

Yatdjuligin

Aboriginal and Torres Strait Islander Nursing and Midwifery Care

Third Edition

Yatdjuligin: Aboriginal and Torres Strait Islander Nursing and Midwifery Care introduces students to the fundamentals of healthcare of Indigenous Australians, encompassing the perspectives of both the client and the health practitioner. Written for all nurses and midwives, this book addresses the relationship between Aboriginal and Torres Strait Islander cultures, mainstream health services and Aboriginal Community Controlled Health Organisations. It introduces readers to historical and contemporary approaches to practice and research in a variety of healthcare contexts.

This edition has been fully updated to reflect current research and documentation, with an emphasis on cultural safety and culturally safe practice underpinning each chapter. Three new chapters cover social and emotional wellbeing in mainstream mental health services, quantitative research and Torres Strait Islander health and wellbeing. Chapter content is complemented by case study scenarios, reflection questions and authors' reflections on their own professional experiences. These features illustrate historical and contemporary challenges, encourage students to reflect on their own attitudes, values and beliefs and provide strategies to deliver quality, person-centred healthcare.

With contributions from leading Aboriginal and Torres Strait Islander academics, researchers and practising nurses and midwives, this essential resource will equip all students with the knowledge and tools to prepare them for practice with clients and colleagues across a range of health services and settings.

Odette Best is Professor in the School of Nursing and Midwifery at the University of Southern Queensland. She is the School's Associate Head: Indigenous Research and Community Engagement.

Bronwyn Fredericks is Professor and Pro-Vice-Chancellor (Indigenous Engagement) at the University of Queensland.



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Aboriginal and Torres Strait Islander Nursing
and Midwifery Care

Third Edition



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Edited by Odette Best & Bronwyn Fredericks

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terms 'Indigenous Australians', 'Aboriginal and Torres Strait Islander peoples' and
'First Nations peoples' may be used interchangeably in this publication.*

Foreword

The World Health Organization designated 2020 as the International Year of the Nurse and Midwife in recognition of the many roles nurses and midwives fill and the outstanding contribution they make to global healthcare. This international celebration was the perfect backdrop to meet the request for a third edition of this highly regarded textbook, *Yatdjuligin: Aboriginal and Torres Strait Islander Nursing and Midwifery Care*.

For this new edition, the editors, Professor Odette Best and Professor Bronwyn Fredericks, as well as other leading Aboriginal and Torres Strait Islander contributors, responded to feedback and developments in healthcare. The response necessitated a chapter on social and emotional wellbeing within mainstream health organisations and another about quantitative research methods to complement the qualitative research methods chapter and enhance research led by Indigenous nurses. The updates did not stop there, with the inclusion of a chapter specifically about Torres Strait Islander health written by Torres Strait Islander nurses.

This new edition is timely. The release of the Australian Nursing and Midwifery Council's Registered Nurse Accreditation Standards 2019 and the Midwife Accreditation Standards and Essential Evidence 2020 has mandated once again that nursing and midwifery programs include Aboriginal and Torres Strait Islander peoples' history, culture and health as a discrete subject, and that content relevant to health outcomes of Aboriginal and Torres Strait Islander peoples is to be embedded throughout the programs. The Standards also require the inclusion of cultural safety, which *Yatdjuligin* now has proudly done for all three of its editions. As an accompaniment to the Nursing and Midwifery Aboriginal and Torres Strait Islander Health Curriculum Framework, *Yatdjuligin* provides the knowledge and understanding required by current and future nurses and midwives. The comprehensive nature of *Yatdjuligin* extends beyond a discrete subject and will influence many other subjects in nursing and midwifery programs. Additionally, it follows the National Aboriginal and Torres Strait Islander Health Plan 2013–2023, which places great emphasis on building pathways into the health professions for Aboriginal and Torres Strait Islander people. One definite pathway is access to this esteemed textbook, which speaks directly to and about Indigenous Australians.

As this edition goes to print, the world is experiencing a pandemic. Anxiety levels are high – but no higher than in and for Indigenous communities. The *Closing the Gap Report 2020* identified the health disparities between Indigenous and non-Indigenous populations and the limited progress made to address that gap. Not only are there poor maternal health outcomes for Indigenous mothers and children, but high prevalence rates of chronic circulatory, endocrine, mental and cancer diseases remain in the broader Indigenous population. A rampant coronavirus outbreak would have devastating effects across Indigenous communities across Australia. The need for well-prepared nurses and midwives to manage coronavirus and other public health emergencies has never been greater, and this textbook is an invaluable resource.

Yatdjuligin is seminal literature – the Uluru Statement from the Heart permeates every page. That this is the third edition of *Yatdjuligin* speaks to its relevance: it encapsulates Indigenous and Torres Strait Islander knowledges and practice as it relates, applies and drives nursing and midwifery care for, with and by Indigenous people.

Christine Neville PhD RN
Professor of Nursing
Head of School
School of Nursing and Midwifery
University of Southern Queensland
January 2021

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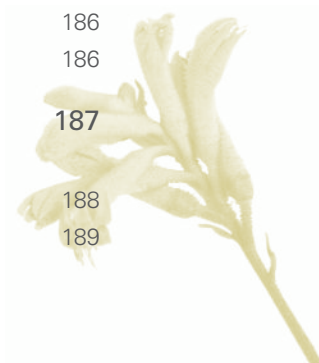
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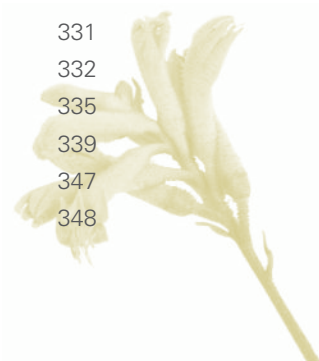
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Contributors



Ivy Molly Booth (nee Darby) (gifter of language) is the Elder of the Wakgun people of the Gurreng Gurreng Nation. She was born at Camboon Station and removed to Taroom Aboriginal Settlement in the early 1920s, before again being removed to Woorabinda Mission on its inception in 1927. Well over 100 years of age, she is the only surviving original dormitory girl of Woorabinda. At Woorabinda, Ivy Booth met and married her husband, Clancy Booth, a Boonthamurra man. Ivy Booth is great-great-grandmother to a large and extended family across Woorabinda and Rockhampton in Queensland and further afield in New South Wales, Canberra and Victoria. Ivy Molly Booth gifted the editors of this text the name *Yatdjuligin*.



Odette Best is a Wakgun clan member of the Gurreng Gurreng Nation and holds a Boonthamurra bloodline with adoption ties to the Koomumberri, Yugambah people. Odette is Professor and Associate Head: Indigenous Research and Community Engagement, School of Nursing and Midwifery at the University of Southern Queensland (Ipswich Campus). She commenced her training at the Princess Alexandra Hospital in the late 1980s, and holds a Bachelor of Health Sciences (double major in Aboriginal Health and Community Development), a Master of Philosophy and a PhD. Odette has worked for 30 years in Indigenous health. Clinically, she worked for a decade as sexual health coordinator at the Brisbane Aboriginal and Islander Community Health Service and within the women's and youth prison systems across Brisbane. In 2000, she moved into discipline teaching within nursing in the tertiary sector. Odette's leadership in Indigenous health and Indigenous nursing research is acknowledged globally, and she is a Fellow of the American Academy of Nursing (the only Aboriginal Australian nurse), a Churchill Fellow (the first Aboriginal Australian nurse) and a Fellow of the Congress of Aboriginal and Torres Strait Islander Nurses and Midwives. As an historian of Aboriginal nurses and midwives, Odette is passionate about uncovering and documenting the experiences of Aboriginal nurses and midwives and saving them from historical oblivion. Odette is Ivy Molly Booth's granddaughter.



Bronwyn Fredericks an Indigenous woman from South-East Queensland with over 30 years' experience working in and with the tertiary sector, state and federal governments, and Aboriginal and Torres Strait Islander community-based organisations. She is a Professor and the Pro-Vice-Chancellor (Indigenous Engagement) at the University of Queensland, and still maintains an active research program. Bronwyn is a member of the Australian Institute of Aboriginal and Torres Strait Islander Studies

(AIATSIS) Research Advisory Committee (RAC), the Beyond Blue National Research Advisory Committee and the Australian Research Council (ARC) College of Experts. In 2016, Bronwyn was appointed as a Commissioner with the Queensland Productivity Commission (QPC) (one of only two appointments) to lead the Inquiry into Service Delivery in Queensland's Remote and Discrete Indigenous Communities. In 2018, she was again appointed to work on Queensland's Inquiry into Imprisonment and Recidivism, which was completed in 2019.



Gracelyn Smallwood is a Birrigubba, Kalkadoon and South Sea Islander woman originating from Townsville. She is Professor of Nursing and Midwifery/Community Engagement at Central Queensland University in Townsville. She is a Registered Nurse and a Registered Midwife. In 1986, Gracelyn was awarded Queensland Aboriginal of the Year and in 1992 she was awarded an Order of Australia for services to public health, particularly HIV-AIDS education. In 1993, she became the first Indigenous Australian to receive a Master of Science in Public

Health from James Cook University. Gracelyn is a member of numerous healthcare boards and councils around the world. In 2007, she was awarded the Deadly Award for Outstanding Lifetime Achievement in Indigenous Health. In 2013, she was awarded the United Nations Association of Australia Queensland Community Award – Individual. In 2014, she received the NAIDOC Person of the Year award. She was awarded the Lifetime Achievement Award by the Congress of Aboriginal and Torres Strait Islander Nurses and Midwives (CATSINaM).



Mick Adams is a descendent of the Yadhigana/Wuthathi peoples of Cape York Peninsula in Queensland (on his father's side), and has traditional family ties with the Gurindji people of Central Western Northern Territory (on his mother's side) and extended family relationship with the people of the Torres Strait, Warlpiri (Yuendumu) and East Arnhem Land (Gurrumaru) communities. He is a Senior Research Fellow with the Australian Indigenous HealthInfoNet at Edith Cowan University in Perth, Adjunct Professor in the School of Public Health,

Queensland University of Technology and a member of the National Indigenous Research and Knowledges Network (NIRAKN). Mick holds a Master of Arts (Indigenous Research and Development), Bachelor of Social Work and Bachelor of Applied Science (Aboriginal Community Management and Development). His PhD is to date the only research study conducted with Aboriginal and Torres Strait Islander males on sexual and reproductive health. Mick is recognised as a respected Elder within Aboriginal and Torres Strait Islander communities. He has been involved in advocating to improve the status of the health and wellbeing of Aboriginal and Torres Strait Islander people for over 30 years, having served in various national organisations and on a number of committees. He was awarded the Queensland University of Technology 2010 Chancellor's Outstanding Alumnus Award and the Queensland University of Technology 2010 Faculty of Health Outstanding Alumnus Award, and recently received an Elders award from the Aboriginal and Torres Strait Islander Higher Education Advisory Council.



Jessica Bennett (nee Taggart) (RN, M Clinical Nursing (NICU), PhD candidate) is a proud Gamilaroi Yinarr from Tamworth. Jessica is a Registered Nurse who has specialised in the world of neonatal intensive care in a metropolitan children's hospital in New South Wales. She is a young academic at the University of Newcastle, lecturing on Aboriginal health and cultural capability to undergraduate health professionals as part of the Thurr-Indigenous Health Unit team. Jessica has recently become a PhD candidate, and is driven to explore and empower Indigenous families in the neonatal setting and support their social and emotional wellbeing from Indigenous cultural ways of doing, being and knowing.



Makayla-May Brinckley is a Wiradjuri woman. She is a 2018 Bachelor of Science (Psychology)/Bachelor of Arts, and 2019 Psychology Honours graduate from the Australian National University (ANU). She is currently working as a research assistant across various projects in the Aboriginal and Torres Strait Islander Health Program at the National Centre for Epidemiology and Population Health (NCEPH), ANU. She is passionate about Aboriginal and Torres Strait Islander mental health and wellbeing.



Linda Deravin (RN, PhD, MHM, Grad Cert in L&T in Higher Ed, Grad Cert Anaes & Rec Room Nurs, Grad Dip Gerontology, Grad Cert E Health, BN, FCHSM) identifies as a Wiradjuri woman and is the course director for the School of Nursing, Midwifery and Indigenous Health at Charles Sturt University. Throughout her nursing career, she has worked as a clinician, educator, senior nurse and health manager in a variety of settings. She has a research interest in Indigenous health, chronic care and nursing workforce issues.



Ali Drummond grew up on Thursday Island. His people are the Meriam le of the Murray Islands and the Wuthathi people of northern Queensland. He is a senior lecturer in QUT's School of Nursing and the Research and Education Manager at the Southern Queensland Centre of Excellence in Aboriginal and Torres Strait Islander Primary Health Care in Inala. Ali is a registered nurse, whose fifteen years of experience span clinical nursing (primary health care and orthopaedics), Aboriginal and Torres Strait Islander health and nursing policy, education and research. He completed his Bachelor of Nursing at James Cook University as one of the three inaugural graduates of the Thursday Island campus. Ali also holds a Graduate Certificate in Academic Practice, a Masters of International Public Health, and is a Fellow of Advanced Higher Education. Ali is currently a PhD candidate investigating the experiences of Indigenous and non-Indigenous nurse academics tasked with developing,

delivering and evaluating Aboriginal and Torres Strait Islander health curricula in partnership with Aboriginal and Torres Strait Islander peoples.



Donna Hartz (RN, RM, M Mid, PhD, Fellow ACM) identifies as a descendant of her grandmother's people, Kamilaroi (Gomeri). Donna is a midwife and nurse with 39 years' experience as a clinician, educator, lecturer, manager, consultant and researcher. Currently, she is an Adjunct Associate Professor at the Molly Wardaguga Research Centre at Charles Darwin University (CDU) and the School of Nursing and Midwifery, Western Sydney University. She also holds an associate position with Burbangana Group, a wholly Aboriginal owned consultancy company supporting the wellbeing of Aboriginal communities. Most recently, she was the Associate Professor on Midwifery and Associate Dean Indigenous Leadership in the College of Nursing and Midwifery at CDU. Prior to this, she was the Acting Director and Academic Lead in the University of Sydney's National Centre of Cultural Competence (NCCC). She has held senior midwifery consultant roles in northern Sydney and south-western Sydney, focusing on clinical governance, midwifery practice development, clinical redesign and translation of evidence into policy and practice. She has been a lecturer, tutor or examiner in substantive and honorary positions in midwifery, nursing or medicine at six Australian universities, including the University of Newcastle, University of Sydney, University of Technology Sydney (UTS), University of New South Wales (UNSW), Western Sydney University and CDU. Her main research focus has been in the clinical redesign and evaluation of maternity and midwifery models of care. Her current foci are on birth on Country models of care for Aboriginal and Torres Strait Islander women and babies (she is currently a chief investigator on a two NHMRC grants); Aboriginal Child Protection; community-derived programs underpinned by Aboriginal cultural healing models; and midwifery and nursing education pathways and support for Aboriginal and Torres Strait Islander people.



Roxanne Jones is a Palawa woman, PhD candidate and research associate at the Australian National University (ANU), and holds an NHMRC postgraduate scholarship. Roxy is an epidemiologist and Registered Nurse with a passion for Aboriginal and Torres Strait Islander child and infant health. Roxy has postgraduate qualifications in epidemiology and Indigenous research, as well as undergraduate qualifications in nursing and health sciences (paramedics).



Machellee Kosiak is a Wiradjuri woman whose family ties are in country New South Wales. Machellee is a Registered Nurse and practising Endorsed Registered Midwife, and has worked in a variety of maternity settings over 25 years. She is a midwifery academic and course adviser for the Away from Base Bachelor of Midwifery program at the Australian Catholic University in Brisbane. She holds a Bachelor of Nursing and is undertaking a Masters of Midwifery (Research), with a research program entitled 'Facilitators and Challenges Faced by Indigenous Bachelor of

Midwifery Students'. Machellee's postgraduate rotations were in intensive care, emergency, surgical and oncology wards, where she observed how Indigenous women and women from other cultures were treated. She helped establish the Murri Clinic at the Mater Mothers Public Hospital in Brisbane (the first midwifery-led, all-risk antenatal clinic for Aboriginal and Torres Strait Islander women) and the Indigenous birthing service at Caboolture, named by the Aunties as *Ngarrama*. Machellee is an inaugural board member of the Rhodanthe Lipsett Indigenous midwifery trust. She has been involved with the working party for Birthing on Country in our Community, and has published research articles on this topic.



Ray Lovett is of the Ngiyampaa/Wongaibon people. He is a research fellow at the National Centre for Epidemiology and Population Health at the Australian National University, where he continues to work on large-scale cohort studies with the aim of improving care delivery in Aboriginal and Torres Strait Islander health. Ray also supports and supervises other Aboriginal and Torres Strait Islander scholars at the Australian National University (ANU). Ray holds a Bachelor of Nursing, Bachelor of Health Science (Public Health), a Master of Applied Epidemiology and a PhD in epidemiology. He has practised across the spectrum of the health system, including in the emergency department, and in neurosurgery and coronary care. He has also worked in rural hospitals and as an Aboriginal health worker in community health and in aged care. Ray has moved into primary healthcare, and specifically into Aboriginal community controlled health, where he has worked as a Registered Nurse and administrator.



Sam Mills is a Nagilgal from Naghir Island of the Kulkalgal nation – he is intrinsically linked through his mother to Mer and the Dauareb tribe of Zenath Kes (Torres Strait). Sam's vision is to develop Torres Strait Islanders as world citizens who are able to govern and navigate their own affairs. Sam's experiences of working both in the hospital ward and chronic disease care in the community setting over the last 21 years, since graduating with a Bachelor of Nursing Studies from the University of New England, have fostered a passion for innovative primary healthcare models that embrace corporate responsibility as a solid foundation for improving the social status, and thus meaningful improvements in the health status, of Torres Strait Islander and Aboriginal people.



Yoko Mills was born and grew up on Thursday Island. Her father is Japanese and her mother's family connections are from the bottom Western and Eastern Islands of the Torres Strait. Yoko is a Clinical Nurse Consultant in Sexual & Reproductive Health on Thursday Island. Her nursing career takes her back to 1977, working as an assistant in nursing. She was one of the first graduates from a small cohort of students to complete the Enrolled Nurse training at the School of Nursing, Thursday Island Hospital, which commenced in 1981. In 1985 she worked as a sole practitioner for three years in the clinic previously called Special

Services, which was focused predominantly on sexual and women's health. Prior to commencing her degree in nursing, she completed a Diploma in Sexual Health Counselling through the Australasian College of Venereologist. In 2004 she completed her Bachelor of Nursing Studies at the University of New England in Armidale and returned to work in sexual health in 2005 at the Primary Health Care Centre on Thursday Island. Being passionate about sexual and reproductive health, in 2012 Yoko graduated with a Masters of Nurse Practitioner Studies – Young People's Health.



Francis Nona is a Torres Strait Islander employed in the School of Public Health at the University of Queensland, as a lecturer and researcher. He grew up in Brisbane and Saibai in the Torres Strait and is an initiated Badulaig man. His work is informed by his strong cultural training, balanced by his role as a Registered Nurse. As a Registered Nurse, he has undertaken previous roles as clinic manager for an Aboriginal community controlled health service, working in residential aged care, rural hospital and a youth detention centre. The

research grant projects to which he is currently contributing include strategies to embed Aboriginal and Torres Strait Islander ways of knowing into public health teaching curricula, food sustainability for people in the Torres Strait, the health impacts of climate change on people in the Torres Strait, community understanding of impacts of COVID-19 on Aboriginal and Torres Strait Islander people and an evaluation of an Aboriginal and Torres Strait Islander healthy lifestyle program. Francis is very passionate about culturally appropriate healthcare for Aboriginal and Torres Strait Islander people. He was first inspired to become a Registered Nurse by observing the compassionate care his mother received in palliative care.



Nicole Ramsamy is an Aboriginal and Torres Strait Islander woman raised in Cairns. Her maternal side is the Kuku Yalanji from Bloomfield, Far North Queensland and her paternal family is from Boigu Island in the Torres Strait. Nicole is the Nurse Practitioner at the Weipa Integrated Health Service in a remote mining town and remote Aboriginal community. She is a Registered Nurse, Endorsed Registered Midwife and Nurse Practitioner, endorsed in rural and remote nursing. For most of her nursing career, she has lived in remote communities, and has

worked for Queensland Health as a clinical nurse and clinical nurse-consultant; she has also relieved in the Director of Nursing and Midwifery role.



Juanita Sherwood is a proud Wiradjuri woman. She is Pro-Vice-Chancellor of Indigenous Engagement at Charles Sturt University. She is a Registered Nurse, teacher, lecturer, researcher and manager with a depth of working experiences of some 30 years in Aboriginal and Torres Strait Islander health and education. She has a PhD from the University of New South Wales, and has previously worked in lecturing, research, management and consultative roles in health, education and Indigenous studies.



Kristin Waqanaviti is a clinical psychiatric nurse of mixed heritage from Far North Queensland. On her maternal great grandmother's side, she is connected to the Waanyi people and her maternal grandparents are of Torres Strait Islander descent. Kristin's father is an Indigenous Fijian, an iTaukei of the Naocodogo people and Kauna Clan of Rewa and Suva region. Kristin was raised in Cairns, Townsville and Brisbane, and spent time in rural Fiji and Alice Springs. Kristin is an Authorised Mental Health Practitioner currently working for Queensland Health and attained her undergraduate degree in Registered Nursing

through Deakin University's Institute of Koorie Education. She has worked in aged care and acute settings before discovering her niche in a Medium Secure Psychiatric Unit in the Townsville Hospital. Kristin completed her Masters of Mental Health Nursing at the University of Newcastle and is currently working towards her next postgraduate qualification with the aim of effecting change for Aboriginal and Torres Strait Islander people experiencing mainstream service delivery in Queensland.



Raelene Ward (nee McKellar, Monaghan) is an Aboriginal woman of the Kunja traditional owner group of Cunnamulla and surrounding areas on her grandfather's side, and on her grandmother's side is a descendant of the Kooma people, both originating from south-west Queensland. Raelene received her PhD in 2019. She has been a practising nurse for just over 30 years, focusing on clinical work, lecturing and research on suicide, suicide prevention, Aboriginal health, social and emotional wellbeing and mental health, determinants of Aboriginal health, and broader areas of social justice. Her research efforts and impact in the Indigenous health space is evident in her career trajectory over the last 20+ years. Her research practice is Aboriginal

nurse-led, and informed by community through effective and culturally appropriate consultation and engagement principles. It is recognised both nationally and internationally – particularly in the context of suicide prevention, Indigenous health and social and emotional wellbeing. Prior to that, she worked extensively in a variety of positions across a number of sectors: universities; rural, remote and regional communities; government organisations and the Aboriginal community controlled health sector (at state level and nationally). For the last 13 years, in the university context, Raelene has progressed through positions as project coordinator, research fellow, senior lecturer and associate professor with key leadership roles in the College for Indigenous Studies, Education and Research. Raelene is an academic in the University of Southern Queensland Nursing program, involved in leading curriculum reform in the context of Indigenous health, teaching at undergraduate and postgraduate levels, developing courses and course materials, engaging with Indigenous communities in the context of teaching and research initiatives, and supporting students.



Rhonda L. Wilson PhD is a descendent of the Wiradjuri people on her grandmother's side. She was born and raised on Aniwana Land, a place and people for which she has a deep and enduring respect. Having lived in many places, with many cultures, she now lives respectfully on Darkinjung Country. Rhonda is an internationally recognised mental health nursing scientist with a research focus on digital health interventions. She has published widely in journals and books, and delivered conference presentations throughout the world. She is Professor of Nursing, and Deputy Head of School (Central Coast Campus), and Head of Indigenous in the School of Nursing and Midwifery at the University of Newcastle. Concurrently, she holds an external fractional appointment as a Professor of Nursing at Massey University, New Zealand. She is a Registered Nurse and a Credentialed Mental Health Nurse in Australia. She has worked across a variety of roles as a clinical nurse, researcher and academic in Australia, Denmark and New Zealand over the past 34 years. In addition, she is an experienced scientific assessor for the National Health and Medical Research Council (NHMRC) and the European Research Council. Most of her career has been in rural and regional locations across eastern Australia. Rhonda returned to Australia in 2019 after living and working in Denmark (University of Southern Denmark – SDU) where she was employed as Associate Professor of E Mental Health and Director of a Telepsychiatric Research Centre in the (health) Region of Southern Denmark (RSD), and affiliated with the Center for Psychiatric Nursing Research Denmark.

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As is custom, we begin by acknowledging the Indigenous custodians across this nation, now known as Australia. We honour our collective Elders, past and present and emerging. We hope that they find this work honourable and join with us in seeing this as a contribution to the continuity of Indigenous knowledges and peoples.

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We thank each other for sharing the dream, the belief that we could do it, the laughs, tears, the joy in seeing it realised. *Yatdjuligin* fills a gap and we understand its capacity to make a difference, both now and into the future.

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Acronyms and abbreviations

AAQA	Australian Aged Care Quality Agency
ABS	Australian Bureau of Statistics
ACCHO	Aboriginal Community Controlled Health Organisation
ACCHS	Aboriginal Community Controlled Health Service
ACHT-CACHS	Aboriginal Child Health Team – Child and Adolescent Community Health Service
ACM	Australian College of Midwives
ACSCDS	Aged Care Sector Committee Diversity Sub-group
ACSQHC	Australian Commission on Safety and Quality in Health Care
AECG	Aboriginal Education Consultative Group
AH & MRCNSW	Aboriginal Health and Medical Research Council of New South Wales
AHCSA	Aboriginal Health Council of South Australia
AHMAC	Australian Health Ministers Advisory Council
AHPRA	Australian Health Practitioner Regulations Agency
AHRC	Australian Human Rights Commission
AHWLO	Aboriginal Health Worker and Liaison Officer
AIATSIS	Australian Institute of Aboriginal and Torres Strait Islander Studies
AICCHS	Aboriginal and Islander community controlled health services
AIFS	Australian Institute of Family Studies
AIHW	Australian Institute of Health and Welfare
AIPA	Australian Indigenous Psychologists Association
ALRC	Australian Law Reform Commission
ALS	advanced life support
AMCHS	Aboriginal Maternal and Child Health Services
AMS	Aboriginal Medical Service
AMSANT	Aboriginal Medical Services Alliance Northern Territory
ANAO	Australian National Audit Office
ANFPP	Australian Nurse Family Partnership Program
ANMAC	Australian Nursing and Midwifery Accreditation Council
APA	American Psychiatric Association
ARHD	acute rheumatic heart disease
ATSICHS	Aboriginal and Torres Strait Islander Community Health Service
ATSIHP	Aboriginal and Torres Strait Islander health practitioner
ATSIHPBA	Aboriginal and Torres Strait Islander Health Practice Board of Australia

ATSISPEP	Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project
AWHN	Australian Women's Health Network
AWHN-TC	Australian Women's Health Network Talking Circle
BATSIHS	Brisbane Aboriginal and Torres Strait Islander Health Service
BMA	Body Mass Index
CAAC	Central Australian Aboriginal Congress
CARPA	Central Australian Rural Practitioner Association
CATSINaM	Congress of Aboriginal and Torres Strait Islander Nurses and Midwives
CBPATSIISP	Centre of Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention
CCHS	community controlled health service
CDEP	Community Development Employment Project
CEE	Centre for Epidemiology and Evidence
CEO	chief executive officer
CHQHHS	Children's Health Queensland Hospital and Health Service
CLC	Central Land Council
COAG	Council of Australian Governments
CRANA	Council of Remote Area Nurses of Australia
CRCAH	Cooperative Research Centre for Aboriginal Health
CSDH	Commission on Social Determinants of Health
CVD	cardiovascular disease
CWA	Country Women's Association
DAA	Department of Aboriginal Affairs
DATSIPD	Department of Aboriginal and Torres Strait Islander Policy and Development
DFAT	Department of Foreign Affairs and Trade
DHA	Department of Health and Ageing
DHAC	Department of Health and Aged Care
DHWA	Department of Health Western Australia
DIISRTE	Department of Industry, Innovation, Science Research and Tertiary Education
DMF	Decision-making Framework for Nursing and Midwifery
DOGIT	Deed of Grant in Trust
DPMC	Department of the Prime Minister and Cabinet
EDIS	Emergency Department Information System
ENT	Ear Nose and Throat
ERP	Estimated Resident Population
FASD	Foetal Alcohol Spectrum Disorder
FCAATSI	Federal Council for the Advancement of Aborigines and Torres Strait Islanders
GDM	gestational diabetes mellitus (GDM)
GP	general practitioner
HACC	Home and Community Care
HPF	Health Performance Framework

HREC	Human Research Ethics Committee
HREOC	Human Rights and Equal Opportunity Commission
HRSCAA	House of Representatives Standing Committee on Aboriginal Affairs
HWA	Health Workforce Australia
IAHA	Indigenous Allied Health Australia
ICN	International Council of Nurses
ICU	intensive care unit
IHP	Indigenous health practitioner
IHW	Indigenous health worker
ILO	Indigenous Liaison Officer
IMHW	Indigenous Mental Health Worker
IPCC	Intergovernmental Panel on Climate Change
IT	information technology
IUIH	Institute for Urban Indigenous Health
IV	intravenous
K5	five-item Kessler Psychological Distress Scale
KHRCDU	Koori Health Research and Community Development Unit
LBW	low birthweight
LGBTIQ	lesbian, gay, bisexual, transgender, intersex and queer
LMS	London Missionary Society
MHCNSW	Mental Health Commission of New South Wales
MPS	Multi-Purpose Service
MSM	men who have sex with men
NACCHO	National Aboriginal Community Controlled Health Organisation
NAHSWP	National Aboriginal Health Strategy Working Party
NATSIFACP	National Aboriginal and Torres Strait Islander Flexible Aged Care Program
NATSIHC	National Aboriginal and Torres Strait Islander Health Council
NATSIHMS	National Aboriginal and Torres Strait Islander Health Measures Survey
NATSIHP	National Aboriginal and Torres Strait Islander Health Plan 2013–2023
NATSIHWA	National Aboriginal and Torres Strait Islander Health Worker Association
NCCAHA	National Collaborating Centre for Aboriginal Health
NCD	neurocognitive disorder
NCHWS	National Child Health and Wellbeing Subcommittee
NCNZ	Nursing Council of New Zealand
NGO	non-government organisation
NHMRC	National Health and Medical Research Council
NIRAKN	National Indigenous Researchers and Knowledge Network
NMBA	Nursing and Midwifery Board of Australia
NMHC	National Mental Health Commission
NMHWG	National Mental Health Working Group
NRAS	National Registration and Accreditation Scheme

NSLHD	Northern Sydney Local Health District
OM	otitis media
PALS	paediatric life support
PAR	participatory action research
PCCM	Primary Clinical Care Manual
PHCC	Primary Health Care Centre
PHTLS	pre-hospital trauma life support
PNG	Papua New Guinea
PTSS	Patient Travel Subsidy Scheme
QAIHC	Queensland Aboriginal and Islander Health Council
QAIHF	Queensland Aboriginal and Islander Health Forum
QPC	Queensland Productivity Commission
RAICCHO	Regional Aboriginal and Islander Community Controlled Health Organisation
RAN	remote-area nurse
RFDS	Royal Flying Doctor Service
RHSQ	Royal Historical Society of Queensland
RIPERN	Remote Isolated Practice Endorsed Registered Nurse
RN	Registered Nurse
SAAHP	South Australian Aboriginal Health Partnership
SAHMRI	South Australian Health & Medical Research Institute
SCRGSP	Steering Committee for the Review of Government Service Provision
SEWB	social and emotional wellbeing
SHRG	Social Health Reference Group
SIDS	Sudden Infant Death Syndrome
SLQ	State Library of Queensland
SNAICC	Secretariat of National Aboriginal and Islander Child Care
SPA	Suicide Prevention Australia
STI	sexually transmitted infection
TCHHS	Torres and Cape Hospital and Health Services
TNCC	trauma nursing core course
TSIMA	Torres Strait Islander Media Association
TSMPHC	Torres Strait Model for Primary Health Care
TSRA	Torres Strait Regional Authority
UHCW	unregulated healthcare worker
VACCHO	Victorian Aboriginal Community Controlled Health Organisation
VAHS	Victorian Aboriginal Health Services
WHO	World Health Organization