

THE CAMBRIDGE COMPANION TO LITERATURE
AND PSYCHOANALYSIS

The Cambridge Companion to Literature and Psychoanalysis explains the link between literature and psychoanalysis for students, critics, and teachers. It offers a twenty-first-century resource for defining and analyzing the psychoanalytic dimensions of human creativity in contemporary society. Essays provide critical perspectives on selected canonical authors, such as William Shakespeare, Jane Austen, Virginia Woolf, Toni Morrison, and James Baldwin. It also offers analysis of contemporary literature of social, sexual, and political turmoil, as well as of newer forms such as film, graphic narrative, and autofiction. Divided into four sections, each offering the reader different subject areas to explore, this volume shows how psychoanalytic approaches to literature can provide valuable methods of interpretation. It will be a key resource for students, teachers, and researchers in the field of literature and psychoanalysis as well as literary theory.

Vera J. Camden is Professor of English at Kent State University and Clinical Assistant Professor of Psychiatry at Case Western Reserve University. She is also Training and Supervising Analyst at the Cleveland Psychoanalytic Center and Geographic Rule Supervising Analyst for the Institute for Psychoanalytic Education of the NYU Medical School. She is Associate Editor of *American Imago* and American Editor of the *Journal of Graphic Novels and Comics*.

THE CAMBRIDGE COMPANION
TO
LITERATURE AND
PSYCHOANALYSIS

EDITED BY
VERA J. CAMDEN
Kent State University



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ABBREVIATIONS

- SE Sigmund Freud, *The Standard Edition of the Complete Psychological Works of Sigmund Freud*, ed. and trans. James Strachey, 24 vols. (London: Hogarth Press, 1953–1974).

CONTRIBUTORS

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LISA RUDDICK is an Associate Professor Emerita in the Department of English at the University of Chicago. She is the author of *Reading Gertrude Stein: Body, Text, Gnosis* (Cornell, 1990), and of recent pieces describing the ways in which professionalization in the academic humanities can cut individuals off from their moral resources and their intuitive awareness. An excerpt from her book-in-progress on this subject appeared in a widely read article of 2015 titled “When Nothing Is Cool.”

MARI RUTI is Distinguished Professor of Critical Theory and of Gender and Sexuality Studies at the University of Toronto. She is the author of thirteen books, including *The Singularity of Being: Lacan and the Immortal Within* (2012); *The Call of Character* (2013); *The Ethics of Opting Out: Queer Theory's Defiant Subjects* (2017); *Distillations: Theory, Ethics, Affect* (2018); and *Penis Envy and Other Bad Feelings: The Emotional Costs of Everyday Life* (2018).

ELLEN HANDLER SPITZ writes interpretively on the arts, psychology, and the aesthetic lives of children. Her books include: *Art and Psyche, Image and Insight, Museums of the Mind, Inside Picture Books, The Brightening Glance: Imagination and Childhood, Illuminating Childhood*, and *Magritte's Labyrinth*. She has published on children's books in *The New Republic*, *The New York Times*, and *The Psychoanalytic Study of the Child*. Her works have been translated into Italian, Japanese, Serbian, and Chinese. She teaches currently at Yale University.

MADOLON SPRENGNETHER is Regents Professor Emerita of the University of Minnesota. She has published extensively on Shakespeare, Freud, feminism, and psychoanalysis. Her book publications include *The (M)other Tongue: Essays in Feminist Psychoanalytic Interpretation* (1985), *The Spectral Mother: Freud, Feminism and Psychoanalysis* (1990), *Shakespearean Tragedy and Gender* (1996), and *Mourning Freud* (2018).

JEREMY TAMBLING was formerly Professor of Literature at Manchester University and before that, Professor of Comparative Literature at the University of Hong Kong. He is author of several books, three of them on Dickens: *Dickens, Violence and the Modern State: Dreams of the Scaffold* (Macmillan 1995), *Going Astray: Dickens and*

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London (Longman, 2008), and *Dickens' Novels as Poetry: Allegory and the Literature of the City* (Routledge 2014). He edited *David Copperfield* for Penguin (2004) and has written numerous articles on early modern and nineteenth-century literature, and critical and cultural theory. His most recent book was *Histories of the Devil: Marlowe to Mam, and the Manichees* (Macmillan, 2017).

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This volume reflects my two professional identities of English professor and psychoanalyst, fostered over thirty years ago by the Academic Challenge Grant from the State of Ohio to inaugurate the Center for Literature and Psychoanalysis at Kent State University, in conjunction with the Cleveland Psychoanalytic Center. This linkage of two great Northeast Ohio institutions of higher learning deepened my dedication to what I have, in this volume, called the “companionate” marriage of Literature and Psychoanalysis. I thank both institutions for their support over the years. I am especially grateful to the Kent State University Research Council for granting an Academic Research Leave to allow me to complete *The Cambridge Companion to Literature and Psychoanalysis*.

For unflagging help with all the details that go into the production of an edited collection, I thank Valentino Zullo for his editorial and research acumen, as well as clinical insights. I also thank Katherine Loughry, Summer Corson, and Faith King for research assistance. Peter Rudnytsky’s body of work on the consilience of literature and psychoanalysis has lighted my way for many years. Adele Tutter not only generously contributed her own work to this collection but also has been immensely helpful with editorial interventions. Through the many fluctuations of this pandemic year, Ray Ryan has affirmed that our collection matters to students – and to all readers – who care deeply about what Freud called the “sciences” of human civilization. I am grateful for his dedication. Thanks are also due to Edgar Mendez for his patience and courtesy. Most of all, I thank the volume’s contributors themselves, who have exhibited all that is best about literary scholarship as well as the healing arts.

CHRONOLOGY

COMPILED BY
VERA J. CAMDEN AND VALENTINO L. ZULLO

This volume places literature before psychoanalysis, foregrounding the work of poets, novelists, playwrights, film-makers, comics artists, and other creators as foundational to psychoanalysis past and present. So, while this timeline begins with Sigmund Freud himself, and the familiar touchstones of his discovery of psychoanalysis in theory and practice, it takes as one of the principal ideas, advocated by this volume, that Freud not only derived clinical concepts from literature, but also that he wrote literature himself. We recall Freud won the Goethe Prize in 1930. He is, indisputably, one of the great prose stylists of modern literature. Freud's major case studies remain classics of literature even as they inaugurated the clinical form of the case report. By the same token many of the most influential theorists and practitioners of psychoanalysis have been saturated in literature and have themselves been gifted writers. Thus, we have selected representative psychoanalytic authors such as Wilfred Bion, Christopher Bollas, Sándor Ferenczi, Melanie Klein, Julia Kristeva, Jacques Lacan, Adam Phillips, Donald Winnicott, and others.

While no timeline can claim to be comprehensive, we hope it will accurately reflect important trends. The early analysts, including those who were close to Freud, such as Otto Rank and Ernest Jones, quite often turned to literature to formulate their ideas. Thus, we have provided examples which reflect the expansion of psychoanalysis as a field, recognizing those theorists who relied upon literature, or themselves wrote what we consider literary as well as clinical classics. But as psychoanalysis increasingly became a subfield of medical psychiatry in the United States, the influence of literature on clinical practice receded. At the same time, however, academic applications of psychoanalysis in literary theory and criticism, and in the humanities in general, increased dramatically. Indeed, the impactful studies of race, gender, sexuality, and culture were conceived within the academy at this time, each in their own way springing from the marriage of literature and psychoanalysis.

CHRONOLOGY

For further discussion of such trends, the reader can consult the Introduction to this volume, as well as the suggestions for Further Reading.

Chronology

- 1885–1886 Sigmund Freud studies with Jean-Martin Charcot at La Salpêtrière Hospital
- 1891 Freud, *On Aphasia*
- 1895 Freud and Josef Breuer, *Studies on Hysteria*
- 1899/1900 Freud, *The Interpretation of Dreams*
- 1902 Establishment of the Wednesday Psychological Society, later the Vienna Psychoanalytic Society (1908)
- 1905 Freud, *Fragment of an Analysis of a Case of Hysteria* (Dora)
- 1907 Freud, “Delusions and Dreams in Jensen’s *Gradiva*”
 Otto Rank, *Der Künstler* (*The Artist*)
- 1908 Freud, “Creative Writers and Day-Dreaming”
- 1909 Freud, *Analysis of a Phobia in a Five-year-old Boy* (Little Hans)
 Freud, *Notes Upon A Case of Obsessional Neurosis* (Rat Man)
 Freud travels with Carl Jung and Sándor Ferenczi to the United States and gives lectures at Clark University
- 1910 Founding of the International Psychoanalytical Association (formerly International Psychoanalytical Congress)
 Freud, “Leonardo da Vinci, A Memory of His Childhood”
- 1911 Founding of the American Psychoanalytic Association
 Freud, *Psycho-Analytic Notes on an Autobiographical Account of a Case of Paranoia (Dementia Paranoides)* (Daniel Paul Schreber case)
- 1912 Alfred Adler establishes The Society for Free Psychoanalysis, later The Society for Individual Psychology
 Freud founds *Imago*, inaugurated with the four essays that would become *Totem and Taboo*
- 1913 Ernest Jones establishes the London Psychoanalytical Society (later British Psychoanalytical Society)
 Ferenczi establishes the Hungarian Psychoanalytic Association in Budapest
- 1917 Freud, “Mourning and Melancholia”
 Virginia and Leonard Woolf found the Hogarth Press, which publishes Freud in English

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- 1918 Frankfurt School established at Institute for Social Research, at Goethe University Frankfurt
 Freud, *From the History of an Infantile Neurosis* (The Wolf Man)
- 1920 Establishment of *The International Journal of Psychoanalysis*
 Freud, *Beyond the Pleasure Principle*
 Tavistock Clinic founded in London
- 1923 Ernest Jones, *Essays in Applied Psycho-analysis*
- 1926 Freud, *The Question of Lay Analysis*
- 1930 Freud awarded the Goethe Prize
 Freud, *Civilization and Its Discontents*
- 1932 Melanie Klein, *The Psychoanalysis of Children*
- 1933 Wilhelm Reich, *Character Analysis*
- 1936 Anna Freud, *The Ego and the Mechanisms of Defense*
 Lacan presents “Mirror Stage” at the International Psychoanalytical Congress in Marienbad
- 1937 Ella Freeman Sharpe, *Dream Analysis: A Practical Handbook for Psycho-Analysts*
 Melanie Klein and Joan Riviere, *Love, Hate, and Reparation*
- 1939 W. H. Auden, “In Memory of Sigmund Freud”
 Freud and Hanns Sachs establish *American Imago*
 Freud, *Moses and Monotheism*
- 1941 Erich Fromm, *Escape from Freedom*
 Karen Horney establishes the American Institute for Psychoanalysis
 Edmund Wilson, *The Wound and the Bow: Seven Studies in Literature*
- 1942 Hanns Sachs, *The Creative Unconscious: Studies in the Psychoanalysis of Art*
- 1943 Géza Roheim, *The Origin and Function of Culture*
- 1945 Founding of *The Psychoanalytic Study of the Child*
- 1949 Simone de Beauvoir, *The Second Sex* (English translation, 1952)
 Marie Bonaparte, *The Life and Works of Edgar Allan Poe: A Psycho-analytic Interpretation*
 Sándor Ferenczi, “Confusion of the Tongues Between the Adults and the Child – (The Language of Tenderness and of Passion)” (delivered in 1932 at the Wiesbaden Congress)
 Ernest Jones, *Hamlet and Oedipus*
- 1950 Erik Erikson, *Childhood and Society*

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- 1952 Lionel Trilling, *The Liberal Imagination*
 Ernst Kris, *Psychoanalytic Explorations in Art*
 Frantz Fanon, *Black Skin, White Masks*
- 1953 D. W. Winnicott, "Transitional Objects and Transitional Phenomena: A Study of the First Not-Me Possession"
- 1953–1957 Ernest Jones, *The Life and Work of Sigmund Freud*
- 1953–1974 James Strachey translates *The Standard Edition of the Complete Psychological Works of Sigmund Freud*
- 1955 Herbert Marcuse, *Eros and Civilization: A Philosophical Inquiry into Freud*
 Phyllis Greenacre, *Swift and Carroll: A Psychoanalytic Study of Two Lives*
- 1956 Erich Fromm, *The Art of Loving*
 H. D., *Tribute to Freud*
 Lacan, "Seminar on the Purloined Letter"
- 1957 Gaston Bachelard, *The Poetics of Space* (English translation, 1964)
- 1959 Norman O. Brown, *Life Against Death: The Psychoanalytical Meaning of History*
 Selma Fraiberg, *The Magic Years: Understanding and Handling the Problems of Early Childhood*
- 1960 Leslie Fiedler, *Love and Death in the American Novel*
- 1961 Wilfred R. Bion, *Experiences in Groups*
- 1963 Charles Mauron, *Introduction to the Psychoanalysis of Mallarmé*
- 1964 Lacan establishes the École Freudienne de Paris
- 1966 Frederick Crews, *The Sins of the Fathers: Hawthorne's Psychological Themes*
 Kenneth Burke, *Language as Symbolic Action*
 Norman Holland, *Psychoanalysis and Shakespeare*
- 1968 Norman Holland, *The Dynamics of Literary Response*
- 1969 André Green, *The Tragic Effect: The Oedipus Complex in Tragedy* (English translation, 1979)
 Julia Kristeva, *Desire in Language: A Semiotic Approach to Literature and Art* (English translation, 1980)
 Michael Balint, *Basic Fault: Therapeutic Aspects of Regression*
- 1970 Center for the Psychological Study of the Arts at SUNY at Buffalo established by Norman Holland, where the Delphi Seminars were also held
 Frederick Crews, ed., *Psychoanalysis and Literary Process*

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- Paul Ricoeur, *Freud and Philosophy: An Essay on Interpretation*
- 1971 D. W. Winnicott, *Playing and Reality*
 Freud Museum opens in Vienna
- 1973 Roland Barthes, *Pleasure of the Text*
 Harold Bloom, *The Anxiety of Influence: A Theory of Poetry*
- 1974 Juliet Mitchell, *Psychoanalysis and Feminism*
- 1975 Bruno Bettelheim, *The Uses of Enchantment: The Meaning and Importance of Fairy Tales*
 Hélène Cixous, “The Laugh of the Medusa” (English translation, 1976)
 Jacques Derrida, “The Purveyor of Truth” – a response to Lacan’s seminar on “The Purloined Letter”
 Norman Holland, *5 Readers Reading*
 Laura Mulvey, “Visual Pleasure and Narrative Cinema” published in *Screen*
- 1976 Dorothy Dinnerstein, *The Mermaid and the Minotaur*
 Michel Foucault, *The History of Sexuality*, vol. 1 (English translation, 1978)
- 1977 Heinz Kohut, *The Restoration of the Self*
 Luce Irigaray, *This Sex Which Is Not One* (English translation, 1985)
 Shoshana Felman, ed., *Yale French Studies* 55/56, *Literature and Psychoanalysis: The Question of Reading: Otherwise* (reprinted in 1982)
 Robert Sprich and Richard W. Noland, eds. *The Whispered Meanings Selected Essays of Simon O. Lesser*
- 1978 Nancy Chodorow, *The Reproduction of Mothering: Psychoanalysis and the Sociology of Gender*
- 1979 Alice Miller, *The Drama of the Gifted Child*
 Christopher Lasch, *The Culture of Narcissism: American Life in an Age of Diminishing Expectations*
- 1980 Lacan dissolves the École Freudienne de Paris
 Murray M. Schwartz and Coppélia Kahn, eds., *Representing Shakespeare: New Psychoanalytic Essays*
- 1981 Meredith Skura, *The Literary Use of the Psychoanalytic Process*
- 1984 Peter Brooks, *Reading for the Plot: Design and Intention in Narrative*
 Jacqueline Rose, *The Case of Peter Pan, or, The Impossibility of Children’s Fiction*

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- 1985 Jeffrey Berman, *The Talking Cure: Literary Representations of Psychoanalysis*
 Charles Bernheimer and Claire Kahane, eds. *In Dora's Case: Freud – Hysteria – Feminism*
 Didier Anzieu, *The Skin Ego* (English translation, 1989)
 Jane Gallop, *Reading Lacan*
 Juliet Mitchell and Jacqueline Rose, *Feminine Sexuality: Jacques Lacan and the École Freudienne*
- 1986 Freud Museum opens in London
 The Center for Literature and Psychoanalysis established at Kent State University
- 1987 Nicolas Abraham and Mária Török, *The Shell and the Kernel: Renewals of Psychoanalysis*
 Christopher Bollas, *The Shadow of the Object: Psychoanalysis of the Unthought Known*
 Stanley Cavell, *Disowning Knowledge in Seven Plays of Shakespeare*
 Toril Moi, ed., *French Feminist Thought: A Reader*
 Peter Rudnytsky, *Freud and Oedipus*
- 1988 Peter Gay, *Freud: A Life for Our Times*
 Donald Meltzer and Meg Harris Williams, *The Apprehension of Beauty: the Role of Aesthetic Conflict in Development, Art and Violence*
 Stephen Mitchell, *Relational Concepts in Psychoanalysis: An Integration*
 Elisabeth Young-Bruehl, *Anna Freud: A Biography*
- 1989 American Psychoanalytic Association lifts policy prohibiting non-medical candidates.
 Vera J. Camden, ed., *Compromise Formations: Current Directions in Psychoanalytic Criticism*
 Slavoj Žižek, *The Sublime Object of Ideology*
- 1990 Judith Butler, *Gender Trouble: Feminism and the Subversion of Identity*
 Eve Kosofsky Sedgwick, *Epistemology of the Closet*
 Madelon Sprengnether, *The Spectral Mother: Freud, Feminism, and Psychoanalysis*
- 1991 Peter Rudnytsky, ed., *Transitional Objects and Potential Spaces: Literary Uses of D. W. Winnicott*
 Ellie Ragland-Sullivan and Mark Bracher, eds. *Lacan and the Subject of Language*

CHRONOLOGY

- 1992 Marjorie Garber, *Vested Interests: Cross-dressing and Cultural Anxiety*
 Shoshana Felman and Dori Laub, *Testimony: Crises of Witnessing in Literature, Psychoanalysis, and History*
- 1993 Nina Coltart, *Slouching Towards Bethlehem*
 Adam Phillips, *On Kissing, Tickling, and Being Bored: Psychoanalytic Essays on the Unexamined Life*
- 1994 *Journal for the Psychoanalysis of Culture & Society* founded
- 1995 Virginia L. Blum, *Hide and Seek: The Child between Psychoanalysis and Fiction*
- 1996 Cathy Carruth, *Unclaimed Experience: Trauma Narrative and History*
- 1997 Eve Sedgwick, “Paranoid Reading and Reparative Reading, or, You’re So Paranoid, You Probably Think This Introduction Is About You” published in *Novel Gazing: Queer Readings in Fiction*
- 1998 Jack Halberstam, *Female Masculinity*
- 1999 José Esteban Muñoz, *Disidentifications: Queers of Color and the Performance Of Politics*
- 2000 Anne Cheng, *The Melancholy of Race: Psychoanalysis, Assimilation, and Hidden Grief*
- 2001 Martha Nussbaum, *Upheavals of Thought: The Intelligence of Emotions*
- 2002 L. O. Aranye Fradenburg, *Sacrifice Your Love: Psychoanalysis, Historicism, Chaucer*
- 2004 Lee Edelman, *No Future: Queer Theory and the Death Drive*
 Todd McGowan, *The End of Dissatisfaction: Jacques Lacan and the Emerging Society of Enjoyment*
- 2007 Scott L. Newstock, ed., *Kenneth Burke on Shakespeare*
- 2008 Rita Charon, *Narrative Medicine: Honoring the Stories of Illness*
- 2009 Norman Holland and Murray Schwartz, *Know Thyself: Delphi Seminars*
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