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978-1-108-84016-3 — Roman Frugality  
Edited by Ingo Gildenhard , Cristiano Viglietti  
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## ROMAN FRUGALITY

*Roman Frugality* offers the first-ever systematic analysis of the variants of individual and collective self-restraint that shaped ancient Rome throughout its history and had significant repercussions in post-classical times. In particular, it does justice to the complexity of a phenomenon that is situated at the interface of ethics and economics, self and society, and the real and the imaginary, and which touches upon thrift and sobriety in the material sphere, but also modes of moderation more generally, not least in the spheres of food and drink, sex and power. Adopting an interdisciplinary approach drawing on ancient history, philology, archaeology and the history of thought, the volume traces the role of frugal thought and practice within the evolving political culture and political economy of ancient Rome from the archaic age to the imperial period and concludes with a chapter that explores the reception of ancient ideas of self-restraint in early modern times.

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CAMBRIDGE CLASSICAL STUDIES

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Modes of Moderation from the Archaic Age to the Early Empire  
and Beyond

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**CAMBRIDGE**  
 UNIVERSITY PRESS

University Printing House, Cambridge CB2 8BS, United Kingdom  
 One Liberty Plaza, 20th Floor, New York, NY 10006, USA  
 477 Williamstown Road, Port Melbourne, VIC 3207, Australia  
 314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre,  
 New Delhi – 110025, India  
 79 Anson Road, #06–04/06, Singapore 079906

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[www.cambridge.org](http://www.cambridge.org)

Information on this title: [www.cambridge.org/9781108840163](http://www.cambridge.org/9781108840163)

DOI: 10.1017/9781108879088

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First published 2020

Printed in the United Kingdom by TJ International Ltd, Padstow Cornwall

*A catalogue record for this publication is available from the British Library.*

*Library of Congress Cataloging-in-Publication Data*

NAMES: Gildenhard, Ingo, 1970– editor. | Viglietti, Cristiano, editor.

TITLE: Roman frugality : modes of moderation from the archaic age to the early empire and beyond / [edited by] Ingo Gildenhard, Cristiano Viglietti.

DESCRIPTION: 1 Edition. | New York : Cambridge University Press, 2020. |

SERIES: Cambridge classical studies | Includes bibliographical references and index.

IDENTIFIERS: LCCN 2020000927 (print) | LCCN 2020000928 (ebook) |

ISBN 9781108840163 (hardback) | ISBN 9781108793834 (paperback) |

ISBN 9781108879088 (epub)

SUBJECTS: LCSH: Thriftiness—History.

CLASSIFICATION: LCC HG179 .R6326 2020 (print) | LCC HG179 (ebook) |

DDC 330.937—dc23

LC record available at <https://lccn.loc.gov/2020000927>

LC ebook record available at <https://lccn.loc.gov/2020000928>

ISBN 978-1-108-84016-3 Hardback

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- Chart 1 Possible model of a 2-*iugera* field in a system of crop rotation in early republican Rome. *page 147*

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## ACKNOWLEDGEMENTS

We are profoundly grateful to the Marie Skłodowska-Curie Fellowship Programme (FP7-PEOPLE-2011-IEF) of the European Commission, which funded a two-year stay of Cristiano Viglietti at the University of Cambridge (project ECO-FRUGAL: *The Economics of Frugality between Ancient Rome and Contemporary Western Society*). The present volume is one of the outcomes of the ensuing international collaboration, which stretches far beyond this particular output and its contributors. We are equally beholden to the Faculty of Classics, University of Cambridge, and King's College Cambridge for liberal support and hospitality during the various workshops in which the authors of the chapters collected here as well as numerous other scholars (notably Jean-Jacques Aubert, Luigi Capogrossi Colognesi, Gabriele Cifani, Stefano Ferrucci, Rebecca Flemming, Peter Garnsey, Alessandro Launaro, Jérôme Maucourant, Neville Morley, Stephen Oakley and Andrew Wallace-Hadrill) shared their thoughts on Roman frugality. During the editorial process we benefited greatly from the advice and generosity of our contributors and other colleagues, in particular Rebecca Flemming, Neville Morley, Robin Osborne and Andrew Wallace-Hadrill. The readers for *Cambridge Classical Studies* provided us with bracing feedback on an early draft that forced us to rethink and reshape the volume in fundamental ways. As editors we did not always concur with their criticisms, but we hope that the final product shows how seriously we engaged with the feedback provided.

We are profoundly grateful to the Staatliche Antikensammlungen und Glyptothek München for providing us with our cover image ('Relief depicting a rural scene: farmer with cow on his way to the market') free of charge. We are also very much indebted to David Hemsley for his meticulous copy-

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## Acknowledgements

editing of the manuscript and to the marvellous support, efficiency and speed of Hal Churchman and, in particular, Michael Sharp at CUP, who managed to transform our ms. into a book in record time.

**The editors**

## NOTE ON TRANSLATIONS

Citations from works in languages other than English (whether Greek, Latin or a modern vernacular) that occur in the body of the text are accompanied by a translation. Contributors have adopted a more selective approach in the footnotes, esp. when the passage in question is paraphrased in the discussion and/or is cited primarily for lexical reasons.

## ABBREVIATIONS

Abbreviations for Greek and Latin authors and texts by and large follow the conventions of H. G. Liddell and R. Scott, *A Greek-English Lexicon*, the *Oxford Latin Dictionary* or (for later Latin authors) the *Oxford Classical Dictionary*. Exceptions – such as specific titles for Seneca’s *Dialogi* (differentiated only by number in the *OLD* and *OCD*) – ought to be self-explanatory. Where possible, abbreviations for journals follow the practice of *L’Année Philologique*. Note in addition the following:

- ANRW* *Aufstieg und Niedergang der römischen Welt*. Berlin and New York, 1972–.
- CIL* *Corpus Inscriptionum Latinarum*. Berlin, 1862–.
- FRHist* T. J. Cornell et al. *The Fragments of the Roman Historians*. Oxford, 2013.
- ILLRP* A. Degraffi (ed.) *Inscriptiones Latinae Liberae Rei Publicae*, 2 vols. Florence, 1957–1963.
- ILS* H. Dessau (ed.) *Inscriptiones Latinae selectae*, 3 vols. Berlin, 1892–1916.
- ORF* E. Malcovati, *Orationum Romanorum Fragmenta*. Turin, 1953, <sup>3</sup>1967, <sup>4</sup>1976.
- RE* *Paulys Realencyclopädie der classischen Altertumswissenschaft*, 83 vols. Stuttgart, 1893–1980.
- TLL* *Thesaurus Linguae Latinae*. Munich, 1900–.