

Index

Page numbers in *italics* denote figures.

- Accident and Emergency (A&E) 181
 see also emergency medicine
- accountability 7
- acidosis, respiratory 158, 168
- admissions to hospital 155–7,
 189–90
- Advanced Nurse Practitioners 107
- adverse drug reactions 104–5
- age *see* older patients
- ageism 106, 206
- air quality, in neonatal intensive care
 31
- alcohol 193
- allergies 44
- alteplase 57, 72
- ambulance services 45, 185
- ambulatory care 90–1, 149, 153, 172,
 295 *see also* outpatient clinics
- surgery 218
- anaesthesia 224
- anaesthetists 210, 218–20
- antibiotics 43–4, 277, 282
- anticoagulants 74–5
- antimicrobial resistance 5, 16, 43–4,
 274, 277, 288
- antiplatelet agents 74–5
- aortic aneurysm 237
- assisted ventilation 32
- assistive technologies 77
- asthma 44
- atrial fibrillation 74–5
- automation, in laboratories 261
- autopsies 279–80, 281

- babies, premature 11, 27, 29–33
- Baby-friendly Hospital Initiative
 (BFHI) 30
- Barcelona, Spain, telehealth team 163

- bed capacity, lack of 189
- bed rest 89
- biological therapy 124, 132
- biosensor point of care devices 282–3
- birth rate, falling 23–4
- brain imaging 60–1, 71, 75
- brain repair 77
- Bromiley, Martin 224
- bronchiolitis 43–4
- bronchoscopic lung volume reduction
 (BLVR) 154

- cancer 13–14, 120–39, 238, 240, 247
 burden of cancer in Europe 121–3
 cancer care 123–7
 multidisciplinary teams 127–9
 barriers to delivering optimal care
 130–2
 immunotherapy 124, 132–3
 image guided interventions 132,
 133–4, 252
 survivorship 134–5
 organizational trends 135–9
 Irish National Cancer Control
 Programme 266–7
- cardiology 244–5
- Cardiopulmonary Exercise testing
 (CPET) 211
- care
 in the community 127
 home-based 102–3, 104, 105, 227
 intermediate 91–2, 105
- care bundles 215–17
- care quality *see* quality of care
- Charter of the European Association
 for Children in Hospital
 (EACH) 38–9
- chemotherapy 123, 127, 132

Index

299

- child health care 11–12, 22–49
 - child health care in Europe 22–7
 - child-friendly 24–6, 48
 - neonatal care 27–34
 - secondary care / hospitalization 34–9
 - tertiary care / specialized paediatric centres 39–43
 - patient pathways 43–6
 - challenges 48–9
- chronic disease 14, 24, 44, 45–6, 145, 193, 293 *see also* COPD
 - cancer 134–5
 - SIKS project, Copenhagen, Denmark 165
- chronic obstructive pulmonary disease *see* COPD
- clinical genomics 260
- Clinical Human Factors Group (CHFG) 224
- clinical scientists, roles in cellular pathology 272–3
- clinics
 - ambulatory care 90–1
 - pre-assessment 211–12
 - virtual 156
- coaching 226
- collaboration 291–2
 - geriatric-surgical 95–9
 - laboratory medicine 259–60
- communication 208, 277
- communications technology 156, 228, 289, 294 *see also* information technology
- community 127, 155–6
- community hospitals 91–2
- Comprehensive Geriatric Assessment (CGA) 92–3, 95, 209–10
- computerized tomography (CT) 12, 71, 75, 235, 246, 248–51
- connectivity 296–7
- COPD (chronic obstructive pulmonary disease) 14, 145–72
 - definition 146–7
 - burden of 147–9
 - care 149–54
 - exacerbations 154–66
 - hospital care 157–9, 160, 161
 - post hospital care and rehabilitation 159, 162–6
 - workforce 166–8
 - specialist resources 168–70
 - barriers to delivering optimal care, and the future 170–2
- Copenhagen SIKS project, Denmark 165
- costs
 - of COPD 148–9
 - of drugs 130–1, 133
 - of pathology tests 275–6, 277
 - of stroke 55
- C-reactive protein (CRP) tests 277, 282
- crisis response teams 105
- crowding, emergency departments 189, 194
- CT (computerized tomography) 12, 71, 75, 235, 246, 248–51
- data, digitized 7–8, 223, 226–7
- data security 259, 260
- day surgery 218
- death
 - from COPD 147–8, 153
 - neonatal 27
 - from stroke 53–4
- decisions, shared decision-making (SDM) 76, 213–15, 226
- delirium units 94–5
- dementia 55, 94–5, 98–100, 107, 252
- demographics 23–4, 85, 130
- Denmark, Copenhagen SIKS project 165
- design of hospitals 16–17
 - child friendly 24–5
 - emergency departments 194–5
 - imaging departments 250–1, 252
 - neonatal intensive care units 29–31
- diabetes 45–6, 269, 289
- diagnostic centres 253
- diagnostics 44, 60–1, 75, 169, 270–1
 - see also* laboratory medicine
 - over-diagnosis 124
- dietetics 66
- digital pathology 260
- digitized data 7–8, 223, 226–7
- disabilities, due to stroke 54–5
- discharge
 - care bundle project, COPD, London 163–4
 - discharge-to-assess schemes 101
 - early supported 57, 63–4, 101–2, 162, 290
 - from emergency departments 189–90

- disease, chronic *see* chronic disease
- doctors, senior 190–1
- drugs 72, 130–1, 224
 - adverse reactions 104–5
- Early Supported Discharge (ESD)
 - after stroke 57, 63–4, 290
 - COPD 162
 - older patients 101–2
- echocardiography 71, 245
- economics *see* costs
- education *see* training
- eHealth initiatives 135
- elderly patients *see* older patients
- emergency medicine 14–15, 45, 181–96
 - development of, and definition 182–3
 - entering the emergency department 184–6
 - hospital emergency departments 186–9
 - admission / discharge 189–90
 - workforce 190–2
 - managing demand 192–5
 - future trends 195–6
 - geriatric and frailty services 93–4
- empowerment, patient 134–5, 214, 226
- end of life care 62–3, 97–8, 102–3, 158, 196 *see also* palliative care
- enhanced recovery programmes (ERP) 215–17, 226
- equipment, imaging 248–9, 255
- errors, medical 224
- European Association for Children in Hospital (EACH) 38–9
- European Cancer Organization (ECCO) 138
- European Reference networks (ERNs) 137
- evidence-based medicine 55–9, 73
- exercise physiologists 167
- exercise therapy 213
- extracorporeal membrane oxygenation (ECMO) 33
- falls 87–8, 96, 195
- FAST (Face Arm Speech Time) 60
- financial costs *see* costs
- fitness, for surgery 210–12
- flow, of patients 189
- fractures 95–6
- frailty 5, 13, 86–8, 195 *see also* older patients
 - Acute Frailty services 93–4
- France, Institut Gustaphe Roussy, Paris 134
- funding 8–9, 249, 255–6
- Gartner-Hype cycle 260
- gastrointestinal haemorrhage 237
- gene expression profiling 44
- generalists and specialists 292–3
- genome sequencing, 100 000 Genomes Project 263–4
- genomics 260
- geriatricians 103–5, 106–8, 191, 209–10
- geriatrics *see* older patients
- Germany, organization of cancer care 138
- Gustaphe Roussy Institut, Paris 134
- Guy's and St Thomas' NHS Foundation Trust, POPS team 209–10
- haemorrhage 237
- haemorrhagic stroke 54
- health and safety 195
- health workers *see* staff
- hip fractures 95–6
- hip replacements 204, 217
- HIV 5, 289
- home-based care 102–3, 104, 105, 227
- hospital admissions, prevention 155–7
- hospital at home schemes 102–3, 104
- Hospital Elder Life Programme (HELP) 95
- hospitalists 292–3
- hospitals
 - challenges for future 288–97
 - design *see* design of hospitals
 - history of 3–6
 - within wider health system 9–10, 296
- human factors and systems design 224
- Hyperacute Stroke Units (HASUs) 67

- imaging 15–16, 233–56
 - scope 233–8
 - links with other services 238–43
 - workforce 243–5, 247–8, 254–5
 - use of 245–7
 - equipment 248–9, 255
 - funding issues 249, 256
 - organization and imaging service
 - location 250–1, 252–3
 - future trends 251–6
 - imaging guidance 131, 133–4, 252
 - and stroke 60–1, 71, 75
- immunotherapy 124, 132–3
- improvement science 224–6, 227
- infection control, in neonatal intensive care 30–1
- infectious disease 43–4
- information technology 46, 47, 108, 135, 295 *see also*
 - communications technology
- in laboratory medicine 276–7
- in radiology / imaging 235–7
- wearable 259, 281–2
- innovation 277, 296
- Institut Gustaphe Roussy, Paris 134
- insulin pumps 45–6
- integrated care 293–4
 - for older people 108–9
 - perioperative care 207–8
- Integrated Respiratory Team (IRT), Kings Health Partners, London 155–6
- intermediate care services 91–2, 105
- internet 163, 228
- interventional radiology 16, 237–8, 240, 242, 252, 253
- Irish National Cancer Control Programme 266–7
- ischaemic stroke 54, 57, 60, 73, 75
- Italy
 - cancer networks 137
 - Italian Association of Cancer Registries (AIRTUM) 139
- Kehlet, Henrik 216
- ketoacidosis 45
- Kings Health Partners Integrated Respiratory Team, London, UK 155–6
- laboratory medicine 16, 258–85
 - advances 261–4
 - within hospitals 265–7
 - in primary care 267–9
 - workforce 270–3, 275
 - workload, increasing 274
 - barriers to optimal services 273–7
 - future 278–85
- length of stay 9, 204–5, 294
- liaison
 - geriatric-surgical 95–6
 - psychiatry 99–100
- life support 33
- lifestyle modification 212–13
- light, in neonatal intensive care 31
- London, UK
 - COPD discharge care bundle project 163–4
 - Integrated Respiratory Team, Kings Health Partners 155–6
 - POPS team, Guy's and St Thomas' NHS Foundation Trust 209–10
- long-term oxygen therapy (LTOT) 152
- lung transplantation 152, 169
- lung volume reduction surgery (LVRS) 154, 169
- magnetic resonance imaging (MRI) 233–5, 243, 246, 248–51
- medical errors 224
- meetings 129, 240, 297
- mental health problems 98–100, 188–9
- Minor Injury Units 185
- molecular imaging 235, 236
- mortality
 - from COPD 147–8, 153
 - neonatal 27
 - from stroke 53–4
- MRI (magnetic resonance imaging) 233–5, 243, 246, 248–51
- multidisciplinary teams 241, 266, 291–2
 - cancer care 127–9, 240
 - COPD 155–6
 - perioperative care 208, 209–17, 220
 - stroke 64–5, 76, 77
- multimorbidity 5, 64, 291, 292

- near-patient testing 6, 16, 191, 259
- neonatal care 11, 27–34
 - levels 31–3
 - mortality 27
 - neonatal intensive care units (NICU) 29–33
 - training 34
 - trends 27–9
- The Netherlands
 - anaesthetic nurses 219
 - cancer networks 136
- networks 294
 - cancer 135–7, 139
 - imaging 254
 - laboratory medicine 261
- neurosurgery 71
- newborns *see* neonatal care
- NICU (neonatal intensive care units) 29–33
- noise, in neonatal intensive care 31
- nurses
 - Advanced Nurse Practitioners 107
 - anaesthetic nurses 219
 - dementia 100
 - emergency nurse practitioners 191
 - neonatal 33
 - physician associates 167
 - shortages 106–7
 - stroke 65
- nursing homes 193
- obesity 255
- observation wards 188
- obstetrics 11, 27–9 *see also* neonatal care
- older patients 5, 12–13, 85–110, 195, 205–6 *see also* geriatricians
 - challenges 85–9
 - pre-hospital care 89–92
 - hospital care 92–100
 - Acute Frailty services 93–4
 - Comprehensive Geriatric Assessment 92–3, 209–10
 - delirium / dementia 94–5
 - end of life care 97–8
 - outpatient clinics 96–7
 - post-hospital care 100–5
 - community geriatricians 103–5
 - discharge 101–2
 - hospital at home schemes 102–3, 104
 - intermediate care rehabilitation services 91–2, 105
 - medical staff 106–8
 - barriers to delivering integrated care 108–9
- oncology *see* cancer
- online services 163, 228
- operating theatres 15, 227–8 *see also* perioperative medicine
- Organization of European Cancer Institutes (OEI) 138
- orthogeriatric collaboration 95–6
- outpatient clinics 96–7 *see also* ambulatory care
- overcrowding, in emergency departments 189, 194
- oxygen therapy 152
- PACS (picture archiving and communication systems) 236–7, 244, 254, 255
- paediatricians 11, 31–3, 42
- paediatrics *see* child health care
- palliative care 33, 60, 62–3 *see also* end of life care
- paramedics 15, 45, 185
- parents 34, 38
- Paris, Institut Gustave Roussy 136
- pathology *see* laboratory medicine
- patient empowerment 134–5, 214, 226
- patient flow 189
- patient registries 138–9
- patient safety 8, 26, 34, 212, 283
- patient-centred care 10, 134–5, 209, 213–15
- perioperative medicine 15, 203–28
 - scope 203–6
 - role 206–9
 - multidisciplinary assessment 209–17
 - ambulatory surgery 218
 - workforce and training 218–21
 - barriers to delivery 221–2
 - advances in technology 222–4
 - research, improvement science and the future 224–8
- personalized medicine 258–9, 264

- person-centred care 10, 134–5, 209, 213–15
- PET-CT (positron emission tomography) 235, 251–2
- pharmaceuticals 72, 130–1, 224
 - adverse drug reactions 104–5
- pharmacists 66
- phones 288–9
- physiotherapy specialists 167
- picture archiving and communication systems (PACS) 236–7, 244, 254, 255
- pneumonia 43–4, 62
- point of care testing (POCT) 29, 72, 259, 262, 268–9, 271, 280–1
 - biosensors 282–3
- poison control centres 45
- POPS team (Proactive care of Older people undergoing Surgery) 209–10
- population
 - ageing 5, 205
 - child 23–4
- population health systems 263
- positron emission tomography (PET-CT) 235, 251–2
- post-operative care 15, 209, 215–17
- postpartum haemorrhage 237
- pre-assessment clinics 211–12
- precision medicine 132–3
- pregnancies 11, 28 *see also* neonatal care
- prehabilitation 212–13
- premature babies 11, 27, 29–33
- prevention
 - accident 195
 - cancer 123–4
 - of hospital admissions 155–7
 - secondary 58, 189
- primary care
 - for chronic diseases 153, 293
 - emergency medicine 185–6, 187, 192
 - and imaging 242–3, 255
 - and laboratory medicine 267–9
 - for older people 89–92
- Proactive care of Older people undergoing Surgery (POPS) team 209–10
- psychiatry, older people 99–100
- psychologists 66
- public health programmes 74
- pulmonary rehabilitation 164–6
- quality improvement (QI) 225–6, 266–7
- quality of care 8
 - COPD 171
 - pathology 275–6
 - stroke 68–9, 70, 78
- queues, in emergency departments 194
- radiation exposure 248, 251
- radiographers 244–5, 247, 255
- radiologists 243, 247–8, 254–5
- radiology 15–16, 131–2, 233, 235–6, 276 *see also* imaging
 - interventional 16, 237–8, 240, 242, 252, 253
- radiotherapy 131, 133
- rapid response teams 89–90, 105
- recovery 64, 215–17
- registries, patient 138–9
- rehabilitation
 - after stroke 56, 58–9, 63–4, 65–6, 73, 75
 - COPD 164–6
 - for older patients 105
- reimbursement schemes, for drugs 130–1
- remote areas, patients in 295
- remote working 227–8, 259–60
- renal obstruction 238
- re-perfusion 57
- research 224, 253–4, 271, 278
- residential homes 193
- respiratory acidosis 158, 168
- respiratory nurses 167
- resuscitation 29, 187
- risk assessment and shared decision-making 213–15
- risk optimization 212–13
- road safety 195
- robotics 75, 77, 227–8
- safety, patient 8, 26, 34, 212, 283
- scientists, roles in cellular pathology 272–3

- screening 124, 125
- secondary prevention 58, 189
- self-management, chronic obstructive pulmonary disease 155–6
- self-testing 259, 280–1
- senior doctors 190–1
- shared decision-making (SDM) 76, 213–5, 226
- shortages of staff *see* staff shortages
- SIKS project, Copenhagen, Denmark 165
- simulation 34
- smart phones 288–9
- smoking 120, 123, 148–51
- social care 6, 108
- Spain, Barcelona, telehealth team 163
- specialists and generalists 292–3
- staff 17, 296
 - COPD 166–8
 - emergency departments 190–2
 - imaging 243–5, 247–8, 254–5
 - laboratory medicine 270–3, 275
 - perioperative care 218–21
 - stroke care 64–6, 72
- staff shortages
 - cancer care 130
 - emergency departments 190
 - geriatrics 247–8
 - perioperative care 221
 - radiology 247–8
 - stroke care 72
- stem cell technologies 75
- stress 192
- stroke 12, 53–78, 238
 - burden of 53–5
 - types of 54
 - before hospital admission 59–60
 - care in hospital 60–3
 - rehabilitation and long-term management 58–9, 63–4, 65–6, 73, 75
 - re-perfusion 57
 - secondary prevention 58
 - stroke units 56, 61, 67, 69, 77, 290
 - comprehensive stroke centres 66–7
 - medical staff 64–6, 72
 - networks of stroke care 66–8
 - variation in care quality 68–9, 70
 - specialist resources 69, 71–2
 - barriers to optimal care 72–4
 - the future 74–8
- sugammadex 224
- surgery 132, 133 *see also* perioperative medicine
 - ambulatory 218
 - assessing fitness for 210–12
 - for COPD 153–4, 169
 - enhanced recovery programmes 215–17
- surgical assessment units 189
- surgical liaison 96
- survival rates, cancer 134–5
- swallowing problems, after stroke 62
- Sweden, anaesthetic nurses 219
- symptoms, of stroke 60
- targeted therapies 132–3
- teams *see* multidisciplinary teams
- technology, advances 44, 45–6, 133–4, 209, 222–4, 288–9
 - laboratory medicine 259–60, 262
- technology, communications 156, 228, 289, 294 *see also* information technology
- telemedicine 44, 47, 67–8, 162–3
- teleconsultations 45, 227
- telepathology 259–60
- teleradiology 237
- telephone advice lines 184, 192–3
- testing
 - fitness for surgery 210–12
 - near-patient 6, 16, 191, 259
 - point of care 29, 72, 259, 262, 268–9, 271, 280–1, 282–3
 - self 259, 280–1
- Theranos, company 283
- thrombectomy 57, 61, 74, 75, 252
- thrombolysis 57, 61, 68, 73, 238
- tobacco control 120, 123, 148–51
- Torbay Hospital clinic 215
- training
 - coaching 226
 - for emergencies 45
 - geriatrics 106–8
 - neonatal care 34
 - paediatric subspecialties 40–1
 - perioperative care 220–1
 - for stroke care 72, 77
- transient ischaemic attack (TIA) 54, 58, 60

Index 305

transplants, lung 152, 169	vaccines 123–4
trauma services 187–8	vascular ultrasound 71
triage 60, 185, 186–7	ventilation 32, 152, 158, 168–9
	viral infections, as cause of cancer 123–4
ultrasound 71, 224, 233, 234–5, 244–5, 288–9	virtual clinics 156
United Kingdom	virtual community wards 102–3, 104
COPD discharge care bundle project 163–4	
Integrated Respiratory Team, Kings Health Partners 155–6	wearables 259, 281–2
Physician’s Assistant (Anaesthesia) 219–20	workforce <i>see</i> staff
POPS team, Guy’s and St Thomas’ NHS Foundation Trust 209–10	working hours 34
	X-rays 233, 234–6, 251