

BAYESIAN DATA ANALYSIS FOR THE BEHAVIORAL AND NEURAL SCIENCES

Non-Calculus Fundamentals

This textbook bypasses the need for advanced mathematics by providing in-text computer code, allowing students to explore Bayesian data analysis without the calculus background normally considered a prerequisite for this material. Now, students can use the best methods without needing advanced mathematical techniques. This approach goes beyond 'frequentist' concepts of *p*-values and null hypothesis testing, using the full power of modern probability theory to solve real-world problems. The book offers a fully self-contained course, and demonstrates analysis techniques using over 100 worked examples crafted specifically for students in the behavioral and neural sciences. The book presents two general algorithms that help students solve the measurement and model selection (also called 'hypothesis testing') problems most frequently encountered in real-world applications.

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Bayesian Data Analysis for the Behavioral and Neural Sciences

NON-CALCULUS FUNDAMENTALS

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> To my wife, Elizabeth, and my sons, Gabriel William and Julian Leonard, who showed me there was even more to life



Contents

Preface p. Acknowledgments			page x	
		C		X\ 1
1		LOGIC AND DATA ANALYSIS		
	1.1	The Logic of Inference		5 5
		1.1.1		5
			Plausible Inference	
			Uncertainty	13
		1.1.4	7	16
	1.2		Visualization	22
		1.2.1	The Court of Data Countries	24
			Histograms	25
		1.2.3	- · · · · · · · · · · · · · · · · · · ·	32
		1.2.4	1	35
		1.2.5	Data Checks: Expected versus Unexpected Data Values and Patterns	42
	1.3	Sumn	·	47
		1.3.1	Emphasis on Worked Examples	47
		1.3.2	Comment on Reality	49
		1.3.3	Outline of the Text	49
2	MECHANICS OF PROBABILITY CALCULATIONS			51
	2.1	Symb	olic Manipulations	51
		2.1.1	Formal Symbolic Operations for Logical Expressions	52
		2.1.2	Intuitive Rationale behind the Basic Rules of Probability Theory	57
		2.1.3	Extending the Question	61
		2.1.4	e	62
		2.1.5	The Five-Card Monty Hall Problem	66
		2.1.6	Inverse Probability	70
	2.2	Proba	bilities and Probability Distributions	89
		2.2.1	1 /	89
		2.2.2	Bernoulli Trials: The Binomial Distribution	92
		2.2.3	Bernoulli Trials: The Negative Binomial Distribution	94
	2.3	1 8		97
		2.3.1	8	98
		2.3.2	The Optional Stopping Problem	103
	2.4	Distri	butions Derived from Bernoulli Trials	109
		2.4.1	Multinomial Distribution	109
		2.4.2	Poisson Distribution	113



viii CONTENTS

	2.5	Sumn	nary	116
		2.5.1	Marginalization: The Core of Advanced Techniques	116
		2.5.2	Single Probabilities	117
		2.5.3	Probability Distributions	117
		2.5.4	More to Come	117
3			ITY AND INFORMATION: FROM PRIORS TO POSTERIORS	119
	3.1	Proba	ability Distributions: Definition and Characteristics	120
			Probability and Information	120
	3.2		ete Distributions	124
			Uniform Distribution	124
		3.2.2	Binomial Distribution	127
		3.2.3	Poisson Distribution	129
	3.3	Conti	nuous Distributions	131
		3.3.1	Uniform Distribution	131
		3.3.2	Exponential Distribution	134
		3.3.3	Gaussian Distribution	137
	3.4	Assign	ning Prior Probabilities over Parameters	141
		3.4.1	Three Types of Prior over Parameter Values	142
		3.4.2	Uniform Priors	143
		3.4.3	Conjugate Priors	150
		3.4.4	Jeffreys Priors	156
		3.4.5	Inference under Reparameterization	158
	3.5	5 Updating Information Based on Data: The Effect of Prior Information		163
	3.6 Sum		nary	179
		3.6.1	Prior Paralysis: Don't Be a Victim	179
		3.6.2	Comparison to the Frequentist Algorithm	179
		3.6.3	What's Next?	180
4	PRE	REDICTION AND DECISION		
	4.1	Predi	ctive Sampling Distributions	184
			Prior Predictive	186
			Posterior Predictive	195
	4.2		ction in Time-Varying Systems	202
		4.2.1	Optimal State Estimation	205
		4.2.2	Range Effects	210
	4.3	Decis	ion	220
		4.3.1	The Mathematics of Decision Theory	221
		4.3.2	Decision and Measurement	231
		4.3.3	Clinically Relevant Differences	246
	4.4	4.4 Summary		253
		4.4.1	Integrating Basic Measurement and Predictive Distributions	253
		4.4.2	Decision theory Is everywhere	254
5	MO	MODELS AND MEASUREMENTS		
	5.1	Obser	rvables, Models, and Measurements	259
		5.1.1	Measurement and Uncertainty	259



CONTENTS ix

		5.1.2	Data versus Parameter Coordinates	264
		5.1.3	Graphical Models	269
	5.2	The M	leasurement Algorithm	277
		5.2.1	Logic	277
		5.2.2	The Algorithm	278
	5.3	Single	-Source Measurements	283
		5.3.1	Transparent Measurement	283
		5.3.2	Rate Measurement	291
			Duration	296
			Straight-Line Models	304
			Binary Classification	310
			Two-Alternative Forced-Choice	317
			Exponential Decay	325
	5.4	-	ple-Source Measurements	338
		5.4.1	Central Problem of Multiple-Source Measurement	339
		5.4.2	1	340
		5.4.3	1	343
		5.4.4	1 0	347
		5.4.5	Multiple Sources: Summary	353
	5.5	Summ	•	354
		5.5.1	Common Mistakes	355
		5.5.2	Measurement: Summary	358
6	MO	DEL CO	MPARISON	359
	6.1	Mode	Comparison Algorithm	362
		6.1.1	Models and Measurement	362
		6.1.2	Hypotheses and Models	364
		6.1.3	Logic: General	366
		6.1.4	The Algorithm	373
	6.2			382
		6.2.1	Occam's Razor: History and Implementation	382
			Occam Factor: Examples	385
	6.3		Comparison	399
		6.3.1	Binomial Rates	399
			Rate Differences	405
		6.3.3	Model Comparison for the Gaussian Likelihood	410
		6.3.4	Straight-Line Models	425
	6.4	1		436
		6.4.1	Logic of Model Comparison with S Sources	437
		6.4.2	Interrelationships among Variables: Multisource Method of Testing	453
	6.5	_	ple Models	477
		6.5.1	Logic of <i>m</i> Competing Models Revisited	477
	6.6	Summ	•	486
		6.6.1	Other Approaches to Hypothesis Testing	486
		6.6.2	Pitfalls of the Frequentist Algorithm as Used in Practice	499
		6.6.3	The Full Monty	504
		6.6.4	Where Do We Go from Here?	505



x CONTENTS

Аp	pend	ices			
A	COL	CODING BASICS 50			
	A.1	Add, S	Subtract, Multiply, Divide, Evaluate: How to Ask Arithmetic Questions	507	
	A.2	Assign	nment, Indexing, and Variable Types	508	
	A.3	Logica	al Expressions, Indexing, and Flow Control	511	
		Plotti	· ·	513	
	A.5	Funct	ions	514	
	A.6 Give It a Try and See What Happens		t a Try and See What Happens	517	
В	MATHEMATICS REVIEW: LOGARITHMIC AND EXPONENTIAL FUNCTIONS			519	
	B.1 Overview		519		
	B.2	Expor	nential Functions	519	
	B.3	Logar	ithmic Functions	521	
		B.3.1	Computing Logarithmic Functions	521	
		B.3.2	Uses of Logarithmic Functions	524	
		B.3.3	*Marginalization and the Logsum Problem	525	
C	THE BAYESIAN TOOLBOX: MARGINALIZATION AND COORDINATE				
	TRA	TRANSFORMATION			
	C.1	Proba	bility Mass Functions versus Probability Density Functions	528	
		C.1.1	Unity Probability Mass	529	
		C.1.2	Limitless Possibilities	530	
		C.1.3	Area under the Curve	532	
		C.1.4	Sequences of Areas: Discretization	535	
			Approximate Marginalization of Probability Densities	541	
	C.2	Coord	linate Transforms	543	
		C.2.1	Linking Functions for Coordinate Transformation	544	
			Transforming Probability Mass Functions	546	
			Approximate Transformation of Probability Densities	557	
			Calculus-Based Methods for Coordinate Transformation	575	
		C.2.5	Summary	579	
	feren	ces		580	
Inc	dex			589	



Preface

A scientist should live two lifetimes: one studying the empirical results and experimental methods of a scientific or medical specialty area, and the other spent studying the art and science of extracting information from data. In this text I will assume that you have made a start on the first, and have learned something of neuroscience, education, economics, psychology, and/or medical research. Here, we will take the first steps toward completing your training, and begin a study of modern data analysis.

Why is data analysis so important? The reason for the extreme importance of data analysis is twofold: First, a working knowledge of the logically valid techniques for extracting information from data will naturally provide insights into experimental design, and allow you to create experiments that are well suited to answering the scientific questions in which you are interested. Second, it gives you the ability to take the data you have obtained, and efficiently extract *all* of the information contained therein. Neither of these is truly possible without a solid understanding of data analysis, and by extension probability.

This text is meant to be either a first or a second exposure to data analysis. First contact occasionally occurs prior to the university level, and occasionally waits until graduate school. As a first exposure (that is, prior to any other course that would have need of the concept of probability), this text is meant to provide a self-contained treatment of the basics of data analysis *without the need for calculus*. This, in fact, was my motivation for writing a textbook at all. There are certainly other excellent, probably more

¹ Here is a quick test to know if you have the mathematics background for this text:

Choose the lowest row of the table with an equation you can confidently solve:	
x + x	(a) $2x$ (b) $x/2$ (c) x^2 (d) x^{-2}
$\sum_{i=1}^{5} 2i$	(a) 2 (b) 30 (c) 5 (d) 10
$e^0 + \ln(1)$	(a) $0+1$ (b) $1-1$ (c) $1+0$ (d) $-1+1$
$\int d\theta \cos(\theta) + \int d\vartheta \sec^2(\vartheta)$	(a) $\sin \theta + \cos \vartheta$ (b) $\cos - \sin \vartheta$
	$(c) \tan(\theta) - \sin(\vartheta) (d) \sin(\theta) + \tan(\vartheta)$

The correct answers progress from (a) to (d) by row from top to bottom. If you can solve all rows' equations, you are ready for the current text, including the optional calculus-based material. If you solved the first three, you are fully prepared for the current text. If you solved only one equation from the first or second row, but were familiar with the elements of the equation on the third row (even if you could not immediately solve it), you should do fine with this text after a little refamiliarization with the concept of a logarithm (a refresher is provided in **Appendix B**). If you were unable to solve either of the first two rows' equations, you will need to take an algebra and/or precalculus course before attempting this text.



xii PREFACE

complete and certainly more rigorously mathematical textbooks on the topics of probability and Bayesian data analysis already available. They are simply not appropriate as a first exposure because they require advanced calculus *as their starting point*.

If this is *not* your first course in data analysis, it is likely that first contact was provided by a 'frequentist statistics' course (most typically a single-term course in the second university year, although such courses are now more common at the preuniversity level). These courses focus on memorizing a series of 'frequentist statistical tests,' with little or no attempt at explaining their origins, along with a cookbook-style recipe for application; for example, if your data consist of two sets of continuous observations, you test for a difference in their means using thus-and-so statistical test; if the result is greater than a particular value, the meaning of the frequentist test is.... Because the cookbook approach avoids any attempt at explaining the origins of tests (the most commonly used explanations require advanced mathematics), there is always a great deal of confusion on the part of students. This has, inevitably, led to large-scale misuse of frequentist statistical tests – this is true even in a professional setting, because the majority of frequentist tests are computed via software package, where the user of that software need not be aware of the subtleties that went into producing the output, or whether the match between analysis and data was truly appropriate. This has led to no end of problems and confusion, as you might imagine. Confusion is exacerbated by the fact that frequentist statistics courses are based on a definition of probability that is incompatible with modern probability theory, and that ultimately leads to logical inconsistency.²

To avoid the problems of a frequentist statistics course and still provide a text that can be used by undergraduate students, I have done three things: First, I use the modern formulation of the concept of probability, which allows a unified and logical treatment of both probability theory and data analysis. This allows also for straightforward explanation of the origins of each of the resulting concepts and analyses. Second, I avoid the requirement of advanced calculus-based methods. Third, in lieu of advanced mathematics³ I make use of computer-based approximation techniques. Approximate techniques are suitable both for the student who has not yet taken calculus, as well as the professional performing calculations for which no analytical solution exists; approximate techniques are therefore useful regardless of your level of mathematics training. Although many of the same mathematical topics are covered in several other excellent texts on probability and data analysis, applications here are geared toward students in the behavioral, neural, and biomedical sciences (i.e., psychology, education, neuroscience, biomedical engineering, economics, biology, and medicine).

For students who have taken a frequentist statistics course, it is my hope that the information presented here will provide a useful counterpoint to what you have been

 $^{2}\,$ One such inconsistency, the 'optional stopping problem,' is demonstrated in Chapter 2.

³ Although I have taken pains to eliminate calculus-based techniques in this text (which constitutes a self-contained course in the basic elements of Bayesian data analysis), you should still be prepared for what is to come: there will be equations. Familiarity with the use of equations is fundamental for any real understanding of data analysis, even in a non-calculus introduction. Indeed, since data analysis and probability theory are topics in mathematics, there will in fact be a fair number of equations. If you are not yet comfortable with them, just keep in mind that there are no equations in this text that will require anything of you beyond basic arithmetic (i.e., addition, subtraction, multiplication, division, and by extension exponents and logarithms); a refresher of exponents and logarithms is provided in **Appendix B**, and an in-depth demonstration of how to solve marginalization equations in terms of sums and multiplications can be found in **Appendix C**.



PREFACE xiii

previously taught, and give you the skills necessary to perform the analyses most suited to extracting information from your experimental data. With this in mind, I have attempted to provide explicit comparisons between modern methods and some of those taught in an old-fashioned frequentist statistics course, at least to the extent possible without becoming bogged down in digression.

What, you should ask, makes this text different and useful? Aside from presenting techniques of Bayesian data analysis in a non-calculus context, I have also based my presentation of the course material on applying the concepts to realistic problems of data analysis. This is very different from the commonly seen 'cookbook approach,' where the student's goal is to memorize a flowchart in which the data and experiment are put into categories (e.g., 'a multifactorial design with repeated measurements'), and this categorization dictates the test to be performed: the focus is therefore on memorizing the mapping from experiment and categorization to frequentist test.⁴ Here, we will focus on the process through which one must pass in understanding a dataset, rather than in presenting a set of ready-made equations to memorize and use in predefined circumstances. To this end, the culmination of this text is a pair of data-analytic algorithms that are meant to guide our thinking when analyzing data. The steps of these algorithms will guide us as we construct each analysis, whether or not the data conform to a prepackaged set of descriptors (e.g., the deliberately mysterious 'repeated-measures multifactorial design' mentioned above). The initial chapters will focus on building these algorithms up from Bayes' theorem, and the final chapters demonstrate their use in a set of worked problems.

Two final points must be made before we begin: First, data analysis is always an exercise in logic. This logic is fundamental to the portion of the scientific enterprise that uses data of any variety, because it provides the set of rules that tell us what can be reasonably concluded from the data we have collected. Probability theory encodes this logic, and gives the mathematics that allows us to optimally extract information from data; this is in part a purely formal exercise, and in part based on our information about the data and the scientific hypotheses under investigation. Second (and finally), I must emphasize that the analysis of data is *not* entirely a mechanical exercise (i.e., 'plug-and-chug,' 'turn-the-crank'): it will require some thought. In consequence, you will sometimes struggle to construct the best analysis, and you will sometimes make mistakes. To understand your data and analyze it fully, you must be willing to try, make mistakes, revise, and

- ⁴ This 'cookbook approach' has led to the proliferation of frequentist statistical software packages that are meant to be used by those without the requisite training to understand their inner workings (rather than simply to relieve a trained expert of the need to perform seemingly endless tedious calculations). In one recent example that appeared in my e-mail, the package was advertised with the headline: *You don't need to be a statistician to perform statistical analysis on your data*, which I assume is meant to imply that you don't need to understand statistical data analysis to generate results from the software. This view is supported by their further claims regarding the product:
 - Ease of use!
 - Stat Wizard runs the right tests
 - Interprets the results for you
 - Creates charts to visualize results
 - Accurate results without worry

Apparently, one need only feed in numbers, and the software will do all the work ... including **interpret the results for you!** The software is meant to generate reports that look as if they were produced by a knowledgable expert who had thought through and tailored an analysis to the problem at hand, rather than automatic outputs that could have been generated by a monkey with a keyboard. Such statistical packages are the second ingredient in a recipe for disaster. That disaster is currently playing itself out in the scientific journals, and is a major contributor to the 'crisis of reproducibility' in the behavioral and neural sciences.



xiv PREFACE

try again. There is an increasingly persistent misperception, even among professionals, that a 'good' scientist should never make mistakes – a belief that leads to a constellation of negative consequences, the most insidious being a fear of simply *getting started and trying something*. We will learn in the following pages, however, that crafting just the right analysis for the scientific question we are interested in answering will generally require trial-and-error. Trial-and-error is fundamental to the actual practice of the professional scientist; it is how we learn what works in the real world, on real datasets, and allows us to hone our skills and further the scientific enterprise. The good scientist must learn to understand the logic that connects data to theory and theory to experiment, and you will find a good deal of trial and error along the way. I encourage you to keep this in mind as you begin your journey into the sometimes challenging, but ever rewarding study of data analysis.



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