

## Index

- abandoned, 60, 65, 253
- ableism, 166, 200, 210, 211
- achievement, 3, 22, 27, 49, 75, 87, 95, 99
- adolescence, 46
- adult offspring parental care, 131
- adult well-being, 40, 41
- adulthood, 49, 50, 52, 76, 88, 115
- aficionados, 73
- African ('Banjul') Charter on Human and Peoples' Rights, 130
- African ethics, 122
- afterlife, 92, 93, 263, 264
- age discrimination, 228, 240
- ageing, 66
  - ethics, 1, 2, 250
  - goodness of, 66, 78
  - mental aspects of, 91
  - mental diseases of, 81
  - mental signs of, 81, 91
  - process, 1, 5, 24, 26, 27, 36, 71, 78, 81, 82, 90, 92, 250
  - societies, 5, 6, 213, 226, 243, 252
  - theory of, 33
  - traditional ideas of, 35
  - value of, 2, 70, 71, 72, 73
- ageing as a process, 3, 23, 256
- ageism, 73, 77, 78, 166, 229
  - definition, 70
  - stereotyping, 71
- ageist
  - assumptions, 66
  - discrimination, 229
  - images of, 33
  - nature, 230
  - social tendencies, 78
  - society, 68
  - stereotype, 3, 75
- aggregationist perspective, 34
- Aging Thoughtfully: Conversations about Retirement, Romance, Wrinkles and Regret, 209
- alienation, 25
- Alzheimer's disease, 141, 162, 169, 170, *see also* dementia
- American Association of Suicidology, 175
- Améry, Jean, 23, 24, 25, 26, 30, 270
- amnesia, 10, 14, 16
- Amnesiac Scientist, The, 14, 17, 20
- Applewhite, Ashton, 70
- argument from rationing*, 231, 232, 233, 234
- Aristotelianism, 50, 120
- Aristotle, 34, 120, 166, 247
- As You Like It, 26
- assisted suicide, 69
- Autobiography* (J. S. Mill), 13
- axiological
  - claim, 223
  - intuition, 224
- baby boomers, 32, 69, 70
- bed-blockers, 71
- Being and Time, 23
- Benatar, David, 96, 97, 204
- Better Never to Have Been, 96
- bias towards the future, 3, 9, 11
- biographical
  - discontinuity, 35
  - events and processes, 24
  - facts, 47
  - meaning, 35
  - patterns, 32
  - phases, 26
  - reality, 35
  - storyline, 27, 35
- biography, 28, 135
- biological
  - entity, 112, 113
  - factors, 201
  - identity, 113
  - immortality, 37
  - organisms, 105
  - process of ageing, 256, 257
  - youthfulness, 69

- birth cohort, 214, 219, 223, 226, 227, 240, 241
- Boorse, Christopher, 82
- boredom, 261, 262
- Cantril's ladder, 246
- capabilities, 35, 161, 164, 167, 170
- central human, 171
- mental, 79
- ten central human capabilities, 167
- caring perspective, 136
- Cheever, John, 3, 54, 58, 60, 63, 64, 65, 274
- child soldier, 43
- childhood, 87, 167, 197, 198, 205
- bad, 43, 50
- successes and misfortunes of, 46, 47, 48, 50
- children
- mental health, 84
- well-being, 38, 39, 40, 41, 45, 53
- closure, 35, 151, 170
- cognitive
- capacities, 4, 9
- decline, 21, 77, 114, 115, 169, 185, 191
- disability, 79
- distortion, 175, 180
- function, 66, 110, 113, 116
- Coming of Age, The, 208, 209
- comprehensive perspective, 136
- conception of harmony, 120, 123, 124, 130
- Confucianism, 121, 122, 129, 132, 272
- East Asia, 119
- Five Constant Virtues, 123
- Five Human Relationships, 123
- ubuntu*, 124, 126, 127, 129, 131
- Conrad, Joseph, 61, 62
- consequentialist view, 139
- contemporary developmental psychology, 31
- contractualist, 221, 222
- Coppola, Sofia, 60
- cosmic narcissism, 4, 92, 100, 101
- cosmic perspective, 100, 101
- COVID-19 pandemic, 210
- cynicism, 62
- Daniels, Norman, 229
- de Beauvoir, Simone, 208
- De Brevitate Vitae, 29
- death, 30, 77, 99, 132, 175, 179, 190, 258
- and ageing, 100, 101
- as benefit, 175, 178, 211, 262, 263
- assisted, 176, 183, 185, 188, 191
- badness, 210
- beyond, 89
- detached, 1
- end of existence, 92
- fear, 4, 76, 92, 93, 95, 96, 260
- fear of loss, 136, 187
- forgiveness, 147
- harm, 93, 94, 97
- hastening, 173
- inevitability of, 30, 97
- reconcile, 18
- recurrent thoughts of, 180
- degeneration, 11, 16, 33
- dementia, 21, 114–16, 142, 164–9, 171
- ageing, 141
- interventions, 161
- symptoms, 81, 91, 172
- depressive disorder, 80, 179
- deprivation of life, 181
- descending pattern, 16
- diachronic
- character of ageing, 3, 250
- dimension of happiness, 250
- happiness, 243
- prudential interests, 42
- welfare interests, 42
- disability, 75, 77, 140, 178, 198, 199, 200, 211
- divorce, 42, 204
- dream, 3, 61, 62
- Dutch Voluntary Euthanasia Society (NVVE). *see* NVVE
- Dworkin, Ronald, 114
- eating disorders, 208
- egalitarian
- ethics, 203
- injustice, 201
- justice, 202
- theories of justice, 203, 217
- egoistic perspective, 101
- Einstein, Albert, 17
- elective abortion, 107
- ELSA, 75, 76
- emotional wisdom, 249
- end-of-life
- care, 179

- decisions, 115, 161–71, 172, 250  
 interventions, 252  
 English Longitudinal Study of Ageing  
 (ELSA). *see* ELSA  
 ephemeroi, 24  
 Epictetus, 99  
 Epicurus, 93, 246  
 equality before the law, 217  
 ethical insight, 54, 64  
 ethics  
   animal, 108  
   environmental, 1  
   of ageing, 1, 3, 37, 124, 250  
   of life extension, 6, 244  
   of middle age, 54  
   of suicide, 182  
   of the good life, 33  
   procreation, 96  
   procreative, 1  
 eudaemonia (happiness), 34, 166, 247  
 eudaemonic  
   measures, 246  
   significance, 34  
   time quanta, 34  
   views, 247  
 eudaemonistic perspective, 28, 33, 34  
 euthanasia, 107, 188  
 existence in time, 23, 24, 25, 26, 27, 28, 30,  
   31, 35, 36  
 extended life, 263, 264, 268  
   boredom, 259, 261  
   lack of meaning, 260  
   moral issues, 259  
  
 feminism, 209  
 feminist theories of well-being, 206, 207, 211  
 fertility rate, 265  
 finitude, 23, 24, 25, 29, 30, 36, 263  
 Fletcher, Guy, 38  
 Fletcher, Joseph, 106  
 Forced Choice Policy, 266  
 Ford, Ford Madox, 60  
 forgiveness, 5, 89, 146–8  
 fourth age, 32  
 friendship, 142, 149, 206, 207, 211  
   features of, 135  
   intimate, 139  
   long-standing, 145  
   long-term, 134, 135, 136, 139, 141  
 functionalist approach, 82, 83  
  
 Gallup World Poll, 246  
 Gassama, Mamoudou, 19  
 gender, 67, 198, 201, 209  
 gender justice, 216  
 gender-based discrimination, 201  
 gendered, 67, 197, 204, 209, 210, 224  
 generativity, 31, 33, 74  
 genetics, 1  
 gerontology, 32  
 Gilgamesh, Mesopotamian epic of, 29  
 Global South, 118, 124, 129, 132  
 good life, 1–4, 20, 23–37, 43, 96–8, 206,  
   222  
   and happiness, 247, 250, 251  
   in childhood, 90  
   in old age, 88, 90, 91  
   in young adulthood, 90  
 Good Soldier, The, 60  
 goods  
   of adulthood, 46, 53  
   of childhood, 32, 46, 47, 48, 49, 51  
 Greek mythology, 27  
  
 Hafele-Keating experiment, 17  
 happiness, 12, 34, 46, 75, 98, 137, 245  
   and meaning in life, 24, 36  
   child, 39, 40, 52  
   conceptions of, 247  
   in middle age, 249  
   lifetime, 251  
   marriage, 42  
   measures of, 246  
   old age, 245, 248, 252, 254  
   subjective, 82  
 happiness curve, 243, 244, 247–56, *see also*  
   U-curve of happiness  
 happiness level, 76  
 harm principle, 266  
 health care, 71, 78, 115, 184, 198, 200, 223,  
   224  
 hedonic measures, 246, 247  
 hedonism, 12, 41, 162  
 Heilbrun, Carolyn, 206  
 Heraclitus, 25, 287  
 Herodotus, 28, 292  
 heterogeneity, 201, 222  
   of longevities, 224, 226, 227  
 heterosexism, 78  
 heuristic nature, 36  
 Hölderlin, Friedrich, 18

- 
- human existence, 23–8, 31, 35, 36, 37, 92, 246
- human life, meaning of, 29
- human life story, 87, 89, 91
- human temporality, 23, 24, 29, 36, 37
- Hume, David, 1
- hybrid views, 39
- imaginative play, 39, 87
- immortality, 29, 161, 258, 260, 268
- individual fate, 28, 33, 36
- inequalities, 217
- between age groups, 240
  - between persons, 229
  - between short-lived and long-lived individuals, 224, 225
  - lifetime, 218
- intellectual development, 39, 40, 52
- intergenerational justice, 6, 219, 220
- internalism, 43, 44, 45
- justice
- between age groups, 215
  - between birth cohorts, 215, 216
  - between generations, 215
  - corrective, 212
  - distributive, 200, 201, 212, 213, 229
  - economic and social, 212
  - injustice, 5, 211
    - lifespan man and woman, 202
    - racism, 229
    - sexism, 229
  - intergenerational, 213
  - theory of, 217, 222
- kairos* (concept), 27
- Kairos (Greek god), 27
- Kantianism, 50, 131
- Keyes, Corey L. M., 84
- Kraut, Richard, 162, 283, 285
- Kruse, Andreas, 74
- Lancaster, Burt, 54, 57, 59, 63
- Last Gift of Time: Life Beyond Sixty, 206
- levelling-down, 267, 268
- Lewis, John, 19
- life expectancy, 92, 253, 262–5
- estimated, 258
  - female, 201, 202, 204
  - increasing, 32, 37, 70, 254
  - inequality, 202, 204, 216, 226
- life extending interventions, 6
- life extension, 37, 243, 254, 255, 257–69
- methods, 258
  - moral issues, 266, 268
  - overpopulation, 266
- life fatigue, 173, 187, 188, 189, 190, 191, 192
- life stages, 27, 29, 66–70, 198, 207
- adolescence, 24
  - adulthood, 24
  - childhood, 24
  - old age, 24
- life story, 28, 35, 42, 89
- lifespan, 115
- changes, 105
  - differences, 202
  - gap, 203
  - women, 5, 199, 201, 203
- lifespan egalitarians, 199, 202
- lifestyle choices, 69, 204
- lifetime egalitarianism, 218, 219, 223, 224
- lifetime equality, 216, 224
- lifetime perspective, 215
- living in the moment, 31
- lockdown, 43
- Locke, John, 106
- longevity, 69, 74, 213–18, 227
- extended, 72
  - heterogeneous, 222, 225
  - homogeneous, 221
  - increase, 6, 226, 253
  - lifestyle, 204
- Lord Jim, 61
- Lost in Translation, 60
- MAiD, 69, 175, 176, 179, 184–93
- Malthusian catastrophe, 269
- mandatory retirement, 6, 228
- argument from capped rewards, 234
  - argument from rationing, 231
  - discrimination objection, 229
  - rate-reduction, 238
  - time-reduction, 238, 240
- Margo, case of, 114, 162–71
- marriage, 42, 59, 60, 61, 74
- meaning
- and purpose in life, 28
  - of life, 260

- medical assistance in dying (MAiD). *see* MAiD
- medically assisted dying, 5, 175
- mental disorder, 80, 82
- mental function, 82
- mental health, 3, 43, 79, 80, 82, 83, 84–91,  
 174, *see also* well-being  
 definition of, 84  
 elements of, 86  
 resourcist view, 85
- middle age, 54, 69, 251–6  
 U-curve, 206, 243, 247, 249
- middle-age stress, 76, 249
- middle-aged happiness  
 decline in, 249, 251, 253
- midlife bias, 31, 252
- midlife crisis, 54
- Mill, James, 13
- Mill, John Stuart, 13, 18, 246
- momentary well-being, 21, 42, 45
- Moral Machine, 128
- moral status, 4, 105, 109  
 embryo and foetus, 107  
 full, 112, 113, 115, 116  
 higher, 109  
 hybrid, 111  
 lower, 108  
 personhood, 107, 115
- Moral Status: Obligations to Persons and Other Living Things*, 111
- Morals and Medicine, 106
- mortality, 25, 29–31, 36, 92, 226, 260, 262,  
 263  
 and meaning in life, 31  
 child, 214  
 maternal, 201
- motivation  
 loss of, 82, 83  
 of duty, 5  
 of obligation, 5, 143  
 to care, 144
- motivations to care, 143
- myth of femininity, 208
- myth of old age, 208
- narrative, 32, 35, 36, 205, 210, 251  
 beyond death, 111  
 biographical interpretation, 24, 27, 28, 35,  
 111  
 closure, 5, 146, 153, 170  
 conception, 146, 150, 170  
 context, 148, 151  
 forgiveness, 151, 152, 155, 159  
 life, 3, 4, 28, 148, 150, 160, 167  
 personal, 105, 110  
 structure, 36, 42, 45, 46
- neutralist, 222
- Nicomachean Ethics, 34, 275
- no future without forgiveness, 146
- Nobel Prize, 20
- non-being, 60, 62
- non-human animals, 41, 42, 43, 44, 45, 164
- non-instrumental goods, 51, 52, 53
- normative baseline, 4, 96, 97, 99
- Nussbaum, Martha, 34, 74, 209
- NVVE, 187, 190, 192, 288
- objective list views, 38
- objective value, 167, 171, 260, 261
- obligations, 33, 53, 75, 106, 109, 145, 219,  
 220, 221  
 ethical, 110, 111  
 friends, 4, 134, 141, 143  
 parents, 126, 129, 140  
 special, 134, 137, 139, 142, 144
- old age, 68, 69, 89, 198  
 achievements, 13, 21  
 as optional, 70  
 closure, 89, 90  
 conceptions of, 81  
 death, 210  
 gendered, 197  
 good life, 168  
 happiness, 248  
 mental health, 80, 82, 83, 84, 90, 91  
 women, 199, 201, 205, 207, 208, 211
- oldness, 66, 198, 200
- On Ageing: Revolt and Resignation, 23
- On the Shortness of Life, 1
- On What Matters, 16
- outliving the self, 31
- overpopulation, 6, 259, 264, 265, 266, 269
- palliative treatment, 14
- pandemic, 43, 241
- parental care by children, 129
- parentiarthal, 220, 221, 222
- Parfit, Derek, 3, 9–11, 14, 16, 18, 21, 113,  
 154, 288
- Parton, Dolly, 74

- patriarchal, 220  
 pattern of achievement, 16  
 personal crisis, 54  
 personhood, 4, 121, 122, 124, 125  
   approach, 107  
   theory, 4  
 persons, 42, 113, 115, 137, 200  
   ageing, 71  
   moral status of, 108, 110, 115  
   personal identities, 110  
 physical abilities, 9  
 physiological effects of ageing, 236, 237  
 Pindar (Greek poet), 24  
 point of view of the universe, 96, 97  
 population ageing, 212, 213, 214, 215, 226, 227, 243  
 population ethics, 96  
 post traumatic stress disorder, 10  
 posthumous fame, 16, 17  
 preference for the future, 9, 10, 11, 13, 14, 16, 17, 18  
 primogeniture, 129  
 principles of moral status, 112  
 priorities, 29, 36, 75  
 process of ageing, 198  
 procreation, 1  
 Protection of the Rights and Interests of the Elderly, 130  
 prudential goods, 41, 44, 45  
   of adulthood, 41  
   of childhood, 38, 41, 53  
 prudential perspective, 101  
 prudential value, 3, 40, 41, 44, 46, 53, 97  
   children, 38, 46  
  
 quality of life, 32, 117, 121, 129, 175, 187, 199  
   assessment, 211  
   decent, 92, 93, 95, 97, 99, 178  
   dementia, 162, 165, 169  
   older women, 211  
  
 racism, 78, 229  
 Reasons and Persons, 16, 113  
 relational  
   properties, 110, 112  
   traditions, 120  
   values, 128, 131  
 relationship, 74, 95, 110, 123, 155, 157  
   childhood, 87  
   children, 43  
   closure, 89, 90  
   communal, 125  
   familial, 121  
   forgiveness, 155  
   friendship, 135, 139, 144  
   intimate, 49, 134, 139  
   long-term, 87, 134  
 relationships theory, 134, 137, 142, 145  
 relationships view, 139, 141  
 renewable activities, 73  
 resource allocation in health care, 107  
 resourcist, 85  
   account, 90  
   approach, 86  
   view, 4, 85, 88, 90  
 Rogers, Kenny, 74  
 Russell, Bertrand, 12  
  
 Second Sexism, The, 204  
 self-forgiveness, 148, 158, 159  
 self-identity, 186  
 self-knowledge, 88, 149  
 semi-stoical attitude, 97, 99, 100, 101  
 Seneca, 1, 29, 31  
 senescence, 46, 205, *see also* old age  
 sexism, 78, 210, 211, 229  
 sexual inequality, 203  
 sexual innocence, 52  
 Shakespeare, William, 26, 27  
 Singer, Peter, 6, 107, 108, 254, 256  
 social  
   critique, 54  
   disengagement, 26, 32  
   gerontology, 31  
 social disability of old age, 207  
 societal stigmatization of disability, 198  
 socioemotional selectivity theory, 249  
 Solon (poet), 28  
 special goods, 52  
   of childhood, 52, 88  
   of old age, 88  
 spiritual coldness, 64  
 stage-appropriate capacities, 39  
 stages of life, 27, 32, 69, 90, 91  
 stigma, 70, 198  
 stigmatization, 145, 198, 200  
 stoicism, 92  
 subjective value, 171, 260

- subjective well-being, 166, 206, 246, 247, 248
- successful ageing, 32, 33  
   gerontological concepts of, 33
- sufficientarian, 221, 222, 227
- suicide, 173–93, 204, 259  
   assisted, 69, 175, 183, 188  
   depression, 179  
   ethics of, 180, 182  
   methods, 185  
   psychiatric disorder, 174  
   rational, 5, 176, 177, 181, 183
- super-human standard of evaluation, 97
- surrealism, 54, 55, 60
- surrogate decisions, 169
- survival  
   and reproduction, 83  
   rates, 69  
   times, 173
- Swimmer, The, 3, 54
- symbolic immortality, 31
- synchronic prudential interests, 42
- synchronic relations, 215
- temporal  
   finitude of life, 25  
   perspective, 24, 27, 28, 34, 36, 37
- temporality, 3, 23, 24, 36
- temporally neutral, 10, 11
- theory of relativity, 17
- third age, 32
- three boxes of life  
   adult life, 26  
   childhood and adolescence, 26  
   old age, 26
- time in ageing, 23
- tired of life, 5, 188, 189, 190
- Tithonus, Greek myth of, 29
- Tutu, Desmond, 120, 146
- ubuntu*, 118
- U-curve of happiness, 6, 76, 206, 243, 245–54, 256
- biological origin, 249
- unequal longevity, 213, *see also*  
   longevity
- utilitarianism, 131, 252, 254
- value of life, 4, 118, 127, 167
- Velleman, David, 21, 34, 35, 41–6, 53, 170, 251
- virtue, 75, 118, 122, 127, 128, 132  
   and age, 124, 125  
   and strength of life, 129  
   care, 142  
   forgive, 149
- Warren, Mary Anne, 111
- WEIRD, 118, 119, 132
- well-being, 38, 41, 45, 157, 203, 206, 243, 247  
   achievement, 20  
   childhood, 3  
   emotional, 39  
   evaluating, 96  
   experiential, 12, 16, 18  
   hybrid view, 39, 40, 41  
   level of, 21, 22, 203  
   lifetime, 18, 47  
   mental health, 84  
   subjective views, 39
- well-being of the elderly, 200
- Western, Educated, Industrialized, Rich, and Democratic. *see* WEIRD
- WHO. *see* World Health Organization
- wisdom, ix, 61, 74, 75, 120, 127, 151  
   cosmic narcissism, 92, 100  
   emotional, 249  
   keepers, 89  
   moral, 124  
   old age, 88, 150
- Woolf, Virginia, 60, 62
- World Health Organization, 84, 296
- worst off, 201, 202  
   persons, 199