Australia and New Zealand* expands the focus and content of the two previous editions. This was driven by an understanding of the substantial developments that have occurred not just in paediatric nursing, but also in child health nursing. The book now includes New Zealand content as well as Australian acute care and community health content. A number of broad changes have been made in working with infants, children, families and young people throughout Australian and New Zealand paediatric and child healthcare contexts. The most significant and exciting addition is an emphasis on health services for New Zealand Māori and Australian Aboriginal and Torres Strait Islander children and young people. Cultural safety is fundamental to the nursing care provided across paediatric and child health settings. A new chapter has been created and written by New Zealand Māori and Aboriginal and Torres Strait Islander authors to contribute to building the capacity of our discipline to enable all practitioners to understand and respect the importance of cultural safety in providing equitable healthcare.

This third edition has been written in three parts: Part A examines the contexts of nursing care in Australia and New Zealand; Part B explores nursing infants, young children and their families; and Part C focuses on nursing children and young people. We welcome a number of new authors, including the Māori and Aboriginal and Torres Strait Islander writers who are so committed to the discourse of cultural safety in paediatric and child healthcare. We are most grateful for the ongoing contribution of previous contributors and the improvements they have made in response to feedback and review.

We thank Cambridge University Press for continuing to support us and for publishing this expanded edition of the book. We would also like to particularly thank those who gave their time so generously to provide feedback, reviews and copy editing. The COVID-19 pandemic presented many challenges throughout 2020 as we adapted to new ways of living and working. Completing this edition of the textbook at this time, in its expanded form, with authors from across Australia and New Zealand, could not have been possible without the dedication and strong commitment of all those who contributed. We are very pleased to present this third edition.

Jennifer Fraser, Donna Waters, Elizabeth Forster and Nicola Brown

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Acronyms and abbreviations

ABS	Australian Bureau of Statistics
ACAMS	Australian Congenital Anomalies Monitoring System
ACARA	Australian Curriculum, Assessment and Reporting Authority
ACCHS	Aboriginal Community Controlled Health Service
ACCYPN	Australian College of Children and Young People’s Nurses
ACHS	Australian Council on Healthcare Standards
ACI	Agency for Clinical Innovation
ADHD	Attention Deficit Hyperactivity Disorder
AEDI	Australian Early Development Index
AFSNA	Australian Family Strengths Nursing Assessment
AHPRA	Australian Health Practitioner Regulation Agency
AHRC	Australian Human Rights Commission
AHRQ	Agency for Healthcare Research and Quality (US)
AIDA	Australian Indigenous Doctors’ Association
AIFS	Australian Institute of Family Studies
AIHW	Australian Institute of Health and Welfare
AITSL	Australian Institute for Teaching and School Leadership
AMS	Aboriginal Medical Service
AN	Anorexia Nervosa
ANMF	Australian Nursing and Midwifery Federation
ANZCOR	Australian and New Zealand Committee on Resuscitation
AOM	acute otitis media
APA	American Psychiatric Association
APAGBI	Association of Paediatric Anaesthetists of Great Britain and Ireland
APREGN	Australian Paediatric Research Ethics and Governance Network
ARACY	Australian Research Alliance for Children & Youth
ARC	Australian Research Council
AVPU	alert, verbal, responding to pain or unconscious
AWCH	Association for the Wellbeing of Children in Healthcare
BFHI	Baby-Friendly Health Initiative
BiPAP	bilevel positive airway pressure
BMI	body mass index
BN	Bulimia Nervosa
BP	blood pressure
BZP	benzylpiperazine
CCHEWS	Cardiac Children’s Hospital Early Warning Score
CD	Conduct Disorder
CDCP	Centers for Disease Control and Prevention
CEWT	Children’s Early Warning Assessment Tool

CHA	Children’s Hospitals Australasia
CHI	Children’s Headline Indicators
CHQ	Children’s Health Queensland
CIOMS	Council for International Organizations of Medical Sciences
CNC	clinical nurse consultant
CNS	central nervous system
COAG	Council of Australian Governments
CP	cerebral palsy
CPAP	continuous positive airway pressure
CPG	clinical practice guidelines
CT	computerised tomography
CTZ	chemoreceptor trigger zone
CVAD	central venous access device
CYFS	Child, Youth and Family Services
CYMC	Child and Youth Mortality Review Committee
DHB	District Health Board
DSM-5	Diagnostic and Statistical Manual of Mental Disorders, 5th edition
EBM	evidence-based medicine
EBP	evidence-based practice
EBPG	evidence-based practice guidelines
ED	emergence delirium
EPDS	Edinburgh Postnatal Depression Scale
EU	European Union
FLACC	Face Legs Arms Cry Consolability
FPS–R	Faces Pain Scale – Revised
GCS	Glasgow Coma Scale
GENCA	Gastroenterological Nurses College of Australia
GI	gastrointestinal
GRADE	Grading of Recommendations, Assessment, Development and Evaluations
HDEC	Health and Disability Ethics Committees
HFNC	high-flow nasal cannula
HIB	Haemophilus influenza type B
HIV	human immunodeficiency virus
HPS	Health Promoting Schools
HPE	Health and Physical Education
HPV	human papilloma virus
HRC	Health Research Council (NZ)
HREC	Human Research Ethics Committee
KTA	Knowledge to Action
LASC	Longitudinal Study of Australian Children
LMP	last menstrual period
LSIC	Longitudinal Study of Indigenous Children
MCEECDYA	Ministerial Council for Education, Early Childhood Development and Youth Affairs
MET	Medical Emergency Team

MMR	measles, mumps and rubella
MSD	Ministry of Social Development
MVA	motor vehicle accident
NACCHO	National Aboriginal Community Controlled Health Organisation
NASN	National Association of School Nurses
NEAC	National Ethics Advisory Committee
NHMRC	National Health and Medical Research Council
NICE	National Institute for Health and Care Excellence
NICU	neonatal intensive-care unit
NP	nasopharyngeal
NPMDC	National Perinatal Mortality Data Collection
NRS	numerical rating scores
NSAID	non-steroidal anti-inflammatory drug
NSCDC	National Scientific Council on the Developing Child
NYAS	National Youth Affairs Scheme
NZDPMC	New Zealand Department of the Prime Minister and Cabinet
NZHQSC	New Zealand Health Quality and Safety Commission
NZMHC	New Zealand Mental Health Commission
NZMoH	New Zealand Ministry of Health
NZMYD	New Zealand Ministry of Youth Development
NZNO	New Zealand Nurses Organisation
ODD	Oppositional Defiant Disorder
OECD	Organisation for Economic Cooperation and Development
ORT	oral rehydration therapy
PACU	post anaesthesia care unit
PARIHS	Promoting Action on Research Implementation in Health Services
PCA	patient-controlled analgesia
PEDS	Parents' Evaluation of Developmental Screening
PEWS	Paediatric Early Warning Score
PHAA	Public Health Association of Australia
PICU	paediatric intensive care unit
PKU	phenylketonuria
PREDIC	Paediatric Research in Emergency Departments International Collaborative
PSNZ	Paediatric Society of New Zealand
QFCC	Queensland Family and Child Commission
RACGP	Royal Australian College of General Practitioners
RACP	Royal Australasian College of Physicians
RANZCP	Royal Australian & New Zealand College of Psychiatrists
RSV	Respiratory Syncytial Virus
SCAN	Suspected Child Abuse and Neglect
SDQ	Strengths and Difficulties Questionnaire
SIDS	Sudden Infant Death Syndrome
SMA	Spinal Muscular Atrophy
SPOC	Standard Paediatric Observation Chart
SUDI	Sudden Unexpected Death in Infancy

UNOHCHR	United Nations Office of the High Commissioner of Human Rights
URTI	upper respiratory tract infection
VARK	visual, aural, read/write and kinaesthetic
VAS	visual analogue scales
VICTOR	Victorian Children’s Tool for Observation and Response
WHO	World Health Organization
WMA	World Medical Assembly