

Introduction



Who is this book for?

If you are aged between 11 and 15 and want to take **B1 Preliminary for Schools**, this book is for you!

Why is this book called 'Trainer'?



This book is called '**Trainer**' because it is full of exercises to help you get better and better at doing each part of **B1 Preliminary for Schools**. So, complete all the exercises, then do all the practice papers. If you train and work hard, you will soon be ready to take **B1 Preliminary for Schools**!



How do I use this book?

First do the exercises on each **Training** page. Then do the task on the **Exam Practice** page and check your answers.

Tests 1–2: Training

On Training pages (Tests 1 and 2 only), you will find:



Cambridge Learner Corpus

This shows information about mistakes that some **B1 Preliminary for Schools** candidates make. If you do these useful exercises, you will learn not to make these mistakes when you do the exam.



This provides ideas to help you do well in the exam. For example: *If you find it difficult to talk about one of the pictures, quickly move onto another picture.*

Remember

This gives a quick reminder about grammar points or vocabulary that you should learn. For example: *We can say allow someone to do something or let someone do something (*without to*).*

Tests 1–2: Exam Practice

On Exam Practice pages in Tests 1 and 2, you will find:

- a **B1 Preliminary for Schools** exam task for you to try and complete
- further tips and advice to help you with different parts of the task.

Tests 3, 4, 5 and 6

When you finish Tests 1 and 2 you will be ready to do some complete **B1 Preliminary for Schools** Practice Tests.

Tests 3, 4, 5 and 6 are just like real **B1 Preliminary for Schools** Reading, Writing, Listening and Speaking papers. Doing these tests will give you extra help to prepare for the exam.

Keep a record of your scores as you do the tests. You may find that your scores are good in some parts of the test, but you may need to practise other parts more. Make simple tables like this to record your scores:

Reading	Part 1	Part 2	Part 3	Part 4	Part 5	Part 6
Test 3						
Test 4						
Test 5						
Test 6						

Other features of the *B1 Preliminary for Schools Trainer*

● Visual material

In the Speaking test the examiner will give you a booklet with photographs and pictures in it. The visual material in the colour section from pages C1–C16 will help you practise and become familiar with the type of pictures and photographs you will see in the test and help you increase your confidence.

● Sample Answer Sheets

Look at these to see what the *B1 Preliminary for Schools* answer sheets in the test look like and learn how to complete them. Ask your teacher to photocopy them so that you can use them when you do your practice tests.

● Downloadable audio online

Listen to these to practise the Listening paper. You will also need to listen to these to complete some of the Training exercises and to hear a demonstration of each part of the Speaking test.

The structure of the *B1 Preliminary for Schools* exam

The *B1 Preliminary for Schools* exam has four papers:

Reading: 45 minutes

There are six parts to the Reading test and you will need to be able to read and understand a range of texts from short notices and messages to longer articles from brochures, magazines and newspapers. For two of the parts you will also have to choose the correct words to complete a text – in one, you choose from the words provided and in the other you use your own words.

Writing: 45 minutes

In the two parts of the Writing test you will write an email and an article or a story, each about 100 words long.

Listening: 30 minutes (approximately)

In the four parts of the Listening paper you will need to be able to listen and understand people who are talking together and people who are giving information about something. You will have to choose or write the answers to the questions which are about what these people say. Don't worry! The people talk about everyday topics, speak clearly and don't talk fast.

Speaking: 12 minutes (pairs) 17 minutes (groups of three)

You will need to be able to listen and understand what the examiner is saying. You will have to answer some questions about yourself, and you will need to speak on your own about a photograph. You will then be given some pictures to look at and you will use the pictures to do a speaking task with another candidate. In the final part you and the other candidate will answer questions based on the topic in the pictures. Usually candidates take the Speaking test with just one other candidate, but sometimes they do it in groups of three. For this reason there are additional pictures for Candidate C in this book.

