

Contents

<i>Contributors</i>	Page xvii
<i>Preface</i>	xxiii
<i>Foreword</i>	xxv
<i>Abbreviations</i>	xxvi
Section 1: Resuscitation and Management of the Acutely Ill Patient	1
1.1 General Introduction to the Recognition, Assessment and Stabilisation of the Acutely Ill Patient with Disordered Physiology	1 Claire Moorthy
1.2 Management of Cardiopulmonary Resuscitation – Advanced Life Support	2 Jonny Coppel
1.3 Principles of Management of the Patient Post-resuscitation	6 Jonny Coppel
1.4 Principles of Triaging and Prioritising Patients Appropriately, Including Timely Admission to ICU	9 Claire Moorthy
1.5 Initial Assessment and Management of the Trauma Patient	11 Anil Dhadwal
1.6 Principles of Assessment and Initial Management of the Patient with Burns	14 Behrad Baharlo
1.7 Description and Management of Mass Casualties	18 Jonny Price and Scott Grier
Section 2: Diagnosis, Assessment, Investigation, Monitoring and Data Interpretation	21
2.1 Principles of Obtaining a History	21 Claire Moorthy
2.2 Principles of Performing an Accurate Clinical Examination	24 Claire Moorthy
2.3 How to Undertake Timely and Appropriate Investigations	27 Claire Moorthy
2.4 General Principles of Performing and Interpretation of Electrocardiography Results	29 Kyron Chambers
2.5 General Principles of Obtaining Appropriate Microbiological Samples and Interpretation of Results	34 Tom Bottomley
2.6 Obtaining and Interpretation of Results from Blood Gas Samples (Acid–Base Balance and Disorders)	37 Ed McIlroy
2.7 Principles of Interpreting Imaging Studies (X-ray/CT/MRI)	43 Chun Wah So and Matthew Gale
2.8 Imaging of the Chest	47 Chun Wah So and Matthew Gale
2.9 Imaging of the Head	61 Chun Wah So and Matthew Gale
2.10 Imaging of the Abdomen	68 Chun Wah So and Matthew Gale
2.11 Importance of Monitoring and Responding to Trends in Physiological Variables	75 Claire Moorthy
2.12 How to Integrate Clinical Findings with Laboratory Investigations to Form a Differential Diagnosis	79 Claire Moorthy

Contents

Domain 3: Disease Management:
Recognition, Causes
and Management 83

Section 3.1: Cardiac and Circulatory
failure 85

3.1.1	Acute Coronary Syndromes	85
	Michael Hoy	
3.1.2	Cardiac Pacing, Implantable Cardioverter–Defibrillators and Cardiac Resynchronisation Therapy	90
	Paul Harris	
3.1.3	Acute Heart Failure	93
	Paul Harris	
3.1.4	Valvular Heart Disease	96
	Katarina Lenartova	
3.1.5	Congenital Heart Disease	105
	Anne-Marie Leo	
3.1.6	Endocarditis	111
	Selina Ho and Michael Hoy	
3.1.7	Management of Hypertensive Crises	117
	Katarina Lenartova and Anne-Marie Leo	
3.1.8	Atrial fibrillation in the Intensive Care Unit	122
	Paul Harris	
3.1.9	Myocarditis	126
	Niklas Tapper	
3.1.10	Pericardial Disease	128
	Niklas Tapper	
3.1.11	Shock	132
	Michael Hoy	
3.1.12	Aortic Dissection	137
	Simon Mattison	

Section 3.2: Acute Renal Failure 141

3.2.1	Acute Kidney Injury	141
	Nuttha Lumlertgul, Alistair Connell and Marlies Ostermann	

Section 3.3: Acute Liver
Failure 157

3.3.1	Acute-on-Chronic Liver Failure	157
	Michael Spiro and Jeremy Fabes	
3.3.2	Jaundice	160
	Michael Spiro and Jeremy Fabes	
3.3.3	Ascites	164
	Michael Spiro and Jeremy Fabes	
3.3.4	Portal Hypertension	168
	Michael Spiro and Jeremy Fabes	
3.3.5	Hepatorenal Syndrome and Hepatopulmonary Syndrome	171
	Michael Spiro and Jeremy Fabes	
3.3.6	Encephalopathy	174
	Michael Spiro and Jeremy Fabes	

Section 3.4: Neurological Impairment
and Injury 177

3.4.1	Decreased Consciousness	177
	Chris Whitehead and Ian Tweedie	
3.4.2	Seizures and Status Epilepticus	181
	Chris Whitehead	
3.4.3	Acute Cerebrovascular Accident and Its Complications	185
	Chris Whitehead	
3.4.4	Meningitis	188
	Arun Krishnamurthy	
3.4.5	Tetanus	191
	Sachin Mehta and Manpreet Bahra	
3.4.6	Delirium	194
	Tamas Bakonyi and Valerie Page	
3.4.7	Neuromuscular Disorders	197
	Sachin Mehta and Manpreet Bahra	
3.4.8	Non-traumatic Spinal Cord Injury	201
	Manpreet Bahra and Sachin Mehta	

Section 3.5: Acute Gastrointestinal Failure 205

- 3.5.1 **Gastrointestinal Haemorrhage** 205
Megan Fahy and Liza Keating
- 3.5.2 **Acute Pancreatitis** 208
Mike Peters and Liza Keating
- 3.5.3 **Peritonitis and the Acute Abdomen** 211
Shona Johnson and Liza Keating
- 3.5.4 **Ileus and Bowel Obstruction** 214
Charles Rich and Liza Keating
- 3.5.5 **Intra-abdominal Hypertension and Abdominal Compartment Syndrome** 216
Dominic Moor, Katie Wimble and Ravi Kumar

Section 3.6: Acute Respiratory Failure 219

- 3.6.1 **Pulmonary Embolism** 219
Benjamin Post
- 3.6.2 **Asthma** 222
Leon Cloherty and Gary Masterson
- 3.6.3 **Chronic Obstructive Pulmonary Disease** 226
Lee Poole and Gary Masterson
- 3.6.4 **Pneumonia** 229
Mahmoud Wagih
- 3.6.5 **Acute Respiratory Distress Syndrome** 234
Mahmoud Wagih
- 3.6.6 **Pulmonary Oedema** 238
Marc Zentar and Kate Tatham
- 3.6.7 **Pulmonary Hypertension** 242
Raj Saha

Section 3.7: Infection and Immunity 245

- 3.7.1 **Anaphylaxis** 245
Claire McCann

- 3.7.2 **Host Defence Mechanisms and Immunodeficiency Disorders** 248
Claire McCann
- 3.7.3 **HIV and AIDS** 251
Claire McCann
- 3.7.4 **Sepsis and Septic Shock** 254
Ravi Bhatia
- 3.7.5 **Multiple Organ Dysfunction Syndrome** 257
Ravi Bhatia
- 3.7.6 **Nosocomial Infections** 259
Ravi Bhatia
- 3.7.7 **Severe Soft Tissue Disorders** 262
Elizabeth Potter, Gabor Dudas and Alexander Fletcher
- 3.7.8 **Principles of Antibiotic Use in Intensive Care** 267
James McKinlay and Alexander Fletcher
- 3.7.9 **Mechanism of Action and Activity of Commonly Used Antibiotics** 273
James McKinlay, Alexander Fletcher and Armine Sefton
- 3.7.10 **Antibiotic Prophylaxis, Resistance and Future Directions** 278
James McKinlay and Alexander Fletcher
- 3.7.11 **Anti-fungal Therapies** 282
James McKinlay and Alexander Fletcher
- 3.7.12 **Antiviral Therapies** 285
James McKinlay and Alexander Fletcher
- 3.7.13 **Malaria and Tropical Diseases** 287
Clare Morkane
- 3.7.14 **The COVID-19 Pandemic** 292
Christopher Hellyar, Debashish Dutta and Carl Waldmann

Section 3.8: Intoxication with Drugs or Environmental Toxins 297

- 3.8.1 **Toxicology** 297
Timothy Snow

Contents

Section 3.9: Obstetrics and Maternal
Peripartum Complications 307

- 3.9.1 **Obstetric Emergencies** 307
Shrijit Nair and Audrey Quinn
- 3.9.2 **Pre-eclampsia and Eclampsia** 316
Louise Swan and Audrey Quinn
- 3.9.3 **Pre-existing Disease in Pregnancy** 320
Laura Vincent and Audrey Quinn

Section 3.10: Haematological
and Oncological Disorders 327

- 3.10.1 **Disorders of Haemostasis in Intensive
Care** 327
Victoria Stables and Mari Thomas
- 3.10.2 **Thrombotic Disorders in Intensive Care** 331
Victoria Stables and Mari Thomas
- 3.10.3 **Anticoagulation, Bridging and Emergency
Reversal in Intensive Care** 333
Victoria Stables and Mari Thomas
- 3.10.4 **General Haematology for Intensive
Care** 336
Dunnya De-Silva, Emma Drasar and William
Townsend
- 3.10.5 **Malignant Haematology in Intensive
Care** 343
Jenny O’Nions and William Townsend
- 3.10.6 **Haemostasis, Coagulopathies and the
Bleeding Patient** 353
Ben Clevenger

Section 3.11: Metabolic
Disorders 361

- 3.11.1 **Acute Electrolyte Abnormalities – An
Overview** 361
Clare Morkane
- 3.11.2 **Sodium** 363
Clare Morkane
- 3.11.3 **Potassium** 366
Clare Morkane

- 3.11.4 **Calcium** 370
Clare Morkane
- 3.11.5 **Magnesium** 373
Clare Morkane
- 3.11.6 **Phosphate** 375
Clare Morkane

Section 3.12: Endocrine
Disorders 377

- 3.12.1 **Diabetic Emergencies** 377
Sridhar Nallapareddy and Jon Griffiths
- 3.12.2 **Syndrome of Inappropriate Anti-diuretic
Hormone Secretion** 381
Thomas Leith
- 3.12.3 **Diabetes Insipidus and Other Polyuric
Syndromes** 384
Thomas Leith
- 3.12.4 **Thyroid Emergencies** 387
Sridhar Nallapareddy and Justin Ang
- 3.12.5 **Adrenocortical Insufficiency in Critical
Illness** 391
Tom Parker

Section 3.13: Severe Trauma
and Multiple Injuries 393

- 3.13.1 **Traumatic Brain Injury** 393
Wilson Fandino
- 3.13.2 **Maxillofacial and Upper Airway
Injuries** 398
Rajamani Sethuraman
- 3.13.3 **Traumatic Chest Injuries** 402
Harish Venkatesh and Sanjeev Ramachandran
- 3.13.4 **Traumatic Spinal Cord Injuries** 406
Manpreet Bahra and Sachin Mehta
- 3.13.5 **Traumatic Abdominal and Pelvic
Injuries** 408
Karina Goodwin
- 3.13.6 **Mediastinitis** 411
Arun Krishnamurthy

Section 3.14: Environmental Injuries 415

- 3.14.1 **Drowning** 415
Tom Parker
- 3.14.2 **Burns** 418
Behrad Baharlo
- 3.14.3 **Thermal Disorders** 422
Behrad Baharlo
- 3.14.4 **Envenomation** 425
Timothy Snow
- 3.14.5 **Ballistic Injuries** 428
Tim Hartley

Section 3.15: Psychiatric Disorders Encountered in Intensive Care 433

- 3.15.1 **Capacity and Consent Issues in Intensive Care** 433
Ruth Taylor and Peter Byrne
- 3.15.2 **Managing Aggression in Intensive Care** 437
Ruth Taylor and Peter Byrne
- 3.15.3 **Overdose, Serotonin Syndrome and Neuroleptic Malignant Syndrome** 441
Ruth Taylor and Peter Byrne
- 3.15.4 **Suicidal Patients in Intensive Care** 445
Ruth Taylor and Peter Byrne
- 3.15.5 **Anxiety, Psychological Trauma and the Difficult Patient in Intensive Care** 448
Ruth Taylor and Peter Byrne
- 3.15.6 **Substance Misuse and Withdrawal in Intensive Care** 452
Ruth Taylor and Peter Byrne
- 3.15.7 **Staff Burnout in Intensive Care** 455
Ruth Taylor and Peter Byrne

Section 4: Therapeutic Interventions and Organ Support 457

- 4.1 **Principles of Safe Prescription of Drugs and Therapeutics (Including Pharmacokinetics,**

- Pharmacodynamics and Drug Monitoring)** 457
Caroline Moss
- 4.2 **Antibiotic Management and Monitoring** 461
James McKinlay and Alexander Fletcher
- 4.3 **Administration of Blood and Blood Products in Intensive Care** 467
Ben Clevenger
- 4.4 **Monitoring Coagulation, Including Thromboelastography** 473
Ben Clevenger
- 4.5 **Fluids, Inotropes and Vasopressors, Vasodilators and Anti-hypertensives** 477
Ed McIlroy
- 4.6 **Principles of Mechanical Circulatory Support in the Acute Setting** 492
Susanna Price and Stephane Ledot
- 4.7 **Mechanical Ventilation: Initiation, Maintenance and Weaning** 495
Ranil Soysa and Kate Tatham
- 4.8 **Renal Replacement Therapy in Critical Care** 500
Nuttha Lumlertgul, Marlies Ostermann and Gursharan Paul Singh Bawa
- 4.9 **Nutritional Assessment and Support in Intensive Care (Enteral and Parenteral Nutrition)** 510
Liesl Wandrag
- 4.10 **Neuromonitoring and Cerebral Protection** 515
Wilson Fandino

Domain 5: Practical Procedures 519

Section 5.1: Practical Respiratory System 521

- 5.1.1 **Oxygen Administration in Intensive Care** 521
Jo Hackney

Contents

5.1.2 **Emergency Front of Neck Airway Management** 523
Jo Hackney

5.1.3 **Difficult Intubation Guidelines and Failed Airway Management** 526
Jo Hackney and Benjamin Post

5.1.4 **Principles of Performing Fibreoptic Bronchoscopy and Broncho-alveolar Lavage in the Intubated Patient** 534
Nicola Rowe and Ramprasad Matsa

5.1.5 **Percutaneous Tracheostomies and Management of Tracheostomy Emergencies** 538
Ramprasad Matsa

5.1.6 **Chest Drain Insertion** 544
Jonathan Barnes

5.1.7 **Lung Ultrasound** 549
Arthur W. E. Lieveld and Andrew P. Walden

5.1.8 **Lung Function Testing** 555
Lola Loewenthal

Section 5.2: Practical Cardiovascular System 561

5.2.1 **Arterial Line Insertion** 561
Oliver Sanders

5.2.2 **Use of Ultrasound for Vascular Localisation** 564
Jonathan Barnes

5.2.3 **Central Venous Catheterisation** 567
Oliver Sanders

5.2.4 **Pulmonary Artery Catheterisation: Insertion and Interpretation** 571
Suehana Rahman

5.2.5 **Principles of Defibrillation and Cardioversion** 576
Jonny Coppel

5.2.6 **Cardiac Pacing, Implantable Cardioverter–Defibrillators and Cardiac Resynchronisation Therapy** 580
Edward Rintoul and Jeff Philips

5.2.7 **Needle Pericardiocentesis in Intensive Care** 584
Peter Remeta

5.2.8 **Cardiac Output Measurement and Interpreting the Derived Data** 589
Charles M. Oliver

5.2.9 **Echocardiography in Intensive Care** 592
Andrew P. Walden and Karim Fouad Alber

Section 5.3: Practical Central Nervous System 603

5.3.1 **Principles of Performing a Lumbar Puncture (Intradural/‘Spinal’)** 603
Jonathan Barnes

5.3.2 **Management and Administration of Analgesia via an Epidural Catheter** 608
Jonathan Barnes

Section 5.4: Practical Gastrointestinal System 611

5.4.1 **Abdominal Paracentesis** 611
Jonathan Barnes

5.4.2 **Sengstaken–Blakemore Tube Insertion** 614
Jonathan Barnes

5.4.3 **Nasogastric Tube Placement and Position Confirmation** 617
Jonathan Barnes

Section 5.5: Practical Genitourinary System 621

5.5 **Urinary Catheterisation** 621
Oliver Sanders

Section 6: Perioperative Care 623

6.1 **Management of Pre- and Post-operative Care of the High-Risk Surgical Patient** 623
John Whittle

6.2 **Management of the Critical Care Patient Following Cardiac Surgery** 627
Nick Lees

6.3 **Management of the Critical Care Patient Following Craniotomy** 632
Wilson Fandino

6.4 **Management of the Critical Care Patient Following Liver Transplant** 635
Michael Spiro and Jeremy Fabes

6.5 **Management of the Critical Care Patient Following Heart Transplant** 638
Nick Lees

6.6 **Management of the Critical Care Patient Following Lung Transplant** 642
Nick Lees

6.7 **Pre- and Post-operative Management of the Critical Care Trauma Patient** 645
Rebecca Brinkler and Anthony O'Dwyer

6.8 **Management of the Critical Care Patient Following Major Abdominal Surgery** 648
Anthony O'Dwyer and Rebecca Brinkler

Section 7: Comfort and Recovery 653

7.1 **How to Identify and Attempt to Minimise the Physical and Psychosocial Consequences of Critical Illness for Patients and Families?** 653
Alexa Strachan

7.2 **Principles of Assessment, Prevention and Treatment of Pain in Intensive Care** 656
Harriet Kemp and Helen Laycock

7.3 **Sedation and Neuromuscular Blockade in Intensive Care** 660
Edward Rintoul and Jeff Philips

7.4 **Intensive Care Unit-Acquired Weakness and Physical Rehabilitation** 663
Mandy Jones, Alex Harvey and Eve Corner

7.5 **Follow-Up after Critical Illness** 666
Joel Meyer and Andy Slack

Section 8: End-of-Life Care 671

8.1 **How to Manage the Process of Withholding or Withdrawing Treatment with the Multidisciplinary Team** 671
Margaret Presswood

8.2 **How to Discuss End-of-Life Care with Patients and Their Families/ Surrogates** 674
Edward Presswood

8.3 **Managing Palliative Care of the Critically Ill Patient** 677
Shankara Nagaraja

8.4 **Brainstem Death Testing** 680
Shankara Nagaraja

8.5 **Physiological Support of the Organ Donor** 683
Shankara Nagaraja

8.6 **Management of Organ Donation Following Circulatory Death** 686
Shankara Nagaraja

Section 9: Paediatric Care 689

9.1 **Assessment and Management of the Sick Child** 689
Andrew J. Jones and Thomas Brick

9.2 **Organisation of Paediatric Intensive Care and Paediatric Intensive Care Transport Services in the UK** 692
Andrew J. Jones and Thomas Brick

9.3 **Safeguarding and Non-accidental Injury** 695
Andrew J. Jones and Thomas Brick

9.4 **Respiratory Failure** 698
Andrew J. Jones and Thomas Brick

9.5 **Paediatric Sepsis** 703
Andrew J. Jones and Thomas Brick

9.6 **Acute Neurological Disorders** 708
Andrew J. Jones and Thomas Brick

7	The Collapsed Infant 711	11.3	Principles of Outcome Prediction, Prognostic Indicators and Treatment Intensity Scales and Limitations of Scoring Systems in Predicting Individual Patient Outcome 746
	Andrew J. Jones and Thomas Brick		Andrew Selman, Peter Odor and Sam Bampoe
8	Congenital Heart Disease 714	11.4	Scoring Systems for Severity of Illness in Critical Care 749
	Andrew J. Jones and Thomas Brick		Katie Samuel and Sam Bampoe
9	Trauma 719	11.5	Managerial and Administrative Responsibilities of the Intensive Care Medicine Specialist 752
	Andrew J. Jones and Thomas Brick		Alison Pittard
10	Acute Liver Failure, Inborn Errors of Metabolism and Diabetic Ketoacidosis 722	11.6	Communication in Intensive Care 754
	Andrew J. Jones and Thomas Brick		Orlanda Allen and Dev Dutta
11	Analgesia and Sedation in the Paediatric Intensive Care Unit 726	11.7	Professional Relationships with Members of the Healthcare Team 756
	Andrew J. Jones and Thomas Brick		Orlanda Allen and Dev Dutta
	Section 10: Transport 731	11.8	Legal and Ethical Issues in Intensive Care 758
0.1	Principles of Transport of the Mechanically Ventilated Critically Ill Patient outside the ICU 731		Chris Danbury
	Jonny Price and Scott Grier	11.9	The Legal Framework 761
0.2	Pre-hospital (Helicopter) Emergency Medical Services 733		Jo Samanta and Dev Dutta
	Marc Wittenberg and Dominik Krzanicki	11.10	CoBaTrICE: The Importance of Learning Opportunities and Integration of New Knowledge in Clinical Practice 766
	Section 11: Professionalism, Patient Safety, Governance and Health Systems Management 739		Alison Pittard
1	Leading the Daily Intensive Care Ward Round 739		
	Julian Howard		
2	Principles and Compliance with Local Infection Control Measures 744		
	Julian Millo		
	Index 769		