Chronic Care Nursing
A Framework for Practice
Second edition

Chronic conditions have a substantial and increasing global impact on life and health care. Health systems need to adapt to address these shifting health priorities, while nurses require specialised skills to implement changes and create better client outcomes. Chronic Care Nursing: A Framework for Practice provides a comprehensive and accessible overview of the role of the nurse in managing chronic conditions across a variety of settings in Australia and New Zealand.

The first part of the book outlines two essential approaches to chronic care management – the Chronic Care Model and the World Health Organization’s Innovative Care for Chronic Conditions Framework – while the second part covers key conditions within chronic care nursing. The second edition has been fully updated to include the latest research, and features new chapters covering self-management and empowerment; living with mental health issues; chronic bowel conditions; and eye, ear and dental health.

Written by an expert author team of practising nurses and academics, Chronic Care Nursing continues to provide students and practising nurses with the essential skills required to be effective in evolving health systems.

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The editors would like to dedicate this text to nurses of the future.

Linda Deravin and Judith Anderson
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Preface

Impact of chronic conditions in Australia and New Zealand, and worldwide

This is the second edition of Chronic Care Nursing: A Framework for Practice, which we believe will be a useful resource for this area of clinical nursing practice. This book has been developed for undergraduate nurses and registered nurses who wish to develop their knowledge about the care of people living with chronic conditions in our communities.

The structure of this book is based on the Innovative Care for Chronic Conditions Framework (ICCCF), which is an internationally recognised framework for the delivery of chronic care. The ICCCF extends the Chronic Care Model (CCM) that was developed by Wagner (Wagner et al., 1999). The CCM is well recognised to provide a systematic approach to chronic care management. It incorporates six components: health system (organisation of health care), self-management support, decision support, delivery-system design, clinical information systems, and community resources and policies (Stellefson, Dipnarine & Stopka, 2013). The model provides a multidimensional solution to the complex problem of the provision of chronic care (Bodenheimer, Wagner & Grumbach, 2002).

The CCM has been expanded and internationalised by the World Health Organization (WHO) to be developed into the ICCCF. Nurses need to lead the redesign of the health care system in order to improve health outcomes through the implementation of the CCM. The ICCCF extends the CCM by adding micro, meso and macro levels and incorporates six guiding principles: evidence-based decision making, population health approach, focus on prevention, quality focus, integration, and flexibility and adaptability (WHO, 2002; 2018). These levels extend the involvement of community, and describe policies and financing as the drivers at the macro level (Epping-Jordan et al., 2004). An important aspect of the implementation of this model and framework is how well it is integrated into undergraduate nursing education so that an informed and well-prepared nursing workforce is established in Australia and New Zealand (Anderson & Malone, 2015). For this reason, the following competencies table outlines how each chapter aligns to the standards of practice for registered nurses in Australia and New Zealand.

The first section of this textbook focuses on the ICCCF to support the learning of undergraduate student nurses about the complexity of chronic conditions and how it is best implemented to improve patient outcomes at both a national and international level. An additional chapter has been included in the second edition that focuses on self-management of the person with chronic conditions. The second section supports the ICCCF and includes a chapter on each of the Australian National Health Priority Areas of asthma, cancer, diabetes, cardiovascular disease, injury prevention and control, arthritis and musculoskeletal conditions, mental health, obesity, and dementia. There are also chapters about other chronic
conditions such as chronic kidney disease, disability, end of life care, and Parkinson’s disease and multiple sclerosis. Additional chapters have been added to address chronic bowel conditions; and chronic eye, ear and dental health. This is provided within the Australian and New Zealand context.

Linda Deravin and Judith Anderson

REFERENCES


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<td>Standard 3: Maintains the capability for practice</td>
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<td>Standard 5: Develops a plan for nursing practice</td>
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<td>Standard 7: Evaluates outcomes to inform nursing practice</td>
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### Competencies for Registered Nurses (New Zealand, 2016)

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An ‘x’ indicates that this standard or competency for practice is being addressed in this chapter.

