

Index

- accidie*, 45
 alone-ness, 16
 Amoun of Nitria, 19
 Antony the Great, 4, 18
 Athanasius of Alexandria, 4
 Life of Antony, 167
- Baramûs, Monastery of, 24
 Beatitudes, the First, 13
 Bishôï (Pshoi), Monastery of, 27
 books
 disposing of, 141
 placement of, 145
 theft and possession of, 139
 bread (*paxamas*), 90
- Cassian, John, *Institutes and Conferences*, 180
 Constantine the Great, 1
 cell, monastic
 beneficial effects of staying in, 36
 building a cell, 38
 how to remain in, 35, 37
 importance of, 34
 what it was like, 37
 children and youths in the desert, 127
 Colobos, John, Monastery of, 26
 community (coenobion), emergence
 of, 105, 158
 the communal weekend, 107
- discretion (see *metron*)
 how to acquire, 73
 John Cassian on, 71
 universal need of, 75
 Dorotheos of Gaza, *Discourses and Sayings*, 181
- Egypt, Upper and Lower, 164
 Evagrius Ponticus, 21
- Fasting, 87
 flee from men, 12
- grazers (*boskoi*), 88
- habit, the monastic (*schema*), 30
 leviton, 31, 141
 sheepskin, (*mêlôtê*) 31
 heresy, -ies, 147
 Christological, 147
 Eucharistic questions, 154
 first Origenist controversy, 149
 Melchizedech, 153
Hesychia, 49, 51
History of the Monks of Egypt (HME), 168
 hospitality, 98
 humility, 12
- judge not, 110
- Kellia, 20
- literacy and illiteracy, 138
logismos, -oi, 42
 loose talk, 50
- Macarius of Alexandria, 21
 Macarius the Egyptian (the Great), 22
 Monastery of, 25
 meditation, 62
 mentor, mentoring, 28
metron, 70
 monk
 meaning of, 3
 Moschos, John, *The Spiritual Meadow*, 182
 motivation, 3
- neighbours, monastic, 108
 Nitria, Mountain of, 19
- obedience, 29, 33
- Pachomian rules, 161
 Pachomius, 1, 156

190

Palaemon, 1, 156
 Palladius of Aspsua, 157
 The Lausiak History (HL), 170
 Paul of Thebes, *Life*, 18, 179
porneia, 43
 prayer (see Synaxis, Psalms)
 continuous, 56
 occasional, 59
 Psalms, 61

 reading, time for, 144
 reading and meditating, 137
 repose, 48, 53
 Royal Road, 72

 salt, 92
 saved
 meaning of being, 5
 means and the end, 8
 other meanings, 9
 sayings (*apophthegmata*) of the Desert Fathers, 172
 alphabetic-anonymous collection, 173
 More Sayings of the Desert Fathers, 178
 Poemen problem, 177
 systematic collection, 178

Index

Scêtê, 22
 silence, 48, 162
 singing and saying, 63
 slandering (*katalalia*), 111
 synaxis, little and great, 57

 visiting, 104

 Wadi el Natrun, 22
 wine, 93, 163
 women
 ascetics, 125
 demons as women, 123
 disguised as monks, 124
 disreputable women, 118
 monks visiting women, 121
 visiting in the desert, 116
 women's monasteries, 130
 work
 harvesting, 84
 importance of, 78
 paper making, 83
 scribes and writing, 81
 varieties of monastic, 79, 161