

Contents

<i>List of Figures</i>	<i>page</i> x
<i>List of Tables</i>	xii
<i>Preface: On a Personal Note</i>	xiii
<i>Acknowledgments</i>	xvi
Introduction	I
Exploring Fundamentals	1
Main Themes of the Book	4
Rotation Method	6
Difference with Previous Books	7
Chapter Contents	9
1 Playing with Plato	12
Plato's Tripartite Theory	13
The Role of the Body in Dialogical Self Theory	15
Social Groups in Plato's Hierarchical Model	17
Globalization and the Multivoiced Self	17
Reason above Emotion versus Reason with Emotion	18
Plato's Skepticism about Democracy	20
Dialogical Self Theory as Embracing Democracy	21
Plato's Chariot versus the Jazz Orchestra	23
The Power of Coalitions: The Body as a Pathway to the Sublime	26
Practical Implications	29
Summary	33
2 Centralization and Decentralization of the Self: Throughout the History of Philosophy	34
Augustine and His Inward Travel	34
Descartes' Dualistic Worldview	41
Montaigne and the Multiplicity of the Self	45
Nietzsche's Perspectivism	51
Freud's Unconscious and Basic Conflict	57
Conclusion: Centralizing versus Decentralizing Movements in the Self	65

viii	<i>Contents</i>	
	Practical Implications	68
	Summary	71
3	The Other as Heaven and Hell: The Positional Basis of Dialogue	72
	Sartre's <i>No Exit</i>	72
	The Male Gaze: The Other as Decentralized Object	77
	Racial Discrimination as Decentralizing Movement in the Self	78
	Double Consciousness and the Invisible Walls in the Self	81
	Singing in the Church: The Power of Anti-positions	82
	Recapitulation	84
	The Flexibility of I-Positions	85
	<i>Black Like Me</i> : Changing One's Identity	88
	The Organizing Function of We-Positions	89
	I as a Divisible Subject Expressed in Language	91
	The Positional Basis of Dialogue	92
	Limitations of the Self in an Era of Individualism	94
	Dialogical Self as a Composite Concept	95
	What Is Dialogue?	97
	Shadow Positions Retreating from the Dialogical Space	107
	Developing Powerful Meta-positions as a Learning Process	112
	Practical Implications	114
	Summary	118
4	Re-enchantment of the World	119
	Weber's Disenchantment Thesis	120
	Transcending the Container Self	123
	The Experience of Awe	125
	Martin Buber on Spirituality, Rollo May on Creativity: Encounter	130
	Mystical Experience and Depositioning	136
	Shadows of Mysticism	140
	Drug-Induced Mystical Experiences	145
	Minimal Self and Drug-Induced Ego-Dissolution	148
	Religious Naturalism	150
	From Perspectivism to Positionalism: Re-enchanting the Self	154
	Practical Implications	158
	Summary	161
5	Imprisonment and Liberation of the Self	162
	Imprisonment and Liberation on the Individual Level	163
	Imprisonment and Liberation on the Collective Level	182
	Practical Implications	192
	Summary	194
6	Uncertainty in the Self	196
	Uncertainty at the Individual Level	196
	Uncertainty at the Societal Level	214

<i>Contents</i>		<i>ix</i>
	Toward an Expanded Identity Model	232
	Practical Implications	238
	Summary	242
7	Multiple Well-Being and Other-Inclusive Happiness	243
	Happiness in Mainstream Psychology	244
	Toward a Model of Multiple Well-Being	253
	Dialogical Self in Other Cultures	268
	Summarizing: What Can We Learn from the Here-Discussed Cultures?	281
	Multiple Well-Being: An Expanded View on Happiness	282
	Practical Implications	286
	Summary	290
	<i>Glossary</i>	292
	<i>References</i>	295
	<i>Index</i>	313