

Contents

1	Introduction	1
2	Humans and Climate Change	1
3	The Early Holocene Climate Seesaw	9
4	The Old Kingdom	19
5	The First Intermediate Period	20
6	The Delta	23
7	Memphis and the Head of the Delta	30
8	Islands in the Nile	31
9	Renewed Strength in the South	45
10	High Tides of Empire	53
11	Coptic-Islamic Times	60
	Bibliography	65