CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

An Introduction to Community & Primary Health Care

Third edition

Community and primary health care nursing is a rapidly growing field, encompassing a wide range of practice types. Founded on the social model of health, the primary health care approach explores how social, environmental, economic and political factors affect the health of the individual and communities, and the role of nurses and other health care practitioners in facilitating an equitable and collaborative health care process. To equip students for practice in Australia and New Zealand, *An Introduction to Community and Primary Health Care* provides an engaging introduction to the theory, skills and range of professional roles in community settings.

This edition has been fully revised to include current research and practice, and includes three new chapters on health informatics, refugee health nursing and developing a career in primary health care. In each chapter, case studies illustrate the application of theory within community health care settings to encourage students to reflect on their own practice, and reflective and critical thinking questions consolidate understanding of key topics.

Written by an expert team, with professional, research and academic experience, this highly readable text is an indispensable resource for any reader undertaking a course in community and primary health care and developing their career in the community.

Diana Guzys is Lecturer in Nursing in the School of Nursing, College of Health and Medicine at the University of Tasmania.

Rhonda Brown holds a conjoint position as Clinical Associate Professor in the School of Nursing and Midwifery, Faculty of Health at Deakin University.

Elizabeth Halcomb is Professor of Primary Health Care Nursing in the School of Nursing, Faculty of Science, Medicine and Health at the University of Wollongong.

Dean Whitehead is Senior Lecturer in the School of Nursing, College of Health and Medicine at the University of Tasmania.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Cambridge University Press acknowledges the Aboriginal and Torres Strait Islander peoples as the traditional owners of Country throughout Australia.

Cambridge University Press acknowledges the Māori people as *tangata whenua* of *Aotearoa* New Zealand.

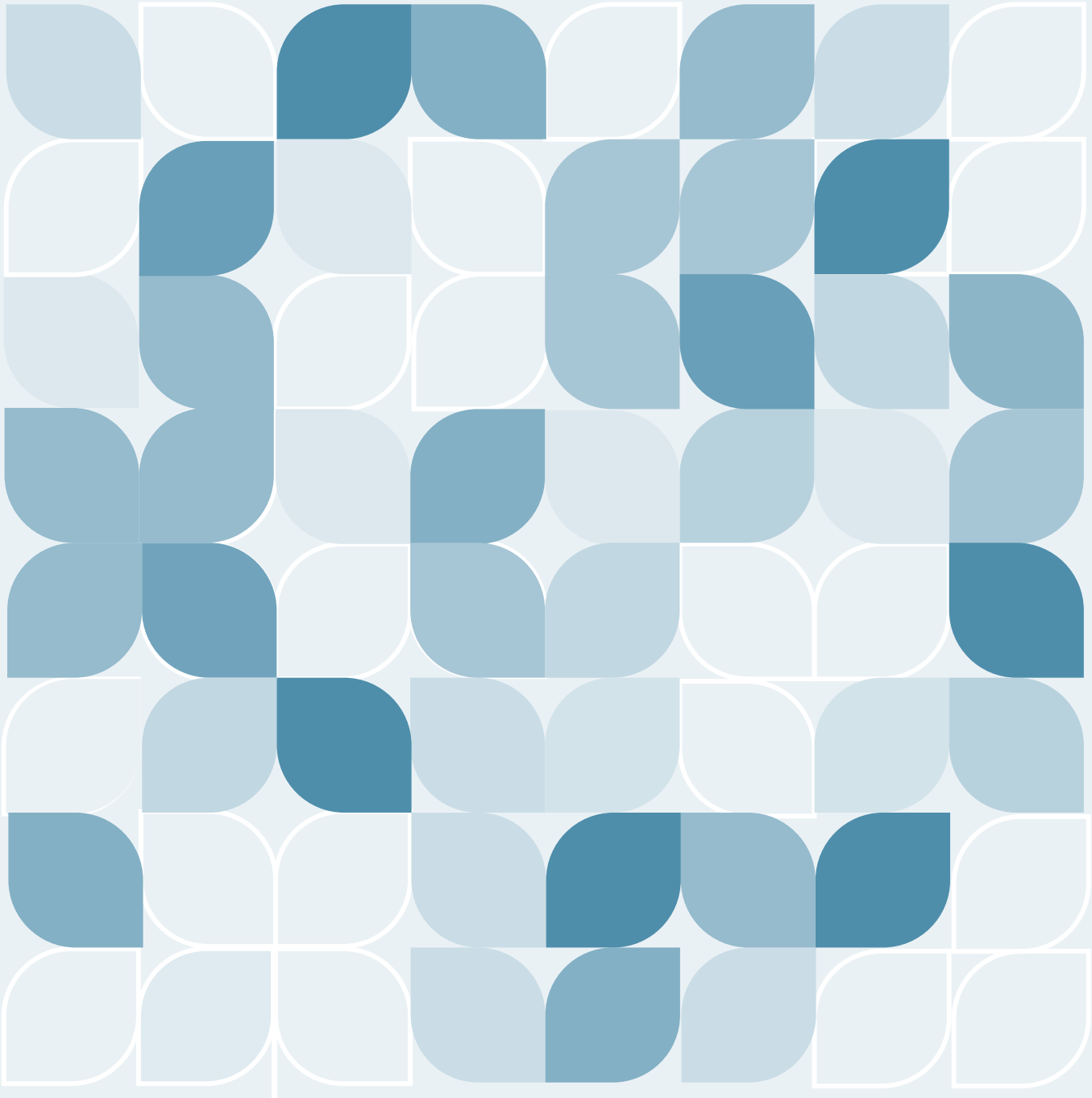
We pay our respects to the First Nation Elders of Australia and New Zealand, past, present and emerging.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Edited by Diana Guzys Rhonda Brown Elizabeth Halcomb Dean Whitehead



Third edition

An Introduction to Community & Primary Health Care

CAMBRIDGE UNIVERSITY PRESS

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

CAMBRIDGE
UNIVERSITY PRESS

University Printing House, Cambridge CB2 8BS, United Kingdom

One Liberty Plaza, 20th Floor, New York, NY 10006, USA

477 Williamstown Road, Port Melbourne, VIC 3207, Australia

314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre, New Delhi – 110025, India

103 Penang Road, #05–06/07, Visioncrest Commercial, Singapore 238467

Cambridge University Press is part of the University of Cambridge.

It furthers the University's mission by disseminating knowledge in the pursuit of education, learning and research at the highest international levels of excellence.

www.cambridge.org
Information on this title: www.cambridge.org/9781108797832

© Cambridge University Press 2014, 2017, 2021

This publication is copyright. Subject to statutory exception and to the provisions of relevant collective licensing agreements, no reproduction of any part may take place without the written permission of Cambridge University Press.

First published 2014
Second edition 2017
Third edition 2021 (version 2, October 2021)

Cover designed by Leigh Ashforth, watershed art + design
Typeset by SPi Global
Printed in China by C & C Offset Printing Co., Ltd, August 2021

A catalogue record for this publication is available from the British Library

A catalogue record for this book is available from the National Library of Australia

ISBN 978-1-108-79783-2 Paperback

Additional resources for this publication at www.cambridge.edu.au/academic/communityhealth

Reproduction and communication for educational purposes
The Australian *Copyright Act 1968* (the Act) allows a maximum of one chapter or 10% of the pages of this work, whichever is the greater, to be reproduced and/or communicated by any educational institution for its educational purposes provided that the educational institution (or the body that administers it) has given a remuneration notice to Copyright Agency Limited (CAL) under the Act.

For details of the CAL licence for educational institutions contact:

Copyright Agency Limited
Level 12, 66 Goulburn Street
Sydney NSW 2000
Telephone: (02) 9394 7600
Facsimile: (02) 9394 7601
E-mail: memberservices@copyright.com.au

Cambridge University Press has no responsibility for the persistence or accuracy of URLs for external or third-party internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

Please be aware that this publication may contain several variations of Aboriginal and Torres Strait Islander terms and spellings; no disrespect is intended. Please note that the terms 'Indigenous Australians' and 'Aboriginal and Torres Strait Islander peoples' may be used interchangeably in this publication.

Every effort has been made in preparing this book to provide accurate and up-to-date information that is in accord with accepted standards and practice at the time of publication. Although case histories are drawn from actual cases, every effort has been made to disguise the identities of the individuals involved. Nevertheless, the authors, editors and publishers can make no warranties that the information contained herein is totally free from error, not least because clinical standards are constantly changing through research and regulation. The authors, editors and publishers therefore disclaim all liability for direct or consequential damages resulting from the use of material contained in this book. Readers are strongly advised to pay careful attention to information provided by the manufacturer of any drugs or equipment that they plan to use.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Contents

About the authors *xiv*
Preface *xix*
Acknowledgements *xx*

Part I Theory 1

1 Community and primary health care 3
Diana Guzys

Introduction 4
The social model of health 4
Promoting health 7
Primary health care nursing 12
Working as part of the community 13
Conclusion 16
Critical thinking activities 17
Further reading 17
References 18

2 Empowering individuals, groups and communities 21
Diana Guzys

Introduction 22
Health literacy 22
Health communication 24
Health literacy and health education 26
Factors that influence learning 30
Working with individuals 31
Working with groups 32
Working with populations 34
Conclusion 36
Critical thinking activities 37
Further reading 37
References 37

3 Exploring disability from a social model of health perspective 41
Rhonda Brown

Introduction 42
Defining disability 42

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

The context for practice when working with people living with disability 43
Models of disability 44
Working with people living with disability 47
Understanding the health and needs of people living with disability 49
Multidisciplinary practice 53
Conclusion 55
Critical thinking activities 55
Further reading 56
References 56

4 A lifespan and settings-based approach to mental health promotion 59
Dean Whitehead

Introduction 60
Defining mental health promotion 60
A lifespan and settings-based approach 62
Conclusion 73
Critical thinking activities 74
Further reading 74
References 74

5 Indigenous health and well-being: wise and responsive practice in primary health care 80
Susan Mlcek and Kerry Taylor

Introduction 81
Historical influences on contemporary health 81
Why is primary health care appropriate for Indigenous health? 83
Indigenous ways of thinking, being and doing 85
Cultural responsiveness in practice 88
The role of the community nurse in primary health care and health promotion 94
Conclusion 96
Critical thinking activities 96
Further reading 96
References 96

6 Gendered health 100
Rhonda Brown and Stéphane Bouchoucha

Introduction 101
Sex and gender 101
Gender health disparities 103
Women's health 107
Men's health 110
Conclusion 115
Critical thinking activities 115
Further reading 116
References 116

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

7 Interprofessional practice 121
Susan McInnes, Kath Peters and Elizabeth Halcomb

Introduction 122
Professional roles, cultures and boundaries 123
Working in teams 125
Communication 126
Reflective practice 131
Conclusion 132
Critical thinking activities 132
Further reading 133
References 134

8 Developing a career in primary health care 139
Kaara Ray B. Calma, Anna Williams, Susan McInnes and Elizabeth Halcomb

Introduction 140
Pre-registration nursing education 140
Pre-registration clinical placement experiences 142
Perceptions and attitudes 143
Working in primary health care 144
Conclusion 148
Critical thinking activities 149
Further reading 149
References 149

Part II Skills for practice 155

9 Cultural competence and cultural safety 157
Diana Guzys and Kath Hoare

Introduction 158
Culture 158
Diversity 160
Power, prejudice and discrimination 160
Culture, health and health care 161
Cultural competence and cultural safety in practice 164
Access to health care 167
Conclusion 169
Critical thinking activities 169
Further reading 169
References 170

10 Community health needs assessment 172
Diana Guzys

Introduction 173
Who or what is a community? 173

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

What do we mean by 'need'? 174
The principles of community health needs assessment 175
The process of undertaking a community health needs assessment 176
Collecting data in a community health needs assessment 178
Responding to identified needs 180
Conclusion 185
Critical thinking activities 186
Further reading 186
References 186

11 Health-related program planning and evaluation 188
Dean Whitehead

Introduction 189
The theoretical underpinnings of the health promotion process 190
Planning health promotion 191
Implementing health promotion programs 197
Evaluating health promotion 198
Conclusion 202
Critical thinking activities 202
Further reading 203
References 203

12 Health informatics 206
Kerryn Butler-Henderson

Introduction 207
Overview of health informatics 207
The building blocks 207
Innovations that have shaped health care 209
Primary care informatics 214
Consumer health informatics 215
Population health informatics 216
Information governance 217
A digital health workforce 218
Conclusion 219
Critical thinking activities 219
Further reading 219
References 220

13 Managing chronic health conditions 222
Catherine Stephen and Elizabeth Halcomb

Introduction 223
What is a chronic condition? 223
Risk factors for chronic conditions 224
The Chronic Care Model 226

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE
Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

The nurse's role in managing chronic conditions 227
Conclusion 236
Critical thinking activities 236
Further reading 236
References 237

14 Case management 240
Elizabeth Halcomb

Introduction 241
History of case management 242
Rationale for case management 243
Evidence for case management 243
Approaches to case management 244
Skills for case management 246
Case conferencing 248
Respecting autonomy 248
Termination of case management 250
Conclusion 250
Critical thinking activities 251
Further reading 251
References 251

15 Home visiting, risk assessment and safety 255
Diana Guzys

Introduction 256
Safety in the community 257
Risk identification and management 257
When clients are at risk 266
Conclusion 268
Critical thinking activities 268
Further reading 268
References 269

Part III Community and primary health care roles 271

16 Community health nursing 273
Rhonda Brown

Introduction 274
Community health nursing practice 274
The role of community health nurses 275
Community needs assessment 277
Responding to identified needs 280
Community and professional practice 281

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Conclusion 282
Critical thinking activities 282
Further reading 283
References 283

17 Community mental health nursing 284
Rhonda Brown

Introduction 285
The context of mental health care 285
Community mental health nursing 287
Promoting mental health 292
Conclusion 294
Critical thinking activities 295
Further reading 295
References 295

18 Maternal, child and family health nursing 298
Leesa Hooker

Introduction 299
Practice and policy context 299
The role of the maternal, child and family health nurse 301
Enhanced maternal, child and family health and outreach services 303
Primary care and primary health care 304
Exploring maternal, child and family health nursing practice 305
Conclusion 307
Critical thinking activities 307
Further reading 307
References 308

19 School and youth health nursing 311
Diana Guzys

Introduction 312
The role of the school nurse 312
Challenges for the school nurse 318
Youth-focused health nursing 319
Working with young people 320
Barriers to accessing health services 323
Conclusion 324
Critical thinking activities 325
Further reading 325
References 325

20 Sexual health nursing 328
Diana Guzys

Introduction 329

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

The role of the sexual health nurse 329
Taking a sexual health history 329
Examinations and investigations 333
Health promotion activities 334
Conclusion 337
Critical thinking activities 337
Further reading 337
References 338

21 Drug and alcohol nursing 339
Rhonda Brown

Introduction 340
The context of drug and alcohol nursing practice 340
The role of drug and alcohol nurses 344
Community-based nursing practice 346
Conclusion 350
Critical thinking activities 351
Further reading 351
References 351

22 Rural health nursing 353
Diana Guzys

Introduction 354
What is rural? 355
The context for practice of the rural health nurse 355
The role of the rural health nurse 356
Professional challenges of rural nursing 358
Advanced practice and nurse practitioners in rural health 360
Conclusion 361
Critical thinking activities 362
Further reading 362
References 362

23 Refugee health nursing 364
Bronwen Blake and Sandy Eagar

Introduction 365
War, displacement and health 366
Offshore health assessments 367
Settlement and health 367
Refugee health assessments 368
Conclusion 373
Critical thinking activities 373
Further reading 373
References 374

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE
Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

24 Occupational health nursing 377
Rhonda Brown

Introduction 378
Occupational health and safety 378
The role of the nurse in occupational health and safety 379
Conclusion 387
Critical thinking activities 387
Further reading 387
References 387

25 Nursing in general practice 389
Elizabeth Halcomb

Introduction 390
The general practice setting 390
The general practice workforce 391
The role of the general practice nurse 392
Professional practice standards 394
Conclusion 395
Critical thinking activities 396
Further reading 396
References 396

26 Home-based care 399
Jacqueline Allen and Rhonda Brown

Introduction 400
The history of home-based nursing 400
Changing contexts of home-based care 401
Home visiting 404
Multidisciplinary practice 405
Conclusion 407
Critical thinking activities 407
Further reading 408
References 408

27 Correctional nursing 410
Grant Kinghorn and Elizabeth Halcomb

Introduction 411
Correctional health systems 411
The correctional population 412
The correctional nursing role 413
Correctional nursing challenges 416
Conclusion 418
Critical thinking activities 418
Further reading 418
References 419

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

28 Nurse practitioners 421
Kathleen Tori

Introduction 422
Career progression to nurse practitioner 422
Scope of practice 424
Nurse practitioners in Australia 424
Conclusion 428
Critical thinking activities 428
Further reading 429
References 429

Index *432*

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE
Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

About the authors

Editors

Diana Guzys RN, MN, Grad Dip Ed, Grad Dip Adolescent Health & Welfare, B Pub Hlth is Lecturer in Nursing in the School of Nursing, College of Health and Medicine at the University of Tasmania. After relocating to a rural environment and taking up a community health nursing role, Diana embraced a change in her professional practice and career direction. Health education and health promotion was the mainstay of her practice for over two decades, first as a generalist community health nurse and later as a secondary school nurse. Her current research demonstrates a return to seeking ways to improve and optimise the health of rural communities, and professional issues for nurses working in community nursing roles.

Rhonda Brown RN, PhD, M Soc Sci, Grad Dip Comm Hlth, Grad Dip Family Therapy, Grad Dip Psy Nurs, Grad Cert Higher Ed holds a conjoint position as Clinical Associate Professor in the School of Nursing and Midwifery, Faculty of Health at Deakin University. She is an experienced clinician and educator with a background in community and mental health nursing, family therapy, counselling, and tertiary and community education. Dr Brown is also a counsellor and family therapist in private practice and provides clinical supervision to health professionals. Rhonda's research primarily focuses on the physical and mental health outcomes of people from minority populations. Dr Brown is interested in developing strategies and interventions that promote health and address physical and mental health disparities among marginalised population groups.

Elizabeth Halcomb RN, BN (Hons), Grad Cert IC Nurs, Grad Cert Higher Ed, FACN, PhD is Professor of Primary Health Care Nursing at the University of Wollongong. She leads a strong research program in primary care nursing, with emphasis on nursing in general practice, chronic disease and nursing workforce issues. In 2018, she was inducted into the Sigma Theta Tau International Nurse Researcher Hall of Fame for her work in primary care nursing. In 2019, she was the first nurse to be awarded the Bridges-Webb Medal by the Australasian Association for Academic Primary Care for her significant contribution to academic primary care teaching and research. Professor Halcomb has published over 150 peer-reviewed papers and has been a chief investigator of grants funded by the National Health and Medical Research Council (NHMRC) and the Australian Research Council (ARC). She is Editor of *Nurse Researcher* (RCNi) and an editor of *Collegian: The Australian Journal of Nursing Practice, Scholarship and Research*.

Dean Whitehead RN, PhD, MSc/MPH, BEd, FCNA (NZ) is Senior Lecturer in the School of Nursing, College of Health and Medicine at the University of Tasmania. He has published close to 200 theoretical/research papers – mainly in the fields of health promotion, health education, public health, primary health care, health policy and research methodology – both within and outside the nursing disciplines. He is an associate editor for *BMC Public Health* and Regional Editor for *Health Education*, as well as lead author of the forthcoming new SAGE edition of *Health Promotion and Health Education in Nursing*.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Contributors

Jacqueline Allen RN, PhD is a senior lecturer at Monash University School of Nursing and Midwifery conducting research and teaching in aged care, chronic illness and community health. Improving health and care for older adults and their informal carers drives Jacqueline's research and teaching because health is a resource for everyone. She has received research funding from the Australian Association of Gerontology, Australian Research Council, Deakin University, US-based The Beryl Institute and the State Government of Victoria for aged care and community-based research. She has published 19 papers in peer-reviewed journals.

Bronwen Blake RN, Dip App Sc (Nurs), MIPH, MN (NP), Grad Dip Nurse (Immigration Health) is the Clinical Nurse Consultant of the NSW Refugee Health Service. Bronwen's nursing career has been vast and varied in context, having additional qualifications in ICU and tropical nursing. She has worked with refugees and asylum seekers for most of her nursing career both in Australia and internationally. She holds a Graduate Diploma in Nursing (Immigration Health), a Master's in International Public Health and a Master's in Nursing – Nurse Practitioner. Bronwen is currently on advisory committees for female genital mutilation (FGM), international humanitarian law and TB, and on the National Steering Committee for the Refugee Nurses of Australia.

Stéphane Bouchoucha PhD, MSc, BSc (Hons) Professional Practice in Clinical Nursing, Grad Cert in Infection Prevention and Control, Grad Cert Teaching and Learning (Higher Ed), ENB 100 (Critical Care Nursing), IDE is Associate Head of School in the School of Nursing and Midwifery at Deakin University. He has over 20 years' experience as a clinician, academic and researcher with a focus on critical care, public health, and infection prevention and control. Stéphane is part of Deakin University's Institute for Health transformation and a director of the Australasian College for Infection Prevention and Control (ACIPC). His research focus is on health behaviours, exercise and stress, and infection prevention and control. Stéphane supervises masters and doctoral projects in a range of areas including critical care and infection prevention.

Kerryn Butler-Henderson BSc (HIM), Grad Cert Teach, Grad Cert HRM, MPH, MBA, PhD is Associate Professor of Digital Innovation in Health and Health Pedagogy at the University of Tasmania, where she oversees digital health curriculum integration across all health programs and provides leadership in the postgraduate eHealth program. She also advises on digital innovations in teaching. She is internationally recognised for her research expertise in digital health workforce and capabilities, leading several funded research projects. Professionally, Kerryn holds several national and international positions, including President Elect of the International Federation of Health Information Management Associations and Director of the Australasian Institute of Digital Health.

Kaara Ray B. Calma, RN, BN (Hons) is a full-time PhD candidate and a sessional tutor in the School of Nursing at the University of Wollongong. She is a registered nurse and authorised nurse immuniser working in general practice. Kaara's research interests are in undergraduate nursing education, workforce development and primary health care. In 2018, Kaara was appointed as a member of the World Health Organization's Primary Health Care Young Leaders Network. Having represented Australian PHC nurses in Kazakhstan and

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE
Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Switzerland, she continues to be an international ambassador for PHC, raising the profile of the PHC nursing workforce and striving to inspire other nurses to do the same.

Sandy Eagar B Adv N, M Research (Hons), FACN, RN is Nurse Manager of the NSW Refugee Health Service with experience in refugee health, emergency nursing, education and management. She holds a Master's in Research (Hons), Bachelor of Applied Science in Advanced Nursing and qualifications in emergency nursing and advanced life support. Sandy is a Fellow of the Australian College of Nursing and has represented the college on the Detention and Immigration Health Advisory Groups providing expert advice to the Department of Immigration and Border Protection. Sandy is the current Chairperson of the Refugee Nurses of Australia.

Kath Hoare Dip N, BN, MNM (Dist), RN, EdD is a senior lecturer in the School of Public Health and Interdisciplinary Studies at Auckland University of Technology. Prior to this, she held various positions in tertiary education and primary health care settings both in Australia and New Zealand. Kath's involvement in the development, delivery and coordination of nursing and other health programs at undergraduate and postgraduate levels informs her research interests including the scholarship of teaching, and learning and cultural safety.

Leesa Hooker RN, RM, Cert Critical Care, Post Grad Dip PH (Child and Family Health Nursing), M Hlth Sci, PhD is a nurse/midwife academic and Senior Research Fellow at La Trobe Rural Health School and Judith Lumley Centre at La Trobe University where she leads the maternal, child and community health research stream. Leesa has expertise in the epidemiology of family violence, women's mental, and reproductive health and parenting. Her research includes intervention trials, observation studies and systematic reviews with a focus on improving maternal and child health outcomes, and the health care service response to abused women and children.

Grant Kinghorn RN, BN, M Nurs (Mntl Hlth) is a lecturer in the School of Nursing at the University of Wollongong. He has worked in correctional and forensic mental health environments for over 10 years. Grant has developed a portfolio of work relating to staff education, clinical practice, project management and practice development. He is currently a PhD candidate at the University of Wollongong undertaking a study about the transition of nurses into forensic mental health employment.

Susan McInnes RN, BN (Hons), PhD is a lecturer and primary health care researcher in the School of Nursing at the University of Wollongong. In 2017, she graduated with a PhD for her research around collaboration between general practice nurses and general practitioners. In 2020, she received the Emerging Nurse Researcher Award for Oceania region by Sigma Theta Tau International.

Susan Mlcek PhD, M Comm, MA (Communication & Cultural Studies), GCULM, BA Ed, BSW is Māori from Tauranga, New Zealand. She is a member of the Ngāi Te Rangi Iwi (tribe) and Ngāi Tukairangi Hapū (sub-tribe). Susan has a PhD in community development and management and is an associate professor in human services and social work. Her research areas include Whiteness studies, cross-cultural competencies and culturally responsive practice, Indigenous approaches to research, and rural and regional social services delivery.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE
Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Kath Peters RN, BN (Hons), Grad Cert Higher Ed, PhD is Associate Professor and the Associate Dean (International and Engagement) in the School of Nursing and Midwifery at Western Sydney University. She has extensive clinical nursing and research experience with a strong background in health research and qualitative methodologies. She has successfully led multiple research projects to completion and has a track record of ensuring research outcomes with over 100 publications in peer-reviewed journals and over 50 conference presentations. Areas of research expertise include women's and family health, vulnerable populations, and health workforce. Kath is actively engaged in research and in the supervision of higher degree research students.

Catherine Stephen RN, BN (Hons) is a tutor and PhD candidate in the School of Nursing at the University of Wollongong. Her research explores the impact of primary health care nurses on chronic disease management. With several journal articles and co-authored chapters to date, Catherine continues to research and publish on general practice nurse-led management of hypertension.

Kerry Taylor PhD, MPHC, BN, Grad Dip Hlth Ed, Dip Teach is an adjunct associate professor with Flinders University College of Medicine and Public Health. She was Acting Director with the Poche Centre for Indigenous Health and Well-Being in the Northern Territory. Kerry has worked in remote health education and undergraduate nursing education and has extensive experience working with Central Australian remote communities and with a range of health and education organisations. Kerry's PhD thesis was a study of intercultural communications in health care in Indigenous language settings. Recent research projects have focused on disability issues in remote communities and the role of Aboriginal liaison officers in health care. Kerry is a frequently invited presenter on cultural safety, Indigenous health, health literacy and health workforce preparation.

Kathleen Tori ENP, MN (NP), M Hlth Sci, B Hlth Sci, CCRN, Grad Dip VET, MACN, FACNP is an endorsed nurse practitioner (NP) and completed her PhD studies in the area of advanced practice nursing. Kathy's research interests include all facets of the Australian NP models of care: transitional processes of the role; barriers and enablers, which challenge successful implementation; economic impact; and sustainability of emerging nurse-led health care, particularly in rural areas. Kathy is Associate Professor/Associate Head, Learning and Teaching for the School of Nursing, University of Tasmania.

Anna Williams B Hlth Sci (Nursing), MPH, PhD, RN (Div1) is a senior lecturer, Postgraduate Coordinator and Discipline Lead Primary Health Care and Chronic Illness for the School of Nursing at the University of Notre Dame Australia. Anna has expertise in primary health care research and evaluation, with specific research interests in the implementation and evaluation of complex interventions in primary health care, chronic illness management and aged care, especially the care of people experiencing dementia.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Preface

This book aims to provide an easy-to-read foundation for any health care professional engaged in primary health care practice in the community.

Part I introduces the key concepts that underpin primary health care nursing practice. The objective is to provide a basic understanding of these concepts to enable students to explore the associated theory in depth; to provide a fundamental understanding that is so often assumed, rather than built.

The second part of the text provides information relating to skills used in community and primary health care practice. This information is discussed at a beginning practitioner level, with a view to being used as a launch pad for future practice.

The final part of the text uses a number of community and primary health care nursing roles to enable students to explore the numerous opportunities and diverse ways in which the concepts discussed in Parts I and II are implemented in daily practice. Although this section focuses on nursing practice, many of these roles occur within interdisciplinary teams, and therefore it provides similar insights for students from other health care disciplines. It is important to keep in mind that the wide selection of roles and titles presented may vary across and within the states and territories. The purpose of this section of the text is to demonstrate the links between theory and practice. One of the most exciting aspects of working in community and primary health care settings is that it offers many unique and eclectic practice possibilities to meet the diverse needs of individuals, their families and communities.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Acknowledgements

We would like to acknowledge the work of Eileen Petrie, a co-editor of the first edition of this text.

We also wish to acknowledge all those who contributed to the first and second editions: Nick Arnott, Christine Ashley, Gabrielle Canfield, Leona Evans, Sandi Grieve, Barbara Hanna, Anne Hepner, Gylo Hercelinksjy, Kim Hyde, Dean Hyland, Lynda Jarvis, Basseer Jeeawody, Denise Johnston, Joanne Joyce-McCoach, Gail MacVean, Maree Meredith, Marisa Monagle, Rebecca O'Reilly, Susan Reid, Wayne Rigby, Vanessa Robertson and Andrea Scott.

The authors and Cambridge University Press would like to thank the following for permission to reproduce material in this book.

Figure 4.1: reproduced from Whitehead, D. (2011). Before the cradle and beyond the grave: A lifespan/settings-based framework for health promotion. *Journal of Clinical Nursing*, 20(15–16), 2183–94. © 2011 Blackwell Publishing Ltd. Reproduced with permission of John Wiley & Sons Ltd; **Figure 5.1**: © 2013, Springer Nature. Reproduced from Levesque et al.; licensee BioMed Central Ltd. Reproduced under Creative Commons Attribution License 2.0; **Figure 6.1**: reproduced with permission from Australian Human Rights Commission (2018). Face the facts: Gender equality 2018. Retrieved from www.humanrights.gov.au/our-work/education/face-facts-gender-equality-2018. © Australian Human Rights Commission 2018; **Figure 6.2**: reproduced with permission from Department of Health (2019). *National Men's Health Strategy 2020–2030.* Barton, ACT: Commonwealth of Australia, p. 7, under Creative Commons Attribution 4.0 International Public License, © Commonwealth of Australia (Department of Health) 2019; **Figure 7.1**: reprinted from *Framework for Action on Interprofessional Education and Collaborative Practice*, World Health Organization, p. 29, © 2010; **Figure 7.2**: reproduced with permission of the Canadian Foundation for Healthcare Improvement from Oandasan, I., Baker, G., Barker, K., et al. (2006). *Teamwork in Healthcare: Promoting Effective Teamwork in Healthcare in Canada*. Ottawa: Canadian Health Services Research Foundation; **Figure 9.1**: © Nursing Council New Zealand. Adapted and reproduced with permission of the Nursing Council of New Zealand; **Figures 11.1** and **11.3**: © 2001 Blackwell Science Ltd, *Journal of Advanced Nursing*. Reproduced with permission; **Figure 11.2**: © 2015. Reprinted with permission of Pearson Education, Inc., New York; **Figures 11.4** and **11.6**: © 2003 Blackwell Publishing Ltd, *Journal of Advanced Nursing*. Reproduced with permission; **Figure 11.5**: from Green, L.W. & Kreuter, M.W. (2005). *Health Program Planning: An Educational and Ecological Approach* (4th edn). New York: McGraw-Hill Higher Education. © the authors, 2005. Reproduced with permission of Lawrence W. Green; **Figure 13.1**: reproduced with permission from Glasgow, R.E., Davis, C.L., Funnell, M.M. & Beck, A. (2003). Implementing practical interventions to support chronic illness self-management. *The Joint Commission Journal on Quality and Patient Safety*, 29(11): 563–74. © 2003 Joint Commission on Accreditation of Healthcare Organizations. Published by Elsevier Inc. All rights reserved; **Figure 15.1**: © 2012 NSW Health – South Eastern Sydney Local Health District (SESLHD). Reproduced with permission.

© in this web service Cambridge University Press www.cambridge.org

CAMBRIDGE

Cambridge University Press
978-1-108-79783-2 — An Introduction to Community and Primary Health Care
3rd Edition
Edited by Diana Guzys , Rhonda Brown , Elizabeth Halcomb , Dean Whitehead
Frontmatter
More Information

Table 3.2: based on material © Australian Institute of Health and Welfare 2018. Reproduced under CC BY 3.0 AU licence; **Table 6.1**: © Ministry of Health on behalf of the Crown 2018. Reproduced under the Creative Commons Attribution 4.0 International Licence; **Table 6.2**: based on material © Australian Institute of Health and Welfare 2018. Reproduced under Creative Commons BY 3.0 AU licence; **Table 15.1**: © 2012 NSW Health – South Eastern Sydney Local Health District (SESLHD). Reproduced with permission; **Table 17.1**: © Commonwealth of Australia 2013. Reproduced with permission; **Table 21.1**: © Australian Institute of Health and Welfare 2017. Reproduced under Creative Commons BY 3.0 AU licence; **Table 21.2**: Based on material © Commonwealth of Australia (Department of Health) 2017. Reproduced under Creative Commons CC BY 4.0 licence; © Australian Institute of Health and Welfare 2020. Reproduced under Creative Commons BY 3.0 AU licence; **Table 21.3**: Based on material © Commonwealth of Australia (Department of Health) 2017. Reproduced under Creative Commons CC BY 4.0 licence.

Chapter 4: some material in Chapter 4 has been adapted from Whitehead, D. (2011). Before the cradle and beyond the grave: A lifespan/settings-based framework for health promotion. *Journal of Clinical Nursing*, 20(15–16): 2183–94. © 2011 Blackwell Publishing Ltd. Reproduced with permission of John Wiley & Sons Ltd.

Case study 10.1: adapted with permission of the authors and Upper Murray Health & Community Services from Evans, F., Hoodless, M., Flanagan, K., George, P. & Hazeleger, T. (2002). *Upper Murray Health & Community Services and Walwa Bush Nursing Hospital Evidence Based Needs Assessment: A Community Partnership Approach – Information Resource*. Corryong, VIC: Upper Murray Health & Community Services.

Chapter 11: some material in Chapter 11 has been adapted from Whitehead, D. (2003). Evaluating health promotion: A model for nursing practice. *Journal of Advanced Nursing*, 41: 490–8. © 2003 Blackwell Publishing Ltd, *Journal of Advanced Nursing*. Reproduced with permission of John Wiley & Sons Ltd.

Chapter 22: Statistics New Zealand Rural Profile Classification based on Stats NZ's content, licensed by Statistics New Zealand for re-use under the Creative Commons Attribution 4.0 International licence.

CC BY 2.0 license available at: https://creativecommons.org/licenses/by/2.0/. CC BY 3.0 AU license available at: https://creativecommons.org/licenses/by/3.0/au/. CC BY 4.0 license available at: https://creativecommons.org/licenses/by/4.0/.

Every effort has been made to trace and acknowledge copyright. The publisher apologises for any accidental infringement and welcomes information that would redress this situation.

© in this web service Cambridge University Press www.cambridge.org