

Index

AAPIs See Asian Americans/Pacific Islanders African Americans, 223 ability to detect change, in measurement, help-seeking behavior of, 195-197, 226-229 impacts of stigma for, 229-231 55-58, 65-66 Aboriginal individuals, mental health stigma in, mental health stigma in, 194, 201-202 201-202 mental health treatment rates in, 225-226 Abrahamic religious traditions mental illness stigma among, 267-268 religion/spirituality intersectionality in, LGBTQ+ population stigma experience and, 252-254 355-358 self-stigma consequences for, 88-89, 97-99 stigma and mental health in, 347-361 beliefs about causes of mental illness, African-descended communities, mental health 351-354 stigma in, 193-194 clinical implications of, 358-359 age. See also older adults continuum of beliefs about mental illness, intersections of gender, race/ethnicity, and 351 mental illness stigma with, 196 definitions for, 347-348 self-stigma consequences and, 94-95 future research recommendations for, stigma effects of, 328-337 359-361 suicide stigma and, 146 AI/AN. See American Indian/Alaska Native historical background of, 348–350 race and ethnicity intersection with, alcohol dependence, public attitudes toward, 75 - 84355–358, 360 religious leader role in, 348, 354-355 American Indian/Alaska Native (AI/AN), 224, ACA. See Affordable Care Act 228 Acceptance and Commitment Therapy (ACT), mental illness stigma among, 267-268 452-453, 455-458 religion/spirituality intersectionality in, 355-358 acculturation, variation in stigma due to, 224, 228, 268–270 American Psychiatric Association (APA). homosexuality and gender non-ACT. See Acceptance and Commitment conformity pathologization by, 241-242 Therapy Active Duty, stigma among military personnel Americans with Disabilities Act (ADA), 23 in, 311-312 anticipated regret, 433 ADA. See Americans with Disabilities Act anticipated stigma additive approach, to intersectional research, definition of, 12-13 190-191, 203, 250-251 in Mental Illness Stigma Framework, 23-24 adolescence anti-stigma campaigns, 79-80, 83-84 help-seeking interventions in, 419 Association for the Improvement of Mental intersections of gender, race/ethnicity, and Health Programs, 404, 407 mental illness stigma in, 196 Beyondblue, 399-400, 407 suicidal ideation in, 150 Bring Change to Mind, 404, 407 affiliate stigma Each Mind Matters, 404-405, 407 in group-oriented versus individual-oriented for ethnic minority populations, 231-233 cultures, 274-275 HEADSTRONG, 400-401 intellectual disability, 159-170, 174-176 Hjärnkoll, 404, 407 Like Minds, Like Mine, 402-403, 407 Affordable Care Act (ACA), ethnic minority population treatment utilization after, Obertament, 403, 407 One of Us, 401, 407 231



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

474 INDEX

anti-stigma campaigns (cont.) Attitudes Toward Seeking Professional Help 1 de cada 4, 403–404, 407 Scale, 328-329 Opening Minds, 374, 400-401, 407 attribution theory, of public stigma, 15, 18-19 Samen Sterk, 402, 407 audio-visual materials SANE, 400, 407 mindfulness and self-compassion See Change, 402, 407 interventions using, 459-460 See Me, 403, 407 stigma reduction interventions using, 372 Time to Change, 79-80, 83-84, 396-397, 399, Australia 401-402, 407, 468 population-based anti-stigma interventions Time to Change Global, 405, 407 in, 399-400, 407 stigma of mental illness in, 266, 269-270 Unidos Para Ayudar, 403, 407 automatic mental processing, 17-18 anti-stigma interventions. See stigma avoidance goal, in disclosure process model, 20 interventions anti-transgender stigma, 96 APA. See American Psychiatric Association barriers, treatment approach goal, in disclosure process model, 20 in ethnic minority populations, 226-229, Asian Americans/Pacific Islanders (AAPIs), 231-233 223-224 help seeking and, 5-6, 226-229, 231-233, help-seeking behavior of, 226-229 414-416, 429-432 impacts of stigma for, 229-231 in LGBTQ+ populations, 246-248 mental health treatment rates in, 225-226 among military personnel, 316-317 mental illness stigma among, 267-268 BDD scale. See Devaluation-Discrimination religion/spirituality intersectionality in, 355-358 scale self-stigma consequences for, 97 behavioral outcomes Asian Canadians, mental illness stigma among, in military personnel, 314-316 269 public stigma relationship to, 41-42 Asians, mental health stigma in, 193 self-stigma of mental illness impact on, 35-36, 39 Association for the Improvement of Mental Health Programs, 404, 407 self-stigma of seeking help impact on, 37, 39, associative stigma 111-130definition of, 12-13 suicide stigma impact on, 147-150 intellectual disability, 159 behavioral-inhibition system (BIS), 433 LGBTQ+ population experience of, 243-244 bereavement stigma, suicide and, 149 Mental Illness Stigma Framework and, 24 Beyondblue, 399-400, 407 mindfulness impact on, 451-452 theoretical models of, 22-26 against ethnic minorities, 225-226 explicit, 17-18 implicit, 17-19, 451 age effects on help-seeking, 333-335, 337 measurement of help-seeking, 328-329 bidirectional learning, 25-26 self-stigma consequences for help-seeking, biogenetic illness models, public attitudes 111-130 toward mental illness and, 77 toward suicide, 144-146 biological causes of mental illness, 75-76 therapy avoidance and, 429-430 BIS. See behavioral-inhibition system time-trend studies of, 73-75, 84-85 bisexual individuals campaigns to change, 79-80, 83-84 help-seeking stigma in, 246-248 case vignette use in, 73-75 mental health stigma among, 241, 245-246, causal attribution findings, 75-76 249, 256 common versus severe problems, 81-83 clinical implications of, 254-256 concept of mental illness, 80-81 future research and practice recommendations for, 249-254 emotional reaction and coercion approval findings, 77-78 historical influences on, 241-243 future directions in, 84 intersectionality of, 199-201, 210-221, help-seeking recommendation findings, 75 250-252 measurement of, 79-80 religion impact on, 252-254 methodological issues in, 74-75 types and presentation of, 243-244 social distance and negative stereotype Minority Stress Theory applied to, 245 findings, 76-77 boomerang effect, of psychoeducation, 429-430, 458-459 societal change and, 83-84



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

Index 475

brief interventions, for students and young for military personnel, 318 people, 376 for suicide stigma, 151 Bring Change to Mind, 404, 407 cognitive bias modification, help-seeking intervention through, 420 CAMI. See Community Attitudes toward the cognitive debriefing, for measurement, 55-58 Mentally Ill cognitive dissonance, 432 Cognitive-Behavioral Model of Self-Stigma for Canada Opening Minds anti-stigma initiative of, 374 Concealable Minorities, 246–248 population-based anti-stigma interventions cohort effects, in stigma of seeking help, in, 400-401, 407 326-327 collectivism, in self-stigma internalization, stigma of mental illness in, 269, 272-273 career stigma, in military personnel, 304-307, 273-274 309-313, 319 collectivist cultures. See group-oriented cultures comedy, as stigma intervention, 319 CART. See classification and regression tree case vignettes, time-trend studies using, 73-75 common humanity, 453 Catholicism, LGBTQ+ population stigma common mental illness, public attitudes experience and, 252-254 toward, 73, 81-83 causal attributions, public attitudes toward, Community Attitudes toward the Mentally Ill 75 - 76(CAMI), 79-80 CBOs. See community-based organizations community functioning, of ethnic minority CBPR. See community-based participatory persons with mental illness, 231-233 community health workers, stigma reduction intervention delivery by, 232 CBT. See cognitive behavioral therapy ceiling effects. See floor or ceiling effects community-based organizations (CBOs), CESQ. See Consumer Experiences of Stigma stigma reduction intervention delivery Questionnaire by, 232 community-based participatory research children, stigma reduction interventions for, 377, 394–396 (CBPR), 25-26 China, stigma of mental illness in, 266-267 competence, in stereotype content model of Chinese, mental illness stigma among, 268–272 stigma, 16-17 Chinese Americans, mental illness stigma competency, psychological treatment impact of, 431–432 among, 268 Christianity concept, of measurement, 55-57 LGBTQ+ population stigma experience and, conceptual framework, for measurement, 55-58 252-254 conformity, in group-oriented versus mental health stigma in, 193-195, 347-361 individual-oriented cultures, 272-273 beliefs about causes of mental illness, consensus-based standards for the selection of 351-354 health measurement instruments clinical implications of, 358–359 (COSMIN) criteria, 57-58 continuum of beliefs about mental illness, construct validity, in measurement, 55-58 constructivism, 205-206 351 definitions for, 347–348 Consumer Experiences of Stigma future research recommendations for, Questionnaire (CESQ), 61-64 359-361 contact interventions historical background of, 348-350 for healthcare professionals, 373-374, race and ethnicity intersection with, 378-379 355-358, 360 help-seeking intervention through, 419 religious leader role in, 348, 354-355 for intellectual disability stigma, 176-177 chronic illness, mental health stigma in LMICs, 378-384 intersectionality with, 201-202, 210-221 for older adults, 338-339 CIT. See Crisis Intervention Team population-based, 393-394 classification and regression tree (CART), 204 stigma reduction through, 370-371 clinical variables, self-stigma consequences for, for students and young people, 376, 378-379 90, 93-94 for suicide stigma, 151 coercion, public approval of, 77-78 content validity, in measurement, 55-58 cognitive behavioral therapy (CBT) context of use, in measurement, 58-59 help-seeking intervention through, 417-419 Continuum Model of mental illness, 395 for LGBTQ+ populations, 254 convergent validity, in measurement, 55-58



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

476 INDEX

conversion therapy, 241-242, 252-253 depression COSMIN criteria. See consensus-based in group-oriented versus individual-oriented standards for the selection of health cultures, 263-264, 266, 268 measurement instruments criteria in individuals with marginalized identities, 193, 195, 201-202 counseling among LGBTQ+ populations, 253 public stigma relationship to seeking of, in military personnel, 314 41 - 42moral failure as cause of, 351-354 religious leader role in, 348, 354-355 public attitudes toward, 73-74, 84-85 country of origin, stigma among military personnel and, 311-312 causal attributions, 75-76 courtesy stigma. See associative stigma as common versus severe problem, 81-83 COVID-19 pandemic concept of mental illness, 80-81 ethnic minority population experience of, 231 emotional reactions and approval of self-affirmation interventions during, coercion, 77-78 440-441 help-seeking recommendations, 75 social contact interventions during, 371-386 social distance desire and negative stereotypes, 76-77 Crisis Intervention Team (CIT), 375 critical race theory, 188 Depression Self-Stigma Scale (DSSS), 61-64 cross-cultural adaption, of measurement depressive symptoms, self-stigma consequences instruments, 55-65 for, 90, 93 cross-cultural stigma. See culture Devaluation-Discrimination (BDD) scale, 35 cross-sectional surveys, of public attitudes developmental approaches, to stigma, 471 toward mental illness, 74-75 Diagnostic and Statistical Manual for mental culturally sensitive measurement, 58-65 disorders (DSM), homosexuality and gender non-conformity pathologization in ethnic minority stigma experience, 224, by, 241–242 227-229 differential treatment stigma, in military personnel, 304-307, 309-313, 319 group-oriented versus individual-oriented, 263-275 digital-based interventions acculturation impact on stigma in, education, 372 268-270 for healthcare professionals, 373-374 help-seeking, 417-418, 420-422 affiliate stigma in, 274-275 mindfulness and self-compassion, 459-460 future research recommendations for, 275-276 population-based, 391-392, 394, 397 levels of stigma in, 265-267 social contact, 371-386 mechanisms behind differences in stigma for suicide stigma, 151 in, 270-274 direct instant message, stigma reduction interventions using, 397 within same country, 267–268 in health care disparities for ethnic direct social contact, 371-386 minorities, 225-226 DISC. See Discrimination and Stigma Scale as innovative area of study, 471 disclosure intellectual disability stigma and, of LGBTQ+ identities, 248 177-178 of suicide attempts or ideation, 149-151 in internalization of stigma, 273-274, 276 disclosure decision-making model (DD-MM), of LGBTQ+ populations, 255 22 - 27self-affirmation intervention considerations disclosure process model (DPM), 20 for, 434-435 for LGBTQ+ populations, 248 suicide stigma and, 146-147, 150 disclosures, by mental health professionals, 99-101 DD-MM. See disclosure decision-making discrimination definition of, 52-53 model decision-making, for disclosure, 20, 22-27 global burden of, 53 healthcare, implicit bias in, 17-18 deliberate mental processing, 17–18 deliverance rituals, 351-354 toward individuals with intellectual disabilities, 171-172 demonic influence, explanations of mental

illness as, 348-349, 351-354

Denmark, population-based anti-stigma

interventions in, 401, 407

toward LGBTQ+ populations, 241-243,

245-246, 255-256

measurement of, 52, 54, 66



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

Index 477

commonly used measures for, 59–64	education
definitions for, 52–53	self-stigma consequences for, 94–95
future research directions for, 60-66	suicide stigma and, 146-147
global and local considerations for, 58-59	educational interventions
importance of, 53–54	for healthcare professionals, 373-374,
key terms for, 55–57	378–379
principles of, 57–58	for intellectual disability stigma, 176–177
targeted strategies for, 54	in LMICs, 378–384
mindfulness impact on effects of, 452	for older adults, 338–339
in modified labeling theory, 34	for police, 374–375, 378–379
multiple domains of, 187–191	stigma reduction through, 371–373
	•
toward older adults, 326	for students and young people, 377
toward people with intellectual disabilities,	emic studies, 264
158–159	emotional health gospel, 351–354
racial, self-stigma and, 88–89, 97–99	emotional reactions, of public toward mental
self-compassion impact on effects of,	illness, 77–78
453–454	employers, in group-oriented versus individual-
in social cognitive model of stigma, 15–16	oriented cultures, 266–267
stigma reduction interventions targeting,	empowerment, self-stigma consequences for,
384–385	90, 92
Discrimination and Stigma Scale (DISC), 53,	Empowerment Scale, 92
58-59, 61-64	enacted stigma. See also public stigma
disparities, ethnic minority population	LGBTQ+ population experience of, 243–244
experience of	in military personnel, 304–306
in economic and health-related well-being,	enculturation, 269
229–231	Ending Self-Stigma (ESS), 318
in stigma, 226–229	Endorsed and Anticipated Stigma Inventory, 308
in treatment, 225–226	England, population-based anti-stigma
domain, of measurement, 55-57	interventions in, 401–402, 407
double jeopardy, in ethnic minority	ESS. See Ending Self-Stigma
populations, 229–231	ethnic minority populations, 222-223, 233. See
DPM. See disclosure process model	also specific ethnic minority groups
drivers of stigma, in Health Stigma and	culture role in stigma experience of, 224,
Discrimination Framework, 25	228–229
dropout, treatment, among military personnel,	demographics of, 223-224
316	economic and health-related well-being of,
DSM. See Diagnostic and Statistical Manual	229–231
for mental disorders	impacts of stigma for, 229–231
DSSS. See Depression Self-Stigma Scale	importance of stigma in, 225–226
dual process model, of public stigma, 17–18	mental health treatment in, 225–226
dybbuk, in beliefs about causes of mental	stigma as help-seeking barrier in, 226–229,
illness, 351–354	231–233
	stigma interventions for, 231–233
Each Mind Matters, 404–405, 407	ethnicity. See also ethnic minority populations
East Asian countries. See also specific countries	mental health stigma intersectionality with,
social network stigma in, 44–46	193–199, 201–202, 210–221
stigma experience in, 228–229	in LGBTQ+ populations, 251–252
stigma of mental illness in, 263–275	religion intersectionality with, 355–358, 360
acculturation impact on, 268–270	self-stigma consequences and, 88–89, 97–99,
affiliate stigma, 274–275	103–104
future research recommendations for,	suicide stigma and, 146–147
275–276	etic studies, 264
levels of, 265–267 mechanisms behind differences in,	European Americans
· · · · · · · · · · · · · · · · · · ·	help-seeking behavior of, 195–197
270–274 within some country, 267, 268	mental illness stigma among, 267–268
within same country, 267–268	religion/spirituality intersectionality in,
economic well-being, of ethnic minority	355–358
populations, 229–231	self-stigma consequences for, 98–99



478 INDEX

European Canadians, mental illness stigma gender among, 269 mental health stigma intersectionality with, exorcism, 351-354 191-192, 195-199, 210-221 experienced stigma. See also public stigma in LGBTQ+ populations, 251 self-stigma consequences and, 88-89, 94-97, commonly used measures for, 59-64 definition of, 52-53 103 in group-oriented versus individual-oriented stigma among military personnel and, cultures, 274 311-312 intellectual disability, 159-170, 173-174 gender non-conforming populations in Mental Illness Stigma Framework, mental health stigma among, 241, 245-246, 23 - 242.56 clinical implications of, 254-256 self-stigma consequences for, 90, 92-93 explicit bias, 17-18 future research and practice exposure therapy, 311-317 recommendations for, 249-254 historical influences on, 241-243 face concern, 271-272 intersectionality of, 199-201, 210-221, 250-252 Facebook, stigma reduction interventions using, 372, 397, 405 religion impact on, 252-254 facilitators of stigma, in Health Stigma and types and presentation of, 243-244 Discrimination Framework, 25 Minority Stress Theory applied to, 245 faith-based communities, mental health stigma self-stigma consequences for, 96-97 in, 193-195, 347-361 gender role conflict (GRC), 285 beliefs about causes of mental illness, gender role strain, 284 351-354 gendered social learning, 286-287 clinical implications of, 358-359 general practitioners, stigma reduction continuum of beliefs about mental illness, interventions for, 373-374 genetic causes, of mental illness, public 351 definitions for, 347-348 attitudes toward, 75-76 future research recommendations for, genetic essentialism, public attitudes toward 359 - 361mental illness and, 77 historical background of, 348-350 Ghana, population-based anti-stigma race and ethnicity intersection with, 355-358, interventions in, 405, 407 Global Leadership and Organizational religious leader role in, 348, 354-355 Behavior Effectiveness (GLOBE), 274 family, of LGBTQ+ populations, 254-255 GRC. See gender role conflict family stigma, 12-13, 22 group cohesion, in group-oriented versus intellectual disability, 159-170, 174-176 individual-oriented cultures, 272-273 fear, of people with mental illness, 77–78 group-oriented cultures felt stigma. See also anticipated stigma social network stigma in, 44-46 LGBTQ+ population experience of, stigma experience in, 228-229 243-244 stigma of mental illness in, 263-275 floor or ceiling effects, in measurement, 55-57 acculturation impact on, 268-270 fragile masculine self theory, 286 affiliate stigma, 274-275 functionality, of masculinity, 286-287 future research recommendations for. 275-276 gay populations levels of, 265-267 help-seeking stigma in, 246-248 mechanisms behind differences in, mental health stigma among, 241, 245-246, 270-274 256 within same country, 267–268 clinical implications of, 254-256 future research and practice HEADSTRONG, 400-401 recommendations for, 249-254 health information communication historical influences on, 241-243 reactance to, 432, 435-437, 439 intersectionality of, 199-201, 210-221, rebound effect of, 429-430, 458-459 250 - 252self-affirmation interventions and, 429, 435, religion impact on, 252-254 440-441 types and presentation of, 243-244 Health Stigma and Discrimination Framework Minority Stress Theory applied to, 245 (HSDF), 25



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

Index 479

healthcare discrimination, implicit bias in, 17–18	study selection and inclusion criteria for meta-analysis of, 113–115
healthcare funding, public preferences in, 82–83	suicide stigma impact on, 148–150
healthcare professionals	help-seeking attitudes
bias against ethnic minorities by, 225–226	age effects on, 333–335, 337
implicit bias in, 17–18	measurement of, 328–329
intellectual disability stigma among,	help-seeking intentions
160–170, 172–173	age effects on, 335–337
LGBTQ+ clients of, 255	in military personnel, 313
self-stigma consequences for, 88–89, 99–101,	self-stigma consequences for, 111–130, 429
104	help-seeking interventions, 413, 423
stigma reduction interventions for, 373–374,	assessment of, 416–419
378–379	barriers to help seeking and, 414–416
healthcare students, stigma reduction	definition of help seeking and, 413–414
interventions for, 375–379	evidence for, 419–420
health-related well-being, of ethnic minority	future implications for, 422–423
populations, 229–231	new and emerging, 420–422
hegemonic masculinity, 283–284	types of, 416–418
help negation effect, in suicidal ideation,	heuristics, of masculinity, 286–287
148–149	high-level construal, 436–437, 439–440
help seeking. See also stigma of seeking help	Hispanic Americans. See also Latinx
barriers to, 5-6, 226-229, 231-233, 414-416,	Americans
429–432	mental illness stigma among, 267-268
definition of, 413–414	HIV-positive status, mental health stigma
in ethnic minority populations, 226-229,	intersectionality with, 201-202
231–233	Hjärnkoll, 404, 407
intellectual disability stigma and, 175	homelessness, mental health stigma
intersectionality of mental health stigma	intersectionality with, 197-199, 210-221
and marginalized identities in, 189,	homosexuality
195–197	Abrahamic religions and, 252–254
masculinity and, 282–283, 288–290	historical pathologization of, 241–242
measurement of, 328–329	Hong Kong, stigma of mental illness in,
by men, 98–99	265–267, 271
in military personnel	honor orientation, stigma experience and,
behaviors of, 314–316	228–229
intentions of, 313	hope, self-stigma consequences for, 90, 92
in older versus younger adults, 328–341	HSDF. See Health Stigma and Discrimination
public attitudes toward, 73, 75	Framework
public stigma relationship to, 41–42	TATE C. Involved Association Test
reactance and, 435–436	IAT. See Implicit Association Test
self-affirmation interventions to encourage, 439–440	ICD. See International Classification of Diseases
self-stigma of mental illness impact on,	ideation, suicide
35–36, 39	disclosure of, 149–151
self-stigma of seeking help impact on, 37, 39,	help negation effect in, 148–149
111–130	social support and, 149
data analysis for meta-analysis of, 118	in young people, 150
data extraction for meta-analysis of, 115–116	immigrant health paradox, 230
future research recommendations for,	immigrant status, mental health stigma
129–130	intersectionality with, 197–199, 210–221
help-seeking attitude results, 118–123,	Implicit Association Test (IAT), 17
125–128	implicit bias, 17–18
help-seeking behavior results, 123–128	mindfulness impact on, 451
help-seeking intention results, 123–128	toward self, 19
measurement of, 116–117	implicit stigma, 15, 17–18
research and practice implications of, 129	in group-oriented versus individual-oriented
study characteristics in meta-analysis of,	cultures, 268
115–122	"In Our Voice" (program), 393



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

480 INDEX

India, population-based anti-stigma stigma of mental illness in, 32-36 stigma of seeking help in, 32-33, 36-37 interventions in, 405, 407 Internalized Stigma of Mental Illness (ISMI) Indigenous communities, mental health stigma in, 200 scale, 35, 53, 61-64, 89 indirect social contact, 371-386 International Classification of Diseases (ICD), individual difference variables, stigma among homosexuality pathologization in, military personnel and, 312-313 241 - 242internet-based interventions individual-oriented cultures stigma experience in, 228-229 for healthcare professionals, 373-374 stigma of mental illness in, 263-275 help-seeking, 420-422 acculturation impact on, 268-270 mindfulness and self-compassion, 459-460 affiliate stigma, 274-275 social contact, 371-386 future research recommendations for, for suicide stigma, 151 275-276 interpersonal contact. See social contact interpretivism, 205-206 levels of, 265-267 mechanisms behind differences in, 270-274 inter-rater reliability, 55-58 within same country, 267-268 intersectional discrimination hypothesis, 96, individuals, stigma reduction interventions for, 103 369-385 intersectional identities. See marginalized education, 371-373 identities effectiveness of, 467-468 intersectional stigma, 102-104, 189 future research and recommendations for, intersectionality 384-385, 469-470 in Health Stigma and Discrimination health care staff, 373-374, 378-379 Framework, 25 in LMICs, 369, 377-384 of marginalized identities and mental health police, 374-375, 378-379 stigma, 187-188, 190-191, 205 social contact, 370-371 definitions for, 188-190 students and young people, 375-379 future research directions in, 469 information sharing, help-seeking intervention future research recommendations for, through, 417–418 203-205 gender, 191-192, 197-199, 210-221, 251 insight, self-stigma consequences for, 90, 93-94 gender and race/ethnicity, 195-197 Instagram, stigma reduction interventions using, 372, 397, 405 homelessness and immigrant status, instant message, stigma reduction interventions 197-199, 210-221 using, 397 key points of current research on, 467 LGBTQ+ identities, 199-201, 210-221, instrument, measurement, 55-57 intellectual disability, definition of, 158 250-252 intellectual disability stigma, 158-178 physical illness and race/ethnicity, conceptualization and methodology for study 201-202, 210-221 of. 170 race/ethnicity, 193-195, 198-199, 210-221, future directions in, 177-178 251 - 252published studies on, 159-170 weight stigma, 202-203, 210-221 stigma-reduction initiatives for, 160-170, measurement considerations for, 65 in Mental Illness Stigma Framework, 23-24 176 - 177types of, 170-176 of race/ethnicity with religion/spirituality, intentions, help-seeking 355-358, 360 age effects on, 335-337 of religion and LGBTQ+ populations, in military personnel, 313 252-254 self-stigma consequences for, 111-130, 429 of religion and mental health stigma, intergroup contact, population-based 193-195, 347-361 interventions using, 394 beliefs about causes of mental illness, inter-group contact theory, 370-371 351-354 internal consistency, in measurement, 55-58 clinical implications of, 358-359 internalized stigma. See self-stigma continuum of beliefs about mental illness, Internalized Stigma Model (ISM), 32, 326–328 definitions for, 347-348 age effects on, 328-337 empirical evidence supporting, 37-42 future research recommendations for, 359-361 future research recommendations for, 42-46



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel, Nathaniel G. Wade

> Index 481

historical background of, 348–350 labeling theory. See modified labeling theory race and ethnicity intersection with, labels, intellectual disability stigma and, 355–358, 360 171 religious leader role in, 348, 354-355 Latinx Americans, 223 Inventory of Stigmatising Experiences (ISE), help-seeking behavior of, 226-229 61 - 64involuntary treatment, public approval of, 77 - 78Ireland, population-based anti-stigma interventions in, 402, 407 ISE. See Inventory of Stigmatising Experiences LGBTQ+ population stigma experience and, 252 - 254mental health stigma in, 347-361 256 beliefs about causes of mental illness, 351-354 clinical implications of, 358–359 continuum of beliefs about mental illness, 351 definitions for, 347–348 future research recommendations for, 359-361 historical background of, 348-350 race and ethnicity intersection with, 355–358, 360 religious leader role in, 348, 354-355 ISM. See Internalized Stigma Model ISMI scale. See Internalized Stigma of Mental Illness scale #ItCouldBeYou, 405 item, in measurement, 55–57 Japan, stigma of mental illness in, 265–266 jinn, in beliefs about causes of mental illness, 351-354 Joyce Meyer Ministries, 351-354 Judaism, mental health stigma in, 347-361 beliefs about causes of mental illness, 351-354 clinical implications of, 358-359 continuum of beliefs about mental illness, 351 definitions for, 347-348 future research recommendations for, 359-361 historical background of, 348-350 race and ethnicity intersection with, 355-358, religious leader role in, 348, 354-355 Kenya, population-based anti-stigma interventions in, 405, 407 known-groups validity, 55-58

impacts of stigma for, 229-231 LGBTQ+ populations of, 251–252 mental health treatment rates in, 225-226 religion/spirituality intersectionality in, 355-358 self-stigma consequences for, 97 LGBTQ+ populations help-seeking stigma in, 246-248 mental health stigma among, 241, 245-246, clinical implications of, 254-256 future research and practice recommendations for, 249-254 historical influences on, 241-243 intersectionality of, 199-201, 210-221, 250-252 religion impact on, 252-254 types and presentation of, 243-244 Minority Stress Theory applied to, 245 Like Minds, Like Mine, 402-403, 407 LINKS training, 319 LMICs. See low- and middle-income countries loneliness, self-stigma and feelings of, 93 low- and middle-income countries (LMICs) measurement considerations in, 60-65 person-level interventions in, 369, 377-384 population-based interventions in, 398-399 MAKS. See Mental Health Knowledge Schedule marginalized identities mental health stigma intersectionality with, 187-188, 190-191, 205 definitions for, 188-190 future research directions in, 469 future research recommendations for, 203-205 gender, 191-192, 197-199, 210-221, 251 gender and race/ethnicity, 195-197 homelessness and immigrant status, 197-199, 210-221 key points of current research on, 467 LGBTQ+ identities, 199–201, 210–221, 250-252 physical illness and race/ethnicity, 201-202, 210-221 race/ethnicity, 193-195, 198-199, 210-221, 251-252 weight stigma, 202-203, 210-221 self-stigma consequences for, 88-89, 95-104 self-stigma research considerations for, 43-44

Koranic healing, 351-354

definition of, 12-13

label avoidance, 16

by men, 282



482 INDEX

masculinity	help seeking, 282-283, 288-290
hegemonic, 283–284	mental health disorders, 291-293
mental health stigma and, 251, 282-283,	self-compassion in, 455
287–288, 293–296	self-stigma consequences for, 96, 98-99
clinical implications of, 294–295	mental health disclosure programs, 150-151
efforts to overcome stigma, 290-291	Mental Health Experiences Scale, 303–307
future research recommendations for,	Mental Health First Aid, 417–418
294–295	Mental Health Knowledge Schedule (MAKS),
help seeking, 282–283, 288–290	79–80
mental health disorders, 291–293	mental health literacy, time trends in, 73, 79
self-compassion and, 455	mental health professionals
theories of, 283–284, 287	implicit bias in, 17–18
context and functionality, 286–287	self-stigma consequences for, 88–89, 99–101,
fragile masculine self, 286	104
gender role conflict, 285	stigma reduction interventions for, 373–374,
gender role strain, 284	378–379
precarious manhood, 284–285	mental health services. See also help seeking
mass media interventions, 392–394, 397	African American underutilization of, 97
help-seeking, 417–418	in ethnic minority populations, 225–226
measurement	LGBTQ+ population utilization of, 246–248
	religious leader role in, 348, 354–355
of help seeking, 328–329 of mental illness stigma, 52, 54, 66	
S , , ,	mental health symptoms, in military personnel, 309–311
commonly used measures for, 59–64	
definitions for, 52–53	mental illness. See also stigma of mental illness
future research directions for, 60–66	beliefs about causes of, 351–354
global and local considerations for, 58–59	broadened concept of, 80–81
importance of, 53–54	continuum of beliefs about, 351
key terms for, 55–57	religious and spiritual explanations of,
in military personnel, 302–309, 320	348–349
principles of, 57–58	time-trend studies of public attitudes toward.
targeted strategies for, 54	73–75, 84–85
of public attitudes toward mental illness,	campaigns to change, 79–80, 83–84
79–80	case vignette use in, 73–75
of public stigma, 328–329	causal attribution findings, 75–76
of self-stigma, 328–329	common versus severe problems, 81–83
of self-stigma of seeking help, 116–117	concept of mental illness, 80–81
of suicide stigma, 144–146	emotional reaction and coercion approval
media channels, population-based interventions	findings, 77–78
through, 397	future directions in, 84
medical students, stigma reduction	help-seeking recommendation findings, 75
interventions for, 375–379	measurement of, 79-80
medication, public attitudes toward, 75	methodological issues in, 74–75
medication stigma, in military personnel,	social distance and negative stereotype
304–306	findings, 76–77
men	societal change and, 83-84
help-seeking behavior of, 195–197	Mental Illness Stigma Framework (MISF),
masculinity theories and, 283-284, 287	23–24, 92–93
context and functionality, 286-287	#mentalpatient, 391-392
fragile masculine self, 286	message, of protest-based interventions,
gender role conflict, 285	395–396
gender role strain, 284	middle-income countries. See low- and middle-
precarious manhood, 284–285	income countries
mental health stigma in, 193, 251, 282–283,	military personnel
287–288, 293–296	mental health stigma in, 302, 320–321
clinical implications of, 294–295	antecedents of, 309–313
efforts to overcome stigma, 290–291	conceptualization and assessment of,
future research recommendations for,	302–309, 320
294–295	consequences of, 309, 313–317
<u> </u>	consequences of, 509, 515-517



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

Index

483

definitions for, 303-306 non-binary gender identities. See gender future research recommendations for, 320 non-conforming populations interventions to reduce, 317–319, 420 nurses, stigma reduction interventions for, mindfulness of, 313, 451-452 373-374 perceived stigma in, 303-307 self-stigma in, 303-311, 316 Obergefell v. Hodges, 242 Obertament, 403, 407 interventions to reduce, 318 treatment seeking stigma in, 303-308, obesity 311-313 mental health stigma intersectionality with, mindfulness 202-203, 210-221 onset and offset responsibility in, 18-19 construct of, 449-450 mental health stigma and, 450-453 obsessive compulsive disorder (OCD), in stigma among military personnel and, 313, individuals with marginalized identities, 451-452 mindfulness interventions, 449-450, 460 occupation, self-stigma consequences for, delivery modes of, 459-460 94-95 future research recommendations for. OCD. See obsessive compulsive disorder 455-456 offset responsibility, 18-19 older adults, stigma of seeking help in, 326-341 novel, 456-459 theoretical model for, 456-457 age effects on stigma, 328-337 minimal important difference, in measurement, definitions and theoretical framework for, 55 - 57326-328 future research recommendations for, minority groups, racial, self-stigma and, 88-89, 97_99 339-340 minority populations. See ethnic minority interventions to reduce, 337-339 populations Olmstead v. L.C., 23 Minority Stress Theory (MST), 96, 245, One of Us, 401, 407 251-252, 469 1 de cada 4, 403-404, 407 MISF. See Mental Illness Stigma Framework online interventions. See internet-based modified labeling theory (MLT) interventions of public stigma, 14-15 onset responsibility, 18-19 Opening Minds, 374, 400-401, 407 of self-stigma internalization, 273 of stigma of mental illness, 34 moral face concern, 271–272 panel studies, of public attitudes toward mental moral failure, mental illness as, 351-354 illness, 74-75 patient-reported outcome measures (PROs), 54 mortality gap, in people with mental illness, 53 MST. See Minority Stress Theory PDD. See Perceived Devaluation and multimedia interventions, social contact, Discrimination Scale 371-386 peer educator (PE) intervention, 339 multiplicative approach, to intersectional peer support, help-seeking intervention research, 190-191, 203, 250-251 through, 417-418 myth busting, 371-372 people of color. See also specific groups help-seeking behavior of, 195-197 mental health stigma in, 194, 199-202, narratives, stigma reduction through, 394 National Guard, stigma among military 210-221 personnel in, 311-312 in LGBTQ+ populations, 251-252 Native Americans, 224, 228 religion/spirituality intersectionality in, mental illness stigma among, 267-268 355-358, 360 religion/spirituality intersectionality in, self-stigma consequences for, 88-89, 97-99 355-358 Perceived Devaluation and Discrimination NEM. See Network Episode Model Scale (PDD), 61-64 Netherlands, population-based anti-stigma perceived stigma, 23-24 interventions in, 402, 407 commonly used measures for, 59-64 Network Episode Model (NEM), 413-414 definition of, 52-53, 143-144 New Zealand, population-based anti-stigma in group-oriented versus individual-oriented interventions in, 402-403, 407 cultures, 274 Nigeria, population-based anti-stigma intellectual disability, 159, 173-174

in military personnel, 304-306

interventions in, 405, 407



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

484 INDEX

perceived stigma (cont.) in individuals with marginalized identities, for mental health issues, 303-307 195-196 for treatment seeking, 307 in military personnel, 315 self-stigma consequences for, 90, 92-93 precarious manhood theory, 284-285 suicide, 143-144, 147-148 prejudices Perceptions of Stigmatization by Others for in modified labeling theory, 34 toward people with intellectual disabilities, Seeking Help (PSOSH), 44–46 Personal Empowerment Scale, 92 158 - 159in social cognitive model of stigma, 15-16 personal experience, suicide stigma and, 147, toward suicide, 144 personal functioning, self-stigma consequences profession, self-stigma consequences for, 88-89, 99-101, 104 for, 90, 92 personal narratives, stigma reduction through, professionals. See healthcare professionals; 394 mental health professionals personal responsibility, in attribution theory of progressive model of self-stigma, 19 PROs. See patient-reported outcome measures stigma, 18-19 personal stigma, 23-24. See also public stigma prosumers, self-stigma consequences for, 88-89, definition of, 52-53, 88, 143-144 99-101, 104 suicide, 143-144, 147-148, 150 protest-based interventions, 391-392, 394 personal threat, 433-435 PSOSH. See Perceptions of Stigmatization by personality variables, stigma among military Others for Seeking Help personnel and, 312-313 psychiatric treatment, public attitudes toward, personalized feedback, help-seeking 73, 75 intervention through, 417-418 psychoeducation person-level interventions, 369-385 help-seeking intervention through, 417–419, education, 371-373 421-422 effectiveness of, 467-468 reactance to, 432, 435-437, 439 rebound effect of, 429-430, 458-459 future research and recommendations for, 384-385, 469-470 stigma reduction interventions using, 372 health care staff, 373–374, 378–379 for suicide prevention, 150-151 in LMICs, 369, 377-384 psychological distance, 436-437, 439-440 police, 374-375, 378-379 psychological hardiness, 254 social contact, 370-371 psychological reactance, 432, 435-437, 439 students and young people, 375-379 psychological threat, 433–435 physical illness, mental health stigma psychological treatment. See also help seeking intersectionality with, 201-202, in ethnic minority populations disparities in, 225-226 210-221 police, stigma reduction interventions for, stigma as help-seeking barrier in, 226-229, 374-375, 378-379 231-233 policy, help-seeking intervention through, religious leader role in, 348, 354-355 417-418 self-stigma interference with, 431-432 population-based interventions, 391-392, 406 psychology, historical antagonism toward demographic segmentation within, 396-397 religion in, 349-350 effectiveness of, 467-468 psychometric measurement properties, 55-58 evaluation and evidence of, 398-399 psycho-social causes of mental illness, 75-76 future research directions in, 469-470 psychosocial variables, self-stigma future research recommendations for, 406, consequences for, 90-93 469-470 psychotherapy importance of messaging in, 395-396 help-seeking intervention through, 417–419 intergroup contact, 394 public attitudes toward, 75 media channels, 397 religion and, 353-354, 359-360 principles and design considerations for, public attitudes 392-394 toward suicide, 144-146 worldwide examples of, 399-405, 407 therapy avoidance and, 429-430 Portugal, population-based anti-stigma time-trend studies of, 73-75, 84-85 campaigns to change, 79-80, 83-84 interventions in, 403, 407 posttraumatic stress disorder case vignette use in, 73-75 help-seeking interventions for, 420 causal attribution findings, 75-76



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

Index

485

common versus severe problems, 81-83 future research and practice concept of mental illness, 80-81 recommendations for, 249-254 emotional reaction and coercion approval historical influences on, 241–243 findings, 77-78 intersectionality of, 199-201, 210-221, future directions in, 84 250 - 252help-seeking recommendation findings, 75 religion impact on, 252-254 measurement of, 79-80 types and presentation of, 243-244 methodological issues in, 74-75 Minority Stress Theory applied to, 245 social distance and negative stereotype questionnaire, measurement, 55-57 findings, 76-77 societal change and, 83–84 race. See also ethnic minority populations public health campaigns. See also anti-stigma mental health stigma intersectionality with, 193–199, 201–202, 210–221 campaigns for stigma reduction in ethnic minority in LGBTQ+ populations, 251-252 religion intersectionality with, 355-358, 360 populations, 231-233 for suicide prevention, 150-151 self-stigma consequences and, 88-89, 97-99, public stigma, 466-467 103-104 age effects on, 329-332, 335, 337 racism, self-stigma and, 88-89, 97-99 as barrier to help seeking, 414-416 rank, stigma among military personnel and, conditions necessary for, 14 311 - 312definition of, 12-13, 52, 88, 143-144, 188, reactance, 432, 435-437, 439 327, 429, 449 rebound effect, of psychoeducation, 429-430, ethnic minority population experience of, 458-459 222-223, 225, 229-231 recall period, in measurement, 55-57 recovery in group-oriented versus individual-oriented cultures, 266-267, 272, 275-276 self-stigma consequences for, 88, 90, 94 intellectual disability, 159-172 from suicide attempt, 144 LGBTQ+ population experience of, 243, 245 refugees, help-seeking interventions for, 420 measurement of, 328-329 reliability, in measurement, 55-58 in military personnel, 304-306 religion suicide, 143-144, 147-148 definition of, 347-348 theoretical models of, 14-19, 23-26 diversity in, 360 public stigma of mental illness, 31-37 LGBTQ+ population stigma experience and, future research recommendations for, 252-254 42-46 mental health stigma and, 193-195, 347-361 internalization of, 39-40 beliefs about causes of mental illness, in ISM, 32-33, 35 outcome variable relationships to, 41-42 clinical implications of, 358-359 public stigma of seeking help continuum of beliefs about mental illness, disentanglement from, 38 351 public stigma of seeking help, 31-37, 111 definitions for, 347-348 future research recommendations for, 42-46 future research recommendations for, internalization of, 40-41 359-361 in ISM, 32-33, 36 historical background of, 348–350 outcome variable relationships to, 41-42 race and ethnicity intersection with, public stigma of mental illness 355-358, 360 disentanglement from, 38 religious leader role in, 348, 354-355 psychology antagonism toward, 349-350 qualitative research, on intersectionality of stigma of seeking help and, 353-354, 359-360 mental health stigma and marginalized religious leaders, as counselors and therapists, identities, 205-206 348, 354-355 quality of life, self-stigma consequences for, religious mental health stigma, 347-361 90-92 Reported and Intended Behavior Scale (RIBS), queer populations 79-80 help-seeking stigma in, 246-248 RESHAPE project, 383–384 mental health stigma among, 241, 245-246, resilience intersectionality and, 191-192 clinical implications of, 254–256 in military personnel, 302



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

486 INDEX

resistance, stigma, 20 self-system and, 432-433, 435 mindfulness model of, 452 for stigma of seeking help, 438-439 self-stigma consequences for, 90, 92-93 types of, 437-438 resource-limited settings, measurement in, self-affirmation theory, 432-433 58 - 65self-compassion resources, help-seeking, 417-418 construct of, 450 mental health stigma and, 453-455 responder definition, in measurement, 55-57 responsibility, in attribution theory of stigma, self-compassion interventions, 449-450, 460 delivery modes of, 459-460 18 - 19RIBS. See Reported and Intended Behavior future research recommendations for, Scale 455-456 novel, 456-459 Samen Sterk, 402, 407 theoretical model for, 456-457 SANE, 400, 407 self-efficacy, self-stigma consequences for, 90 scale, measurement, 55-57 self-esteem schizophrenia public stigma relationship to, 41-42 in group-oriented versus individual-oriented self-stigma consequences for, 90-91 cultures, 263, 265-266 self-forgiveness, 457-458 self-kindness, 453 in individuals with marginalized identities, 196 self-management, among military personnel, public attitudes toward, 73-74, 84-85 316 causal attributions, 75-76 self-reflexivity, researcher, 203-204 concept of mental illness, 80-81 self-stigma, 466-467 emotional reactions and approval of age effects on, 332-333, 337 coercion, 77-78 as barrier to help seeking, 414-416, 429, help-seeking recommendations, 75 431-432 as severe versus common problem, 81-83 commonly used measures for, 59-64 social distance desire and negative consequences of, 88-101, 104-105 stereotypes, 76-77 clinical variables, 90, 93-94 future study suggestions for, 101-104 school age children, stigma reduction interventions for, 377 limitations in research on, 101-102 in marginalized subgroups, 88-89, 95-104 school programs, help-seeking intervention meta-analyses of, 89-95, 101-102 through, 417-418 school-based interventions, for students and psychosocial variables, 90-93 young people, 375-379 sociodemographic variables, 90, 94-95 score, in measurement, 55–57 trends in literature on, 101 culture role in, 273-274, 276 Scotland, population-based anti-stigma definition of, 12-13, 52-53, 88, 143-144, 188, interventions in, 403, 407 See Change, 402, 407 327, 429, 449 See Me, 403, 407 ethnic minority population experience of, self-advocacy groups, for individuals with 222-223 intellectual disability, 159-170, 173-174 intellectual disabilities, 176 self-affirmation, 432-433 LGBTQ+ population experience of, self-affirmation interventions, 429 243-244, 246-248, 253 cross-cultural considerations for, 434-435 measurement of, 328-329 definition of self-affirmation, 432-433 in Mental Illness Stigma Framework, health information communication and, 429, 23 - 24435, 440-441 in military personnel, 303-307, 309-311 help-seeking promotion through, 439-440 interventions to reduce, 318 mechanisms of change in, 439-440 for mental health issues, 308 mental health applications of, 438-439 toward mental health treatment, 307-308, mental health stigma and therapy avoidance, 316 429-430 psychological treatment impact of, personal threat and, 433-435 431-432 resistance to, 20, 90 psychological, neurological, physiological and cognitive underpinnings of, 433-434 self-affirmation interventions and, 431-432 reactance and, 432, 435-437, 439 suicide, 143-144, 147-148, 150 self-stigma and, 431-432 theoretical models of, 19-26



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade Index

Index

487

self-stigma of mental illness, 31–37 future research recommendations for, 42–46	small groups, stigma reduction interventions for, 369–385
internalization of public stigma as, 39-40	education, 371–373
in ISM, 32–33, 35–36	effectiveness of, 467–468
public stigma relationships to outcome	future research and recommendations for,
variables through, 41–42	384–385, 469–470
self-stigma of seeking help disentanglement	health care staff, 373-374, 378-379
from, 38–39	in LMICs, 369, 377–384
Self-Stigma of Mental Illness Scale (SSMIS),	police, 374–375, 378–379
61–64	social contact, 370–371
Self-Stigma of Mental Illness (SSOMI) scale,	students and young people, 375–379
38–39	social cognitive model, of public stigma, 15–16
Self-Stigma of Mental Illness-Scale-Short	social constructivism, 205–206
Form, 35	social contact interventions
self-stigma of seeking help, 31–37, 111	for healthcare professionals, 373–374,
consequences of, 37, 39, 111–130	378–379
data analysis for meta-analysis of, 118	help-seeking intervention through, 419
data extraction for meta-analysis of, 115–116	for intellectual disability stigma, 176–177
	in LMICs, 378–384
future research recommendations for, 129–130	for older adults, 338–339 population-based, 393–394
help-seeking attitude results, 118–123,	stigma reduction through, 370–371
125–128	for students and young people, 376, 378–379
help-seeking behavior results, 123–128	for suicide stigma, 151
help-seeking intention results, 123–128	social context
measurement of, 116–117	of help seeking, 414
research and practice implications of, 129	of public attitudes toward mental illness,
study characteristics in meta-analysis of,	83–84
115–122	social distance
study selection and inclusion criteria for	toward individuals with intellectual
meta-analysis of, 113–115	disabilities, 171–172
future research recommendations for, 42-46	public attitude toward, 73-74, 76-77
internalization of public stigma as, 40-41	social face concern, 271–272
in ISM, 32–33, 36–37	social groups, stereotype content about, 16-17
public stigma relationships to outcome	social location, 187-191. See also
variables through, 41–42	intersectionality
self-stigma of mental illness disentanglement	social marketing strategy, 393-394. See also
from, 38–39	population-based interventions
Self-Stigma of Seeking Help (SSOSH) scale,	help-seeking intervention through, 417–418
36–37, 43, 307–308, 328–329	social marketing theory, 394
Self-Stigma of Suicide Attempt Scale (SSSAS),	social media interventions
145–146	education, 372
Self-Stigma Scale Short-form (SSS-S), 61–64	help-seeking, 417–418
self-system, 432–433, 435	population-based, 391–392, 394, 397
severe mental illness, public attitudes toward,	for suicide stigma, 151
81–83 sexual identity. <i>See also</i> LGBTQ+ populations	social network stigma of mental illness, 44–45
mental health stigma intersectionality with,	social network stigma of seeking help, 44–46
199–201, 210–221, 250–252	social stigma, 88, 188. See also public stigma
sexual stigma, 244	male experience of, 282
SGC-MHS. See Stigma in Global Context—	social support
Mental Health Study	in help seeking, 414
shame	self-stigma consequences for, 90, 92
male experience of, 283–284	suicidal ideation and, 149
self-stigma and feelings of, 93	social well-being, of ethnic minority
suicide stigma and, 143–144, 147, 149	populations, 229–231
short-form instruments, 58–65	socialization, of men, 283
SimCoach program, 422	societal stigma, 34, 36



488 INDEX

sociodemographic variables, self-stigma barriers to help seeking, 414-416 consequences for, 90, 94-95 definition of help seeking, 413-414 socio-economic status, measurement evidence for, 419–420 considerations for, 58-65 future implications for, 422-423 SOSS. See Stigma of Suicide Scale new and emerging, 420-422 Spain, population-based anti-stigma types of, 416-418 interventions in, 403-404, 407 for individuals and small groups, 369-385 education, 371-373 #SpeakUp, 405 spiritual failure effectiveness of, 467-468 diversity in, 360 future research and recommendations for, mental illness as, 351-354 384–385, 469–470 race/ethnicity intersectionality with, 355-358, health care staff, 373-374, 378-379 in LMICs, 369, 377-384 360 spiritual possession, explanations of mental police, 374-375, 378-379 illness as, 348-349, 351-354 social contact, 370-371 spirituality, 347-348, 361. See also religion students and young people, 375-379 SS. See Stigma Scale for intellectual disability stigma, 160-170, SSAS-44. See Suicide Stigma Assessment Scale 176-177 SSMIS. See Self-Stigma of Mental Illness Scale Internalized Stigma Model implications for, SSOMI scale. See Self-Stigma of Mental Illness 42 - 43key points of current research on, 467-468 scale SSOSH scale. See Self-Stigma of Seeking Help for LGBTQ+ populations, 254-256 measurement considerations for, 65-66 scale SSRPH. See Stigma Scale for Receiving for military personnel, 317-319, 420 Psychological Help mindfulness, 449-450, 460 SSSAS. See Self-Stigma of Suicide Attempt delivery modes of, 459-460 Scale future research recommendations for, SSS-S. See Self-Stigma Scale Short-form 455-456 standup comedy, as stigma intervention, 319 mental health stigma and, 450-453 stereotype content model, of public stigma, novel, 456-459 15 - 17theoretical model for, 456-457 stereotype threat, 429 for older adults, 337-339 stereotypes population-based, 391-392, 406 in modified labeling theory, 34 demographic segmentation within, of people with intellectual disabilities, 396-397 158-159 effectiveness of, 467-468 in progressive model of self-stigma, 19 evaluation and evidence of, 398-399 in social cognitive model of stigma, 15-16 future research recommendations for, 406, toward suicide, 144 469-470 time trends in negative, 76-77 importance of messaging in, 395-396 stigma. See also specific types of stigma intergroup contact, 394 categories of, 14, 466-467 media channels, 397 definition of, 1-2, 12-14, 31, 52-53, 88, principles and design considerations for, 143-144, 188, 304-306, 327, 369-370, 392-394 392, 429, 449 worldwide examples of, 399-405, 407 developmental approaches to, 471 for religious and spiritual commitments, stigma by association. See associative stigma 360-361 stigma competence, 103 self-affirmation, 429 stigma consciousness, 254 cross-cultural considerations for, 434–435 stigma experiences, in Health Stigma and definition of self-affirmation, 432-433 Discrimination Framework, 25 health information communication and, Stigma in Global Context-Mental Health 429, 435, 440-441 Study (SGC-MHS), 263 help-seeking promotion through, 439-440 stigma interventions mechanisms of change in, 439-440 for ethnic minority populations, 231–233 mental health applications of, 438-439 future research directions in, 469-470 mental health stigma and therapy help-seeking, 413, 423 avoidance, 429-430

assessment of, 416-419

personal threat and, 433-435



Index 489

psychological, neurological, physiological	physical illness and race/ethnicity,
and cognitive underpinnings of,	201–202, 210–221
433–434	race/ethnicity, 193–195, 198–199, 210–221,
reactance and, 432, 435–437, 439	251–252
self-stigma and, 431–432	weight stigma, 202–203, 210–221
self-system and, 432–433, 435	masculinity and, 251, 282–283, 287–288,
for stigma of seeking help, 438–439	293–296
types of, 437–438	clinical implications of, 294–295
self-compassion, 449–450, 460	efforts to overcome stigma, 290–291
delivery modes of, 459–460	future research recommendations for,
future research recommendations for,	294–295
455–456	help seeking, 282–283, 288–290
mental health stigma and, 453–455	mental health disorders, 291–293
novel, 456–459	measurement of, 52, 54, 66
theoretical model for, 456–457	commonly used measures for, 59-64
for suicide stigma, 150–151	definitions for, 52–53
stigma of mental illness. See also public stigma;	future research directions for, 60–66
self-stigma	global and local considerations for, 58–59
campaigns against, 79-80, 83-84	importance of, 53–54
consequences of, 370	key terms for, 55–57
definition of, 1–2, 12–14, 52–53, 88, 188,	principles of, 57–58
304–306, 327, 392, 429, 449	targeted strategies for, 54
evolution of, 76–77	in military personnel, 302, 320–321
future research recommendations for, 42–46	antecedents of, 309–313
global burden of, 53	conceptualization and assessment of,
in group-oriented versus individual-oriented	302–309
cultures, 263–275	consequences of, 309, 313-317
acculturation impact on, 268–270	definitions for, 303–306
affiliate stigma in, 274–275	future research recommendations for, 320
future research recommendations for,	interventions to reduce, 317–319, 420
275–276	mindfulness and, 450-453
levels of, 265–267	negative impacts of, 5–6
mechanisms behind differences in, 270-274	outcome variable relationships to, 41–42
within same country, 267–268	religion and, 193-195, 347-361
internalization of, 39–40	beliefs about causes of mental illness,
in ISM, 32–36	351–354
in LGBTQ+ populations, 241, 245–246, 256	clinical implications of, 358–359
clinical implications of, 254–256	continuum of beliefs about mental illness,
future research and practice	351
recommendations for, 249-254	definitions for, 347–348
historical influences on, 241–243	future research recommendations for,
intersectionality of, 199-201, 210-221,	359–361
250–252	historical background of, 348-350
religion impact on, 252–254	race and ethnicity intersection with,
types and presentation of, 243–244	355–358, 360
marginalized identities intersectionality with,	religious leader role in, 348, 354-355
187–188, 190–191, 205	research field on, 1
definitions for, 188–190	self-compassion and, 453-455
future research directions in, 469	stigma of seeking help disentanglement from,
future research recommendations for,	32–39, 46
203–205	in suicidal behavior, 147-148
gender, 191-192, 197-199, 210-221, 251	suicide stigma compared with, 144
gender and race/ethnicity, 195-197	theoretical models of, 11-12, 26
homelessness and immigrant status,	associative stigma, 22-26
197–199, 210–221	future research recommendations for,
key points of current research on, 467	25–26
LGBTQ+ identities, 199-201, 210-221,	as innovative area of study, 471
250–252	key points of current research on, 466–467



490 INDEX

stigma of mental illness (cont.)	stigma resistance model, 20
key terms, 12–14	stigma resistance strategies, for LGBTQ+
multi-level frameworks, 23-25	populations, 254
public stigma, 14–19, 23–26	Stigma Scale (SS), 61–64
self-stigma, 19–26	Stigma Scale for Receiving Psychological Help
structural stigma, 22–26	(SSRPH), 36, 328–329
therapy avoidance and, 429–430	stigmatized, in Mental Illness Stigma
stigma of seeking help. See also public stigma of	Framework, 23–24
seeking help; self-stigma of seeking help	stigmatizer, in Mental Illness Stigma
as barrier to help seeking, 414–416, 429,	Framework, 23–24
431–432	stigmatizing perceptions of soldiers who seek
definition of, 304–306, 327	treatment, in military personnel,
future research recommendations for, 42–46	304–307, 309–311
internalization of, 40–41	STOSA scale. See Stigma of Suicide Attempt
internalization of, 40–41 interventions to reduce, 413, 423	•
	scale
assessment of, 416–419	STOSASS scale. See Stigma of Suicide and
barriers to help seeking, 414–416	Suicide Survivor scale
definition of help seeking, 413–414	structural stigma
evidence for, 419–420	as barrier to help seeking, 414–416
future implications for, 422–423	definition of, 13–14, 88, 188, 327
new and emerging, 420–422	ethnic minority population experience of,
types of, 416–418	222–223, 225–226, 229–231
in ISM, 32–33, 36–37	intellectual disability, 177–178
in LGBTQ+ populations, 246–248	LGBTQ+ population experience of,
in military personnel, 303–308, 311–313	243–244, 247, 253–254
in older adults, 326–341	Mental Illness Stigma Framework and, 24
age effects on stigma, 328–337	theoretical models of, 22–26
definitions and theoretical framework for,	students
326–328	help-seeking interventions for, 420
future research recommendations for,	stigma reduction interventions for,
339–340	375–379
interventions to reduce, 337–339	subjective recovery, self-stigma consequences
outcome variable relationships to, 41–42	for, 90, 94
religion and, 353-354, 359-360	substance use, among LGBTQ+ populations,
self-affirmation interventions for, 438–439	245–246, 252–253
self-compassion impact on, 454–455	substance use disorders, public attitudes
stigma of mental illness disentanglement	toward, 73, 75–84
from, 32–39, 46	suicidal ideation
Stigma of Sexuality Theory, 244	disclosure of, 149–151
Stigma of Suicide and Suicide Survivor	help negation effect in, 148–149
(STOSASS) scale, 146	social support and, 149
Stigma of Suicide Attempt (STOSA) scale, 146	in young people, 150
Stigma of Suicide Scale (SOSS), 145	suicide
stigma practices, in Health Stigma and	in group-oriented versus individual-oriented
Discrimination Framework, 25	cultures, 266
stigma research	among LGBTQ+ populations, 242, 253,
future research directions in, 466–472	255–256
	among military personnel, 317
intersectionality, 469	
interventions, 469–470	suicide stigma impact on rates of, 147–148
innovative areas of study in, 470–471	suicide literacy, help-seeking behaviors and,
key points in, 466–472	148–149
effectiveness of stigma reduction	suicide stigma, 143, 151–152
interventions, 467–468	factors associated with, 146–147
intersectionality, 467	future research directions in, 150–151
theory expansion, 466–467	impacts of, 147–149
stigma resistance, 20	measurement of, 144–146
mindfulness model of, 452	mental illness stigma compared with, 144
self-stigma consequences for, 90, 92–93	origins and definitions of, 143-144



Cambridge University Press & Assessment 978-1-108-84390-4 — The Cambridge Handbook of Stigma and Mental Health Edited by David L. Vogel , Nathaniel G. Wade

> Index 491

Suicide Stigma Assessment Scale (SSAS-44), 145–146	future research and practice recommendations for, 249–254
supernatural beliefs, in group-oriented versus	historical influences on, 241–243
individual-oriented cultures, 271	intersectionality of, 199–201, 210–221,
Sweden, population-based anti-stigma	250–252
interventions in, 404, 407	religion impact on, 252–254
Switzerland, population-based anti-stigma	types and presentation of, 243–244
interventions in, 404, 407	Minority Stress Theory applied to, 245
symptom severity	self-stigma consequences for, 96–97
among military personnel, 316–317	translation, of measurement instruments, 55–65
self-stigma consequences for, 90, 93	treatment adherence, self-stigma consequences
sen sugma consequences for, 70, 75	for, 90, 94
Tell Your Story, 420	treatment barriers
test-retest reliability, 55–58	in ethnic minority populations, 226–229,
theoretical models of stigma, 11–12, 26	231–233
associative stigma, 22–26	help seeking, 5–6, 226–229, 231–233,
future research recommendations for, 25–26	414–416, 429–432
as innovative area of study, 471	in LGBTQ+ populations, 246–248
key points of current research on, 466–467	among military personnel, 316–317
key terms, 12–14	treatment disparities, in ethnic minority
multi-level frameworks, 23–25	populations, 225–226
public stigma, 14-19, 23-26	treatment dropout, among military personnel, 316
self-stigma, 19–26	treatment gap
structural stigma, 22–26	in LMICs, 369
therapeutic alliance, self-stigma interference	in people with mental illness, 53
with, 431–432	in religious communities, 347
therapy avoidance. See help seeking	Treatment Initiation Program (TIP), 339
threat, psychological, 433–435	TTC. See Time to Change
TikTok, stigma reduction interventions using,	Twitter
372	population-based interventions using,
Time to Change (TTC), 79–80, 83–84, 396–397,	391–392, 394
399, 401–402, 407, 468	stigma reduction interventions using, 372
Time to Change (TTC) Global, 405, 407	
time-trend studies, of public attitudes toward	Uganda, population-based anti-stigma
mental illness, 73–75, 84–85	interventions in, 405, 407
campaigns to change, 79–80, 83–84	UN Convention on the Rights of Persons with
case vignette use in, 73–75	Disabilities, 158
causal attribution findings, 75–76	Unidos Para Ayudar (UPA), 403, 407
common versus severe problems, 81–83 concept of mental illness, 80–81	unit factors, in mental health stigma of military personnel, 311
1	unit training, as stigma intervention, 319
emotional reaction and coercion approval findings, 77–78	United Kingdom
future directions in, 84	population-based anti-stigma interventions
help-seeking recommendation findings, 75	in, 401–402, 407
measurement of, 79–80	stigma of mental illness in, 265–266
methodological issues in, 74–75	United States
social distance and negative stereotype	population-based anti-stigma interventions
findings, 76–77	in, 404–405, 407
societal change and, 83-84	stigma of mental illness in, 265-268
TIP. See Treatment Initiation Program	unlabelled case vignettes, time-trend studies
training workshops	using, 73–75
for police, 374–375	UPA. See Unidos Para Ayudar
stigma reduction interventions using, 372	US-born Mexican Americans (USBMAs),
transgender people	mental health stigma in, 193
help-seeking stigma in, 246-248	
mental health stigma among, 241, 245-246,	validity
256	construct, 55–58
clinical implications of, 254–256	content, 55–58



492 INDEX

validity (cont.) convergent, 55-58 known-groups, 55-58 vicarious stigma, 13, 22 video-based interventions education, 372 mindfulness and self-compassion, 459-460 social contact, 371-386 violence, public expectations of, 77-78 Wales, population-based anti-stigma interventions in, 401-402, 407 warmth, in stereotype content model of stigma, 16 - 17weight stigma, mental health stigma intersectionality with, 202-203, 210-221 well-being, of ethnic minority populations, 229-231 Western countries. See also specific countries stigma experience in, 228-229 stigma of mental illness in, 263-275 acculturation impact on, 268-270 affiliate stigma, 274-275 future research recommendations for, 275-276 levels of, 265-267 mechanisms behind differences in, 270-274 within same country, 267–268 White Americans, 224 help-seeking behavior of, 195-197, 226-229 impacts of stigma for, 229-231

mental health stigma in, 201-202

mental health treatment rates in, 225-226 religion/spirituality intersectionality in, 355-358 self-stigma consequences for, 98-99 why try effect, 19, 88 women help-seeking behavior of, 195-197 mental health stigma in, 191-192, 197-199, self-stigma consequences for, 88-89, 95-97 work situation, self-stigma consequences for, 94-95 working alliance, self-stigma interference with, 431-432 writing exercises, self-compassion, 457-458 written materials, stigma reduction interventions using, 372 young people help-seeking interventions for, 419-421 intersections of gender, race/ethnicity, and mental illness stigma in, 196 stigma in older adults versus, 326-341 age effects in, 328-337 definitions and theoretical framework for, 326-328 future research recommendations for, 339-340 interventions to reduce, 337-339 stigma reduction interventions for, 375-379, 394-396 suicidal ideation in, 150