

# 01 | My Family

## Warm-up



*I am Hitesh.  
 There are four members in  
 my family. My father is forty years old. Nisha,  
 my sister, is the youngest. She is only three  
 years old! People often tell me that I look  
 like my mother. That is because we both have  
 brown eyes and straight hair. Nisha looks  
 like my father. They both have curly  
 hair and black eyes.*

Do you resemble someone in your family? Write about some of the features that you share with the members of your family.

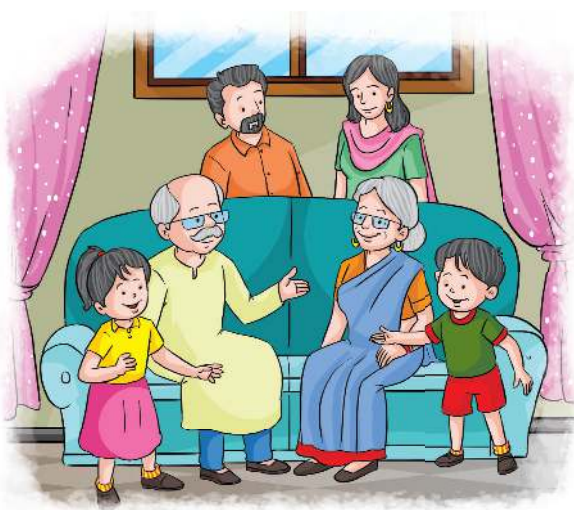
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A **family** consists of a group of people who are related to each other. A family may be small or large depending upon the number of members it has.



## KINDS OF FAMILY

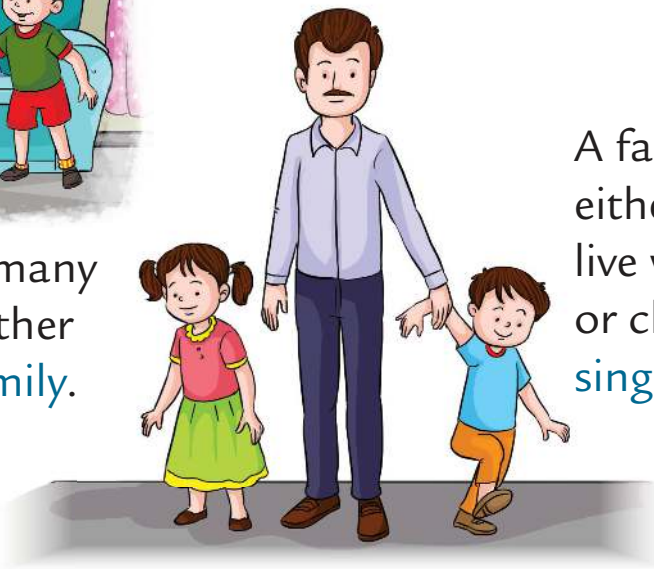


A family in which many members live together is called a **joint family**.

A family in which only parents and their children live together is called a **nuclear family**.



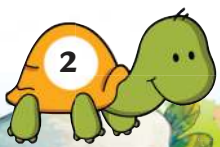
A family in which either of the parents live with their child or children is called a **single-parent family**.



Some children may not be living with either of their parents. This may happen because of several reasons. Some children live in orphanages or with other members of their family. At times, people adopt children, that is, care for children who are born to somebody else.

## EXTENDED FAMILY

People who are related to us are called our **relatives**. We address them according to their relationship to us. Two or more children of the same parent/parents are called **siblings**. Grandparents are our parents' father and mother. People who are related to our mother are our **maternal relatives**. People who are related to our father are our **paternal relatives**. Our father's or mother's sister is our **aunt**, while our father's or mother's brother is our **uncle**. Children of our aunts and uncles are our **cousins**.

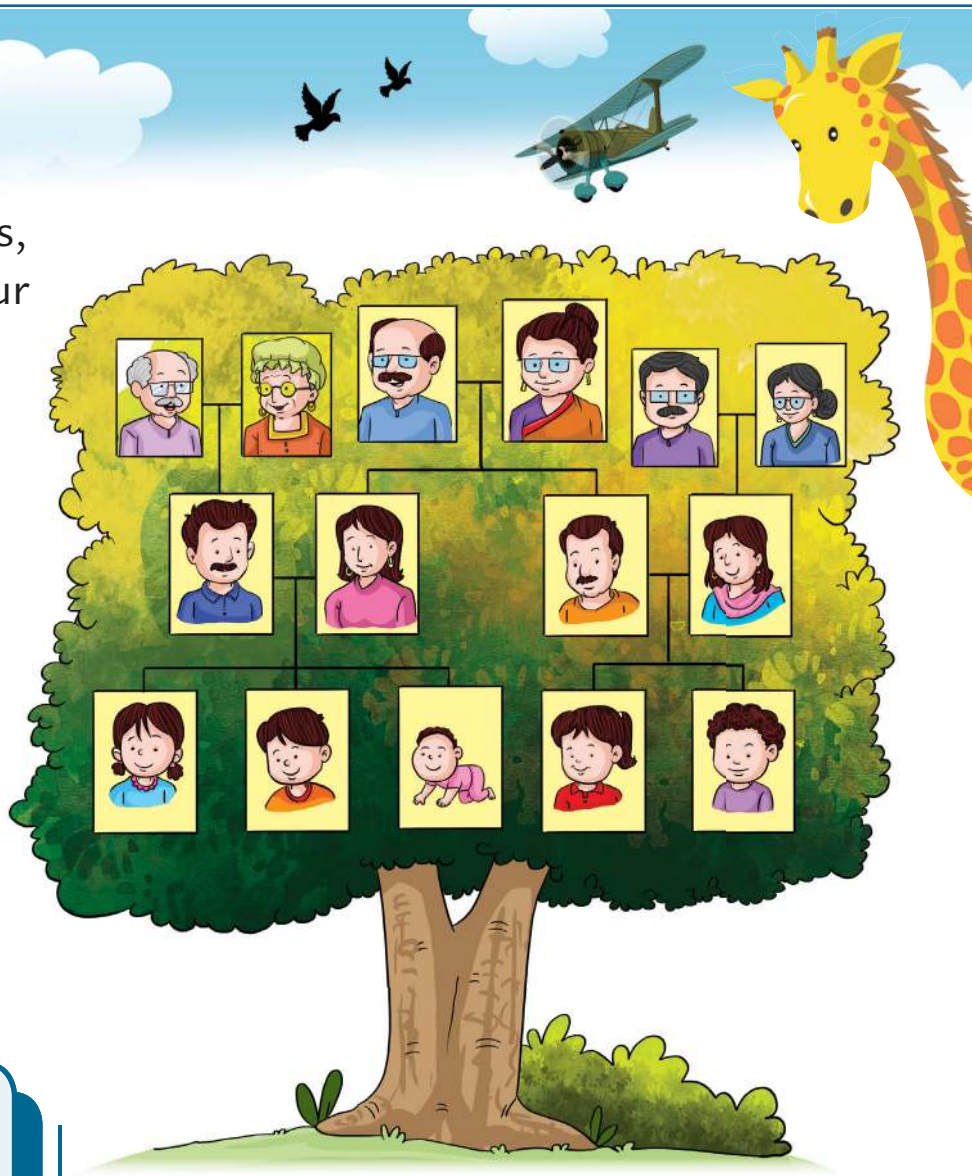




Our grandparents, parents, brothers and sisters are our **immediate family**. Our aunts, uncles and cousins are our **extended family**.

### FAMILY TREE SS

A family tree shows the relationship between each member of the family. It can help us understand our relations with our family members better.



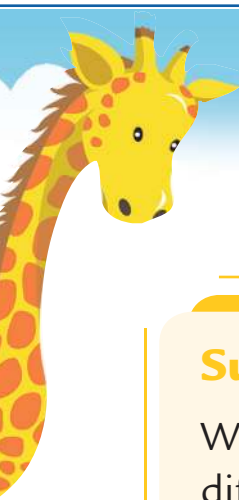
### Fact Corner

All the people of about the same age in a family are part of one **generation**.

### Quick Connect INT

Write T for True or F for False.

1. A family consists of a group of people who are related to each other.
2. Your parents, brothers and sisters are your extended family.
3. People who are related to our father are our maternal relatives.
4. Children of our aunts and uncles are our cousins.



## Subject Connect | English

Words, 'paternal' and 'parental' sound the same. Find out the difference between the two. Write one sentence using each word.

.....

.....

## FAMILY RESEMBLANCES

Have you heard someone telling you that your nose resembles your mother's or you have curly hair like your father's? Children often resemble their parents with respect to one or many characteristics. The characteristics which are passed on from parents to their children are called **hereditary traits**. Two children born together to the same mother are called **twins**. Twins who look alike are called **identical twins**. They are of the same **gender**. Non-identical twins look different and may be of different gender.

## HELPING FAMILY MEMBERS

Family members help each other in many ways. Parents often help their children with their homework and other day-to-day activities. Children help in household tasks like setting the dining table or keeping the house clean.

Children help their grandparents by carrying or fetching things for them.

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**gender** • the physical and/or social condition of being male or female





Members of a family help each other

## Keywords

**Hereditary traits** • The characteristics which are passed on from parents to their children are called hereditary traits.

**Twins** • Two children born together to the same mother are called twins.

## Wrap-up

### Kinds of families

A nuclear family has parents and their children living together.

A single-parent family has either of the parents living with their child or children.

A joint family has many members living together.

Some of the members of our extended family are our aunts, uncles and cousins.

Relatives from our mother's side are our maternal relatives.

Relatives from our father's side are our paternal relatives.





## EXERCISES

INT

### A. Choose the correct options.

- Two children born together to the same mother are called
  - twins.
  - cousins.
  - kins.
  - rings.
- Which of the following kinds of family has either of the parents and their children living together?
  - Joint family
  - Single-parent family
  - Nuclear family
  - Maternal family
- Which of the following shows the relationship between each member of the family?
  - Family tree
  - Family plant
  - Family garden
  - Family park

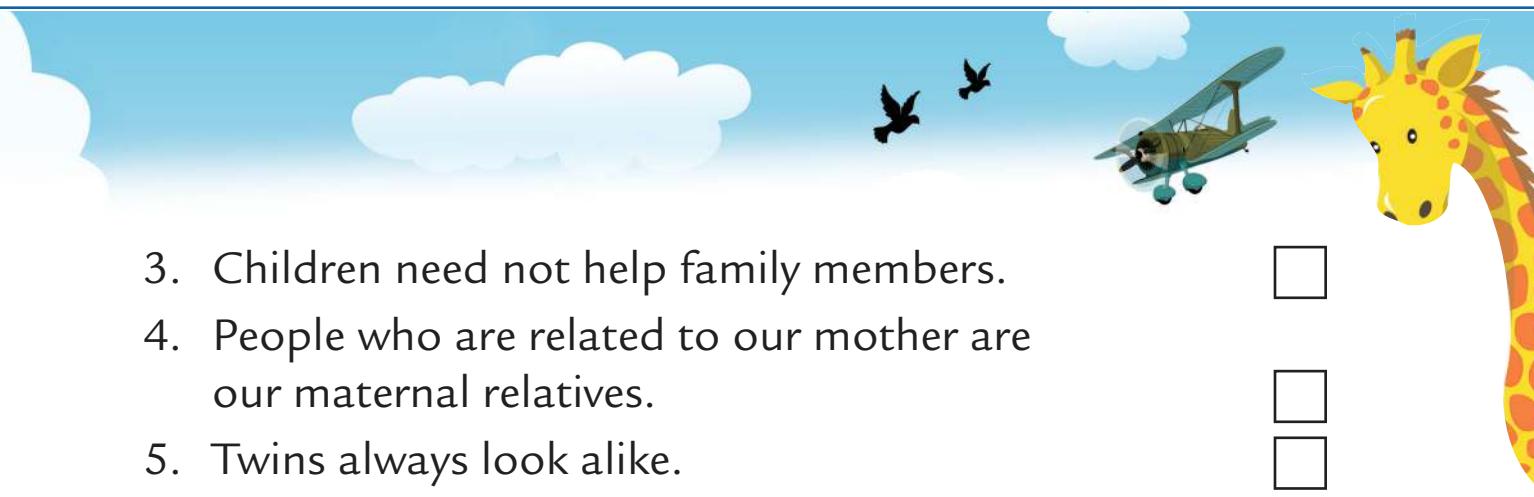
### B. Fill in the blanks.

- A family in which only parents and their children live together is called a ..... family.
- ..... are our parents' father and mother.
- Characteristics which are passed on from parents to their children are called .....

### C. Write T for True or F for False.

- A family with parents, aunts, uncles and cousins living together is a joint family.
- Twins who look alike are called identical twins.





- 3. Children need not help family members.
- 4. People who are related to our mother are our maternal relatives.
- 5. Twins always look alike.

**D. Answer the following questions.**

- 1. What are people related to us from our father’s side called?
- 2. What do we call the children of our uncles and aunts?
- 3. Name three different kinds of families.

**Wear Your Thinking Cap!**

21<sup>st</sup> Century Skills Information literacy LO3

Observe the following flowchart and fill in the blanks given below.



- 1. .... and ..... are siblings.
- 2. Mandeep’s father’s name is .....
- 3. .... is Gaganpreet’s mother.

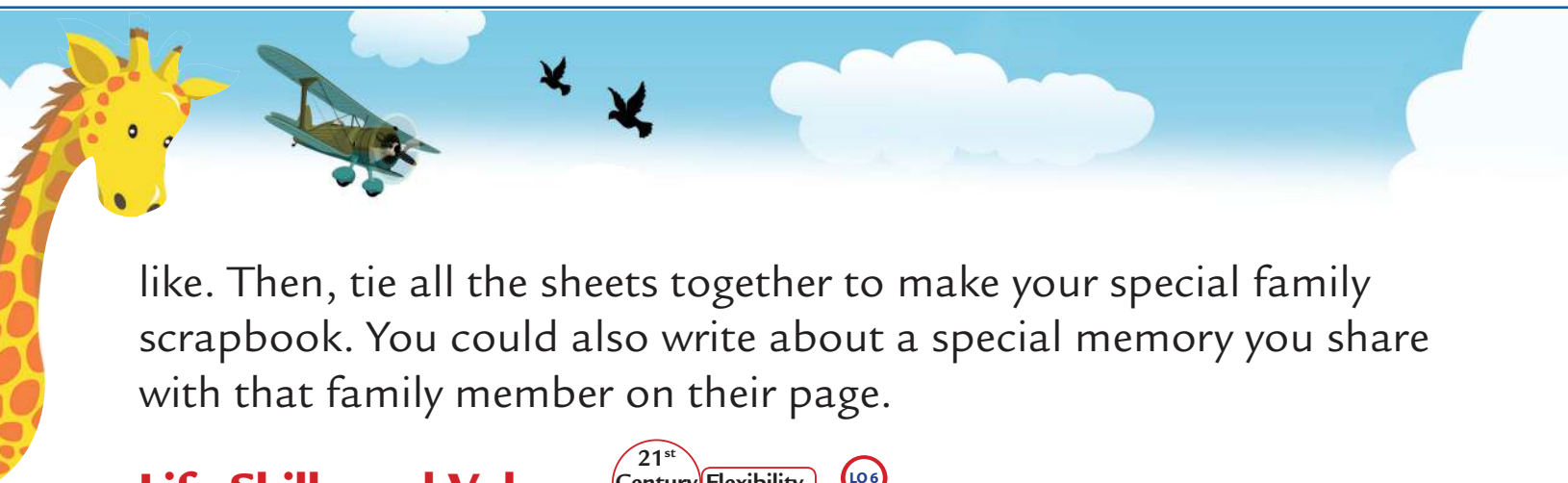
**Things to Do**

**Make a family scrapbook**

21<sup>st</sup> Century Skills Creativity

Collect individual photographs of your family members. Find out some information about each family member: their birthday, favourite flower, colour, game, hobby, food, etc. Take an old calendar which has blank sides at the back of each calendar sheet. Stick the photograph of the family member on the blank side. Write what they like and draw or stick pictures of the things they





like. Then, tie all the sheets together to make your special family scrapbook. You could also write about a special memory you share with that family member on their page.

### Life Skills and Values



Sarthak lives with his mother and is used to having his own set of routine. Sarthak's grandparents are visiting him and his mother wants to spend more time with her parents. How do you think this will affect Sarthak's routine?

1. Sarthak will spend more time outside home with his friends.
2. Sarthak will not attend his classes and leave studies to look after his grandparents.
3. Sarthak will share certain chores and responsibilities with his mother.
4. Sarthak will continue to follow his regular routine.

### Environment Connect



If you have pets at home, you should take them for a walk regularly. In some parts of the world, a law requires pet parents to pick up their pet's poop. This law is also known as the 'pooper scooper law'. Do you think that this is a good practice?

