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978-1-108-73132-4 — Acute Stroke Care

James Grotta , Ahmad Riad Ramadan , Mary Carter Denny , Sean I. Savitz
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Acute Stroke Care

Third Edition

You have just encountered a possible stroke patient. You ask yourself: What should I do first? How do I know it is a stroke? Is it too late to reverse the damage?

This book provides integral assistance in answering these critical questions. All content is arranged in chronological order, covering all considerations in assessing and treating patients in the emergency room, stroke unit, and rehabilitation facilities.

This new edition offers readers the latest information on stroke treatment, and features brand new chapters on stroke radiology, endovascular therapy, the uncommon causes of stroke, cerebral venous thrombosis, stroke prevention, and the transition to outpatient care. The comprehensive set of appendices contains useful reference information, including dosage algorithms, conversion factors, and stroke scales.

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Contents

Preface to the Third Edition	<i>page xi</i>
List of Abbreviations	xii
1 Stroke in the Emergency Department	1
Is This a Stroke?	1
What Type of Stroke?	6
2 What to Do First	7
Airway – Breathing – Circulation (ABCs)	7
What Was the Time of Onset?	8
How Bad Are the Symptoms Now?	9
Do a Non-Contrast Head CT	9
If the CT Shows No Blood, Try to Get the Artery Open	10
Recommended Diagnostic Evaluation	10
3 Ischemic Stroke	12
Definition	12
Etiology	12
Diagnosis	12

Cambridge University Press
978-1-108-73132-4 — Acute Stroke Care
James Grotta , Ahmad Riad Ramadan , Mary Carter Denny , Sean I. Savitz
Frontmatter
[More Information](#)

The Four Components of Ischemic Stroke Care	13
Acute Therapy and Optimization of Neurological Status	13
Etiological Work-up for Secondary Prevention	21
Prevention of Neurological Deterioration or Medical Complications	24
Recovery and Rehabilitation	27
Ischemic Stroke Outcome	27
General Timeline	30

4 Stroke Radiology 32

Computed Tomography	32
Head CT with Contrast	35
Magnetic Resonance Imaging	40
MRI Sequences	41
Usual Sequences Ordered for Acute Ischemic Stroke Patients	52
Abbreviated Protocol for Uncooperative Patients	53
Usual Sequences Ordered for Acute ICH Patients	53
MRI Findings in Brain Hemorrhage	54
Cerebral Angiogram	55
Diffusion Tensor Imaging	55

5 Intravenous Thrombolysis 58

tPA Indications	60
tPA Contraindications	61
Procedure	71
Risks Versus Benefits of tPA	73
tPA-Related Intracranial Hemorrhage: Management Protocol	76
Oropharyngeal Angioedema: Management Protocol	77

Cambridge University Press
978-1-108-73132-4 — Acute Stroke Care
James Grotta , Ahmad Riad Ramadan , Mary Carter Denny , Sean I. Savitz
Frontmatter
[More Information](#)

6 Endovascular Therapy	80
Time is Still Important	81
Planning an Endovascular Case	81
During the Procedure	90
After the Procedure	92
Risks and Benefits of EVT	94
Posterior Circulation	97
 7 Neurological Deterioration in Acute Ischemic Stroke	 101
Probable Causes	101
Initial Evaluation of Patients with Neurological Deterioration	102
Stroke Enlargement	102
Drop in Perfusion Pressure	104
Recurrent Stroke	105
Cerebral Edema and Mass Effect	107
Hemorrhagic Transformation	112
Metabolic Disturbance	114
Seizure	115
Symptom Fluctuations Without a Good Cause	115
The Uncooperative Patient	116
 8 Ischemic Stroke Etiology and Secondary Prevention	 119
Diagnostic Studies	119
Control Risk Factors	124
Antiplatelets and Anticoagulants	128
Atrial Fibrillation	132

Cambridge University Press
978-1-108-73132-4 — Acute Stroke Care
James Grotta , Ahmad Riad Ramadan , Mary Carter Denny , Sean I. Savitz
Frontmatter
[More Information](#)

viii	Contents
------	----------

Carotid Stenosis	136
Carotid Occlusion	139
Intracranial Stenosis	140
Lacunar Strokes	141
Cervical Arterial Dissection	143
Patent Foramen Ovale	146

9 Transient Ischemic Attack 153

Definition	153
Etiology	154
Presentation	154
Differential Diagnosis	154
Clinical Approach to a Patient With Suspected TIA	155
Prognosis After TIA	157

10 Less Common Causes of Stroke 160

Causes	160
Tests to Consider	166

11 Cerebral Venous Sinus Thrombosis 168

Epidemiology	168
Pathogenesis	168
Risk Factors	168
Clinical Picture	170
Diagnosis	170
Acute Management	171
Chronic Management	172
Complications of CVST	172
Prognosis and Recurrence	173

Cambridge University Press
978-1-108-73132-4 — Acute Stroke Care
James Grotta , Ahmad Riad Ramadan , Mary Carter Denny , Sean I. Savitz
Frontmatter
[More Information](#)

12 Intracerebral Hemorrhage	175
Definition	176
Etiology	177
Presentation	178
Diagnosis and Evaluation	179
Management	181
Prognosis and Outcome	192
13 Subarachnoid Hemorrhage	198
Definition	198
Epidemiology	198
Presentation	199
Diagnosis	199
Management of Ruptured Aneurysms	201
Unruptured Aneurysms	211
14 Organization of Stroke Care	215
Timely Care	215
Prehospital Stroke Care	216
Prehospital Stroke Scales	217
Drip-and-Ship versus Mothership Models	218
Stroke Centers	218
Telemedicine for Stroke (Telestroke)	221
Stroke Teams	221
Stroke Units	222

Cambridge University Press
978-1-108-73132-4 — Acute Stroke Care
James Grotta , Ahmad Riad Ramadan , Mary Carter Denny , Sean I. Savitz
Frontmatter
[More Information](#)

15 Stroke Rehabilitation	226
Early Acute Stroke Rehabilitation Trials	227
Multidisciplinary Rehabilitation Team	228
Discharge Disposition	234
16 Transition to Outpatient Stroke Care	237
Psychosocial Evaluation	237
Stroke Prevention Clinics	238
Common Post-Stroke Sequelae	238
Appendix 1. IV tPA Dosing Chart	241
Appendix 2. Transcranial Doppler Ultrasound	244
Appendix 3. Medical Complications	247
Appendix 4. Brainstem Syndromes	253
Appendix 5. Anatomy of Cerebral Vasculature	256
Appendix 6. Brain Death Criteria	262
Appendix 7. Stroke Assessment Scales	266
Further In-Depth Reading	283
Index	285

Color plate section between pages 152 and 153

Preface to the Third Edition

Stroke is a classical acute medical emergency that needs to be dealt with promptly and effectively to minimize patient morbidity. This book helps answer the critical questions faced by any physician encountering a patient with suspected stroke. It provides practical advice on the care of stroke patients in a range of acute settings. The content is arranged in chronological order, covering the things to consider in assessing and treating the patient in the emergency department, the stroke unit, and then on transfer to a rehabilitation facility. All types of stroke are covered. A comprehensive set of appendices contains useful reference information, including dosing algorithms, medical complications, and stroke scales.

Changes in this third edition include:

- Content moved from appendices to new full chapter:
 - Stroke radiology
- New chapters:
 - Endovascular therapy
 - Less common causes of stroke
 - Cerebral venous sinus thrombosis
 - Transition to outpatient stroke care
- Expanded chapters:
 - Ischemic stroke etiology and secondary prevention – covers information on what a stroke specialist should consider in managing post-acute-stroke patients
 - Subarachnoid hemorrhage – many vascular neurologists will manage these patients
 - Organization of stroke care

Abbreviations

ACA	anterior cerebral artery
ACC	American College of Cardiology
ACE	angiotensin-converting enzyme
ADC	apparent diffusion coefficient
AF	atrial fibrillation
AHA	American Heart Association
AIS	acute ischemic stroke
APA	antiplatelet agent
aPTT	activated partial thromboplastin time
ARB	angiotensin II receptor blocker
ARR	absolute risk reduction
ASA	American Stroke Association
ASCVD	atherosclerotic cardiovascular disease
ASPECTS	Alberta Stroke Programme Early CT Score
AVM	arteriovenous malformation
BAO	basilar artery occlusion
BHF	British Heart Foundation
BHI	breath-holding index
bid	twice a day (<i>bis in die</i>)
BP	blood pressure
CAA	cerebral amyloid angiopathy
CAS	carotid artery stenting

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Frontmatter
[More Information](#)

CBC	complete blood count
CBF	cerebral blood flow
CBV	cerebral blood volume
CEA	carotid endarterectomy
CI	confidence interval
CN	cranial nerve
CNS	central nervous system
CPP	cerebral perfusion pressure
CRP	C-reactive protein
CS	conscious sedation
CSF	cerebrospinal fluid
CT	computed tomography
CTA	CT angiography
CTP	CT perfusion
CTV	CT venography
CUS	carotid ultrasound
CVST	cerebral venous sinus thrombosis
DAPT	dual antiplatelet therapy
DBP	diastolic blood pressure
DCI	delayed cerebral ischemia
DIC	disseminated intravascular coagulation
DOAC	direct oral anticoagulant
DSA	digital subtraction angiography
DTI	diffusion tensor imaging
DVT	deep venous thrombosis
DWI	diffusion-weighted imaging
ECASS	European Cooperative Acute Stroke Study
ECG	electrocardiogram
ED	emergency department
EEG	electroencephalogram
EIC	early ischemic change
EMA	European Medicines Agency

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Frontmatter
[More Information](#)

EMS	emergency medical services
ESR	erythrocyte sedimentation rate
EU	European Union
EVD	external ventricular drain
EVT	endovascular thrombectomy
FDA	Food and Drug Administration (USA)
FEIBA	factor eight inhibitor bypassing agent
FFP	fresh frozen plasma
FLAIR	fluid-attenuated inversion recovery
GA	general anesthesia
GCS	Glasgow Coma Scale
GFR	glomerular filtration rate
GI	gastrointestinal
GRE	gradient echo
GU	genitourinary
HCTZ	hydrochlorothiazide
HDL	high-density lipoprotein
HI	hemorrhagic infarction
HIT	heparin-induced thrombocytopenia
HITS	high-intensity transient signal
HITTS	heparin-induced thrombocytopenia with thrombotic syndrome
HIV	human immunodeficiency virus
HU	Hounsfield unit
IA	intra-arterial
ICA	internal carotid artery
ICH	intracerebral hemorrhage
ICP	intracranial pressure
ICU	intensive care unit
IgG	immunoglobulin G
IgM	immunoglobulin M
IM	intramuscular

INR	international normalized ratio
IV	intravenous
IVH	intraventricular hemorrhage
IVT	intravenous thrombolysis
LACI	lacunar infarction
LDL	low-density lipoprotein
LKW	last known well
LMN	lower motor neuron
LMWH	low-molecular-weight heparin
LOC	level of consciousness
LTAC	long-term acute care
LVO	large-vessel occlusion
MAP	mean arterial pressure
MB	microbubble
MCA	middle cerebral artery
MI	myocardial infarction
MPGR	multiplanar gradient recalled
MRA	magnetic resonance angiogram
MRC	Medical Research Council
MRI	magnetic resonance imaging
mRS	modified Rankin scale
MRSA	methicillin-resistant <i>Staphylococcus aureus</i>
MRV	magnetic resonance venography
MSSA	methicillin-sensitive <i>Staphylococcus aureus</i>
MSU	mobile stroke unit
MTE	mean time to enhancement
mTICI	modified Thrombolysis in Cerebral Infarction scale
MTT	mean transit time
NCCT	non-contrast CT
NEI	negative enhancement integral
NF-1	neurofibromatosis type 1
NIH	National Institutes of Health

NIHSS	National Institutes of Health Stroke Scale
NINDS	National Institute of Neurological Disorders and Stroke
NNH	number needed to harm
NNT	number needed to treat
NPO	nothing by mouth (<i>nil per os</i>)
NSAID	non-steroidal anti-inflammatory drug
NSTEMI	non-ST-elevation myocardial infarction
OOB	out of bed
OR	odds ratio
OT	occupational therapy
PACI	partial anterior circulation infarction
PCA	posterior cerebral artery
PCC	prothrombin complex concentrate
PEG	percutaneous endoscopic gastrostomy
PET	positron-emission tomography
PFO	patent foramen ovale
PH	parenchymal hemorrhage
PO	by mouth (<i>per os</i>)
POCI	posterior circulation infarction
PSD	post-stroke depression
PT	physical therapy
PT	prothrombin time
PTT	partial thromboplastin time
PWI	perfusion-weighted imaging
qd	every day (<i>quaque die</i>)
RCT	randomized controlled trial
RCVS	reversible cerebral vasoconstriction syndrome
RLS	right-to-left shunt
RRR	relative risk reduction
SAH	subarachnoid hemorrhage
SBP	systolic blood pressure
SC	subcutaneous

SIADH	syndrome of inappropriate antidiuretic hormone secretion
SLE	systemic lupus erythematosus
SLP	speech and language pathologist
SNF	skilled nursing facility
SPECT	single-photon emission computed tomography
SSRI	selective serotonin reuptake inhibitor
ST	speech therapy
STEMI	ST-elevation myocardial infarction
SWI	susceptibility-weighted imaging
TACI	total anterior circulation infarction
TCD	transcranial Doppler ultrasound
TED	thromboembolic deterrent
TEE	transesophageal echocardiogram
TIA	transient ischemic attack
T _{max}	maximum of the tissue residue function
TNK	tenecteplase
tPA	tissue plasminogen activator
tRNA	transfer RNA (ribonucleic acid)
TTE	transthoracic echocardiogram
TTP	time to peak
UFH	unfractionated heparin
UTI	urinary tract infection
VTE	venous thromboembolism
VZV	varicella-zoster virus
WBC	white blood cells
WFNS	World Federation of Neurological Surgeons

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