

## The Revolution Within

Why do some individuals participate in risky anti-regime resistance whereas others abstain? *The Revolution Within* answers this question through an in-depth study of unarmed resistance against Israeli rule in the Palestinian Territories over more than a decade. Despite having strong anti-regime sentiment, Palestinians initially lacked the internal organizational strength often seen as necessary for protest. This book provides a foundation for understanding participation and mobilization under these difficult conditions. It argues that, under such conditions, integration into state institutions – schools, prisons, and courts – paradoxically makes individuals more likely to resist the state. Diverse evidence drawn from field research – including the first large-scale survey of participants and nonparticipants in Palestinian resistance, as well as Arabic-language interviews and archival sources – supports the argument. The book’s findings explain how anti-regime resistance can occur even without the strong civil society organizations often regarded as necessary for protest and, thus, suggest new avenues for supporting civil resistance movements.

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# The Revolution Within

*State Institutions and Unarmed Resistance  
in Palestine*

Yael Zeira

*University of Mississippi*



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