

CONTENTS

List of Figures	<i>page</i> xi
Foreword	xiii
CHAPTER 1	1
1.1 Prologue	1
1.2 Summary	10
1.3 References	10
CHAPTER 2	11
2.1 A Journey into the Demographic Heart of the Matter	11
2.2 The Shape of World Population Growth	18
2.3 The Emergence of Infertility	19
2.4 Longevity, Population Momentum and Migration	22
2.4.1 Longevity	22
2.4.2 Longevity, Affluence and Infant Mortality	24
2.4.3 GDP and Health: Mixed Blessings	26
2.4.4 Population Momentum	29
2.4.5 The Key Role Played by Migration	32
2.4.6 Can China and India Save Us?	37
2.4.7 Can Africa Save Us?	39
2.5 Forecasting an Uncertain Future	45
2.6 Summary	51
2.7 References	52
CHAPTER 3	54
3.1 Female Fertility: Hostage to Affluence, Age and the Search for Self-Fulfilment	54
3.1.1 The Ascent of Affluence	54
3.1.2 Affluence, Infertility and the Malthusian Paradox	60
3.1.3 Examples of Prosperity's Power	62
3.2 The Demographic Transition	67
3.3 Socioeducational Factors and Fertility	71

3.3.1 Educational Drivers for Female Infertility	74
3.3.2 Female Education and Marriage	80
3.4 The Intersection of Education and Reproductive Biology	84
3.4.1 The Fundamental Biology of Female Reproduction	84
3.4.2 Age of Menarche	85
3.4.3 The Reproductive Years: Over Before You Know It	88
3.5 How the Immaturity of Human Infants Shapes Our Reproduction	90
3.6 Reproduction and the Care of Our Offspring	92
3.6.1 What is the Point of Granny and Grandad?	92
3.7 Marriage: Virtue or Vestige?	94
3.8 Importance of Adequate Sex Education	100
3.8.1 ‘Why Have My Eggs Forsaken Me?’	101
3.9 Chromosomal Abnormalities and Female Infertility	105
3.10 The IVF Industry and Maternal Age	109
3.11 Are There Any Solutions to Age-Dependent Female Infertility?	113
3.11.1 Oocyte Donation	113
3.11.2 Oocyte Freezing	115
3.12 Sociopolitical Issues	116
3.12.1 Why Would Women Wed?	117
3.12.2 A Role for Pro-Natalist Government Policies?	121
3.13 Summary	125
3.14 References	128
CHAPTER 4	132
4.1 What is Happening to the Human Male?	132
4.2 Testicular Cancer	132
4.3 Cancer and Opulence	137
4.4 Other Defects of the Male Reproductive Tract	144
4.5 The Vexed Question of Declining Sperm Counts	145
4.6 Possible Causes of Declining Sperm Counts	152
4.6.1 Genetics	152
4.6.2 Epigenetics	153
4.6.3 Environmental and Lifestyle Factors	154
4.7 Environmental Pollution and Semen Quality	159

<i>Contents</i>	ix
4.8 Falling Testosterone Levels and Semen Quality	165
4.9 Summary	170
4.10 References	172
CHAPTER 5	180
5.1 The Miracle of Conception	180
5.1.1 The Human Spermatozoon	180
5.1.2 The Timing of Insemination	183
5.1.3 The Ripening of Spermatozoa in the Female Tract	186
5.1.4 The Complexity of Fertilization	190
5.2 Summary	200
5.3 References	200
CHAPTER 6	203
6.1 Why Are Men Infertile?	203
6.1.1 Hamsters and Human Sperm Function	206
6.2 Oxidative Stress and the Infertile Male	211
6.2.1 Reactive Oxygen Species	212
6.2.2 Thaddeus Mann and Oxidative Stress	215
6.2.3 Oxidative Stress and DNA Damage	219
6.2.4 Oxidative Sperm DNA Damage and Mutations in Our Children	220
6.3 Genetic Causes of Male Infertility	225
6.3.1 Y-Chromosome Deletion	225
6.3.2 Other Genetic Causes	229
6.4 Summary	232
6.5 References	233
CHAPTER 7	238
7.1 The Janus Faces of IVF	238
7.1.1 Steptoe, Edwards and Purdy: The Development of IVF	238
7.1.2 ICSI and Male Infertility	245
7.1.3 The rise of ICSI	247
7.2 Consequences of ART When Conducted at Scale	254
7.3 Negative Impacts of IVF on the Mutational Load Carried by Children	258
7.4 Impact of Assisted Conception on Fertility	261
7.5 Summary	262
7.6 References	264

CHAPTER 8	270
8.1 The Gathering Storm	270
8.2 The Infertility Trap	278
8.2.1 Demographic Factors	279
8.2.2 Social Factors	280
8.2.3 Economic Factors	283
8.2.4 Environmental Factors	287
8.2.5 Evolutionary Factors	291
8.3 Summary	299
8.4 References	301
CHAPTER 9	305
9.1 How Do We Escape the Trap?	305
9.2 Sex Education	308
9.3 Remove Reproductive Toxicants	310
9.4 Counter Oxidative Stress	312
9.5 Elevate the Status of Reproductive Toxicology	316
9.6 Find Ways of Working With the IVF Industry	318
9.7 Engineer Social Change	322
9.8 Summary	325
9.9 References	327
Acknowledgements	330
Index	331