Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter, Rhonda L. Wilson, Helen P. Hamer, Denise McGarry, Mark Loughhead Index <u>More Information</u>

Index

Aboriginal and Torres Strait Islanders, see First Nations people abuse of elders, 405 interpersonal, 351 and young people, 385-7 see also trauma accredited persons, 158–60 acute stress disorder (ASD), 88 adherence, 176 adrenaline, 258 advance directives, 213 advocacy, 8 affect, 113 affective conditions, 86-7 ageing, myths of, 400-1 ageing-in-place, 402 ageism, 400 aggression, 11 agriculture, 436 alcohol, standard drinks, 252 alcohol use, 10-11, 249, 250, 251 - 2Māori, 262 personal narratives, 261 reasons for, 257 and young people, 385 see also substance use Alzheimer's disease (AD), 179, 367 American Psychiatric Association (APA), 84 amphetamines, 253 analgesia, 183 anorexia nervosa, 90 anti-dementia medicines, 179–80 antidepressants, 176, 178-9 efficacy, 189 anti-psychotic medications, and obesity, 292 anti-psychotics adherence, 176 adverse events, 181 and decision-making, 188-9 and dementia, 181, 188 described, 180-1 discontinuation, 187 and health outcomes, 188, 193_{4} personal narratives, 183-4 and quality use of medicines, 193 - 4side-effects, 176, 180, 296 use during pandemic, 194 anxiety conditions, 85-6, 394 appearance, 113

appetite, 114 applications (apps), 226, 228 arthritis, 297 assessment appointments, 381, 382 care informing, 103-5 and carers, 112 comprehensive mental health assessment (CMHA), 111-12 consumer experiences of, 105 - 7core components, 111-12 and COVID-19, 122 described, 102-3 diagnostic overshadowing, 285, 368-9 and distress, 118 interprofessional perspectives, 114-15, 205 joint, 205 legal aspects, 210 lived experiences, 109 mental status examination, 113 - 14and needs, 110 and person-centred approach, 103 physical health, 302 of risk, 115-16, 118 self, 458 strengths-based, 121 strengths-based assessment, 121 therapeutic skills, 117-21, 122 assimilation, 64 Assimilation Policy, 64 Assistants in Medicine, 151 Assistants-in-Nursing (AINs), 149 asylum seekers and COVID-19, 331-2 definition, 316, 318 mental health of, 320 numbers, 319 personal narratives, 316-18, 324 physical illnesses, 322 protective factors, 321 risk factors, 321 attachment theory, 30 auditory perceptions, 113 Australian College of Mental Health Nurses (ACMHN), 14, 148, 164 Australian Health Practitioner Regulation Agency (AHPRA), 70, 148, 151, 152, 163

Australian Nursing and Midwifery Accreditation Council (ANMAC), 148 autonomy, 54, 189, 202, 204, 213, 370, 404

back pain, 297 Be You model, 388 bed-based units, 432 behaviour, 9, 113 see also suicide behaviours behaviour changes, 408 belonginess, 131-2 beneficence, 202 benzodiazepines, 176, 181–2, 255 Billabong Clubhouse, 433–4 binge drinking, 252 biological influences, 258-9 bipolar affective disorder, personal narratives, 183-4 bipolar disorder, 182 personal narratives, 19 bipolar illness, 87 blended care, 224, 239 blood tests, 181, 182 body mass index (BMI), 291 borderline personality disorder (BPD), 91–2 boundaries, see professional boundaries brain functioning, 258-9 Bringing Them Home (BTH), 72 bulimia nervosa, 90 bullying, 386-7 burden of disease, and effects of mental health, 6 burdensomeness, 131-2 caffeine, 252

call centre-based services, 227, 228 cancers, 295 cannabinoids, synthetic, 253 cannabis, 249, 252-3 capability, 132 capacity, 405–6 cardiac arrhythmias, 290-1 cardiovascular diseases, 9, 290-1 care managers, 214 care plans, 122 carers and assessment, 112 collaborative practice with, 18 definition, 2, 326 and older people, 412 personal narratives, v-vii, 19 and suicide behaviours, 136-7

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter , Rhonda L. Wilson , Helen P. Hamer , Denise McGarry , Mark Loughhead Index

More Information

472 Index

case management models, 430, 432 catatonic behaviour, 89 change, readiness to, 271 child abuse, 385 child removal, effects of, 72-3 children and bullying, 386-7 depression, 179 developmental stages, 383 chocolate, 259 choking, 300 cholinesterase inhibitors, 179-80 chronic covid syndrome (CCS), 411 chronic sorrow, 372 cis-gender, 342 cis-normativity, 341 clans, 208 classification of symptoms, 6 classification systems, 84–5 critiques, 92-3 clergy, 156 clinical facilitators, 448 clinical placements, 148 communication, 457 developing objectives, 455-6 looking after yourself, 457 preparation for, 443, 455, 456 settings, 442 clinical supervision (CS), 168, 448, 453, 454 closing the gap, 68–9 clothing, 381, 382 clozapine, 180 Clubhouse model, 433-4 cocaine, 254 co-dependence, 166 codes of conduct, 70 coercion, 447, 450 cognition, 113 cognitive functions, 258, 263, 408 collaboration, 446 collaborative practice, 10, 18, 230, 434 colonisation, 64, 65 combination therapy, 179 committal, 205 communication, 325, 326, 347 see also storytelling communication skills, 443, 457 communication technologies, 226 - 7examples of, 227-30 communities, 7 see also rural and regional communities community mental health services, 430, 432 community participation, 425 community treatment orders (CTOs), 204 comorbidity, 6, 282, 288 substance use, 248 compassion, viii, 466–7 competency, 405-6

complementary and alternative medicines (CAMs), 180, 282, 301 compliance, 186 comprehensive mental health assessment (CMHA) core components, 111-12 described, 111 timing, 111 compulsions, 87 concentration, 114 concordance, 186 confusion, 408 connectedness, 330, 346, 404 Connecting with People program, 134 - 5connection, 63 conscientious objection, 202 consent, 206, 370 consumer advocacy, 8 consumer medicines information (CMI) leaflets, 178 consumers autonomy, 189 beliefs about medicines, 176-7 definition, 2, 165 experiences about medicines, 186 - 7personal narratives, viii and professional boundaries, 449 working with, 456 contemporary approaches, 7 contentment, 5 Convention on the Rights of Persons with Disabilities (UNCRPD), 361, 364, 370 conversation, 113 counsellors, 160 counter-transference, 447 couples, 114 COVID-19 and assessment, 122 ethical aspects, 203, 207 and mental illness, 96 psychotropic medication, 194 and refugees, 331-2 and suicide behaviours, 138-9 crisis plans, 213 critical thinking, 452-3 cultural competence, 48, 316 cultural explanatory models, 323-4 cultural influences, 262 cultural safety First Nations people, 70-1, 75 and Māori, 47–8 culturally and linguistically diverse (CALD) consumers, 325-6 culturally competent human connectedness (CCHC) framework, 346 culture First Nations people, 65, 71 and older people, 403-4

dadirri, 76–7 death, 284 debriefing, 448 decision aids, 185 decision-making and anti-psychotics, 188-9 capacity, 206 ethical, 202 and health practitioners, 191 and medicines, 189 and older people, 405-6 procedural justice, 209-12 shared, 122, 185-6 supported, 370 deinstitutionalisation, 364 delirium, 408 delusions, 89, 120 dementia, 409-10 antidepressants, 179 and anti-psychotics, 181, 188 behavioural and psychological symptoms (BPSD), 181 and complementary and alternative medicines (CAMs), 180 in prisons, 409–10 dental health, 299-300 dependency, 254, 258 depressants, 251 depression, 87 children, 179 and diabetes, 289 major, 86, 178, 179 and non-pharmacological approaches, 179 and older people, 408 and refugees, 319 and young people, 394 developmental disability, 362 see also intellectual and developmental disability (IDD) developmental history, 112 developmental influences, 263 developmental stages, 383 diabetes, 289-90 comorbidity, 294 diagnosis classification of symptoms, 6 classification systems, 84-5 consumer experiences of, 105-7 critiques to classification systems, 92-3 described, 84, 107 personal narratives, 91-2, 93-5, 107 - 8Diagnostic and Statistical Manual of Mental Disorders (DSM), 6, 84, 85, 344, 408 diagnostic overshadowing, 285, 368-9 dietitians, 156 digital health, 222–3 digital health disorders, 223

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter, Rhonda L. Wilson, Helen P. Hamer, Denise McGarry, Mark Loughhead Index <u>More Information</u>

Index 473

digital interventions and blended care, 239 described, 222-3, 224-5 designing, 238 rights in administration, 236-8 types of, 230-1 digital literacy, 222, 235 digital platforms, 234-6 dignity of risk, 116, 404 discontinuation syndrome, 179 discrimination, 12-13 disorders of sex development (DSD), 342 disorganised, grossly, 89 displaced persons, 319 distress, 118, 328 doctors, 151 dopamine, 258 dose tapering, 179 Down syndrome, 363, 367 dress, 381, 382 drug health services, 150 drug use effects of, 251-7 poly, 250 reasons for, 257 and young people, 385 see also substance use drugs categories, 250 over-the-counter (OTC), 256-7, 282, 301-2 party, 253 synthetic, 253 dual diagnosis, 363 dual disability, legal aspects, 213 - 14Duluth model of power and control, 351 duly authorised officers (DAO), 205 dying, 265–6 dysphagia, 300 early intervention services, 431 eating conditions, 90, 388-90 ecological influences, 263, 383 education, see nursing education elder abuse, 405 elders, Māori, 49 electronic patient records, 228 email use, 228 e-mental health collaborative practice, 230 and commercial enterprise, 239 - 40communication technologies, 226 - 7described, 224-5 examples of, 227-30 implications of, 225-6 literacy, 236 opportunities for, 240 personal narratives, 231-2

quality of, 233 rural, 429, 431, 433 for young people, 388 see also digital interventions emergencies, personal narratives, 2, 15, 137-8, 263-4 emotional competence, 451 emotional intelligence (EI), 451 emotional well-being described, 62 determinants of, 63-5 empathy, 117-18, 446 employment, 427 empowerment, 468 Enabling Good Lives, NZ, 365 enduring power of attorney, 406 energy, 114 engagement, 108-9, 117 with Māori, 52-4 enrolled nurses (ENs), 149 environmental factors, 363 ethical aspects, 202 and autonomy, 204 examples, 202-3 principles, 202 and reciprocity, 207 ethical framework, 411, 450-1 ethnicity, 45 euthanasia, 203 exercise, 291, 293, 302 exercise physiologists (EPs), 158 explanatory models, cultural, 323 - 4extra-pyramidal symptoms, 176, 180 facilitators, clinical, 448 fairness, 210 families collaborative practice with, 18 and distress, 118 help-seeking, 114 and intimate partner violence, 352 - 4Māori, 49-50, 202 and older people, 412 personal narratives, 208 and suicide behaviours, 136 - 7support for, 209, 212 Fentanyl, 254 First Nations people apology to, 73-4 and child removal, 72-3 Closing the Gap, 68-9 cultural safety, 70-1, 75 culture, 65, 71 and gender and sexual diversity (GSD), 341 personal narratives, 68, 69-70, 75-6 prevalence, 7, 284 safety plan, 67 smoking, 262

social and emotional well-being, 62, 63-5and storytelling, 71-2 suicide, 67, 129 terminology, 62 tips for keeping well, 65 see also Māori fish oils, 301 For anybody who has a difficulty (Tait), 371 forensic mental health services, 162 - 3formative functions, 454 Fragile X, 363 Framework for Mental Health in Multicultural Australia, 331 functioning, impaired, 89 funnel technique, 353-4 gamification, 229 gaming disorder, 223 gatekeepers, 205 gender fluidity of, 340-1, 343 and health, 345 gender dysphoria, 344 gender identities, 340 gender identity disorder (GID), 344 gender-queer people, 340 gender and sexual diversity (GSD) effects of phobias, 350 and First Nations people, 341 Māori, 341 pathologising, 344 personal narratives, 343-4, 348-50 and power, 350 talking about, 347 gender transition, 342, 343–4 Ginkgo biloba extract, 180 goals, 446 grief, 372, 407, 408 gustatory perceptions, 113 hallucinations, 89, 120 hallucinogens, 251 happiness, 5 harm minimisation, 249 harm prevention, 249 harm-to-self principle, 214 hauora, 50-1headspace initiatives, 388 headspace model of care, 431 health and Māori, 50-1 of Māori, 46-7 see also physical health Health Consumer Treatment Act, 215 Health and Disability Commissioner, 48 health information, 235-6 see also information provision health outcomes, 188, 193-4

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter , Rhonda L. Wilson , Helen P. Hamer , Denise McGarry , Mark Loughhead Index

More Information

474 Index

health practitioners cultural competence, 48 and decision-making, 191 and health outcomes, 193-4 legislated roles, 205 for older people, 411 registration schemes, 163-4 rural, 425, 426-7 stereotypical ideas, 12 Health Practitioners Competence Act 2003 (NZ), 163 Health Practitioners Competence Assurance Act 2003 (NZ), 48 help-seeking, 108-9, 114 hepatitis, 249, 295 heroin, 254 hetero-normativity, 341, 345 hetero-sexism, 345 history taking, 112 HIV/AIDS, 295 holistic care models, 258 Home Medicines Reviews (HMR), 193 homelessness, 11 homogenativity, 350 homophobia, 350 homosexuality, 93, 344 hope, 14, 392 hopelessness, 132 'hub and spoke' model, 429 human experiences, 403 human rights, 202, 206 hyperlipidaemia, 290 hypertension, 290-1 illusions, 113 immigrants, 316, 321, 330-1 see also asylum seekers incontinence, 299 individuals, 7 information provision, 178, 180, 185, 210, 235-6 informed consent, 206 insight, 113, 210 insomnia, 181 institutional racism, 48 intellectual and developmental disability (IDD) accomplishments for community living, 365 aetiology, 363 common causes, 363 compared to mental illness, 368 definition, 361-2 described, 362-3 determinants of health, 366-8 diagnosis, 362 dual diagnosis, 363 healthcare access, 370 and mental illness, 367-8 person-centred practice, 366 personal narratives, 366, 372 philosophical approaches, 364 social model of disability (SMD), 364 - 5

intellectual disability, legal aspects, 213 - 14Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003 (NZ), 373 interest, 114 International Classification of Diseases (ICD), 6, 84 International Classification of Functioning, Disability and Health (WHO), 369 International Declaration on Youth Mental Health, 380 interpersonal abuse, 351 interpersonal skills, 449–50 interpersonal theory of suicide behaviour, 131-2 interpersonal trauma recovery stages, 35-9 self-care, 32-4 interpreters, 325 interprofessional perspectives assessment, 114-15, 205 cultural competence, 48 definition, 145 described, 283 e-mental health, 230 Māori, 412 mental health nursing, 20 physical health, 305 refugees, 328-30 interprofessional teams (IPT) barriers to, 167 teamwork, 166 interprofessional workforce, 145, 146, 165–6, 444 view of your profession, 177 intersectionality, 369 intersex, 340, 342, 344 interventions, see treatment interviews, 3 motivational, 271 intimate partner violence, 351 and families, 352-4 involuntary treatment, 204, 208–13, 266 - 7isolation, 322 itinerant workforce, 436

judgement, 37, 113 justice, 202

kava, 262 *kawa whakaruruhau*, 47–8 knowledge, 54, 448 *kotahitanga*, 54 kronic, 253

language, 121, 381, 382 laughter, 381 layered models of care, 103–5, 117, 118 leadership expression of, 466 lived experience, 467–8

and mentoring, 468-9 and self-question, 468 trust in, 466-7 learning difficulties, 362 learning disability, 362 see also intellectual and developmental disability (IDD) legal aspects, 203–4, 450 accredited persons, 158-60 and assessment, 210 and committal, 205 and human rights, 206 mandatory reporting, 385 and older people, 405-6 personal narratives, 205, 212 procedural justice, 209-12 legislation in 2042, 214–15 intellectual disability, 213-14 mental health, 204-5, 206-7, 211 lesbian, gay, bisexual, transgender, queer and intersex (LGBTOI) communities, 130 lethargy, 292 life expectancy, 9-10, 284 life tasks, 401–2 lifestyle clinics, 302 listening, 53 lithium, 182 lived experience leadership, 467-8 mana, 54 mandate of the state, 211 mandatory reporting, 385 mania, 87 Māori alcohol use, 262 and cultural safety, 47-8 engagement with, 52-4 and ethnicity, 45 families, 49–50, 202 and gender and sexual diversity (GSD), 341 health and wellness, 50-1 health of, 46-7 interprofessional perspectives, 412 mental health of, 46-7 in New Zealand, 46 and obesity, 291 personal narratives, 45, 48, 49, 50, 51, 54, 55-7 prevalence, 6 self-sufficiency, 54-5 and storytelling, 52 substance use, 253 and suicide, 47, 129 suicide rates, 251 te whare tapa wha, 50-1and trauma-informed care, 53 worldviews, 48 Marriage (Definition of Marriage) Amendment Act 2013 (NZ), 344

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter, Rhonda L. Wilson, Helen P. Hamer, Denise McGarry, Mark Loughhead Index <u>More Information</u>

Index 475

Marriage Equality (Same Sex) Act 2013, 344 Maslow's hierarchy of needs, 110 mātauranga Māori, 54 maternal mental health, 345-6 meaning-making influences, 262, 269-70 medical professionals, 151 medicines access to in pandemic, 194 and clinical practice, 189 consumer experiences of, 186-7 deprescribing, 411 information about, 178, 180 monitoring, 10 personal narratives, 190-1 poly pharmacy, 192, 368, 401, 411 quality use of, 191–4 and stigma, 176 understanding of, 175-7 use of, 174 see also over-the-counter (OTC) drugs; psychotropic medicines memantine, 179-80 mental health definition, 5-6 and life expectancy, 9-10 of Māori, 46-7 and social determinants, 7-8 Mental Health (Compulsory Assessment and Treatment) Act 1992 (NZ), 406 Mental Health Act 2009 (SA), 7 Mental Health Acts, 206-7 mandate of the state, 211 mental health conditions common, 85-92 older people, 406–11 and substance use, 270 young people, 393-4 mental health nurses, 115 mental health nursing described, 14 interprofessional perspectives, 20 personal narratives, 15, 231-2, 353 - 4as specialist field, 16 and trust, 16 working with consumers, 456 mental health placements, see clinical placements mental health promotion, 7, 13, 102.383.388 rural, 428 Mental Health Review Tribunal, 205 mental health services access to, 425 bed-based units, 432 community, 430, 432 drug, 150 early intervention services, 431 engagement with, 325-6

forensic, 162-3 headspace, 388, 431 history of, 145-6 legal aspects, 205 partnerships, 430 private sector, 160-1 public sector, 162–3 rural, 425, 429, 431 rural and regional, 168 and travel, 434 wellness clinics, 302 see also e-mental health mental health workforce character of, 444 composition of, 146-60 history of, 145-6 intellectual and developmental disability (IDD), 373 interprofessional, 145, 146, 165 - 6looking after yourself, 457 notifications, 164 professional standards for practice, 165 regulation of, 151, 152, 156, 160, 163 - 4self-care, 167 mental illness beliefs about, 13-14 compared to intellectual and developmental disability (IDD), 368 contemporary approaches, 7 and COVID-19, 96 definition, 6-7, 84 diagnosis, 84, 92-3 diagnostic criteria, 85 normalising experiences, 119 prevalence, 5, 6, 86, 90, 282, 283-5, 427-8, 435 serious, 282 and substance misuse, 10-11 and suicide behaviours, 130 see also diagnosis; mental health conditions; risk factors mental status examination, described, 113-14 mentoring, 468-9 see also clinical supervision (CS) mentors, 448 mentorship, 453-4 metabolic syndrome (MetS), 9, 288-9 methamphetamine, 253 migraine, 297 mindfulness, 447 mining industry, 436 mobile devices, 225, 227, 230 mobile phones, 230 models of care, 271-4 layered, 103-5, 117, 118 mood, 113 mood conditions, 86-7 mood stabilisers, 182 mortality rates, 9, 284

definition, 145 see also interprofessional teams (IPT) narrative approach, described, 3 - 4National Disability Insurance Scheme, 365 National Practice Standards for a Mental Health Workforce, 166 National Strategy for Quality Use of Medicines (QUM), 191-4 natural disasters, 435–6 needs, 110 negative symptoms, 89 neuro-chemicals, 258 neuroleptic malignant syndrome, 181 neuro-transmitters, 258 neuro-vegetative symptoms, 114 New Zealand College of Mental Health Nurses (NZCMHN), 148, 164 next of kin, 344 nicotine, 255, 297–8 nicotine replacement therapy (NRT), 298 non-government organisations (NGOs), 160-1 non-maleficence, 202 non-pharmacological approaches, 179 non-suicidal self-injury, 393 noradrenalin, 259 normalisation, 364 normative functions, 454 notifications, 164 nurse practitioners (NPs), 148 personal narratives, 148-9 nurses composition of, 146-50 numbers, 146-7 personal narratives, 137-8, 148-9, 150, 426-7 registered, 147, 149-51 see also mental health nursing Nursing Council of New Zealand, 47 nursing education, 148, 442-4 see also clinical placements Nursing and Midwifery Board of Australia, 165, 233 nutritional deficiency, 363 nutritional patterns, 9, 293 obesity, 291–2 obsessions, 87 obsessive-compulsive related conditions, 87 occupational therapists, 151

O'Hagan, Mary, 214-15

olanzapine, side-effects, 292

motivational interviewing, 271

multidisciplinary teams

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter , Rhonda L. Wilson , Helen P. Hamer , Denise McGarry , Mark Loughhead Index

More Information

476 Index

older people and abuse, 405 and culture, 403–4 and decision-making, 405-6 and depression, 408 described, 400 and digital literacy, 235 ethics of care, 411 and families, 412 future care, 411 immigrants, 330-1 and legal aspects, 405–6 life tasks, 401–2 mental health conditions, 406-11 myths of, 400-1 personal narratives, 403, 407, 409, 410, 412 in prisons, 409-10 refugees, 322 and risk, 404 and suicide, 411 workforce for, 411 olfactory perceptions, 113 opioids, 183, 254-5 oral health, 299-300 oranga, 50–1 organisations, 7 out-of-home care (OOHC), 72 over-the-counter (OTC) drugs, 282, 301 - 2paracetamol, 256-7 overdoses, paracetamol, 256-7 Pacific Islander peoples, 291 prevalence, 7 pain, 297 Pandemic Health Act (NZ), 207 pandemics, see COVID-19 panic disorder, 86 paracetamol, 256-7 paradigms, 341 paramedics, 156-7 partnerships, rural, 430 pathologising, 449 patient records, 228 Patterson, Banjo, 423 peer support workers, 14, 115, 304 peer workers, 152-5 perception assessment, 113 person-centred approach and assessment, 103 definition, 3 described, 62 empathically responding, 95 intellectual and developmental disability (IDD), 366 personal narratives, 267-8 personal trauma, 448 personality conditions, 91 petrol sniffing, 256 pharmacists, 157-8, 192 philosophical approaches, 364 physical activity, 291, 293 physical health, 9, 10 assessment, 302

common conditions, 288-301 comorbidity, 282, 288 emerging challenges, 305 interprofessional perspectives, 305 personal narratives, 294 prevalence, 284 physical health care, 283, 302–4 physical illnesses asylum seekers, 322 refugees, 322 physiologists, 158 police, 156, 205 political factors, 450-1 poly pharmacy, 192, 368, 401 postnatal depression, 87 post-traumatic stress disorder (PTSD), 88 poverty, 291 power and gender and sexual diversity (GSD), 350 legal aspects, 450 in relationships, 350, 351 and therapeutic relationships, 448 - 9Power, Threat, Meaning Framework (PTMF) described, 27 personal narratives, 28-31 questions, 32 use of, 31-2 practitioners definition, 3 legislated roles, 205 personal narratives, 160-1, 162 self-care, 32-4 types of, 146-60 see also health practitioners preceptorship, 453 pregnancy, and intellectual and developmental disability (IDD), 363 presencing, 404 prevalence, 5, 6, 86, 90, 282, 283-5, 427-8,435 substance use, 248, 262 suicide, 128, 129-30 prisons, older people in, 409–10 problem solving, personal, 458 procedural justice, 209-12 professional associations, 164 professional boundaries, 447-8, 449 professional standards for practice, 165 professional supervision, see clinical supervision (CS) Protection of Personal Property Rights Act 1988 (NZ), 405 protective factors asylum seekers, 321 described, 102 refugees, 321 psychiatric advance directives, 406 psychiatrists, 115, 151

psychological influences, 260-1 psychologists, 114, 152, 177 psychosis living with, 9 personal narratives, 264-5 responding to, 120 and young people, 394 psychosis-related conditions, 89_90 psychosocial factors, 130 psychotherapists, 177 psychotropic medicines and obesity, 292 personal narratives, 174-5 side-effects, 300 understanding of, 175–7 use of, 174 public health emergencies, 207 quality use of medicines, 191-4 questions open, 109, 110 Power, Threat, Meaning Framework (PTMF), 32 violence screening, 353 rapport, 114, 268–9, 381–3 reasonable adjustments, 361 reciprocal interdependence, 167 reciprocity, 207 recovery described, 14, 17, 103, 165–6 from interpersonal trauma, 35-9 narratives, 106 personal narratives, 269-70, 403 principles of, 402 rural, 433 recovery-based care, 165-6 Recovery Camp, 442 recovery focused services, 402 recovery movement, 103 reflection, 458 reflective practice, 443, 452–3 refugees and COVID-19, 331-2 definition, 316, 318 and depression, 319 interprofessional perspectives, 328 - 30and isolation, 322 mental health of, 320 and mental health services, 325-6 physical illnesses, 322 protective factors, 321 risk factors, 321 temporary protection, 319–20 and trauma, 326 and trauma-informed practice, 326 - 7see also asylum seekers regional communities, see rural and regional communities registered nurses (RNs), 147, 149-51

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter, Rhonda L. Wilson, Helen P. Hamer, Denise McGarry, Mark Loughhead Index <u>More Information</u>

Index 477

registrars, 151 registration schemes, 163-4 rehabilitation, 433 relationships, 350, 351 religion, 156 see also spiritual influences reminiscence therapy, 401 resilience, 63 respect, 54, 210, 380, 382 responsibility, shared, 382 restorative functions, 454 retirement, 401 right to treatment orders (RTO), 215 rights of those subject to committal, 205 risk, 383, 404 risk assessment, 115-16, 118 risk assessment tools, 116 risk factors, 11-12 asylum seekers, 321 behavioural, 9 described, 102 refugees, 321 rural and regional communities, 428 suicide behaviours, 130–1 to self, 204, 214 see also physical illnesses robotics, 230 rules, 381 rural, 422-3 rural and regional communities described, 422-3, 424-6, 427 and natural disasters, 435-6 personal narratives, 426-7 risk factors, 428 and travel, 434 rural and regional mental health services, 168 Safe Haven Enterprise Visa (SHEV), 319 - 20safety factors, 35-8 safety plan, First Nations people, 67 safety planning, 135-6 sarcasm, 381 schizophrenia, 89-90 diagnostic criteria, 89 life expectancy, 9 and metabolic syndrome (MetS), 289 personal experiences, 13 personal narratives, 286-8 and violence, 11 schools, 388 scope of practice, 148 screening tools, 303 secondary trauma, 442, 448 security services, 155 selective serotonin re-uptake inhibitors (SSRIs), 176, 178 self, therapeutic use of, 443-4 self-assessment, 458 self-care, 452

self-determination, 54, 370 self-esteem, 299 self-harm, 37, 128, 214 see also suicide behaviours self-identification, 342 self-in-action, 369-70, 458 self-injury, 393 self-neglect, 116, 204 self-question, need to, 468 self-sufficiency, 54-5 sensory modulation, 37 serotonin, 259 sexual dysfunction, 296 sexual health, 295-7 sexual orientations, 340 sexual violence, 346 sexuality, 340-1, 403 shared decision-making, 185-6 sleep, 114 smart device applications, 226, 228 smart devices, 229 smoking, 255, 262, 297-8 social capital, 367 social determinants of mental health, 7–8 social factors, 116, 130, 261, 289 social media, 228, 230 personal narratives, 231-2 policies, 233 social model of disability (SMD), 213-14, 364-5 social reconnection, 38 social-role valorisation, 364 social well-being described, 62 determinants of, 63-5 social workers, 151, 177 societies, 7 sociocultural factors, 363 solution-focused therapy, 273 solvents, 255-6 sorrow, chronic, 372 speech, disorganised, 89 speech pathologists, 156 spirit-breaking environments, 35 spiritual influences, 50, 51, 262 St John's wort, 301 stabilisation, 35-8 standards of practice, 115 stereotypes, 443 stigma, 9, 12-13, 176, 299, 344, 401,443 stimulants, described, 251 Stolen Generations, 72-3 storytelling, 3, 71-2 and Māori, 52 strengths-based approach, 121, 304, 383 strengths-based assessment, 121 strengths-based mental care, 380 stress-related conditions, 88 substance misuse, 10-11, 90 substance use biological influences, 258-9 comorbidity, 248

developmental influences, 263 ecological influences, 263 harm prevention, 249 meaning-making influences, 262 and mental health conditions, 270 personal narratives, 2, 15, 263-70,273-4 prevalence, 248, 262 psychological influences, 260-1 and risk, 116 social influences, 261 spiritual influences, 262 suicidal ideation, 128, 131 suicide and alcohol use, 251 described, 128 First Nations people, 67, 129 and language, 128 and Māori, 47, 129 and older people, 411 prevalence, 128 and young people, 47, 393 suicide behaviours and COVID-19, 138-9 described, 128 and families, 136-7 interpersonal theory of, 131-2 personal narratives, 133-4, 137 - 8responding to, 134-5 risk factors, 130-1 safety planning, 135-6 suicide rates, 129–30 Māori, 251 rural, 428 supervision, see clinical supervision (CS) support frameworks, 453-4 support networks, 2 support persons, 2 survivor mission, 38 swallowing, 300 sympathy, 446 synthetic drugs, 253 tactile perceptions, 113 takatāpui, 341 tangata whaiora, 46, 48, 49-50, 52 - 4tangata whenua, 47 Te Pou o te Whakaaro Nui, 165 te whare tapa wha, 50-1 teamwork, 166 telehealth, 226, 429, 431, 433 telephone services, 224 telephone triage services, 233-4 telepsychiatry, 227 Temporary Protection Visas (TPVs), 319–20 text services, 226 therapeutic presence, 446, 447 therapeutic relationships alliance, 446

cultural influences, 262

Cambridge University Press & Assessment 978-1-108-98462-1 — Mental Health Edited by Nicholas Procter, Rhonda L. Wilson, Helen P. Hamer, Denise McGarry, Mark Loughhead Index

More Information

478 Index

therapeutic relationships (cont.) barriers to, 327, 381 being-with, 403 elements of, 445-7 empathically responding, 95 enablers, 382 funnel technique, 353-4 and gender and sexual diversity (GSD), 346 and hope, 392 legal aspects, 450 and mental status examination, 113 - 14personal narratives, 39, 445 and power. 448-9 questions, 109, 110 rapport, 114, 268-9, 381-3 and self-care, 32-4 skills for assessment, 117-21, 122 telephone triage services, 233-4 the rapeutic use of self, 443–4 and trust, 16, 37, 330 violence screening questions, 353 young people, 381-3 see also assessment; traumainformed care the rapeutic use of self, 443–4 thought content, 113 thought processes, 113 thwarted belonginess, 131-2 time management, 382 tino rangatiratanga, 54 tobacco, 249, 255, 262, 297-8 transference, 447 transgender, 340 transition programs, 442 trans-phobia, 350 transplantation services, personal narratives, 286 transsexual, 340 trauma barriers to talking about, 327 definition, 4 personal, 448 recovery stages, 35-9 and refugees, 326 resolution. 38 secondary, 442, 448 vicarious, 442, 447 and young people, 385–7 trauma-informed care, 27 delivery within, 89 described, 4–5, 34–5, 104 empathically responding, 95 and Māori, 53 personal narratives, 39 and refugees, 326-7 safety and stabilisation, 35-8 and self-care, 32-4 social reconnection, 38

stages, 35-9 therapeutic skills, 122 trauma resolution, 38 universal precautions, 210 trauma and stress-related conditions, 88 travel, 434 treatment alternatives to compulsory, 213 coercive, 447 compulsory, 203 involuntary, 204, 208–13, 266–7 models of care, 271-4 personal narratives, 263-70, 273 - 4see also decision-making; physical health care Treaty of Waitangi (1840), 47 trust, 16, 37, 187, 330 trust leadership, 466-7 truth, 37 Tūmata Kōkiritia, 46, 54–5 Uluru Statement from the Heart, Ungunmerr-Baumann, Miriam-Rose, 76-7 Union of the Physically Impaired Against Segregation (UPIAS), 364 United Nations Convention on the Rights of Persons with Disabilities (UNCRPD), 206, 210, 283 United Nations Convention on the Status of Refugees, 318 United Nations High Commission for Refugees (UNHCR), 318 unity, 54 universal precautions, 210 urinary incontinence, 299 validation, 27, 37, 119, 210 valproate, 182 vicarious trauma, 442, 447 video use, 226, 227 videoconferencing, 230 videos, 230 violence, 11, 346, 351 viral infections, 363 visas, 319-20 visual perceptions, 113 voice, 210 voluntary assisted dying (VAD), 203 voluntary status, 450 vulnerability, 383 wairua, 50, 51

wairua, 50, 51 *Waltzing Matilda* (song), 423 wearable monitoring devices, 229

Web 1, 226, 228 Web 2, 226, 228 web browser literacy, 228 weight gain, 292 welfare workers, 160 well-being in workplace, 452 see also emotional well-being; social well-being well-being strategies, 65, 302 wellness, 50-1 wellness clinics, 302 whānau, 46, 47, 49-50, 202 whanaungatanga, 52-4 withdrawal, 187, 252, 271 withdrawal plans, 181 women, 87, 345-6, 352-4 workforce character of, 444 composition of, 146-60 intellectual and developmental disability (IDD), 373 interprofessional, 145, 146, 165 - 6itinerant, 436 for older people, 411 view of your profession, 177 workplace, well-being in, 452 World Health Organization (WHO), 84, 146 worldviews, Māori, 48

xerostomia, 300

young people and abuse, 385–7 and alcohol use, 385 and anxiety conditions, 394 and binge drinking, 252 and depression, 394 and drug use, 385 early intervention services, 431 e-mental health for, 388 mental health conditions, 393-4 mental health promotion, 388 non-suicidal self-injury, 393 personal narratives, 28-31, 91-2, 384–5, 386–7, 388–90, 392–3 and psychosis, 394 rapport, 381-3 reducing risk, 383 respect for, 380, 382 risk factors, 11 and substance misuse, 10 and suicide, 47, 393 therapeutic relationships, 381 - 3and trauma, 385-7 and weight gain, 292 youth-friendly approach, 380