

## Contents

<i>List of Figures</i>	page viii
<i>List of Tables</i>	ix
<i>List of Contributors</i>	x
1 Introduction to the <i>Handbook of Stigma and Mental Health</i> DAVID L. VOGEL & NATHANIEL G. WADE	1
<b>Part I Understanding Stigma and Mental Health</b>	9
2 Theoretical Models to Understand Stigma of Mental Illness LINDSAY SHEEHAN, CARLO VITTORIO PALERMO, & PATRICK CORRIGAN	11
3 Disentangling Mental Illness and Help-Seeking Stigmas RACHEL E. BRENNER, MADISON R. EGLI, & JOSEPH H. HAMMER	31
4 Measurement of Mental Illness Stigma and Discrimination ELAINE BROHAN, MARIA MILENOVA, IOANNIS BAKOLIS, SARA EVANS-LACKO, BRANDON A. KOHRT, & GRAHAM THORNICROFT	52
<b>Part II Impact of Stigma on Mental Health</b>	71
5 Time Trends in Public Stigma GEORG SCHOMERUS & MATTHIAS C. ANGERMEYER	73
6 Consequences of the Self-Stigma of Mental Illness JENNIFER E. BOYD, MANUEL MUÑOZ LÓPEZ, CLARA GONZÁLEZ-SANGUINO, J. IRENE HARRIS, & ISAIAH T. SAMPSON	88
7 Self-Stigma of Seeking Help: A Meta-Analysis DANIEL G. LANNIN & JACQUELINE BIBLE	111
8 Stigma and Suicide PHILIP J. BATTERHAM, ALISON L. CALEAR, & ELLA KURZ	143

9	Intellectual Disability Stigma: The State of the Evidence SHIRLI WERNER & KATRINA SCIOR	158
	<b>Part III Stigma and Mental Health in Specific Contexts</b>	185
10	The Intersection of Mental Health Stigma and Marginalized Identities COURTNEY ANDRYSIAK, JENNIFER CHERRY, JESSICA SALMONSEN, & LAUREN MIZOCK	187
11	Stigma and Mental Health in Ethnic Minority Populations LONNIE R. SNOWDEN, GENEVIEVE GRAAF, LATOCIA KEYES, & AMANDA RYAN	222
12	Mental Health Stigma among LGBTQ+ Populations CARLOS A. VIDALES & ASHLEY J. MACBETH	241
13	Unpacking Cultural Influences on Stigma of People with Mental Illness between Group-Oriented and Individual-Oriented Cultures BEN C. L. YU & WINNIE W. S. MAK	263
14	All the World's a Stage: Men, Masculinity, and Mental Health Stigma STEPHEN R. WESTER	282
15	Understanding and Reducing the Stigma of Mental Health Problems and of Treatment among Military Personnel THOMAS W. BRITT & ZACHARY P. KLINEFELTER	302
16	Stigma of Seeking Mental Health Services and Related Constructs in Older versus Younger Adults COREY S. MACKENZIE, NICOLE DEL ROSARIO, & MELISSA KROOK	326
17	Stigma and Mental Health in the Abrahamic Religious Traditions LILY A. MATHISON, RUSSELL JACKSON, & NATHANIEL G. WADE	347
	<b>Part IV Reducing Stigma to Promote Mental Health</b>	367
18	Interventions to Reduce Mental Illness Stigma and Discrimination at the Person-Level for Individuals and Small Groups SARAH J. PARRY, ELAINE BROHAN, PETRA C. GRONHOLM, & GRAHAM THORNICROFT	369

	Contents	vii
19 Population-Based Interventions to Reduce the Stigma of Mental Illness GAIA SAMPOGNA, ANDREA FIORILLO, LISA GIANNELLI, & CLAIRE HENDERSON	391	
20 Interventions to Reduce Help-Seeking Stigma for Mental Health Conditions JANE SUNGMIN HAHN, LINA-JOLIEN PETER, VANESSA JUERGENSEN, GEORG SCHOMERUS, & SARA EVANS-LACKO	413	
21 Self-Affirmation Interventions to Reduce Mental Health Stigma ANDREW J. SEIDMAN	429	
22 Mindfulness and Self-Compassion Interventions to Address Mental Health Stigma PATRICK J. HEATH	449	
23 What Is Left to Be Done: Key Points, Future Directions, and New Innovations NATHANIEL G. WADE & DAVID L. VOGEL	466	
<i>Index</i>	473	