The Cambridge Companion to Literature and Psychoanalysis explains the link between literature and psychoanalysis for students, critics, and teachers. It offers a twenty-first-century resource for defining and analyzing the psychoanalytic dimensions of human creativity in contemporary society. Essays provide critical perspectives on selected canonical authors, such as William Shakespeare, Jane Austen, Virginia Woolf, Toni Morrison, and James Baldwin. It also offers analysis of contemporary literature of social, sexual, and political turmoil, as well as of newer forms such as film, graphic narrative, and autofiction. Divided into four sections, each offering the reader different subject areas to explore, this volume shows how psychoanalytic approaches to literature can provide valuable methods of interpretation. It will be a key resource for students, teachers, and researchers in the field of literature and psychoanalysis as well as literary theory.

Vera J. Camden is Professor of English at Kent State University and Clinical Assistant Professor of Psychiatry at Case Western Reserve University. She is also Training and Supervising Analyst at the Cleveland Psychoanalytic Center and Geographic Rule Supervising Analyst for the Institute for Psychoanalytic Education of the NYU Medical School. She is Associate Editor of American Imago and American Editor of the Journal of Graphic Novels and Comics.
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ABBREVIATIONS

CONTRIBUTORS


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BEATRIZ L. BOTERO holds a PhD in psychology from Universidad Autónoma de Madrid, Spain. She also holds a PhD in Spanish literature from the University of Wisconsin-Madison, where she also teaches. She is the author of Identidad
LIST OF CONTRIBUTORS


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KATHERINE DALSIMER is on the faculty of the Columbia University Center for Psychoanalytic Training and Research and is Clinical Professor of Psychology in the Department of Psychiatry, Weill Medical College, Cornell University. She is the author of Female Adolescence: Psychoanalytic Reflections on Literature and Virginia Woolf: Becoming a Writer, both published by Yale University Press.

CARLA FRECCERO is Distinguished Professor of Literature and History of Consciousness, and Affiliated Faculty in Feminist Studies at UCSC, where she has taught since 1991. Her books include Father Figures (Cornell, 1991); Popular Culture (NYU, 1999); and Queer/Early/Modern (Duke, 2006). She co-edited Premodern Sexualities (Routledge, 1996); Species/Race/Sex, a special issue of American Quarterly 65.3 (2013); and Animots, a special issue of Yale French Studies 127 (2015). Her current book project, on nonhuman animals and figuration, is Animate Figures. In 2010 she won the Critical Animal Studies Faculty Paper of the Year. Her fields include early modern European literature and history; critical theory; feminist and queer theories; popular culture and cultural studies; psychoanalysis; and animal studies.

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LISA RUDDICK is an Associate Professor Emerita in the Department of English at the University of Chicago. She is the author of Reading Gertrude Stein: Body, Text, Gnosis (Cornell, 1990), and of recent pieces describing the ways in which professionalization in the academic humanities can cut individuals off from their moral resources and their intuitive awareness. An excerpt from her book-in-progress on this subject appeared in a widely read article of 2015 titled “When Nothing Is Cool.”

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JEREMY TAMBLING was formerly Professor of Literature at Manchester University and before that, Professor of Comparative Literature at the University of Hong Kong. He is author of several books, three of them on Dickens: Dickens, Violence and the Modern State: Dreams of the Scaffold (Macmillan 1995), Going Astray: Dickens and
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ACKNOWLEDGMENTS

This volume reflects my two professional identities of English professor and psychoanalyst, fostered over thirty years ago by the Academic Challenge Grant from the State of Ohio to inaugurate the Center for Literature and Psychoanalysis at Kent State University, in conjunction with the Cleveland Psychoanalytic Center. This linkage of two great Northeast Ohio institutions of higher learning deepened my dedication to what I have, in this volume, called the “companionate” marriage of Literature and Psychoanalysis. I thank both institutions for their support over the years. I am especially grateful to the Kent State University Research Council for granting an Academic Research Leave to allow me to complete The Cambridge Companion to Literature and Psychoanalysis.

For unflagging help with all the details that go into the production of an edited collection, I thank Valentino Zullo for his editorial and research acumen, as well as clinical insights. I also thank Katherine Loughry, Summer Corson, and Faith King for research assistance. Peter Rudnytsky’s body of work on the consilience of literature and psychoanalysis has lighted my way for many years. Adele Tutter not only generously contributed her own work to this collection but also has been immensely helpful with editorial interventions. Through the many fluctuations of this pandemic year, Ray Ryan has affirmed that our collection matters to students – and to all readers – who care deeply about what Freud called the “sciences” of human civilization. I am grateful for his dedication. Thanks are also due to Edgar Mendez for his patience and courtesy. Most of all, I thank the volume’s contributors themselves, who have exhibited all that is best about literary scholarship as well as the healing arts.
This volume places literature before psychoanalysis, foregrounding the work of poets, novelists, playwrights, film-makers, comics artists, and other creators as foundational to psychoanalysis past and present. So, while this timeline begins with Sigmund Freud himself, and the familiar touchstones of his discovery of psychoanalysis in theory and practice, it takes as one of the principal ideas, advocated by this volume, that Freud not only derived clinical concepts from literature, but also that he wrote literature himself.

We recall Freud won the Goethe Prize in 1930. He is, indisputably, one of the great prose stylists of modern literature. Freud’s major case studies remain classics of literature even as they inaugurated the clinical form of the case report. By the same token many of the most influential theorists and practitioners of psychoanalysis have been saturated in literature and have themselves been gifted writers. Thus, we have selected representative psychoanalytic authors such as Wilfred Bion, Christopher Bollas, Sándor Ferenczi, Melanie Klein, Julia Kristeva, Jacques Lacan, Adam Phillips, Donald Winnicott, and others.

While no timeline can claim to be comprehensive, we hope it will accurately reflect important trends. The early analysts, including those who were close to Freud, such as Otto Rank and Ernest Jones, quite often turned to literature to formulate their ideas. Thus, we have provided examples which reflect the expansion of psychoanalysis as a field, recognizing those theorists who relied upon literature, or themselves wrote what we consider literary as well as clinical classics. But as psychoanalysis increasingly became a subfield of medical psychiatry in the United States, the influence of literature on clinical practice receded. At the same time, however, academic applications of psychoanalysis in literary theory and criticism, and in the humanities in general, increased dramatically. Indeed, the impactful studies of race, gender, sexuality, and culture were conceived within the academy at this time, each in their own way springing from the marriage of literature and psychoanalysis.
For further discussion of such trends, the reader can consult the Introduction to this volume, as well as the suggestions for Further Reading.

Chronology

1885–1886  Sigmund Freud studies with Jean-Martin Charcot at La Salpêtrière Hospital
1891  Freud, On Aphasía
1895  Freud and Josef Breuer, Studies on Hysteria
1899/1900  Freud, The Interpretation of Dreams
1902  Establishment of the Wednesday Psychological Society, later the Vienna Psychoanalytic Society (1908)
1905  Freud, Fragment of an Analysis of a Case of Hysteria (Dora)
1907  Freud, “Delusions and Dreams in Jensen’s Gradiva” Otto Rank, Der Künstler (The Artist)
1908  Freud, “Creative Writers and Day-Dreaming”
1909  Freud, Analysis of a Phobia in a Five-year-old Boy (Little Hans)
Freud, Notes Upon A Case of Obsessional Neurosis (Rat Man)
Freud travels with Carl Jung and Sándor Ferenczi to the United States and gives lectures at Clark University
1910  Founding of the International Psychoanalytical Association (formerly International Psychoanalytical Congress)
Freud, “Leonardo da Vinci, A Memory of His Childhood”
1911  Founding of the American Psychoanalytic Association
Freud, Psycho-Analytic Notes on an Autobiographical Account of a Case of Paranoia (Dementia Paranoides) (Daniel Paul Schreber case)
1912  Alfred Adler establishes The Society for Free Psychoanalysis, later The Society for Individual Psychology
Freud founds Imago, inaugurated with the four essays that would become Totem and Taboo
1913  Ernest Jones establishes the London Psychoanalytical Society (later British Psychoanalytical Society)
Ferenczi establishes the Hungarian Psychoanalytic Association in Budapest
1917  Freud, “Mourning and Melancholia”
Virginia and Leonard Woolf found the Hogarth Press, which publishes Freud in English
## Chronology

<table>
<thead>
<tr>
<th>Year</th>
<th>Event/Book/Work</th>
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<tbody>
<tr>
<td>1918</td>
<td>Frankfurt School established at Institute for Social Research, at Goethe University Frankfurt</td>
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<tr>
<td>1918</td>
<td>From the History of an Infantile Neurosis (The Wolf Man)</td>
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<tr>
<td>1920</td>
<td>Establishment of The International Journal of Psychoanalysis</td>
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<td>1920</td>
<td>Beyond the Pleasure Principle</td>
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<tr>
<td>1920</td>
<td>Tavistock Clinic founded in London</td>
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<tr>
<td>1923</td>
<td>Ernest Jones, Essays in Applied Psycho-analysis</td>
</tr>
<tr>
<td>1926</td>
<td>Freud, The Question of Lay Analysis</td>
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<tr>
<td>1930</td>
<td>Freud awarded the Goethe Prize</td>
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<tr>
<td>1932</td>
<td>Freud, Civilization and Its Discontents</td>
</tr>
<tr>
<td>1932</td>
<td>Melanie Klein, The Psychoanalysis of Children</td>
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<tr>
<td>1933</td>
<td>Wilhelm Reich, Character Analysis</td>
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<tr>
<td>1936</td>
<td>Anna Freud, The Ego and the Mechanisms of Defense</td>
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<tr>
<td>1936</td>
<td>Lacan presents “Mirror Stage” at the International Psychoanalytical Congress in Marienbad</td>
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<td>1937</td>
<td>Ella Freeman Sharpe, Dream Analysis: A Practical Handbook for Psycho-Analysts</td>
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<td>1939</td>
<td>Melanie Klein and Joan Riviere, Love, Hate, and Reparation</td>
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<td>1939</td>
<td>W. H. Auden, “In Memory of Sigmund Freud”</td>
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<td>1941</td>
<td>Freud and Hanns Sachs establish American Imago</td>
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<td>1941</td>
<td>Freud, Moses and Monotheism</td>
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<tr>
<td>1941</td>
<td>Erich Fromm, Escape from Freedom</td>
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<tr>
<td>1942</td>
<td>Karen Horney establishes the American Institute for Psychoanalysis</td>
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<tr>
<td>1942</td>
<td>Edmund Wilson, The Wound and the Bow: Seven Studies in Literature</td>
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<tr>
<td>1943</td>
<td>Géza Roheim, The Origin and Function of Culture</td>
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<tr>
<td>1945</td>
<td>Founding of The Psychoanalytic Study of the Child</td>
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<tr>
<td>1949</td>
<td>Simone de Beauvoir, The Second Sex (English translation, 1952)</td>
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<tr>
<td>1950</td>
<td>Marie Bonaparte, The Life and Works of Edgar Allan Poe: A Psycho-analytic Interpretation</td>
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<tr>
<td>1950</td>
<td>Sándor Ferenczi, “Confusion of the Tongues Between the Adults and the Child – (The Language of Tenderness and of Passion)” (delivered in 1932 at the Wiesbaden Congress)</td>
</tr>
<tr>
<td>1950</td>
<td>Ernest Jones, Hamlet and Oedipus</td>
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<tr>
<td>1950</td>
<td>Erik Erikson, Childhood and Society</td>
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</tbody>
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**Chronology**

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<tr>
<th>Year(s)</th>
<th>Event</th>
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| 1952    | Lionel Trilling, *The Liberal Imagination*  
          Ernst Kris, *Psychoanalytic Explorations in Art*  
          Frantz Fanon, *Black Skin, White Masks* |
| 1953–1957 | Ernest Jones, *The Life and Work of Sigmund Freud* |
| 1955    | Herbert Marcuse, *Eros and Civilization: A Philosophical Inquiry into Freud*  
          Phyllis Greenacre, *Swift and Carroll: A Psychoanalytic Study of Two Lives* |
| 1956    | Erich Fromm, *The Art of Loving*  
          H. D., *Tribute to Freud*  
| 1957    | Gaston Bachelard, *The Poetics of Space* (English translation, 1964) |
| 1959    | Norman O. Brown, *Life Against Death: The Psychoanalytical Meaning of History*  
          Selma Fraiberg, *The Magic Years: Understanding and Handling the Problems of Early Childhood* |
| 1960    | Leslie Fiedler, *Love and Death in the American Novel* |
| 1961    | Wilfred R. Bion, *Experiences in Groups* |
| 1963    | Charles Mauron, *Introduction to the Psychoanalysis of Mallarmé* |
| 1964    | Lacan establishes the École Freudienne de Paris |
| 1966    | Frederick Crews, *The Sins of the Fathers: Hawthorne’s Psychological Themes*  
          Kenneth Burke, *Language as Symbolic Action*  
          Norman Holland, *Psychoanalysis and Shakespeare* |
| 1968    | Norman Holland, *The Dynamics of Literary Response* |
| 1969    | André Green, *The Tragic Effect: The Oedipus Complex in Tragedy* (English translation, 1979)  
          Michael Balint, *Basic Fault: Therapeutic Aspects of Regression* |
| 1970    | Center for the Psychological Study of the Arts at SUNY at Buffalo established by Norman Holland, where the Delphi Seminars were also held  
          Frederick Crews, ed., *Psychoanalysis and Literary Process* |
Paul Ricoeur, *Freud and Philosophy: An Essay on Interpretation*

1971

D. W. Winnicott, *Playing and Reality*

Freud Museum opens in Vienna

1973

Roland Barthes, *Pleasure of the Text*

Harold Bloom, *The Anxiety of Influence: A Theory of Poetry*

1974

Juliet Mitchell, *Psychoanalysis and Feminism*

Bruno Bettelheim, *The Uses of Enchantment: The Meaning and Importance of Fairy Tales*

Hélène Cixous, “The Laugh of the Medusa” (English translation, 1976)


Norman Holland, *5 Readers Reading*

Laura Mulvey, “Visual Pleasure and Narrative Cinema” published in *Screen*

1976

Dorothy Dinnerstein, *The Mermaid and the Minotaur*

Michel Foucault, *The History of Sexuality*, vol. 1 (English translation, 1978)

1977

Heinz Kohut, *The Restoration of the Self*

Luce Irigaray, *This Sex Which Is Not One* (English translation, 1985)


1978

Nancy Chodorow, *The Reproduction of Mothering: Psychoanalysis and the Sociology of Gender*

1979

Alice Miller, *The Drama of the Gifted Child*

Christopher Lasch, *The Culture of Narcissism: American Life in an Age of Diminishing Expectations*

1980

Lacan dissolves the École Freudienne de Paris

Murray M. Schwartz and Coppélia Kahn, eds., *Representing Shakespeare: New Psychoanalytic Essays*

1981

Meredith Skura, *The Literary Use of the Psychoanalytic Process*

1984

Peter Brooks, *Reading for the Plot: Design and Intention in Narrative*

Jacqueline Rose, *The Case of Peter Pan, or, The Impossibility of Children’s Fiction*
CHRONOLOGY

1985
Jeffrey Berman, The Talking Cure: Literary Representations of Psychoanalysis
Charles Bernheimer and Claire Kahane, eds. In Dora’s Case: Freud – Hysteria – Feminism
Didier Anzieu, The Skin Ego (English translation, 1989)
Jane Gallop, Reading Lacan
Juliet Mitchell and Jacqueline Rose, Feminine Sexuality: jacques Lacan and the École Freudienne

1986
Freud Museum opens in London
The Center for Literature and Psychoanalysis established at Kent State University

1987
Nicolas Abraham and Mária Török, The Shell and the Kernel: Renewals of Psychoanalysis
Christopher Bollas, The Shadow of the Object: Psychoanalysis of the Unthought Known
Stanley Cavell, Disowning Knowledge in Seven Plays of Shakespeare
Toril Moi, ed., French Feminist Thought: A Reader
Peter Rudnytsky, Freud and Oedipus

1988
Peter Gay, Freud: A Life for Our Times
Donald Meltzer and Meg Harris Williams, The Apprehension of Beauty: the Role of Aesthetic Conflict in Development, Art and Violence
Stephen Mitchell, Relational Concepts in Psychoanalysis: An Integration
Elisabeth Young-Bruehl, Anna Freud: A Biography

1989
American Psychoanalytic Association lifts policy prohibiting non-medical candidates.
Vera J. Camden, ed., Compromise Formations: Current Directions in Psychoanalytic Criticism
Slavoj Žižek, The Sublime Object of Ideology

1990
Judith Butler, Gender Trouble: Feminism and the Subversion of Identity
Eve Kosofsky Sedgwick, Epistemology of the Closet
Madelon Sprengnether, The Spectral Mother: Freud, Feminism, and Psychoanalysis

1991
Peter Rudnytsky, ed., Transitional Objects and Potential Spaces: Literary Uses of D. W. Winnicott
Ellie Ragland-Sullivan and Mark Bracher, eds. Lacan and the Subject of Language
CHRONOLOGY

1992  Marjorie Garber, *Vested Interests: Cross-dressing and Cultural Anxiety*
Shoshana Felman and Dori Laub, *Testimony: Crises of Witnessing in Literature, Psychoanalysis, and History*

1993  Nina Coltart, *Slouching Towards Bethlehem*
Adam Phillips, *On Kissing, Tickling, and Being Bored: Psychoanalytic Essays on the Unexamined Life*

1994  *Journal for the Psychoanalysis of Culture & Society* founded

1995  Virginia L. Blum, *Hide and Seek: The Child between Psychoanalysis and Fiction*

1996  Cathy Carruth, *Unclaimed Experience: Trauma Narrative and History*

1997  Eve Sedgwick, “Paranoid Reading and Reparative Reading, or, You’re So Paranoid, You Probably Think This Introduction Is About You” published in *Novel Gazing: Queer Readings in Fiction*

1998  Jack Halberstam, *Female Masculinity*

1999  José Esteban Muñoz, *Disidentifications: Queers of Color and the Performance Of Politics*


2001  Martha Nussbaum, *Upheavals of Thought: The Intelligence of Emotions*

2002  L. O. Aranye Fradenburg, *Sacrifice Your Love: Psychoanalysis, Historicism, Chaucer*


2007  Scott L. Newstock, ed., *Kenneth Burke on Shakespeare*

2008  Rita Charon, *Narrative Medicine: Honoring the Stories of Illness*

2009  Norman Holland and Murray Schwartz, *Know Thyself: Delphi Seminars*

2014  Simon Critchley and Jamieson Webster, *Stay, Illusion!: The Hamlet Doctrine*
Jean-Michel Rabaté, *The Cambridge Introduction to Literature and Psychoanalysis*

2015  Rita Felski, *The Limits of Critique*

2017  Joel Whitebook, *Freud: An Intellectual Biography*

2019  Alicia Mireles Christoff, *Novel Relations: Victorian Fiction and British Psychoanalysis*