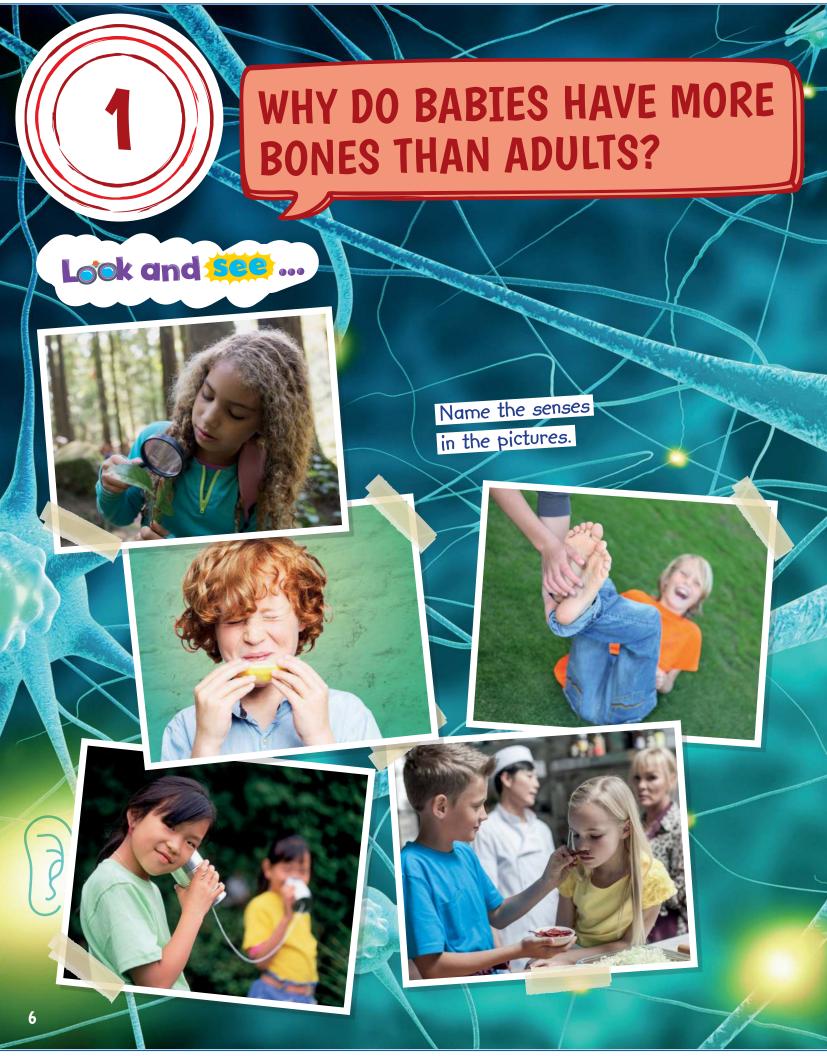
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Can you name

any bones on

the skeleton?

 What do joints do?

 What do muscles do?

DOCUMENTARY Helping the senses

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Five senses

In this unit, you will make a mural about a season and the five senses. To do this, you will:

choose a season and think about what it reminds you of.

•

- learn about the five senses.
- think about how your senses help you enjoy the seasons.

Unit 1

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HOW DOES YOUR BRAIN WORK?

Body systems are made up of organs. The **brain** is the organ that controls everything we do. It is the control center of the **nervous system**.

By the end of this lesson, you will know which part of the brain stops you from falling over.

cerebrum

This part controls our coordination and balance.

cerebellum

brain stem

This part controls involuntary actions.

8

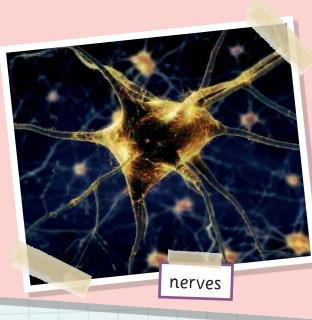
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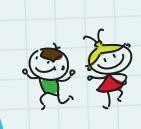
> Do you remember what the sense organs are?

Our sense organs send information to our brain. This information travels to our brain through the **nerves**.

The brain then sends information back, through the nerves, to different parts of the body.

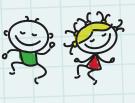
This part controls voluntary actions.





STAGE 1

Which part of the brain helps us to dance?



• Choose one of the four seasons.

Quickly write down five things it reminds you of.

• Compare your list with a partner.

I've chosen ... It reminds me of ...

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Unit 1

9

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By the end of this lesson, you will know what the parts of the musculoskeletal system are.

Joints are where our bones connect to each other.

WHY DO YOU HAVE A SKELETON?

The **musculoskeletal system** allows us to move.

Can you find the skull, ribs, and spinal column in the skeleton?

It has three main parts.

Bones are hard and rigid. They form our **skeleton**, which gives our body shape.

Adults have 206 bones in their body. Babies have about 300 bones when they are born. Some of these bones later join together and become one.

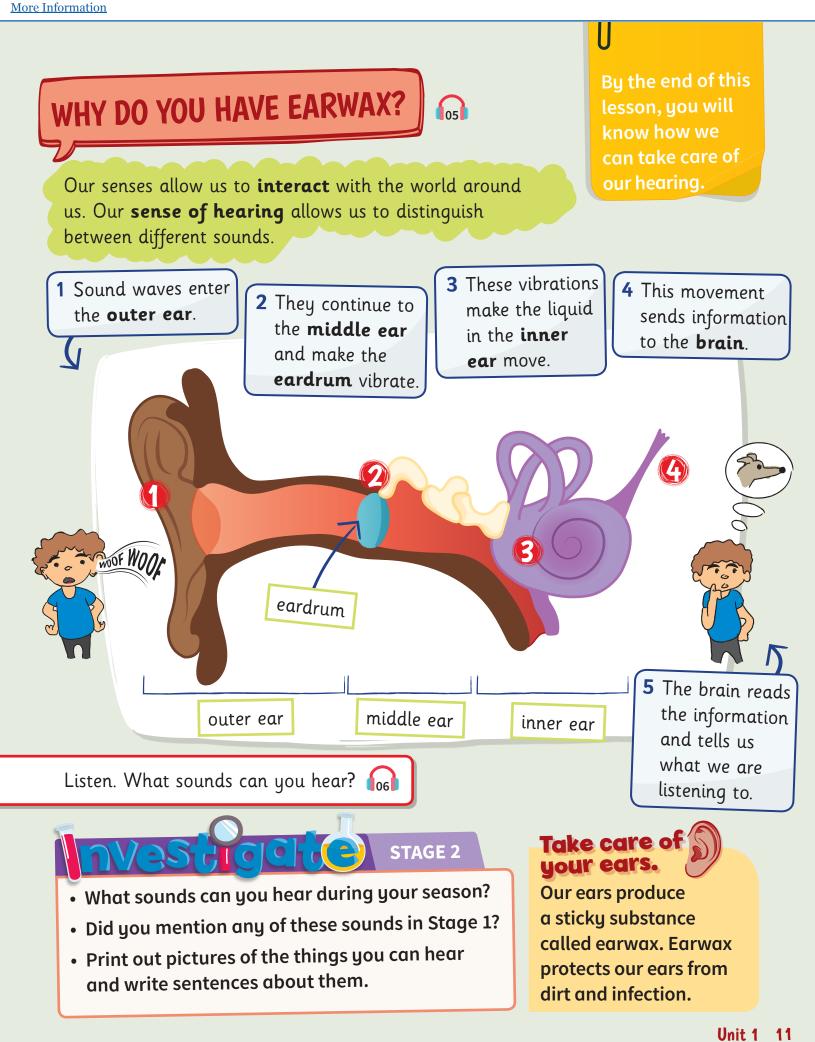
Find the skeleton hidden in the unit.

Muscles are soft and elastic. They help us move.

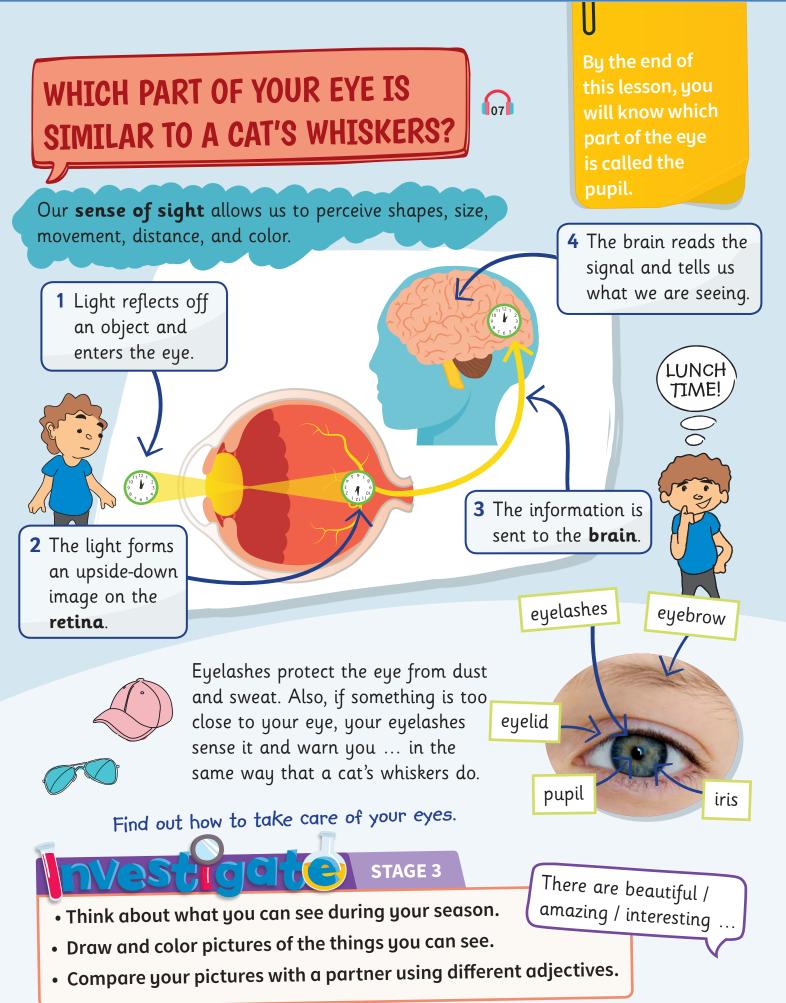


Muscles work by **contracting** and **expanding**. Some muscles are *voluntary* – they only work when our brain tells them to. Other muscles are *involuntary* and they work automatically – like the heart.

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UPSIDE-DOWN IMAGES

Before you start

Hands On!

The image that forms on the back of the eye (the retina) is upside-down.

Materials

long cardboard tube, wax paper, tape, black construction paper, rubber bands, aluminum foil, pushpin

Method

- 1 Cover one end of the cardboard tube with wax paper and secure it with tape.
- 2 Cut out a piece of black construction paper, the same length as the tube. Cover half of the tube with the construction paper and secure it with a rubber band.
- **3** Cover the end of the black construction paper with aluminum foil.
- 4 Make a small hole in the aluminum foil with the pushpin.
- **5** Point the camera at an object. You can zoom in or out by moving the black construction paper.

Conclusions

What happened to the object when you looked at it through the camera?

Which part of the pinhole camera functions as the pupil?

Which part of the pinhole camera functions as the retina?

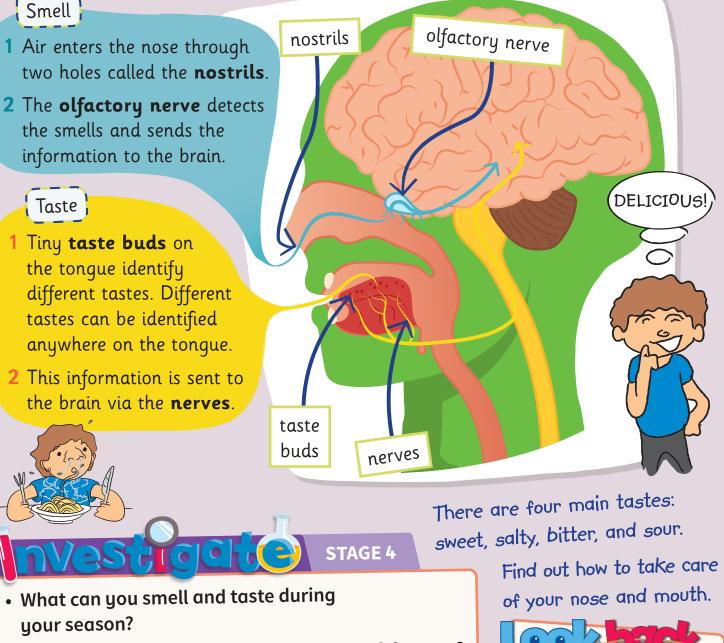


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HOW DO YOU KNOW IF POPCORN IS SWEET OR SALTY?

Our senses of **smell** and **taste** are connected. These senses help us decide which foods we like and which we do not like.

By the end of this lesson, you will know how information about different smells and tastes reach the brain.



- Do you eat any typical foods at this time of the year?
- Make a menu for your season with pictures.

How do the foods on pages 6 and 7 taste?

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HOW DOES YOUR SKIN STOP

YOU GETTING BURNED?

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By the end of this lesson, you will know which nerves send information about how things feel to the brain.

How do we know that a tree feels rough, but a sweater feels soft? Our body is covered in **skin** and our skin is the organ of **touch**.



09



- What things can you touch during your season?
- Search for pictures of them on the internet.
- Label the pictures with adjectives to describe how they feel.



Unit 1 15