

## Index

---

- Aboim, Tomé Guerreiro Camacho e, 130, 140, 149, 180, 192, 203  
 abolitionists, 108, 118  
 abortifacients, 34  
 Abreu, Aleixo de, 23, 122, 157, 166–168, 184–185, 191–192, 214  
 Addo (Akwamu's ruler), 94  
 Afonso I, 52  
 Afonso, Maria, 1  
 Afzelius, Adam, 20, 23, 78, 103–104, 106–119, 215  
*Água de Inglaterra*, 148–151  
 aguardente, 71, 208  
 Akwamu, 88, 94  
 Alarcão, Henrique de Figueiredo e (Governor), 130–132, 134  
 Albuquerque, Paulo Caetano de (Governor), 133, 140, 147, 161, 164  
 alcohol, 76, 144–146, 154  
 Alden, Dauril, 15, 165–166  
 Alexandre (fisherman), 47  
 Almada, André Álvares de, 106  
 Almeida, Ana Maria Antunes de, 27–29, 35–39  
 Almeida, Carlos, 56  
 Alvares, António (surgeon), 124  
 Ambaca, 35–36, 39, 48–49, 59, 69, 73, 138, 155–156, 159, 182, 200  
 America, 3, 13–15, 17–18, 20, 25, 85, 88, 91, 99, 101, 106, 116–117, 129, 145, 153, 159, 173–174, 177–178, 216  
   diseases from, 94  
   medicinal plants, 18, 24, 148, 154  
   plants, 19  
 Amsterdam, 82, 90, 92–93  
 amulets, 42, 67, 71, 106  
 anatomy, 159  
 Andrade, Inácio Matozo de (Sergeant-Major), 48  
 Andrade, Luís Gonçalves de (surgeon), 146  
 André, Luis (slave), 71  
 Angola (spirit), 48  
 Angonga, Thomé de (healer), 47  
 animals, 43, 50, 56, 65, 75, 113, 190, 199, 210, 213  
   and public health, 208  
   used as medicine, 24, 33, 48, 50, 58, 65, 67, 79, 216  
 Anomabo, 95  
 anthrax, 77  
 antidote/s, 33–34, 50, 53, 55–59, 62, 65, 77  
 apothecaries, 144  
   Portuguese, 4  
 Ardra, 84  
 Asia, 3, 18–19, 101, 106, 194–195, 211, 216  
   medicinal plants, 19–21, 58  
 Ataíde, Francisco Tavares de (surgeon), 125  
 Atkins, John (surgeon), 89, 95  
 Atlantic creoles, 69–71, 129, 155  
 Atlantic world medical complex, 18, 129, 153  
 Augustinians, 58  
 Azeredo, José Pinto de, 23, 72, 126, 145, 150–151, 159, 173, 192–194, 201, 209  
 Azores, 139  
 Bahia, 46, 60, 63, 135, 138, 159, 171, 192, 198, 203–206  
 banana, 19, 40, 116  
 Bango-Aquitamba, 55  
 Banks, Joseph, 20, 99, 107–108  
*banzo*, *banzamento*, 16, 25, 179, 214  
 barber/s, 18, 24, 52, 89, 95, 122, 127–129, 136, 139, 143, 154, 168–169, 173, 217  
 Barrera y Domingo, Francisco (Spanish surgeon), 16  
 Barro, João, 34  
 Barter, Edward, 85  
 Bastos, Manoel de (physician), 166  
 baths, 31, 44, 97, 206  
 Baxi á Dacala (African healer), 29  
 Benevides, Antonio de Sousa (priest), 28  
 Bengo River, 48–49, 127, 176, 193, 209

- Benguela, 22, 41, 45, 49, 52, 57–59, 61, 65, 73, 75, 121, 123, 127, 129–130, 133–134, 140–141, 146–147, 153, 161–163, 166, 176, 187–188, 198, 201, 203, 210
- Benin, 91
- bicho*, 180
- Black Atlantic, 13, 16–17, 107, 115–116, 118, 127, 159, 212
- Bloodletting, 10, 23, 30, 32, 35, 45, 57, 68, 85, 89, 95, 99, 128, 142, 149, 167–170, 173, 185, 188, 215, 217
- bladder, 57, 59
- Body/Bodies, 9, 13, 32–33, 36, 39–40, 46, 53, 56, 65–68, 80, 82, 87, 105, 116, 141, 159, 168–169, 171–172, 183, 189, 209
- African and European, 160
- Bologna, 56
- Bologna, Giacinto da (Capuchin priest), 181
- bolungo* (witch-finding ritual), 66
- Bomtempo, José Maria, 61, 151
- bonesetting, 31
- Bosman, Willem, 89, 95
- Boston, 14
- Brásio, António, 22, 139, 179
- Braudel, Fernand, 3, 144
- Brazil, 2, 7–8, 15–16, 18–19, 22, 25, 32, 46, 58–60, 77, 79, 82, 120–121, 125, 127, 129–130, 135, 144–145, 148, 150, 153, 159, 165–166, 171, 173–181, 189, 192, 194–199, 202–205, 207, 214, 216
- British, 9, 108, 166, 202
- colonies, 106
- explorers, 78
- slavers, 165
- West Indies, 13
- Brito, João Quaresma de (Captain-Major), 200
- Broecke, Pieter van den (trader), 82
- Brun, Samuel (surgeon), 83, 87, 214
- Buitrago, Francisco, 34, 61–65, 73, 77–79, 91, 205, 213
- burials, 209
- Cabinda, 74
- Caconda, 147, 150
- Cadornega, António de Oliveira de, 41, 55, 59, 61, 66, 75, 136, 167
- Caenda, Damião Lopes (*Soba*), 182
- Cagle, Hugh, 157, 190
- Calandúz, 36
- Caldeira, Arlindo Manuel, 178
- Caltanisetta, Luca da (Capuchin priest), 36, 56
- Câmara, Francisco Arruda, 165
- Cambambe, 69, 128, 133, 138
- Cambundo, Paulo (African healer), 48
- Candido, Mariana, 141, 162
- Candomblé, 60
- Cannecatim, Bernardo Maria de (Capuchin priest), 34
- Cape Coast Castle, 85, 88, 92
- Cape Verde, 106, 148
- Capichi, Matheus, 35
- Capuchins, 3, 22, 40, 42, 44–45, 56–58, 68–69, 74–75, 77, 121, 127, 132, 142, 149, 155, 169–171, 181–182, 187–188, 191, 200, 216
- Carli, Dionigi de (Capuchin priest), 127
- Carstensen, Edward (Governor), 93
- Cartagena de Indias, 84
- Carvalho, João Teixeira de (priest), 129–131
- Castelo de Vide, Rafael de (missionary), 44, 67
- Casuto (spirit), 28, 45–46
- Cavazzi, Giovanni Antonio (Capuchin priest), 42–44, 46, 56–57, 155
- Cazengo, 61
- Ceará, 198
- cemeteries, 210
- Ceylon, 58
- Chichorro, Sousa (Governor), 161
- childbirth, 34, 42, 59
- Christianity, 42, 68, 70, 81, 98, 105–106, 158, 181
- and Atlantic Creoles, 69–71
- Catholicism, 1–2, 24, 44, 62, 67, 69, 71, 78, 120, 141, 181, 213, 215
- in Kongo, 1–2, 24, 43, 52, 62, 170, 213
- Protestantism, 68, 132
- religious objects, 69, 71
- Christiansborg Castle, 87, 92, 95, 98–99
- climate, 25, 87, 144, 159–160, 171, 185, 187, 190–194, 196–202, 204–207, 210–211
- climate fever, 88, 96
- Coates, Timothy, 196
- Coimbra, 123–124, 207
- University of, 124
- Colaço, Manoel Simões, 46
- Coleman, Deirdre, 104
- colonisation, 7, 91, 103–104, 108, 189, 194–195
- colour symbolism, 39–40, 54
- Congo River, 78, 160

## 252 Index

- convicts, 195  
 Copenhagen, 99  
 copper, 74  
 Correa, Catherina, 40  
 Corrêa, Elias Alexandre da Silva, 165  
 Correa, Jordão (physician), 124  
 Correa, José (slave), 40  
 Correa, Miguel (pharmacist), 124  
 Cosme, Francisco Damião, 23, 72, 145, 150, 157, 168, 173, 177, 183–185, 192–193, 208  
 Costa, Francisco da (surgeon), 203  
 Costa, José Carvalho da, 132, 206  
 cotton, 104, 108  
 Coutinho, António da Fonseca (Colonel), 129, 133  
 Crawford, Matthew, 149  
 crucifixes, 66, 70  
 Cuba, 16  
 cultural creolisation, 9, 129  
 Cunha, António Álvares da (Governor), 150  
 Cunha, João Pereira da, 35–36, 39, 73, 134, 155–156, 159  
 cupping, 30, 32, 66, 68, 148, 167, 217  
 Curran, Andrew, 159  
 Currantee, John, 95  
 Curto, José, 145
- d'Atri, Marcellino (Capuchin priest), 56, 169–170  
 Dande River, 74, 146, 176, 200  
 Danish, 14, 21, 23–24, 88, 91–92, 94, 98, 118  
   West Indies, 15  
 d'Aveiro, João Afonso, 91  
 Dembos, 61, 149  
 diagnosis, 25, 31, 33, 96, 142, 156–157, 160, 171–173, 180, 184, 190, 192, 203, 206–207, 214  
   retrospective, 156  
 diarrhoea, 57, 61, 76, 87, 91, 97, 168  
 Dias, Jill, 15  
 Dias, José Pedro Sousa, 33  
 dirt eating, 179  
 disease/s, 4, 7–9, 11, 15, 18, 22–23, 25, 33–35, 39, 42, 51, 53–55, 66, 75, 77, 85, 93–95, 98–99, 103, 117, 122, 125, 129–131, 133, 137, 142–143, 147, 153, 156, 159–166, 171, 174–175, 178, 184–185, 188, 190–191, 193, 198–200, 202, 208, 210, 216  
   causes of, 192  
   children's, 115  
   classification of, 157  
   concepts, 49, 157, 168  
   deficiency, 179  
   definition of, 156  
   endemic, 168, 183, 208  
   of God, 7, 30  
   hot/cold distinction of, 32  
   infectious, 162  
   'of the land', 196  
   of man, 7, 29, 33, 41  
   'of the land', 135  
   skin, 33, 65  
   of spirits, 39  
   threadworm, 93  
   treatment of, 143  
   venereal, 33, 61, 65, 93–95, 109  
   women's, 107, 115  
 divination, 12, 47–48, 61  
 diviner/s, 1, 11, 22, 29, 44–49, 66, 155  
 Dom João (African healer), 27  
 Dom Pedro (Kongolese Christian), 2  
 Dom Pedro (spirit), 28  
 Dom Petello (spirit), 28  
 Domingos Ambundo (African healer), 1–2  
 Duarte, Domingas de (slave), 47  
 Duffa (informant), 104, 112–113, 115  
 Duke of Bamba, 127  
 Dutch, 21, 23–24, 81, 83, 86, 89–92, 94, 118  
   in Angola, 123, 137, 199  
   Brazil, 19, 125  
   traders, 2, 81  
   West India Company, 82, 90, 93
- Elmina, 83, 88, 91, 93, 190  
 Encoje, 74  
*engala* (wild boar), 55, 58, 75  
 epidemic/s, 14–15, 46, 87, 161–166, 184, 195  
 epilepsy, 34, 39, 55, 172, 180  
 erysipelas, 57, 59, 77, 145  
 Esperança (African healer), 36  
 Espinosa, Jorge Ferrer de, 126  
 Évora, 134  
 exorcism, 24, 63, 122, 141, 158
- Fage, John, 113  
 famine, 161–162  
 Faria, Manuel Severim de, 194–195, 202  
 Feierman, Steven, 10  
*feitiço*, 12, 55, 62, 64  
 Fensman, Nicolay (barber-surgeon), 92  
 Fernandes, Mariana, 130  
 Ferraz, Simão (physician), 52  
 Ferreira, Luis Gomes (surgeon), 60  
 fetish, 39, 55, 80, 83, 89, 98

## Index

253

- fever/s, 4, 31–35, 38, 42, 49, 53–57, 64, 66, 77–78, 81, 87, 90, 105, 133, 146, 149–150, 153, 155, 157, 163, 165, 169–170, 173, 188, 190–193, 198, 205, 208
- Finke, Leonhard Ludwig, 187–189
- Florença, António Maria de (Capuchin priest), 69
- Fogaça, Lope de Carvalho (Captain-Major), 28
- Frederiksborg Castle, 92
- Freetown, 107–111, 113–114
- French, 74, 118, 165, 202
- Galam, 202
- Galenic medicine, 7, 9, 32–33, 167, 183, 190, 207, 211, 216
- Galvão, Antônio de Freitas (African soldier), 41, 130
- Gama, Bernardino Correa da, 46
- Ganguela, 46
- Gentilcore, David, 121, 141
- geophagy, *see* Dirt eating
- gerebita* (brandy), 145, 177
- Gil, André Ferreira, 130
- Ginxi (spirit), 28
- global history, 17–18, 20, 54, 187
- Goes, Manuel de Andrade de (physician), 126, 144
- Góis, Belchior Garcia de, 171, 203
- Gold Coast, 21, 23–24, 78, 80–91, 116, 119, 188, 190, 215–216
- Golungo, 27, 39, 61, 156
- Gómez, Pablo, 13, 65, 157
- Gonçalves, Ventura, 155
- Gouveia, Francisco de (priest), 53
- Green, Toby, 2
- Guattini, Ambrogio (Capuchin priest), 56
- Guinea worms, 83, 85
- gum, 90, 104
- Hamba, 55
- Havik, Philip, 105
- headache, 31, 34–35, 38–39, 53–54, 59, 66, 85, 91, 97, 106, 153, 165
- healer/s, 1–2, 4, 10–11, 13–14, 17–18, 21–24, 28–29, 31–32, 35–49, 55–56, 65–68, 72–73, 79, 86, 94–97, 101, 105–106, 114, 118, 120–122, 126, 134, 142–143, 155, 157–159, 188, 215–217
- folk, 217
- Portuguese popular, 126
- priests as, 142
- women, 115
- healing, 1, 10, 13, 23, 29, 33–34, 38, 43, 46, 52, 65–66, 69, 80, 83, 99, 101, 105, 109, 121, 153, 212–216
- and harming, 12–13, 23, 27, 29, 31, 49, 63
- condemnation of, 72
- folk, 17, 22, 32, 68, 126, 189
- Lemba* cult of, 11, 27, 156
- religious, 79, 84, 122, 158
- rituals, 2, 22, 39, 48, 118, 215
- society, 28, 43
- spirit possession, 35
- systems, 10, 13, 16, 117, 173
- techniques, 17
- health, 3, 9, 22, 42, 68, 79, 92, 105, 107, 132, 145, 155, 167, 174, 185, 187–191, 193, 200–201, 208, 210, 214
- and alcohol, 145
- body, bodies, 23, 80, 87
- care, 24, 81, 89, 121, 133, 135, 140, 144
- care services, 16
- concepts, 1, 25, 29, 33, 49, 158, 189, 212, 215–216
- conditions, 21, 164
- experiences of, 23
- metaphors for, 30
- public, 4, 16, 161, 164, 208–210
- in the slave trade, 174–176
- of the slaves, 15
- statistics, 156
- travel, 25, 180, 194, 202–207, 210
- women's, 34
- Heard, Betsy, 114–116
- Hemmersam, Michael, 83
- Henriques, António (surgeon), 133
- Henriques, Francisco da Fonseca (physician), 206
- Henriques, Rodrigo de Miranda (Governor), 123
- herbalism, 1, 14, 22–23, 29, 31, 34, 36, 42, 44–45, 47, 49, 56, 61, 66, 68, 73, 80–81, 83, 90, 93, 101, 155, 158, 171, 184, 216
- Heywood, Linda, 9, 70
- Hieronimo (healer), 46
- Hippocratic medicine, 7, 9, 32–33, 157, 163, 167–168, 188–191, 193, 211, 216
- historical linguistics, 11, 29, 34, 160
- horses, 52, 198
- Horton, Robin, 10
- hospital/s, 15, 22, 24, 72, 88, 90, 121–123, 125, 130–145, 147, 153, 166, 170, 174, 199, 201, 213
- humour/s, 9, 32, 87, 146, 167–169, 180, 189, 206

## 254 Index

- humoural medicine, 7, 25, 32, 35, 55, 68, 89, 106, 132, 157, 167–169, 171, 173, 184–185, 190–191, 202, 214
- Huydecoper, J. P. T., 93
- hybridisation, 13–14, 38, 54–55, 68–70, 72, 117
- hydropsy, 145
- hygiene, 22, 175–176, 192, 205, 207–210
- Icolo, 27, 127
- illness, 1, 10, 22–23, 25, 29, 33, 42–49, 56, 62, 65, 81, 90, 96–97, 105, 157–159, 167–168, 171, 174, 176, 180, 182, 191–193, 199, 205–207, 210, 214
- African concepts of, 29
- bodily symptoms of, 172
- caused by the Devil, 141
- caused by spells, 65
- caused by spirits, 10–11, 28, 41, 48, 66–67
- caused by witchcraft, 39, 80
- European responses to, 6
- humoural, 32, 35, 167, 189
- inherited, 27
- interpretations of, 31
- prevention of, 145
- treatment of, 22–23, 69, 86, 142, 155, 159, 166, 173, 184, 217
- Inácio, Izabel, 45
- Inácio, João (slave), 45–46
- India, 7–8, 19, 58, 61, 79, 106, 168, 195
- Indian pennywort, 20
- indigo, 104, 108
- Inquisition, 1–2, 22–23, 29, 31, 35, 38, 40–41, 45, 49, 61, 63, 69, 72, 126, 130, 133–134, 155, 212, 214
- Isert, Paul Erdmann, 20, 78, 88, 92, 99–100, 119, 188, 215
- Islam, 17, 105–106, 213
- ivory, 90–91
- Izabel (slave), 47
- Jácome, Clemente de Sousa, 206
- Jalama, Raimundo, 177
- Jamaica, 85
- Janzen, John, 11, 47
- jaundice, 96
- Jeronimo (African healer), 27
- Jesuits, 45–46, 48, 55, 58, 69, 105–106, 165, 181, 191, 200, 208
- Jimmy Queen (Temne ruler), 109
- João III, 52
- João V, 19, 126
- João, Domingas de, 40
- Juliana, Catarina, 35–36, 73, 155, 172
- Kasanje, 59
- Kibuku (spirit), 28, 35–36
- kidney stones, 34, 51, 59, 90, 144
- Kikongo language, 2, 30, 35
- Kilengues, 57
- kimbanda* (healer-diviner), 28
- Kimbundu language, 30, 34, 175, 178, 181, 214
- Kimpa Vita, Dona Beatriz, 34, 70
- Kimpasi* (healing society), 43
- Kingdom of Kongo, 24, 51–52, 57, 62, 64, 66–67, 70, 73, 76, 79, 81, 84, 127, 129, 146, 163, 216
- Kisama, 60
- Kiteri (spirit), 28
- kola nuts, 53, 75–76, 90, 106, 110
- Kongo, 82
- Kup, Peter, 112
- Kwanza River, 57
- Lachenal, Guillaume, 20
- laxative/s, 9, 91, 96–98, 209
- Leitão, João Luís (surgeon), 142
- Lemos, Eusébio Catela de, 120–121, 149, 204
- leprosy, 39, 42
- Libolo, 47, 49
- Lind, James, 187, 201
- Linnaean systematisation, 78, 109
- Linnaeus, Carl, 107
- Lisbon, 17, 35–36, 41, 51, 58, 61–64, 69, 74–75, 77–78, 120–125, 133–135, 137, 144–145, 147, 171, 181, 200, 203–206
- literacy, 158, 182
- liver, 82, 106
- Loango, 54, 82, 181, 187
- Locke, John, 51
- London, 20, 84, 90, 99, 107, 166
- Lopes, Duarte, 53, 56, 66
- Lopes, Luis (Captain-Major), 146
- Luanda, 1, 24, 29, 45–49, 57, 61, 63, 66, 70–74, 76, 82, 120–124, 126–134, 136–141, 143, 145–154, 156, 159, 162–167, 171, 174–177, 180–181, 184, 188, 193, 195, 199–201, 204, 206–210
- Municipal council, 22, 131, 133, 147, 175, 196–197, 208
- prison, 40
- Lucca, Lorenzo da (Capuchin priest), 169–171
- Lusoafricans, 194, 210
- Macollo, João Pedro (African sorcerer), 38
- Macongo (spirit), 28, 36

- Madrid, 84  
 Magalhães, Henrique Jacques de (Governor), 195  
 maize, 19, 47, 77, 162  
 malaria, 77, 88, 90, 93, 95, 97, 150, 154, 162, 188  
 Manaya, Manoel de Souza, 27, 29  
 manioc, 19, 39–40, 175–176  
 Manso, António Martins (surgeon), 122  
 Maranhão, 196  
 Marcgraf, Georg, 19  
 Marees, Pieter de (trader), 87–88  
 Maria (slave), 47  
 Mariana (slave), 47  
 Martins, Antonio (African healer), 27  
 Mascarenhas, Simão (Bishop), 135  
 massage, 31, 40  
 Massangano, 40, 47, 49, 57, 66, 69, 75, 121, 127, 136–138, 153, 199–200  
 Massiac, Barthélemy d’Espinhal de, 54  
 Masterman, Henry, 120–121, 126  
 Matamba, 36, 46  
 Matoso, Álvaro de Carvalho e (Captain), 75–76  
 Matthews, John (Lieutenant), 114  
 Mayumbe, 2, 82  
 Mbanza Kongo, 2, 201  
 medical anthropology, 16, 80  
 medical geography, 25, 87, 160–161, 185, 187–189, 192–193, 210–211  
 medical pluralism, 11, 13, 23–24, 29, 44, 49, 96, 121–122, 153, 185, 217  
 medicinal plants, 3, 7, 9, 18–20, 22, 24, 36, 42, 50, 52, 54–61, 65, 68, 73–79, 81, 84, 86, 104, 109, 111–113, 115, 118, 156, 212  
   anise, 148  
   *Apel*, 111  
   *butua*, 61, 76  
   canafistula, 58  
   cinnamon, 94  
   *engariaria*, 50–52, 57, 59–60, 65, 75–77, 216  
   *enkasa*, 24, 51, 57, 61, 77–78, 213, 216  
   *kikongo*, 51–52, 54, 56–57, 59–60, 75–78, 82, 216  
   *kiseko*, 56, 59, 65, 75–76  
   *kitenge*, 55  
   *malula*, 55  
   *matangas suesue*, 34  
   *minhaminha*, 56, 59  
   *mubango*, 59  
   *mulolo*, 155  
   *muriassangi*, 51, 57, 77  
   *mututo*, 76  
   *mutututu*, 59  
   *pau da bata*, 56–57  
   rhubarb, 53, 94  
   sarsaparilla, 93–94  
   *Sassara Winghee*, 111  
   *takula*, 1–2, 53, 60, 76, 82, 216  
   tamarind, 58, 91, 97  
 medicine/s, 3, 7–9, 11–12, 18, 21, 30–31, 33–34, 36, 39–40, 44–45, 47–49, 65–69, 77, 81–82, 84, 86, 89, 95, 97–98, 101, 106, 114, 118, 120, 123, 131, 134, 138–139, 141, 146–154, 158, 161, 167, 170–174, 203, 205–206, 213, 215–217  
   abortive, 34  
   alcohol as, 76, 144–145  
   effectiveness of, 144  
   imports of, 150, 152  
   markets, 76  
   patent, 121, 149  
   ‘traditional’, 17, 20, 72, 91, 213, 217  
   tropical, 7, 87, 166–167, 214  
 melegueta pepper, 20, 90–91, 93  
 Melo, Miguel Antonio de (Governor), 51, 57, 77–78, 162  
 Melo, Vitoriano de Faria e (Captain), 180, 192  
 Mendes, Afonso (Sergeant-Major), 51, 54–55, 59, 73, 75, 79, 91, 168  
 Mendes, Antonio (African healer), 27  
 Mendes, Luís (trader), 82  
 Mendonça, João Furtado de (Governor), 191  
 Meneses, Gonçalo da Costa (Governor), 197  
 Meneses, Luís César de (Governor), 69, 124, 137, 196, 199  
 Meneses, Rodrigo César de (Governor), 149, 197  
 mental illness, 15, 181  
 Merolla, Girolamo (Capuchin priest), 51, 56, 59  
 miasma, 87–88, 190, 193  
 Middle Passage, 15, 25, 60, 165, 174–177, 181, 185  
 midwives, 122  
 migration, 91, 105, 160, 163, 174, 180, 189, 194, 198, 202  
 Milan, 50  
 military, 22, 79, 122, 125, 137, 139–141, 146, 153, 155, 161, 193–195, 198–200, 203, 207  
 Miller, Joseph, 15, 162–163, 165–166, 179  
 millet, 104, 144, 188

## 256 Index

- Minas Gerais, 60, 178  
 Miranda, João Cardoso de (surgeon), 60, 159  
 Misericórdia brotherhood, 124, 133  
   hospital/s, 22, 69, 134–143, 147, 205  
 missionaries, 2–3, 21–22, 33, 40–42, 44, 55–57, 68–69, 71, 74, 105, 140–142, 149, 155–156, 169, 181–182, 191, 200, 216  
 Modena, Joseph de (Capuchin priest), 40  
 Mogras, Alexandre (surgeon), 146  
 Monardes, Nicholas, 20, 54  
 Monari, Giuseppe (Capuchin priest), 44  
 Monrad, Hans Christian (priest), 95, 216  
 Monteiro, Joachim John, 128  
 Monteiro, João Baptista (surgeon), 125  
 Morais, João Bernardes de, 131  
 mortality, 15, 87–88, 103, 135, 140, 142–143, 156, 161–164, 176, 185, 193–198, 214  
   infant, 15  
 Moura, Francisco de Santa Bárbara e, 131  
 Müller, Wilhelm Johann, 82  
 music, 28, 48  
 Muta (spirit), 28, 35–38  
 Mutemo, 55  
 Muxima, 69, 138
- Natividade, Anacleto Urbano da (African healer), 46  
 natural history, 4–6, 20, 54, 75–76, 99, 101, 105, 108, 117, 187  
 Navas, Catherina de, 206  
 Ndongo, 2, 53, 70  
 Negreiros, André Vidal de (Governor), 137  
 New Brunswick, 107  
 New Christians, 70, 125  
*nganga mbuki* (herbalist), 31  
*nganga-itiki* (religious specialist), 43  
*ngangas* (healers), 79  
*nkisi*, 31, 39, 42, 44  
*nkisi Kula*, 39  
 non-naturals, 190–191, 202, 207  
 Nordenskiöld, August, 103, 108  
 Noronha, João Manuel de (Governor), 147, 197  
 Nova Scotia, 106, 116  
 Novais, Paulo Dias de, 53, 135, 169  
 nutrition, 15, 163, 175, 179, 188, 191  
*nzimbu* shells, 76
- obeah, 13  
 ointments, 91, 100, 148  
 Oliveira, Antonio Lopes de (physician), 123  
 Omboni, Tito (physician), 50–51, 72, 153  
 opium, 97, 151  
 Order of Christ, 62, 139  
 Ouidah, 99  
 Overseas Council, 69, 125–126, 130, 137–138, 143, 145, 147, 175–176, 195–198, 203
- Pa Jack (Bullom ruler), 111  
 Padenheim, Daniel, 103  
 palm oil, 53–54, 60, 66, 77, 80, 83, 87, 90, 176, 188  
 palm wine, 57, 144, 154, 188  
 Paraiba, 125  
 Parco, Rosario dal (Capuchin priest), 71  
 Pascoal, Gregório de (slave), 48  
 passions, 183  
 peanuts, 19  
 Pedro II, 145  
*pemba* (white clay, manioc flour), 38, 40  
 pepper, 19, 40, 83, 91, 93, 108  
 Pereira, Jorge (Jesuit priest), 69  
 Pereira, Manoel (pharmacist), 123  
 Pereira, Pedro Marques (pharmacist), 121, 147  
 Pernambuco, 120, 125, 148, 164, 192, 198  
 Pestana, Cipriano Pinheiro (physician), 121  
 Peter (informant), 104, 112–113, 115  
 Petiver, James, 84–86  
 pharmaceuticals, 9, 20, 60, 65, 90, 141, 146–148, 170  
 pharmacist/s, 24, 52, 60, 84, 120, 122–123, 125, 127, 130, 132, 141, 147–148, 153, 217  
 pharmacopoeias, 24, 33, 50, 54, 58–59, 74, 79, 91, 159, 213, 216  
 phlebotomy, 18, 72, 150, 167–168, 171, 173  
 physician/s, 9, 13, 16, 22, 24–25, 34, 45, 52, 66, 80, 83, 92, 109, 112, 114, 116, 118, 120–127, 131, 133, 144, 148, 153, 156, 173, 180, 185, 199, 206–207, 210, 214, 217  
   portuguese, 4, 8, 23–24, 47, 58, 60, 72, 77, 121–122, 124, 126, 157, 159, 164, 167, 171, 179, 185, 208  
 Piedade, João da (priest), 123, 141  
 Pimenta, Miguel Dias (merchant), 180  
 Pina, Luiz de, 75  
 Pinta, Luzia (African healer), 61  
 Pinto, Bernardo (surgeon), 123  
 Pinto, Pedro Oliveira de, 71  
 Piso, Willem, 19, 112  
 Pliny, 190  
 poison, 12, 14, 22, 33, 35, 49, 56–57, 59, 62, 65, 67, 77, 131, 159

- ordeal, 24, 63–64, 77, 109, 182  
 Porto, Francisco de (African healer), 27  
 Portuguese, 7–8, 10, 12, 18–19, 21–25,  
 31–34, 38, 47, 49, 52–55, 58–60, 64,  
 66–68, 71, 73–75, 77–79, 82, 84, 86,  
 92, 94, 99, 101, 105–106, 118, 122,  
 125, 134–135, 137, 142, 144, 147,  
 153, 164, 168, 171, 180–183, 185,  
 190, 207–208, 210, 213–215  
 apothecaries, 4  
 physician/s, 4, 8, 23–24, 47, 58, 60, 72,  
 77, 121–122, 124, 126, 157, 159, 164,  
 167, 171, 179, 185, 208  
 popular healers, 126  
 soldier/s, 20, 22, 24, 31, 33, 48, 71, 91,  
 144–145, 164, 169, 171, 194,  
 198–200, 202–203, 206  
 surgeon/s, 121–122, 127, 164  
 traders, 2, 70, 82  
 prayers, 67, 122, 158, 215  
 Prester John, 191  
 Preto, Manuel Francisco (surgeon), 125  
 preventive medicine, 192, 207–208  
 Prince George (Temne ruler), 111  
 Príncipe, 50  
 protective magic, 28, 42  
 Ptolemy, 190  
 Pungo Andongo, 165, 171  
 purgatives, 78, 89, 91, 99, 109, 146, 168  
 purging, 9, 23, 35, 56, 167
- Queiroga, Pasqual Rodrigues de  
 (Lieutenant), 66  
*quimbares* (itinerant traders), 27  
 quina, 18, 99, 121, 131, 148–152,  
 154  
 quinine, 24, 87, 97, 152
- Rask, Johannes (priest), 80, 88, 95  
 Recife, 32, 134, 152, 180  
 Rheede, Hendrik van, 84  
 rheumatism, 91  
 Rio de Janeiro, 129–131, 148, 152, 169,  
 181, 192, 198, 207  
 rituals, 2, 21–23, 28–30, 35, 38–44, 54, 63,  
 65, 67–68, 72, 83, 86, 109, 118,  
 212–213, 215  
*bolungo*, 66  
*candomblé*, 60  
 judicial, 77  
 Rocha, João da Costa, 207  
 Rocha, João Rodrigues da (priest), 48  
 Rodrigues, Agostinho (pharmacist), 146  
 Rodrigues, Manuel, 203  
 Rome, 170
- Rømer, Ludvig Ferdinand (trader), 81, 95,  
 98  
 Rosa, João Ferreira da, 32  
 Russell-Wood, A. J. R., 205
- Sá, Antonia de, 47  
 Sá, Salvador Correa de, 143  
 Saint Croix, 14  
 Saint Domingue, 13  
 saint/s, 70–71, 81, 122, 158, 170  
 Anthony, 70–71, 79, 216  
 Felix, 170  
 Salamanca, 124  
 Saldanha, Bento Teixeira de, 138  
 Salvador, 60, 63, 159, 171, 203–205  
 Santa Catarina, Manuel de (Bishop), 203  
 Santo António, Caetano de, 58  
 São Tomé, 32, 147  
 Sardinha, João (surgeon), 143  
 Sarmento, Jacob de Castro, 149  
 Sarsaracoe, Ahinna, 87  
 Sava, Roberto (Professor), 50  
 scabies, 200  
 scarification, 31, 61  
 Schiebinger, Londa, 18, 129  
 Schinz, Hans (botanist), 118  
 scurvy, 159, 166, 208  
 Sebastião (King), 53  
 Sebastião á Dacala (African healer), 27  
 Sebastião, Matheos (slave), 48  
 self-medication, 24–25, 158  
 Semedo, João Curvo, 21, 58–60  
 Senegal, 103–104, 160, 202  
 Sequeira, Marcos de (surgeon), 122  
 Serra, Daniel (surgeon), 124  
 Seth, Suman, 9  
 Sharp, Granville, 108  
 Sierra Leone, 20–21, 23–24, 78, 103–119,  
 215  
 Sierra Leone Company, 106–109, 111  
 Silva, Antonio da (Captain-Major), 146  
 Silva, Francisco Cordeiro da (Captain), 207  
 Silva, João de Moura da, 66  
 Silva, Joaquim José da (natural historian),  
 74, 76, 155, 215  
 Silva, Lourenço da, 171  
*simbi* (spirits), 39  
 Simões, Garcia (Jesuit priest), 53  
 Simon, William, 75  
 slave trade, 6–7, 13–15, 18, 21, 25, 34, 53,  
 60, 76, 82, 88–89, 91–92, 94–95, 98,  
 108, 115, 117, 129, 138, 162,  
 165–166, 174–180, 184–185, 198,  
 209, 214  
 health, 175–176



## 258 Index

- slave trade (cont.)  
 mortality, 89, 178, 209  
 suicides, 179–180
- slavery, 13–15, 18, 28, 35, 40–41, 45–49,  
 61, 63, 71, 89, 92, 116, 122, 127, 133,  
 136, 145, 159, 179, 181
- sleeping sickness, 179
- Sloane, Hans, 84
- smallpox, 14–15, 85, 87, 162, 164–166,  
 184, 195
- Smeathman, Henry, 107–108, 114
- Smith, Christen (botanist), 78
- Smyth, John, 85
- sorcery, 1, 12, 27, 31, 35–36, 39, 44, 47, 49,  
 57, 83
- sorghum, 144
- Sousa Coutinho, Francisco Inocencio de  
 (Governor), 72, 74, 141, 150, 192
- Sousa, Fernão de, 122
- Sousa, Matias Carvalho de (surgeon), 139
- Souto Maior, Francisco (Governor), 200
- Souza, Aires de Saldanha de Menezes e  
 (Governor), 145
- Soveral, Francisco do (Bishop), 135
- Soyo, 82, 169–170, 188
- Spanish fly, 97
- Sparman, Anders, 103–104, 119
- spirit possession, 12, 28, 35–36, 38, 40, 42,  
 67–68
- spirit/s, 12, 23, 28–31, 35–41, 43–44, 46,  
 48, 65, 67, 80, 144, 213, 217
- stomach-ache, 31, 34, 39, 55, 81, 172, 206
- Strand, Jakob, 103, 108
- Sucu (spirit), 28
- Sumbe Ambuila, 52
- superstitions, 13, 42, 44, 55, 68, 74
- surgeon/s, 6, 22–24, 27, 32, 44–48, 52, 60,  
 66, 69, 72, 80, 83, 89, 92, 95,  
 117–118, 120–127, 130–133, 136,  
 139–140, 142, 144, 146, 148, 153,  
 156, 167, 169, 171, 173, 180, 185,  
 188, 199, 202–203, 205, 214, 217  
 Portuguese, 121–122, 127, 164  
 Spanish, 16, 166
- Svane, Elias (priest), 98
- Swedenborgianism, 103, 108
- sweet potatoes, 19
- swellings, 34–35, 39, 55, 83, 105, 171
- sypilis, 61, 93–95
- taboos, 7, 42
- Tangier, 123
- Tango, Danla á (African sorcerer), 38
- Távora, Francisco de (Governor), 140
- Terra, Domingos de Lemos (priest), 29
- Tette Krii (ruler), 95
- therapy managing group, 2, 47
- theriac, 57, 93
- Thonning, Peter, 78, 92, 99–101, 119
- Thornton, John, 9, 63, 70
- tobacco, 59, 104, 177
- Torres, Francisco Teixeira, 171
- torrid zone, 191–192
- Tuckey, James Hingston, 78–79
- Turner, Victor, 11
- Uppsala, 107
- vaccination, 166
- Vahl, Martin (Professor), 99
- Vandunen, Balthazar, 203
- Vasconcelos, José Miranda de, 120
- Vasconcelos, Manuel de Almeida e  
 (Governor), 75
- Velasco, Felipe Cortes de, 131, 206
- Vicente, Sebastião (African healer), 27
- Victoria (African healer), 48
- Vieira, João Alvares, 1–3
- Vieira, João Fernandes (Governor), 208
- Vieira, Manoel da Silva, 27–29, 35–39
- Veterinary medicine, 199
- Wadström, Carl Bernhard, 103–104, 108
- Walker, Timothy, 10
- Wel, Jacob Adriaensz van der, 83
- Welwitsch, Friedrich (natural historian),  
 39, 61, 156
- Wheeler, Dennis, 15
- white man's grave, 7, 87
- Williams, Cyrus, 116
- Winterbottom, Thomas, 104, 107–112,  
 114–119
- witch doctor, 118
- witchcraft, 7, 11–12, 27, 30–31, 35, 39,  
 63–64, 66, 80, 134, 158
- womb, 34–35
- Wootton, David, 168
- wounds, 31, 50, 66, 74, 83, 89, 114, 143,  
 156
- Wulff, Wulff Joseph, 88, 96–98
- xinguila* (African healer), 35–36, 42, 46
- yaws, 53, 56, 94
- yellow fever, 95, 162
- Zanoni, Giacomo (botanist), 56
- Zucchelli, Antonio (Capuchin priest), 50,  
 187–188
- Zumbi (spirit), 28, 40–42, 66