**Daily life**

**1a** Write questions. Use the present simple or present continuous.

1. the sun / shine / at the moment? 
2. why / you / study / English / this year? 
3. how often / they / meet / their friends? 
4. you / look / forward / to / next weekend? 
5. she / like / watching / films? 
6. where / your brother / live?

**1b** Now match questions 1–6 in 1a to answers a–f.

a. Yes, either at the cinema or at home. 
b. Yes! I love Saturday and Sunday. 
c. Because it’s fun! 
d. No, it’s cold and wet! 
e. Every weekend. 
f. In London.

**2** Complete the quiz with the words in the box. Then answer the questions and read the results.

<table>
<thead>
<tr>
<th>awake</th>
<th>buy</th>
<th>clean</th>
<th>go</th>
<th>go</th>
<th>have</th>
<th>late</th>
</tr>
</thead>
<tbody>
<tr>
<td>leave</td>
<td>morning</td>
<td>routine</td>
<td>wake up</td>
<td>weekend</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Are you a creature of habit?**

1. Do you need an alarm clock to help you .......... in the morning?
   a) No, I’m usually .......... before my alarm goes off.
   b) Yes. Without the alarm, I would just go on sleeping.

2. Do you always .......... the same thing for breakfast?
   a) Yes, I don’t like making decisions in the .......... !
   b) No, that would be boring!

3. Do you ever forget to .......... your teeth or brush your hair in the morning?
   a) No, they are part of my morning .......... , so I never forget.
   b) Yes, if I’m in a hurry.

4. Do you .......... home at the same time every day for work or college?
   a) Yes, I don’t like being .......... .
   b) No, sometimes I’m early and sometimes I’m a bit late.

5. Do you .......... shopping on the same day each week?
   a) Yes, and I usually .......... the same things each week.
   b) No, it depends what I’m doing each week.

6. Do you usually .......... to bed at the same time every night?
   a) Yes, during the week, but not at the .......... of course.
   b) No, it depends what I’m doing each day.

**Mostly a:** You are definitely a creature of habit. You could try relaxing a bit and doing something different for a change.

**Mostly b:** Your habits and routines aren’t completely fixed. It’s great to have variety, but remember that routine can help you to be organised.
Match the definitions to the words for clothes.

1. They’re a kind of jewellery.
   a collar

2. People wear this on the beach to go in the sea.
   b belt

3. You wear this under your other clothes.
   c kit

4. You wear these on your feet, especially in winter.
   d earrings

5. This is the part of a shirt that goes around your neck.
   e underwear

6. You might see these on dress or shirt material.
   f raincoat

7. These keep your hands warm.
   g boots

8. You might wear this if your trousers are too loose.
   h swimsuit

9. You might put this on in wet weather.
   i gloves

10. Footballers wear this to show which team they are playing for.
    j stripes

Read the email. Find:

1. the sentence which says why Josh is writing .................................................................

2. the phrase Josh uses to apologise .................................................................................

3. the sentence which explains why he can’t go shopping on Saturday ............................

4. the sentence which suggests when and where they could meet .....................................

5. two linking words ...........................................................................................................

Hi Liam,

I’m emailing you about the shopping trip we planned on Saturday. I’m afraid I can’t go
because I’m going to visit my sister in London. Maybe you could come round to my house on
Sunday and we could go into town together then?

Josh
LISTENING

PART 1

Sport

Complete the sentences with the correct form of do, go or play.

1. Have you ever ................. gymnastics?
2. I'm ................. tennis with my friends on Saturday.
3. My sister ................. horse-riding every weekend. She's the best rider I know.
4. I ................. volleyball with friends last night. They're much better than me!
5. Do you ................. yoga? I've heard it helps you to relax.
6. We ................. swimming in the river last Sunday – it was great.
7. I ................. a lot of athletics when I was young.
8. My friend Olly's ................. skiing every weekend this winter.

Exam task

For each question, choose the correct answer.

1. What did the man do at the sports centre yesterday?
   - A
   - B
   - C

2. Which sport does the woman compete in?
   - A
   - B
   - C

3. Where will the friends go running this evening?
   - A
   - B
   - C

4. Which winter sport was Max good at when he was young?
   - A
   - B
   - C
Write the questions and ask a partner.

1. What is your name?

2. How old are you?

3. Where do you live?

4. Do you speak English at college?

5. Who do you live with?

Exam task

Track 13 Now complete the examiner's questions in Phase 2 of Part 1. Then listen and check.

1. Who do you spend most time with?

2. What do you do doing when you're at home?

3. What do you about your school or job?

4. What do you like to do in the future?

5. When did you learning English? Do you enjoy it? Why? / Why not?

6. Where did you up?

7. What do you like about the town you in?

8. Where would you like to live, if you the opportunity?

In pairs, ask and answer the questions.