

## Index

- agency, 44, 109, 119, 122–123, 132, 141, 143, 223, 225
- agriculture, 3, 20, 48–49, 113, 122, 128, 132, 141, 143, 183, *See* plants
- almanacs and calendars, 112, 127–130, 179
- and metaphor, 20, 107, 109, 112, 114, 120, 123, 129–130, 142
- gardens, 48, 61, 82, 109, 121, 125, 176
- labor, 122–123, 127–129, 136, 140, 222
- literary treatises, 127, 129
- orchards and vineyards, 124–125, 127
- tasks, 2, 110–111, 127, 129
- Aleppo, 49
- almsgiving. *See* lay Christians:practices: almsgiving; charity
- altar, 191, 207
- Ambrose, 23
- Amuq Valley, 49
- animals, 2, 8, 117, 179–181, 191, 204–205, 221
- and moral behavior, 26, 35, 110, 114, 118, 195
- anthropology
- common sense wisdom, 7–8, 34, 108, 123, 222
- embodied material culture, 8–9, 136, 141, 198
- feasting theory, 147–148, 150, 153, 158, 178
- food as signifier, 4, 8–9, 185
- Antioch, 1, 17–18, 29, 80, 177
- climate and agriculture, 47–50
- reputation for luxury, 47
- space and urban environment, 70
- urban economy, 50–53
- Antony, 22
- Life of Antony*, 22
- appetite, 25, 35–37
- Aristotle, 35
- ethics, 30, 36–37, 45, 66, 137
- natural history, 116–118, 120
- sense perception, 120, 135
- ascetic practices
- diet, 60–62
- fasting. *See* fasting
- prayer, 22
- renunciation of wealth, 16, 148, 163, 195, 203, 210
- virginity and sexual renunciation, 6, 22–23, 27, 67, 142
- asceticism, 43, 126, 129, 155, 172, 177, 190
- as labor, 2, 107, 109–111, 122, 138–139, 141–142, 155, 191–192, 215
- as sacrifice, 185, 187, 190, 204, 221
- ascetic theory, 6, 20, 28, 35, 67, 70, 108, 119, 132, 140–141, 177, 190, 222–223
- for lay people, 24, 29, 45, 66, 107–108, 123, 129, 132, 139, 142, 158, 223
- fourth century trends, 5, 20, 22, 28, 31, 225
- Athanasius, 22, 129
- Athenaeus, 85
- audiences, 1, 10, 14–15, 17, 23, 29, 34–35, 38, 48, 54, 58, 66, 79, 81, 104, 108, 110, 113, 123, 129, 131, 142, 144–146, 149–150, 152, 168, 174, 178, 180–182, 195, 221, 224–225

- Augustine, 22, 156  
 Ausonius, 188  
 authority, 145, 225  
   ecclesial, 13, 20, 70, 160, 165, 170, 225  
   monastic, 16, 158, 172, 177  
 Avicenna, 135
- Bagnall, Roger, 18, 124  
 Barton, Carlin, 187  
 Baudrillard, Jean, 73  
 Belayche, Nicole, 186  
 bioarchaeology, 19, 125  
 blessings, 158, 163  
 Blouin, Katherine, 125  
 body, the, 41, 67, 109, 198, 204, 219,  
   *See also* experience:embodied  
   and ingestion of food, 9, 20, 134, 138,  
     141, 167, 198–200  
   and metaphor, 11, 29–30, 39, 131, 209,  
     222  
   and sacred space, 207, 218, 220, *See*  
     St. Felix:shrine complex:as  
       constructed place  
   and soul, 31, 39, 157  
   and space, 211, 224  
   as site of production, 110, 119, 141,  
     191–192  
   biological needs of, 28, 35  
   health. *See* health, medicine  
   mirrored in social body, 8, 46, 48, 53, 67,  
     138, 141–143  
   mouths, 2, 20, 198, 200–202, 205, 211,  
     216–220  
   ritual gestures, 215–216  
 Bolman, Elizabeth, 174  
 boundary maintenance, 5, 9, 14, 97, 145,  
   168, 171, 184  
 Bowes, Kim, 206  
 Brooks Hedstrom, Darlene, 174  
 Brown, Peter, 7, 16, 197, 209  
 Burkert, Walter, 183
- Castelli, Elizabeth, 185  
 Cato, 60, 180  
 charity, 2, 5, 43, 46, 60, 93, 103, 130–131,  
   145, 157, 160–161, 163–164, 191  
   donations to local institutions, 163–165,  
     178, 203  
 Christianization, 13, 21, 180–182, 187,  
   198, 219–220, 222, 225, *See also*  
   identity:Christian  
   of daily life, 15  
   of space, 70, 74
- church, 80, 130, 143, 163, 166  
   as constructed place, 14, 21, 33–34, 69,  
     71, 73–74, 78, 80–81, 105–106,  
     146, 165–166, 168, 170–171,  
     174–175, 177–178, 205–206, 209,  
     211, 220–221, 224  
   as institution, 2, 21, 34, 71, 106, 121,  
     142, 144, 157, 168, 170, 178, 222  
   clergy, 22, 144, 159, 170, 179  
   control of space, 13, 70, 170  
   power and authority, 13, 69, 223, 225  
 buildings, 18, 70, 91, 170–171, 206–207,  
   211–212, 224  
   at Nola. *See* St. Felix:shrine complex:  
     church buildings  
 clergy, 13  
 communal worship, 5, 40, 70, 80, 86,  
   145, 147, 150–151, 158, 165, 176  
 cities and urban environment, 47, 67, 72,  
   80, *See* Antioch  
 civic virtue, 77–78, 89, 92–93, 105  
   vs. rural, 70  
 Clement of Alexandria, 28, 115  
 climate. *See* moderation: and climate  
 cognitive/conceptual metaphor theory, 7–8,  
   10–12, 20, 26, 30, 66, 69, 108,  
   110–112, 117, 136, 140, 187, 223  
   and discourse, 44–45  
 cognitive shortcuts, 29, 34, 38, 43, 112  
 conceptual blending, 10–11, 29, 31,  
   42–44, 114, 120, 122, 182, 198  
 entailments, 20, 34, 42, 44, 46, 69, 108,  
   114, 222  
 framing, 20, 44, 109, 120  
   narrative frame, 111–112  
 source domain, 7, 10, 20, 25, 34, 39, 42,  
   44, 110, 114, 117, 182, 188, 192  
   culturally-specific knowledge, 25,  
     30–31, 34, 108–109, 111, 113–114,  
     117, 123, 222  
   embodied experience, 30, 34, 222  
 target domain, 10–11, 24, 30, 47, 120,  
   220  
 two-domain model, 10, 42
- Constantine, 5  
 Constantinople, 13  
 consumption, 9, 29, 43, 54, 67, 73, 87, 95,  
   153–154, 175, 178, 187, 220  
   and judgment, 137–138, 141, 143  
   and pleasure, 36, 138, 142  
 conspicuous, 3, 46, 53, 56, 66  
 effects on the body. *See* medicine:diet and  
   regimen; gluttony; fasting

- excess or deficiency, 26, 28, 30, 35–36,  
 51, 126, 159, 163, *See also* medicine:  
 diet and regimen, fasting, gluttony  
 of alcohol, 37, 136, *See also* foods,  
 specific:wine  
 of sacred food, 4, 162–163, 167, 190,  
 198, 201–202, 216, 218  
 sensory experience. *See* sense perceptions:  
 taste  
 controversy, 3, 15, 70  
 Conybeare, Catherine, 17, 197  
 countryside and rural life, 180  
 culinary triangle, 8, 217  
 Curley, Michael, 115  
 Cyril of Jerusalem, 167
- Damasus, 13  
 Daphne, 76  
 De Wet, Chris, 32–33, 69  
 demons, 181, 219  
 Detienne, Marcel, 183  
 Dietler, Michael, 9  
 Diocletian, 54, 57  
 Dionysus, 94  
 Dioscorides, 113  
 display  
   of status, 3, 16, 72, 75, 77–78, 82, 87,  
   94, 104, 175, 184, 210  
   of virtue or vice, 1, 43, 83, 85  
 Dobbins, John, 92  
 Douglas, Mary, 8, 13, 183  
 Downey, Glanville, 93  
 drunkenness, 36, 95, 159, 165, 168  
 Dunbabin, Katherine, 96, 103
- economy, 3, 25, 59, 108, 168, 225,  
   *See* wealth; poverty; socio-economic  
   status  
   food as commodity, 9, 123, 125, 164  
   food costs and prices, 54–55, 57, 62–64,  
   146, 153  
   food supply and circulation, 49–52, 146,  
   148–149, 151, 158, 160, 163–164,  
   168, 178, 224  
   monastic, 16, 146, 148–149, 174  
   spiritual, 17, 148, 150–152, 174, 192  
 Eliade, Mircea, 12, 71  
 Emmel, Stephen, 15  
 emotions, 9, 44, 132, 140, 187, 189,  
   194, 197, 200, 204, 210, 215,  
   220  
   and sense perception, 109, 133–134,  
   137–139  
   in rhetorical appeals, 44, 192–193, *See*  
   rhetoric:*ethopoieia*  
 Evagrius, 35  
 experience  
   and space, 12  
   embodied, 20, 29–30, 114, 132, 134,  
   137–138, 182, 187, 222, 224  
   lived, 6, 30, 34, 132
- family, 16, 72, 158, 168, 171, 174, 210,  
   *See also* marriage; house and  
   household  
   and social values, 23, 161, 189  
   authority of *paterfamilias*, 13, 69, 175–176  
 fasting, 2, 6, 15, 23, 29, 157, 178  
   and health, 31–33, 45  
   and moderation, 25–27, 35, 38, 45  
   and virtue, 26–28  
   as medical treatment, 35  
   as metaphor, 39, 41–45  
   during Lent, 22, 39–41, 130  
   excessive, 36  
   from sin, 43, *See* fasting:as metaphor  
 Fauconnier, Gilles, 10  
 favoritism, 156, 160–162  
 feast. *See* anthropology:feasting theory;  
   meals, social and ritual contexts  
   as metaphor, 2, 5, 39, 42, 44, 145, 150, 152,  
   165–166, 169, 174, 181–182, 191  
   public, 168–170, 184, 192–193  
 food culture, ancient Mediterranean, 2, 178,  
   224  
   and social formation, 104, 145, 166  
   commensal values, 39, 43, 83, 95, 97–98,  
   101, 145, 154, 158, 167  
   early Christian interaction with, 6, 148,  
   153, 172, 185, 225  
 food production, 3, 20, 107, 109, 114,  
   122–123, 136, 142, 153, 178, 180,  
   225  
   and lay piety, 154, 177  
   and social values, 158, 160, 164–165  
 baking bread, 156, 172  
 cooking and food service, 57, 126, 140,  
   152–154, 156, 182–183, 217  
 grinding grain, 2, 122, 140, 191–192  
 making wine, 2, 140–141  
 pressing oil, 122, 140, 172  
 foods, specific, 32, 54–57, 62, 202  
   birds, 40, 51, 56–57  
   bread, 4–5, 22, 51, 54, 58, 61–65, 122,  
   140, 153, 155, 164, 167, 171, 185,  
   190–193, 201

- foods, specific (cont.)  
 fish, 40, 47, 51, 55–58, 62, 64  
 fruit, 110, 118, 120, 126, 136–137, 199  
   and metaphor, 108, 116, 118,  
     122–123, 126, 132, 137, 140–142  
   as commodity, 109, 123–126  
   varieties, 124–126  
 grain, 3, 51, 59, 61, 126, 163, 186,  
   191–192  
 lentils, 59, 61, 153  
 meat, 2, 4, 20, 40, 47, 51, 54–59, 63–65,  
   123, 126, 164, 181–183, 191,  
   193–196, 215–219  
 oil, 4, 40, 51, 58, 61, 63, 153, 163, 186  
 relishes (δψον), 55–56, 58, 64–65  
 sauces, 1, 56–57, 65, 126, 181–182  
 vegetables, 55, 58, 61, 63–64, 76, 110,  
   116, 119, 124–125, 130, 133, 153,  
   156, 164  
 wine, 4–5, 36–37, 40–41, 51, 54–59,  
   63–65, 81, 92, 95, 97, 103, 109,  
   124, 126, 137, 143, 156, 159,  
   163–164, 167, 185–186, 200  
   and metaphor, 123, 136, 140  
   varieties, 135–136, 138–140  
 friendship, 3, 16–17, 97–98, 101–104, 149,  
   168, 190, 197  
   with God, 102–103
- Galen, 32, 113, 126, 133, 135  
 Garnsey, Peter, 60  
 gaze, the. *See* vision, theatricality:the gaze  
 Geertz, Clifford, 7  
 Gibbon, Edward, 47  
 gift exchange, 4, 20, 149–150, 152, 156,  
   160, 163, 181–183, 186–187, 189,  
   195–197, 199–200, 203–205, 220,  
   223. *See also* votive offerings
- Gilhuly, Kate, 72  
 Girard, Rene, 183  
 Gleason, Maud, 77  
 gluttony, 5, 25–29, 32–33, 35–36, 55, 58,  
   66, 88, 95, 145, 162, 165  
 graffiti, 20, 214–215, 220–221  
 Grimm, Veronika, 28
- habit, 12, 18, 23, 40, 45, 66, 71, 74, 87  
 Haddad, George, 47  
 Hales, Shelley, 96  
 Hall, Matthew, 117, 120  
 Hamilakis, Yannis, 9
- Hartney, Aideen, 69  
 health, 25, 27, 30, 32, 35–36, 38, 65  
   and metaphor, 29–30, 34, 43, 53, 108  
   and moderation, 25, 47, 66  
   and nutrition, 60, 63, 113, 133  
   definition, 30–31, 35, 38  
   moral or spiritual, 33, 38, 157  
 Hercules, 94–95  
 heresy, 70, 163, 165  
 hierarchy, 98, 184  
   ecclesial, 20  
   monastic, 99, 161–162  
   of ascetic commitment, 5, 23–24, 41, 131,  
     158, 172, 210, 225. *See also* lay  
     Christians:vs. ascetic specialists  
   of being, 98, 109, 114, 117–118, 120  
   social, 1, 3, 75, 83–84, 98, 100–101,  
     104–105, 161, 167, 183, 196–197, 209  
 Hill, Susan, 24, 28  
 hospitality, 145–147, 152, 157–158  
 house and household, 23, 156–157, 169,  
   177, 189  
   and social values, 168, 210  
   architecture and design, 18, 72, 175–176,  
     209–210  
   as constructed place, 146, 165, 168,  
     170–171, 174, 177–178  
   as little church, 1, 21, 67, 69–71, 78, 98,  
     100, 105–106  
   as public or private space, 70, 72–73, 82,  
     210  
   dining room, 1, 71  
     as constructed place, 73–75, 78, 81, 97,  
       166  
   domestic religion. *See* religion:domestic  
   expenditures. *See* Theophanes  
 Hunt, Ailsa, 120  
 Huskinson, Janet, 77, 86, 90–91
- identity, 78  
   and food, 3–4, 9  
   Christian, 5–6, 78, 92–93, 143, 151,  
     222–223  
   and meals, 96, 152, 160, 178  
   and place, 67, 80, 105, 144, 166, 178,  
     206  
   in daily life, 14, 23, 94, 97, 144, 149  
   orthodox vs. heretical, 14, 162  
   vs. Jewish, 170, 184  
   vs. pagan, 14, 97, 149–150, 181, 184,  
     188, 221

- Jewish, 8  
 monastic, 16, 145–146, 154, 174, 178, 207  
 religious, 4, 6, 150  
 Ignatius, 191  
 images, 42, 76, 79, 90, 92–96, 210–212,  
*See also* triclinium:and visual images  
 verbal or poetic, 82, 95, 190, 192–193,  
*See* rhetoric:*ecphrasis*
- Jerome, 23  
 John Chrysostom, 1, 13, 20, 108, 166, 177  
 and medical discourse, 31–35  
 critique of theater, 77, 92, 146  
 homilies, 14–15, 22  
 on the household as little church. *See*  
 house and household:as little church  
 on the true fast, 39, 66, *See* fasting:as  
 metaphor  
 pastoral agenda, 14–15, 24, 46, 69–70,  
 74, 78, 93  
 rhetorical style, 24, 28, 37, 56, 65, 166  
 Johnson, Mark, 10  
 Joshel, Sandra, 176  
 Jovinian, 23  
 Judaism, 4, 8, 41, 170, 183, 192  
 sacrifice. *See* sacrifice:Israelite/Jewish  
 Temple, 12, 169  
 Julian, 46, 51–52
- Kiely, Maria, 210  
 Kondoleon, Christine, 90–91, 95  
 Kövecses, Zoltán, 30, 110  
 Krawiec, Rebecca, 15, 154, 160, 174
- Lakoff, George, 10  
 Last Supper, the, 100  
 lay Christians, 5, 157, 187  
 as religious actors, 5, 14, 22, 40, 74, 104,  
 162, 164–165, 168, 178, 187,  
 221–225  
 practices, 6, 106, 130, 153, 158, 162,  
 172, 177, 223  
 almsgiving, 5, 27, 53, 83, 93, 141, 144,  
 152–153, 157, 160, 163–164, 178  
 attending church, 40, 144, 151, 158, 174  
 baptism, 23  
 bringing the prosphora, 157, 162, 178  
 confession, 32  
 eucharistic participation, 5, 164, 168–170  
 good works, 129, 131, 137–138, 140,  
 143, 157  
 hearing or reading Scripture, 5, 32, 40,  
 43, 70, 99, 150, 168–169  
 marital fidelity, 23, 67, 131, 141  
 meals. *See* meals, social and ritual  
 contexts  
 prayer, 32, 43, 70, 88, 131, 141, 168,  
 170, 215  
 singing Psalms, 70, 170  
 verbal praise, 204, 216, 218  
 vs. ascetic specialists, 2, 6, 22–23, 172,  
 178, 189, 195  
 Layton, Bentley, 16, 154  
 Lefebvre, Henri, 12, 224  
 Levi-Strauss, Claude, 8  
 Leyerle, Blake, 14, 77, 90, 93  
 Libanius, 46–47, 49–50, 52, 54, 65  
 López, Ariel, 16, 148, 152, 163  
 luxury, 25, 27–29, 46, 52, 54–55, 66,  
 82–83, 92, 144  
 in food and dining, 18, 32, 56–59, 62, 65,  
 84, 88, 126  
 true or spiritual, 93
- Macrobius, 85  
 Malpas, Jeff, 71  
 Mandoki, Katya, 72–73  
 marriage, 6, 67, 72, 130, *See also* lay  
 Christians:practices:marital fidelity  
 martyr cult, 2, 17, 159, 163, 168–171, 180,  
 187–188, 197, 218–219  
 festival. *See* meals, social and ritual  
 contexts:martyr festival  
 funding, 163–164, 178  
 martyr shrine, 21, 159, 164, 166, 168,  
 170, 179, 206, 209, 224  
 architecture, 170–171  
 as constructed place, 146, 169–171  
 relics, 70, 170, 207  
 martyrs and martyrdom, 180, 185, 187,  
 191, 196, 204, 211, 221  
 Matthews, John, 54–55  
 Maxwell, Jaclyn, 14  
 Mayer, Wendy, 14, 30, 33, 45  
 McGowan, Andrew, 7, 185  
 meals, social and ritual contexts, 2, 6,  
 144–145, 147, 149, 158, 165, 171,  
 178, 223–224  
*agape*, 100–101, 159  
 charitable meal, 5, 101, 104, 153, 159,  
 175, 217, 223  
 convivium, 3

- meals, social and ritual contexts (cont.)  
 domestic banquet, 1, 64–65, 73, 76–77, 126, 149–150, 152, 167, 174, 177, 210  
 eucharist, 2, 4, 101, 145, 149, 153, 158–159, 162–163, 165–168, 170, 172, 178, 184–185, 191  
   funerary, 144, 158–159, 165, 223  
 funerary meal, 101, 103, 158  
 martyr festival, 6, 145, 158–159, 162–166, 170–171, 223  
 monastic meal, 6, 154–156, 172  
 sacrificial meal, 4, 169, 181, 183, 185, 187, 217, 219  
 symposium, 3, 79, 85, 95, 97, 101–102  
 medicine, 20, 25, 29, 66, 108, 134  
 and metaphor, 20, 29–31, 35, 38–39, 166  
 and philosophy, 31  
 diet and regimen, 25, 27, 31–32, 45, 67, 126, 133, 223. *See* consumption: excess or deficiency  
   psychological effects of, 32  
 disease, 30, 32–33, 36, 44, 56  
 doctors, 31, 95  
 humoral system, 30–31, 33–34  
 therapy and treatments, 32–35, 38, 53, 114  
   spiritual, 33  
 Melitians, 162  
 memory, 9, 12, 74, 87–89, 139, 142, 193  
 metaphor, linguistic or literary, 10, 12, 17, 24, 33–34, 39, 108, 110, 113, 117, 137, 182, 186–187, 190–193, 198, 222. *See also* cognitive/conceptual metaphor theory  
 miracles, 2, 151, 179–180, 197, 204, 215, 218  
   and food, 146, 148–151, 158, 165, 198–201, 205, 220  
 moderation, 34, 44, 66–67, 83, 89, 95–97  
   and climate, 47–50  
   and food consumption, 25–28, 51, 89  
   and health, 31, 34–35, 38–39  
   and metaphor, 25, 29, 37, 41, 43  
   and moral philosophy, 31, 37, 45, 52  
   and urban economy, 50–53  
   as ascetic practice, 24–25, 27–28, 47  
   as elite virtue, 27, 29, 46, 50, 52, 55  
   definition, 24–27, 30, 46, 96  
 Molholt, Rebecca, 76  
 monastery  
   as constructed place, 21, 146, 154, 172, 175, 177–178, 205–206  
   at Nola. *See* Paulinus of Nola: ascetic community; St. Felix: shrine complex  
   White Monastery. *See* White Monastery  
 Monica, 156  
 monks and monasticism, 142, 171–172  
   as exempla, 79–80, 88, 145, 148–149, 152, 157–159  
 communal meal. *See* meals, social and ritual contexts: monastic meal  
 diet and food system, 19, 125, 160  
 obedience and disobedience, 155, 161  
 social relationships, 99, 154, 160–162, 165  
 wealth management, 163  
 morality, 3, 5, 30, 152, 225  
 and metaphor, 11, 29, 39, 109–111, 117, 119, 137, 141, 222  
 moral agency, 44  
 moral exempla, 23, 98, 110, 192–193  
 moral instruction, 17, 25–26, 32, 83, 86, 92, 99–100, 106, 112, 129, 181, *See also* paideia  
 moral judgment, 109, 118, 121, 132–134, 137–139, 141, 143, 158, 160–161, 164  
 moral philosophy, 6, 20, 29, 36–38, 66, 95, 109, 118–120, 123, 127  
   and medical theory, 32  
   systems of virtue, 28, 37–38, 116, 137, 143  
 mortality, 89, 96–97  
 mosaic pavements, 18, 81, 86, 90–92, 94  
   and personified virtues, 92–94  
   mythological scenes, 90, 92, 94–96  
 Moses, 192  
 nature, 109, 120–121, 127  
   and innate qualities, 109, 115, 118–119, 122–123, 130–131, 141  
   and spiritual world, 114, 122  
 natural world, 110, 121, 143  
 natural, as concept, 2, 29, 109, 122  
 vs. agency. *See* work: vs. nature  
 networks, social, 3, 21, 71, 103, 105, 145, 164, 166, 171, 177–178, 197, 207, 220, 224  
 Noah, 36  
 Nola, 16

- obedience, 121, 129, 141, 145, 158, 165,  
 191, 194–195, 203  
 Origen, 115
- paganism. *See* religion:Greco-Roman  
*paideia*, 70, 86, 90, 92, 97  
 Panopolis, 18, 123, 144, 170  
 Papaconstantinou, Arietta, 164  
 papyri, documentary, 18  
   gifts and donations, 163–164  
   household accounts. *See* Theophanes  
   land leases and registers, 124–125, 127,  
   129  
 parasite, 87, 98–101, 103–104  
 Passover, 192  
 patronage, 3, 16, 72, 94, 97–98, 102, 145,  
 150, 158, 170, 175, 196–197  
   God as patron, 102, 104  
 Paulinus of Nola, 2, 16–17, 19–21  
   ascetic community, 19, 205–206, 210,  
   215  
   ascetic ideals, 188, 190, 211, 220  
   construction of sacred space, 207, 209,  
   211–214, 217, 220, *See also* St. Felix:  
   shrine complex:as constructed place  
   models for lay piety, 188, 192–197, 204,  
   218, 220–221  
   relationship with Felix, 197, 210,  
   215  
 performance, 75–76, 78, 99  
   and place, 12–13, 74–75, 80–81, 166  
   of gender, 69  
   of ritual. *See* ritual  
   of speech, 198, 201–202, 204, 207, 216,  
   218, 220  
   of virtue or vice, 78–81, 94, 99, 106, 152,  
   155  
   public oratory, 2, 17, 77, 203  
   social, 103, 166  
 Petersen, Lauren Hackworth, 176  
 Petit, Paul, 47  
 Petronius, 96  
*Physiologos*, 109, 113–115  
 piety, 2, 5–6, 15–16, 20, 143–146, 150,  
 165, 169, 178, 181–182, 187, 193,  
 205, 223  
 pilgrimage, 19, 186, 197, 205, 210  
 plants, 1, 107, 123, 132, 135, 137–138,  
 140–141, 191  
   and agency, 117–121  
   and medicine, 113  
   and metaphor, 107–112, 116–117, 121,  
   123, 140  
   and philosophy, 117, 120  
   botanical features, 1, 114–116, 118, 120  
   in ancient scientific treatises, 113, 115–117  
   in biblical texts, 113–114, 119  
   wild vs. cultivated, 107, 110–111, 113,  
   116, 122, 133  
 Plato, 37, 85  
 Pliny the Elder, 113  
 Plutarch, 85, 95  
 poetry, 2, 17–18, 180, 187  
   as sacrificial gift, 187, 198, 202–204,  
   220  
   late antique stylistics, 17, 182, 190, 200,  
   202  
   theological concepts in, 19, 220, 222  
 poverty, 16, 29, 80, 99–100, 137, 151  
 preachers and preaching, 5, 10, 14–15, 23,  
 153, 224  
 public  
   vs. private, 2, 13–14, 155, 206  
 purity, 8, 138, 142
- religion, 4, 31, 182–183, 186  
 and food, 8  
 domestic, 2, 13, 69, 158, 166, *See* house  
 and household: as little church  
 Greco-Roman, 4, 6, 21, 144, 169, 171,  
 180–181, 185–186, 197, 216, 219,  
 222–223  
   practices, 180, 189  
   vernacular (everyday/local expressions),  
   2, 13, 20–21, 169, 182, 185–187,  
   195, 197, 220, 222–223, 225  
 repentance, 2, 34, 83, 107, 110–111, 113,  
 119, 129–130, 141, 149, 221  
 rhetoric, 2, 10, 14, 17, 20, 31, 77,  
 153, 159  
   antithesis, 42  
   *ecphrasis*, 17, 26, 90, 96, 206  
   *ethopoeiae*, 17  
   panegyric and praise, 48  
 ritual, 9, 13, 20, 145, 152, 158, 162, 166,  
 180–182, 184, 186, 188, 193, 197,  
 199–200, 203, 207, 211–212, 216,  
 225  
 Roberts, Michael, 17, 190, 197, 202  
 Rome, 13  
 Rouwhorst, Gerard, 185, 188  
 Rowlandson, Jane, 127

- sacrifice, 2, 20, 181, 186–187, 191, 199, 216, 218, 220, 223, 225  
 and death of Christ, 187, 189–193, 220  
 and metaphor, 20, 180, 182, 184, 186–198, 204–205, 207, 216, 218  
 and violence, 182–183, 192–193, 195  
 animal sacrifice, 4, 169–170, 179–180, 182, 189–192, 194–195, 216, 219–220  
 as self-offering, 189–190, 192, 195, 197–198, 200, 203, 216, 219–220  
 bloodless or interior, 196–197, 204–205, 216, 220  
 Christian concepts of, 188, 195, 216, 219–221  
 cuisine of, 4, 126, 183–184, 191–193, 200–202, 218, 220  
 Greco-Roman, 184, 187–188  
 Israelite/Jewish, 8, 169, 184, 193–194  
 meal. *See* meals, social and ritual contexts:sacrificial meal  
 Saliou, Catherine, 48  
 salvation, 38, 43, 96, 192, 195, 198, 201–202  
 Salzman, Michele, 180  
 Sandwell, Isabella, 14  
 Scheid, John, 184  
 Schenke, Gesa, 164  
 Schroeder, Caroline, 142  
 Semino, Elena, 44  
 sense perceptions, 109, 132–133, 137, 140  
 and moral judgment, 133  
 smell, 133, 136  
 taste, 34, 36, 114, 132–133, 135, 137, 139, 142  
 flavor descriptions, 120–139  
 touch, 36, 134–135  
 Shaw, Teresa, 24, 35  
 Shenoute of Atripe, 1, 15–16, 20, 107  
 critique of martyr festival, 144–145, 158–159, 168–171, 178  
 monastic ideology, 15–16, 142, 144, 154, 158, 171–172, 174, 177  
 monastic instruction, 15, 107, 153, 161  
 pastoral agenda, 108, 119, 123, 130, 142, 145, 151, 157–158, 162, 165  
 preaching and rhetorical style, 108–109, 113, 145, 157–158, 165, 169, 178  
 public sermons, 15, 108, 145–146, 149, 158, 165, 174  
 Shepardson, Christine, 70  
 sin, 112, 119, 150, 163, 189, 191, 195  
 and food, 41–42  
 as disease, 33–34  
 as weeds, 111, 130  
 slavery, 70, 99  
 enslaved persons, 54, 60, 75, 81, 84, 152, 156, 176  
 Smith, Dennis, 185  
 Smith, Jonathan Z., 12, 225  
 socio-economic status, 7  
 and dining, 101–105, 161  
 elite, 3, 16, 72, 84, 153  
 as cultural producers, 6, 8–9, 209, 221–222  
 lifestyle, 18, 29, 48, 52, 55–58, 66, 78, 82, 101, 126–127, 189, 209. *See also* Theophanes:and elite lifestyle  
 non-elite, 1, 27, 156, 204  
 diet and food costs, 58–59  
 poor, 1–2, 5, 46, 84, 101–102, 104, 107, 137, 143, 157, 161, 163–164, 175, 181, 195, 210, 218–219  
 diet, 59, 61, 133  
 rich, 54, 56, 59, 65, 67, 80, 84, 161, 163–164  
 space  
 and food, 7, 145–146, 165–166, 172, 174, 177–178, 205, 217, 224–225  
 and place, 2, 12, 69, 71–75  
 places. *See* specific places, e.g. house, church, monastery  
 sacred and ritual, 8, 12–13, 19, 71, 74, 105, 159, 168, 170–171, 180, 182, 188, 198, 202, 207, 211–212, 217–218  
 socially constructed, 8, 12–14, 74, 166, 168, 170, 172, 224  
 urban, 13, 18  
 St. Felix, 2  
 as martyr, 193, 196–197, 199–200  
 as patron, 181, 196–197  
 cult of, 16, 21, 197  
 festival, 2, 179–181  
 shrine complex, 19, 187, 205–206, 211  
 architecture and design, 207–211  
 as constructed place, 198, 205, 219–220  
 church buildings, 19, 205–207, 210, 213, 217  
 thresholds, 198, 207, 209, 211–212, 215–220, 224



- Stenger, Jan, 70  
 Stowers, Stanley, 220, 223  
 Sulpicius Severus, 190  
 Symmachus, 180
- table talk, 79, 83, 85–87, 89–90, 92, 95  
 theater, 1, 14, 41, 225  
   and triclinium, 74–76, 78, 82, 85, 90  
   as constructed place, 73, 81, 100, 105–106  
   entertainment, 75, 79–80, 86, 98, 105  
 theatricality, 74, 103, 105–106  
   reality vs. illusion, 74, 76, 78–80, 85, 98  
   role-playing and social theater, 77–78,  
     97, 99, 104–105  
   viewers and the gaze, 78, 81–82, 84–85,  
     87, 96–97, 105
- Theodosius, 179  
 Theophanes, 46, 66, 126  
   and elite lifestyle, 53–65  
   and moderation, 55, 62–65  
   archive of, 54–55  
   purchasing patterns, 55, 58, 62–65
- Theophrastus, 109, 115–118, 120, 122,  
 124, 132, 137
- Totelin, Laurence, 118, 134
- triclinium, 177, 224, *See* house and  
 household:dining room  
   and visual images, 75–77, 79, 85–86,  
     89–97  
   architecture and design, 18, 74, 77, 79,  
     81–85, 101, 103, 105, 175
- Trimalchio, 96
- Trout, Dennis, 16, 180, 197, 206, 209–210
- Tuan, Yi-Fu, 12, 71
- Turner, Mark, 10
- Ullucci, Daniel, 184, 186
- Vernant, Jean-Pierre, 183
- vice, 1  
   as excess or deficiency, 30, 34, 36–37
- vices, specific  
   anger, 38  
   fornication, 33, 159, 168  
   greed, 33, 52–53, 55, 174, 195  
   pride, 151, 191  
   quarrelling, 2, 159, 168  
   vainglory, 77
- virtue, 25, 83, 114, 138  
   and metaphor, 5, 20  
   and urban topography, 70, 73, 81  
   as a mean, 25, 30, 37  
   as fruit. *See* foods, specific:fruit:and  
     metaphor  
   formation of, 1, 20, 23, 29, 42, 45, 66,  
     70, 99, 119, 123, 142, 222  
   hierarchy of, 24, 28, 66, 117, 137, 143,  
     *See* morality:moral philosophy:  
     systems of virtue  
   personified. *See* mosaic pavements:  
     personified virtues  
 virtues, specific, 110  
   generosity, 38, 83, 93  
   humility, 100, 103, 110, 129,  
     191, 214  
   magnanimity, 93–94  
   temperance, 25–26, 36–37
- votive offerings, 2, 4, 6, 157, 179, 182,  
 185–187, 189, 191, 194–197, 199,  
 203–204, 215–216, 219–220
- Walsh, P.G., 190
- water, 22, 33, 48, 56–57, 81, 95, 111, 121,  
 127–129, 135, 151, 185, 201–202,  
 209
- wealth, 7, 16, 51, 58, 83, 101, 144, 152  
   and civic obligation, 52–53, 77  
   inequality, 3, 29, 101  
   proper use of, 52–53, 69, 93, 148–149,  
     194–196, 225  
   renunciation. *See* ascetic practices:  
     renunciation of wealth
- White Monastery, 1, 15, 20, 107, 123  
   and local community, 15, 21, 163–164,  
     166, 177  
   and refugee relief, 145–147, 150–152,  
     158–159, 175  
   built environment, 172–177  
   church, 19, 159, 172, 174–176  
   Eldest / Father Superior, 161  
   food system, 16, 145, 174, 178  
     cooking and food service, 147, 154,  
     156–157, 172, 177  
     other food rules, 155, 160–162  
   lay visitors, 157, 161
- women, 16, 61, 156
- work, 109, 129–130, 132, 142, 145, 152,  
 158, 178, 225, *See* agriculture:labor;  
 asceticism:as labor  
   and value, 137, 139, 141, 157  
   necessity of, 109–110, 119, 121–123,  
     132, 140

252

*Index*

work (cont.)

spiritual. *See* asceticism: as labor; virtue:  
formation ofvs. nature, 109, 119–120, 122, 127,  
129–133, 140

Worman, Nancy, 72

Yasin, Ann Marie, 13, 206–207, 209

Zucker, Arnaud, 115