CONTENTS

List of Figures

Acknowledgements

Who’s Who

List of Abbreviations

Introduction: Welcome to St Osyth

1 St Osyth: Grace, Ursley, Annis and Ales 10

2 The Darcy Lands: Elizabeth, Ales, Margerie and Joan 51

3 Little Clacton: Cisley and Henry 100

4 The Sokens: Ales, Margaret, Elizabeth and Joan 136

5 Little Oakley and Beaumont cum Moze: Annis 174

6 An Untrue and Unjust Record 216

Conclusion: Once More with Feeling 266

Bibliography 297

Index 311

A colour plate section will be found between pages 168 and 169.