

A Practical Guide to Power Line Communications

This excellent resource synthesizes the theory and practice of power line communication (PLC), providing a straightforward introduction to the fundamentals of PLC as well as an exhaustive review of the performance, evaluation, and security of heterogeneous networks that combine PLC with other means of communications. It advances the ground-work on PLC, a tool with the potential to boost the performance of local networks, and provides useful worked problems on, for example, PLC protocol optimization. Covering the PHY and MAC layers of the most popular PLC specifications, including tutorials and experimental frameworks, and featuring many examples of real-world applications and performance, it is ideal for university researchers and professional engineers designing and maintaining PLC or hybrid devices and networks.

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Christina Vlachou , Sébastien Henri
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Preface

Having spent eight years on research of power line communications (PLC), we observed a significant gap between industry and academia, especially on the configuration and management of PLC devices. From the industry perspective, there are a few open source tools for configuration and measurement of PLC. However, unlike Wi-Fi chipsets, there is no open source firmware. Measurement and configuration of commercial devices require a lot of reverse engineering. From the academia perspective, there are many analytical and measurement works, which often do not get compared to or implemented on commercial devices due to the tools' limitations and obfuscated firmware. During our doctoral theses, we developed an experimental framework on commercial devices as well as analysis tools for PLC. Performance analysis is useful for network optimizations and for ensuring scalability in multiuser deployments. Yet, models have to be validated against experimental results, and chipset configuration is essential for implementing any optimizations. To help users and researchers address these issues, we have decided to write this book to share our knowledge and methods to configure, manage, analyze, and evaluate PLC networks.



Our book mainly focuses on the IEEE 1901 standard, on which the vast majority of commodity PLC devices are based. We first provide an understanding of the standard, giving the most important features of physical (PHY) and medium-access control (MAC) layers. Understanding how data flows and is modulated and transmitted over the electrical wires is crucial for evaluating PLC performance. The standard is about 1600 pages and describes two types of PLC networks: the Internet access networks and the indoor enterprise/residential PLC networks. Hence IEEE 1901 stations can be deployed in-building or over power line distribution cables. The two deployments differ in topology, protocols, and channel quality, which differentiates also the PHY and MAC features. In our book, we focus on broadband indoor PLC networks, which work at low voltage and are very popular in residential environments.

The book is divided into three parts. First, we present the channel models and PHY layer of PLC devices. We explain how data flows are modulated into analog signals transmitted over the electrical wires and how these signals propagate. The attenuation and noise experienced by PLC signals are different and more complex than those of Wi-Fi. This yields a different PHY layer design with adaptive and periodic modulation with respect to the alternate current (AC). The MAC layer of PLC is also more complex than Wi-Fi. Similarly to Wi-Fi, PLC is a broadcast medium; hence stations have to resolve collisions when they transmit simultaneously. But owing to the specificities

of power lines, PLC MAC introduces an additional variable that creates different levels of multiuser efficiency and short-term fairness. We present a detailed experimental framework for configuring and measuring performance of PLC commercial devices. We discuss how to measure PHY- and MAC-layer metrics, configure topology and security mechanisms, and write new tools for these functionalities.

In the second part of the book, we present a performance evaluation of the PHY and MAC layers on a testbed of nineteen stations. We explore the spatial and temporal variation of capacity and provide guidelines for link metric estimation in hybrid PLC/Wi-Fi networks. Then, we present efficiency and throughput models of the MAC layer and analyze the multiuser performance and configurations. In this second part, we provide experimental guidelines to reproduce the experiments.

In the third part of the book, we discuss security, management, and other applications of PLC. We present the processes of creating secure PLC networks, new station authentication and association, and potential security attacks on PLC. Finally, we discuss the IEEE 1905.1 standard for heterogeneous networks where several technologies, such as PLC and Wi-Fi, coexist. We detail the most important features of heterogeneous networks. We conclude the book by providing new research directions and open problems of PLC. Throughout the book, we compare Wi-Fi and PLC, as they are technologies often used simultaneously in heterogeneous networks. The PHY and MAC layers of PLC have differences that can benefit the network in terms of coverage, throughput, latency, and security.

The book can be useful for PLC researchers, users who would like to optimize PLC performance, engineers working on new PLC devices, and computer networking classes. Our book is intended for both a general audience with little networking background and an advanced audience with a Wi-Fi, PLC, or networking background. To distinguish the parts of the book for the advanced audience, we introduce sections for further reading using the  symbol. The book is also intended to be used as a guide for PLC testbed development, configuration, and measurement. When applicable, we provide experimental guidelines to reproduce our results or network configurations using the  symbol.

This book is a product of eight years of research on PLC; a significant part of this research was carried out under the supervision of Professor Patrick Thiran and Professor Albert Banchs. We thank them for their guidance and advice on Chapters 5 and 6. Patrick supervised our theses and helped us with the analysis and performance evaluation of PLC. Albert has helped us with the throughput model of the PLC MAC layer. The performance evaluation of PLC was done at École polytechnique fédérale de Lausanne (EPFL), Switzerland, on a testbed that Julien Herzen had initially developed for Wi-Fi networks. We thank Julien for his help with the testbed and the inauguration of PLC devices on it. Finally, we thank Can Karakuş for his feedback on the book.

We hope that the book will serve as a practical guide on teaching PLC, new research directions on PLC, and development of new PLC commercial devices.

Abbreviations

AC	alternating current
ACK	acknowledgment
AES	advanced encryption standard
AFE	analog front end
AGC	automatic gain control
ALME	abstraction layer management entity
AP	access point
ARP	address resolution protocol
ARQ	automatic repeat request
ASCII	American standard code for information interchange
BBF	bidirectional burst flag
BBT	beacon backoff time
BC	backoff counter
BDF	beacon detect flag
BIFS	burst interframe space
BLE	bit loading estimate
bps	bits per second
Bps	bytes per second
BPSK	binary phase-shift keying
CA	channel access
CBC	cypher block chaining
CCo	central coordinator
CFP	contention-free period
CFS	contention-free session
CIFS	contention interframe space
CMDU	control message data unit
CMG	CTS-MPDU gap
CP	contention period
CRC	cyclic redundancy check
CSC	channel-switching cost
CSMA/CA	carrier sense multiple access with collision avoidance
CTS	clear to send

CW	contention window
D/A	digital-to-analog converter
DAK	device access key
dB	decibel
dBm	decibel of measured power referenced to one milliwatt
DC	deferral counter
DPLL	digital phase-locked loop
DPW	device password
DSNA	device-based security network association
DTEI	destination terminal equipment identifier
EIFS	extended interframe space
EKS	encryption key select
EMI	electromagnetic interference
EPFL	École polytechnique fédérale de Lausanne
ETH	Ethernet
ETT	expected transmission time
ETX	expected transmission count
FC	frame control
FCCS	frame control check sequence
FDM	frequency division multiplexing
FEC	forward error correction
FFT	fast Fourier transform
FID	fragment identifier
FL	frame length
Gbps	gigabits per second
G.hn	specification for home networking
GHz	gigahertz
GI	guard interval
GP	GreenPHY
GUI	graphical user interface
HD	high definition
HD-PLC	high-definition power line communication alliance
HF	high frequency
HLE	higher layer (above MAC) entity
HPAV	HomePlug AV
HPGP	HomePlug Green PHY
Hz	hertz
IARU	International Amateur Radio Union
ICV	integrity check value
IEEE	Institute of Electrical and Electronics Engineers
IFFT	inverse fast Fourier transform
IFS	interframe space
IMC	impedance mismatch compensation
IoT	Internet of Things

IP	Internet protocol
IPTV	IP television
ISI	intersymbol interference
ISP	intersystem protocol
ITU	International Telecommunication Union
ITU-T	ITU Telecommunication Standardization Sector
IV	initialization vector
kbps	kilobits per second
KCD	key carrying device
kHz	kilohertz
LAN	local area network
LDPC	low-density parity check codes
LID	link identifier
LLDP	link layer discovery protocol
LN	logical network
LTE	long-term evolution 4G mobile communications standard
m	meters
MAC	medium-access control
Mbps	megabits per second
MCF	multicast flag
MCS	modulation and coding scheme
MHz	megahertz
MID	message identifier
MIMO	multiple input and multiple output
MLME	MAC layer management entity
MM	management message
MNBC	multinetwork broadcast
MNBF	multinetwork broadcast flag
MoCA	Multimedia over Coax Alliance
MPDU	MAC protocol data unit
MPTCP	transport control protocol
MRTFL	maximum reverse transmission frame length
ms	millisecond
μs	microsecond
MSDU	MAC service data unit
NEK	network encryption key
NFCNK	near-field communication network key
NID	network identifier
NMK	network membership key
NMK-SC	network membership key – simple connect
NPW	network password
NVRAM	nonvolatile random access memory
OFDM	orthogonal frequency-division multiplexing
OFDMA	orthogonal frequency-division multiple access

PB	physical block
PBC	push-button configuration
PBCS	physical block check sequence
PBKDF	password-based key derivation function
PC	personal computer
PCP	priority code point
PE	protective earth
PHY	physical layer
PIB	parameter information block
PKCS	public-key cryptography standard
PLC	power line communications
PLME	physical layer management entity
PPB	pending physical block
PPDU	physical protocol data unit
PRS	priority resolution slot
PSD	power spectral density
QAM	quadrature amplitude modulation
QoS	quality of service
QPSK	quadrature phase shift keying
QUIC	Quick UDP Internet connections
RCG	RTS/CTS gap
RF	radio frequency
RI	roll-off interval
RIFS	response interframe space
ROBO	robust modulation schemes for IEEE 1901
RSC	recursive systematic convolutional
RSNA	robust security network association
RSSI	received signal strength indicator
RTS	request to send
RTT	round trip time
s	second
SACK	selective acknowledgment
SC	simple connect
SHA	secure hash algorithm
SIFS	short interframe space
SISO	single input and single output
SL	security level
SME	station management entity
SNID	short network identifier
SNR	signal over noise ratio
SoF	start of frame
SSID	service set identifier
SSN	sequence segment number
STEI	source terminal equipment identifier

SVD	single-value decomposition
SWM	sliding-window method
TCC	turbo convolutional coder
TCP	transport control protocol
TDM	time division multiplexing
TDMA	time division multiple access
TEI	terminal equipment identifier
TEK	temporary encryption key
TIA	Telecommunications Industry Association
TLV	type length value
TTL	time-to-live
TV	television
UCPK	user-configured passphrase
UDP	user datagram protocol
UIS	user interface station
UKE	unicast key exchange
UPA	Universal Powerline Association
USA	United States of America
USAI	unassociated station advertisement interval
VLAN	virtual local area network
VLC	visible light communication
VoIP	Voice over IP
WiMAX	worldwide interoperability for microwave access
WPA	Wi-Fi protected access
WPS	Wi-Fi protected setup
WSC	Wi-Fi simple configuration
XOR	exclusive or

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