

Index

- Adam, Sir Frederick, 127
 Adams, James Eli, 76, 84
 addiction, 117, 154. *See also* alcoholism
 Adshead, Joseph, 35
 After-Care Association, 17, 20–21, 102–9, 120, 192 n89
 compared to convalescent homes, 97, 103–4, 105–6
 help with employment, 104
 aging, 84–85, 86, 94, 157 n6, 180 n7
 alcoholism, 130, 192 n88
 and convalescent care, 192 n89
 in *Erewhon*, 117
All the Year Round, 25, 28, 32, 34, 39, 168 n17, 186 n3
 Anders, Eli, 53, 161 n46, 164 n60, 165 n70, 170 n45, 196 n32, 200 n73
 Anglicanism, 53, 55, 56
Anxious Times, 180 n5, 181 n17, 192 n88
 asylums, 3, 8, 14, 118, 150. *See also* specific institutions
 and chronic institutionalization, 97–99, 102
 and cure, 188 n32
 county asylums, 28, 106, 107, 169 n24, 191 n71
 dangers of discharge, 103, 104, 106–7, 111
 satirized in *Erewhon*, 109–14
 Atkinson Morley Convalescent Hospital, 28, 31, 163 n58, 171 n56, 186 n3
 Austen, Jane, 182 n28

 Bailin, Miriam, 5, 7, 12, 42, 63, 162 n47
 Balfour, Edward, 133
 Barrett Browning, Elizabeth, 72
 Bengal, 126, 127, 128
 Bethlehem Hospital for Lunatics, 29, 102, 189 n35
 Birch, Edward, 132
 Blackrock Convalescent Hospital, 30
Blackwood's Edinburgh Magazine, 75
 Boer War, 123
 Bourrier, Karen, 8, 76, 178 n60
 Boyd, William Sprott, 127

 Brantlinger, Patrick, 78, 95
 breastfeeding, 40
 British Army, 3, 120, 122, 126, 133. *See also* military
 British Empire. *See* imperialism
British Medical Journal, 24, 31, 32, 107, 109
 Brontë, Charlotte, 72
 Bulwer-Lytton, Edward, 161 n41
 Butler, Samuel
 and Henry Maudsley, 186 n8
 Erewhon, 20–21, 96, 99–102, 109–20
 contemporary reviews, 101, 120
 role of the reader, 101–2, 118–20
 satire of asylum care, 109–14
 scenes of caregiving, 115–17
 second edition of 1872, 118, 193 n92
 stigma versus caregiving, 117–18
 notebooks, 193 n93
 views on evolution, 187 n22
 Bynum, Helen, 194 n7, 202 n15
 Byrne, Katherine, 84, 187 n13, 191 n77

 Calcutta, 53
 cancer, 8, 22, 149, 154, 155, 203 n31
 caregiving
 as supplement to medicine, 11–13, 16, 150
 for mental illness, 98, 104, 187 n10, 190 n46
 in *Bleak House*, 25–26, 36–37, 40–42
 in convalescent depots, 129–30
 in convalescent homes, 14–15, 29–30
 in *Erewhon*, 100, 115–17
 in the domestic sickroom, 14–15
 in *The Secret Garden*, 144
 in the twenty-first century, 155–56
 women's role in, 14–15, 85, 87–88
 Catholicism, 53
Chambers's Journal, 107
 change of air, 14, 29, 103, 164 n61. *See also* climate
 and convalescent depots, 135
 and convalescent homes, 30
 Charing Cross Hospital, 53, 169 n28

- Charity Organization Society, 12, 28, 163 n58, 164 n59, 170 n45, 196 n32
- Cherrapunji, 128, 196 n22
- childbirth. *See* postpartum care
- children
 Anglo-Indian, 132–33, 134, 135
 in convalescent depots, 195 n16
 in convalescent homes, 16, 29, 30
 in *Ruth*, 67–68, 70
 in *The Secret Garden*, 135–40
- cholera, 28, 136, 195 n14
- chronic illness, 13, 164 n61, *See also* invalidism
 and contagion, 200 n1
 and convalescence, 33
 as “irregular”, 41
 in convalescent depots, 123, 129
 in convalescent homes, 15–16, 170 n45
 in the twenty-first century, 153–54
 narrative form of, 5
- cities, 29, *See also* change of air
 and health, 3, 13, 14
- class. *See* middle class, upper class *and* working class
- climate, 141, *See also* change of air
 and convalescence, 14, 26
 and convalescent depots, 3, 123, 128, 129
 in imperialist discourses, 125–26, 131–32, 133–35, 198 n46
 in *The Secret Garden*, 135–38
- Collins, Wilkie
 experience with gout, 83
 “Journey in Search of Nothing”, 75, 83, 84
 “Laid Up in Two Lodgings”, 75, 87–88, 94
My Miscellanies, 180 n6
The Moonstone, 10, 19–20, 73, 77–78
 and *Robinson Crusoe*, 74, 89
 men’s leisure practices, 88–92
 role of the reader, 77–78, 92–96
- Colney Hatch Lunatic Asylum, 104, 185 n1, 190 n47
- consumption. *See* tuberculosis
- contagion, 8, 9, 159 n20, 180 n94, *See also* cholera, COVID-19, measles, sexually transmitted diseases, *and* typhus
 and chronic illness, 200 n1
 compared to mental illness, 108
 in *Bleak House*, 1, 23, 34–35
- convalescence
 across disease categories, 8–9, 83
 across the social classes, 2–3, 16–17, 23–25, 35–36, 54–55, 75–76, 86–87, 157 n8
 and emotions, 15, 26, 29, 50, 54, 56–57
 and irritability, 7, 56, 65, 115, 122, 159 n27
 and leisure, 30, 84–85, 130–31, 152
 and modern stressors, 13–14, 16, 29, 84
 and religion, 18, 48, 49–50, 53, 61–62, 63
 as a social good, 3–4, 29, 74–75
 as preventative care, 31, 164 n61, 170 n44
 definition of, 2, 26, 76
 duration of, 4–5, 13, 152, 153, 183 n53, 195 n20
 in the Early Modern period, 3, 50
 in the twentieth century, 123–24, 152–53
 of chronic illness, 15–16, 33
 of mental illness, 97, 102–4
 outcomes, 2, 12–13, 26, 31–33
 for mental illness, 101, 104–5, 108
 of religious resolutions, 59
 reading practices during, 10–11, 15, 81–82
- convalescent depots, 3, 12, 21, 122–23, 125–35, 136, 151
 and climate, 128, 196 n24
 as cost-saving measure, 122–23, 126–27
 evoking nostalgia for homeland, 131–32
 Indian soldiers in, 198 n46
 origins of, 125–26
 reading material in, 129, 161 n42
- convalescent devotionals, 4, 17, 19, 48, 73
 and negative emotional states, 56–57, 65
 and uncertainty, 59–61
 appeals to various social classes, 54–55
 attention to readers’ fatigue, 55–56
 denominational differences, 53–54
- convalescent homes, 3, 18, 20, 27–33, 55, 87, 106, 108, 127, 129, *See also* specific institutions
 and domestic space, 15, 24–25, 38, 168 n19
 and health outcomes, 26, 31–33
 as ameliorating poverty, 23–25, 29–30, 35–36
 as model for aftercare for mental illness, 97, 103–4
 as supplement to hospital medicine, 11–12, 13, 27–28, 29
 caregiving practices in, 29–30
- Convalescent Homes Association, 124
- growth over the nineteenth century, 14, 28, 173 n77, 186 n3
- help with employment, 32, 189 n42
- in the twentieth century, 124, 152–53
- length of stay, 171 n56
- libraries in, 15, 30, 53, 161 n42, 176 n26
- managed by women, 12, 28, 30, 162 n49, 171 n53, 173 n74
- numbers compared to county asylums, 14, 28, 169 n24
- seaside locations, 164 n62, 200 n73
- convalescent time, 1, 4–5, 22, 76–77, 150–51
 and aging, 84–85
 and ethics, 5–6, 47, 65–66, 73, 85–88, 125, 141–42
 as larger cultural paradigm, 16–18, 149–50

- as model for twenty-first century, 156
 in *Bleak House*, 27, 41–42, 43–47
 in *Erewhon*, 118–19
 in imperialist discourses, 122–23
 in *Ruth*, 64–66
 in *The Moonstone*, 77–78, 95–96
 in *The Secret Garden*, 124–25, 141–43, 147
 narrative form of, 5, 6–8, 9–10
 spiritual challenges of, 50–51, 59–60, 61–62, 63, 73
- Cooley, Arnold James, 176 n27
- COVID-19, 149, 154, 203 n32
- criminality
 and rehabilitation, 120
 in *Erewhon*, 99, 112
- Cronin, Jenny, 161 n46, 162 n49, 173 n74
- curative workshops, 123, 151–52, 201 n14, *See also*
 World War I
- cure, 13, 15, 97
 and mental illness, 97, 101
 in the history of medicine, 150, 154–55
 in the twenty-first century, 22
 narrative form of, 5, 33
 versus convalescence, 15–16, 101, 104–5
- Dalhousie, 128, 197 n41
- Darjeeling, 126, 127, 129, 196 n24
- Darwin, Charles, 186 n8
- deathbeds, 7
 and religious conversion, 52–53, 56, 59–60, 63
 in *Ruth*, 71–72
- degeneration, 98, 100, 103, 112
- Dickens Fellowship, 172 n68
- Dickens, Charles, 79, 161 n41
Bleak House, 18–19, 33–47, 73
 contagion in, 9, 23, 34–35
 convalescent time, 41–42, 43–47
 detective plot versus caregiving plot, 43–45
 ending, 1–2, 6, 45–47
 illnesses, 23
 public access to caregiving, 36–38
 role of the reader, 26–27, 42, 45–46
 scenes of caregiving, 9, 25–26, 36–37, 40–42, 43–46
 donation to convalescent home, 34
 industrial novels, 25
Oliver Twist, 172 n66
- diet, 13, 14, 104, 150
 and climate, 136, 195 n20, 200 n74
 in convalescent care, 85–86, 163 n56
 in convalescent homes, 15, 24, 29–30
- dipsomania. *See* alcoholism
- disability, 7, 8, 85
 and gender, 178 n60
 and military veterans, 123, 126
 in *Bleak House*, 42, 46
 in convalescent homes, 30–31, 32–33
 in Gaskell's *Ruth*, 59
 narrative form of, 8
 versus convalescence, 9, 32–33, 76–77
- doctors. *See* physicians
- Dover Convalescent Home, 32
- dyspepsia, 99, 117
- East India Company, 3, 120, 122, 127, 195 n13
- Eden Sanatorium, 126
- Edinburgh, 29
Edinburgh Medical and Surgical Journal, 13
- Edward, Prince of Wales, 167 n5
- Eliot, George, 161 n41, 182 n28
Middlemarch, 46
The Mill on the Floss, 178 n60
- Emerson, Ralph Waldo, 183 n44
- epilepsy, 8, 9, 165 n68, 197 n35
 in *Bleak House*, 44–45
- eugenics, 98, 110, 111
- evangelicalism, 53, 174 n4
- exercise
 in convalescent depots, 130, 197 n39
 in convalescent homes, 29, 30, 164 n60
 in *The Secret Garden*, 139
- Finchley Convalescent Home, 44, 165 n68
- First World War. *See* World War I
- Fortnightly Review*, 101
- France
 convalescent care in, 189 n33
- Frank, Arthur W., 154
- Fraser's Magazine*, 74, 75, 83, 86
- Frawley, Maria, 5, 8, 12, 33, 76, 83, 84, 162 n47, 183 n52
- friendly societies, 24, 31, 159 n20, 167 n4
- Fry, John, 48, 52, 53, 59, 60
- Galton, Francis, 98
- gardens
 in convalescent depots, 126, 130
 in convalescent homes, 15, 30
 in *The Moonstone*, 90
 in *The Secret Garden*, 136–37
- Gardiner, Elizabeth Greene, 152, 161 n46, 169 n25
- Gaskell, Elizabeth
 industrial novels, 25, 49, 69
Mary Barton, 49, 71
North and South, 49
Ruth, 10, 19, 47, 63–73, 143
 contemporary reviews, 70
 ending, 6, 48–49, 70–73

- Gaskell, Elizabeth (cont.)
 interpreting bodily states, 59, 66–68, 70
 role of the reader, 49–50, 51–52, 72–73
 scenes of convalescent repentance, 57–58, 62, 64–66
- gender. *See* men *and* women
- General Paralysis of the Insane, 112
- Germany, 79
- Gibson, Edmund, 50, 175 n10
- Gilbert, Pamela, 25, 46
- Girls' Friendly Society, 24
- Gladstone, Catherine, 28, 39, 169 n27
- Glasgow, 12
- Golden Hours*, 80
- gonorrhoea, 197 n41
- Gooch, Joshua, 99, 187 n18
- Good Words*, 17, 32, 162 n49
- Goodlad, Lauren, 25, 43, 46
- gout, 83, 87
 in *Bleak House*, 34–35
- Gowan, William, 127
- Granger, Mary Ethel, 51, 53, 54, 56, 61, 65
- Great Ormond Street Hospital, 169 n28
- Harrison, Mark, 152, 194 n5
- Hawkins, Henry, 97, 103–6, *See also* After-Care Association
 convalescent devotional for asylum patients, 179 n87, 185 n1
- health, 4, 154
 and imperialism, 122–23, 131–32, 133–35
 as “battle of life”, 13, 33, 42, 85
 in *The Secret Garden*, 138, 143, 146–47
 transience of, 32, 76–77, 84–85
 versus outcomes of convalescence, 26, 31–33
- heart conditions, 129
- Henley, W. E., 75, 81, 83, 85
- heredity, 99, 103
- Hide, Louise, 98, 113
- hill stations, 126, 131, 198 n50
 role in imperial project, 133–34
 versus convalescent depots, 125–26, 130–31
- Himalayas, 3, 131, 132
- Hodgson Burnett, Frances, 200 n77
The Secret Garden, 21, 124–25, 135–40
 and climate, 135–38
 class and community, 145–47
 convalescent time, 141–43
 ending, 6, 146–47
 gender and empire, 135–36, 138–40, 145
 imperialism and ethics, 141, 143–46
- holism, 13, 14–15, 26, 150, 154, 155, 203 n41, *See also* caregiving
 in convalescent depots, 129–30
 in convalescent homes, 29–30
- Holloway Sanitarium, 191 n71
- Hopkins, Jane Ellice, 50, 53, 54, 60, 61, 177 n51, 178 n75
- hospitalism, 164 n63
- hospitals, 12, 13, 23, 53, 150, 164 n63, *See also* specific institutions
 dangers of discharge, 14, 16, 23–24, 27–28, 35–36
 in *Bleak House*, 36
 founding convalescent homes, 24, 28–29, 102, 186 n3
- Household Words*, 75, 134
- illness
 and religion, 48
 as narrative closure, 7–8
 as narrative crisis, 60–61
 in *Bleak House*, 23, 27, 34
 in *Ruth*, 63
- imperialism, 133–35
 and climate, 125–26, 128–29, 131–32
 and health, 122–23
 and medicine, 122–24
 and race, 131–32
 in *The Secret Garden*, 135–38, 143–46
- India, 3, 21, 125–26
 and climate, 125, 199 n69
 in *The Secret Garden*, 135–38, 143
- Indian Medical Gazette*, 134
- Indian Rebellion of 1857, 18, 122, 125, 133–34
- Indian soldiers, 198 n46
 in World War I, 194 n4, 202 n18
- invalidism, 7, *See also* chronic illness
 as class privilege, 86–87, 145
 in convalescent homes, 30–31, 32–33
 in *Erewhon*, 110–12
 in *The Secret Garden*, 138
 narrative form of, 8
 versus convalescence, 32–33, 54, 76–77, 83, 162 n47, 183 n52
- Jewusiak, Jacob, 165 n74, 180 n7
- Jones, Henry Festing, 193 n95
- Jones, Robert, 151–52
- Journal of Mental Science*, 102, 104, 189 n36
- Judaism, 34
- Jurecic, Ann, 156
- Kasauli, 195 n16
- Kaye, John William, 18, 122, 125
- Kennedy, Dane, 129, 130, 195 n14
- Kennedy, Meegan, 49, 64, 71, 158 n18
- King's College Hospital, 169 n28

- Kipling, Rudyard, 126
 Kutzer, M. Daphne, 124, 137
- Lamb, Charles, 84, 166 n83
The Lancet, 31, 107, 109, 134, 171 n48
 Landour, 129
 Levine, Caroline, 10, 38
 Lewes, George Henry, 70
 Liverpool Convalescent Institution, 165 n70
 London, 13, 16, 23, 28
 London Hospital, 169 n28
 Lowry, Somerset, 50, 53, 54, 55, 57, 58, 60, 61, 177 n39
 Lunacy Act of 1845, 97, 102, 113, 186 n5
- Madras, 127
 Mahabaleshwar, 129, 198 n46
 Malcolm Pait, 130
 Manchester, 13, 29, 35, 167 n4, 168 n17
 Manchester Friendly Societies Convalescent Home, 31
 Manchester Lying-In Charity, 40
 Mansel, Henry, 79
 Marsh, Catherine, 4, 30
 Maudsley, Henry, 98–99, 100, 110, 111, 112, 118, 189 n36
 Maurice, Priscilla, 56
 measles, 68, 195 n16
 medicine. *See also* hospitals *and* physicians
 and asylum care, 97–98, 102
 and imperialism, 122–24, 128–29
 and modern stressors, 13, 154–55
 and science of rehabilitation, 12, 123, 130–31, 151–53
 autopsies, 128
 in the twenty-first century, 22, 155–56
 versus convalescent care, 11–13, 29, 35–36, 150
 Medico-Psychological Association. *See Journal of Mental Science*
- meliorism, 27, 46
 men
 and caregiving in *Bleak House*, 36–37
 and disability, 8, 76–77
 as asylum patients, 188 n27, 190 n46, 192 n89
 as convalescent patients, 3, 30, 75–76, 83–88
 as imperial soldiers, 130–31
 need for leisure, 74–77, 79, 84
 in *The Moonstone*, 88–92
 reading practices of, 80–82
 writings on convalescence, 83
 Mental After-Care Association, 185 n2. *See also* After-Care Association
 mental illness. *See also* asylums
 and asylum care, 97–99
 and convalescent care, 97, 102–4. *See also* After-Care Association
 associations with criminality, 98, 106–7, 120
 compared to physical ailments, 106, 107, 108, 118
 cure versus chronicity, 101
 relapses in, 103, 104–5, 106–9, 190 n46
 Merchant Taylors' Convalescent Home, 29, 167 n4, 169 n26
 Metropolitan Convalescent Institution, 28, 163 n57, 168 n17
 middle class
 and overwork, 4, 74–75, 79, 84
 as authors of convalescent autobiographies, 83
 as authors of convalescent devotionals, 55
 as sponsors of convalescent homes, 24
 convalescent practices, 3, 14–15, 27, 163 n56
 solidarity with working class, 86–88
 military. *See also* convalescent depots
 and science of rehabilitation, 12, 123, 151–53
 cost of pensions, 122, 126–27, 151–52, 202 n18
 managing behavior of soldiers, 130–31
 Milman, Robert, 48, 53, 54, 55, 61–62, 72
 Mitchell, Silas Weir, 11, 161 n41
 modernity, 1, 149
 bodily strain of, 3–4, 16, 21–22, 150
 for middle class, 74–75, 84
 for working class, 13, 33
 reading practices, 79–81, 82
 speed of life, 17, 80
 Monroe, Theodore, 28
 moral treatment, 113
 Mount Abu, 127
 Mukherjee, Siddhartha, 155
 Murree, 132, 133
- narrative
 and caregiving, 26–27, 40–42, 43–46
 and ethics, 5–6
 and illness, 5, 6–8, 60–61, 150–51
 as sign of closure, 7–8
 in the twenty-first century, 156
 narrative middles, 9–10, 38, 46, 51–52
 National Health Service, 22, 153
 National Insurance Act of 1911, 28, 194 n7
 Neill, Anna, 120, 187 n22
 Newton, Hannah, 3, 50, 175 n12
 Nightingale, Florence, 2, 11, 13, 14, 17, 23–24, 29
 publication history of *Notes on Nursing*, 161 n43, 172 n69
 nursing, 12, 13, 17, 153. *See also* caregiving
 in *Ruth*, 70–71

Oddfellows Friendly Society, 24
 Ootacamund, 126, 127, 131, 133
 orthopedics, 8, 151–52
 Ortiz-Robles, Mario, 10, 38
 overwork, 8, 15, 21, 150, 181 n18
 and gender, 87–88
 and social class, 79, 85–88
 middle class, 4, 74–75, 82, 84
 working class, 31, 32, 170 n46
 Pachmarhi, 128, 130
Pall Mall Gazette, 181 n18
 paralysis, 44, 45, 165 n68
 philanthropy, 3, 24, 97, 102, 108, 109, 127,
 177 n39
 physicians, 11, 12, 13, 16, 23
 advocating for asylum aftercare, 102, 104, 109
 advocating for convalescent homes, 13, 16,
 27–28
 and deathbed conversions, 177 n51
 and the military, 21, 123, 128–29, 151–52
 in the twenty-first century, 22, 155–56
 satirized in *Erewhon*, 113
 pollution, 14, 16, 21, 29, 30, 150, 159 n20
 postpartum care, 8, 10, 40, 157 n6, 160 n32
 convalescent devotional for, 55
 in *Bleak House*, 40–42, 64
 in *Ruth*, 64–66
 previvors, 154, 203 n31
 Prudhoe Convalescent Home, 32
 Queen Charlotte's Lying-In Hospital, 160 n32
 race, 131–32, 133–35, 199 n61
 railways, 14, 164 n62
 Rayner, Henry, 189 n36
 reading practices
 and gender, 80–82, 94–95
 and leisure, 80–82
 didacticism, 73, 79–80, 95
 during convalescence, 10–11, 15, 55–56,
 81–82
 in the modern era, 79–81
 in *The Moonstone*, 77–78, 89, 91, 92–96
 sensational fiction, 19, 79–80
 relapse, 13, 15, 27, 32, 51
 and mental illness, 103, 104–5, 106–9, 190 n46
 remission society, 153–54, 203 n28
 rest cure, 189 n35
 Richardson, Harriet, 53, 168 n19
 Riley, James C., 159 n20
 Robertson, John, 13, 15, 27, 35, 40, 41
 Rosenberg, Charles, 154, 155
 Royal Infirmary of Edinburgh, 29
 Royal Infirmary of Manchester, 29

sanatoria. *See* tuberculosis
 sanitarianism, 25, 34–36
Saturday Review, 75, 79, 85
 Savage, George Henry, 102, 108, 189 n35, 190 n58
 Schaffer, Talia, 9, 25, 144, 172 n61
 Scotland, 132, 161 n46, 162 n49
 Scott, Sir Walter, 80, 161 n41, 182 n28
 Scull, Andrew, 98, 106
 Seaford, 163 n57
 seaside, 3, 30, 66, 108, 164 n62
 healthfulness of, 14, 136, 157 n7, 200 n73
 sensation fiction, 73, 74, 78, 89
 effects on the reader, 79–80
 Sepoy Mutiny. *See* Indian Rebellion of 1857
 sexually transmitted diseases, 8, 130, 179 n94. *See*
 also gonorrhoea and syphilis
 Shaftesbury, 7th Earl of, 12, 102, 106, 191 n59
 Sheard, Sally, 149, 153
 Shepherd's Bush Hospital, 151
 sickroom, 15
 narrative form of, 5, 7
 religious visitors, 48, 52, 53
 Simla, 126, 127, 195 n20
 smoking, 30, 152
 in *The Moonstone*, 77, 88, 91
 speedy recovery, 21–22, 54, 121, 125, 202 n15
 current uses of the phrase, 1, 147, 149
 spiritual convalescence, 18, 63
 Spurgeon, Charles, 18, 63
 St. Bartholomew's Hospital, 13, 28, 29
 St. George's Hospital, 28
 St. Luke's Hospital for Lunatics, 102
 Stoddard Holmes, Martha, 8, 158 n16, 171 n59
 stroke. *See* paralysis
 surgical convalescence, 8, 29, 31, 153, 170 n44
 in World War I, 151
 Sussex County Asylum, 185 n1
 Switzerland, 79, 195 n13
 syphilis, 8, 112, 197 n35 and n41
 Taylor Gilbert, Ann, 53, 56
 Thackeray, William Makepeace, 161 n41
 tuberculosis, 4, 7, 8, 83, 160 n32, 187 n13, 202 n15
 and convalescent homes, 16, 165 n70
 in *Erewhon*, 99, 110–11
 sanatoria, 14, 110, 123, 163 n59, 164 n60, 191
 n77, 194 n7
 Tuke, Daniel Hack, 102, 109, 188 n33, 189 n36
 Tuke, John Batty, 102, 188 n30
 typhus, 10, 71
 in *Erewhon*, 99
 in *Ruth*, 48, 70–72
 Unitarianism, 57, 64, 177 n53
 United States

Index

227

- American Civil War, 177 n33
 convalescent care in, 189 n33
 rehabilitation medicine in, 123, 201 n8
- upper class
 and invalidism, 86–87, 145
 convalescent practices, 23–25, 35–36
 in imperial hill stations, 125–26,
 130–31
- Victoria Hospital for Children, 31
 Victoria, Queen of Great Britain, 167 n5
- Waterlow, Sydney, 13
 Whately, Archdeacon, 80
 Whittingham, Samuel Ford, 126
 Whyte-Melville, George, 75, 81, 86, 183 n53
- women
 and caregiving, 12, 14–15, 85
 as servants, 87–88
 as supplement to medicine, 12–13, 16
 as asylum patients, 97, 104, 188 n27, 190 n46
 as convalescent patients, 28, 32, *See also*
 postpartum care
 in convalescent depots, 195 n16, 197 n41
 managing convalescent homes, 12, 24, 28, 30,
 162 n49, 171 n53, 173 n74
 reading practices of, 74, 80, 182 n26
 writings on convalescence, 183 n47
- Woolf, Virginia, 189 n35
- work. *See* overwork
- workhouses, 28, 29, 103
- working class
 and asylum care, 103
 and domestic caregiving, 23–24, 25, 27, 87–88,
 98, 187 n10
 and hospital care, 23–24, 27–28
 and modern stressors, 1, 13, 16, 29, 32
 and overwork, 31, 32, 170 n46
 as audience for convalescent devotionals, 54–55
 as imperial soldiers, 126, 127–28, 130–31
 dietary needs during convalescence, 24, 29–30,
 40, 163 n56
 in *The Secret Garden*, 143–46
 need for leisure, 4, 30, 85–86
- World War I, 12, 21, 123, 147, 166 n83
 and rehabilitation medicine, 151–53
- World War II, 153
- Wright, Erika, 7, 158 n19
- Yong, Ed, 149
- Young Men's Christian Association, 24
- Young Women's Christian Association, 32
- Zemka, Sue, 99, 142